

**Event 1 Women 18-24 100 SC Meter IM**

	Name	Age	Team	Finals Time
1	Miriam Smith	24	Acton	1:15.23
	34.72	1:15.23 (40.51)		
2	Jenny Onyon	19	St Albans Masters	1:17.57
	36.66	1:17.57 (40.91)		
3	Jane Edmondson	23	Barnet Copthall	1:22.76
	38.90	1:22.76 (43.86)		
4	Galit Zahavi	21	Barnet Copthall	1:24.11
	39.79	1:24.11 (44.32)		
5	Hannah Pearce	23	Maxwell	1:25.65
	40.44	1:25.65 (45.21)		
6	Claire Pearce	20	Hounslow Hurricanes	1:28.83
	43.43	1:28.83 (45.40)		
7	Melanie Robson	24	Saxon Crown (Lewisham)	1:29.92
	42.21	1:29.92 (47.71)		

**Event 1 Women 25-29 100 SC Meter IM**

1	Gina Hobson	29	Otter	1:12.99
	33.49	1:12.99 (39.50)		
2	Lauren Edwards	27	Otter	1:15.86
	35.88	1:15.86 (39.98)		
3	Lisa Dawson	28	Barnet Copthall	1:15.92
	35.86	1:15.92 (40.06)		
4	Christine Jaeggi	25	Anaconda (Cally Masters)	1:18.90
	35.82	1:18.90 (43.08)		
5	Lucy Mullan	26	Camden Swiss Cottage S.C.	1:19.22
	37.24	1:19.22 (41.98)		
6	Kathryn Webb*	28	Colchester Phoenix	2:20.47
	1:15.15	2:20.47 (1:05.32)		
---	Marta Wawrzyniak	26	Leicester Penguins	<b>DQ</b>
	49.98	DQ (46.93)		<b>one handed touches on 'Fly &amp; Brst</b>

**Event 1 Women 30-34 100 SC Meter IM**

1	Michelle Trudgeon	33	Guildford City	1:13.32
	33.93	1:13.32 (39.39)		
2	Anne Vanner	34	Ware	1:17.37
	35.74	1:17.37 (41.63)		
3	Jane Monaghan	34	Saxon Crown (Lewisham)	1:34.59
	43.65	1:34.59 (50.94)		

**Event 1 Women 35-39 100 SC Meter IM**

1	Sarah Chamberlain	35	City of Cambridge	1:23.22
	39.28	1:23.22 (43.94)		
2	Tracey Kain	36	Acton	1:33.87
	48.19	1:33.87 (45.68)		

**Event 1 Women 40-44 100 SC Meter IM**

1	Bridget Bewick	41	Northampton	1:16.04
	35.32	1:16.04 (40.72)		
2	Helen Gray	40	Dartford & District	1:21.33
	38.96	1:21.33 (42.37)		
3	Elizabeth Shaw	40	Otter	1:21.87
	40.01	1:21.87 (41.86)		
4	Hannah Ueckermann	43	Witham Dolphins	1:23.24
	39.76	1:23.24 (43.48)		
5	Sharon Ruck	44	City of Canterbury	1:33.29
	43.53	1:33.29 (49.76)		

**Event 1 Women 45-49 100 SC Meter IM**

1	Sara Perry	49	Anaconda (Cally Masters)	1:30.87
	44.13	1:30.87 (46.74)		
2	Jane Blackwell	47	Norwich Swan	1:32.17

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	46.04	1:32.17 (46.13)		
3	Karen Butterworth	48 Harrow & Wealdstone		1:44.43
	49.17	1:44.43 (55.26)		
4	Kathy Rose	47 Acton		1:50.31
	56.91	1:50.31 (53.40)		

**Event 1 Women 50-54 100 SC Meter IM**

1	Amanda Doyle	50 Dorking		1:31.29
	42.05	1:31.29 (49.24)		
2	Christine Gillard	50 Newark		1:39.61
	48.89	1:39.61 (50.72)		
3	Karen Brown	51 Hammersmith Penguins		2:19.00
	1:03.52	2:19.00 (1:15.48)		

**Event 1 Women 55-59 100 SC Meter IM**

1	Anne Cork	55 Slough & Eton Dolphins		1:23.74
	38.46	1:23.74 (45.28)		
2	Susie Breslin	59 Barnet Copthall		1:32.95
	42.69	1:32.95 (50.26)		
3	Geraldine Nogami	57 Acton		2:09.89
	1:02.91	2:09.89 (1:06.98)		

**Event 1 Women 60-64 100 SC Meter IM**

1	Elaine Blower	61 Barnet Copthall		1:42.14
	47.02	1:42.14 (55.12)		
2	Ann Broomfield	64 St Albans Masters		2:12.02
	1:06.39	2:12.02 (1:05.63)		
3	Rita Egan	62 Bedford Beavers		2:16.65
	1:09.09	2:16.65 (1:07.56)		

**Event 2 Men 18-24 100 SC Meter Butterfly**

1	Brett Mc Clean	20 Anaconda (Cally Masters)		1:03.97
	29.58	1:03.97 (34.39)		
2	Peter Lee	18 Hounslow Hurricanes		1:08.31
	30.86	1:08.31 (37.45)		

**Event 2 Men 25-29 100 SC Meter Butterfly**

1	Carl Shaw	26 Loughborough Town		1:02.85
	29.78	1:02.85 (33.07)		
2	Alexander Chklar	25 Spencer Swim Team		1:09.70
	31.48	1:09.70 (38.22)		
3	Vincent Pottier	28 City of Cambridge		1:13.21
	33.51	1:13.21 (39.70)		

**Event 2 Men 30-34 100 SC Meter Butterfly**

1	Carl Rippon	31 Nottingham		1:03.35
	30.47	1:03.35 (32.88)		
2	Lachlan Pollard	31 Otter		1:05.02
	31.13	1:05.02 (33.89)		
3	Dave Read	34 Hartham Masters		1:05.50
	30.86	1:05.50 (34.64)		
4	Jonathan Kernkraut	30 Anaconda (Cally Masters)		1:07.49
	31.94	1:07.49 (35.55)		
5	Andy Hudson	34 Otter		1:08.11
	31.42	1:08.11 (36.69)		
6	John Digby	34 East Anglian Swallowtails		1:09.32
	32.26	1:09.32 (37.06)		
7	Toby Smith	32 City of Canterbury		1:12.86
	33.73	1:12.86 (39.13)		
8	Wayne IU	32 Out to Swim		1:14.67
	34.25	1:14.67 (40.42)		

**Event 2 Men 35-39 100 SC Meter Butterfly**

1	Ian Wilkes	39 Loughborough Town		1:05.89
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	31.11	1:05.89 (34.78)		
2	Stephen Irwin		35 Kingston Royals	1:06.02
	31.30	1:06.02 (34.72)		
3	Andy Cook		38 Dorking	1:07.45
	31.03	1:07.45 (36.42)		
4	Gavin Barlow		38 Spencer Swim Team	1:12.58
	34.27	1:12.58 (38.31)		

**Event 2 Men 40-44 100 SC Meter Butterfly**

1	Matthew Gomez		40 City of Oxford	1:06.31
	30.83	1:06.31 (35.48)		
2	Kevin Binns		44 Bushey	1:13.27
	34.48	1:13.27 (38.79)		

**Event 2 Men 45-49 100 SC Meter Butterfly**

1	Ian Stoughton		47 Luton	1:09.07
	32.40	1:09.07 (36.67)		
2	David Shamp		48 Dorking	1:10.18
	32.83	1:10.18 (37.35)		

**Event 2 Men 55-59 100 SC Meter Butterfly**

1	Jack Youngman		59 Romford Town	1:35.28
	41.92	1:35.28 (53.36)		

**Event 2 Men 60-64 100 SC Meter Butterfly**

1	Derek Parr		62 Broomfield Park	1:11.39
	33.77	1:11.39 (37.62)		
2	Roger Phillips		62 Otter	1:30.11
	41.65	1:30.11 (48.46)		

**Event 2 Men 65-69 100 SC Meter Butterfly**

1	Garfield Thomas		66 Bridgend County	1:26.06
	40.49	1:26.06 (45.57)		

**Event 2 Men 70-74 100 SC Meter Butterfly**

1	Paul Alvarez		72 Romford Town	1:40.30
	46.53	1:40.30 (53.77)		

**Event 3 Women 18-24 50 SC Meter Butterfly**

1	Miriam Smith		24 Acton	33.78
2	Galit Zahavi		21 Barnet Copthall	37.13
3	Laura Mynard		24 City of Milton Keynes	38.94
4	Hannah Pearce		23 Maxwell	40.91

**Event 3 Women 25-29 50 SC Meter Butterfly**

1	Gina Hobson		29 Otter	32.29
2	Christine Jaeggi		25 Anaconda (Cally Masters)	32.59
3	Ruth Morrison		27 Otter	34.68
4	Julie Thomas		26 Wellingborough	37.66

**Event 3 Women 30-34 50 SC Meter Butterfly**

1	Michelle Trudgeon		33 Guildford City	32.42
2	Diane Rochford		34 Spencer Swim Team	35.02
---	Irina Gillham		30 Spencer Swim Team	<b>DQ</b>

incorrect arms at start

**Event 3 Women 35-39 50 SC Meter Butterfly**

1	Anne Braam		38 Spencer Swim Team	32.89
2	Josephine Cresswell		38 East Anglian Swallowtails	34.33
3	Ruth Brown		36 City of Cambridge	35.26
4	Sarah Chamberlain		35 City of Cambridge	36.85
5	Kathryn Mason		37 Broomfield Park	38.06

**Event 3 Women 40-44 50 SC Meter Butterfly**

1	Deb Matless		43 East Anglian Swallowtails	33.77
2	Helen Gray		40 Dartford & District	35.15

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3	Natalie Bateson	40	Barnet Copthall	37.02
4	Sue Green	43	Ruislip & Northwood	41.09
5	Sharon Ruck	44	City of Canterbury	41.84
6	Alice Huang	41	Anaconda (Cally Masters)	42.94

