

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 1 Women 30-34 800 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Nari Lawrey	31	Camden Swiss Cottage S.C.	10:29.99	10:27.30
	35.60	1:13.14 (37.54)	1:51.43 (38.29)	2:30.29 (38.86)
	3:09.39 (39.10)	3:48.79 (39.40)	4:28.23 (39.44)	5:07.61 (39.38)
	5:47.55 (39.94)	6:27.84 (40.29)	7:07.83 (39.99)	7:47.93 (40.10)
	8:28.04 (40.11)	9:08.17 (40.13)	9:48.06 (39.89)	10:27.30 (39.24)

Event 1 Women 35-39 800 SC Meter Freestyle

1 Cheryl Sacks	37	Broomfield Park	13:00.00	13:39.50
	42.03	1:30.79 (48.76)	2:20.16 (49.37)	3:11.51 (51.35)
	4:03.61 (52.10)	4:55.79 (52.18)	5:48.51 (52.72)	6:41.32 (52.81)
	7:35.21 (53.89)	8:29.08 (53.87)	9:23.33 (54.25)	10:14.88 (51.55)
	11:07.84 (52.96)	11:59.72 (51.88)	12:50.88 (51.16)	13:39.50 (48.62)

Event 1 Women 40-44 800 SC Meter Freestyle

1 Helen Gray	42	Dartford District	10:56.03	10:57.17
	36.14	1:15.38 (39.24)	1:55.73 (40.35)	2:36.58 (40.85)
	3:17.74 (41.16)	3:59.22 (41.48)	4:40.38 (41.16)	5:21.63 (41.25)
	6:03.53 (41.90)	6:45.50 (41.97)	7:27.46 (41.96)	8:09.58 (42.12)
	8:51.62 (42.04)	9:34.23 (42.61)	10:16.63 (42.40)	10:57.17 (40.54)
2 Lynne Dawson	41	Chapeltown	12:40.00	11:41.96
	37.60	1:19.77 (42.17)	2:03.88 (44.11)	2:47.79 (43.91)
	3:32.02 (44.23)	4:16.56 (44.54)	5:01.60 (45.04)	5:46.57 (44.97)
	6:31.56 (44.99)	7:15.73 (44.17)	8:00.28 (44.55)	8:45.90 (45.62)
	9:30.83 (44.93)	10:15.18 (44.35)	10:59.67 (44.49)	11:41.96 (42.29)
3 Lucy Francis	40	Camden Swiss Cottage S.C.	16:00.00	16:15.24
	54.32	1:53.10 (58.78)	2:54.95 (1:01.85)	3:56.93 (1:01.98)
	4:57.52 (1:00.59)	5:58.77 (1:01.25)	7:02.23 (1:03.46)	8:04.96 (1:02.73)
	9:06.17 (1:01.21)	10:07.18 (1:01.01)	11:08.49 (1:01.31)	12:09.98 (1:01.49)
	13:11.89 (1:01.91)	14:14.73 (1:02.84)	15:16.13 (1:01.40)	16:15.24 (59.11)

Event 1 Women 45-49 800 SC Meter Freestyle

1 Carolyn Riley	47	Cleethorpes & District	11:35.00	11:24.12
	37.20	1:17.76 (40.56)	1:59.61 (41.85)	2:42.50 (42.89)
	3:25.66 (43.16)	4:09.12 (43.46)	4:52.51 (43.39)	5:36.18 (43.67)
	6:20.32 (44.14)	7:04.07 (43.75)	7:47.42 (43.35)	8:31.24 (43.82)
	9:15.29 (44.05)	9:59.10 (43.81)	10:42.76 (43.66)	11:24.12 (41.36)
2 Jacqueline Patel	48	Kings Cormorants	13:35.00	12:52.80
	41.44	1:27.37 (45.93)	2:15.89 (48.52)	3:05.49 (49.60)
	3:55.03 (49.54)	4:45.20 (50.17)	5:34.88 (49.68)	6:24.99 (50.11)
	7:14.72 (49.73)	8:04.27 (49.55)	8:53.30 (49.03)	9:42.43 (49.13)
	10:31.38 (48.95)	11:20.32 (48.94)	12:07.71 (47.39)	12:52.80 (45.09)

Event 1 Women 50-54 800 SC Meter Freestyle

1 Linda Brown	50	Spencer	11:30.00	11:06.20
	36.39	1:16.19 (39.80)	1:56.42 (40.23)	2:37.09 (40.67)
	3:18.25 (41.16)	3:59.33 (41.08)	4:40.74 (41.41)	5:22.78 (42.04)
	6:04.96 (42.18)	6:47.75 (42.79)	7:30.02 (42.27)	8:13.11 (43.09)
	8:56.39 (43.28)	9:39.67 (43.28)	10:23.94 (44.27)	11:06.20 (42.26)
2 Amanda Heath	51	Spencer	11:05.00	11:12.78
	37.29	1:17.94 (40.65)	1:59.63 (41.69)	2:41.86 (42.23)
	3:23.97 (42.11)	4:06.52 (42.55)	4:49.18 (42.66)	5:31.55 (42.37)
	6:14.17 (42.62)	6:56.77 (42.60)	7:39.79 (43.02)	8:22.88 (43.09)
	9:06.07 (43.19)	9:49.35 (43.28)	10:32.08 (42.73)	11:12.78 (40.70)
3 Lesley Cook	50	Otter	11:57.24	11:19.23
	38.32	1:20.00 (41.68)	2:01.89 (41.89)	2:44.35 (42.46)
	3:26.97 (42.62)	4:10.36 (43.39)	4:53.83 (43.47)	5:36.75 (42.92)
	6:20.21 (43.46)	7:03.68 (43.47)	7:46.88 (43.20)	8:30.07 (43.19)
	9:13.88 (43.81)	9:57.26 (43.38)	10:40.03 (42.77)	11:19.23 (39.20)

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4	Amanda Doyle	52 Dorking	12:00.00	11:43.47
	38.80	1:22.73 (43.93)	2:07.48 (44.75)	2:52.05 (44.57)
	3:36.82 (44.77)	4:21.59 (44.77)	5:06.00 (44.41)	5:50.68 (44.68)
	6:35.32 (44.64)	7:19.70 (44.38)	8:04.38 (44.68)	8:49.29 (44.91)
	9:33.44 (44.15)	10:17.67 (44.23)	11:01.81 (44.14)	11:43.47 (41.66)
5	Susan Green	52 Camden Swiss Cottage S.C.	14:11.77	14:03.21
	46.33	1:39.51 (53.18)	2:31.18 (51.67)	3:24.86 (53.68)
	4:17.61 (52.75)	5:11.72 (54.11)	6:06.04 (54.32)	6:59.31 (53.27)
	7:52.30 (52.99)	8:46.56 (54.26)	9:39.16 (52.60)	10:32.08 (52.92)
	11:25.53 (53.45)	12:18.65 (53.12)	13:11.16 (52.51)	14:03.21 (52.05)
6	Lorraine Crook	54 Caldicot	15:05.90	14:55.18
	49.88	1:45.49 (55.61)	2:41.87 (56.38)	3:37.91 (56.04)
	4:34.34 (56.43)	5:29.96 (55.62)	6:26.92 (56.96)	7:23.10 (56.18)
	8:19.55 (56.45)	9:16.34 (56.79)	10:13.95 (57.61)	11:11.16 (57.21)
	12:08.05 (56.89)	13:05.54 (57.49)	14:02.49 (56.95)	14:55.18 (52.69)

Event 1 Women 55-59 800 SC Meter Freestyle

1	Sue Haigh	56 Tiverton	11:20.00	11:04.08 <i>European Record</i>
	37.18	1:17.83 (40.65)	1:59.59 (41.76)	2:41.92 (42.33)
	3:23.92 (42.00)	4:06.17 (42.25)	4:48.41 (42.24)	5:30.69 (42.28)
	6:12.77 (42.08)	6:54.72 (41.95)	7:36.62 (41.90)	8:18.59 (41.97)
	9:00.28 (41.69)	9:42.05 (41.77)	10:24.24 (42.19)	11:04.08 (39.84)
2	Anne Cork	57 Maidenhead	11:55.00	11:49.26
	41.97	1:25.75 (43.78)	2:10.43 (44.68)	2:54.96 (44.53)
	3:39.64 (44.68)	4:24.13 (44.49)	5:08.73 (44.60)	5:53.30 (44.57)
	6:37.79 (44.49)	7:22.35 (44.56)	8:07.05 (44.70)	8:51.74 (44.69)
	9:36.35 (44.61)	10:20.98 (44.63)	11:05.74 (44.76)	11:49.26 (43.52)
3	Sally Lelean	57 Diss Otters	17:00.00	16:50.41
	57.91	2:00.33 (1:02.42)	3:02.77 (1:02.44)	4:06.04 (1:03.27)
	5:08.93 (1:02.89)	6:12.36 (1:03.43)	7:15.75 (1:03.39)	8:19.56 (1:03.81)
	9:24.26 (1:04.70)	10:29.33 (1:05.07)	11:33.86 (1:04.53)	12:38.06 (1:04.20)
	13:42.71 (1:04.65)	14:46.54 (1:03.83)	15:50.53 (1:03.99)	16:50.41 (59.88)

Event 1 Women 60-64 800 SC Meter Freestyle

1	Julie Crayford	60 C L A M S	12:50.00	12:34.63
	40.32	1:25.91 (45.59)	2:12.94 (47.03)	3:01.98 (49.04)
	3:51.18 (49.20)	4:39.39 (48.21)	5:27.33 (47.94)	6:15.09 (47.76)
	7:02.83 (47.74)	7:51.25 (48.42)	8:40.08 (48.83)	9:27.96 (47.88)
	10:15.96 (48.00)	11:03.47 (47.51)	11:50.84 (47.37)	12:34.63 (43.79)
2	Lee Mac Donald	60 Diss Otters	14:56.06	14:55.52
	48.53	1:41.51 (52.98)	2:37.15 (55.64)	3:33.62 (56.47)
	4:30.36 (56.74)	5:27.37 (57.01)	6:24.10 (56.73)	7:21.63 (57.53)
	8:18.85 (57.22)	9:16.17 (57.32)	10:13.61 (57.44)	11:11.12 (57.51)
	12:08.66 (57.54)	13:06.01 (57.35)	14:03.05 (57.04)	14:55.52 (52.47)

Event 1 Women 65-69 800 SC Meter Freestyle

1	Ann Broomfield	66 St Albans Masters	18:10.00	18:11.71
	1:03.54	2:10.23 (1:06.69)	3:18.22 (1:07.99)	4:25.14 (1:06.92)
	5:34.60 (1:09.46)	6:42.93 (1:08.33)	7:53.06 (1:10.13)	9:00.98 (1:07.92)
	10:09.99 (1:09.01)	11:19.67 (1:09.68)	12:28.27 (1:08.60)	13:37.74 (1:09.47)
	14:46.34 (1:08.60)	15:55.83 (1:09.49)	17:05.40 (1:09.57)	18:11.71 (1:06.31)

Event 1 Women 75-79 800 SC Meter Freestyle

1	Jane Asher	77 Kings Cormorants	12:50.00	13:06.68
	43.79	1:32.45 (48.66)	2:22.65 (50.20)	3:12.37 (49.72)
	4:02.61 (50.24)	4:53.71 (51.10)	5:44.04 (50.33)	6:34.60 (50.56)
	7:24.87 (50.27)	8:15.13 (50.26)	9:04.67 (49.54)	9:54.24 (49.57)
	10:44.11 (49.87)	11:33.09 (48.98)	12:22.00 (48.91)	13:06.68 (44.68)
2	Pauline Wilkinson	75 Spencer	20:00.00	20:35.17
	1:05.15	2:21.49 (1:16.34)	3:38.43 (1:16.94)	4:57.69 (1:19.26)
	6:14.13 (1:16.44)	7:32.29 (1:18.16)	8:50.07 (1:17.78)	10:07.23 (1:17.16)
	11:25.46 (1:18.23)	12:42.62 (1:17.16)	14:01.89 (1:19.27)	15:20.34 (1:18.45)
	16:39.85 (1:19.51)	17:59.15 (1:19.30)	19:18.79 (1:19.64)	20:35.17 (1:16.38)

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3	Pauline Brand	75	Birmingham Masters	22:38.18	22:00.93
			4:06.24 ()		
	6:48.77 ()		9:34.11 ()		
			15:05.14 ()		
			19:16.83 ()	22:02.80 (2:45.97)	22:00.93 ()

Event 1 Men 18-24 800 SC Meter Freestyle

1	Andruskevicius Mindaugas	22	Otter	10:40.00	9:12.45
	30.42	1:03.81 (33.39)	1:38.33 (34.52)	2:12.76 (34.43)	
	2:47.73 (34.97)	3:22.87 (35.14)	3:57.63 (34.76)	4:32.65 (35.02)	
	5:07.53 (34.88)	5:42.73 (35.20)	6:18.25 (35.52)	6:53.41 (35.16)	
	7:28.65 (35.24)	8:03.85 (35.20)	8:39.27 (35.42)	9:12.45 (33.18)	

Event 1 Men 25-29 800 SC Meter Freestyle

1	Luke Swain	25	Birmingham Masters	11:00.00	10:21.06
	31.99	1:08.49 (36.50)	1:46.64 (38.15)	2:25.14 (38.50)	
	3:04.38 (39.24)	3:43.94 (39.56)	4:23.63 (39.69)	5:03.67 (40.04)	
	5:43.79 (40.12)	6:24.32 (40.53)	7:05.11 (40.79)	7:45.21 (40.10)	
	8:25.48 (40.27)	9:05.97 (40.49)	9:44.94 (38.97)	10:21.06 (36.12)	
2	Sam Chadwick	29	Godalming	11:30.00	10:53.12
	35.66	1:14.95 (39.29)	1:55.55 (40.60)	2:37.42 (41.87)	
	3:19.21 (41.79)	4:00.89 (41.68)	4:42.12 (41.23)	5:24.12 (42.00)	
	6:06.08 (41.96)	6:48.09 (42.01)	7:29.64 (41.55)	8:11.12 (41.48)	
	8:52.00 (40.88)	9:32.59 (40.59)	10:13.82 (41.23)	10:53.12 (39.30)	
3	Richard Weatherhead	27	Barnet Copthall	11:40.05	11:20.65
	35.81	1:15.68 (39.87)	1:56.98 (41.30)	2:39.22 (42.24)	
	3:21.55 (42.33)	4:04.60 (43.05)	4:48.69 (44.09)	5:33.21 (44.52)	
	6:17.52 (44.31)	7:01.81 (44.29)	7:45.39 (43.58)	8:29.69 (44.30)	
	9:13.24 (43.55)	9:57.47 (44.23)	10:40.22 (42.75)	11:20.65 (40.43)	

