

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 1 Women 19-24 800 SC Meter Freestyle**

Name	Age	Team	Finals Time			
1 Victoria Akers	22	City of Derby	11:15.64			
	37.63	1:18.56 (40.93)	2:00.55 (41.99)	2:43.08 (42.53)		
	3:25.91 (42.83)	4:08.85 (42.94)	4:51.85 (43.00)	5:34.90 (43.05)		
	6:17.72 (42.82)	7:00.52 (42.80)	7:43.64 (43.12)	8:27.37 (43.73)		
	9:09.70 (42.33)	9:52.41 (42.71)	10:34.93 (42.52)	11:15.64 (40.71)		
2 Jane Edmondson	20	Barnet Copthall	11:31.45			
	39.15	1:22.63 (43.48)	2:06.52 (43.89)	2:51.65 (45.13)		
	3:35.93 (44.28)	4:20.66 (44.73)	5:05.16 (44.50)	5:50.02 (44.86)		
	6:33.66 (43.64)	7:17.79 (44.13)	8:01.47 (43.68)	8:45.02 (43.55)		
	9:28.28 (43.26)	10:11.17 (42.89)	10:53.22 (42.05)	11:31.45 (38.23)		

Event 1 Women 25-29 800 SC Meter Freestyle

1 Gina Hobson	26	Otter	10:28.12			
	34.80	1:13.15 (38.35)	1:52.08 (38.93)	2:31.49 (39.41)		
	3:11.05 (39.56)	3:50.92 (39.87)	4:30.82 (39.90)	5:11.24 (40.42)		
	5:50.99 (39.75)	6:30.87 (39.88)	7:10.82 (39.95)	7:50.64 (39.82)		
	8:30.18 (39.54)	9:10.01 (39.83)	9:49.73 (39.72)	10:28.12 (38.39)		

Event 1 Women 30-34 800 SC Meter Freestyle

1 Elizabeth Simpson	31	Trident	9:52.05			
	33.75	1:09.49 (35.74)	1:46.08 (36.59)	2:22.95 (36.87)		
	2:59.90 (36.95)	3:37.02 (37.12)	4:14.24 (37.22)	4:51.70 (37.46)		
	5:29.10 (37.40)	6:06.64 (37.54)	6:44.54 (37.90)	7:22.40 (37.86)		
	8:00.44 (38.04)	8:38.46 (38.02)	9:16.11 (37.65)	9:52.05 (35.94)		
2 Sarah Spinks	32	Harrow & Wealdstone	12:20.76			
	38.65	1:22.61 (43.96)	2:08.44 (45.83)	2:54.13 (45.69)		
	3:41.00 (46.87)	4:28.58 (47.58)	5:15.70 (47.12)	6:04.18 (48.48)		
	6:51.84 (47.66)	7:38.88 (47.04)	8:25.32 (46.44)	9:12.91 (47.59)		
	10:00.93 (48.02)	10:49.59 (48.66)	11:37.89 (48.30)	12:20.76 (42.87)		
3 Nicky Main	30	Barnet Copthall	13:33.91			
	48.23	1:38.09 (49.86)	2:28.93 (50.84)	3:20.12 (51.19)		
	4:10.65 (50.53)	5:04.06 (53.41)	5:55.11 (51.05)	6:47.97 (52.86)		
	7:40.17 (52.20)	8:31.54 (51.37)	9:22.85 (51.31)	10:12.95 (50.10)		
	11:05.50 (52.55)	11:56.04 (50.54)	12:46.74 (50.70)	13:33.91 (47.17)		

Event 1 Women 35-39 800 SC Meter Freestyle

1 Ursula Schultz	35	City of Oxford	10:18.19			
	35.48	1:12.80 (37.32)	1:50.85 (38.05)	2:29.33 (38.48)		
	3:08.24 (38.91)	3:46.88 (38.64)	4:25.69 (38.81)	5:04.54 (38.85)		
	5:43.75 (39.21)	6:23.09 (39.34)	7:02.51 (39.42)	7:41.89 (39.38)		
	8:21.36 (39.47)	9:00.74 (39.38)	9:40.17 (39.43)	10:18.19 (38.02)		
2 Angela Wilson	38	Maidenhead	10:22.76			
	35.12	1:13.43 (38.31)	1:52.02 (38.59)	2:30.61 (38.59)		
	3:09.85 (39.24)	3:48.98 (39.13)	4:28.23 (39.25)	5:07.43 (39.20)		
	5:46.37 (38.94)	6:25.29 (38.92)	7:04.75 (39.46)	7:44.58 (39.83)		
	8:24.48 (39.90)	9:04.21 (39.73)	9:44.20 (39.99)	10:22.76 (38.56)		

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 1 Women 35-39 800 SC Meter Freestyle (cont'd)**

3	Debbie Tahir	39	Griffins of Enfield	12:13.03
	41.17	1:26.51 (45.34)	2:12.74 (46.23)	2:58.39 (45.65)
	3:44.62 (46.23)	4:31.34 (46.72)	5:17.77 (46.43)	6:04.51 (46.74)
	6:50.59 (46.08)	7:37.40 (46.81)	8:24.11 (46.71)	9:10.65 (46.54)
	9:57.02 (46.37)	10:43.66 (46.64)	11:29.96 (46.30)	12:13.03 (43.07)
4	Tessa Milne	35	Barnet Copthall	12:44.39
	43.87	1:31.50 (47.63)	2:19.43 (47.93)	3:08.26 (48.83)
	3:56.80 (48.54)	4:45.29 (48.49)	5:33.49 (48.20)	6:22.14 (48.65)
	7:10.49 (48.35)	7:58.52 (48.03)	8:46.92 (48.40)	9:35.01 (48.09)
	10:23.02 (48.01)	11:11.24 (48.22)	11:59.31 (48.07)	12:44.39 (45.08)
5	Jane Sexton	38	Diss Otters	14:16.48
	47.52	1:39.18 (51.66)	2:32.47 (53.29)	3:27.54 (55.07)
	4:23.12 (55.58)	5:17.79 (54.67)	6:11.95 (54.16)	7:06.04 (54.09)
	8:01.73 (55.69)	8:56.31 (54.58)	9:51.22 (54.91)	10:46.41 (55.19)
	11:39.85 (53.44)	12:32.88 (53.03)	13:26.68 (53.80)	14:16.48 (49.80)

Event 1 Women 40-44 800 SC Meter Freestyle

1	Jane Thomas	44	Eastbourne	11:11.84
	38.77	1:19.68 (40.91)	2:02.07 (42.39)	2:44.51 (42.44)
	3:26.92 (42.41)	4:09.27 (42.35)	4:51.86 (42.59)	5:34.45 (42.59)
	6:17.00 (42.55)	6:59.63 (42.63)	7:42.19 (42.56)	8:24.60 (42.41)
	9:07.02 (42.42)	9:49.09 (42.07)	10:30.90 (41.81)	11:11.84 (40.94)
2	Caroline Riley	42	Grimsby Santa Marina	11:12.25
	36.22	1:15.56 (39.34)	1:56.41 (40.85)	2:38.43 (42.02)
	3:20.83 (42.40)	4:03.37 (42.54)	4:46.38 (43.01)	5:29.54 (43.16)
	6:12.55 (43.01)	6:55.61 (43.06)	7:39.21 (43.60)	8:22.37 (43.16)
	9:05.57 (43.20)	9:48.93 (43.36)	10:31.32 (42.39)	11:12.25 (40.93)
3	Hannah Ueckermann	40	Witham Dolphins	11:12.84
	36.74	1:18.08 (41.34)	2:00.22 (42.14)	2:42.71 (42.49)
	3:25.29 (42.58)	4:08.41 (43.12)	4:51.54 (43.13)	5:34.21 (42.67)
	6:17.37 (43.16)	6:59.77 (42.40)	7:43.56 (43.79)	8:26.80 (43.24)
	9:08.43 (41.63)	9:50.63 (42.20)	10:32.50 (41.87)	11:12.84 (40.34)
4	Valerie Bull	41	Diss Otters	13:19.69
	43.11	1:29.65 (46.54)	2:18.61 (48.96)	3:07.73 (49.12)
	3:58.09 (50.36)	4:48.62 (50.53)	5:39.38 (50.76)	6:30.11 (50.73)
	7:21.97 (51.86)	8:12.49 (50.52)	9:03.84 (51.35)	9:55.36 (51.52)
	10:46.75 (51.39)	11:38.35 (51.60)	12:28.87 (50.52)	13:19.69 (50.82)
5	Joanne Belton	41	Barnet Copthall	13:28.07
	45.81	1:34.21 (48.40)	2:23.78 (49.57)	3:14.35 (50.57)
	4:04.67 (50.32)	4:55.17 (50.50)	5:46.11 (50.94)	6:36.98 (50.87)
	7:28.32 (51.34)	8:20.21 (51.89)	9:11.91 (51.70)	10:03.25 (51.34)
	10:55.16 (51.91)	11:46.15 (50.99)	12:38.39 (52.24)	13:28.07 (49.68)
6	Cheryl Mac Donald	44	Romford Town	13:33.69
	45.02	1:35.05 (50.03)	2:26.34 (51.29)	3:17.81 (51.47)
	4:10.09 (52.28)	5:02.01 (51.92)	5:54.34 (52.33)	6:45.85 (51.51)
	7:37.54 (51.69)	8:29.44 (51.90)	9:20.43 (50.99)	10:11.82 (51.39)
	11:03.13 (51.31)	11:54.34 (51.21)	12:45.90 (51.56)	13:33.69 (47.79)

Event 1 Women 40-44 800 SC Meter Freestyle (cont'd)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

7 Janet Casey 40 Barnet Copthall 14:29.04
 48.22 1:40.53 (52.31) 2:34.74 (54.21) 3:29.77 (55.03)
 4:24.88 (55.11) 5:20.32 (55.44) 6:15.43 (55.11) 7:11.36 (55.93)
 8:06.72 (55.36) 9:02.12 (55.40) 9:57.59 (55.47) 10:52.34 (54.75)
 11:48.28 (55.94) 12:43.32 (55.04) 13:37.84 (54.52) 14:29.04 (51.20)

8 Josie Hoare 41 Cannons Masters (St Albans) 15:07.95
 46.62 1:38.42 (51.80) 2:33.14 (54.72) 3:27.58 (54.44)
 4:24.54 (56.96) 5:23.52 (58.98) 6:21.43 (57.91) 7:18.34 (56.91)
 8:16.55 (58.21) 9:14.00 (57.45) 10:12.82 (58.82) 11:10.93 (58.11)
 12:10.02 (59.09) 13:10.14 (1:00.12) 14:10.31 (1:00.17) 15:07.95 (57.64)

Event 1 Women 45-49 800 SC Meter Freestyle

1 Lorraine Betts 45 Chelmsford 10:45.43
 35.34 1:14.51 (39.17) 1:54.47 (39.96) 2:34.58 (40.11)
 3:15.21 (40.63) 3:55.79 (40.58) 4:36.58 (40.79) 5:17.67 (41.09)
 5:58.38 (40.71) 6:39.73 (41.35) 7:21.03 (41.30) 8:02.30 (41.27)
 8:43.63 (41.33) 9:24.94 (41.31) 10:06.02 (41.08) 10:45.43 (39.41)

2 Amanda Heath 46 Forward Hillingdon 11:10.06
 37.22 1:17.47 (40.25) 1:58.71 (41.24) 2:40.74 (42.03)
 3:22.07 (41.33) 4:04.11 (42.04) 4:46.67 (42.56) 5:29.25 (42.58)
 6:12.15 (42.90) 6:55.63 (43.48) 7:38.46 (42.83) 8:21.47 (43.01)
 9:04.32 (42.85) 9:47.02 (42.70) 10:29.72 (42.70) 11:10.06 (40.34)

3 Jayne Ball 49 Barnet Copthall 11:17.36
 36.88 1:16.88 (40.00) 1:58.32 (41.44) 2:40.91 (42.59)
 3:23.35 (42.44) 4:06.30 (42.95) 4:49.29 (42.99) 5:32.74 (43.45)
 6:16.53 (43.79) 6:59.63 (43.10) 7:43.23 (43.60) 8:26.45 (43.22)
 9:09.25 (42.80) 9:52.72 (43.47) 10:35.98 (43.26) 11:17.36 (41.38)

4 Marian Belsten 49 City of Derby 11:45.53
 37.77 1:18.23 (40.46) 2:00.44 (42.21) 2:43.91 (43.47)
 3:28.32 (44.41) 4:13.59 (45.27) 4:58.59 (45.00) 5:44.09 (45.50)
 6:29.38 (45.29) 7:14.87 (45.49) 8:00.79 (45.92) 8:46.46 (45.67)
 9:32.12 (45.66) 10:17.63 (45.51) 11:02.48 (44.85) 11:45.53 (43.05)

5 Sharon Mc Lellan 45 Sudbury & District 12:28.32
 43.26 1:29.53 (46.27) 2:16.46 (46.93) 3:03.54 (47.08)
 3:50.58 (47.04) 4:37.68 (47.10) 5:25.05 (47.37) 6:12.58 (47.53)
 7:00.07 (47.49) 7:47.55 (47.48) 8:34.97 (47.42) 9:22.28 (47.31)
 10:09.30 (47.02) 10:56.16 (46.86) 11:42.91 (46.75) 12:28.32 (45.41)

6 Karen Brown 48 Brent Dolphins 15:54.40
 54.90 1:53.37 (58.47) 2:51.13 (57.76) 3:50.07 (58.94)
 4:50.14 (1:00.07) 5:49.77 (59.63) 6:50.28 (1:00.51) 7:50.46 (1:00.18)
 8:50.96 (1:00.50) 9:51.49 (1:00.53) 10:52.08 (1:00.59) 11:53.20 (1:01.12)
 12:52.80 (59.60) 13:54.20 (1:01.40) 14:54.24 (1:00.04) 15:54.40 (1:00.16)