**Event 3 Women 45-49 50 SC Meter Butterfly**

1	Jane Blackwell	47	Norwich Swan	40.19
2	Sara Perry	49	Anaconda (Cally Masters)	42.19
3	Kathy Rose	47	Acton	56.83

**Event 3 Women 50-54 50 SC Meter Butterfly**

1	Amanda Doyle	50	Dorking	39.56
2	Christine Gillard	50	Newark	44.55
3	Susan Green	50	Camden Swiss Cottage S.C.	51.82

**Event 3 Women 55-59 50 SC Meter Butterfly**

1	Catherine Couquet	55	Otter	40.59
2	Jeanette Benn	55	Barnet Copthall	53.70

**Event 3 Women 60-64 50 SC Meter Butterfly**

1	Elaine Blower	61	Barnet Copthall	47.49
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**Event 3 Women 70-74 50 SC Meter Butterfly**

1	Pauline Wilkinson	73	Spencer Swim Team	1:09.77
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**Event 4 Men 18-24 50 SC Meter Backstroke**

1	Gavin Toms	18	Saxon Crown (Lewisham)	31.21
2	Peter Lee	18	Hounslow Hurricanes	32.47
3	Brett Mc Clean	20	Anaconda (Cally Masters)	34.15

**Event 4 Men 25-29 50 SC Meter Backstroke**

1	Joe Twyman	29	Barnet Copthall	29.97
2	David Gelb	25	Barnet Copthall	30.27
3	Carl Shaw	26	Loughborough Town	31.08
4	Ryan Heath	26	Out to Swim	31.49
5	Jess Little	29	Camden Swiss Cottage S.C.	31.77
6	Andy MacKinnon	28	Out to Swim	31.92
7	Anthony Lee	25	City of Milton Keynes	31.98
9	Steve Buckley	29	City of Cambridge	33.88
10	Richard Weatherhead	25	Barnet Copthall	34.74
11	Alexander Chklar	25	Spencer Swim Team	34.83
---	Tom Grange	28	Barnet S.C	<b>DQ incorrect turn</b>

**Event 4 Men 30-34 50 SC Meter Backstroke**

1	Lachlan Pollard	31	Otter	32.12
2	Guy Barlow	34	Spencer Swim Team	33.53
3	Peter Lambert	33	Spencer Swim Team	35.41
4	Tim Abson	30	Barnet S.C	39.25
8	Chris Hopton	31	Camden Swiss Cottage S.C.	32.16

**Event 4 Men 35-39 50 SC Meter Backstroke**

1	Tony Pepper	39	Acton	33.48
2	Andy Cook	38	Dorking	33.65
3	Paul Eaglestone	39	Saxon Crown (Lewisham)	35.06
4	Gavin Barlow	38	Spencer Swim Team	35.93
5	John O'Rourke	37	Luton	39.97
6	Grant Tyrer*	36	Colchester Phoenix	1:11.33

**Event 4 Men 40-44 50 SC Meter Backstroke**

1	Steve Conway	42	Loughborough Town	32.08
2	Andy Byrne	43	Luton	32.47
3	Baram Pachenari	41	Camden Swiss Cottage S.C.	38.91
4	Peter Brown	44	Anaconda (Cally Masters)	39.27
5	Derek Pinner	43	City of Canterbury	41.14

**Event 4 Men 45-49 50 SC Meter Backstroke**

1	Thomas Enright	47 Romford Town	38.36
2	Philip Holme	47 Barnet Copthall	39.37
3	David Kaczmaryk	47 Wellingborough	39.59

**Event 4 Men 50-54 50 SC Meter Backstroke**

1	Graham Powell	50 Luton	31.34
2	Keith Mann	50 Romford Town	34.94

**Event 4 Men 55-59 50 SC Meter Backstroke**

1	Malcolm Munro	59 Acton	37.37
2	Len Phoenix	57 Diss Otters	37.39
3	Steve Bratt	56 Out to Swim	37.94
4	Michael Skinner	59 Barnet Copthall	40.79

**Event 4 Men 60-64 50 SC Meter Backstroke**

1	David Staveley	64 Hythe Aqua	39.90
2	Bruce Thompson	64 Barnet Copthall	45.00
3	Paul Clarke	64 Luton	46.21
4	Phil Sears	60 Dorking	48.61

**Event 4 Men 65-69 50 SC Meter Backstroke**

1	Nigel Salisbury	66 Reading	39.77
2	David Mathison	65 Acton	45.59

**Event 4 Men 70-74 50 SC Meter Backstroke**

1	John Starr	72 Romford Town	44.95
2	Janos Leigh	72 Romford Town	45.76
3	Richard Harding	73 Spencer Swim Team	49.49
4	Neil Howell	74 East Anglian Swallowtails	1:01.25

**Event 4 Men 75-79 50 SC Meter Backstroke**

1	Robert Curr	77 Serpentine	1:12.64
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**Event 4 Men 80-84 50 SC Meter Backstroke**

1	Harry Travis	84 Camden Swiss Cottage S.C.	1:14.05
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**Event 5 Women 18-24 100 SC Meter Backstroke**

1	Jenny Onyon	19 St Albans Masters	1:15.79
	37.22	1:15.79 (38.57)	
2	Amy Vaughan	20 Wellingborough	1:16.95
	36.52	1:16.95 (40.43)	

**Event 5 Women 25-29 100 SC Meter Backstroke**

1	Sachika Yamawaki	25 Camden Swiss Cottage S.C.	1:12.99
	35.70	1:12.99 (37.29)	
2	Lisa Dawson	28 Barnet Copthall	1:14.83
	36.68	1:14.83 (38.15)	
3	Gina Hobson	29 Otter	1:15.09
	36.95	1:15.09 (38.14)	
4	Lucy Mullan	26 Camden Swiss Cottage S.C.	1:20.88
	38.84	1:20.88 (42.04)	
5	Diana Kennedy	28 Bethnal Green Sharks	1:36.09
	45.76	1:36.09 (50.33)	
6	Paula Thomas	29 Wellingborough	1:37.39
	46.70	1:37.39 (50.69)	
7	Shona Pineda	29 Acton	1:40.33
	49.15	1:40.33 (51.18)	

**Event 5 Women 30-34 100 SC Meter Backstroke**

1	Susan MacLean	31 Camden Swiss Cottage S.C.	1:14.90
	36.46	1:14.90 (38.44)	
2	Diane Rochford	34 Spencer Swim Team	1:25.65
	41.20	1:25.65 (44.45)	

**Event 5 Women 35-39 100 SC Meter Backstroke**

1	Geertje Van Keulan	37	East Anglian Swallowtails	1:24.00
	39.36	1:24.00	(44.64)	
2	Heike Templin	38	City of Cambridge	1:31.50
	45.06	1:31.50	(46.44)	
3	Tracey Kain	36	Acton	1:41.75
	50.84	1:41.75	(50.91)	

**Event 5 Women 40-44 100 SC Meter Backstroke**

1	Bridget Bewick	41	Northampton	1:18.03
	38.47	1:18.03	(39.56)	
2	Hannah Ueckermann	43	Witham Dolphins	1:26.98
	43.89	1:26.98	(43.09)	
3	Sharon Ruck	44	City of Canterbury	1:34.82
	46.49	1:34.82	(48.33)	

**Event 5 Women 45-49 100 SC Meter Backstroke**

1	Karen Butterworth	48	Harrow & Wealdstone	1:44.23
	51.15	1:44.23	(53.08)	
2	Kathy Rose	47	Acton	2:00.36
	59.03	2:00.36	(1:01.33)	

**Event 5 Women 50-54 100 SC Meter Backstroke**

1	Karen Brown	51	Hammersmith Penguins	1:57.19
	56.25	1:57.19	(1:00.94)	

**Event 5 Women 55-59 100 SC Meter Backstroke**

1	Anne Cork	55	Slough & Eton Dolphins	1:26.57
	42.80	1:26.57	(43.77)	
2	Susie Breslin	59	Barnet Copthall	1:26.67
	42.96	1:26.67	(43.71)	

**Event 5 Women 60-64 100 SC Meter Backstroke**

1	Jean Thomas	62	Wellingborough	2:29.17
	1:14.24	2:29.17	(1:14.93)	

**Event 5 Women 65-69 100 SC Meter Backstroke**

1	Sybil Warn	69	Brentwood	2:06.93
	59.81	2:06.93	(1:07.12)	

**Event 5 Women 70-74 100 SC Meter Backstroke**

1	Elizabeth Braimbridge	73	Camden Swiss Cottage S.C.	2:20.83
	1:07.92	2:20.83	(1:12.91)	

**Event 5 Women 75-79 100 SC Meter Backstroke**

1	Susan Halter	79	Camden Swiss Cottage S.C.	2:18.04
	1:06.14	2:18.04	(1:11.90)	

**Event 5 Women 80-84 100 SC Meter Backstroke**

1	Phylis Spaul	80	Dartford & District	3:11.43
	1:38.65	3:11.43	(1:32.78)	

**Event 6 Men 18-24 100 SC Meter Breaststroke**

1	Brett Mc Clean	20	Anaconda (Cally Masters)	1:12.26
	34.30	1:12.26	(37.96)	

**Event 6 Men 25-29 100 SC Meter Breaststroke**

1	Carl Shaw	26	Loughborough Town	1:08.33
	32.55	1:08.33	(35.78)	
2	Klaudiusz Debski	25	O R S Masters (Poland)	1:14.06
	34.48	1:14.06	(39.58)	
3	Robert Williams	27	Out to Swim	1:15.20
	35.67	1:15.20	(39.53)	
4	Alexander Chklar	25	Spencer Swim Team	1:15.21

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	36.51	1:15.21 (38.70)		
5 Ryan Heath			26 Out to Swim	1:15.42
	34.93	1:15.42 (40.49)		
6 Adam Freer			29 Camden Swiss Cottage S.C.	1:25.08
	41.45	1:25.08 (43.63)		

**Event 6 Men 30-34 100 SC Meter Breaststroke**

1 Carl Rippon			31 Nottingham	1:09.79
	32.31	1:09.79 (37.48)		
2 Robert Savory			30 Hatfield	1:14.92
	35.84	1:14.92 (39.08)		
3 Toby Smith			32 City of Canterbury	1:24.87
	40.73	1:24.87 (44.14)		

**Event 6 Men 35-39 100 SC Meter Breaststroke**

1 Neil Kemp			37 Spencer Swim Team	1:14.49
	34.17	1:14.49 (40.32)		
2 Michael Penney			36 Wellingborough	1:16.47
	35.78	1:16.47 (40.69)		
3 Kevin Lief			39 Barnet Copthall	1:20.91
	38.57	1:20.91 (42.34)		