Event 1 Men 35-39 800 SC Meter Freestyle

1	Matt Molloy	39	Camden Swiss Cottage S.C.	9:45.00	9:31.96
	32.40	1:06.89 (34.49)	1:41.89 (35.00)	2:17.67 (35.78)	
	2:53.49 (35.82)	3:29.76 (36.27)	4:05.86 (36.10)	4:42.04 (36.18)	
	5:18.07 (36.03)	5:54.37 (36.30)	6:30.86 (36.49)	7:07.38 (36.52)	
	7:44.10 (36.72)	8:20.80 (36.70)	8:57.42 (36.62)	9:31.96 (34.54)	
2	Stephen Irwin	37	Kingston Royals	9:44.00	9:44.64
	32.95	1:08.27 (35.32)	1:44.17 (35.90)	2:20.69 (36.52)	
	2:57.48 (36.79)	3:33.86 (36.38)	4:10.38 (36.52)	4:47.37 (36.99)	
	5:24.68 (37.31)	6:02.28 (37.60)	6:40.10 (37.82)	7:18.08 (37.98)	
	7:55.42 (37.34)	8:32.65 (37.23)	9:09.93 (37.28)	9:44.64 (34.71)	
3	Julio Martinez	38	Camden Swiss Cottage S.C.	10:36.00	10:38.93
	35.62	1:13.92 (38.30)	1:53.44 (39.52)	2:33.03 (39.59)	
	3:13.21 (40.18)	3:53.36 (40.15)	4:34.10 (40.74)	5:14.92 (40.82)	
	5:55.48 (40.56)	6:36.05 (40.57)	7:17.08 (41.03)	7:58.00 (40.92)	
	8:39.29 (41.29)	9:20.10 (40.81)	10:00.10 (40.00)	10:38.93 (38.83)	
4	Rafal Kasperski	36	Bushey	10:50.47	11:00.41
	35.08	1:13.95 (38.87)	1:54.09 (40.14)	2:34.81 (40.72)	
	3:15.98 (41.17)	3:57.18 (41.20)	4:38.83 (41.65)	5:21.06 (42.23)	
	6:03.96 (42.90)	6:46.89 (42.93)	7:30.02 (43.13)	8:12.97 (42.95)	
	8:56.87 (43.90)	9:39.78 (42.91)	10:21.54 (41.76)	11:00.41 (38.87)	
5	John O'Rourke	39	Luton	15:00.01	12:21.38
	43.53	1:29.64 (46.11)	2:16.39 (46.75)	3:03.11 (46.72)	
	3:52.44 (49.33)	4:39.60 (47.16)	5:27.77 (48.17)	6:15.79 (48.02)	
	7:02.65 (46.86)	7:49.89 (47.24)	8:36.17 (46.28)	9:23.32 (47.15)	
	10:09.68 (46.36)	10:56.21 (46.53)	11:40.55 (44.34)	12:21.38 (40.83)	

Event 1 Men 40-44 800 SC Meter Freestyle

1	Andrew Gristwood	44	Cleethorpes & District	9:40.00	9:44.50
	32.54	1:08.17 (35.63)	1:43.99 (35.82)	2:20.08 (36.09)	
	2:56.49 (36.41)	3:32.75 (36.26)	4:10.10 (37.35)	4:47.58 (37.48)	
	5:25.36 (37.78)	6:02.82 (37.46)	6:39.54 (36.72)	7:17.11 (37.57)	
	7:54.98 (37.87)	8:32.57 (37.59)	9:10.22 (37.65)	9:44.50 (34.28)	

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2	Steven Ong	44	St Albans Masters	11:10.00	10:10.95
	32.82	1:08.77 (35.95)	1:46.12 (37.35)	2:24.10 (37.98)	
	3:02.27 (38.17)	3:40.77 (38.50)	4:19.65 (38.88)	4:59.15 (39.50)	
	5:38.78 (39.63)	6:18.13 (39.35)	6:57.78 (39.65)	7:36.54 (38.76)	
	8:15.56 (39.02)	8:54.99 (39.43)	9:34.67 (39.68)	10:10.95 (36.28)	
3	Martin Hawley	44	Ealing	10:12.05	10:11.93
	35.94	1:15.20 (39.26)	1:54.99 (39.79)	2:34.76 (39.77)	
	3:14.41 (39.65)	3:53.14 (38.73)	4:31.60 (38.46)	5:10.32 (38.72)	
	5:48.68 (38.36)	6:27.19 (38.51)	7:05.39 (38.20)	7:43.27 (37.88)	
	8:21.10 (37.83)	8:58.86 (37.76)	9:36.07 (37.21)	10:11.93 (35.86)	
4	Richard Searle	44	Stroud Masters	10:06.00	10:13.64
	34.13	1:11.27 (37.14)	1:49.34 (38.07)	2:27.28 (37.94)	
	3:05.16 (37.88)	3:43.20 (38.04)	4:21.61 (38.41)	5:00.40 (38.79)	
	5:38.82 (38.42)	6:17.84 (39.02)	6:57.19 (39.35)	7:36.45 (39.26)	
	8:15.89 (39.44)	8:55.71 (39.82)	9:35.86 (40.15)	10:13.64 (37.78)	
5	Matthew James	42	Cleethorpes & District	11:15.00	11:12.93
	36.09	1:16.30 (40.21)	1:58.70 (42.40)	2:40.74 (42.04)	
	3:22.74 (42.00)	4:05.80 (43.06)	4:48.48 (42.68)	5:31.42 (42.94)	
	6:13.93 (42.51)	6:56.90 (42.97)	7:40.04 (43.14)	8:23.86 (43.82)	
	9:07.07 (43.21)	9:50.99 (43.92)	10:33.40 (42.41)	11:12.93 (39.53)	
6	Gregory Cliffe	40	Cleethorpes & District	12:30.00	11:34.95
	36.78	1:17.83 (41.05)	2:00.35 (42.52)	2:44.14 (43.79)	
	3:28.02 (43.88)	4:12.08 (44.06)	4:56.53 (44.45)	5:41.88 (45.35)	
	6:26.31 (44.43)	7:11.18 (44.87)	7:55.65 (44.47)	8:40.18 (44.53)	
	9:24.79 (44.61)	10:09.79 (45.00)	10:53.99 (44.20)	11:34.95 (40.96)	

Event 1 Men 45-49 800 SC Meter Freestyle

1	Adam Lelean	46	Diss Otters	10:30.00	10:15.27
	33.66	1:10.36 (36.70)	1:48.30 (37.94)	2:27.08 (38.78)	
	3:05.97 (38.89)	3:44.84 (38.87)	4:23.86 (39.02)	5:02.72 (38.86)	
	5:41.85 (39.13)	6:20.93 (39.08)	6:59.80 (38.87)	7:39.19 (39.39)	
	8:18.76 (39.57)	8:58.24 (39.48)	9:37.78 (39.54)	10:15.27 (37.49)	
2	David Wright	47	Luton	10:20.00	10:49.61
	35.08	1:12.30 (37.22)	1:51.11 (38.81)	2:30.89 (39.78)	
	3:10.36 (39.47)	3:50.79 (40.43)	4:31.74 (40.95)	5:13.07 (41.33)	
	5:54.78 (41.71)	6:36.58 (41.80)	7:18.65 (42.07)	8:00.72 (42.07)	
	8:43.15 (42.43)	9:25.90 (42.75)	10:08.28 (42.38)	10:49.61 (41.33)	
3	Colin Leiper	49	Birmingham Masters	11:29.99	11:00.73
	34.72	1:11.78 (37.06)	1:51.39 (39.61)	2:31.58 (40.19)	
	3:11.89 (40.31)	3:52.48 (40.59)	4:34.33 (41.85)	5:17.55 (43.22)	
	5:59.13 (41.58)	6:42.07 (42.94)	9:57.95 ()	11:00.73 (22.11)	
4	Bill Gristwood	49	Hartham Masters	13:00.00	13:27.44
	42.74	1:31.01 (48.27)	2:21.92 (50.91)	3:12.99 (51.07)	
	4:04.63 (51.64)	4:56.76 (52.13)	5:49.20 (52.44)	6:42.44 (53.24)	
	7:33.75 (51.31)	8:24.09 (50.34)	9:16.52 (52.43)	10:07.20 (50.68)	
	10:57.69 (50.49)	11:48.94 (51.25)	12:39.63 (50.69)	13:27.44 (47.81)	

Event 1 Men 50-54 800 SC Meter Freestyle

1	John Rittenhouse	50	Barnet Copthall	9:59.00	9:51.26
	33.34	1:09.37 (36.03)	1:46.31 (36.94)	2:23.53 (37.22)	
	3:01.12 (37.59)	3:38.43 (37.31)	4:16.01 (37.58)	4:53.65 (37.64)	
	5:30.88 (37.23)	6:08.13 (37.25)	6:45.57 (37.44)	7:23.16 (37.59)	
	8:00.53 (37.37)	8:37.64 (37.11)	9:15.10 (37.46)	9:51.26 (36.16)	

Event 1 Men 55-59 800 SC Meter Freestyle

1	Len Phoenix	59	Diss Otters	11:42.44	11:45.64
	38.79	1:21.35 (42.56)	2:05.22 (43.87)	2:48.60 (43.38)	
	3:32.37 (43.77)	4:15.98 (43.61)	5:00.44 (44.46)	5:45.36 (44.92)	
	6:29.81 (44.45)	7:15.21 (45.40)	8:00.40 (45.19)	8:45.81 (45.41)	
	9:31.14 (45.33)	10:15.89 (44.75)	11:01.05 (45.16)	11:45.64 (44.59)	
2	Charles Conlon	58	Dorking	15:00.00	14:38.40
	40.39	1:32.04 (51.65)	2:28.71 (56.67)	3:23.84 (55.13)	
	4:21.13 (57.29)	5:16.55 (55.42)	6:13.29 (56.74)	7:09.42 (56.13)	
	8:07.42 (58.00)	9:03.34 (55.92)	10:03.01 (59.67)	11:00.20 (57.19)	

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11:56.69 (56.49) 12:53.16 (56.47) 13:49.50 (56.34) 14:38.40 (48.90)

Event 1 Men 60-64 800 SC Meter Freestyle

1	Duncan Mc Creadie	63 Maidenhead	10:10.00	10:10.55
	34.11	1:11.79 (37.68)	1:50.43 (38.64)	2:29.49 (39.06)
	3:08.84 (39.35)	3:47.60 (38.76)	4:26.00 (38.40)	5:05.06 (39.06)
	5:43.24 (38.18)	6:21.87 (38.63)	7:00.33 (38.46)	7:39.12 (38.79)
	8:17.80 (38.68)	8:56.21 (38.41)	9:34.09 (37.88)	10:10.55 (36.46)
2	James Arthur	60 Swansea Valley	11:40.00	11:41.36
	36.09	1:16.03 (39.94)	1:58.25 (42.22)	2:41.30 (43.05)
	3:25.16 (43.86)	4:09.22 (44.06)	4:52.32 (43.10)	5:37.27 (44.95)
	6:22.58 (45.31)	7:08.21 (45.63)	7:53.61 (45.40)	8:39.87 (46.26)
	9:25.74 (45.87)	10:12.65 (46.91)	10:57.99 (45.34)	11:41.36 (43.37)

Event 1 Men 65-69 800 SC Meter Freestyle

1	Garfield Thomas	68 Bridgend	12:59.00	13:02.94
	40.39	1:25.41 (45.02)	2:12.53 (47.12)	3:00.59 (48.06)
	3:49.46 (48.87)	4:38.96 (49.50)	5:28.75 (49.79)	6:19.33 (50.58)
	7:10.29 (50.96)	8:01.63 (51.34)	8:53.00 (51.37)	9:43.56 (50.56)
	10:33.78 (50.22)	11:23.84 (50.06)	12:14.34 (50.50)	13:02.94 (48.60)
2	Nigel Salsbury	68 Reading	13:30.00	13:43.82
	44.89	1:37.24 (52.35)	2:30.94 (53.70)	3:24.15 (53.21)
	4:17.42 (53.27)	5:10.35 (52.93)	6:03.69 (53.34)	6:56.89 (53.20)
	7:49.18 (52.29)	8:41.09 (51.91)	9:33.09 (52.00)	10:23.88 (50.79)
	11:15.16 (51.28)	12:06.27 (51.11)	12:57.21 (50.94)	13:43.82 (46.61)
3	Andrew Fawcett	65 Cardiff Masters	15:00.02	14:29.72
	47.24	1:42.72 (55.48)	2:38.89 (56.17)	3:35.10 (56.21)
	4:30.60 (55.50)	5:25.53 (54.93)	6:19.61 (54.08)	7:15.30 (55.69)
	8:09.75 (54.45)	9:03.52 (53.77)	9:57.91 (54.39)	10:53.26 (55.35)
	11:47.12 (53.86)	12:42.81 (55.69)	13:37.64 (54.83)	14:29.72 (52.08)
4	Paul Clarke	66 Luton	15:12.00	15:37.42
	48.93	1:44.42 (55.49)	2:43.00 (58.58)	3:39.95 (56.95)
	4:37.50 (57.55)	5:35.38 (57.88)	6:33.23 (57.85)	7:33.76 (1:00.53)
	8:34.79 (1:01.03)	9:35.52 (1:00.73)	10:36.12 (1:00.60)	11:36.03 (59.91)
	12:38.19 (1:02.16)	13:39.50 (1:01.31)	14:40.45 (1:00.95)	15:37.42 (56.97)
5	Bruce Thompson	66 Barnet Copthall	16:00.00	15:41.44
	53.35	1:50.66 (57.31)	2:48.30 (57.64)	3:46.38 (58.08)
	4:44.79 (58.41)	5:44.20 (59.41)	6:42.90 (58.70)	7:42.35 (59.45)
	8:42.40 (1:00.05)	9:42.79 (1:00.39)	10:42.12 (59.33)	11:41.63 (59.51)
	12:41.64 (1:00.01)	13:41.69 (1:00.05)	14:42.86 (1:01.17)	15:41.44 (58.58)

Event 1 Men 70-74 800 SC Meter Freestyle

1	John Harrington	72 Barnet Copthall	13:20.00	13:23.62
	46.71	1:38.45 (51.74)	2:30.35 (51.90)	3:21.93 (51.58)
	4:12.97 (51.04)	5:03.87 (50.90)	5:54.58 (50.71)	6:45.55 (50.97)
	7:36.80 (51.25)	8:27.68 (50.88)	9:17.78 (50.10)	10:07.73 (49.95)
	10:57.64 (49.91)	11:47.16 (49.52)	12:36.28 (49.12)	13:23.62 (47.34)
2	Richard Skerrett	73 Carmarthenshire Masters	20:30.00	19:41.52
	1:06.89	2:22.68 (1:15.79)	3:38.64 (1:15.96)	4:53.30 (1:14.66)
	6:06.46 (1:13.16)	7:20.02 (1:13.56)	8:34.81 (1:14.79)	9:49.22 (1:14.41)
	11:04.90 (1:15.68)	12:17.94 (1:13.04)	13:33.34 (1:15.40)	14:48.43 (1:15.09)
	16:04.07 (1:15.64)	17:19.38 (1:15.31)	18:34.75 (1:15.37)	19:41.52 (1:06.77)

Event 1 Men 75-79 800 SC Meter Freestyle

1	Peter Pollard	78 Kings Cormorants	19:43.00	18:50.89
	59.65	2:07.51 (1:07.86)	3:17.67 (1:10.16)	4:28.03 (1:10.36)
	5:42.13 (1:14.10)	6:54.86 (1:12.73)	8:08.37 (1:13.51)	9:21.95 (1:13.58)
	10:34.38 (1:12.43)	11:47.86 (1:13.48)	13:00.48 (1:12.62)	14:12.32 (1:11.84)
	15:24.65 (1:12.33)	16:35.18 (1:10.53)	17:46.09 (1:10.91)	18:50.89 (1:04.80)