Event 1 Women 50-54 800 SC Meter Freestyle

1 Sally Bettinson 52 Diss Otters 16:08.68
 53.58 1:51.88 (58.30) 2:50.56 (58.68) 3:51.09 (1:00.53)
 4:52.04 (1:00.95) 5:53.33 (1:01.29) 6:54.09 (1:00.76) 7:55.77 (1:01.68)
 8:56.78 (1:01.01) 9:58.90 (1:02.12) 11:00.50 (1:01.60) 12:03.37 (1:02.87)
 13:05.89 (1:02.52) 14:07.70 (1:01.81) 15:09.42 (1:01.72) 16:08.68 (59.26)

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 1 Women 55-59 800 SC Meter Freestyle**

1 Julie Crayford	55 Clams	11:41.49	<u>EUROPEAN & BRITISH RECORD</u>
37.36	1:19.48 (42.12)	2:03.49 (44.01)	2:48.15 (44.66)
3:32.35 (44.20)	4:17.32 (44.97)	5:02.11 (44.79)	5:47.42 (45.31)
6:31.93 (44.51)	7:16.77 (44.84)	8:01.13 (44.36)	8:45.98 (44.85)
9:31.02 (45.04)	10:15.79 (44.77)	11:00.36 (44.57)	11:41.49 (41.13)
2 Elaine Blower	58 Barnet Copthall		12:13.26
41.65	1:27.45 (45.80)	2:13.94 (46.49)	3:00.43 (46.49)
3:46.87 (46.44)	4:33.41 (46.54)	5:20.04 (46.63)	6:06.86 (46.82)
6:53.32 (46.46)	7:39.72 (46.40)	8:25.85 (46.13)	9:11.81 (45.96)
9:58.15 (46.34)	10:44.40 (46.25)	11:30.04 (45.64)	12:13.26 (43.22)
3 Sue Johnson	56 St Ives		13:48.23
45.38	1:36.68 (51.30)	2:27.72 (51.04)	3:19.81 (52.09)
4:12.56 (52.75)	5:05.05 (52.49)	5:57.40 (52.35)	6:50.44 (53.04)
7:43.20 (52.76)	8:35.74 (52.54)	9:28.16 (52.42)	10:20.75 (52.59)
11:12.62 (51.87)	12:06.03 (53.41)	12:58.76 (52.73)	13:48.23 (49.47)
4 Rose Dudeney	56 Haywards Heath		13:48.83
46.18	1:37.27 (51.09)	2:30.14 (52.87)	3:23.35 (53.21)
4:16.34 (52.99)	5:08.99 (52.65)	6:01.61 (52.62)	6:54.13 (52.52)
7:47.11 (52.98)	8:40.03 (52.92)	9:32.59 (52.56)	10:25.16 (52.57)
11:17.46 (52.30)	12:09.52 (52.06)	13:01.14 (51.62)	13:48.83 (47.69)

Event 1 Women 60-64 800 SC Meter Freestyle

1 Ann Broomfield	61 Cannons Masters (St Albans)		17:47.42
59.15	2:02.19 (1:03.04)	3:08.08 (1:05.89)	4:14.95 (1:06.87)
5:23.51 (1:08.56)	6:31.89 (1:08.38)	7:41.41 (1:09.52)	8:50.10 (1:08.69)
9:57.92 (1:07.82)	11:05.96 (1:08.04)	12:13.34 (1:07.38)	13:21.60 (1:08.26)
14:29.29 (1:07.69)	15:36.33 (1:07.04)	16:43.29 (1:06.96)	17:47.42 (1:04.13)

Event 1 Women 65-69 800 SC Meter Freestyle

1 Barbara Fentiman	69 Bromley		14:09.09
44.80	1:34.47 (49.67)	2:27.38 (52.91)	3:20.82 (53.44)
4:14.33 (53.51)	5:07.88 (53.55)	6:01.75 (53.87)	6:56.22 (54.47)
7:50.85 (54.63)	8:45.97 (55.12)	9:40.17 (54.20)	10:34.93 (54.76)
11:29.84 (54.91)	12:24.31 (54.47)	13:18.47 (54.16)	14:09.09 (50.62)
2 Jenny Ball	65 Isle of Wight Masters		14:31.76
48.57	1:42.72 (54.15)	2:37.12 (54.40)	3:31.65 (54.53)
4:26.71 (55.06)	5:21.84 (55.13)	6:16.67 (54.83)	7:12.09 (55.42)
8:07.54 (55.45)	9:02.41 (54.87)	9:56.85 (54.44)	10:52.51 (55.66)
11:48.15 (55.64)	12:43.81 (55.66)	13:39.80 (55.99)	14:31.76 (51.96)

Event 1 Women 70-74 800 SC Meter Freestyle

1 Jane Asher	72 Kings Cormorants		12:34.75
43.06	1:30.49 (47.43)	2:18.47 (47.98)	3:06.35 (47.88)
3:54.47 (48.12)	4:42.32 (47.85)	5:30.43 (48.11)	6:18.42 (47.99)
7:05.89 (47.47)	7:53.55 (47.66)	8:41.55 (48.00)	9:29.78 (48.23)
10:16.78 (47.00)	11:04.08 (47.30)	11:50.71 (46.63)	12:34.75 (44.04)
2 Pauline Wilkinson	70 Spencer		18:58.35
59.92	2:08.37 (1:08.45)	3:17.84 (1:09.47)	4:26.03 (1:08.19)
5:37.71 (1:11.68)	6:50.39 (1:12.68)	8:01.44 (1:11.05)	9:14.55 (1:13.11)
10:26.56 (1:12.01)	11:39.25 (1:12.69)	12:51.69 (1:12.44)	14:05.42 (1:13.73)
15:20.92 (1:15.50)	16:34.31 (1:13.39)	17:47.17 (1:12.86)	18:58.35 (1:11.18)

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 1 Women 75-79 800 SC Meter Freestyle**

1 Viv Batten	78 Clams	23:28.22
1:08.13	2:28.27 (1:20.14)	3:53.10 (1:24.83)
5:18.14 (1:25.04)	6:44.15 (1:26.01)	8:11.83 (1:27.68)
9:42.53 (1:30.70)	11:13.29 (1:30.76)	12:38.04 (1:24.75)
14:11.76 (1:33.72)	15:49.37 (1:37.61)	17:22.85 (1:33.48)
18:57.34 (1:34.49)	20:27.76 (1:30.42)	21:59.88 (1:32.12)
23:28.22 (1:28.34)		

Event 1 Women 85-89 800 SC Meter Freestyle

1 Willie Van Rysel	87 Spencer	21:19.06
1:09.60	2:27.43 (1:17.83)	3:44.74 (1:17.31)
5:05.50 (1:20.76)	6:25.51 (1:20.01)	7:46.17 (1:20.66)
9:06.59 (1:20.42)	10:28.76 (1:22.17)	11:50.32 (1:21.56)
13:11.27 (1:20.95)	14:33.55 (1:22.28)	15:55.79 (1:22.24)
17:19.10 (1:23.31)	18:40.70 (1:21.60)	20:04.57 (1:23.87)
21:19.06 (1:14.49)		

Event 2 Men 25-29 800 SC Meter Freestyle

1 Simon Marsden	29 Barnet Copthall	10:34.18
34.48	1:12.09 (37.61)	1:50.48 (38.39)
2:29.84 (39.36)	3:09.39 (39.55)	3:49.33 (39.94)
4:29.39 (40.06)	5:10.29 (40.90)	5:51.02 (40.73)
6:32.06 (41.04)	7:13.32 (41.26)	7:54.33 (41.01)
8:35.37 (41.04)	9:15.92 (40.55)	9:56.15 (40.23)
10:34.18 (38.03)		
2 George Davies	28 Barnet Copthall	11:46.20
36.84	1:16.80 (39.96)	1:58.89 (42.09)
2:41.93 (43.04)	3:25.83 (43.90)	4:10.17 (44.34)
4:54.58 (44.41)	5:39.64 (45.06)	6:25.01 (45.37)
7:10.41 (45.40)	7:56.73 (46.32)	8:43.37 (46.64)
9:29.82 (46.45)	10:16.19 (46.37)	11:02.07 (45.88)
11:46.20 (44.13)		

Event 2 Men 30-34 800 SC Meter Freestyle

1 Colin Ovington	34 Gateshead & Wickham	8:40.25
29.85	1:01.89 (32.04)	1:34.19 (32.30)
2:06.64 (32.45)	2:39.07 (32.43)	3:11.80 (32.73)
3:44.31 (32.51)	4:17.17 (32.86)	4:49.96 (32.79)
5:22.68 (32.72)	5:55.87 (33.19)	6:28.91 (33.04)
7:02.30 (33.39)	7:35.26 (32.96)	8:08.33 (33.07)
8:40.25 (31.92)		
2 Ernst Siebenburger	33 Borough of Waltham Forest	13:18.05
35.46	1:14.70 (39.24)	1:56.60 (41.90)
2:42.24 (45.64)	3:31.18 (48.94)	4:21.20 (50.02)
5:15.00 (53.80)	6:09.08 (54.08)	7:03.42 (54.34)
7:57.42 (54.00)	8:51.08 (53.66)	9:45.45 (54.37)
10:39.62 (54.17)	11:33.75 (54.13)	12:26.89 (53.14)
13:18.05 (51.16)		

Event 2 Men 35-39 800 SC Meter Freestyle

1 Duncan Hartley	35 Barnet Copthall	9:20.11
31.52	1:05.78 (34.26)	1:40.76 (34.98)
2:15.50 (34.74)	2:50.59 (35.09)	3:25.85 (35.26)
4:01.62 (35.77)	4:37.27 (35.65)	5:12.38 (35.11)
5:47.94 (35.56)	6:23.49 (35.55)	6:59.03 (35.54)
7:34.71 (35.68)	8:10.15 (35.44)	8:45.64 (35.49)
9:20.11 (34.47)		
2 Stuart Morrish	36 Hereford	9:21.93
32.19	1:06.65 (34.46)	1:41.71 (35.06)
2:17.21 (35.50)	2:52.64 (35.43)	3:28.13 (35.49)
4:03.49 (35.36)	4:38.78 (35.29)	5:14.22 (35.44)
5:49.73 (35.51)	6:24.90 (35.17)	6:59.95 (35.05)
7:35.89 (35.94)	8:11.37 (35.48)	8:47.17 (35.80)
9:21.93 (34.76)		
3 Andrew Gristwood	39 Cleethorpes & District	9:25.79
30.43	1:04.64 (34.21)	1:39.76 (35.12)
2:14.76 (35.00)	2:50.70 (35.94)	3:26.19 (35.49)
4:02.23 (36.04)	4:38.22 (35.99)	5:14.14 (35.92)
5:50.04 (35.90)	6:25.91 (35.87)	7:02.40 (36.49)
7:39.18 (36.78)	8:15.50 (36.32)	8:51.78 (36.28)
9:25.79 (34.01)		

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 2 Men 35-39 800 SC Meter Freestyle (cont'd)**

4	Martin Hawley	39	Ealing		9:53.25
	33.58	1:10.54 (36.96)	1:48.28 (37.74)	2:25.89 (37.61)	
	3:03.31 (37.42)	3:40.16 (36.85)	4:17.59 (37.43)	4:54.38 (36.79)	
	5:31.58 (37.20)	6:08.81 (37.23)	6:46.89 (38.08)	7:24.53 (37.64)	
	8:01.18 (36.65)	8:38.55 (37.37)	9:16.39 (37.84)	9:53.25 (36.86)	

Event 2 Men 40-44 800 SC Meter Freestyle

1	Adam Lelean	41	Diss Otters		10:34.21
	34.97	1:12.68 (37.71)	1:51.21 (38.53)	2:30.47 (39.26)	
	3:09.91 (39.44)	3:49.74 (39.83)	4:29.81 (40.07)	5:10.32 (40.51)	
	5:51.03 (40.71)	6:32.05 (41.02)	7:13.21 (41.16)	7:54.30 (41.09)	
	8:35.18 (40.88)	9:15.77 (40.59)	9:55.98 (40.21)	10:34.21 (38.23)	

2	Colin Leiper	44	Fhm Birmingham		10:36.55
	35.55	1:14.68 (39.13)	1:54.52 (39.84)	2:34.59 (40.07)	
	3:14.94 (40.35)	3:55.75 (40.81)	4:37.31 (41.56)	5:17.92 (40.61)	
	5:57.47 (39.55)	6:37.78 (40.31)	7:18.25 (40.47)	7:58.67 (40.42)	
	8:38.12 (39.45)	9:18.82 (40.70)	9:58.80 (39.98)	10:36.55 (37.75)	

3	Malcolm Pearce	42	Grimsby Santa Marina		11:29.58
	35.77	1:17.15 (41.38)	2:00.18 (43.03)	2:43.64 (43.46)	
	3:28.03 (44.39)	4:11.87 (43.84)	4:56.24 (44.37)	5:40.30 (44.06)	
	6:24.90 (44.60)	7:09.12 (44.22)	7:53.84 (44.72)	8:38.58 (44.74)	
	9:22.57 (43.99)	10:06.65 (44.08)	10:50.79 (44.14)	11:29.58 (38.79)	

4	Richard Gillman	40	Otter		11:33.41
	38.24	1:19.27 (41.03)	2:01.24 (41.97)	2:44.44 (43.20)	
	3:27.95 (43.51)	4:12.44 (44.49)	4:57.10 (44.66)	5:41.25 (44.15)	
	6:25.37 (44.12)	7:10.47 (45.10)	7:55.16 (44.69)	8:38.65 (43.49)	
	9:22.54 (43.89)	10:06.47 (43.93)	10:50.61 (44.14)	11:33.41 (42.80)	

5	Bill Gristwood	44	Hartham Masters		13:01.53
	38.88	1:24.95 (46.07)	2:13.31 (48.36)	3:03.12 (49.81)	
	3:53.13 (50.01)	4:45.39 (52.26)	5:37.29 (51.90)	6:26.40 (49.11)	
	7:17.23 (50.83)	8:08.31 (51.08)	8:58.64 (50.33)	9:48.76 (50.12)	
	10:37.57 (48.81)	11:27.28 (49.71)	12:16.29 (49.01)	13:01.53 (45.24)	