**Event 6 Men 40-44 100 SC Meter Breaststroke**

1 Matthew Gomez			40 City of Oxford	1:15.65
	35.19	1:15.65 (40.46)		
2 David Douglas			42 Out to Swim	1:29.90
	42.76	1:29.90 (47.14)		
3 Mike Neumann			42 Camden Swiss Cottage S.C.	1:40.07
	43.24	1:40.07 (56.83)		
4 Jonathan Mooney			41 City of Milton Keynes	1:43.14
	48.73	1:43.14 (54.41)		
--- Peter Brown			44 Anaconda (Cally Masters)	<b>DQ False start</b>
	43.52	DQ (48.34)		

**Event 6 Men 45-49 100 SC Meter Breaststroke**

1 David Shamp			48 Dorking	1:28.22
	41.61	1:28.22 (46.61)		
2 John Cochrane			49 City of Cambridge	1:29.06
	43.22	1:29.06 (45.84)		

**Event 6 Men 50-54 100 SC Meter Breaststroke**

1 Malcolm Barton			51 Luton	1:21.42
	39.00	1:21.42 (42.42)		
2 Graham Reeve			50 Spencer Swim Team	1:27.89
	41.48	1:27.89 (46.41)		

**Event 6 Men 55-59 100 SC Meter Breaststroke**

1 Malcolm Munro			59 Acton	1:31.03
	44.18	1:31.03 (46.85)		
2 Jack Youngman			59 Romford Town	1:40.04
	47.80	1:40.04 (52.24)		
3 Len Phoenix			57 Diss Otters	1:44.33
	50.16	1:44.33 (54.17)		

**Event 6 Men 60-64 100 SC Meter Breaststroke**

1 Jim Peto			63 Wellingborough	1:46.94
	51.69	1:46.94 (55.25)		

**Event 6 Men 70-74 100 SC Meter Breaststroke**

1 Paul Alvarez			72 Romford Town	1:42.93
	48.88	1:42.93 (54.05)		
2 Derek Fuller			73 Thanet	1:45.42
	51.59	1:45.42 (53.83)		
3 Neil Howell			74 East Anglian Swallowtails	2:03.85
	57.48	2:03.85 (1:06.37)		

**Event 6 Men 75-79 100 SC Meter Breaststroke**

1	Robert Curr	77	Serpentine	2:35.53
				1:13.82 2:35.53 (1:21.71)

**Event 7 Women 18-24 50 SC Meter Breaststroke**

1	Miriam Smith	24	Acton	38.20
2	Amy Vaughan	20	Wellingborough	39.67
3	Jenny Onyon	19	St Albans Masters	40.12
4	Jane Edmondson	23	Barnet Copthall	41.78
5	Hannah Pearce	23	Maxwell	42.90
6	Melanie Robson	24	Saxon Crown (Lewisham)	43.69
7	Claire Pearce	20	Hounslow Hurricanes	44.69
8	Gina Charleton	24	Orpington Ojays	45.71

**Event 7 Women 25-29 50 SC Meter Breaststroke**

1	Ruth Morrison	27	Otter	37.08
2	Gina Hobson	29	Otter	41.59
3	Julie Thomas	26	Wellingborough	43.55
4	Marta Wawrzyniak	26	Leicester Penguins	45.19
5	Shona Pineda	29	Acton	49.81
6	Michele Williams	26	Camden Swiss Cottage S.C.	50.35
7	Kathryn Webb*	28	Colchester Phoenix	1:07.53

**Event 7 Women 30-34 50 SC Meter Breaststroke**

1	Michelle Trudgeon	33	Guildford City	38.65
2	Jane Monaghan	34	Saxon Crown (Lewisham)	47.25

**Event 7 Women 35-39 50 SC Meter Breaststroke**

1	Ruth Brown	36	City of Cambridge	42.18
2	Anne Braam	38	Spencer Swim Team	43.36
3	Tracey Kain	36	Acton	45.04
4	Kathryn Mason	37	Broomfield Park	45.38
5	Maria Smith	36	Diss Otters	54.30

**Event 7 Women 40-44 50 SC Meter Breaststroke**

1	Hannah Ueckermann	43	Witham Dolphins	41.01
2	Elizabeth Shaw	40	Otter	42.18
3	Angie Willis	43	Saxon Crown (Lewisham)	47.72
4	Alice Huang	41	Anaconda (Cally Masters)	48.55

**Event 7 Women 45-49 50 SC Meter Breaststroke**

1	Sara Perry	49	Anaconda (Cally Masters)	44.03
2	Coral Allen	47	Spencer Swim Team	45.72
3	Jane Blackwell	47	Norwich Swan	48.03
4	Kathy Rose	47	Acton	54.24
5	Sarah Corlett	49	Out to Swim	54.44

**Event 7 Women 55-59 50 SC Meter Breaststroke**

1	Geraldine Nogami	57	Acton	56.41
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**Event 7 Women 60-64 50 SC Meter Breaststroke**

1	Judy Alden	60	Barnet Copthall	42.55
2	Elaine Blower	61	Barnet Copthall	53.19
3	Rita Egan	62	Bedford Beavers	59.93
4	Ann Broomfield	64	St Albans Masters	1:03.33
5	Jean Thomas	62	Wellingborough	1:07.55

**Event 7 Women 70-74 50 SC Meter Breaststroke**

1	Pauline Wilkinson	73	Spencer Swim Team	1:07.38
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**Event 7 Women 80-84 50 SC Meter Breaststroke**

1	Phylis Spaul	80	Dartford & District	2:14.65
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Sprint Meet – 3<sup>rd</sup> September 2006**Event 8 Men 18-24 50 SC Meter Freestyle**

1 Brett Mc Clean	20 Anaconda (Cally Masters)	26.82
2 Gavin Toms	18 Saxon Crown (Lewisham)	26.86
3 Peter Lee	18 Hounslow Hurricanes	26.94
4 Cezar Pineda	21 Acton	29.88

**Event 8 Men 25-29 50 SC Meter Freestyle**

1 Joe Twyman	29 Barnet Copthall	25.67
2 Tony Bagnall	29 Saxon Crown (Lewisham)	25.92
3 Carl Shaw	26 Loughborough Town	26.34
4 Anthony Lee	25 City of Milton Keynes	26.79
5 Jess Little	29 Camden Swiss Cottage S.C.	27.01
6 Andy MacKinnon	28 Out to Swim	27.07
7 Klaudiusz Debski	25 O R S Masters (Poland)	27.43
8 Vincent Pottier	28 City of Cambridge	27.49
9 Alexander Chklar	25 Spencer Swim Team	27.56
10 Steve Buckley	29 City of Cambridge	27.65
11 Adam Mc Carthy	27 Otter	27.82
12 Richard Weatherhead	25 Barnet Copthall	28.36
13 Robert Williams	27 Out to Swim	28.44
14 Dan Scheinmann	27 Camden Swiss Cottage S.C.	28.50
15 Adam Freer	29 Camden Swiss Cottage S.C.	28.86
16 Tom Grange	28 Barnet S.C	31.50
17 Kasper Kustron	28 Camden Swiss Cottage S.C.	31.90

**Event 8 Men 30-34 50 SC Meter Freestyle**

1 Chris Hopton	31 Camden Swiss Cottage S.C.	25.65
2 Lachlan Pollard	31 Otter	26.32
3 Craig Bransby	32 Barnet S.C	26.79
4 Dave Read	34 Hartham Masters	26.80
5 Andy Hudson	34 Otter	27.24
6 Jonathan Kernkraut	30 Anaconda (Cally Masters)	27.97
7 Guy Barlow	34 Spencer Swim Team	28.21
8 Kevin Roper	33 East Anglian Swallowtails	29.08
9 Thomas Harris	32 Out to Swim	29.18
10 Toby Smith	32 City of Canterbury	29.34
11 John Digby	34 East Anglian Swallowtails	29.38
12 Wayne IU	32 Out to Swim	29.78
13 Peter Lambert	33 Spencer Swim Team	30.26
14 Tim Abson	30 Barnet S.C	31.67
15 Carl Rippon	31 Nottingham	31.86

**Event 8 Men 35-39 50 SC Meter Freestyle**

1 Ian Wilkes	39 Loughborough Town	27.57
2 Andy Cook	38 Dorking	27.66
3 Tony Pepper	39 Acton	28.06
4 Stephen Irwin	35 Kingston Royals	28.18
5 Gavin Barlow	38 Spencer Swim Team	28.84
6 Michael Penney	36 Wellingborough	29.00
7 Russell Bentley	35 Camden Swiss Cottage S.C.	32.87
8 John O'Rourke	37 Luton	33.03
9 Grant Tyrer*	36 Colchester Phoenix	52.32

**Event 8 Men 40-44 50 SC Meter Freestyle**

1 Matthew Gomez	40 City of Oxford	26.68
2 Andy Byrne	43 Luton	28.06
3 Jon Thorne	41 St Albans Masters	28.50
4 Kevin Binns	44 Bushey	28.86
5 Mike Redfern	40 Out to Swim	30.22
6 David Perry	41 Spencer Swim Team	30.93
7 Derek Pinner	43 City of Canterbury	31.68
8 Steve Conway	42 Loughborough Town	32.15
9 David Douglas	42 Out to Swim	32.82
10 Baram Pachenari	41 Camden Swiss Cottage S.C.	34.39
11 Mike Neumann	42 Camden Swiss Cottage S.C.	35.95

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12 Jonathan Mooney	41 City of Milton Keynes	38.91
--- Anthony Kay	43 Acton	<b>DQ False start</b>

**Event 8 Men 45-49 50 SC Meter Freestyle**

1 Jim Hobsley	46 Barnet Copthall	26.49
2 Mick Commons	45 Loughborough Town	27.22
3 Ian Stoughton	47 Luton	28.81
4 David Shamp	48 Dorking	29.53
5 Thomas Enright	47 Romford Town	29.86
6 John Brett	46 Y Swim	31.55
7 John Cochrane	49 City of Cambridge	31.61
8 David Kaczmaryk	47 Wellingborough	32.03
9 Philip Holme	47 Barnet Copthall	32.08
10 Nigel Ashworth	46 Out to Swim	33.21
11 Eric Chaline	49 Out to Swim	34.46

**Event 8 Men 50-54 50 SC Meter Freestyle**

1 Keith Mann	50 Romford Town	28.19
2 Graham Powell	50 Luton	28.96
3 Martin Appleby	53 Barnet Copthall	33.12
3 Graham Reeve	50 Spencer Swim Team	33.12
5 Peter Rank	54 City of Cambridge	33.83
6 Malcolm Barton	51 Luton	36.99