Event 2 Women 25-29 400 SC Meter Freestyle

1	Emma Harvey	29 Barnet Copthall	5:05.00	4:58.53
	33.83	1:10.78 (36.95)	1:48.14 (37.36)	2:25.72 (37.58)
	3:04.07 (38.35)	3:42.76 (38.69)	4:20.79 (38.03)	4:58.53 (37.74)
2	Kathryn Fletcher	28 City of Oxford	5:15.00	5:23.88

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	35.20	1:14.66 (39.46)	1:55.84 (41.18)	2:37.85 (42.01)	
	3:20.10 (42.25)	4:02.38 (42.28)	4:44.45 (42.07)	5:23.88 (39.43)	
3 Lauren Edwards		29 Otter		5:20.00	5:35.05
	36.69	1:17.14 (40.45)	1:59.07 (41.93)	2:41.46 (42.39)	
	3:24.01 (42.55)	4:07.35 (43.34)	4:51.89 (44.54)	5:35.05 (43.16)	
4 Louisa Wallace		27 Kettering		5:30.00	5:41.33
	36.75	1:18.11 (41.36)	2:01.36 (43.25)	2:45.20 (43.84)	
	3:29.34 (44.14)	4:14.11 (44.77)	4:58.78 (44.67)	5:41.33 (42.55)	

Event 2 Women 30-34 400 SC Meter Freestyle

1 Gina Hobson		31 Otter		5:00.00	4:51.14
	32.97	1:09.34 (36.37)	1:46.18 (36.84)	2:23.07 (36.89)	
	2:59.99 (36.92)	3:37.22 (37.23)	4:14.83 (37.61)	4:51.14 (36.31)	
2 Diana Kennedy		30 Bethnal Green (Sharks)		6:00.00	6:13.44
	39.69	1:24.44 (44.75)	2:11.88 (47.44)	3:00.48 (48.60)	
	3:48.71 (48.23)	4:37.16 (48.45)	5:26.07 (48.91)	6:13.44 (47.37)	

Event 2 Women 35-39 400 SC Meter Freestyle

1 Rachael Coleman		35 Barnet Copthall		7:29.30	6:12.05
	41.88	1:26.38 (44.50)	2:14.19 (47.81)	3:02.07 (47.88)	
	3:49.58 (47.51)	4:37.83 (48.25)	5:23.84 (46.01)	6:12.05 (48.21)	

Event 2 Women 40-44 400 SC Meter Freestyle

1 Helen Gray		42 Dartford District		5:16.23	5:18.35
	36.33	1:16.63 (40.30)	1:57.45 (40.82)	2:38.63 (41.18)	
	3:19.77 (41.14)	4:00.18 (40.41)	4:40.06 (39.88)	5:18.35 (38.29)	
2 Lynne Dawson		41 Chapelton		6:10.00	5:38.70
	36.78	1:19.03 (42.25)	2:02.67 (43.64)	2:46.53 (43.86)	
	3:29.65 (43.12)	4:13.64 (43.99)	4:57.02 (43.38)	5:38.70 (41.68)	
3 Claudia Cruttwell		44 Hemel Hempstead		6:30.00	6:30.77
	42.50	1:29.23 (46.73)	2:18.54 (49.31)	3:07.72 (49.18)	
	3:58.31 (50.59)	4:48.95 (50.64)	5:40.13 (51.18)	6:30.77 (50.64)	
4 Tracy Holden		42 Berkhamsted Sports Centre		6:30.00	6:34.94
	42.48	1:29.19 (46.71)	2:20.05 (50.86)	3:12.22 (52.17)	
	4:04.21 (51.99)	4:55.80 (51.59)	5:46.65 (50.85)	6:34.94 (48.29)	

Event 2 Women 45-49 400 SC Meter Freestyle

1 Jacqueline Patel		48 Kings Cormorants		6:23.19	6:15.55
	41.19	1:27.62 (46.43)	2:15.76 (48.14)	3:04.23 (48.47)	
	3:52.81 (48.58)	4:41.46 (48.65)	5:29.95 (48.49)	6:15.55 (45.60)	

Event 2 Women 50-54 400 SC Meter Freestyle

1 Linda Brown		50 Spencer		5:30.00	5:21.08
	36.63	1:16.51 (39.88)	1:57.34 (40.83)	2:38.24 (40.90)	
	3:19.24 (41.00)	4:00.05 (40.81)	4:41.05 (41.00)	5:21.08 (40.03)	
2 Amanda Doyle		52 Dorking		5:55.00	5:46.43
	39.20	1:23.08 (43.88)	2:07.72 (44.64)	2:51.98 (44.26)	
	3:36.11 (44.13)	4:19.91 (43.80)	5:04.11 (44.20)	5:46.43 (42.32)	
3 Lorraine Crook		54 Caldicot		7:33.00	7:19.63
	49.08	1:44.98 (55.90)	2:41.33 (56.35)	3:38.03 (56.70)	
	4:34.20 (56.17)	5:30.93 (56.73)	6:26.69 (55.76)	7:19.63 (52.94)	
4 Helen O' Leary		54 N.A.C. Masters (Ireland)		8:40.00	9:12.49
	1:00.90	2:08.43 (1:07.53)	3:16.24 (1:07.81)	4:25.89 (1:09.65)	
	5:37.27 (1:11.38)	6:50.52 (1:13.25)	8:02.95 (1:12.43)	9:12.49 (1:09.54)	

Event 2 Women 55-59 400 SC Meter Freestyle

1 Jan Trott		55 Barnet Copthall		7:50.00	6:44.03
	43.01	1:31.51 (48.50)	2:22.45 (50.94)	3:14.41 (51.96)	
	4:07.34 (52.93)	5:00.65 (53.31)	5:53.40 (52.75)	6:44.03 (50.63)	
2 Liz Neale		56 City of Milton Keynes		7:14.30	7:16.15
	46.75	1:38.59 (51.84)	2:32.86 (54.27)	3:28.77 (55.91)	
	4:25.02 (56.25)	5:22.38 (57.36)	6:20.26 (57.88)	7:16.15 (55.89)	

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1	Elaine Blower	63	Barnet Copthall	6:14.99	6:18.83
	42.74	1:29.93 (47.19)	2:18.12 (48.19)	3:06.84 (48.72)	
	3:55.79 (48.95)	4:44.35 (48.56)	5:32.47 (48.12)	6:18.83 (46.36)	
2	Lee Mac Donald	60	Diss Otters	7:08.52	7:19.57
	47.94	1:41.12 (53.18)	2:36.48 (55.36)	3:33.21 (56.73)	
	4:29.95 (56.74)	5:27.87 (57.92)	6:25.31 (57.44)	7:19.57 (54.26)	

Event 2 Women 65-69 400 SC Meter Freestyle

1	Ann Broomfield	66	St Albans Masters	9:05.00	8:54.82
	59.02	2:04.02 (1:05.00)	3:11.95 (1:07.93)	4:20.77 (1:08.82)	
	5:28.96 (1:08.19)	6:38.25 (1:09.29)	7:47.67 (1:09.42)	8:54.82 (1:07.15)	

Event 2 Women 75-79 400 SC Meter Freestyle

1	Jane Asher	77	Kings Cormorants	6:15.00	6:25.00
	44.99	1:33.68 (48.69)	2:23.25 (49.57)	3:12.91 (49.66)	
	4:02.13 (49.22)	4:51.88 (49.75)	5:39.87 (47.99)	6:25.00 (45.13)	
2	Pauline Wilkinson	75	Spencer	9:50.00	9:43.08
	1:05.66	2:17.75 (1:12.09)	3:31.64 (1:13.89)	4:45.76 (1:14.12)	
	5:58.50 (1:12.74)	7:14.86 (1:16.36)	8:30.62 (1:15.76)	9:43.08 (1:12.46)	

Event 3 Men 18-24 400 SC Meter Freestyle

1	Edmund Salt	23	Birmingham Masters	4:45.00	4:46.23
	34.19	1:11.01 (36.82)	1:48.15 (37.14)	2:25.46 (37.31)	
	3:00.97 (35.51)	3:36.73 (35.76)	4:12.61 (35.88)	4:46.23 (33.62)	

Event 3 Men 25-29 400 SC Meter Freestyle

1	Anthony van der Kraay	28	Otter	4:20.00	4:17.15
	27.84	58.37 (30.53)	1:29.84 (31.47)	2:02.16 (32.32)	
	2:35.33 (33.17)	3:09.27 (33.94)	3:43.20 (33.93)	4:17.15 (33.95)	
2	Paul Hembrow	28	Teddington	4:35.00	4:34.26
	31.52	1:06.45 (34.93)	1:42.10 (35.65)	2:17.70 (35.60)	
	2:52.46 (34.76)	3:27.42 (34.96)	4:02.06 (34.64)	4:34.26 (32.20)	
3	Alexander Chklar	27	Swindon Dolphins	4:35.00	4:42.12
	31.62	1:05.95 (34.33)	1:41.33 (35.38)	2:17.84 (36.51)	
	2:53.96 (36.12)	3:31.09 (37.13)	4:08.07 (36.98)	4:42.12 (34.05)	

Event 3 Men 30-34 400 SC Meter Freestyle

1	Chris Rolle	34	Etwall Eagles	4:55.00	4:47.43
	31.58	1:06.55 (34.97)	1:43.05 (36.50)	2:20.28 (37.23)	
	2:58.05 (37.77)	3:35.74 (37.69)	4:12.93 (37.19)	4:47.43 (34.50)	
2	Vincent Pottier	30	City of Cambridge	5:00.00	4:48.45
	32.57	1:08.94 (36.37)	1:44.91 (35.97)	2:21.88 (36.97)	
	2:58.58 (36.70)	3:35.83 (37.25)	4:13.07 (37.24)	4:48.45 (35.38)	

Event 3 Men 35-39 400 SC Meter Freestyle

1	Paul Allen	36	Brighton	4:45.00	4:37.98
	30.62	1:04.06 (33.44)	1:38.68 (34.62)	2:13.66 (34.98)	
	2:48.72 (35.06)	3:25.01 (36.29)	4:01.64 (36.63)	4:37.98 (36.34)	
2	Stephen Irwin	37	Kingston Royals	4:42.00	4:43.17
	31.00	1:05.61 (34.61)	1:41.30 (35.69)	2:17.68 (36.38)	
	2:54.35 (36.67)	3:30.98 (36.63)	4:07.86 (36.88)	4:43.17 (35.31)	
3	John Male	36	Aylesbury & District	5:10.87	5:17.06
	36.00	1:14.57 (38.57)	1:54.70 (40.13)	2:35.29 (40.59)	
	3:15.54 (40.25)	3:56.43 (40.89)	4:37.20 (40.77)	5:17.06 (39.86)	
4	Steve King	36	Romford Town	5:50.00	5:40.70
	33.98	1:12.58 (38.60)	1:54.27 (41.69)	2:37.71 (43.44)	
	3:22.36 (44.65)	4:08.11 (45.75)	4:54.47 (46.36)	5:40.70 (46.23)	
5	Clive Smith	39	Etwall Eagles	5:45.00	5:46.30
	35.61	1:16.45 (40.84)	1:59.91 (43.46)	2:45.34 (45.43)	
	3:30.97 (45.63)	4:16.68 (45.71)	5:02.30 (45.62)	5:46.30 (44.00)	
6	John O'Rourke	39	Luton	8:00.00	5:50.64
	39.90	1:23.49 (43.59)	2:08.93 (45.44)	2:53.43 (44.50)	
	3:38.13 (44.70)	4:23.81 (45.68)	5:07.83 (44.02)	5:50.64 (42.81)	

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Event 3 Men 40-44 400 SC Meter Freestyle

1	Duncan Hartley	40	Barnet Copthall	4:44.00	4:39.66
	31.46	1:05.45 (33.99)	1:40.53 (35.08)	2:16.13 (35.60)	
	2:51.92 (35.79)	3:27.83 (35.91)	4:03.89 (36.06)	4:39.66 (35.77)	
2	Andrew Gristwood	44	Cleethorpes & District	4:38.00	4:41.99
	32.13	1:06.41 (34.28)	1:42.47 (36.06)	2:18.72 (36.25)	
	2:54.92 (36.20)	3:31.31 (36.39)	4:07.24 (35.93)	4:41.99 (34.75)	
3	Martin Hawley	44	Ealing	4:58.93	5:08.45
	34.86	1:14.00 (39.14)	1:53.60 (39.60)	2:33.87 (40.27)	
	3:13.18 (39.31)	3:52.76 (39.58)	4:31.62 (38.86)	5:08.45 (36.83)	
4	Christopher Freeman	41	Teddington	5:14.69	5:20.90
	35.62	1:14.39 (38.77)	1:54.87 (40.48)	2:36.47 (41.60)	
	3:18.42 (41.95)	4:00.27 (41.85)	4:41.96 (41.69)	5:20.90 (38.94)	
5	Matthew James	42	Cleethorpes & District	5:20.00	5:23.67
	35.65	1:14.95 (39.30)	1:55.69 (40.74)	2:37.39 (41.70)	
	3:19.65 (42.26)	4:02.32 (42.67)	4:44.48 (42.16)	5:23.67 (39.19)	
6	Gregory Cliffe	40	Cleethorpes & District	6:00.00	5:32.44
	35.48	1:14.09 (38.61)	1:55.41 (41.32)	2:38.91 (43.50)	
	3:22.92 (44.01)	4:07.22 (44.30)	4:50.76 (43.54)	5:32.44 (41.68)	
7	Ian Pritchard	44	Acton	6:30.00	5:41.58
	37.46	1:19.64 (42.18)	2:02.28 (42.64)	2:45.76 (43.48)	
	3:29.88 (44.12)	4:14.48 (44.60)	4:58.78 (44.30)	5:41.58 (42.80)	
8	Patrick Waldron	40	Barnet Copthall	5:50.00	6:12.52
	40.74	1:25.07 (44.33)	2:11.65 (46.58)	2:59.22 (47.57)	
	3:47.84 (48.62)	4:36.46 (48.62)	5:26.04 (49.58)	6:12.52 (46.48)	

Event 3 Men 45-49 400 SC Meter Freestyle

1	Mark Reynolds	45	Barnet Copthall	4:30.00	4:32.93
	30.07	1:04.02 (33.95)	1:39.13 (35.11)	2:14.07 (34.94)	
	2:48.77 (34.70)	3:23.85 (35.08)	3:58.73 (34.88)	4:32.93 (34.20)	
2	Andy Byrne	45	Luton	4:49.00	4:53.67
	32.25	1:08.18 (35.93)	1:45.40 (37.22)	2:22.70 (37.30)	
	3:00.63 (37.93)	3:38.11 (37.48)	4:16.08 (37.97)	4:53.67 (37.59)	
3	Adam Lelean	46	Diss Otters	5:03.00	5:00.26
	32.68	1:09.01 (36.33)	1:46.47 (37.46)	2:24.89 (38.42)	
	3:04.03 (39.14)	3:43.35 (39.32)	4:22.41 (39.06)	5:00.26 (37.85)	
4	Colin Leiper	49	Birmingham Masters	5:10.00	5:05.96
	33.71	1:11.28 (37.57)	1:50.39 (39.11)	2:30.42 (40.03)	
	3:09.51 (39.09)	3:48.53 (39.02)	4:27.21 (38.68)	5:05.96 (38.75)	
5	Mark Partridge	45	Stroud Masters	5:20.02	5:41.32
	34.57	1:14.05 (39.48)	1:55.77 (41.72)	2:38.93 (43.16)	
	3:23.35 (44.42)	4:08.67 (45.32)	4:55.11 (46.44)	5:41.32 (46.21)	