6	Michael Dicker	43	Reading		14:12.49
	45.52	1:38.25 (52.73)	2:32.87 (54.62)	3:27.46 (54.59)	
	4:23.41 (55.95)	5:17.34 (53.93)	6:11.43 (54.09)	7:05.77 (54.34)	
	7:59.99 (54.22)	8:53.17 (53.18)	9:46.63 (53.46)	10:40.37 (53.74)	
	11:34.53 (54.16)	12:29.22 (54.69)	13:22.44 (53.22)	14:12.49 (50.05)	

Event 2 Men 45-49 800 SC Meter Freestyle

1	Jonathan Scopes	46	City of Milton Keynes		11:29.40
	37.70	1:18.72 (41.02)	2:00.49 (41.77)	2:44.18 (43.69)	
	3:28.32 (44.14)	4:12.55 (44.23)	4:56.99 (44.44)	5:41.36 (44.37)	
	6:26.23 (44.87)	7:10.41 (44.18)	7:54.17 (43.76)	8:38.69 (44.52)	
	9:23.32 (44.63)	10:07.50 (44.18)	10:51.04 (43.54)	11:29.40 (38.36)	

Event 2 Men 50-54 800 SC Meter Freestyle

1	Len Phoenix	54	Diss Otters		11:14.76
	36.02	1:16.50 (40.48)	1:58.50 (42.00)	2:41.31 (42.81)	
	3:24.03 (42.72)	4:06.84 (42.81)	4:49.17 (42.33)	5:32.30 (43.13)	
	6:15.03 (42.73)	6:58.30 (43.27)	7:40.99 (42.69)	8:24.27 (43.28)	
	9:07.70 (43.43)	9:50.62 (42.92)	10:33.70 (43.08)	11:14.76 (41.06)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 2 Men 50-54 800 SC Meter Freestyle (cont'd)**

2	Stuart Mc Lellan	54	Sudbury & District		11:35.60
	37.74	1:19.73 (41.99)	2:03.81 (44.08)	2:48.16 (44.35)	
	3:32.72 (44.56)	4:17.29 (44.57)	5:01.35 (44.06)	5:45.70 (44.35)	
	6:29.75 (44.05)	7:13.58 (43.83)	7:57.41 (43.83)	8:41.40 (43.99)	
	9:25.44 (44.04)	10:09.77 (44.33)	10:54.14 (44.37)	11:35.60 (41.46)	
3	Martin Appleby	50	Barnet Copthall		11:50.34
	39.30	1:22.47 (43.17)	2:07.10 (44.63)	2:52.73 (45.63)	
	3:38.03 (45.30)	4:23.24 (45.21)	5:08.60 (45.36)	5:54.21 (45.61)	
	6:40.33 (46.12)	7:25.84 (45.51)	8:10.41 (44.57)	8:55.32 (44.91)	
	9:39.28 (43.96)	10:23.02 (43.74)	11:06.96 (43.94)	11:50.34 (43.38)	

Event 2 Men 55-59 800 SC Meter Freestyle

1	Duncan McCreadie	58	Maidenhead		9:57.04
	32.65	1:08.38 (35.73)	1:45.28 (36.90)	2:22.78 (37.50)	
	3:00.53 (37.75)	3:38.13 (37.60)	4:16.07 (37.94)	4:53.84 (37.77)	
	5:31.53 (37.69)	6:09.79 (38.26)	6:48.52 (38.73)	7:27.49 (38.97)	
	8:06.33 (38.84)	8:44.18 (37.85)	9:21.17 (36.99)	9:57.04 (35.87)	

Event 2 Men 60-64 800 SC Meter Freestyle

1	Geoff Stokes	64	Spencer		10:54.88
	36.89	1:17.23 (40.34)	1:58.01 (40.78)	2:39.24 (41.23)	
	3:20.61 (41.37)	4:02.74 (42.13)	4:45.02 (42.28)	5:27.56 (42.54)	
	6:09.45 (41.89)	6:51.39 (41.94)	7:33.30 (41.91)	8:14.74 (41.44)	
	8:56.11 (41.37)	9:37.02 (40.91)	10:17.56 (40.54)	10:54.88 (37.32)	
2	John Fry	60	Sudbury & District		12:10.20
	38.44	1:21.44 (43.00)	2:05.87 (44.43)	2:51.03 (45.16)	
	3:37.06 (46.03)	4:23.27 (46.21)	5:09.84 (46.57)	5:56.50 (46.66)	
	6:43.38 (46.88)	7:30.34 (46.96)	8:16.89 (46.55)	9:04.08 (47.19)	
	9:51.11 (47.03)	10:38.43 (47.32)	11:24.91 (46.48)	12:10.20 (45.29)	
3	Richard Goddard	61	St Ives		13:14.95
	44.15	1:31.58 (47.43)	2:20.87 (49.29)	3:11.03 (50.16)	
	4:51.09 (1:40.06)	5:42.14 (51.05)	6:34.02 (51.88)	7:24.89 (50.87)	
	8:15.64 (50.75)	9:05.67 (50.03)	9:55.52 (49.85)	10:45.50 (49.98)	
	11:34.96 (49.46)	12:26.15 (51.19)	13:14.95 (48.80)	13:14.95 ()	
4	Paul Clarke	61	Luton		14:20.18
	45.41	1:36.67 (51.26)	2:29.94 (53.27)	3:23.82 (53.88)	
	4:16.55 (52.73)	5:10.74 (54.19)	6:05.77 (55.03)	7:01.04 (55.27)	
	7:56.65 (55.61)	8:53.44 (56.79)	9:48.18 (54.74)	10:41.47 (53.29)	
	11:36.81 (55.34)	12:32.67 (55.86)	13:27.41 (54.74)	14:20.18 (52.77)	
5	Brian Hey	64	Marlborough Penguins		14:43.10
	46.06	1:38.99 (52.93)	2:34.56 (55.57)	3:30.75 (56.19)	
	4:28.00 (57.25)	5:24.24 (56.24)	6:22.13 (57.89)	7:18.02 (55.89)	
	8:15.62 (57.60)	9:10.53 (54.91)	10:06.17 (55.64)	11:03.38 (57.21)	
	11:59.02 (55.64)	12:55.15 (56.13)	13:49.84 (54.69)	14:43.10 (53.26)	
6	Bruce Thompson	61	Barnet Copthall		15:19.66
	51.27	1:46.24 (54.97)	2:42.58 (56.34)	3:39.64 (57.06)	
	4:36.71 (57.07)	5:34.26 (57.55)	6:32.37 (58.11)	7:30.62 (58.25)	
	8:28.97 (58.35)	9:27.23 (58.26)	10:26.88 (59.65)	11:25.77 (58.89)	
	12:24.03 (58.26)	13:22.71 (58.68)	14:21.98 (59.27)	15:19.66 (57.68)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 2 Men 65-69 800 SC Meter Freestyle**

1	John Starr	69	Romford Town	12:24.03
	39.70	1:24.67 (44.97)	2:10.21 (45.54)	2:56.76 (46.55)
	3:43.11 (46.35)	4:29.79 (46.68)	5:18.03 (48.24)	6:05.48 (47.45)
	6:52.45 (46.97)	7:40.50 (48.05)	8:28.65 (48.15)	9:16.27 (47.62)
	10:04.92 (48.65)	10:52.93 (48.01)	11:39.90 (46.97)	12:24.03 (44.13)
2	Tony Shrimpton	68	Witham Dolphins	13:45.55
	48.56	1:38.16 (49.60)	2:30.13 (51.97)	3:21.92 (51.79)
	4:15.29 (53.37)	5:07.34 (52.05)	6:00.45 (53.11)	6:52.30 (51.85)
	7:45.10 (52.80)	8:37.15 (52.05)	9:29.25 (52.10)	10:20.27 (51.02)
	11:12.90 (52.63)	12:03.84 (50.94)	12:55.41 (51.57)	13:45.55 (50.14)
3	John Harrington	67	Barnet Copthall	13:50.59
	44.45	1:34.31 (49.86)	2:24.69 (50.38)	3:16.08 (51.39)
	4:08.46 (52.38)	5:00.87 (52.41)	5:53.49 (52.62)	6:47.55 (54.06)
	7:40.69 (53.14)	8:33.36 (52.67)	9:26.22 (52.86)	10:21.34 (55.12)
	11:14.40 (53.06)	12:08.47 (54.07)	13:01.54 (53.07)	13:50.59 (49.05)

Event 2 Men 70-74 800 SC Meter Freestyle

1	John Jeffery	71	Bracknell & Wokingham	15:14.44
	46.75	1:41.02 (54.27)	2:38.57 (57.55)	3:36.61 (58.04)
	4:34.27 (57.66)	5:33.79 (59.52)	6:35.10 (1:01.31)	7:33.65 (58.55)
	8:30.85 (57.20)	9:29.94 (59.09)	10:27.40 (57.46)	11:26.75 (59.35)
	12:25.63 (58.88)	13:24.14 (58.51)	14:21.54 (57.40)	15:14.44 (52.90)

Event 3 Women 19-24 400 SC Meter Freestyle

1	Jemma Chiltern-Hunt	20	Loughborough Town	4:53.60
	33.34	1:09.03 (35.69)	1:45.76 (36.73)	2:23.12 (37.36)
	3:00.50 (37.38)	3:38.56 (38.06)	4:16.50 (37.94)	4:53.60 (37.10)
2	Lindsey Arrick	22	Spencer	5:24.11
	34.23	1:12.33 (38.10)	1:52.80 (40.47)	2:33.85 (41.05)
	3:16.83 (42.98)	3:59.66 (42.83)	4:42.68 (43.02)	5:24.11 (41.43)
3	Jane Edmondson	20	Barnet Copthall	5:33.59
	38.64	1:21.21 (42.57)	2:03.62 (42.41)	2:46.56 (42.94)
	3:28.94 (42.38)	4:12.55 (43.61)	4:55.00 (42.45)	5:33.59 (38.59)

Event 3 Women 25-29 400 SC Meter Freestyle

1	Lisa Robinson	29	Barnet Copthall	4:41.64
	32.76	1:08.43 (35.67)	1:44.44 (36.01)	2:20.05 (35.61)
	2:55.24 (35.19)	3:30.58 (35.34)	4:06.40 (35.82)	4:41.64 (35.24)
2	Laura Bianzani	29	T.N.T Cremona (Italy)	5:01.97
	34.74	1:11.88 (37.14)	1:50.14 (38.26)	2:28.85 (38.71)
	3:07.48 (38.63)	3:45.87 (38.39)	4:24.49 (38.62)	5:01.97 (37.48)
3 (1*)	Kathryn Webb*	25	Bexhill	8:25.48
	57.32	1:59.85 (1:02.53)	3:03.25 (1:03.40)	4:07.14 (1:03.89)
	5:11.18 (1:04.04)	6:16.13 (1:04.95)	7:21.05 (1:04.92)	8:25.48 (1:04.43)

Event 3 Women 30-34 400 SC Meter Freestyle

1	Jo Corben	33	Fareham Nomads	4:56.58
	34.34	1:11.39 (37.05)	1:48.64 (37.25)	2:25.88 (37.24)
	3:03.33 (37.45)	3:40.89 (37.56)	4:18.88 (37.99)	4:56.58 (37.70)

Event 3 Women 30-34 400 SC Meter Freestyle (cont'd)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2	Kirsty Owen	30	Romford Town		4:58.44
	34.33	1:12.00 (37.67)	1:49.47 (37.47)	2:27.33 (37.86)	
	3:04.83 (37.50)	3:42.50 (37.67)	4:20.86 (38.36)	4:58.44 (37.58)	
Event 3 Women 35-39 400 SC Meter Freestyle					
1	Angela Wilson	38	Maidenhead		5:02.04
	35.03	1:13.29 (38.26)	1:51.40 (38.11)	2:30.18 (38.78)	
	3:08.38 (38.20)	3:46.68 (38.30)	4:25.02 (38.34)	5:02.04 (37.02)	
2	Ursula Schultz	35	City of Oxford		5:03.75
	34.91	1:12.21 (37.30)	1:50.07 (37.86)	2:28.10 (38.03)	
	3:06.54 (38.44)	3:45.18 (38.64)	4:25.07 (39.89)	5:03.75 (38.68)	
3	Tessa Milne	35	Barnet Copthall		6:17.78
	42.97	1:30.02 (47.05)	2:19.02 (49.00)	3:07.99 (48.97)	
	3:56.97 (48.98)	4:45.32 (48.35)	5:33.26 (47.94)	6:17.78 (44.52)	
4	Jane Sexton	38	Diss Otters		6:50.94
	45.86	1:35.76 (49.90)	2:28.24 (52.48)	3:21.14 (52.90)	
	4:14.97 (53.83)	5:08.55 (53.58)	6:01.73 (53.18)	6:50.94 (49.21)	
Event 3 Women 40-44 400 SC Meter Freestyle					
1	Caroline Riley	42	Grimsby Santa Marina		5:27.63
	36.02	1:15.21 (39.19)	1:56.30 (41.09)	2:38.06 (41.76)	
	3:20.61 (42.55)	4:03.49 (42.88)	4:45.90 (42.41)	5:27.63 (41.73)	
2	Hannah Ueckermann	40	Witham Dolphins		5:30.83
	36.34	1:16.70 (40.36)	1:58.21 (41.51)	2:40.55 (42.34)	
	3:22.97 (42.42)	4:05.54 (42.57)	4:48.91 (43.37)	5:30.83 (41.92)	
Event 3 Women 45-49 400 SC Meter Freestyle					
1	Margaret Smith	45	City of Milton Keynes		5:03.09
	34.78	1:12.71 (37.93)	1:51.15 (38.44)	2:29.89 (38.74)	
	3:08.48 (38.59)	3:47.01 (38.53)	4:25.63 (38.62)	5:03.09 (37.46)	
2	Jayne Ball	49	Barnet Copthall		5:22.15
	36.56	1:16.34 (39.78)	1:57.96 (41.62)	2:39.99 (42.03)	
	3:21.39 (41.40)	4:02.43 (41.04)	4:42.84 (40.41)	5:22.15 (39.31)	
3	Amanda Doyle	47	Leatherhead		5:54.82
	39.33	1:23.00 (43.67)	2:07.89 (44.89)	2:53.34 (45.45)	
	3:38.93 (45.59)	4:24.68 (45.75)	5:10.67 (45.99)	5:54.82 (44.15)	
4	Sharon Mc Lellan	45	Sudbury & District		6:05.77
	41.99	1:26.97 (44.98)	2:13.50 (46.53)	3:00.30 (46.80)	
	3:47.10 (46.80)	4:33.46 (46.36)	5:20.05 (46.59)	6:05.77 (45.72)	
5	Christine Holmes	46	Colchester Phoenix		6:35.89
	42.58	1:28.96 (46.38)	2:18.62 (49.66)	3:09.85 (51.23)	
	4:01.09 (51.24)	4:52.30 (51.21)	5:43.30 (51.00)	6:35.89 (52.59)	
6	Karen Brown	48	Brent Dolphins		7:57.35
	54.29	1:52.71 (58.42)	2:52.61 (59.90)	3:53.75 (1:01.14)	
	4:54.88 (1:01.13)	5:56.06 (1:01.18)	6:56.56 (1:00.50)	7:57.35 (1:00.79)	
Event 3 Women 55-59 400 SC Meter Freestyle					
1	Elaine Blower	58	Barnet Copthall		6:01.83