**Event 8 Men 55-59 50 SC Meter Freestyle**

1 Len Phoenix	57 Diss Otters	31.87
2 Michael Skinner	59 Barnet Copthall	32.12
3 Malcolm Munro	59 Acton	34.10
4 David Pitcock	57 Barnet Copthall	35.57
5 Duncan Mc Lean	57 Anaconda (Cally Masters)	40.09

**Event 8 Men 60-64 50 SC Meter Freestyle**

1 Derek Parr	62 Broomfield Park	32.50
2 Roger Phillips	62 Otter	32.84
3 David Staveley	64 Hythe Aqua	33.08
4 Bruce Thompson	64 Barnet Copthall	38.57
5 Phil Sears	60 Dorking	38.68
6 Jim Peto	63 Wellingborough	40.56

**Event 8 Men 65-69 50 SC Meter Freestyle**

1 Garfield Thomas	66 Bridgend County	31.93
2 Nigel Salsbury	66 Reading	33.85
3 David Mathison	65 Acton	36.06

**Event 8 Men 70-74 50 SC Meter Freestyle**

1 John Starr	72 Romford Town	35.78
2 Derek Fuller	73 Thanet	36.89
3 Richard Harding	73 Spencer Swim Team	45.25

**Event 9 Women 18-24 100 SC Meter Freestyle**

1 Hannah Pearce	23 Maxwell	1:14.82
35.31	1:14.82 (39.51)	
2 Gina Charleton	24 Orpington Ojays	1:16.62
37.35	1:16.62 (39.27)	
3 Melanie Robson	24 Saxon Crown (Lewisham)	1:17.75
36.45	1:17.75 (41.30)	
4 Claire Pearce	20 Hounslow Hurricanes	1:19.60
38.04	1:19.60 (41.56)	

**Event 9 Women 25-29 100 SC Meter Freestyle**

1 Sachika Yamawaki	25 Camden Swiss Cottage S.C.	1:02.59
30.34	1:02.59 (32.25)	
2 Gina Hobson	29 Otter	1:04.76
31.69	1:04.76 (33.07)	
3 Lauren Edwards	27 Otter	1:05.19

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	31.32	1:05.19 (33.87)		
4 Ruth Morrison		27 Otter		1:05.93
	32.58	1:05.93 (33.35)		
5 Lisa Dawson		28 Barnet Copthall		1:06.29
	32.38	1:06.29 (33.91)		
6 Heidi Clark		26 St Albans Masters		1:14.99
	34.53	1:14.99 (40.46)		
7 Paula Thomas		29 Wellingborough		1:22.03
	38.12	1:22.03 (43.91)		
8 Kathryn Webb*		28 Colchester Phoenix		1:58.98
	58.06	1:58.98 (1:00.92)		

**Event 9 Women 30-34 100 SC Meter Freestyle**

1 Anne Vanner		34 Ware		1:06.20
	31.52	1:06.20 (34.68)		
2 Susan MacLean		31 Camden Swiss Cottage S.C.		1:07.69
	32.62	1:07.69 (35.07)		
3 Diane Rochford		34 Spencer Swim Team		1:10.41
	33.76	1:10.41 (36.65)		
4 Irina Gillham		30 Spencer Swim Team		1:21.40
	38.72	1:21.40 (42.68)		

**Event 9 Women 35-39 100 SC Meter Freestyle**

1 Anne Braam		38 Spencer Swim Team		1:08.76
	32.41	1:08.76 (36.35)		
2 Josephine Cresswell		38 East Anglian Swallowtails		1:12.34
	34.37	1:12.34 (37.97)		
3 Kathryn Mason		37 Broomfield Park		1:16.44
	36.97	1:16.44 (39.47)		
4 Tracey Kain		36 Acton		1:18.96
	37.99	1:18.96 (40.97)		
5 Maria Smith		36 Diss Otters		1:25.55
	40.50	1:25.55 (45.05)		

**Event 9 Women 40-44 100 SC Meter Freestyle**

1 Helen Gray		40 Dartford & District		1:07.20
	32.55	1:07.20 (34.65)		
2 Bridget Bewick		41 Northampton		1:08.01
	33.05	1:08.01 (34.96)		
3 Deb Matless		43 East Anglian Swallowtails		1:08.47
	33.29	1:08.47 (35.18)		
4 Elizabeth Shaw		40 Otter		1:10.40
	34.32	1:10.40 (36.08)		
5 Sue Green		43 Ruislip & Northwood		1:22.36
	38.73	1:22.36 (43.63)		
6 Jane Phoenix		41 Diss Otters		1:24.24
	40.54	1:24.24 (43.70)		
7 Alice Huang		41 Anaconda (Cally Masters)		1:25.62
	41.32	1:25.62 (44.30)		

**Event 9 Women 45-49 100 SC Meter Freestyle**

1 Sara Perry		49 Anaconda (Cally Masters)		1:17.98
	36.97	1:17.98 (41.01)		
2 Karen Butterworth		48 Harrow & Wealdstone		1:30.82
	43.87	1:30.82 (46.95)		
3 Kathy Rose		47 Acton		1:37.65
	47.23	1:37.65 (50.42)		
4 Sarah Corlett		49 Out to Swim		1:38.06
	46.17	1:38.06 (51.89)		
5 Elaine Thomas		46 Bridgend County		1:44.96
	48.10	1:44.96 (56.86)		

**Event 9 Women 50-54 100 SC Meter Freestyle**

1 Amanda Doyle		50 Dorking		1:18.74
	36.98	1:18.74 (41.76)		

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2	Christine Gillard	50 Newark	1:20.76
	38.07	1:20.76 (42.69)	
3	Susan Green	50 Camden Swiss Cottage S.C.	1:36.33
	45.66	1:36.33 (50.67)	

**Event 9 Women 55-59 100 SC Meter Freestyle**

1	Catherine Couquet	55 Otter	1:20.80
	39.09	1:20.80 (41.71)	
2	Jeanette Benn	55 Barnet Copthall	1:34.00
	45.41	1:34.00 (48.59)	
3	Geraldine Nogami	57 Acton	1:49.85
	53.76	1:49.85 (56.09)	

**Event 9 Women 60-64 100 SC Meter Freestyle**

1	Ann Broomfield	64 St Albans Masters	1:58.24
	56.90	1:58.24 (1:01.34)	

**Event 9 Women 65-69 100 SC Meter Freestyle**

1	Sybil Warn	69 Brentwood	1:42.37
	47.38	1:42.37 (54.99)	

**Event 9 Women 70-74 100 SC Meter Freestyle**

1	Pauline Wilkinson	73 Spencer Swim Team	2:05.16
	59.12	2:05.16 (1:06.04)	
2	Elizabeth Braimbridge	73 Camden Swiss Cottage S.C.	2:05.72
	1:00.85	2:05.72 (1:04.87)	

**Event 9 Women 75-79 100 SC Meter Freestyle**

1	Susan Halter	79 Camden Swiss Cottage S.C.	2:05.03
	59.92	2:05.03 (1:05.11)	

**Event 9 Women 80-84 100 SC Meter Freestyle**

1	Daphne Gilbert	82 Brentwood	2:22.25
	1:07.74	2:22.25 (1:14.51)	

**Event 10 Men 100-119 200 SC Meter Medley Relay**

3	Out to Swim	2:04.24
	32.71	1:06.36 (33.65) 1:36.81 (30.45) 2:04.24 (27.43)

**Event 10 Men 120-159 200 SC Meter Medley Relay**

1	Loughborough Town	1:58.46
	32.38	1:03.41 (31.03) 1:31.46 (28.05) 1:58.46 (27.00)
2	Barnet Copthall	2:03.99
	30.25	1:06.60 (36.35) 1:36.99 (30.39) 2:03.99 (27.00)
3	Spencer Swim Team	2:06.83
	33.66	1:06.85 (33.19) 1:37.31 (30.46) 2:06.83 (29.52)
4	Barnet S.C	2:17.79
	41.03	1:16.62 (35.59) 1:46.99 (30.37) 2:17.79 (30.80)
5	Out to Swim	2:18.53
	38.73	1:18.15 (39.42) 1:49.87 (31.72) 2:18.53 (28.66)

**Event 10 Men 200-239 200 SC Meter Medley Relay**

1	Acton	2:25.49
	33.78	1:14.63 (40.85) 1:50.74 (36.11) 2:25.49 (34.75)
2	Out to Swim	2:29.95
	37.91	1:19.53 (41.62) 2:01.68 (42.15) 2:29.95 (28.27)
---	Barnet Copthall	DQ
	56.01	1:24.61 (28.60) 2:04.15 (39.54) DQ (32.45) incorrect arms at finish on 'Fly
---	Spencer Swim Team	DQ
	49.41	1:27.63 (38.22) 1:58.24 (30.61) DQ (31.10) 1 <sup>st</sup> takeover

**Event 10 Men 240-279 200 SC Meter Medley Relay**

1	Romford Town	2:37.98
	45.95	1:31.24 (45.29) 2:02.98 (31.74) 2:37.98 (35.00)

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1	Spencer Swim Team				2:37.12
		40.04	1:27.58 (47.54)	2:01.15 (33.57)	2:37.12 (35.97)
2	Bethnal Green Sharks				2:54.58
		43.34	1:32.91 (49.57)	2:16.24 (43.33)	2:54.58 (38.34)

**Event 11 Women 160-199 200 SC Meter Medley Relay**

1	Barnet Copthall				2:41.25
			1:33.20 ( )	2:09.98 (36.78)	2:41.25 (31.27)
2	Acton				3:14.70
		46.53	1:41.16 (54.63)	2:43.29 (1:02.13)	3:14.70 (31.41)

**Event 12 Mixed 120-159 200 SC Meter Freestyle Relay**

1	Barnet Copthall				1:59.59
		27.66	54.78 (27.12)	1:28.98 (34.20)	1:59.59 (30.61)
2	Spencer Swim Team				2:04.16
		28.53	1:02.14 (33.61)	1:35.74 (33.60)	2:04.16 (28.42)
3	City of Cambridge				2:05.17
		28.34	1:01.87 (33.53)	1:33.68 (31.81)	2:05.17 (31.49)
4	Saxon Crown (Lewisham)				2:10.34
		30.71	1:06.23 (35.52)	1:43.75 (37.52)	2:10.34 (26.59)