Event 3 Men 50-54 400 SC Meter Freestyle

1	John Rittenhouse	50	Barnet Copthall	6:45.00	4:43.75
	31.20	1:05.94 (34.74)	1:42.37 (36.43)	2:19.04 (36.67)	
	2:55.63 (36.59)	3:32.15 (36.52)	4:08.44 (36.29)	4:43.75 (35.31)	
2	David Shamp	50	Dorking	5:20.03	5:12.34
	32.80	1:10.22 (37.42)	1:49.55 (39.33)	2:29.35 (39.80)	
	3:10.11 (40.76)	3:51.01 (40.90)	4:31.89 (40.88)	5:12.34 (40.45)	
3	David Pirrie	51	Hemel Hempstead	5:40.00	5:40.20
	37.48	1:18.87 (41.39)	2:01.66 (42.79)	2:45.15 (43.49)	
	3:29.83 (44.68)	4:14.30 (44.47)	4:58.72 (44.42)	5:40.20 (41.48)	

Event 3 Men 55-59 400 SC Meter Freestyle

1	Len Phoenix	59	Diss Otters	5:32.44	5:39.46
	37.24	1:18.93 (41.69)	2:01.77 (42.84)	2:44.78 (43.01)	
	3:28.66 (43.88)	4:12.60 (43.94)	4:56.37 (43.77)	5:39.46 (43.09)	
2	David Pitcock	59	Barnet Copthall	6:45.00	6:37.03
	43.59	1:31.56 (47.97)	2:21.28 (49.72)	3:11.08 (49.80)	
	4:01.94 (50.86)	4:53.12 (51.18)	5:44.63 (51.51)	6:37.03 (52.40)	
---	Steve Bratt	58	Otter	6:58.00	DQ Walking
	42.24	1:31.01 (48.77)	2:20.96 (49.95)	3:11.63 (50.67)	
	4:04.41 (52.78)	4:57.01 (52.60)	5:44.14 (47.13)	DQ (1:01.54)	

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 3 Men 60-64 400 SC Meter Freestyle**

1	Dave Hembrow	61	Teddington	5:20.04	5:21.81
	35.85	1:15.86 (40.01)	1:56.59 (40.73)	2:37.55 (40.96)	
	3:18.48 (40.93)	3:59.66 (41.18)	4:41.37 (41.71)	5:21.81 (40.44)	
2	Derek Parr	64	Broomfield Park	6:00.00	5:30.68
	36.96	1:18.49 (41.53)	2:00.48 (41.99)	2:42.85 (42.37)	
	3:25.76 (42.91)	4:08.80 (43.04)	4:50.95 (42.15)	5:30.68 (39.73)	
3	Roger Phillips	64	Otter	5:53.00	5:48.49
	41.21	1:24.97 (43.76)	2:09.64 (44.67)	2:53.57 (43.93)	
	3:38.38 (44.81)	4:22.63 (44.25)	5:06.34 (43.71)	5:48.49 (42.15)	

Event 3 Men 65-69 400 SC Meter Freestyle

1	Geoff Stokes	69	Rushmoor Royals	5:30.00	5:26.72
	37.81	1:18.52 (40.71)	2:00.37 (41.85)	2:42.37 (42.00)	
	3:24.62 (42.25)	4:06.38 (41.76)	4:47.85 (41.47)	5:26.72 (38.87)	
2	Andrew Fawcett	65	Cardiff Masters	7:00.00	6:46.34
	44.57	1:36.33 (51.76)	2:28.12 (51.79)	3:21.38 (53.26)	
	4:13.13 (51.75)	5:06.58 (53.45)	5:58.16 (51.58)	6:46.34 (48.18)	
3	Paul Clarke	66	Luton	7:10.00	7:21.50
	46.17	1:39.28 (53.11)	2:34.66 (55.38)	3:32.09 (57.43)	
	4:29.90 (57.81)	5:27.76 (57.86)	6:26.26 (58.50)	7:21.50 (55.24)	

Event 3 Men 70-74 400 SC Meter Freestyle

1	John Harrington	72	Barnet Copthall	6:30.01	6:29.98
	43.32	1:32.13 (48.81)	2:22.42 (50.29)	3:12.18 (49.76)	
	4:02.38 (50.20)	4:52.23 (49.85)	5:42.39 (50.16)	6:29.98 (47.59)	
2	Richard Skerrett	73	Carmarthenshire Masters	10:08.00	9:48.87
	1:08.01	2:22.83 (1:14.82)	3:37.22 (1:14.39)	4:55.88 (1:18.66)	
	6:10.27 (1:14.39)	7:28.05 (1:17.78)	8:40.94 (1:12.89)	9:48.87 (1:07.93)	

Event 3 Men 75-79 400 SC Meter Freestyle

1	Richard Harding	75	Spencer	8:30.00	9:08.16
		2:10.65 ()	3:21.66 (1:11.01)		
	5:39.32 ()	6:49.26 (1:09.94)	9:08.16 (2:18.90)		
2	Peter Pollard	78	Kings Cormorants	9:36.00	9:20.62
	58.31	2:04.08 (1:05.77)	3:13.90 (1:09.82)	4:24.73 (1:10.83)	
	5:37.69 (1:12.96)	6:51.63 (1:13.94)	8:07.43 (1:15.80)	9:20.62 (1:13.19)	

Event 4 Women 18-24 100 SC Meter Breaststroke

1	Julie Sapsford	24	Camden Swiss Cottage S.C.	1:23.00	1:27.51
	40.58	1:27.51 (46.93)			

Event 4 Women 25-29 100 SC Meter Breaststroke

1	Lisa Wujec	27	Otter	1:25.00	1:26.18
	40.69	1:26.18 (45.49)			

Event 4 Women 30-34 100 SC Meter Breaststroke

1	Diana Kennedy	30	Bethnal Green (Sharks)	1:35.00	1:39.92
	48.56	1:39.92 (51.36)			

Event 4 Women 35-39 100 SC Meter Breaststroke

1	Sharon Lock	39	Melton Mowbray	1:24.05	1:24.96
	40.05	1:24.96 (44.91)			
2	Maria Gibson	36	Runnymede	1:30.00	1:30.57
	43.24	1:30.57 (47.33)			
3	Tracey Kain	38	Acton	1:30.79	1:34.27
	45.37	1:34.27 (48.90)			

Event 4 Women 40-44 100 SC Meter Breaststroke

1	Jane Mc Menemy	40	Otter	1:25.00	1:25.35
	40.40	1:25.35 (44.95)			
2	Tracy Holden	42	Berkhamsted Sports Centre	2:00.00	1:49.35
	53.82	1:49.35 (55.53)			
3	Jacqueline Farrow	44	Kettering	1:55.25	1:56.22
	54.24	1:56.22 (1:01.98)			

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 4 Women 45-49 100 SC Meter Breaststroke**

1	Rebecca Jenkinson	45	Tiverton	1:28.00	1:29.00
	41.39	1:29.00	(47.61)		
2	Sian Mac Donald	46	Hemel Hempstead	1:27.05	1:29.74
	42.51	1:29.74	(47.23)		
3	Carolyn Riley	47	Cleethorpes & District	1:32.00	1:31.64
	43.27	1:31.64	(48.37)		
4	Dina Thornton	45	Diss Otters	1:31.94	1:36.73
	46.45	1:36.73	(50.28)		

Event 4 Women 50-54 100 SC Meter Breaststroke

1	Linda Brown	50	Spencer	1:29.00	1:31.23
	42.98	1:31.23	(48.25)		
2	Ruth Lowe	51	Etwell Eagles	1:40.00	1:36.81
	46.42	1:36.81	(50.39)		

Event 4 Women 55-59 100 SC Meter Breaststroke

1	Jan Trott	55	Barnet Copthall	2:10.00	1:48.46
	52.48	1:48.46	(55.98)		
2	Marianne Davey	55	Dorking	2:05.00	1:57.37
	57.41	1:57.37	(59.96)		

Event 4 Women 60-64 100 SC Meter Breaststroke

1	Julie Crayford	60	C L A M S	1:40.91	1:40.89
	46.28	1:40.89	(54.61)		
2	Jean Thomas	64	Wellingborough	2:27.96	2:25.99
	1:08.48	2:25.99	(1:17.51)		

Event 4 Women 65-69 100 SC Meter Breaststroke

1	Diane Ford	65	Rushmoor Royals	1:35.00	1:35.99
	45.31	1:35.99	(50.68)		
2	Ann Broomfield	66	St Albans Masters	2:15.00	2:16.31
	1:05.10	2:16.31	(1:11.21)		

Event 4 Women 75-79 100 SC Meter Breaststroke

1	Pauline Wilkinson	75	Spencer	2:20.00	2:35.94
	1:13.07	2:35.94	(1:22.87)		

Event 5 Men 18-24 100 SC Meter Breaststroke

1	Stephen Murphy	23	Olympos Marlins	1:07.50	1:07.25
	31.74	1:07.25	(35.51)		

Event 5 Men 25-29 100 SC Meter Breaststroke

1	Alexander Chklar	27	Swindon Dolphins	1:12.50	1:11.83
	34.34	1:11.83	(37.49)		
2	Anthony van der Kraay	28	Otter	1:10.00	1:12.37
	34.95	1:12.37	(37.42)		

Event 5 Men 30-34 100 SC Meter Breaststroke

1	Adam Freer	31	Camden Swiss Cottage S.C.	1:16.63	1:20.87
	38.58	1:20.87	(42.29)		

Event 5 Men 40-44 100 SC Meter Breaststroke

1	Andrew Carr	42	Cleethorpes & District	1:14.30	1:13.83
	35.04	1:13.83	(38.79)		
2	Kevin Lief	41	Barnet Copthall	1:20.00	1:21.54
	37.72	1:21.54	(43.82)		
3	Daniele Davini	41	Acquatic Forum Roma	1:31.00	1:31.06
	43.52	1:31.06	(47.54)		

Event 5 Men 45-49 100 SC Meter Breaststroke

1	Jim Hobsley	48	Barnet Copthall	1:16.00	1:16.97
	35.12	1:16.97	(41.85)		

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 5 Men 50-54 100 SC Meter Breaststroke**

1	Thomas Morrow	52	City of Milton Keynes	1:21.50	1:20.06
	39.11	1:20.06	(40.95)		
2	Colin Mayes	53	Luton	1:22.00	1:22.17
	38.44	1:22.17	(43.73)		
3	Nick Matthews	50	Bradford-On-Avon	1:23.00	1:24.04
	39.92	1:24.04	(44.12)		
4	David Pirrie	51	Hemel Hempstead	1:24.90	1:26.02
	40.85	1:26.02	(45.17)		
5	Jim Hunt	50	Birmingham Masters	1:33.00	1:33.26
	45.88	1:33.26	(47.38)		

Event 5 Men 55-59 100 SC Meter Breaststroke

1	Steve Bratt	58	Otter	1:40.00	1:35.95
	46.87	1:35.95	(49.08)		

Event 5 Men 65-69 100 SC Meter Breaststroke

1	Keith Ingram	68	Birmingham Masters	1:29.67	1:28.61
	42.54	1:28.61	(46.07)		

Event 5 Men 70-74 100 SC Meter Breaststroke

1	Richard Skerrett	73	Carmarthenshire Masters	2:15.00	2:14.63
	1:06.46	2:14.63	(1:08.17)		

Event 5 Men 75-79 100 SC Meter Breaststroke

1	Neil Howell	76	East Anglian Swallowtails	2:06.55	2:07.10
	1:00.66	2:07.10	(1:06.44)		

Event 6 Women 25-29 200 SC Meter Backstroke

1	Sachika Yamawaki	27	Barnet Copthall	2:37.00	2:38.44
	37.17	1:16.64	(39.47)	1:57.59	(40.95)
				2:38.44	(40.85)
2	Emily Swain	25	Aylesbury & District	2:55.00	2:52.71
	41.25	1:24.91	(43.66)	2:09.33	(44.42)
				2:52.71	(43.38)

Event 6 Women 30-34 200 SC Meter Backstroke

1	Suzanne Hurst	34	Birmingham Masters	2:44.30	2:42.70
	38.32	1:20.03	(41.71)	2:02.05	(42.02)
				2:42.70	(40.65)
2	Susan Mc Gregor	34	Teddington	3:08.00	3:04.72
	44.36	1:30.47	(46.11)	2:17.58	(47.11)
				3:04.72	(47.14)
3	Diana Kennedy	30	Bethnal Green (Sharks)	3:15.00	3:25.45
	49.03	1:42.75	(53.72)	2:36.23	(53.48)
				3:25.45	(49.22)

Event 6 Women 35-39 200 SC Meter Backstroke

1	Lucy Robinson	37	Barnet Copthall	2:56.41	2:54.11
	41.27	1:24.78	(43.51)	2:09.83	(45.05)
				2:54.11	(44.28)

Event 6 Women 45-49 200 SC Meter Backstroke

1	Jacqueline Patel	48	Kings Cormorants	3:56.64	4:01.46
	59.77	2:00.87	(1:01.10)	3:02.44	(1:01.57)
				4:01.46	(59.02)

Event 6 Women 50-54 200 SC Meter Backstroke

1	Amanda Heath	51	Spencer	3:00.00	3:03.27
	43.06	1:29.58	(46.52)	2:16.81	(47.23)
				3:03.27	(46.46)
2	Karen Brown	53	West London Penguins	4:06.13	4:10.39
	58.19	2:01.77	(1:03.58)	3:06.28	(1:04.51)
				4:10.39	(1:04.11)
3	Helen O' Leary	54	N.A.C. Masters (Ireland)	6:23.00	6:44.05
	1:43.27	3:27.83	(1:44.56)	5:11.78	(1:43.95)
				6:44.05	(1:32.27)

Event 6 Women 55-59 200 SC Meter Backstroke

1	Marianne Davey	55	Dorking	3:59.00	3:57.18
	55.83	1:56.45	(1:00.62)	2:58.18	(1:01.73)
				3:57.18	(59.00)
2	Sally Lelean	57	Diss Otters	4:00.00	4:01.89
	57.57	1:57.75	(1:00.18)	2:59.55	(1:01.80)
				4:01.89	(1:02.34)

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 6 Women 60-64 200 SC Meter Backstroke**

1	Elaine Blower	63	Barnet Copthall	3:25.00	3:23.83
	48.86	1:40.66 (51.80)	2:33.09 (52.43)	3:23.83 (50.74)	

Event 6 Women 65-69 200 SC Meter Backstroke

1	Georgie Hamilton	65	Barnet Copthall	3:44.00	3:39.76
	52.30	1:47.55 (55.25)	2:44.38 (56.83)	3:39.76 (55.38)	

Event 6 Women 75-79 200 SC Meter Backstroke

---	Elizabeth Braimbridge	75	Camden Swiss Cottage S.C.	5:30.00	DQ Off back at turn
	1:07.72	2:23.65 (1:15.93)	3:39.82 (1:16.17)	DQ (1:14.34)	