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

41.51	1:26.79 (45.28)	2:13.22 (46.43)	2:59.55 (46.33)
3:45.84 (46.29)	4:31.71 (45.87)	5:17.33 (45.62)	6:01.83 (44.50)

2 Rose Dudeney 56 Haywards Heath 6:47.48

45.43	1:36.69 (51.26)	2:29.41 (52.72)	3:22.44 (53.03)
4:15.21 (52.77)	5:07.61 (52.40)	5:59.68 (52.07)	6:47.48 (47.80)

3 (1*) Maggie Hargraves* 56 Colchester Phoenix 8:21.47

52.51	1:52.26 (59.75)	2:55.10 (1:02.84)	3:59.00 (1:03.90)
5:04.29 (1:05.29)	6:11.98 (1:07.69)	7:18.71 (1:06.73)	8:21.47 (1:02.76)

Event 3 Women 60-64 400 SC Meter Freestyle

1 Ann Broomfield 61 Cannons Masters (St Albans) 8:55.13

58.65	2:02.04 (1:03.39)	3:07.69 (1:05.65)	4:16.59 (1:08.90)
5:25.55 (1:08.96)	6:36.81 (1:11.26)	7:47.22 (1:10.41)	8:55.13 (1:07.91)

Event 3 Women 65-69 400 SC Meter Freestyle

1 Barbara Fentiman 69 Bromley 6:47.77

43.02	1:31.76 (48.74)	2:23.81 (52.05)	3:17.01 (53.20)
4:10.32 (53.31)	5:04.33 (54.01)	5:58.66 (54.33)	6:47.77 (49.11)

2 Jenny Ball 65 Isle of Wight Masters 7:01.16

49.34	1:42.04 (52.70)	2:35.32 (53.28)	3:29.27 (53.95)
4:24.33 (55.06)	5:18.05 (53.72)	6:11.02 (52.97)	7:01.16 (50.14)

Event 3 Women 70-74 400 SC Meter Freestyle

1 Jane Asher 72 Kings Cormorants 6:07.75

42.81	1:28.57 (45.76)	2:15.68 (47.11)	3:02.95 (47.27)
3:50.26 (47.31)	4:37.47 (47.21)	5:23.94 (46.47)	6:07.75 (43.81)

2 Pauline Wilkinson 70 Spencer 9:13.04

1:01.14	2:08.68 (1:07.54)	3:18.65 (1:09.97)	4:30.02 (1:11.37)
5:38.73 (1:08.71)	6:50.46 (1:11.73)	8:04.14 (1:13.68)	9:13.04 (1:08.90)

Event 3 Women 85-89 400 SC Meter Freestyle

1 Willie Van Rysel 87 Spencer 10:14.40

1:09.03	2:25.94 (1:16.91)	3:46.88 (1:20.94)	5:04.82 (1:17.94)
6:23.83 (1:19.01)	7:42.70 (1:18.87)	9:01.19 (1:18.49)	10:14.40 (1:13.21)

Event 4 Men 19-24 400 SC Meter Freestyle

1 Andrew Loxley 21 Luton 4:27.18

30.29	1:02.88 (32.59)	1:36.18 (33.30)	2:10.04 (33.86)
2:43.90 (33.86)	3:18.41 (34.51)	3:53.19 (34.78)	4:27.18 (33.99)

Event 4 Men 25-29 400 SC Meter Freestyle

1 George Davies 28 Barnet Copthall 5:32.51

34.99	1:13.83 (38.84)	1:54.92 (41.09)	2:37.32 (42.40)
3:20.97 (43.65)	4:05.25 (44.28)	4:39.58 (34.33)	5:32.51 (52.93)

2 (1*) Clinton Stanley* 27 Noosa Aussi Challengers 6:43.97

40.91	1:30.49 (49.58)	2:22.69 (52.20)	3:15.87 (53.18)
4:09.76 (53.89)	5:01.18 (51.42)	5:54.71 (53.53)	6:43.97 (49.26)

Event 4 Men 30-34 400 SC Meter Freestyle

1 Colin Ovington 34 Gateshead & Wickham 4:13.02

29.37	1:00.35 (30.98)	1:32.14 (31.79)	2:04.25 (32.11)
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Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2:36.48 (32.23) 3:08.90 (32.42) 3:41.51 (32.61) 4:13.02 (31.51)

Event 4 Men 35-39 400 SC Meter Freestyle

1	Stephen Willis	35	Romford Town	4:18.56
	29.52	1:02.07 (32.55)	1:34.55 (32.48)	2:07.19 (32.64)
	2:40.36 (33.17)	3:13.38 (33.02)	3:46.45 (33.07)	4:18.56 (32.11)
2	Duncan Hartley	35	Barnet Copthall	4:28.70
	30.61	1:03.56 (32.95)	1:37.24 (33.68)	2:11.57 (34.33)
	2:46.25 (34.68)	3:20.87 (34.62)	3:55.59 (34.72)	4:28.70 (33.11)
3	Andrew Gristwood	39	Cleethorpes & District	4:32.76
	29.89	1:02.97 (33.08)	1:37.27 (34.30)	2:12.33 (35.06)
	2:47.16 (34.83)	3:22.63 (35.47)	3:58.43 (35.80)	4:32.76 (34.33)
4	Martin Hawley	39	Ealing	4:52.63
	32.22	1:08.29 (36.07)	1:45.69 (37.40)	2:23.45 (37.76)
	3:00.95 (37.50)	3:38.84 (37.89)	4:15.84 (37.00)	4:52.63 (36.79)
5	Malcolm Sheehan	35	Otter	5:15.99
	33.64	1:11.19 (37.55)	1:49.89 (38.70)	2:29.92 (40.03)
	3:10.96 (41.04)	3:52.39 (41.43)	4:34.71 (42.32)	5:15.99 (41.28)
6	Jordi Ballart	38	Camden Swiss Cottage	6:07.33
	38.07	1:20.97 (42.90)	2:07.20 (46.23)	2:55.86 (48.66)
	3:45.24 (49.38)	4:33.73 (48.49)	5:21.57 (47.84)	6:07.33 (45.76)

Event 4 Men 40-44 400 SC Meter Freestyle

1	Roger Wellman	40	Slough & Eton Dolphin	4:40.74
	32.26	1:06.86 (34.60)	1:42.27 (35.41)	2:18.23 (35.96)
	2:53.60 (35.37)	3:29.09 (35.49)	4:05.36 (36.27)	4:40.74 (35.38)
2	Colin Leiper	44	Fhm Birmingham	5:02.55
	33.82	1:11.14 (37.32)	1:50.02 (38.88)	2:29.65 (39.63)
	3:08.20 (38.55)	3:46.82 (38.62)	4:26.37 (39.55)	5:02.55 (36.18)
3	Adam Lelean	41	Diss Otters	5:04.67
	34.05	1:11.22 (37.17)	1:49.70 (38.48)	2:28.77 (39.07)
	3:08.14 (39.37)	3:47.88 (39.74)	4:27.31 (39.43)	5:04.67 (37.36)
4	Stefan Gartner	40	Spencer	5:05.26
	34.67	1:50.08 (1:15.41)		2:28.40 ()
	3:07.47 (39.07)		4:26.82 ()	5:05.26 (38.44)
5	Tony Corben	41	Fareham Nomads	5:12.27
	34.07	1:12.85 (38.78)	1:54.14 (41.29)	2:34.01 (39.87)
	3:12.74 (38.73)	3:52.95 (40.21)	4:32.32 (39.37)	5:12.27 (39.95)
6	Richard Gillman	40	Otter	5:22.53
	35.00	1:13.82 (38.82)	1:53.60 (39.78)	2:34.81 (41.21)
	3:17.33 (42.52)	3:59.96 (42.63)	4:42.83 (42.87)	5:22.53 (39.70)

Event 4 Men 40-44 400 SC Meter Freestyle (cont'd)

7	Malcolm Pearce	42	Grimsby Santa Marina	5:36.19
	35.16	1:15.45 (40.29)	1:57.88 (42.43)	2:41.59 (43.71)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

3:25.81 (44.22) 4:10.03 (44.22) 4:54.68 (44.65) 5:36.19 (41.51)

8 Michael Dicker 43 Reading 6:38.96

44.87 1:35.24 (50.37) 2:26.78 (51.54) 3:19.17 (52.39)
4:09.79 (50.62) 5:00.78 (50.99) 5:50.85 (50.07) 6:38.96 (48.11)

Event 4 Men 45-49 400 SC Meter Freestyle

1 Andrew Wright 46 Stowmarket 5:25.57

36.28 1:16.53 (40.25) 1:57.54 (41.01) 2:38.91 (41.37)
3:20.71 (41.80) 4:02.68 (41.97) 4:45.18 (42.50) 5:25.57 (40.39)

2 Bob Bicknell 48 Sevenoaks 6:30.21

38.32 1:23.00 (44.68) 2:12.69 (49.69) 3:03.77 (51.08)
3:55.77 (52.00) 4:48.34 (52.57) 5:40.89 (52.55) 6:30.21 (49.32)

Event 4 Men 50-54 400 SC Meter Freestyle

1 Peter Rae 50 Rochford & District 4:46.63

32.37 1:07.29 (34.92) 1:43.39 (36.10) 2:19.83 (36.44)
2:56.37 (36.54) 3:33.55 (37.18) 4:10.43 (36.88) 4:46.63 (36.20)

2 Len Phoenix 54 Diss Otters 5:25.35

35.12 1:15.29 (40.17) 1:57.09 (41.80) 2:38.02 (40.93)
3:20.32 (42.30) 4:02.43 (42.11) 4:45.44 (43.01) 5:25.35 (39.91)

3 Stuart Mc Lellan 54 Sudbury & District 5:30.23

36.67 1:16.88 (40.21) 1:58.81 (41.93) 2:41.13 (42.32)
3:23.30 (42.17) 4:05.78 (42.48) 4:48.04 (42.26) 5:30.23 (42.19)

4 Martin Appleby 50 Barnet Copthall 5:36.59

37.28 1:18.06 (40.78) 2:00.61 (42.55) 2:43.25 (42.64)
3:26.26 (43.01) 4:09.74 (43.48) 4:53.37 (43.63) 5:36.59 (43.22)

5 David Pitcock 54 Barnet Copthall 6:30.44

42.67 1:30.91 (48.24) 2:20.63 (49.72) 3:12.00 (51.37)
4:02.53 (50.53) 4:53.10 (50.57) 5:43.24 (50.14) 6:30.44 (47.20)

Event 4 Men 55-59 400 SC Meter Freestyle

1 Duncan McCreadie 58 Maidenhead 4:49.16

32.05 1:07.74 (35.69) 1:45.08 (37.34) 2:22.80 (37.72)
2:59.78 (36.98) 3:37.05 (37.27) 4:13.66 (36.61) 4:49.16 (35.50)

2 Ivan Myall 56 Chelmsford 5:09.07

35.59 1:14.15 (38.56) 1:52.97 (38.82) 2:32.46 (39.49)
3:11.76 (39.30) 3:51.33 (39.57) 4:31.23 (39.90) 5:09.07 (37.84)

Event 4 Men 60-64 400 SC Meter Freestyle

1 Geoff Stokes 64 Spencer 5:14.86

35.20 1:13.76 (38.56) 1:53.46 (39.70) 2:33.93 (40.47)
3:14.78 (40.85) 3:55.73 (40.95) 4:36.67 (40.94) 5:14.86 (38.19)