**Event 12 Mixed 160-199 200 SC Meter Freestyle Relay**

1	Anaconda (Cally Masters)				2:13.71
		27.64	1:05.91 (38.27)	1:41.01 (35.10)	2:13.71 (32.70)

**Event 12 Mixed 200-239 200 SC Meter Freestyle Relay**

1	Wellingborough				2:55.22
		36.07	1:42.76 (1:06.69)	2:23.12 (40.36)	2:55.22 (32.10)

**Event 12 Mixed 240-279 200 SC Meter Freestyle Relay**

1	Barnet Copthall				2:32.25
		37.80	1:14.52 (36.72)	1:55.09 (40.57)	2:32.25 (37.16)
2	Spencer Swim Team				2:51.40
		51.81	1:38.47 (46.66)	2:16.05 (37.58)	2:51.40 (35.35)

## SESSION TWO

**Event 13 Men 18-24 100 SC Meter IM**

1	Brett Mc Clean	20	Anaconda (Cally Masters)	1:06.44
	31.61	1:06.44	(34.83)	
2	Gavin Toms	18	Saxon Crown (Lewisham)	1:09.35
	31.45	1:09.35	(37.90)	

**Event 13 Men 25-29 100 SC Meter IM**

1	Carl Shaw	26	Loughborough Town	1:03.74
	31.13	1:03.74	(32.61)	
2	Jess Little	29	Camden Swiss Cottage S.C.	1:10.29
	32.00	1:10.29	(38.29)	
3	Anthony Lee	25	City of Milton Keynes	1:10.68
	30.31	1:10.68	(40.37)	
4	Alexander Chklar	25	Spencer Swim Team	1:11.05
	34.28	1:11.05	(36.77)	
5	Adam Freer	29	Camden Swiss Cottage S.C.	1:19.73
	39.14	1:19.73	(40.59)	

**Event 13 Men 30-34 100 SC Meter IM**

1	Neil Mc Mahon	32	Leatherhead	1:03.77
	29.44	1:03.77	(34.33)	
2	Chris Hopton	31	Camden Swiss Cottage S.C.	1:08.56
	31.87	1:08.56	(36.69)	
3	Lachlan Pollard	31	Otter	1:08.76
	31.15	1:08.76	(37.61)	
4	Robert Savory	30	Hatfield	1:09.80
	34.48	1:09.80	(35.32)	
5	Jonathan Kernkraut	30	Anaconda (Cally Masters)	1:10.11
	32.26	1:10.11	(37.85)	
6	Andy Hudson	34	Otter	1:10.49
	32.45	1:10.49	(38.04)	
7	Jason Garnham	32	Diss Otters	1:13.79
	34.62	1:13.79	(39.17)	
8	Toby Smith	32	City of Canterbury	1:14.07
	34.29	1:14.07	(39.78)	
9	Roberto De Lisa	32	Out to Swim	1:20.96
	39.05	1:20.96	(41.91)	

**Event 13 Men 35-39 100 SC Meter IM**

1	Michael Penney	36	Wellingborough	1:13.17
	35.54	1:13.17	(37.63)	
2	Tony Pepper	39	Acton	1:13.47
	34.56	1:13.47	(38.91)	
3	Neil Kemp	37	Spencer Swim Team	1:15.10
	36.03	1:15.10	(39.07)	
4	Kevin Lief	39	Barnet Copthall	1:17.11
	36.91	1:17.11	(40.20)	
5	Grant Tyrer*	36	Colchester Phoenix	2:26.15
	1:13.68	2:26.15	(1:12.47)	

**Event 13 Men 40-44 100 SC Meter IM**

1	Peter Brown	44	Anaconda (Cally Masters)	1:22.36
	38.81	1:22.36	(43.55)	
2	Baram Pachenari	41	Camden Swiss Cottage S.C.	1:28.29
	42.16	1:28.29	(46.13)	

**Event 13 Men 45-49 100 SC Meter IM**

1	Jim Hobsley	46	Barnet Copthall	1:08.14
	32.14	1:08.14	(36.00)	
2	Don Wilson	49	Out to Swim	1:22.45
	39.25	1:22.45	(43.20)	
3	Philip Holme	47	Barnet Copthall	1:22.78
	39.33	1:22.78	(43.45)	

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4	John Brett	40.96	1:24.46 (43.50)	46	Y Swim	1:24.46
5	David Kaczmaryk	40.34	1:29.51 (49.17)	47	Wellingborough	1:29.51
6	Eric Chaline	44.44	1:33.62 (49.18)	49	Out to Swim	1:33.62
7	Mike Dicker	45.16	1:34.21 (49.05)	46	Spencer Swim Team	1:34.21

**Event 13 Men 50-54 100 SC Meter IM**

1	Kevin Airey	37.84	1:20.45 (42.61)	51	Out to Swim	1:20.45
2	Graham Reeve	45.77	1:32.37 (46.60)	50	Spencer Swim Team	1:32.37

**Event 13 Men 55-59 100 SC Meter IM**

1	Len Phoenix	38.24	1:24.01 (45.77)	57	Diss Otters	1:24.01
2	Jack Youngman	47.78	1:38.02 (50.24)	59	Romford Town	1:38.02

**Event 13 Men 60-64 100 SC Meter IM**

1	Duncan Mc Creadie	35.42	1:13.49 (38.07)	61	Spencer Swim Team	1:13.49
2	David Staveley	37.56	1:22.56 (45.00)	64	Hythe Aqua	1:22.56
3	Derek Parr	39.04	1:24.18 (45.14)	62	Broomfield Park	1:24.18
4	Jim Peto	52.64	1:43.33 (50.69)	63	Wellingborough	1:43.33
5	Phil Sears	48.44	1:43.65 (55.21)	60	Dorking	1:43.65

**Event 13 Men 70-74 100 SC Meter IM**

1	Paul Alvarez	47.22	1:40.50 (53.28)	72	Romford Town	1:40.50
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**Event 14 Women 18-24 100 SC Meter Butterfly**

1	Miriam Smith	35.69	1:16.01 (40.32)	24	Acton	1:16.01
2	Galit Zahavi	39.20	1:24.59 (45.39)	21	Barnet Copthall	1:24.59

**Event 14 Women 25-29 100 SC Meter Butterfly**

1	Christine Jaeggi	34.45	1:11.89 (37.44)	25	Anaconda (Cally Masters)	1:11.89
2	Gina Hobson	34.98	1:12.64 (37.66)	29	Otter	1:12.64
3	Lauren Edwards	36.14	1:15.30 (39.16)	27	Otter	1:15.30
4	Lucy Mullan	35.56	1:15.39 (39.83)	26	Camden Swiss Cottage S.C.	1:15.39

**Event 14 Women 30-34 100 SC Meter Butterfly**

1	Anne Vanner	36.26	1:16.94 (40.68)	34	Ware	1:16.94
2	Diane Rochford	38.65	1:24.39 (45.74)	34	Spencer Swim Team	1:24.39

**Event 14 Women 35-39 100 SC Meter Butterfly**

1	Josephine Cresswell	36.34	1:15.71 (39.37)	38	East Anglian Swallowtails	1:15.71
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**Event 14 Women 40-44 100 SC Meter Butterfly**

1	Bridget Bewick			41	Northampton	1:17.53
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	36.74	1:17.53 (40.79)		
2 Sharon Ruck			44 City of Canterbury	1:37.47
	45.66	1:37.47 (51.81)		

**Event 14 Women 45-49 100 SC Meter Butterfly**

1 Kathy Rose			47 Acton	2:06.82
	1:00.65	2:06.82 (1:06.17)		

**Event 14 Women 50-54 100 SC Meter Butterfly**

1 Christine Gillard			50 Newark	1:43.93
	47.96	1:43.93 (55.97)		

**Event 14 Women 55-59 100 SC Meter Butterfly**

1 Jeanette Benn			55 Barnet Copthall	2:05.28
	56.90	2:05.28 (1:08.38)		

**Event 14 Women 60-64 100 SC Meter Butterfly**

1 Elaine Blower			61 Barnet Copthall	1:49.70
	50.99	1:49.70 (58.71)		

**Event 15 Men 18-24 50 SC Meter Butterfly**

1 Brett Mc Clean			20 Anaconda (Cally Masters)	29.41
2 Peter Lee			18 Hounslow Hurricanes	29.95

**Event 15 Men 25-29 50 SC Meter Butterfly**

1 Carl Shaw			26 Loughborough Town	28.52
2 Adam Mc Carthy			27 Otter	30.08
3 Anthony Lee			25 City of Milton Keynes	30.41
4 Robert Williams			27 Out to Swim	30.63
5 Jess Little			29 Camden Swiss Cottage S.C.	31.19
6 Alexander Chklar			25 Spencer Swim Team	31.27
7 Vincent Pottier			28 City of Cambridge	32.49
8 Adam Freer			29 Camden Swiss Cottage S.C.	35.05

**Event 15 Men 30-34 50 SC Meter Butterfly**

1 Dave Read			34 Hartham Masters	28.83
2 Lachlan Pollard			31 Otter	28.95
3 Craig Bransby			32 Barnet S.C	29.77
4 Andy Hudson			34 Otter	30.54
5 John Digby			34 East Anglian Swallowtails	31.14
6 Kevin Roper			33 East Anglian Swallowtails	31.47
7 Toby Smith			32 City of Canterbury	32.50
8 Guy Barlow			34 Spencer Swim Team	32.82

**Event 15 Men 35-39 50 SC Meter Butterfly**

1 Mike Fibbens			37 Barnet Copthall	26.98
2 Ian Wilkes			39 Loughborough Town	28.93
3 Stephen Irwin			35 Kingston Royals	29.90
4 Andy Cook			38 Dorking	30.81
5 Gavin Barlow			38 Spencer Swim Team	31.09
6 Neil Kemp			37 Spencer Swim Team	31.96
7 Paul Eaglestone			39 Saxon Crown (Lewisham)	32.94
8 Max Martinez			36 Camden Swiss Cottage S.C.	33.60
9 Kevin Lief			39 Barnet Copthall	34.65
10 Russell Bentley			35 Camden Swiss Cottage S.C.	40.79

**Event 15 Men 40-44 50 SC Meter Butterfly**

1 Kevin Binns			44 Bushey	31.07
2 Jon Thorne			41 St Albans Masters	33.55
3 Anthony Kay			43 Acton	36.15
4 David Perry			41 Spencer Swim Team	37.51