Event 6 Women 80-84 200 SC Meter Backstroke

---	Susan Halter	81	Camden Swiss Cottage S.C.	5:17.00	DQ Off back at turn
	1:09.51	2:29.54 (1:20.03)	3:51.03 (1:21.49)	DQ (1:15.84)	

Event 7 Men 18-24 200 SC Meter Backstroke

1	Andruskevicius Mindaugas	22	Otter	2:15.00	2:18.38
	32.75	1:07.70 (34.95)	1:43.14 (35.44)	2:18.38 (35.24)	

Event 7 Men 25-29 200 SC Meter Backstroke

1	David Gelb	27	Barnet Copthall	2:29.00	2:20.07
	33.75	1:08.78 (35.03)	1:44.87 (36.09)	2:20.07 (35.20)	
2	Alexander Chklar	27	Swindon Dolphins	2:35.00	2:34.70
	37.06	1:16.40 (39.34)	1:56.09 (39.69)	2:34.70 (38.61)	

Event 7 Men 30-34 200 SC Meter Backstroke

1	Oscar Rincon	30	Camden Swiss Cottage S.C.	2:40.00	2:30.64
	35.60	1:13.29 (37.69)	1:51.64 (38.35)	2:30.64 (39.00)	

Event 7 Men 35-39 200 SC Meter Backstroke

1	Julio Martinez	38	Camden Swiss Cottage S.C.	3:00.00	2:56.91
	39.78	1:24.03 (44.25)	2:10.97 (46.94)	2:56.91 (45.94)	

Event 7 Men 40-44 200 SC Meter Backstroke

1	Martin Hawley	44	Ealing	2:42.67	2:47.28
	39.23	1:22.48 (43.25)	2:05.40 (42.92)	2:47.28 (41.88)	

Event 7 Men 45-49 200 SC Meter Backstroke

1	Andy Byrne	45	Luton	2:32.00	2:42.43
	38.39	1:19.08 (40.69)	2:01.08 (42.00)	2:42.43 (41.35)	

Event 7 Men 50-54 200 SC Meter Backstroke

1	John Rittenhouse	50	Barnet Copthall	2:29.00	2:29.99
	35.93	1:14.00 (38.07)	1:52.60 (38.60)	2:29.99 (37.39)	
2	Graham Powell	52	Luton	2:34.60	2:38.86
	37.19	1:17.18 (39.99)	1:58.18 (41.00)	2:38.86 (40.68)	

Event 7 Men 55-59 200 SC Meter Backstroke

1	Len Phoenix	59	Diss Otters	3:16.29	3:14.30
	45.70	1:35.35 (49.65)	2:26.19 (50.84)	3:14.30 (48.11)	
2	David Pitcock	59	Barnet Copthall	3:34.00	3:29.26
	49.03	1:41.14 (52.11)	2:36.61 (55.47)	3:29.26 (52.65)	

Event 7 Men 60-64 200 SC Meter Backstroke

1	Duncan Mc Creadie	63	Maidenhead	2:52.00	2:50.27
	39.74	1:23.28 (43.54)	2:07.80 (44.52)	2:50.27 (42.47)	
2	Malcolm Munro	61	Acton	2:49.99	2:51.69
	40.40	1:23.99 (43.59)	2:07.45 (43.46)	2:51.69 (44.24)	

Event 7 Men 65-69 200 SC Meter Backstroke

1	Nigel Salsbury	68	Reading	3:15.00	3:16.73
	45.02	1:35.54 (50.52)	2:26.49 (50.95)	3:16.73 (50.24)	
2	Bruce Thompson	66	Barnet Copthall	3:38.00	3:38.99
	50.46	1:45.49 (55.03)	2:41.64 (56.15)	3:38.99 (57.35)	

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 7 Men 70-74 200 SC Meter Backstroke**

1	Janos Leigh	74 Romford Town	4:08.00	4:01.42
	58.41	4:01.42 (3:03.01)		
2	Richard Skerrett	73 Carmarthenshire Masters	5:30.00	5:29.27
	1:19.35	2:43.57 (1:24.22) 4:09.68 (1:26.11) 5:29.27 (1:19.59)		

Event 7 Men 75-79 200 SC Meter Backstroke

1	Richard Harding	75 Spencer	4:12.00	4:20.85
	58.99	2:06.42 (1:07.43) 3:16.39 (1:09.97) 4:20.85 (1:04.46)		
2	Peter Pollard	78 Kings Cormorants	4:45.00	4:53.53
	1:03.49	2:17.09 (1:13.60) 3:36.27 (1:19.18) 4:53.53 (1:17.26)		
3	Robert Curr	79 Serpentine	5:30.00	5:21.27
	1:11.74	2:34.03 (1:22.29) 3:57.91 (1:23.88) 5:21.27 (1:23.36)		

Event 8 Women 25-29 200 SC Meter IM

1	Lisa Wujec	27 Otter	3:00.00	2:46.07
	38.51	1:21.73 (43.22) 2:10.94 (49.21) 2:46.07 (35.13)		
2	Jane Edmondson	25 Barnet Copthall	2:49.00	2:47.57
	34.77	1:19.39 (44.62) 2:09.11 (49.72) 2:47.57 (38.46)		
3	Emma Harvey	29 Barnet Copthall	2:51.50	2:47.63
	36.76	1:22.40 (45.64) 2:10.49 (48.09) 2:47.63 (37.14)		
4	Louisa Wallace	27 Kettering	3:05.00	3:05.20
	40.79	1:27.17 (46.38) 2:22.14 (54.97) 3:05.20 (43.06)		

Event 8 Women 30-34 200 SC Meter IM

1	Fifi La Marché	31 Otter	2:40.00	2:34.58
	32.86	1:13.33 (40.47) 1:57.17 (43.84) 2:34.58 (37.41)		
2	Gina Hobson	31 Otter	2:40.00	2:36.34
	32.57	1:12.94 (40.37) 2:01.38 (48.44) 2:36.34 (34.96)		
3	Suzanne Hurst	34 Birmingham Masters	2:46.70	2:43.40
	36.02	1:17.40 (41.38) 2:08.43 (51.03) 2:43.40 (34.97)		
4	Helen Rolle	33 Etwall Eagles	2:42.00	2:43.97
	34.83	1:18.94 (44.11) 2:06.64 (47.70) 2:43.97 (37.33)		
5	Susan Mc Gregor	34 Teddington	3:07.00	3:07.97
	41.36	1:28.57 (47.21) 2:25.50 (56.93) 3:07.97 (42.47)		
6	Diana Kennedy	30 Bethnal Green (Sharks)	3:10.00	3:19.34
	46.10	1:37.06 (50.96) 2:33.64 (56.58) 3:19.34 (45.70)		

Event 8 Women 35-39 200 SC Meter IM

1	Nicola Latty	37 Oundle & District	2:38.50	2:36.51
	34.41	1:15.12 (40.71) 2:01.53 (46.41) 2:36.51 (34.98)		
2	Karen O' Dea	39 Ruislip & Northwood	2:48.00	2:46.91
	34.72	1:19.00 (44.28) 2:07.49 (48.49) 2:46.91 (39.42)		

Event 8 Women 40-44 200 SC Meter IM

1	Jane Mc Menemy	40 Otter	2:45.00	2:44.29
	34.59	1:18.39 (43.80) 2:07.35 (48.96) 2:44.29 (36.94)		
2	Sandra Jones	44 Gloucester Masters	2:55.00	2:49.82
	36.02	1:23.25 (47.23) 2:11.82 (48.57) 2:49.82 (38.00)		
3	Lynne Dawson	41 Chapeltown	3:10.00	3:02.60
	41.08	1:27.94 (46.86) 2:21.80 (53.86) 3:02.60 (40.80)		
---	Jacqueline Farrow	44 Kettering	4:03.49	DQ Inc. Fly arms at start
	1:01.26	2:04.98 (1:03.72) 3:08.23 (1:03.25) DQ (54.06)		

Event 8 Women 45-49 200 SC Meter IM

1	Carolyn Riley	47 Cleethorpes & District	2:58.00	2:59.53
	38.11	1:27.98 (49.87) 2:17.84 (49.86) 2:59.53 (41.69)		
2	Rebecca Jenkinson	45 Tiverton	3:02.00	3:02.30
	41.24	1:30.37 (49.13) 2:22.17 (51.80) 3:02.30 (40.13)		
3	Sian Mac Donald	46 Hemel Hempstead	3:15.09	3:08.37
	43.74	1:34.67 (50.93) 2:24.16 (49.49) 3:08.37 (44.21)		
4	Dina Thornton	45 Diss Otters	3:01.47	3:12.21
	40.63	1:32.64 (52.01) 2:27.38 (54.74) 3:12.21 (44.83)		

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 8 Women 50-54 200 SC Meter IM**

1	Lesley Cook	50	Otter	3:27.10	3:09.36
	37.89	1:29.91 (52.02)	2:27.40 (57.49)	3:09.36 (41.96)	
2	Amanda Doyle	52	Dorking	3:20.00	3:17.27
	43.45	1:36.50 (53.05)	2:36.23 (59.73)	3:17.27 (41.04)	
3	Lorraine Crook	54	Caldicot	3:52.56	4:00.96
	53.70	2:00.29 (1:06.59)	3:08.15 (1:07.86)	4:00.96 (52.81)	
---	Karen Brown	53	West London Penguins	4:48.25	DQ Inc. Brst legs feet not turned out
	1:09.68	2:15.01 (1:05.33)	3:46.94 (1:31.93)	DQ (1:05.00)	

Event 8 Women 60-64 200 SC Meter IM

1	Julie Crayford	60	C L A M S	3:15.79	3:17.91
	42.11	1:36.15 (54.04)	2:33.73 (57.58)	3:17.91 (44.18)	

Event 8 Women 65-69 200 SC Meter IM

1	Georgie Hamilton	65	Barnet Copthall	3:32.00	3:39.23
	50.01	1:50.13 (1:00.12)	2:49.86 (59.73)	3:39.23 (49.37)	

Event 8 Women 75-79 200 SC Meter IM

1	Jane Asher	77	Kings Cormorants	3:40.00	3:42.12
	52.15	1:49.03 (56.88)	3:42.12 (1:53.09)		

Event 9 Men 18-24 200 SC Meter IM

1	Stephen Murphy	23	Olympos Marlins	2:12.93	2:11.62
	28.92	1:03.54 (34.62)	1:40.42 (36.88)	2:11.62 (31.20)	
2	Edmund Salt	23	Birmingham Masters	2:26.00	2:24.44
	31.35	1:09.00 (37.65)	1:50.51 (41.51)	2:24.44 (33.93)	

Event 9 Men 25-29 200 SC Meter IM

1	Alexander Chklar	27	Swindon Dolphins	2:25.00	2:28.46
	31.62	1:11.72 (40.10)	1:53.10 (41.38)	2:28.46 (35.36)	

Event 9 Men 30-34 200 SC Meter IM

1	Oscar Rincon	30	Camden Swiss Cottage S.C.	2:30.00	2:23.49
	30.99	1:08.03 (37.04)	1:48.57 (40.54)	2:23.49 (34.92)	

Event 9 Men 35-39 200 SC Meter IM

1	John Male	36	Aylesbury & District	2:46.65	2:49.49
	35.34	1:18.79 (43.45)	2:11.01 (52.22)	2:49.49 (38.48)	
2	Clive Smith	39	Etwall Eagles	3:05.00	3:08.61
	42.51	1:33.95 (51.44)	2:25.50 (51.55)	3:08.61 (43.11)	

Event 9 Men 40-44 200 SC Meter IM

1	Andrew Carr	42	Cleethorpes & District	2:30.00	2:38.36
	32.34	1:12.77 (40.43)	1:58.04 (45.27)	2:38.36 (40.32)	
2	Gregory Cliffe	40	Cleethorpes & District	3:30.00	3:16.08
	38.49	1:28.95 (50.46)	2:30.29 (1:01.34)	3:16.08 (45.79)	
3	Daniele Davini	41	Acquatic Forum Roma	3:25.00	3:22.85
	45.70	2:37.56 (1:51.86)	3:47.62 (1:10.06)	3:22.85 ()	

Event 9 Men 45-49 200 SC Meter IM

1	Colin Leiper	49	Birmingham Masters	2:46.00	2:50.51
	34.32	1:19.87 (45.55)	2:12.38 (52.51)	2:50.51 (38.13)	
2	Mark Partridge	45	Stroud Masters	2:45.00	2:54.70
	35.95	1:21.95 (46.00)	2:12.75 (50.80)	2:54.70 (41.95)	

Event 9 Men 50-54 200 SC Meter IM

1	David Shamp	50	Dorking	2:45.50	2:46.27
	34.68	1:18.45 (43.77)	2:07.37 (48.92)	2:46.27 (38.90)	
2	Thomas Morrow	52	City of Milton Keynes	2:54.50	2:49.77
	36.55	1:26.77 (50.22)	2:11.47 (44.70)	2:49.77 (38.30)	
3	Nick Matthews	50	Bradford-On-Avon	2:50.00	2:53.17
	37.42	1:24.81 (47.39)	2:13.22 (48.41)	2:53.17 (39.95)	

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 9 Men 60-64 200 SC Meter IM**

1	Derek Parr	64	Broomfield Park	3:10.00	3:01.07
	34.20	1:25.07 (50.87)	2:20.69 (55.62)	3:01.07 (40.38)	

Event 9 Men 65-69 200 SC Meter IM

1	Bill Letch	68	Exmouth S & L S S	3:00.00	3:02.12
	36.78	1:24.93 (48.15)	2:21.76 (56.83)	3:02.12 (40.36)	
2	Tony Cherrington	66	Gloucester Masters	3:02.00	3:02.87
	37.14	1:26.65 (49.51)	2:24.03 (57.38)	3:02.87 (38.84)	
3	Keith Ingram	68	Birmingham Masters	3:06.67	3:05.20
	39.56	1:30.44 (50.88)	2:24.29 (53.85)	3:05.20 (40.91)	
4	Garfield Thomas	68	Bridgend	3:20.00	3:26.74
	40.19	1:36.17 (55.98)	2:39.01 (1:02.84)	3:26.74 (47.73)	
5	Andrew Fawcett	65	Cardiff Masters	3:30.00	3:29.56
	44.68	1:44.75 (1:00.07)	2:42.90 (58.15)	3:29.56 (46.66)	

Event 9 Men 75-79 200 SC Meter IM

1	Robert Curr	79	Serpentine	5:30.00	5:29.91
	1:12.91	2:39.09 (1:26.18)	4:07.69 (1:28.60)	5:29.91 (1:22.22)	

Event 10 Women 25-29 400 SC Meter IM

1	Jane Edmondson	25	Barnet Copthall	5:59.99	5:50.66
	36.51	1:20.02 (43.51)	2:06.22 (46.20)	2:51.25 (45.03)	
	3:42.30 (51.05)	4:30.59 (48.29)	5:12.37 (41.78)	5:50.66 (38.29)	