Event 4 Men 65-69 400 SC Meter Freestyle

1 John Starr 69 Romford Town 5:53.80

38.51 1:21.28 (42.77) 2:06.09 (44.81) 2:51.77 (45.68)
3:37.61 (45.84) 4:24.00 (46.39) 5:10.44 (46.44) 5:53.80 (43.36)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2	John Harrington	67	Barnet Copthall		6:39.88
	41.47	1:29.38 (47.91)	2:20.14 (50.76)	3:13.09 (52.95)	
	4:03.49 (50.40)	4:55.37 (51.88)	5:49.22 (53.85)	6:39.88 (50.66)	
Event 5 Women 19-24 100 SC Meter Breaststroke					
1	Helen Lawrenson	24	Loughborough Town		1:25.23
	41.79	1:25.23 (43.44)			
Event 5 Women 25-29 100 SC Meter Breaststroke					
1	Kathryn Webb*	25	Bexhill		2:40.65
	1:14.16	2:40.65 (1:26.49)			
Event 5 Women 30-34 100 SC Meter Breaststroke					
1	Amanda Goodman	33	Basildon & District		1:24.81
	39.83	1:24.81 (44.98)			
2	Katherine Whitehead	30	West Suffolk		1:27.60
	41.66	1:27.60 (45.94)			
3	Scheila Maliska	30	Fhm Birmingham		1:46.31
	50.19	1:46.31 (56.12)			
Event 5 Women 35-39 100 SC Meter Breaststroke					
1	Janine Nyman	39	Harrow & Wealdstone		1:40.80
	44.86	1:40.80 (55.94)			
2	Debbie Tahir	39	Griffins of Enfield		1:41.12
	47.69	1:41.12 (53.43)			
Event 5 Women 45-49 100 SC Meter Breaststroke					
1	Amanda Heath	46	Forward Hillingdon		1:25.82
	41.54	1:25.82 (44.28)			
Event 5 Women 50-54 100 SC Meter Breaststroke					
1	Jennifer Merritt	52	Spondon		1:26.50
	42.08	1:26.50 (44.42)			
2	Sally Bettinson	52	Diss Otters		1:55.74
	54.20	1:55.74 (1:01.54)			
Event 5 Women 55-59 100 SC Meter Breaststroke					
1	Julie Crayford	55	Clams		1:33.91
	43.75	1:33.91 (50.16)			
Event 5 Women 60-64 100 SC Meter Breaststroke					
1	Diane Ford	60	Rushmoor Royals		1:34.15
	44.83	1:34.15 (49.32)			
2	Georgie Hamilton	60	Barnet Copthall		1:47.50
	51.33	1:47.50 (56.17)			
Event 5 Women 60-64 100 SC Meter Breaststroke (cont'd)					
3	Ann Broomfield	61	Cannons Masters (St Albans)		2:15.76
	1:06.26	2:15.76 (1:09.50)			
Event 5 Women 70-74 100 SC Meter Breaststroke					

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Pauline Wilkinson	70	Spencer	2:25.48
	1:08.66	2:25.48	(1:16.82)	
2	Elizabeth Braimbridge	70	Camden Swiss Cottage	2:31.58
	1:10.47	2:31.58	(1:21.11)	
Event 5 Women 75-79 100 SC Meter Breaststroke				
1	Joan Kidd	76	Isle of Wight Masters	2:12.96
	1:02.86	2:12.96	(1:10.10)	
2	Viv Batten	78	Clams	3:01.23
	1:24.51	3:01.23	(1:36.72)	
Event 5 Women 85-89 100 SC Meter Breaststroke				
1	Emily Godsall	86	Clams	3:41.13
	1:43.39	3:41.13	(1:57.74)	
Event 6 Men 19-24 100 SC Meter Breaststroke				
1	Carl Shaw	23	Loughborough Town	1:08.80
	32.67	1:08.80	(36.13)	
2	Mark Robinson	20	South Tyneside	1:10.73
	33.29	1:10.73	(37.44)	
3	Andrew Loxley	21	Luton	1:15.18
	35.70	1:15.18	(39.48)	
4	Alexander Chklar	22	Spencer	1:16.47
	35.74	1:16.47	(40.73)	
5	Graham Allison	24	Loughborough Town	1:19.72
	37.31	1:19.72	(42.41)	
6 (1*)	Mark Holmes*	20	Colchester Phoenix	1:50.94
	52.19	1:50.94	(58.75)	
Event 6 Men 25-29 100 SC Meter Breaststroke				
1	Kevin Arundell	25	Greenwich Borough Mariners	1:13.27
	34.48	1:13.27	(38.79)	
2 (1*)	Malcolm Green*	27	Modernians	1:15.63
	35.30	1:15.63	(40.33)	
3	Gary Wraight	26	Romford Town	1:17.59
	36.20	1:17.59	(41.39)	
4	Adam Freer	26	Camden Swiss Cottage	1:24.80
	40.07	1:24.80	(44.73)	
Event 6 Men 30-34 100 SC Meter Breaststroke				
1	Davide Maestri	33	T.N.T Cremona (Italy)	1:33.73
	43.92	1:33.73	(49.81)	
Event 6 Men 35-39 100 SC Meter Breaststroke				
1	Paul Smoothy	35	Spencer	1:16.69

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

36.60 1:16.69 (40.09)

Event 6 Men 40-44 100 SC Meter Breaststroke

1 Philip Collins 41 Out To Swim 1:19.35

37.26 1:19.35 (42.09)

2 Michael Dicker 43 Reading 1:38.03

47.45 1:38.03 (50.58)

Event 6 Men 45-49 100 SC Meter Breaststroke

1 Nick Hunt 47 Chelmsford 1:18.71

36.97 1:18.71 (41.74)

2 Thomas Morrow 47 City of Milton Keynes 1:20.25

37.69 1:20.25 (42.56)

3 Bob Bicknell 48 Sevenoaks 1:36.36

44.29 1:36.36 (52.07)

Event 6 Men 50-54 100 SC Meter Breaststroke

1 Bill Price 52 Redbridge Borough Masters 1:22.24

39.54 1:22.24 (42.70)

Event 6 Men 60-64 100 SC Meter Breaststroke

1 Keith Ingram 63 Fhm Birmingham 1:28.26

42.19 1:28.26 (46.07)

2 David Stavely 61 Hythe Aqua 1:38.29

46.25 1:38.29 (52.04)

3 Paul Clarke 61 Luton 1:39.52

47.92 1:39.52 (51.60)

Event 6 Men 65-69 100 SC Meter Breaststroke

1 Ted Evans 68 Otter 1:45.22

50.96 1:45.22 (54.26)

Event 6 Men 70-74 100 SC Meter Breaststroke

1 Neil Howell 71 Diss Otters 1:51.27

52.19 1:51.27 (59.08)

Event 6 Men 75-79 100 SC Meter Breaststroke

1 John Davis 79 Fhm Birmingham 2:01.96

56.74 2:01.96 (1:05.22)

Event 7 Women 25-29 200 SC Meter Backstroke

1 Lisa Dawson 25 Barnet Copthall 2:39.48

37.61 1:17.72 (40.11) 1:58.38 (40.66) 2:39.48 (41.10)

Event 7 Women 25-29 200 SC Meter Backstroke (cont'd)

2 Gina Hobson 26 Otter 2:43.29

37.82 1:18.46 (40.64) 2:00.92 (42.46) 2:43.29 (42.37)

3 Susan Maclean 28 Camden Swiss Cottage 3:04.19

42.67 1:29.11 (46.44) 2:15.97 (46.86) 3:04.19 (48.22)

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 7 Women 30-34 200 SC Meter Backstroke**

1	Jo Corben	33	Fareham Nomads	2:30.31
	35.66	1:13.26 (37.60)	1:51.45 (38.19)	2:30.31 (38.86)
2	Lucy Robinson	32	Barnet Copthall	2:55.54
	40.63	1:24.24 (43.61)	2:10.10 (45.86)	2:55.54 (45.44)
3	Diane Rochford	31	Spencer	3:01.14
	42.12	1:28.08 (45.96)	2:14.92 (46.84)	3:01.14 (46.22)

Event 7 Women 35-39 200 SC Meter Backstroke

1	Nuala Muir-Cochrane	39	Camden Swiss Cottage	2:34.30
	36.18	1:14.91 (38.73)	1:54.86 (39.95)	2:34.30 (39.44)

Event 7 Women 40-44 200 SC Meter Backstroke

1	Valerie Bull	41	Diss Otters	3:37.37
	50.07	1:45.68 (55.61)	2:43.05 (57.37)	3:37.37 (54.32)

Event 7 Women 45-49 200 SC Meter Backstroke

1	Amanda Doyle	47	Leatherhead	3:18.11
	46.83	1:37.49 (50.66)	2:28.53 (51.04)	3:18.11 (49.58)
2	Karen Brown	48	Brent Dolphins	4:10.38
	1:00.41	2:03.00 (1:02.59)	3:07.01 (1:04.01)	4:10.38 (1:03.37)
3	Helen O' Leary	49	Phoenix (Ireland)	4:48.33
	1:07.40	2:21.02 (1:13.62)	3:35.03 (1:14.01)	4:48.33 (1:13.30)

Event 7 Women 55-59 200 SC Meter Backstroke

1	Susie Breslin	56	Barnet Copthall	3:08.99
	44.22	1:31.35 (47.13)	2:20.35 (49.00)	3:08.99 (48.64)
2	Elaine Blower	58	Barnet Copthall	3:12.64
	46.19	1:35.77 (49.58)	2:25.36 (49.59)	3:12.64 (47.28)
3	Rose Dudeney	56	Haywards Heath	3:46.53
	54.58	1:52.75 (58.17)	2:51.44 (58.69)	3:46.53 (55.09)

Event 7 Women 65-69 200 SC Meter Backstroke

1	Jenny Ball	65	Isle of Wight Masters	3:59.80
	58.13	1:59.23 (1:01.10)	3:00.67 (1:01.44)	3:59.80 (59.13)

Event 7 Women 75-79 200 SC Meter Backstroke

1	Joan Kidd	76	Isle of Wight Masters	4:21.16
	1:01.87	2:05.78 (1:03.91)	3:12.97 (1:07.19)	4:21.16 (1:08.19)

Event 7 Women 85-89 200 SC Meter Backstroke

1	Willie Van Rysel	87	Spencer	5:04.59
	1:11.10	2:28.51 (1:17.41)	3:50.35 (1:21.84)	5:04.59 (1:14.24)

Event 8 Men 25-29 200 SC Meter Backstroke

1	Andrew Allum	29	Wycombe District	2:21.01
	33.35	1:09.03 (35.68)	1:45.02 (35.99)	2:21.01 (35.99)

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 8 Men 35-39 200 SC Meter Backstroke**

1	Kevin Engstrom	35 Romford Town			2:24.54
	34.32	1:10.86 (36.54)	1:47.79 (36.93)	2:24.54 (36.75)	
2	Martin Hawley	39 Ealing			2:37.86
	37.11	1:17.24 (40.13)	1:58.00 (40.76)	2:37.86 (39.86)	
3	Andrew Gristwood	39 Cleethorpes & District			2:44.06
	38.15	1:18.66 (40.51)	2:00.85 (42.19)	2:44.06 (43.21)	

Event 8 Men 40-44 200 SC Meter Backstroke

1	Roger Wellman	40 Slough & Eton Dolphin			2:26.08
	35.04	1:11.90 (36.86)	1:49.28 (37.38)	2:26.08 (36.80)	
---	Michael Dicker	43 Reading			DQ incorrect 4 th turn (gliding)
	52.22	1:51.03 (58.81)	3:47.85 (1:56.82)	DQ (0.03)	

Event 8 Men 45-49 200 SC Meter Backstroke

1	John Rittenhouse	45 Barnet Copthall			2:32.02
	35.97	1:14.20 (38.23)	1:53.23 (39.03)	2:32.02 (38.79)	
2	Graham Powell	47 Luton			2:34.61
	35.84	1:15.15 (39.31)	1:55.10 (39.95)	2:34.61 (39.51)	
3	Andrew Wright	46 Stowmarket			2:57.75
	42.47	1:27.67 (45.20)	2:13.44 (45.77)	2:57.75 (44.31)	

Event 8 Men 50-54 200 SC Meter Backstroke

1	Len Phoenix	54 Diss Otters			3:08.59
	44.04	1:32.13 (48.09)	2:21.49 (49.36)	3:08.59 (47.10)	
2	Martin Appleby	50 Barnet Copthall			3:08.74
	44.55	1:32.33 (47.78)	2:21.51 (49.18)	3:08.74 (47.23)	
3	David Pitcock	54 Barnet Copthall			3:26.78
	49.09	1:40.71 (51.62)	2:33.54 (52.83)	3:26.78 (53.24)	

Event 8 Men 55-59 200 SC Meter Backstroke

1	Ivan Myall	56 Chelmsford			2:41.12
	37.73	1:18.01 (40.28)	1:59.11 (41.10)	2:41.12 (42.01)	

Event 8 Men 60-64 200 SC Meter Backstroke

1	Nigel Salsbury	63 Reading			3:10.45
	44.26	1:32.81 (48.55)	2:21.05 (48.24)	3:10.45 (49.40)	

Event 8 Men 65-69 200 SC Meter Backstroke

1	John Starr	69 Romford Town			3:33.23
	49.65	1:42.98 (53.33)	2:38.72 (55.74)	3:33.23 (54.51)	

Event 8 Men 70-74 200 SC Meter Backstroke

1	Richard Harding	70 Wycombe District			3:58.44
	55.38	1:55.40 (1:00.02)	2:58.27 (1:02.87)	3:58.44 (1:00.17)	

Event 9 Women 19-24 200 SC Meter IM

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Johanna Riddoch	20	Greenwich Borough Mariners	2:43.59
	36.21	1:18.52 (42.31)	2:07.15 (48.63)	2:43.59 (36.44)
2	Helen Lawrenson	24	Loughborough Town	2:46.88
	37.31	1:21.18 (43.87)	2:06.59 (45.41)	2:46.88 (40.29)
3 (1*)	Natalie Jones*	19	Colchester Phoenix	3:41.39
	52.95	1:48.70 (55.75)	2:53.30 (1:04.60)	3:41.39 (48.09)

Event 9 Women 25-29 200 SC Meter IM

1	Dawn Palmer	27	Romford Town	2:30.30
	32.41	1:10.39 (37.98)	1:55.02 (44.63)	2:30.30 (35.28)
2	Lara Clarke	29	Romford Town	2:33.28
	32.96	1:12.23 (39.27)	1:58.63 (46.40)	2:33.28 (34.65)
3	Lisa Robinson	29	Barnet Copthall	2:33.47
	33.60	1:14.13 (40.53)	1:58.52 (44.39)	2:33.47 (34.95)
4	Laura Bianzani	29	T.N.T Cremona (Italy)	2:39.22
	33.25	1:14.30 (41.05)	2:01.58 (47.28)	2:39.22 (37.64)
5	Becky Hartley	28	Barnet Copthall	2:47.53
	35.19	1:18.64 (43.45)	2:08.53 (49.89)	2:47.53 (39.00)