**Event 15 Men 45-49 50 SC Meter Butterfly**

1 Ian Stoughton			47 Luton	31.93
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2	Thomas Enright	47	Romford Town	33.86
3	Mike Dicker	46	Spencer Swim Team	38.09
4	David Kaczmaryk	47	Wellingborough	39.83
5	Eric Chaline	49	Out to Swim	40.07

**Event 15 Men 50-54 50 SC Meter Butterfly**

1	Keith Mann	50	Romford Town	31.42
2	Malcolm Barton	51	Luton	35.76

**Event 15 Men 55-59 50 SC Meter Butterfly**

1	Steve Bratt	56	Out to Swim	37.84
2	Jack Youngman	59	Romford Town	40.91
3	David Pitcock	57	Barnet Copthall	41.18

**Event 15 Men 60-64 50 SC Meter Butterfly**

1	Derek Parr	62	Broomfield Park	32.07
2	Richard Stead	63	Spencer Swim Team	35.67
3	Roger Phillips	62	Otter	35.80
4	David Staveley	64	Hythe Aqua	36.08
5	Phil Sears	60	Dorking	48.36

**Event 15 Men 65-69 50 SC Meter Butterfly**

1	Garfield Thomas	66	Bridgend County	35.96
2	David Mathison	65	Acton	48.83

**Event 15 Men 70-74 50 SC Meter Butterfly**

1	Paul Alvarez	72	Romford Town	44.58
2	Derek Fuller	73	Thanet	45.57

**Event 16 Women 18-24 50 SC Meter Backstroke**

1	Amy Vaughan	20	Wellingborough	34.81
2	Jenny Onyon	19	St Albans Masters	35.96
3	Jane Edmondson	23	Barnet Copthall	39.99
4	Galit Zahavi	21	Barnet Copthall	40.61
5	Hannah Pearce	23	Maxwell	41.36
6	Gina Charleton	24	Orpington Ojays	41.82

**Event 16 Women 25-29 50 SC Meter Backstroke**

1	Gina Hobson	29	Otter	34.97
2	Lisa Dawson	28	Barnet Copthall	35.31
3	Christine Jaeggi	25	Anaconda (Cally Masters)	37.36
4	Julie Thomas	26	Wellingborough	42.86
5	Paula Thomas	29	Wellingborough	43.39
6	Shona Pineda	29	Acton	46.50

**Event 16 Women 30-34 50 SC Meter Backstroke**

1	Susan MacLean	31	Camden Swiss Cottage S.C.	35.17
2	Irina Gillham	30	Spencer Swim Team	46.53

**Event 16 Women 35-39 50 SC Meter Backstroke**

1	Geertje Van Keulan	37	East Anglian Swallowtails	38.10
2	Heike Templin	38	City of Cambridge	42.71
3	Tracey Kain	36	Acton	47.83
4	Maria Smith	36	Diss Otters	50.99

**Event 16 Women 45-49 50 SC Meter Backstroke**

1	Jane Blackwell	47	Norwich Swan	44.62
2	Sara Perry	49	Anaconda (Cally Masters)	44.71
3	Kathy Rose	47	Acton	56.20

**Event 16 Women 50-54 50 SC Meter Backstroke**

1	Karen Brown	51	Hammersmith Penguins	57.00
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**Event 16 Women 55-59 50 SC Meter Backstroke**

1	Susie Breslin	59	Barnet Copthall	40.43
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**Event 16 Women 60-64 50 SC Meter Backstroke**

1	Jean Thomas	62	Wellingborough	1:08.04
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**Event 16 Women 65-69 50 SC Meter Backstroke**

1	Sybil Warn	69	Brentwood	56.08
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**Event 16 Women 70-74 50 SC Meter Backstroke**

1	Elizabeth Braimbridge	73	Camden Swiss Cottage S.C.	1:02.14
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**Event 16 Women 75-79 50 SC Meter Backstroke**

1	Susan Halter	79	Camden Swiss Cottage S.C.	59.15
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**Event 16 Women 80-84 50 SC Meter Backstroke**

1	Daphne Gilbert	82	Brentwood	1:05.00
2	Phylis Spaul	80	Dartford & District	1:31.34

**Event 17 Men 18-24 100 SC Meter Backstroke**

1	Gavin Toms	18	Saxon Crown (Lewisham)	1:08.06
	32.88		1:08.06 (35.18)	
2	Brett Mc Clean	20	Anaconda (Cally Masters)	1:14.23
	36.24		1:14.23 (37.99)	

**Event 17 Men 25-29 100 SC Meter Backstroke**

1	David Gelb	25	Barnet Copthall	1:04.57
	31.05		1:04.57 (33.52)	
2	Joe Twyman	29	Barnet Copthall	1:05.97
	32.02		1:05.97 (33.95)	
3	Carl Shaw	26	Loughborough Town	1:07.46
	32.71		1:07.46 (34.75)	
4	Ryan Heath	26	Out to Swim	1:08.02
	32.68		1:08.02 (35.34)	
5	Steve Buckley	29	City of Cambridge	1:10.88
	34.46		1:10.88 (36.42)	
6	Dan Scheinmann	27	Camden Swiss Cottage S.C.	1:11.61
	34.44		1:11.61 (37.17)	
7	Richard Weatherhead	25	Barnet Copthall	1:13.30
	36.09		1:13.30 (37.21)	
8	Alexander Chklar	25	Spencer Swim Team	1:15.39
	36.59		1:15.39 (38.80)	

**Event 17 Men 30-34 100 SC Meter Backstroke**

1	Neil Mc Mahon	32	Leatherhead	1:04.11
	31.20		1:04.11 (32.91)	
2	Guy Barlow	34	Spencer Swim Team	1:14.09
	34.98		1:14.09 (39.11)	
3	Jason Garnham	32	Diss Otters	1:14.46
	36.54		1:14.46 (37.92)	
4	Peter Lambert	33	Spencer Swim Team	1:15.07
	36.63		1:15.07 (38.44)	

**Event 17 Men 35-39 100 SC Meter Backstroke**

1	Paul Eaglestone	39	Saxon Crown (Lewisham)	1:13.55
	35.89		1:13.55 (37.66)	
2	Tony Pepper	39	Acton	1:14.54
	37.28		1:14.54 (37.26)	
3	Grant Tyrer*	36	Colchester Phoenix	2:35.57
	1:13.58		2:35.57 (1:21.99)	

**Event 17 Men 40-44 100 SC Meter Backstroke**

1	Steve Conway	42	Loughborough Town	1:10.84
	34.07		1:10.84 (36.77)	
2	Andy Byrne	43	Luton	1:11.00
	35.27		1:11.00 (35.73)	
3	Peter Brown	44	Anaconda (Cally Masters)	1:27.03

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42.86 1:27.03 (44.17)

**Event 17 Men 45-49 100 SC Meter Backstroke**

1	Mike Dicker	46	Spencer Swim Team	1:45.14
	51.19	1:45.14	(53.95)	

**Event 17 Men 50-54 100 SC Meter Backstroke**

1	Graham Powell	50	Luton	1:08.81
	33.09	1:08.81	(35.72)	
2	Kevin Airey	51	Out to Swim	1:23.54
	41.74	1:23.54	(41.80)	
3	David Royall	51	East Anglian Swallowtails	1:30.25
	41.96	1:30.25	(48.29)	

**Event 17 Men 55-59 100 SC Meter Backstroke**

1	Malcolm Munro	59	Acton	1:21.35
	39.42	1:21.35	(41.93)	
2	Len Phoenix	57	Diss Otters	1:30.28
	43.53	1:30.28	(46.75)	

**Event 17 Men 60-64 100 SC Meter Backstroke**

1	David Staveley	64	Hythe Aqua	1:28.74
	43.71	1:28.74	(45.03)	
2	Bruce Thompson	64	Barnet Cophall	1:38.42
	47.75	1:38.42	(50.67)	
3	Phil Sears	60	Dorking	1:51.49
	54.65	1:51.49	(56.84)	

**Event 17 Men 65-69 100 SC Meter Backstroke**

1	Nigel Salisbury	66	Reading	1:25.94
	41.95	1:25.94	(43.99)	

**Event 17 Men 70-74 100 SC Meter Backstroke**

1	John Starr	72	Romford Town	1:41.49
	50.59	1:41.49	(50.90)	
2	Janos Leigh	72	Romford Town	1:45.11
	53.18	1:45.11	(51.93)	
3	Richard Harding	73	Spencer Swim Team	1:54.53
	56.06	1:54.53	(58.47)	

**Event 17 Men 75-79 100 SC Meter Backstroke**

1	Robert Curr	77	Serpentine	2:33.65
	1:11.89	2:33.65	(1:21.76)	

**Event 18 Women 18-24 100 SC Meter Breaststroke**

1	Miriam Smith	24	Acton	1:25.08
	40.09	1:25.08	(44.99)	
2	Amy Vaughan	20	Wellingborough	1:27.26
	41.39	1:27.26	(45.87)	
3	Jenny Onyon	19	St Albans Masters	1:27.49
	41.87	1:27.49	(45.62)	
4	Claire Pearce	20	Hounslow Hurricanes	1:36.26
	45.60	1:36.26	(50.66)	
5	Melanie Robson	24	Saxon Crown (Lewisham)	1:37.04
	45.50	1:37.04	(51.54)	

**Event 18 Women 25-29 100 SC Meter Breaststroke**

1	Ruth Morrison	27	Otter	1:19.70
	37.83	1:19.70	(41.87)	
2	Lauren Edwards	27	Otter	1:26.05
	41.32	1:26.05	(44.73)	
3	Marta Wawrzyniak	26	Leicester Penguins	1:38.64
	47.57	1:38.64	(51.07)	
4	Kathryn Webb*	28	Colchester Phoenix	2:24.58
	1:10.49	2:24.58	(1:14.09)	
---	Diana Kennedy	28	Bethnal Green Sharks	<b>DQ Moving at at start</b>

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47.13 DQ (54.72)

**Event 18 Women 30-34 100 SC Meter Breaststroke**

1	Jane Monaghan	34	Saxon Crown (Lewisham)	1:43.99
	48.32	1:43.99	(55.67)	

**Event 18 Women 35-39 100 SC Meter Breaststroke**

1	Ruth Brown	36	City of Cambridge	1:34.04
	44.50	1:34.04	(49.54)	
2	Tracey Kain	36	Acton	1:36.41
	46.96	1:36.41	(49.45)	
3	Sarah Chamberlain	35	City of Cambridge	1:38.97
	48.34	1:38.97	(50.63)	