Event 10 Women 30-34 400 SC Meter IM

1	Gina Hobson	31	Otter	5:50.00	5:37.04
	35.17	1:16.66 (41.49)	1:59.49 (42.83)	2:42.99 (43.50)	
	3:32.45 (49.46)	4:22.58 (50.13)	5:00.35 (37.77)	5:37.04 (36.69)	
2	Suzanne Hurst	34	Birmingham Masters	6:03.50	5:50.89
	38.23	1:23.21 (44.98)	2:06.26 (43.05)	2:49.56 (43.30)	
	3:43.11 (53.55)	4:35.44 (52.33)	5:14.02 (38.58)	5:50.89 (36.87)	
3	Susan Mc Gregor	34	Teddington	6:40.00	6:40.20
	42.77	1:34.83 (52.06)	2:24.97 (50.14)	3:14.03 (49.06)	
	4:11.76 (57.73)	5:09.70 (57.94)	5:55.60 (45.90)	6:40.20 (44.60)	

Event 10 Women 40-44 400 SC Meter IM

1	Jane Mc Menemy	40	Otter	5:40.00	5:44.37
	35.90	1:17.80 (41.90)	2:04.38 (46.58)	2:50.66 (46.28)	
	3:40.35 (49.69)	4:29.91 (49.56)	5:07.46 (37.55)	5:44.37 (36.91)	

Event 10 Women 45-49 400 SC Meter IM

1	Dina Thornton	45	Diss Otters	6:30.70	6:40.74
	42.79	1:30.43 (47.64)	2:25.22 (54.79)	3:20.05 (54.83)	
	4:13.55 (53.50)	5:09.34 (55.79)	5:55.40 (46.06)	6:40.74 (45.34)	
2	Jacqueline Patel	48	Kings Cormorants	7:18.04	7:13.45
	49.75	1:46.59 (56.84)	2:49.29 (1:02.70)	3:50.44 (1:01.15)	
	4:45.10 (54.66)	5:41.01 (55.91)	6:29.30 (48.29)	7:13.45 (44.15)	

Event 10 Women 50-54 400 SC Meter IM

1	Amanda Heath	51	Spencer	6:00.00	6:03.66
	37.84	1:21.02 (43.18)	2:10.34 (49.32)	2:59.75 (49.41)	
	3:49.88 (50.13)	4:40.06 (50.18)	5:22.58 (42.52)	6:03.66 (41.08)	
2	Amanda Doyle	52	Dorking	6:55.00	6:44.66
	44.86	1:37.83 (52.97)	2:29.67 (51.84)	3:21.49 (51.82)	
	4:20.44 (58.95)	5:19.01 (58.57)	6:01.96 (42.95)	6:44.66 (42.70)	
3	Lorraine Crook	54	Caldicot	8:18.09	8:11.98
	54.30	1:57.45 (1:03.15)	3:02.79 (1:05.34)	4:06.06 (1:03.27)	
	5:12.95 (1:06.89)	6:18.31 (1:05.36)	7:14.43 (56.12)	8:11.98 (57.55)	

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Event 10 Women 55-59 400 SC Meter IM

1	Sue Haigh	56	Tiverton	6:20.00	<u>6:13.52 British Record</u>
	39.32	1:24.15 (44.83)	2:13.97 (49.82)	3:03.73 (49.76)	
	3:57.33 (53.60)	4:52.37 (55.04)	5:33.74 (41.37)	6:13.52 (39.78)	

Event 10 Women 60-64 400 SC Meter IM

1	Julie Crayford	60	C L A M S	6:55.17	6:56.86
	44.76	1:39.29 (54.53)	2:36.60 (57.31)	3:31.54 (54.94)	
	4:27.97 (56.43)	5:24.24 (56.27)	6:11.78 (47.54)	6:56.86 (45.08)	

Event 10 Women 65-69 400 SC Meter IM

1	Georgie Hamilton	65	Barnet Copthall	7:30.00	7:38.38
	53.63	1:52.47 (58.84)	2:53.05 (1:00.58)		
	4:54.62 ()	5:56.49 (1:01.87)	6:47.96 (51.47)	7:38.38 (50.42)	

Event 10 Women 75-79 400 SC Meter IM

---	Jane Asher	77	Kings Cormorants	8:00.00	DQ alternating Leg action
	56.89	2:03.45 (1:06.56)	3:03.60 (1:00.15)	4:02.40 (58.80)	
	5:09.39 (1:06.99)	6:15.89 (1:06.50)	7:02.92 (47.03)	DQ (46.32)	

Event 11 Men 40-44 400 SC Meter IM

1	Andrew Carr	42	Cleethorpes & District	5:30.00	5:25.12
	33.49	1:12.83 (39.34)	1:54.66 (41.83)	2:37.60 (42.94)	
	3:21.95 (44.35)	4:08.63 (46.68)	4:47.33 (38.70)	5:25.12 (37.79)	
2	Richard Searle	44	Stroud Masters	5:50.00	5:31.18
	35.14	1:15.46 (40.32)	1:56.40 (40.94)	2:37.74 (41.34)	
	3:25.98 (48.24)	4:15.15 (49.17)	4:53.88 (38.73)	5:31.18 (37.30)	
3	Andrew Gristwood	44	Cleethorpes & District	5:31.00	5:41.15
	35.38	1:16.87 (41.49)	2:02.22 (45.35)	2:46.86 (44.64)	
		4:31.12 ()	5:07.34 (36.22)	5:41.15 (33.81)	
4	Kevin Lief	41	Barnet Copthall	5:53.00	5:43.09
	37.04	1:17.92 (40.88)	2:05.56 (47.64)	2:51.27 (45.71)	
	3:37.68 (46.41)	4:25.02 (47.34)	5:04.49 (39.47)	5:43.09 (38.60)	

Event 11 Men 45-49 400 SC Meter IM

1	Adam Lelean	46	Diss Otters	5:58.00	5:54.07
	37.40	1:20.90 (43.50)	2:09.69 (48.79)	2:57.00 (47.31)	
	3:47.43 (50.43)	4:38.85 (51.42)	5:16.74 (37.89)	5:54.07 (37.33)	
2	Colin Leiper	49	Birmingham Masters	6:10.00	6:11.85
	35.32	1:19.25 (43.93)	2:09.74 (50.49)	2:58.72 (48.98)	
	3:55.40 (56.68)	4:50.91 (55.51)	5:31.43 (40.52)	6:11.85 (40.42)	

Event 11 Men 65-69 400 SC Meter IM

1	Andrew Fawcett	65	Cardiff Masters	7:45.00	7:43.87
	49.32	1:44.74 (55.42)	2:49.12 (1:04.38)	3:50.78 (1:01.66)	
	4:56.65 (1:05.87)	6:02.16 (1:05.51)	6:53.40 (51.24)	7:43.87 (50.47)	
2	Paul Clarke	66	Luton	7:59.00	8:05.90
	55.43	1:54.89 (59.46)	3:02.14 (1:07.25)	4:05.75 (1:03.61)	
	5:10.30 (1:04.55)	6:13.95 (1:03.65)	7:11.09 (57.14)	8:05.90 (54.81)	
3	Jim Peto	65	Wellingborough	9:30.00	8:58.54
	58.16	2:15.84 (1:17.68)	3:27.21 (1:11.37)	4:39.44 (1:12.23)	
	5:53.48 (1:14.04)	7:06.76 (1:13.28)	8:03.66 (56.90)	8:58.54 (54.88)	

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 12 Women 25-29 100 SC Meter Backstroke**

1	Sachika Yamawaki	27	Barnet Copthall	1:12.00	1:13.10
	36.17	1:13.10	(36.93)		
2	Lisa Wujec	27	Otter	1:30.00	1:21.63
	40.39	1:21.63	(41.24)		
3	Louisa Wallace	27	Kettering	1:22.50	1:24.55
	41.50	1:24.55	(43.05)		
4	Carrie Jurgenson	29	Camden Swiss Cottage S.C.	1:45.00	1:31.96
	43.67	1:31.96	(48.29)		

Event 12 Women 30-34 100 SC Meter Backstroke

1	Helen Rolle	33	Etwall Eagles	1:18.50	1:18.69
	38.41	1:18.69	(40.28)		

Event 12 Women 35-39 100 SC Meter Backstroke

1	Maria Gibson	36	Runnymede	1:20.00	1:21.18
	39.18	1:21.18	(42.00)		
2	Lucy Robinson	37	Barnet Copthall	1:23.21	1:22.24
	39.98	1:22.24	(42.26)		
3	Katrina Farrall	38	Basildon & District	1:20.00	1:22.33
	39.37	1:22.33	(42.96)		
4	Sarah Chamberlain	37	City of Cambridge	1:22.74	1:23.50
	41.04	1:23.50	(42.46)		
5	Jude Caamano	38	Barnet Copthall	1:26.45	1:27.35
	41.46	1:27.35	(45.89)		

Event 12 Women 40-44 100 SC Meter Backstroke

1	Hilary Coulson	41	Berkhamsted Sports Centre	1:30.01	1:26.29
	41.75	1:26.29	(44.54)		
2	Tracy Holden	42	Berkhamsted Sports Centre	2:00.00	1:42.34
	50.84	1:42.34	(51.50)		
3	Jacqueline Farrow	44	Kettering	1:58.85	2:03.84
	1:00.72	2:03.84	(1:03.12)		

Event 12 Women 45-49 100 SC Meter Backstroke

1	Rebecca Jenkinson	45	Tiverton	1:24.50	1:22.87
	41.00	1:22.87	(41.87)		
2	Jacqueline Patel	48	Kings Cormorants	1:52.48	1:56.49
	57.67	1:56.49	(58.82)		

Event 12 Women 50-54 100 SC Meter Backstroke

1	Karen Butterworth	50	Harrow & Wealdstone	1:49.31	1:44.89
	49.49	1:44.89	(55.40)		
2	Karen Brown	53	West London Penguins	1:56.48	1:59.70
	58.46	1:59.70	(1:01.24)		

Event 12 Women 55-59 100 SC Meter Backstroke

1	Marianne Davey	55	Dorking	1:51.00	1:51.10
	56.17	1:51.10	(54.93)		
2	Sally Lelean	57	Diss Otters	1:55.00	1:54.01
	56.80	1:54.01	(57.21)		

Event 12 Women 60-64 100 SC Meter Backstroke

1	Jean Thomas	64	Wellingborough	2:31.30	2:33.16
	1:14.56	2:33.16	(1:18.60)		

Event 12 Women 80-84 100 SC Meter Backstroke

1	Susan Halter	81	Camden Swiss Cottage S.C.	2:22.00	2:23.33
	1:08.45	2:23.33	(1:14.88)		

Event 13 Men 18-24 100 SC Meter Backstroke

1	Stephen Murphy	23	Olympos Marlins	1:00.91	1:00.77
	29.67	1:00.77	(31.10)		
2	Andruskevicius Mindaugas	22	Otter	1:03.00	1:05.82
	31.67	1:05.82	(34.15)		

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 13 Men 25-29 100 SC Meter Backstroke**

1	David Gelb	27	Barnet Copthall	1:04.00	1:03.59
	30.58	1:03.59	(33.01)		
2	Craig Coley	29	Birmingham Masters	1:08.04	1:15.61
	35.83	1:15.61	(39.78)		

Event 13 Men 30-34 100 SC Meter Backstroke

1	Oscar Rincon	30	Camden Swiss Cottage S.C.	1:12.00	1:08.95
	33.51	1:08.95	(35.44)		
2	Chris Rolle	34	Etwell Eagles	1:11.00	1:11.53
	34.52	1:11.53	(37.01)		
3	Dominic Ranaraja	30	Acton	1:27.00	1:34.34
	45.55	1:34.34	(48.79)		

Event 13 Men 35-39 100 SC Meter Backstroke

1	Paul Allen	36	Brighton	1:05.68	1:06.74
	32.50	1:06.74	(34.24)		
2	Steve Langford	39	Birmingham Masters	1:14.27	1:14.01
	36.17	1:14.01	(37.84)		

Event 13 Men 40-44 100 SC Meter Backstroke

1	Martin Hawley	44	Ealing	1:16.66	1:19.63
	38.75	1:19.63	(40.88)		

Event 13 Men 45-49 100 SC Meter Backstroke

1	George Droungas	47	Barnet Copthall	1:30.00	1:26.40
	40.29	1:26.40	(46.11)		

Event 13 Men 50-54 100 SC Meter Backstroke

1	Graham Powell	52	Luton	1:09.70	1:11.67
	34.29	1:11.67	(37.38)		
2	David Shamp	50	Dorking	1:21.00	1:17.51
	36.74	1:17.51	(40.77)		

Event 13 Men 55-59 100 SC Meter Backstroke

1	Len Phoenix	59	Diss Otters	1:28.27	1:28.77
	43.29	1:28.77	(45.48)		
2	Steve Bratt	58	Otter	1:38.00	1:31.10
	43.72	1:31.10	(47.38)		
3	David Pitcock	59	Barnet Copthall	1:38.00	1:37.67
	46.75	1:37.67	(50.92)		

Event 13 Men 65-69 100 SC Meter Backstroke

1	Tony Cherrington	66	Gloucester Masters	1:25.00	1:23.86
	40.35	1:23.86	(43.51)		
2	Bill Letch	68	Exmouth S & L S S	1:28.00	1:26.05
	42.65	1:26.05	(43.40)		
3	Nigel Salsbury	68	Reading	1:28.00	1:29.13
	42.92	1:29.13	(46.21)		
4	Bruce Thompson	66	Barnet Copthall	1:40.50	1:41.63
	48.67	1:41.63	(52.96)		
5	Garfield Thomas	68	Bridgend	1:42.00	1:43.97
	51.36	1:43.97	(52.61)		

Event 13 Men 70-74 100 SC Meter Backstroke

1	Janos Leigh	74	Romford Town	1:52.00	1:48.42
2	Richard Skerrett	73	Carmarthenshire Masters	2:35.00	2:45.12
	1:23.61	2:45.12	(1:21.51)		

Event 13 Men 75-79 100 SC Meter Backstroke

1	Richard Harding	75	Spencer	1:53.00	1:57.09
	56.53	1:57.09	(1:00.56)		
2	Peter Pollard	78	Kings Cormorants	2:10.00	2:06.78
	58.24	2:06.78	(1:08.54)		

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3	Robert Curr	79	Serpentine	2:30.00	2:22.11
				1:03.94	2:22.11 (1:18.17)

Event 14 Women 25-29 200 SC Meter Freestyle

1	Kathryn Fletcher	28	City of Oxford	2:28.00	2:31.24
				34.80	1:13.28 (38.48) 1:53.16 (39.88) 2:31.24 (38.08)
2	Emily Swain	25	Aylesbury & District	2:30.00	2:31.51
				35.75	1:13.82 (38.07) 1:52.79 (38.97) 2:31.51 (38.72)
3	Carrie Jurgenson	29	Camden Swiss Cottage S.C.	3:00.00	2:55.14
				39.85	1:23.26 (43.41) 2:08.98 (45.72) 2:55.14 (46.16)
4	Claire Mc Mahon	28	Barnet Copthall	2:58.00	3:00.15
				39.59	1:23.85 (44.26) 2:11.23 (47.38) 3:00.15 (48.92)
---	Emma Harvey	29	Barnet Copthall	2:27.15	DQ False Start
				33.62	1:10.51 (36.89) 1:47.79 (37.28) DQ (36.49)