Event 9 Women 30-34 200 SC Meter IM

1	Amanda Goodman	33	Basildon & District	2:56.78
	39.81	1:26.43 (46.62)	2:14.05 (47.62)	2:56.78 (42.73)
2	Diane Rochford	31	Spencer	3:04.33
	40.66	1:27.91 (47.25)	2:22.41 (54.50)	3:04.33 (41.92)

Event 9 Women 35-39 200 SC Meter IM

1	Ursula Schultz	35	City of Oxford	2:43.43
	37.00	1:19.51 (42.51)	2:06.53 (47.02)	2:43.43 (36.90)
2	Vicky Bigmore	36	Romford Town	2:46.24
	35.15	1:18.64 (43.49)	2:07.72 (49.08)	2:46.24 (38.52)
3	Debbie Tahir	39	Griffins of Enfield	3:15.38
	42.95	1:35.40 (52.45)	2:30.07 (54.67)	3:15.38 (45.31)

Event 9 Women 40-44 200 SC Meter IM

1	Caroline Riley	42	Grimsby Santa Marina	2:51.59
	36.47	1:22.49 (46.02)	2:11.63 (49.14)	2:51.59 (39.96)

Event 9 Women 40-44 200 SC Meter IM (cont'd)

2	Hannah Ueckermann	40	Witham Dolphins	2:59.09
	40.10	1:28.90 (48.80)	2:16.80 (47.90)	2:59.09 (42.29)
3	Valerie Bull	41	Diss Otters	3:28.01
	42.62	1:35.18 (52.56)	2:39.33 (1:04.15)	3:28.01 (48.68)

Event 9 Women 45-49 200 SC Meter IM

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Amanda Heath	46	Forward Hillingdon	2:50.48
	37.33	1:22.36 (45.03)	2:11.03 (48.67)	2:50.48 (39.45)
2	Jayne Ball	49	Barnet Copthall	2:59.72
	40.23	1:27.67 (47.44)	2:20.10 (52.43)	2:59.72 (39.62)
3	Sharon Mc Lellan	45	Sudbury & District	3:21.89
	46.10	1:37.76 (51.66)	2:37.32 (59.56)	3:21.89 (44.57)
4	Helen O' Leary	49	Phoenix (Ireland)	4:58.14
	1:11.35	2:35.48 (1:24.13)	3:56.03 (1:20.55)	4:58.14 (1:02.11)
Event 9 Women 50-54 200 SC Meter IM				
1	Sally Bettinson	52	Diss Otters	4:05.90
	1:00.88	2:02.40 (1:01.52)	3:06.90 (1:04.50)	4:05.90 (59.00)
Event 9 Women 55-59 200 SC Meter IM				
1	Julie Crayford	55	Clams	3:06.27
	38.69	1:30.32 (51.63)	2:24.57 (54.25)	3:06.27 (41.70)
Event 9 Women 60-64 200 SC Meter IM				
1	Georgie Hamilton	60	Barnet Copthall	3:39.75
	52.74	1:49.72 (56.98)	2:49.59 (59.87)	3:39.75 (50.16)
Event 10 Men 19-24 200 SC Meter IM				
1	Carl Shaw	23	Loughborough Town	2:19.68
	30.43	1:08.50 (38.07)	1:47.81 (39.31)	2:19.68 (31.87)
2	Mark Robinson	20	South Tyneside	2:26.85
	30.03	1:09.51 (39.48)	1:53.40 (43.89)	2:26.85 (33.45)
3	Alexander Chklar	22	Spencer	2:35.27
	31.80	1:13.88 (42.08)	1:58.17 (44.29)	2:35.27 (37.10)
Event 10 Men 25-29 200 SC Meter IM				
1	Neil Cooke	28	Spencer	2:22.78
	30.45	1:05.48 (35.03)	1:48.57 (43.09)	2:22.78 (34.21)
2	Kevin Arundell	25	Greenwich Borough Mariners	2:26.61
	30.41	1:09.07 (38.66)	1:50.92 (41.85)	2:26.61 (35.69)
3	Simon Marsden	29	Barnet Copthall	2:37.85
	32.93	1:13.84 (40.91)	2:01.23 (47.39)	2:37.85 (36.62)
4 (1*)	Clinton Stanley*	27	Noosa Aussi Challengers	3:44.88
	44.86	1:42.86 (58.00)	2:55.13 (1:12.27)	3:44.88 (49.75)
Event 10 Men 35-39 200 SC Meter IM				
1	Paul Smoothy	35	Spencer	2:36.36
	32.99	1:15.50 (42.51)	1:58.83 (43.33)	2:36.36 (37.53)
2	Malcolm Sheehan	35	Otter	2:54.41
	39.99	1:25.12 (45.13)	2:16.19 (51.07)	2:54.41 (38.22)
Event 10 Men 40-44 200 SC Meter IM				
1	Tony Corben	41	Fareham Nomads	2:46.31
	32.97	1:17.27 (44.30)	2:10.08 (52.81)	2:46.31 (36.23)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2	Adam Lelean	41	Diss Otters		2:46.39
	36.64	1:22.69 (46.05)	2:11.27 (48.58)	2:46.39 (35.12)	
3	Colin Leiper	44	Fhm Birmingham		2:46.73
	33.86	1:18.75 (44.89)	2:11.66 (52.91)	2:46.73 (35.07)	
4	Philip Collins	41	Out To Swim		2:54.30
	37.56	1:22.72 (45.16)	2:10.78 (48.06)	2:54.30 (43.52)	
5	Michael Dicker	43	Reading		3:22.43
	40.03	1:38.48 (58.45)	2:35.69 (57.21)	3:22.43 (46.74)	
Event 10 Men 45-49 200 SC Meter IM					
1	David Shamp	45	Kingston Royals		2:42.46
	32.95	1:16.33 (43.38)	2:04.58 (48.25)	2:42.46 (37.88)	
2	Thomas Morrow	47	City of Milton Keynes		2:48.35
	37.14	1:25.76 (48.62)	2:09.22 (43.46)	2:48.35 (39.13)	
Event 10 Men 50-54 200 SC Meter IM					
1	Stuart Mc Lellan	54	Sudbury & District		2:59.17
	39.30	1:26.95 (47.65)	2:19.58 (52.63)	2:59.17 (39.59)	
2	Garnett Symonds	53	Barnet Copthall		3:27.80
	47.44	1:41.64 (54.20)	2:38.13 (56.49)	3:27.80 (49.67)	
Event 10 Men 55-59 200 SC Meter IM					
1	Lawrence Faiman	56	Barnet Copthall		3:42.17
	46.91	1:49.89 (1:02.98)	2:52.21 (1:02.32)	3:42.17 (49.96)	
Event 10 Men 60-64 200 SC Meter IM					
1	Keith Ingram	63	Fhm Birmingham		2:58.91
	38.79	1:30.14 (51.35)	2:21.16 (51.02)	2:58.91 (37.75)	
2	David Stavely	61	Hythe Aqua		3:13.36
	41.57	1:33.16 (51.59)	2:30.19 (57.03)	3:13.36 (43.17)	
Event 10 Men 70-74 200 SC Meter IM					
1	Robert Curr	74	Serpentine		4:39.81
	1:01.00	2:14.20 (1:13.20)	3:29.24 (1:15.04)	4:39.81 (1:10.57)	
Event 10 Men 75-79 200 SC Meter IM					
1	John Davis	79	Fhm Birmingham		4:34.33
	1:10.52	2:14.43 (1:03.91)	3:28.53 (1:14.10)	4:34.33 (1:05.80)	
Event 11 Women 25-29 400 SC Meter IM					
1	Lara Clarke	29	Romford Town		5:24.34
	32.74	1:11.12 (38.38)	1:53.59 (42.47)	2:35.49 (41.90)	
	3:23.10 (47.61)	4:11.17 (48.07)	4:48.29 (37.12)	5:24.34 (36.05)	
Event 11 Women 35-39 400 SC Meter IM					
1	Angela Wilson	38	Maidenhead		5:40.37
	35.71	1:15.66 (39.95)	1:58.31 (42.65)	2:43.64 (45.33)	
	3:32.34 (48.70)	4:23.26 (50.92)	5:02.64 (39.38)	5:40.37 (37.73)	
2	Ursula Schultz	35	City of Oxford		5:50.77

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

38.84	1:21.51 (42.67)	2:07.90 (46.39)	2:53.20 (45.30)
3:43.28 (50.08)	4:34.06 (50.78)	5:12.96 (38.90)	5:50.77 (37.81)

3 Sandra Jones	39 Gloucester Masters	6:25.47
39.01	1:25.48 (46.47)	2:17.93 (52.45)
4:02.46 (52.58)	4:56.63 (54.17)	5:41.50 (44.87)
		6:25.47 (43.97)

Event 11 Women 40-44 400 SC Meter IM

1 Caroline Riley	42 Grimsby Santa Marina	6:18.24
37.00	1:22.66 (45.66)	2:13.45 (50.79)
3:54.40 (50.70)	4:49.03 (54.63)	5:35.00 (45.97)
		6:18.24 (43.24)

2 Valerie Bull	41 Diss Otters	7:25.98
3:24.54	4:20.63 (56.09)	5:18.66 (58.03)
7:22.54 (1:04.02)	8:25.62 (1:03.08)	9:14.13 (48.51)
		7:25.98 ()

3 Josie Hoare	41 Cannons Masters (St Albans)	7:38.57
3:27.01	4:27.76 (1:00.75)	5:25.32 (57.56)
7:24.19 (1:00.39)	8:27.02 (1:02.83)	9:20.39 (53.37)
		7:38.57 ()

Event 11 Women 45-49 400 SC Meter IM

1 Amanda Heath	46 Forward Hillingdon	6:01.91
38.23	1:22.01 (43.78)	2:10.80 (48.79)
3:50.29 (50.02)	4:40.54 (50.25)	5:22.04 (41.50)
		6:01.91 (39.87)

2 Sharon Mc Lellan	45 Sudbury & District	7:05.19
48.43	1:42.33 (53.90)	2:37.10 (54.77)
4:32.24 (1:00.92)	5:33.20 (1:00.96)	6:20.32 (47.12)
		7:05.19 (44.87)

Event 11 Women 50-54 400 SC Meter IM

1 Jan Morse	52 Cannons Masters (St Albans)	7:47.13
3:25.72	4:25.67 (59.95)	5:24.67 (59.00)
7:30.88 (1:09.00)	8:41.18 (1:10.30)	9:31.77 (50.59)
		7:47.13 ()

2 Sally Bettinson	52 Diss Otters	8:38.65
3:40.05	4:53.86 (1:13.81)	5:58.08 (1:04.22)
8:07.00 (1:06.54)	9:13.78 (1:06.78)	10:15.21 (1:01.43)
		7:00.46 (1:02.38)
		8:38.65 ()

Event 11 Women 55-59 400 SC Meter IM

1 Julie Crayford	55 Clams	<u>6:28.09 BRITISH RECORD</u>
39.07	1:28.39 (49.32)	2:22.46 (54.07)
4:07.99 (54.22)	5:02.75 (54.76)	5:46.72 (43.97)
		3:13.77 (51.31)
		6:28.09 (41.37)

Event 11 Women 60-64 400 SC Meter IM

1 Georgie Hamilton	60 Barnet Copthall	7:30.99
3:29.12	4:25.75 (56.63)	5:23.54 (57.79)
7:24.12 (1:01.72)	8:24.93 (1:00.81)	9:17.14 (52.21)
		6:22.40 (58.86)
		7:30.99 ()

Event 12 Men 19-24 400 SC Meter IM

1 Andrew Loxley	21 Luton	5:03.33
32.18	1:08.28 (36.10)	1:50.15 (41.87)
3:12.82 (40.83)	3:54.98 (42.16)	4:29.52 (34.54)
		2:31.99 (41.84)
		5:03.33 (33.81)

2 Alexander Chklar	22 Spencer	5:24.19
33.41	1:12.26 (38.85)	1:55.44 (43.18)
		2:38.47 (43.03)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

3:22.92 (44.45) 4:08.70 (45.78) 4:47.33 (38.63) 5:24.19 (36.86)

Event 12 Men 25-29 400 SC Meter IM

1 Malcolm Green* 27 Modernians 5:16.57

31.68 1:07.90 (36.22) 1:49.57 (41.67) 2:31.04 (41.47)
3:13.84 (42.80) 4:00.05 (46.21) 4:37.96 (37.91) 5:16.57 (38.61)

2 Simon Marsden 29 Barnet Copthall 5:45.17

35.29 1:16.80 (41.51) 2:02.28 (45.48) 2:46.68 (44.40)
3:37.88 (51.20) 4:28.64 (50.76) 5:07.79 (39.15) 5:45.17 (37.38)**Event 12 Men 30-34 400 SC Meter IM**

1 Colin Ovington 34 Gateshead & Wickham 4:53.25

31.33 1:06.85 (35.52) 1:45.34 (38.49) 2:23.31 (37.97)
3:04.93 (41.62) 3:47.99 (43.06) 4:21.38 (33.39) 4:53.25 (31.87)**Event 12 Men 35-39 400 SC Meter IM**

1 Andrew Gristwood 39 Cleethorpes & District 5:22.13

33.77 1:12.42 (38.65) 1:55.63 (43.21) 2:38.84 (43.21)
3:26.57 (47.73) 4:14.59 (48.02) 4:49.34 (34.75) 5:22.13 (32.79)

2 Martin Hawley 39 Ealing 5:46.74

40.55 1:30.10 (49.55) 2:10.95 (40.85) 2:51.60 (40.65)
3:40.57 (48.97) 4:32.57 (52.00) 5:10.78 (38.21) 5:46.74 (35.96)