**Event 18 Women 40-44 100 SC Meter Breaststroke**

1	Bridget Bewick	41	Northampton	1:28.61
	42.61	1:28.61	(46.00)	
2	Elizabeth Shaw	40	Otter	1:29.00
	43.05	1:29.00	(45.95)	

**Event 18 Women 45-49 100 SC Meter Breaststroke**

1	Sara Perry	49	Anaconda (Cally Masters)	1:34.58
	45.98	1:34.58	(48.60)	
2	Kathy Rose	47	Acton	1:54.88
	1:54.88	(58.32)		

**Event 18 Women 50-54 100 SC Meter Breaststroke**

1	Susan Green	50	Camden Swiss Cottage S.C.	1:54.81
	55.38	1:54.81	(59.43)	

**Event 18 Women 55-59 100 SC Meter Breaststroke**

1	Geraldine Nogami	57	Acton	2:12.86
	1:00.09	2:12.86	(1:12.77)	

**Event 18 Women 60-64 100 SC Meter Breaststroke**

1	Ann Broomfield	64	St Albans Masters	2:15.40
	1:05.41	2:15.40	(1:09.99)	
2	Jean Thomas	62	Wellingborough	2:24.94
	1:10.91	2:24.94	(1:14.03)	

**Event 18 Women 70-74 100 SC Meter Breaststroke**

1	Pauline Wilkinson	73	Spencer Swim Team	2:39.85
	1:13.72	2:39.85	(1:26.13)	

**Event 18 Women 80-84 100 SC Meter Breaststroke**

1	Phylis Spaul	80	Dartford & District	4:57.85
	2:34.85	4:57.85	(2:23.00)	

**Event 19 Men 18-24 50 SC Meter Breaststroke**

1	Brett Mc Clean	20	Anaconda (Cally Masters)	32.19
2	Cezar Pineda	21	Acton	40.36

**Event 19 Men 25-29 50 SC Meter Breaststroke**

1	Carl Shaw	26	Loughborough Town	31.90
2	Klaudiusz Debski	25	O R S Masters (Poland)	33.62
3	Ryan Heath	26	Out to Swim	34.32
4	Robert Williams	27	Out to Swim	35.33
5	Alexander Chklar	25	Spencer Swim Team	36.16
6	Adam Freer	29	Camden Swiss Cottage S.C.	39.89

**Event 19 Men 30-34 50 SC Meter Breaststroke**

1	Kevin Roper	33	East Anglian Swallowtails	36.19
2	Andy Hudson	34	Otter	37.51
3	Jason Garnham	32	Diss Otters	38.33

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1	Neil Kemp	37	Spencer Swim Team	34.14
2	Michael Penney	36	Wellingborough	35.84
3	Kevin Lief	39	Barnet Copthall	37.78

**Event 19 Men 40-44 50 SC Meter Breaststroke**

1	David Douglas	42	Out to Swim	40.52
2	Anthony Kay	43	Acton	42.57
3	Peter Brown	44	Anaconda (Cally Masters)	42.92
4	Mike Neumann	42	Camden Swiss Cottage S.C.	43.34
5	Baram Pachenari	41	Camden Swiss Cottage S.C.	46.36
6	Jonathan Mooney	41	City of Milton Keynes	48.15

**Event 19 Men 45-49 50 SC Meter Breaststroke**

1	Philip Holme	47	Barnet Copthall	38.13
2	John Cochrane	49	City of Cambridge	39.42
3	Mike Dicker	46	Spencer Swim Team	44.81

**Event 19 Men 50-54 50 SC Meter Breaststroke**

1	Malcolm Barton	51	Luton	37.26
2	Graham Reeve	50	Spencer Swim Team	38.34
3	Kevin Airey	51	Out to Swim	40.54

**Event 19 Men 55-59 50 SC Meter Breaststroke**

1	Malcolm Munro	59	Acton	41.34
2	Steve Bratt	56	Out to Swim	42.09
3	Jack Youngman	59	Romford Town	44.80
4	Duncan Mc Lean	57	Anaconda (Cally Masters)	57.38

**Event 19 Men 60-64 50 SC Meter Breaststroke**

1	Paul Clarke	64	Luton	44.63
2	Phil Sears	60	Dorking	54.35

**Event 19 Men 70-74 50 SC Meter Breaststroke**

1	Paul Alvarez	72	Romford Town	46.06
2	Derek Fuller	73	Thanet	47.99
3	Neil Howell	74	East Anglian Swallowtails	55.95

**Event 19 Men 80-84 50 SC Meter Breaststroke**

1	Harry Travis	84	Camden Swiss Cottage S.C.	1:20.99
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**Event 20 Women 18-24 50 SC Meter Freestyle**

1	Miriam Smith	24	Acton	32.25
2	Jane Edmondson	23	Barnet Copthall	33.25
3	Melanie Robson	24	Saxon Crown (Lewisham)	33.57
4	Laura Mynard	24	City of Milton Keynes	33.73
5	Hannah Pearce	23	Maxwell	34.18
6	Gina Charleton	24	Orpington Ojays	34.78

**Event 20 Women 25-29 50 SC Meter Freestyle**

1	Gina Hobson	29	Otter	29.43
2	Ruth Morrison	27	Otter	29.60
3	Lisa Dawson	28	Barnet Copthall	31.02
4	Lucy Mullan	26	Camden Swiss Cottage S.C.	32.77
5	Paula Thomas	29	Wellingborough	35.32
6	Shona Pineda	29	Acton	39.21

**Event 20 Women 30-34 50 SC Meter Freestyle**

1	Anne Vanner	34	Ware	29.99
2	Susan MacLean	31	Camden Swiss Cottage S.C.	31.04
3	Irina Gillham	30	Spencer Swim Team	36.31

**Event 20 Women 35-39 50 SC Meter Freestyle**

1	Ruth Brown	36	City of Cambridge	32.05
2	Josephine Cresswell	38	East Anglian Swallowtails	32.84

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3	Geertje Van Keulan	37	East Anglian Swallowtails	33.61
4	Helen Brooks	36	Barnet Copthall	33.81
5	Tracey Kain	36	Acton	36.67
6	Heike Templin	38	City of Cambridge	37.04
7	Maria Smith	36	Diss Otters	39.41

**Event 20 Women 40-44 50 SC Meter Freestyle**

1	Helen Gray	40	Dartford & District	30.85
2	Deb Matless	43	East Anglian Swallowtails	30.86
3	Elizabeth Shaw	40	Otter	32.02
4	Natalie Bateson	40	Barnet Copthall	33.41
5	Angie Willis	43	Saxon Crown (Lewisham)	36.49
6	Sharon Ruck	44	City of Canterbury	38.14
7	Alice Huang	41	Anaconda (Cally Masters)	38.16
8	Jane Phoenix	41	Diss Otters	38.35

**Event 20 Women 45-49 50 SC Meter Freestyle**

1	Jane Blackwell	47	Norwich Swan	34.32
2	Sara Perry	49	Anaconda (Cally Masters)	34.50
3	Coral Allen	47	Spencer Swim Team	36.62
4	Kathy Rose	47	Acton	44.72
5	Elaine Thomas	46	Bridgend County	48.57

**Event 20 Women 50-54 50 SC Meter Freestyle**

1	Christine Gillard	50	Newark	35.83
2	Susan Green	50	Camden Swiss Cottage S.C.	44.19
3	Karen Brown	51	Hammersmith Penguins	54.68

**Event 20 Women 55-59 50 SC Meter Freestyle**

1	Jeanette Benn	55	Barnet Copthall	43.53
2	Geraldine Nogami	57	Acton	49.12

**Event 20 Women 60-64 50 SC Meter Freestyle**

1	Judy Alden	60	Barnet Copthall	33.76
2	Elaine Blower	61	Barnet Copthall	38.81
3	Ann Broomfield	64	St Albans Masters	54.83

**Event 20 Women 65-69 50 SC Meter Freestyle**

1	Sybil Warn	69	Brentwood	43.16
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**Event 20 Women 70-74 50 SC Meter Freestyle**

1	Pauline Wilkinson	73	Spencer Swim Team	53.37
2	Elizabeth Braimbridge	73	Camden Swiss Cottage S.C.	55.68

**Event 20 Women 75-79 50 SC Meter Freestyle**

1	Susan Halter	79	Camden Swiss Cottage S.C.	55.02
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**Event 20 Women 80-84 50 SC Meter Freestyle**

1	Daphne Gilbert	82	Brentwood	1:06.44
2	Phylis Spaul	80	Dartford & District	1:30.53

**Event 21 Men 18-24 100 SC Meter Freestyle**

1	Brett Mc Clean	20	Anaconda (Cally Masters)	58.44
	27.97	58.44	(30.47)	
2	Gavin Toms	18	Saxon Crown (Lewisham)	58.65
	28.13	58.65	(30.52)	
3	Peter Lee	18	Hounslow Hurricanes	58.94
	28.09	58.94	(30.85)	

**Event 21 Men 25-29 100 SC Meter Freestyle**

1	Carl Shaw	26	Loughborough Town	56.55
	27.54	56.55	(29.01)	
2	Joe Twyman	29	Barnet Copthall	59.06
	27.96	59.06	(31.10)	
3	Vincent Pottier	28	City of Cambridge	59.69

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	28.80	59.69 (30.89)		
4 Jess Little			29 Camden Swiss Cottage S.C.	59.70
	28.41	59.70 (31.29)		
5 Klaudiusz Debski			25 O R S Masters (Poland)	59.97
	28.90	59.97 (31.07)		
6 Anthony Lee			25 City of Milton Keynes	1:00.14
	28.91	1:00.14 (31.23)		
7 Steve Buckley			29 City of Cambridge	1:00.63
	29.49	1:00.63 (31.14)		
8 Alexander Chklar			25 Spencer Swim Team	1:01.23
	30.08	1:01.23 (31.15)		
9 Richard Weatherhead			25 Barnet Copthall	1:03.26
	31.08	1:03.26 (32.18)		
10 Dan Scheinmann			27 Camden Swiss Cottage S.C.	1:03.29
	30.59	1:03.29 (32.70)		
11 Adam Freer			29 Camden Swiss Cottage S.C.	1:07.60
	32.46	1:07.60 (35.14)		