Event 14 Women 30-34 200 SC Meter Freestyle

1	Irina Gillham	32	Spencer	2:46.49	2:47.01
				38.07	1:21.31 (43.24) 2:05.78 (44.47) 2:47.01 (41.23)

Event 14 Women 35-39 200 SC Meter Freestyle

1	Karen O' Dea	39	Ruislip & Northwood	2:30.00	2:32.93
				33.74	1:12.65 (38.91) 1:53.13 (40.48) 2:32.93 (39.80)
2	Tracey Kain	38	Acton	2:38.59	2:39.50
				36.21	1:16.57 (40.36) 1:58.32 (41.75) 2:39.50 (41.18)
3	Amanda Goodman	38	Basildon & District	2:49.00	2:40.30
				35.42	1:15.31 (39.89) 1:57.28 (41.97) 2:40.30 (43.02)
4	Rachael Coleman	35	Barnet Copthall	3:14.56	2:57.55
				43.32	1:31.12 (47.80) 2:16.31 (45.19) 2:57.55 (41.24)

Event 14 Women 40-44 200 SC Meter Freestyle

1	Helen Gray	42	Dartford District	2:29.03	2:27.36
				34.00	1:11.91 (37.91) 1:50.17 (38.26) 2:27.36 (37.19)
2	Tracy Holden	42	Berkhamsted Sports Centre	2:50.00	3:04.06
				40.42	1:25.91 (45.49) 2:15.45 (49.54) 3:04.06 (48.61)
3	Jacqueline Farrow	44	Kettering	3:47.59	3:44.81
				49.47	1:46.93 (57.46) 2:46.61 (59.68) 3:44.81 (58.20)

Event 14 Women 45-49 200 SC Meter Freestyle

1	Carolyn Riley	47	Cleethorpes & District	2:40.00	2:41.78
				36.12	1:16.85 (40.73) 2:00.01 (43.16) 2:41.78 (41.77)
2	Dina Thornton	45	Diss Otters	2:40.32	2:47.25
				38.12	1:20.98 (42.86) 2:05.43 (44.45) 2:47.25 (41.82)

Event 14 Women 50-54 200 SC Meter Freestyle

1	Linda Brown	50	Spencer	2:35.00	2:33.88
				35.79	1:15.15 (39.36) 1:55.14 (39.99) 2:33.88 (38.74)
2	Amanda Heath	51	Spencer	2:34.00	2:36.63
				36.22	1:15.62 (39.40) 1:56.40 (40.78) 2:36.63 (40.23)
3	Christine Gillard	52	Newark	2:54.34	2:53.60
				39.01	1:22.38 (43.37) 2:09.40 (47.02) 2:53.60 (44.20)
4	Karen Butterworth	50	Harrow & Wealdstone	3:19.84	3:18.71
				45.17	1:35.76 (50.59) 2:28.23 (52.47) 3:18.71 (50.48)
5	Helen O' Leary	54	N.A.C. Masters (Ireland)	4:24.00	4:19.49
				1:01.86	2:06.62 (1:04.76) 3:14.29 (1:07.67) 4:19.49 (1:05.20)

Event 14 Women 55-59 200 SC Meter Freestyle

1	Jan Trott	55	Barnet Copthall	3:45.00	3:13.09
				42.98	1:30.96 (47.98) 2:21.43 (50.47) 3:13.09 (51.66)
2	Marianne Davey	55	Dorking	3:22.00	3:20.43
				45.97	1:37.52 (51.55) 2:30.28 (52.76) 3:20.43 (50.15)
3	Liz Neale	56	City of Milton Keynes	3:27.49	3:23.64
				45.47	1:36.65 (51.18) 2:30.27 (53.62) 3:23.64 (53.37)

Event 14 Women 60-64 200 SC Meter Freestyle

1	Lee Mac Donald	60	Diss Otters	3:24.32	3:29.43
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47.14 1:39.89 (52.75) 2:34.88 (54.99) 3:29.43 (54.55)

Event 14 Women 65-69 200 SC Meter Freestyle

1	Ann Broomfield	66	St Albans Masters	4:20.00	4:21.38
				59.41 2:06.77 (1:07.36)	3:14.83 (1:08.06) 4:21.38 (1:06.55)

Event 14 Women 75-79 200 SC Meter Freestyle

1	Pauline Wilkinson	75	Spencer	4:20.00	4:38.49
				1:03.26 2:15.20 (1:11.94)	3:29.66 (1:14.46) 4:38.49 (1:08.83)

Event 15 Men 25-29 200 SC Meter Freestyle

1	David Roberts	27	Otter	2:04.00	2:03.71
				28.89 1:00.27 (31.38)	1:32.30 (32.03) 2:03.71 (31.41)
2	Paul Hembrow	28	Teddington	2:06.00	2:07.22
				29.00 1:01.00 (32.00)	1:34.48 (33.48) 2:07.22 (32.74)

Event 15 Men 30-34 200 SC Meter Freestyle

1	Ben Jesse	32	Camden Swiss Cottage S.C.	2:16.76	2:17.78
				31.00 1:05.31 (34.31)	1:41.44 (36.13) 2:17.78 (36.34)

Event 15 Men 35-39 200 SC Meter Freestyle

1	Steve Langford	39	Birmingham Masters	2:30.38	2:28.06
				32.44 1:09.68 (37.24)	1:49.75 (40.07) 2:28.06 (38.31)
2	Clive Smith	39	Etwell Eagles	2:40.00	2:40.79
				34.91 1:15.33 (40.42)	1:58.72 (43.39) 2:40.79 (42.07)
3	John O'Rourke	39	Luton	2:45.02	2:43.07
				38.35 1:19.29 (40.94)	2:01.59 (42.30) 2:43.07 (41.48)

Event 15 Men 40-44 200 SC Meter Freestyle

1	Sean Mc Quaid	40	Barnet Copthall	2:08.00	2:07.72
				29.45 1:01.96 (32.51)	1:35.00 (33.04) 2:07.72 (32.72)
2	Matthew James	42	Cleethorpes & District	2:25.00	2:30.58
				34.10 1:12.69 (38.59)	1:52.30 (39.61) 2:30.58 (38.28)
3	Gregory Cliffe	40	Cleethorpes & District	2:45.00	2:35.24
				34.19 1:12.26 (38.07)	1:52.89 (40.63) 2:35.24 (42.35)

Event 15 Men 45-49 200 SC Meter Freestyle

1	Mark Reynolds	45	Barnet Copthall	2:02.00	2:04.78
				28.61 59.60 (30.99)	1:31.88 (32.28) 2:04.78 (32.90)
2	Colin Leiper	49	Birmingham Masters	2:23.00	2:31.02
				33.87 1:11.43 (37.56)	1:52.00 (40.57) 2:31.02 (39.02)

Event 15 Men 50-54 200 SC Meter Freestyle

1	Jim Hunt	50	Birmingham Masters	2:50.00	2:46.83
				39.54 1:22.51 (42.97)	2:05.42 (42.91) 2:46.83 (41.41)
2	Thomas Morrow	52	City of Milton Keynes	2:58.50	2:56.35
				41.09 1:26.02 (44.93)	2:11.06 (45.04) 2:56.35 (45.29)

Event 15 Men 55-59 200 SC Meter Freestyle

1	Martin Appleby	55	Barnet Copthall	2:50.01	2:41.90
				37.79 1:19.45 (41.66)	2:02.67 (43.22) 2:41.90 (39.23)
2	Len Phoenix	59	Diss Otters	2:39.11	2:45.10
				36.29 1:16.98 (40.69)	2:01.09 (44.11) 2:45.10 (44.01)

Event 15 Men 60-64 200 SC Meter Freestyle

1	Duncan Mc Creadie	63	Maidenhead	2:18.00	2:20.62
				32.74 1:08.58 (35.84)	1:44.94 (36.36) 2:20.62 (35.68)
2	Dave Hembrow	61	Teddington	2:27.00	2:28.43
				33.21 1:11.00 (37.79)	1:50.02 (39.02) 2:28.43 (38.41)
3	Roger Phillips	64	Otter	2:41.80	2:41.95
				39.68 1:20.51 (40.83)	2:02.17 (41.66) 2:41.95 (39.78)

Event 15 Men 65-69 200 SC Meter Freestyle

1	Geoff Stokes	69	Rushmoor Royals	2:33.00	2:34.16
				36.24 1:15.72 (39.48)	1:55.52 (39.80) 2:34.16 (38.64)

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2	Keith Ingram	68	Birmingham Masters	2:40.16	2:38.42
	35.45	1:14.99 (39.54)	1:56.67 (41.68)	2:38.42 (41.75)	
3	Paul Clarke	66	Luton	3:28.00	3:29.88
	43.92	1:37.64 (53.72)	2:35.37 (57.73)	3:29.88 (54.51)	

Event 15 Men 70-74 200 SC Meter Freestyle

1	Richard Skerrett	73	Carmarthenshire Masters	4:42.00	4:46.35
		1:03.02	2:17.75 (1:14.73)	3:35.32 (1:17.57)	4:46.35 (1:11.03)

Event 15 Men 75-79 200 SC Meter Freestyle

1	Richard Harding	75	Spencer	4:00.00	4:16.83
		55.81	4:16.83 (3:21.02)		

Event 16 Women 35-39 200 SC Meter Butterfly

1	Nicola Latty	37	Oundle & District	2:28.50	2:30.74
		35.02	1:13.15 (38.13)	1:52.63 (39.48)	2:30.74 (38.11)

Event 16 Women 40-44 200 SC Meter Butterfly

1	Sandra Jones	44	Gloucester Masters	2:50.00	2:47.52
		38.65	1:21.61 (42.96)	2:05.64 (44.03)	2:47.52 (41.88)
2	Lynne Dawson	41	Chapelton	3:40.00	3:35.76
		47.07	1:42.83 (55.76)	2:40.70 (57.87)	3:35.76 (55.06)
3	Denise Cuer	40	Caldicot	4:03.20	4:08.08
		53.91	1:59.78 (1:05.87)	3:07.20 (1:07.42)	4:08.08 (1:00.88)

Event 16 Women 45-49 200 SC Meter Butterfly

1	Jacqueline Patel	48	Kings Cormorants	3:32.31	3:47.07
		50.89	1:48.49 (57.60)	2:49.57 (1:01.08)	3:47.07 (57.50)

Event 16 Women 50-54 200 SC Meter Butterfly

1	Lesley Cook	50	Otter	3:35.00	3:21.34
		41.39	1:30.77 (49.38)	2:26.97 (56.20)	3:21.34 (54.37)
2	Ruth Lowe	51	Etwall Eagles	3:35.00	3:33.96
		46.26	1:40.47 (54.21)	2:37.69 (57.22)	3:33.96 (56.27)
3	Christine Gillard	52	Newark	3:49.96	3:45.07
		46.37	1:47.11 (1:00.74)	2:48.47 (1:01.36)	3:45.07 (56.60)
4	Lorraine Crook	54	Caldicot	4:02.44	4:09.25
		55.28	1:59.57 (1:04.29)	3:05.83 (1:06.26)	4:09.25 (1:03.42)

Event 16 Women 65-69 200 SC Meter Butterfly

1	Georgie Hamilton	65	Barnet Copthall	3:48.00	3:58.09
		55.42	1:54.64 (59.22)	2:58.24 (1:03.60)	3:58.09 (59.85)

Event 17 Men 35-39 200 SC Meter Butterfly

1	Julio Martinez	38	Camden Swiss Cottage S.C.	2:38.00	2:35.29
		34.98	1:13.33 (38.35)	1:54.09 (40.76)	2:35.29 (41.20)

Event 17 Men 40-44 200 SC Meter Butterfly

1	Duncan Hartley	40	Barnet Copthall	2:35.00	2:30.99
		34.17	1:12.83 (38.66)	1:52.02 (39.19)	2:30.99 (38.97)
2	Andrew Gristwood	44	Cleethorpes & District	2:38.00	2:46.81
		37.46	1:21.16 (43.70)	2:04.38 (43.22)	2:46.81 (42.43)

Event 17 Men 60-64 200 SC Meter Butterfly

1	Derek Parr	64	Broomfield Park	3:00.00	2:50.72
		38.52	1:21.00 (42.48)	2:06.49 (45.49)	2:50.72 (44.23)

Event 18 Women 25-29 100 SC Meter Butterfly

1	Jane Edmondson	25	Barnet Copthall	1:16.00	1:16.44
		35.95	1:16.44 (40.49)		
2	Lisa Wujec	27	Otter	1:35.00	1:21.66
		38.52	1:21.66 (43.14)		

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 18 Women 30-34 100 SC Meter Butterfly**

1	Lisa Dawson	30	Barnet Copthall	1:15.00	1:15.41
	37.12	1:15.41	(38.29)		
2	Irina Gillham	32	Spencer	1:35.21	1:40.41
	48.95	1:40.41	(51.46)		
3	Suzy White	31	Romford Town	1:29.00	1:42.01
	45.22	1:42.01	(56.79)		

Event 18 Women 35-39 100 SC Meter Butterfly

1	Nicola Latty	37	Oundle & District	1:10.20	1:11.77
	34.76	1:11.77	(37.01)		
2	Katrina Farrall	38	Basildon & District	1:20.00	1:19.76
	36.40	1:19.76	(43.36)		
3	Cheryl Sacks	37	Broomfield Park	1:40.00	1:43.30
	46.76	1:43.30	(56.54)		

Event 18 Women 40-44 100 SC Meter Butterfly

1	Sandra Jones	44	Gloucester Masters	1:13.50	1:13.27
	34.85	1:13.27	(38.42)		
2	Denise Cuer	40	Caldicot	1:49.89	1:40.47
	47.86	1:40.47	(52.61)		
3	Hilary Coulson	41	Berkhamsted Sports Centre	1:40.01	1:40.78
	44.06	1:40.78	(56.72)		

Event 18 Women 45-49 100 SC Meter Butterfly

1	Jacqueline Patel	48	Kings Cormorants	1:37.84	1:43.02
	48.41	1:43.02	(54.61)		

Event 18 Women 50-54 100 SC Meter Butterfly

1	Amanda Heath	51	Spencer	1:18.00	1:17.47
	35.99	1:17.47	(41.48)		
2	Linda Brown	50	Spencer	1:20.00	1:19.02
	36.89	1:19.02	(42.13)		
3	Christine Gillard	52	Newark	1:40.40	1:40.24
	44.65	1:40.24	(55.59)		
4	Lorraine Crook	54	Caldicot	1:54.52	1:58.22
	54.89	1:58.22	(1:03.33)		
5	Helen O' Leary	54	N.A.C. Masters (Ireland)	2:41.00	2:57.52
	1:27.02	2:57.52	(1:30.50)		

Event 18 Women 55-59 100 SC Meter Butterfly

1	Sue Haigh	56	Tiverton	1:24.00	1:23.69
	39.04	1:23.69	(44.65)		

Event 18 Women 65-69 100 SC Meter Butterfly

1	Georgie Hamilton	65	Barnet Copthall	1:39.00	1:41.00
	48.06	1:41.00	(52.94)		

Event 18 Women 75-79 100 SC Meter Butterfly

1	Jane Asher	77	Kings Cormorants	1:50.00	2:00.86
	57.25	2:00.86	(1:03.61)		

Event 19 Men 25-29 100 SC Meter Butterfly

1	David Roberts	27	Otter	1:01.23	1:02.83
	28.78	1:02.83	(34.05)		

Event 19 Men 30-34 100 SC Meter Butterfly

1	Oscar Rincon	30	Camden Swiss Cottage S.C.	1:05.00	1:03.83
	29.86	1:03.83	(33.97)		
2	Ben Jesse	32	Camden Swiss Cottage S.C.	1:06.18	1:06.27
	30.69	1:06.27	(35.58)		