3 Paul Smoothy 35 Spencer 5:47.31

35.48 1:16.54 (41.06) 2:03.25 (46.71) 2:48.74 (45.49)
3:38.42 (49.68) 4:26.84 (48.42) 5:10.07 (43.23) 5:47.31 (37.24)**Event 12 Men 40-44 400 SC Meter IM**

1 David Cartledge 43 Modernians 5:08.35

30.66 1:07.37 (36.71) 1:47.11 (39.74) 2:27.23 (40.12)
3:10.44 (43.21) 3:54.85 (44.41) 4:31.88 (37.03) 5:08.35 (36.47)

2 Adam Lelean 41 Diss Otters 5:59.64

38.31 1:22.84 (44.53) 2:13.37 (50.53) 3:01.92 (48.55)
3:51.84 (49.92) 4:44.09 (52.25) 5:22.92 (38.83) 5:59.64 (36.72)

3 Richard Gillman 40 Otter 6:02.97

39.73 1:24.58 (44.85) 2:13.63 (49.05) 3:00.25 (46.62)
3:51.67 (51.42) 4:43.22 (51.55) 5:24.56 (41.34) 6:02.97 (38.41)**Event 12 Men 40-44 400 SC Meter IM (cont'd)**

4 Philip Collins 41 Out To Swim 6:24.61

40.63 1:29.65 (49.02) 2:18.57 (48.92) 3:09.35 (50.78)
4:00.46 (51.11) 4:53.80 (53.34) 5:40.12 (46.32) 6:24.61 (44.49)**Event 12 Men 45-49 400 SC Meter IM**

1 Thomas Morrow 47 City of Milton Keynes 6:01.47

38.45 1:24.48 (46.03) 2:13.92 (49.44) 3:03.97 (50.05)
3:52.33 (48.36) 4:39.58 (47.25) 5:21.55 (41.97) 6:01.47 (39.92)

2 Andrew Wright 46 Stowmarket 6:13.39

41.57 1:32.46 (50.89) 2:21.34 (48.88) 3:10.39 (49.05)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

4:02.22 (51.83) 4:53.44 (51.22) 5:33.64 (40.20) 6:13.39 (39.75)

Event 12 Men 50-54 400 SC Meter IM

1	Len Phoenix	54	Diss Otters	6:34.29
	41.85	1:35.71 (53.86)	2:25.81 (50.10)	3:15.53 (49.72)
	4:11.46 (55.93)	5:08.31 (56.85)	5:51.19 (42.88)	6:34.29 (43.10)
2	Garnett Symonds	53	Barnet Copthall	7:39.76
	49.02	1:47.71 (58.69)	2:49.72 (1:02.01)	3:49.76 (1:00.04)
	4:48.53 (58.77)	5:51.88 (1:03.35)	6:46.80 (54.92)	7:39.76 (52.96)
---	Stuart Mc Lellan	54	Sudbury & District	DQ One hand touch at 3 rd 'Fly turn
	41.32	1:29.66 (48.34)	2:21.01 (51.35)	3:12.44 (51.43)
	4:08.14 (55.70)	5:03.24 (55.10)	5:46.81 (43.57)	DQ (41.48)

Event 12 Men 55-59 400 SC Meter IM

1	Lawrence Faiman	56	Barnet Copthall	8:01.50
	49.31	1:50.65 (1:01.34)	3:04.97 (1:14.32)	4:13.49 (1:08.52)
	5:14.63 (1:01.14)	6:17.71 (1:03.08)	7:10.04 (52.33)	8:01.50 (51.46)

Event 12 Men 60-64 400 SC Meter IM

1	Keith Ingram	63	Fhm Birmingham	6:35.38
	40.13	1:27.39 (47.26)	2:25.00 (57.61)	3:21.52 (56.52)
	4:15.20 (53.68)	5:11.41 (56.21)	5:54.71 (43.30)	6:35.38 (40.67)
2	Paul Clarke	61	Luton	7:37.18
	51.94	1:49.03 (57.09)	2:52.81 (1:03.78)	3:52.57 (59.76)
	4:53.57 (1:01.00)	5:53.20 (59.63)	6:47.12 (53.92)	7:37.18 (50.06)

Event 12 Men 70-74 400 SC Meter IM

1	Seymour Banning	70	Kings Cormorants	7:29.10
	41.09	1:36.58 (55.49)	2:34.79 (58.21)	3:34.76 (59.97)
	4:44.67 (1:09.91)	5:53.94 (1:09.27)	6:42.83 (48.89)	7:29.10 (46.27)
2	John Jeffery	71	Bracknell & Wokingham	9:48.62
	1:08.06	2:32.55 (1:24.49)	3:49.46 (1:16.91)	5:13.66 (1:24.20)
	7:52.66 (2:39.00)	7:52.66 ()	8:50.06 (57.40)	9:48.62 (58.56)
3	Robert Curr	74	Serpentine	10:30.55
	1:12.11	2:40.69 (1:28.58)	4:00.85 (1:20.16)	5:19.98 (1:19.13)
	6:38.26 (1:18.28)	7:57.09 (1:18.83)	9:14.54 (1:17.45)	10:30.55 (1:16.01)

Event 13 Women 19-24 100 SC Meter Backstroke

1	Jemma Chiltern-Hunt	20	Loughborough Town	1:09.87
	34.15	1:09.87 (35.72)		
2	Hannah Morse	24	City of St Albans	1:15.67
	37.09	1:15.67 (38.58)		
3	Johanna Riddoch	20	Greenwich Borough Mariners	1:16.63
	36.65	1:16.63 (39.98)		
4 (1*)	Natalie Jones*	19	Colchester Phoenix	1:48.07
	53.90	1:48.07 (54.17)		

Event 13 Women 25-29 100 SC Meter Backstroke

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Dawn Palmer	27	Romford Town	1:09.10
	33.62	1:09.10	(35.48)	
2	Lisa Dawson	25	Barnet Copthall	1:12.67
	36.03	1:12.67	(36.64)	
3	Gina Hobson	26	Otter	1:16.70
	37.23	1:16.70	(39.47)	
Event 13 Women 30-34 100 SC Meter Backstroke				
1	Lucy Robinson	32	Barnet Copthall	1:22.16
	39.57	1:22.16	(42.59)	
Event 13 Women 35-39 100 SC Meter Backstroke				
1	Nuala Muir-Cochrane	39	Camden Swiss Cottage	1:13.49
	36.22	1:13.49	(37.27)	
2	Vicky Bigmore	36	Romford Town	1:18.48
	38.52	1:18.48	(39.96)	
3	Debbie Tahir	39	Griffins of Enfield	1:36.22
	46.75	1:36.22	(49.47)	
4	Sandra Kingsley	39	Maxwell	1:37.54
	47.74	1:37.54	(49.80)	
5	Amanda Attree	38	Cannons Masters (St Albans)	1:58.97
	53.94	1:58.97	(1:05.03)	
Event 13 Women 40-44 100 SC Meter Backstroke				
1	Jane Hale	40	Spencer	1:26.84
	43.46	1:26.84	(43.38)	
2	Lynda Rees	43	Harrow & Wealdstone	1:31.30
	44.92	1:31.30	(46.38)	
Event 13 Women 45-49 100 SC Meter Backstroke				
1	Amanda Doyle	47	Leatherhead	1:31.64
	44.83	1:31.64	(46.81)	
2	Karen Brown	48	Brent Dolphins	2:02.12
	59.66	2:02.12	(1:02.46)	
Event 13 Women 45-49 100 SC Meter Backstroke (cont'd)				
3	Helen O' Leary	49	Phoenix (Ireland)	2:29.97
	1:10.16	2:29.97	(1:19.81)	
Event 13 Women 50-54 100 SC Meter Backstroke				
1	Jan Morse	52	Cannons Masters (St Albans)	1:41.07
	50.79	1:41.07	(50.28)	
Event 13 Women 55-59 100 SC Meter Backstroke				
1	Susie Breslin	56	Barnet Copthall	1:25.96
	42.80	1:25.96	(43.16)	
Event 13 Women 65-69 100 SC Meter Backstroke				

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Jenny Ball	65	Isle of Wight Masters	1:52.75
	55.35	1:52.75	(57.40)	
Event 13 Women 75-79 100 SC Meter Backstroke				
1	Olive Hale	76	Beckenham	2:02.85
	58.72	2:02.85	(1:04.13)	
2	Joan Kidd	76	Isle of Wight Masters	2:02.95
	1:00.58	2:02.95	(1:02.37)	
Event 13 Women 85-89 100 SC Meter Backstroke				
1	Willie Van Rysel	87	Spencer	2:21.07
	1:10.72	2:21.07	(1:10.35)	
Event 14 Men 19-24 100 SC Meter Backstroke				
1	Mark Robinson	20	South Tyneside	1:08.45
	32.91	1:08.45	(35.54)	
2	Graham Allison	24	Loughborough Town	1:11.64
	35.15	1:11.64	(36.49)	
3 (1*)	Mark Holmes*	20	Colchester Phoenix	1:40.44
	47.99	1:40.44	(52.45)	
Event 14 Men 25-29 100 SC Meter Backstroke				
1	Andrew Allum	29	Wycombe District	1:05.15
	31.79	1:05.15	(33.36)	
Event 14 Men 35-39 100 SC Meter Backstroke				
1	Martin Hawley	39	Ealing	1:14.73
	36.78	1:14.73	(37.95)	
Event 14 Men 40-44 100 SC Meter Backstroke				
1	Roger Wellman	40	Slough & Eton Dolphin	1:06.97
	32.89	1:06.97	(34.08)	
2	David Cartledge	43	Modernians	1:08.55
	33.06	1:08.55	(35.49)	
Event 14 Men 45-49 100 SC Meter Backstroke				
1	Graham Powell	47	Luton	1:09.71
	33.51	1:09.71	(36.20)	
2	John Rittenhouse	45	Barnet Copthall	1:09.97
	33.96	1:09.97	(36.01)	
Event 14 Men 55-59 100 SC Meter Backstroke				
1	Ivan Myall	56	Chelmsford	1:16.38
	37.49	1:16.38	(38.89)	
Event 14 Men 60-64 100 SC Meter Backstroke				
1	David Stavely	61	Hythe Aqua	1:24.94
	41.26	1:24.94	(43.68)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2	Nigel Salsbury	63	Reading	1:28.15
	42.91	1:28.15	(45.24)	
Event 14 Men 65-69 100 SC Meter Backstroke				
1	John Starr	69	Romford Town	1:38.76
	47.69	1:38.76	(51.07)	
2	Ted Evans	68	Otter	1:43.92
	48.92	1:43.92	(55.00)	
Event 14 Men 70-74 100 SC Meter Backstroke				
1	Richard Harding	70	Wycombe District	1:44.17
	51.11	1:44.17	(53.06)	
Event 14 Men 75-79 100 SC Meter Backstroke				
---	John Davis	79	Fhm Birmingham	DQ Incorrect 1 st & 3 rd turns
	56.85	DQ	(58.56)	
Event 15 Women 19-24 200 SC Meter Freestyle				
1	Johanna Riddoch	20	Greenwich Borough Mariners	2:24.49
	34.07	1:11.62	(37.55) 1:49.18 (37.56) 2:24.49 (35.31)	
Event 15 Women 25-29 200 SC Meter Freestyle				
1	Lisa Robinson	29	Barnet Copthall	2:11.01
	30.59	1:03.99	(33.40) 1:37.45 (33.46) 2:11.01 (33.56)	
2	Lisa Dawson	25	Barnet Copthall	2:19.59
	33.37	1:09.68	(36.31) 1:45.49 (35.81) 2:19.59 (34.10)	
3	Gina Hobson	26	Otter	2:23.82
	33.64	1:10.14	(36.50) 1:47.32 (37.18) 2:23.82 (36.50)	
4 (1*)	Kathryn Webb*	25	Bexhill	4:12.31
	58.09	2:02.21	(1:04.12) 3:06.89 (1:04.68) 4:12.31 (1:05.42)	
Event 15 Women 30-34 200 SC Meter Freestyle				
1	Kirsty Owen	30	Romford Town	2:23.22
	32.34	1:08.13	(35.79) 1:45.80 (37.67) 2:23.22 (37.42)	
Event 15 Women 30-34 200 SC Meter Freestyle (cont'd)				
2	Julie Sanders	31	Romford Town	2:26.01
	33.18	1:10.60	(37.42) 1:49.50 (38.90) 2:26.01 (36.51)	
3	Katherine Whitehead	30	West Suffolk	2:31.63
	34.56	1:13.36	(38.80) 1:53.07 (39.71) 2:31.63 (38.56)	
4	Sarah Bakker	31	Barnet Copthall	2:44.38
	36.89	1:18.73	(41.84) 2:01.92 (43.19) 2:44.38 (42.46)	
5	Sarah Spinks	32	Harrow & Wealdstone	2:45.93
	36.90	1:19.14	(42.24) 2:03.92 (44.78) 2:45.93 (42.01)	
Event 15 Women 35-39 200 SC Meter Freestyle				
1	Ursula Schultz	35	City of Oxford	2:25.05