**Event 21 Men 30-34 100 SC Meter Freestyle**

1 Chris Hopton			31 Camden Swiss Cottage S.C.	55.95
	26.73	55.95 (29.22)		
2 Lachlan Pollard			31 Otter	57.67
	27.42	57.67 (30.25)		
3 Dave Read			34 Hartham Masters	58.57
	28.32	58.57 (30.25)		
4 Andy Hudson			34 Otter	1:00.72
	29.00	1:00.72 (31.72)		
5 Jonathan Kernkraut			30 Anaconda (Cally Masters)	1:02.50
	29.67	1:02.50 (32.83)		
6 Jason Garnham			32 Diss Otters	1:02.56
	30.08	1:02.56 (32.48)		
7 Guy Barlow			34 Spencer Swim Team	1:02.63
	29.71	1:02.63 (32.92)		
8 Thomas Harris			32 Out to Swim	1:03.66
	30.52	1:03.66 (33.14)		
9 Toby Smith			32 City of Canterbury	1:04.05
	30.71	1:04.05 (33.34)		
10 Roberto De Lisa			32 Out to Swim	1:06.94
	32.27	1:06.94 (34.67)		
11 Peter Lambert			33 Spencer Swim Team	1:07.90
	32.21	1:07.90 (35.69)		

**Event 21 Men 35-39 100 SC Meter Freestyle**

1 Andy Cook			38 Dorking	1:00.40
	28.78	1:00.40 (31.62)		
2 Stephen Irwin			35 Kingston Royals	1:00.63
	28.99	1:00.63 (31.64)		
3 Michael Penney			36 Wellingborough	1:04.53
	31.03	1:04.53 (33.50)		
4 Tony Pepper			39 Acton	1:04.81
	30.64	1:04.81 (34.17)		
5 Gavin Barlow			38 Spencer Swim Team	1:05.53
	30.99	1:05.53 (34.54)		
6 Max Martinez			36 Camden Swiss Cottage S.C.	1:10.34
	33.20	1:10.34 (37.14)		
7 John O'Rourke			37 Luton	1:14.87
	1:14.70	1:14.87 (0.17)		

**Event 21 Men 40-44 100 SC Meter Freestyle**

1 Andy Byrne			43 Luton	1:01.21
	29.61	1:01.21 (31.60)		
2 Kevin Binns			44 Bushey	1:04.80
	30.80	1:04.80 (34.00)		
3 Derek Pinner			43 City of Canterbury	1:11.22
	32.90	1:11.22 (38.32)		

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4	David Perry		41	Spencer Swim Team	1:13.02
	35.39	1:13.02 (37.63)			
5	Jonathan Mooney		41	City of Milton Keynes	1:29.70
	42.68	1:29.70 (47.02)			

**Event 21 Men 45-49 100 SC Meter Freestyle**

1	Jim Hobsley		46	Barnet Copthall	58.61
	27.87	58.61 (30.74)			
2	Mick Commons		45	Loughborough Town	1:00.45
	28.74	1:00.45 (31.71)			
3	Ian Stoughton		47	Luton	1:02.38
	29.84	1:02.38 (32.54)			
4	Thomas Enright		47	Romford Town	1:06.10
	31.72	1:06.10 (34.38)			
5	John Brett		46	Y Swim	1:10.93
	33.59	1:10.93 (37.34)			
6	Don Wilson		49	Out to Swim	1:11.17
	34.33	1:11.17 (36.84)			
7	Nigel Ashworth		46	Out to Swim	1:13.26
	35.34	1:13.26 (37.92)			

**Event 21 Men 50-54 100 SC Meter Freestyle**

1	Keith Mann		50	Romford Town	1:02.38
	30.46	1:02.38 (31.92)			
2	Martin Appleby		53	Barnet Copthall	1:12.62
	35.56	1:12.62 (37.06)			
3	David Royall		51	East Anglian Swallowtails	1:13.24
	33.99	1:13.24 (39.25)			
4	Peter Rank		54	City of Cambridge	1:15.87
	36.10	1:15.87 (39.77)			

**Event 21 Men 55-59 100 SC Meter Freestyle**

1	Len Phoenix		57	Diss Otters	1:13.62
	35.02	1:13.62 (38.60)			
2	David Pitcock		57	Barnet Copthall	1:22.43
	39.29	1:22.43 (43.14)			
3	Duncan Mc Lean		57	Anaconda (Cally Masters)	1:34.65
	43.54	1:34.65 (51.11)			

**Event 21 Men 60-64 100 SC Meter Freestyle**

1	Duncan Mc Creadie		61	Spencer Swim Team	1:02.80
	30.66	1:02.80 (32.14)			
2	Derek Parr		62	Broomfield Park	1:11.87
	35.10	1:11.87 (36.77)			
3	Roger Phillips		62	Otter	1:14.73
	35.89	1:14.73 (38.84)			
4	Jim Peto		63	Wellingborough	1:33.50
	44.77	1:33.50 (48.73)			
5	Phil Sears		60	Dorking	1:33.65
	44.50	1:33.65 (49.15)			

**Event 21 Men 65-69 100 SC Meter Freestyle**

1	Geoff Stokes		67	Spencer Swim Team	1:08.25
	32.66	1:08.25 (35.59)			
2	Garfield Thomas		66	Bridgend County	1:13.18
	35.07	1:13.18 (38.11)			
3	Nigel Salisbury		66	Reading	1:19.76
	37.20	1:19.76 (42.56)			

**Event 21 Men 70-74 100 SC Meter Freestyle**

1	John Starr		72	Romford Town	1:22.77
	39.92	1:22.77 (42.85)			
2	Richard Harding		73	Spencer Swim Team	1:47.66
	50.03	1:47.66 (57.63)			

**Event 21 Men 75-79 100 SC Meter Freestyle**

1	Robert Curr		77	Serpentine	2:30.48
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1:08.75 2:30.48 (1:21.73)

**Event 22 Women 120-159 200 SC Meter Freestyle Relay**

1	Bethnal Green Sharks				2:29.39
		36.86	1:13.95 (37.09)	1:51.46 (37.51)	2:29.39 (37.93)

**Event 22 Women 160-199 200 SC Meter Freestyle Relay**

1	Barnet Copthall				2:17.77
		38.74	1:13.22 (34.48)	1:46.26 (33.04)	2:17.77 (31.51)
2	Spencer Swim Team				2:34.01
		52.96		2:34.01 ( )	2:34.01 ( )
3	Acton				2:49.45
		39.56	1:28.54 (48.98)	2:12.51 (43.97)	2:49.45 (36.94)

**Event 23 Men 100-119 200 SC Meter Freestyle Relay**

1	Out to Swim				1:50.32
		27.26	56.45 (29.19)	1:24.25 (27.80)	1:50.32 (26.07)

**Event 23 Men 120-159 200 SC Meter Freestyle Relay**

1	Loughborough Town				1:48.20
		27.32	54.97 (27.65)	1:22.21 (27.24)	1:48.20 (25.99)
2	Spencer Swim Team				1:52.83
		28.79	57.69 (28.90)	1:25.77 (28.08)	1:52.83 (27.06)
3	Barnet S.C				1:57.72
		30.86	1:01.53 (30.67)	1:31.35 (29.82)	1:57.72 (26.37)
4	Camden Swiss Cottage S.C.				2:04.61
		32.10	1:06.21 (34.11)	1:35.65 (29.44)	2:04.61 (28.96)
5	Out to Swim				2:08.72
		31.77	1:05.20 (33.43)	1:38.03 (32.83)	2:08.72 (30.69)

**Event 23 Men 160-199 200 SC Meter Freestyle Relay**

1	City of Cambridge				2:00.01
		31.56	1:04.70 (33.14)	1:32.19 (27.49)	2:00.01 (27.82)

**Event 23 Men 200-239 200 SC Meter Freestyle Relay**

1	Barnet Copthall				2:03.13
		32.58	1:04.37 (31.79)	1:36.45 (32.08)	2:03.13 (26.68)
2	Spencer Swim Team				2:06.88
		31.87	1:05.53 (33.66)	1:37.80 (32.27)	2:06.88 (29.08)
3	Acton				2:07.03
		29.73	1:05.19 (35.46)	1:39.31 (34.12)	2:07.03 (27.72)
4	Out to Swim				2:09.66
		32.96	1:06.74 (33.78)	1:38.41 (31.67)	2:09.66 (31.25)

**Event 23 Men 240-279 200 SC Meter Freestyle Relay**

1	Romford Town				2:12.54
		29.44	1:08.86 (39.42)	1:44.19 (35.33)	2:12.54 (28.35)

**Event 24 Mixed 100-119 200 SC Meter Medley Relay**

1	Otter				2:07.90
		36.77	1:12.87 (36.10)	1:42.14 (29.27)	2:07.90 (25.76)
2	Camden Swiss Cottage S.C.				2:09.20
		35.20	1:13.04 (37.84)	1:43.88 (30.84)	2:09.20 (25.32)

**Event 24 Mixed 120-159 200 SC Meter Medley Relay**

1	Barnet Copthall				2:11.80
		35.44	1:09.25 (33.81)	1:38.54 (29.29)	2:11.80 (33.26)
2	Spencer Swim Team				2:14.51
		33.80	1:07.94 (34.14)	1:41.39 (33.45)	2:14.51 (33.12)
3	East Anglian Swallowtails				2:19.29
		39.71	1:15.10 (35.39)	1:49.42 (34.32)	2:19.29 (29.87)
4	City of Cambridge				2:27.92
		42.94	1:23.24 (40.30)	1:59.83 (36.59)	2:27.92 (28.09)
5	Saxon Crown (Lewisham)				2:30.12

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6	Wellingborough	34.36	1:20.28 (45.92)	2:04.28 (44.00)	2:30.12 (25.84)	2:33.35
		41.96	1:25.38 (43.42)	1:58.98 (33.60)	2:33.35 (34.37)	

**Event 24 Mixed 160-199 200 SC Meter Medley Relay**

1	Anaconda (Cally Masters)					2:33.68
		39.52	1:24.23 (44.71)	1:54.69 (30.46)	2:33.68 (38.99)	

**Event 24 Mixed 240-279 200 SC Meter Medley Relay**

1	Spencer Swim Team					2:50.92
		37.47	1:22.79 (45.32)	1:58.72 (35.93)	2:50.92 (52.20)	