Event 19 Men 35-39 100 SC Meter Butterfly

1	Steve Langford	39	Birmingham Masters	1:18.38	1:16.05
	33.93	1:16.05	(42.12)		

Masters Distance Meet – Saturday 19th - Sunday 20th July 2008**Event 19 Men 40-44 100 SC Meter Butterfly**

1	Steven Ong	44	St Albans Masters	1:12.00	1:08.96
	33.38			1:08.96 (35.58)	

Event 19 Men 45-49 100 SC Meter Butterfly

1	Adam Lelean	46	Diss Otters	1:15.00	1:18.53
	36.37			1:18.53 (42.16)	

Event 19 Men 60-64 100 SC Meter Butterfly

1	Derek Parr	64	Broomfield Park	1:15.00	1:14.30
	34.95			1:14.30 (39.35)	

Event 19 Men 65-69 100 SC Meter Butterfly

1	Bill Letch	68	Exmouth S & L S S	1:20.00	1:19.24
	36.99			1:19.24 (42.25)	
2	Keith Ingram	68	Birmingham Masters	1:25.99	1:24.12
	37.65			1:24.12 (46.47)	
3	Paul Clarke	66	Luton	1:47.00	1:46.88
	50.62			1:46.88 (56.26)	

Event 20 Women 18-24 200 SC Meter Breaststroke

1	Julie Sapsford	24	Camden Swiss Cottage S.C.	2:59.00	3:09.77
	43.46			1:32.10 (48.64)	2:21.91 (49.81)
					3:09.77 (47.86)

Event 20 Women 25-29 200 SC Meter Breaststroke

1	Michelle Williams	28	Camden Swiss Cottage S.C.	4:10.00	3:55.60
	52.57			1:51.30 (58.73)	2:55.61 (1:04.31)
					3:55.60 (59.99)

Event 20 Women 35-39 200 SC Meter Breaststroke

1	Sharon Lock	39	Melton Mowbray	3:05.68	3:04.89
	41.34			1:28.54 (47.20)	2:17.45 (48.91)
					3:04.89 (47.44)
2	Karen O' Dea	39	Ruislip & Northwood	3:04.00	3:05.15
	41.70			1:28.06 (46.36)	2:16.95 (48.89)
					3:05.15 (48.20)
---	Cheryl Sacks	37	Broomfield Park	3:45.00	
	48.84			1:45.19 (56.35)	2:45.39 (1:00.20)DQ (56.80)

**DQ Inc. leg action
feet not turned out**

Event 20 Women 40-44 200 SC Meter Breaststroke

1	Lynne Dawson	41	Chapelton	3:40.00	3:25.54
	45.16			1:37.41 (52.25)	2:32.04 (54.63)
					3:25.54 (53.50)

Event 20 Women 45-49 200 SC Meter Breaststroke

1	Hannah Uekermann	45	Coelacanth (South Africa)	3:04.12	3:05.18
	42.93			1:28.62 (45.69)	2:17.03 (48.41)
					3:05.18 (48.15)
2	Jayne O'Brien	49	Oundle & District	3:04.00	3:07.26
	44.16			1:31.61 (47.45)	2:20.65 (49.04)
					3:07.26 (46.61)
3	Sara Allen	45	Epsom District	4:00.00	3:35.60
	50.02			1:44.52 (54.50)	2:40.78 (56.26)
					3:35.60 (54.82)
4	Jacqueline Patel	48	Kings Cormorants	3:35.00	3:37.40
	50.26			1:47.03 (56.77)	2:42.94 (55.91)
					3:37.40 (54.46)

Event 20 Women 50-54 200 SC Meter Breaststroke

1	Susan Green	52	Camden Swiss Cottage S.C.	3:59.48	4:03.46
	56.86			2:00.22 (1:03.36)	3:01.74 (1:01.52)
					4:03.46 (1:01.72)

Event 20 Women 55-59 200 SC Meter Breaststroke

1	Anne Cork	57	Maidenhead	3:30.00	3:28.32
	46.93			1:38.73 (51.80)	2:33.61 (54.88)
					3:28.32 (54.71)

Event 20 Women 60-64 200 SC Meter Breaststroke

1	Lee Mac Donald	60	Diss Otters	4:19.76	4:29.41
	1:01.81			2:09.87 (1:08.06)	3:21.27 (1:11.40)
					4:29.41 (1:08.14)
---	Jean Thomas	64	Wellingborough	5:12.68	
	1:13.09			2:34.16 (1:21.07)	3:54.43 (1:20.27)DQ (1:18.10)

**DQ Inc. leg action at turn
double leg kick no arm pull**

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1	Diane Ford	65	Rushmoor Royals	3:26.00	3:29.37
	48.14	1:41.79 (53.65)	2:36.85 (55.06)	3:29.37 (52.52)	

Event 20 Women 75-79 200 SC Meter Breaststroke

1	Pauline Wilkinson	75	Spencer	5:20.00	5:38.85
	1:16.73	2:44.86 (1:28.13)	4:14.86 (1:30.00)	5:38.85 (1:23.99)	

Event 21 Men 25-29 200 SC Meter Breaststroke

1	David Gelb	27	Barnet Copthall	2:50.00	2:39.99
	38.15	1:18.29 (40.14)	1:59.53 (41.24)	2:39.99 (40.46)	

Event 21 Men 30-34 200 SC Meter Breaststroke

1	Adam Freer	31	Camden Swiss Cottage S.C.	2:45.88	2:54.67
	38.81	1:22.76 (43.95)	2:07.68 (44.92)	2:54.67 (46.99)	

Event 21 Men 35-39 200 SC Meter Breaststroke

1	Julio Martinez	38	Camden Swiss Cottage S.C.	3:02.00	3:14.75
	42.43	1:31.20 (48.77)	2:23.09 (51.89)	3:14.75 (51.66)	

Event 21 Men 40-44 200 SC Meter Breaststroke

1	Andrew Carr	42	Cleethorpes & District	2:48.70	2:47.35
	37.32	1:19.49 (42.17)	2:03.27 (43.78)	2:47.35 (44.08)	
2	Kevin Lief	41	Barnet Copthall	2:57.50	2:55.39
	38.99	1:23.22 (44.23)	2:08.98 (45.76)	2:55.39 (46.41)	
3	Andrew Gristwood	44	Cleethorpes & District	3:01.00	3:06.73
	42.59	1:30.87 (48.28)	2:17.79 (46.92)	3:06.73 (48.94)	
---	Matthew James	42	Cleethorpes & District	3:05.00	
	42.38	1:29.57 (47.19)	2:19.08 (49.51)	DQ (49.80)	DQ leg kick double dolphin movement

Event 21 Men 45-49 200 SC Meter Breaststroke

1	Bill Gristwood	49	Hartham Masters	3:20.00	3:22.30
	46.03	1:38.36 (52.33)	2:30.49 (52.13)	3:22.30 (51.81)	

Event 21 Men 50-54 200 SC Meter Breaststroke

1	Nick Matthews	50	Bradford-On-Avon	2:59.00	3:03.43
	42.48	1:29.50 (47.02)	2:17.07 (47.57)	3:03.43 (46.36)	
2	Jim Hunt	50	Birmingham Masters	3:30.00	3:25.85
	47.86	1:40.49 (52.63)	2:34.05 (53.56)	3:25.85 (51.80)	

Event 21 Men 70-74 200 SC Meter Breaststroke

1	Richard Skerrett	73	Carmarthenshire Masters	5:00.00	5:00.32
	1:08.60	2:27.86 (1:19.26)	3:45.45 (1:17.59)	5:00.32 (1:14.87)	

Event 21 Men 75-79 200 SC Meter Breaststroke

1	Neil Howell	76	East Anglian Swallowtails	4:32.66	4:40.74
	1:03.22	2:15.48 (1:12.26)	3:29.09 (1:13.61)	4:40.74 (1:11.65)	
2	Robert Curr	79	Serpentine	5:30.00	5:26.93
	1:13.53	2:39.42 (1:25.89)	4:06.01 (1:26.59)	5:26.93 (1:20.92)	

Event 22 Women 25-29 100 SC Meter Freestyle

1	Sachika Yamawaki	27	Barnet Copthall	1:02.00	1:02.93
	30.27	1:02.93 (32.66)			
2	Kathryn Fletcher	28	City of Oxford	1:06.00	1:09.00
	32.73	1:09.00 (36.27)			
3	Claire Mc Mahon	28	Barnet Copthall	1:29.00	1:22.12
	39.38	1:22.12 (42.74)			
4	Michelle Williams	28	Camden Swiss Cottage S.C.	1:35.00	1:35.55
	44.89	1:35.55 (50.66)			

Event 22 Women 30-34 100 SC Meter Freestyle

1	Lisa Dawson	30	Barnet Copthall	1:05.80	1:06.04
	32.42	1:06.04 (33.62)			
2	Irina Gillham	32	Spencer	1:16.05	1:16.37
	37.15	1:16.37 (39.22)			

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3	Suzy White	31	Romford Town	1:19.00	1:22.91
	40.87		1:22.91 (42.04)		

Event 22 Women 35-39 100 SC Meter Freestyle

1	Sarah Chamberlain	37	City of Cambridge	1:07.58	1:08.82
	32.55		1:08.82 (36.27)		
2	Amanda Goodman	38	Basildon & District	1:13.50	1:10.35
	33.90		1:10.35 (36.45)		
3	Maria Gibson	36	Runnymede	1:13.00	1:10.46
	33.81		1:10.46 (36.65)		
4	Rachael Coleman	35	Barnet Copthall	1:25.01	1:11.75
	35.09		1:11.75 (36.66)		
5	Helen Brooks	38	Barnet Copthall	1:15.00	1:18.45
	36.35		1:18.45 (42.10)		

Event 22 Women 40-44 100 SC Meter Freestyle

1	Hilary Coulson	41	Berkhamsted Sports Centre	1:25.00	1:17.86
	36.32		1:17.86 (41.54)		

Event 22 Women 50-54 100 SC Meter Freestyle

1	Amanda Heath	51	Spencer	1:11.00	1:10.89
	34.61		1:10.89 (36.28)		
2	Linda Brown	50	Spencer	1:14.00	1:11.56
	34.49		1:11.56 (37.07)		
3	Christine Gillard	52	Newark	1:18.37	1:17.27
	36.93		1:17.27 (40.34)		
4	Karen Butterworth	50	Harrow & Wealdstone	1:33.09	1:32.12
	43.31		1:32.12 (48.81)		
5	Susan Green	52	Camden Swiss Cottage S.C.	1:36.44	1:35.88
	45.41		1:35.88 (50.47)		
6	Helen O' Leary	54	N.A.C. Masters (Ireland)	2:05.00	2:00.82
	58.50		2:00.82 (1:02.32)		

Event 22 Women 55-59 100 SC Meter Freestyle

1	Jan Trott	55	Barnet Copthall	1:50.00	1:28.35
	42.40		1:28.35 (45.95)		

Event 22 Women 65-69 100 SC Meter Freestyle

1	Ann Broomfield	66	St Albans Masters	2:03.00	2:03.02
	57.89		2:03.02 (1:05.13)		

Event 22 Women 75-79 100 SC Meter Freestyle

1	Pauline Wilkinson	75	Spencer	2:10.00	2:09.73
	1:03.41		2:09.73 (1:06.32)		
2	Elizabeth Braimbridge	75	Camden Swiss Cottage S.C.	2:12.00	2:10.06
	1:02.88		2:10.06 (1:07.18)		

Event 22 Women 80-84 100 SC Meter Freestyle

1	Susan Halter	81	Camden Swiss Cottage S.C.	2:08.00	2:07.78
	58.87		2:07.78 (1:08.91)		

Event 23 Men 18-24 100 SC Meter Freestyle

1	Paul Hickmott	21	Staines	1:04.09	1:05.88
	31.92		1:05.88 (33.96)		

Event 23 Men 25-29 100 SC Meter Freestyle

1	Craig Coley	29	Birmingham Masters	1:00.22	1:01.96
	29.76		1:01.96 (32.20)		
2	Richard Weatherhead	27	Barnet Copthall	1:06.00	1:03.90
	31.26		1:03.90 (32.64)		

Event 23 Men 30-34 100 SC Meter Freestyle

1	Dominic Ranaraja	30	Acton	1:23.00	1:17.36
	37.99		1:17.36 (39.37)		

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1	Steve Langford	39	Birmingham Masters	1:04.84	1:05.66
	31.87	1:05.66	(33.79)		

Event 23 Men 40-44 100 SC Meter Freestyle

1	Sean Mc Quaid	40	Barnet Copthall	58.00	58.21
	27.80	58.21	(30.41)		
2	Steven Ong	44	St Albans Masters	1:03.00	1:02.98
	31.15	1:02.98	(31.83)		
3	Andrew Gristwood	44	Cleethorpes & District	59.99	1:04.68
	31.77	1:04.68	(32.91)		
4	Gregory Cliffe	40	Cleethorpes & District	1:10.00	1:12.25
	33.03	1:12.25	(39.22)		

Event 23 Men 45-49 100 SC Meter Freestyle

1	Mark Reynolds	45	Barnet Copthall	55.50	56.22
	26.94	56.22	(29.28)		
2	George Droungas	47	Barnet Copthall	1:18.50	1:11.26
	32.77	1:11.26	(38.49)		
3	Bill Gristwood	49	Hartham Masters	1:22.00	1:24.43
	40.39	1:24.43	(44.04)		

Event 23 Men 55-59 100 SC Meter Freestyle

1	Martin Appleby	55	Barnet Copthall	1:15.00	1:12.64
	35.78	1:12.64	(36.86)		
2	Steve Bratt	58	Otter	1:20.00	1:14.42
	35.07	1:14.42	(39.35)		
3	David Pitcock	59	Barnet Copthall	1:23.00	1:23.84
	37.47	1:23.84	(46.37)		

Event 23 Men 60-64 100 SC Meter Freestyle

1	Derek Parr	64	Broomfield Park	1:15.00	1:14.36
	35.79	1:14.36	(38.57)		

Event 23 Men 65-69 100 SC Meter Freestyle

1	Bill Letch	68	Exmouth S & L S S	1:07.00	1:07.20
	32.17	1:07.20	(35.03)		
2	Geoff Stokes	69	Rushmoor Royals	1:10.00	1:10.59
	34.42	1:10.59	(36.17)		
3	Keith Ingram	68	Birmingham Masters	1:10.98	1:10.67
	34.02	1:10.67	(36.65)		

Event 23 Men 70-74 100 SC Meter Freestyle

1	Richard Skerrett	73	Carmarthenshire Masters	2:08.00	2:05.71
	1:00.47	2:05.71	(1:05.24)		

Event 23 Men 75-79 100 SC Meter Freestyle

1	Richard Harding	75	Spencer	1:50.00	1:53.29
	51.63	1:53.29	(1:01.66)		
2	Neil Howell	76	East Anglian Swallowtails	2:06.55	2:05.62
	59.16	2:05.62	(1:06.46)		