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

	34.39	1:10.82 (36.43)	1:48.01 (37.19)	2:25.05 (37.04)	
2	Sandra Jones	39 Gloucester Masters			2:43.76
	38.42	1:20.47 (42.05)	2:03.36 (42.89)	2:43.76 (40.40)	
3	Sandra Kingsley	39 Maxwell			2:57.54
	41.58	1:27.40 (45.82)	2:13.55 (46.15)	2:57.54 (43.99)	
4	Jane Sexton	38 Diss Otters			3:09.34
	42.44	1:30.69 (48.25)	2:21.37 (50.68)	3:09.34 (47.97)	
Event 15 Women 40-44 200 SC Meter Freestyle					
1	Jane Hale	40 Spencer			2:36.22
	36.94	1:16.79 (39.85)	1:57.10 (40.31)	2:36.22 (39.12)	
2	Hannah Ueckermann	40 Witham Dolphins			2:39.49
	36.27	1:16.67 (40.40)	1:58.89 (42.22)	2:39.49 (40.60)	
3	Tamsin Jaggs	43 Camden Swiss Cottage			2:39.63
	36.81	1:17.23 (40.42)	1:58.49 (41.26)	2:39.63 (41.14)	
4	Jessica Rathke	44 Beckenham			2:45.31
	36.87	1:18.85 (41.98)	2:02.52 (43.67)	2:45.31 (42.79)	
5	Lynda Rees	43 Harrow & Wealdstone			3:01.50
	39.49	1:24.21 (44.72)	2:12.66 (48.45)	3:01.50 (48.84)	
Event 15 Women 45-49 200 SC Meter Freestyle					
1	Jayne Ball	49 Barnet Copthall			2:31.61
	35.61	1:14.03 (38.42)	1:53.32 (39.29)	2:31.61 (38.29)	
2	Amanda Doyle	47 Leatherhead			2:49.64
	38.39	1:21.19 (42.80)	2:05.49 (44.30)	2:49.64 (44.15)	
3	Christine Holmes	46 Colchester Phoenix			2:56.12
	39.44	1:23.97 (44.53)	2:10.91 (46.94)	2:56.12 (45.21)	
4	Sara Perry	46 Anaconda			2:57.08
	38.46	1:23.46 (45.00)	2:11.78 (48.32)	2:57.08 (45.30)	
Event 15 Women 50-54 200 SC Meter Freestyle					
1	Jennifer Merritt	52 Spondon			2:39.50
	36.76	1:17.27 (40.51)	1:58.82 (41.55)	2:39.50 (40.68)	
Event 15 Women 55-59 200 SC Meter Freestyle					
1	Elaine Blower	58 Barnet Copthall			2:53.23
	40.71	1:25.96 (45.25)	2:10.70 (44.74)	2:53.23 (42.53)	
2 (1*)	Maggie Hargraves*	56 Colchester Phoenix			3:59.66
	52.98	1:52.52 (59.54)	2:56.67 (1:04.15)	3:59.66 (1:02.99)	
Event 15 Women 60-64 200 SC Meter Freestyle					
1	Diane Ford	60 Rushmoor Royals			3:05.39
	42.16	1:29.38 (47.22)	2:17.83 (48.45)	3:05.39 (47.56)	
2	Ann Broomfield	61 Cannons Masters (St Albans)			4:14.72
	57.25	2:01.72 (1:04.47)	3:09.92 (1:08.20)	4:14.72 (1:04.80)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 15 Women 65-69 200 SC Meter Freestyle**

1	Barbara Fentiman	69 Bromley			3:16.92
	42.49	1:31.94 (49.45)	2:24.67 (52.73)	3:16.92 (52.25)	
2	Jenny Ball	65 Isle of Wight Masters			3:23.79
	48.00	1:40.06 (52.06)	2:33.11 (53.05)	3:23.79 (50.68)	

Event 15 Women 70-74 200 SC Meter Freestyle

1	Jane Asher	72Kings Cormorants	<u>2:52.79</u>	<u>WORLD, EUROPEAN & BRITISH RECORD</u>	
	40.90	1:26.36 (45.46)	2:11.63 (45.27)	2:52.79 (41.16)	
2	Pauline Wilkinson	70 Spencer			4:25.45
	1:00.35	2:08.58 (1:08.23)	3:17.24 (1:08.66)	4:25.45 (1:08.21)	

Event 15 Women 75-79 200 SC Meter Freestyle

1	Joan Kidd	76 Isle of Wight Masters			4:12.16
	56.59	2:00.44 (1:03.85)	3:07.86 (1:07.42)	4:12.16 (1:04.30)	
2	Viv Batten	78 Clams			5:18.49
	1:10.97	2:34.26 (1:23.29)	3:56.70 (1:22.44)	5:18.49 (1:21.79)	

Event 15 Women 85-89 200 SC Meter Freestyle

1	Willie Van Rysel	87 Spencer			5:02.93
	1:13.20	2:30.10 (1:16.90)	3:50.88 (1:20.78)	5:02.93 (1:12.05)	

Event 16 Men 19-24 200 SC Meter Freestyle

1	Carl Shaw	23 Loughborough Town			2:03.66
	28.82	1:00.92 (32.10)	1:33.18 (32.26)	2:03.66 (30.48)	
2	Tom Dutton	19 Loughborough Town			2:04.37
	28.85	1:00.99 (32.14)	1:33.66 (32.67)	2:04.37 (30.71)	
3 (1*)	Darren Swash*	20 Colchester Phoenix			3:07.46
	39.47	1:26.39 (46.92)	2:18.09 (51.70)	3:07.46 (49.37)	

Event 16 Men 25-29 200 SC Meter Freestyle

1	Alex Freelove	29 Otter			2:18.39
	32.26	1:07.95 (35.69)	1:44.14 (36.19)	2:18.39 (34.25)	
2	George Davies	28 Barnet Copthall			2:29.74
	32.59	1:09.81 (37.22)	1:50.03 (40.22)	2:29.74 (39.71)	
3	Gary Wraight	26 Romford Town			2:37.67
	32.40	1:15.66 (43.26)	2:00.58 (44.92)	2:37.67 (37.09)	
4	Adam Freer	26 Camden Swiss Cottage			2:53.39
	38.11	1:21.94 (43.83)	2:07.96 (46.02)	2:53.39 (45.43)	
5 (1*)	Clinton Stanley*	27 Noosa Aussi Challengers			3:10.90
	41.15	1:30.26 (49.11)	2:21.84 (51.58)	3:10.90 (49.06)	

Event 16 Men 30-34 200 SC Meter Freestyle

1	Darren Bigmore	33 Romford Town			2:17.78
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Masters Distance Meet - 26/07/03 to 27/07/03**Results**

31.24	1:05.10 (33.86)	1:41.03 (35.93)	2:17.78 (36.75)
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Event 16 Men 35-39 200 SC Meter Freestyle

1	Duncan Hartley	35	Barnet Copthall	2:05.90
	29.28	1:01.02 (31.74)	1:33.61 (32.59)	2:05.90 (32.29)
2	Andrew Gristwood	39	Cleethorpes & District	2:09.72
	29.93	1:02.48 (32.55)	1:36.35 (33.87)	2:09.72 (33.37)
3	Marcel Scholten	37	Modernians	2:11.45
	29.14	1:02.75 (33.61)	1:36.87 (34.12)	2:11.45 (34.58)
4	Martin Hawley	39	Ealing	2:21.92
	33.03	1:09.87 (36.84)	1:47.29 (37.42)	2:21.92 (34.63)
5	Jon Thorne	38	Cannons Masters (St Albans)	2:37.50
	33.66	1:14.61 (40.95)	1:58.38 (43.77)	2:37.50 (39.12)
6	Jordi Ballart	38	Camden Swiss Cottage	2:50.44
	36.40	1:17.95 (41.55)	2:04.13 (46.18)	2:50.44 (46.31)

Event 16 Men 40-44 200 SC Meter Freestyle

1	Roger Wellman	40	Slough & Eton Dolphin	2:14.33
	31.03	1:05.31 (34.28)	1:40.27 (34.96)	2:14.33 (34.06)
2	Terry Wright	42	Kings Cormorants	2:14.72
	30.42	1:04.02 (33.60)	1:39.15 (35.13)	2:14.72 (35.57)
3	Colin Leiper	44	Fhm Birmingham	2:24.57
	32.87	1:09.69 (36.82)	1:47.62 (37.93)	2:24.57 (36.95)
4	Adam Lelean	41	Diss Otters	2:25.93
	32.70	1:09.66 (36.96)	1:48.31 (38.65)	2:25.93 (37.62)
5	Malcolm Pearce	42	Grimsby Santa Marina	2:34.41
	33.94	1:13.37 (39.43)	1:54.51 (41.14)	2:34.41 (39.90)

Event 16 Men 45-49 200 SC Meter Freestyle

1	Keith Mann	47	Romford Town	2:17.98
	31.25	1:06.01 (34.76)	1:42.03 (36.02)	2:17.98 (35.95)
2	David Shamp	45	Kingston Royals	2:26.25
	32.55	1:08.12 (35.57)	1:45.40 (37.28)	2:26.25 (40.85)
3	Andrew Wright	46	Stowmarket	2:33.93
	34.89	1:13.66 (38.77)	1:53.80 (40.14)	2:33.93 (40.13)
4	Bob Bicknell	48	Sevenoaks	3:00.85
	38.59	1:23.77 (45.18)	2:12.54 (48.77)	3:00.85 (48.31)

Event 16 Men 50-54 200 SC Meter Freestyle

1	Peter Rae	50	Rochford & District	2:12.60
	31.09	1:04.19 (33.10)	1:38.33 (34.14)	2:12.60 (34.27)
2	Peter Iles	50	City of Milton Keynes	2:32.69
	35.17	1:14.51 (39.34)	1:54.01 (39.50)	2:32.69 (38.68)

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

3	Stuart Mc Lellan	54	Sudbury & District		2:35.56
	36.05	1:15.72 (39.67)	1:56.59 (40.87)	2:35.56 (38.97)	
4	Martin Appleby	50	Barnet Copthall		2:36.37
	36.47	1:16.56 (40.09)	1:57.31 (40.75)	2:36.37 (39.06)	
5	Len Phoenix	54	Diss Otters		2:42.96
	35.21	1:15.52 (40.31)	1:58.24 (42.72)	2:42.96 (44.72)	
6	Ian Blyth	53	Maxwell		2:47.72
	39.04	1:21.56 (42.52)	2:05.47 (43.91)	2:47.72 (42.25)	
7	David Pitcock	54	Barnet Copthall		3:02.02
	41.38	1:27.86 (46.48)	2:15.46 (47.60)	3:02.02 (46.56)	
8	Stephen Prendergast	51	Barnet Copthall		3:07.03
	45.80	1:31.36 (45.56)	2:19.88 (48.52)	3:07.03 (47.15)	
Event 16 Men 55-59 200 SC Meter Freestyle					
1	Duncan McCreadie	58	Maidenhead		2:12.62
	30.99	1:05.12 (34.13)	1:38.96 (33.84)	2:12.62 (33.66)	
2	Ivan Myall	56	Chelmsford		2:23.96
	33.69	1:10.05 (36.36)	1:47.41 (37.36)	2:23.96 (36.55)	
Event 16 Men 60-64 200 SC Meter Freestyle					
1	Geoff Stokes	64	Spencer		2:27.05
	34.74	1:11.96 (37.22)	1:50.18 (38.22)	2:27.05 (36.87)	
2	Keith Ingram	63	Fhm Birmingham		2:35.68
	35.56	1:15.66 (40.10)	1:56.58 (40.92)	2:35.68 (39.10)	
3	Nigel Salsbury	63	Reading		3:05.74
	41.57	1:29.32 (47.75)	2:18.94 (49.62)	3:05.74 (46.80)	
Event 16 Men 65-69 200 SC Meter Freestyle					
1	John Starr	69	Romford Town		2:48.09
	38.20	1:21.51 (43.31)	2:05.93 (44.42)	2:48.09 (42.16)	
Event 16 Men 70-74 200 SC Meter Freestyle					
1	John Jeffery	71	Bracknell & Wokingham		3:30.63
	46.51	1:41.15 (54.64)	2:36.50 (55.35)	3:30.63 (54.13)	
2	Richard Harding	70	Wycombe District		3:55.02
	51.01	1:49.80 (58.79)	2:52.12 (1:02.32)	3:55.02 (1:02.90)	
3	Neil Howell	71	Diss Otters		4:11.76
	56.75	2:00.86 (1:04.11)	3:07.21 (1:06.35)	4:11.76 (1:04.55)	
Event 17 Women 19-24 200 SC Meter Butterfly					
1	Susan Morris	22	Modernians	2:26.03	BRITISH RECORD
	32.00	1:09.19 (37.19)	1:46.71 (37.52)	2:26.03 (39.32)	
2	Caroline Coles	20	Leatherhead		2:44.96

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

36.71 1:19.39 (42.68) 2:03.31 (43.92) 2:44.96 (41.65)

Event 17 Women 25-29 200 SC Meter Butterfly

1 Becky Hartley 28 Barnet Copthall 2:44.87
 36.17 1:18.59 (42.42) 2:01.12 (42.53) 2:44.87 (43.75)

Event 17 Women 35-39 200 SC Meter Butterfly

1 Ursula Schultz 35 City of Oxford 2:52.03
 40.11 1:24.26 (44.15) 2:08.43 (44.17) 2:52.03 (43.60)

2 Emma France 35 Guildford City 4:22.65
 57.42 2:03.25 (1:05.83) 3:12.98 (1:09.73) 4:22.65 (1:09.67)

Event 17 Women 40-44 200 SC Meter Butterfly

1 Debbie Hart 42 Greenwich Borough Mariners 2:50.70
 37.17 1:19.63 (42.46) 2:06.71 (47.08) 2:50.70 (43.99)

Event 17 Women 45-49 200 SC Meter Butterfly

1 Helen O' Leary 49 Phoenix (Ireland) 5:11.08
 1:12.30 4:00.19 () 5:11.08 (1:10.89)

Event 17 Women 60-64 200 SC Meter Butterfly

1 Georgie Hamilton 60 Barnet Copthall 3:55.91
 55.57 1:56.29 (1:00.72) 2:57.87 (1:01.58) 3:55.91 (58.04)

Event 18 Men 19-24 200 SC Meter Butterfly

1 Andrew Loxley 21 Luton 2:26.50
 31.84 1:08.47 (36.63) 1:46.58 (38.11) 2:26.50 (39.92)

Event 18 Men 25-29 200 SC Meter Butterfly

1 Kevin Arundell 25 Greenwich Borough Mariners 2:20.45
 30.71 1:05.29 (34.58) 1:42.44 (37.15) 2:20.45 (38.01)

Event 18 Men 35-39 200 SC Meter Butterfly

1 Matthew Gomez 37 City of Oxford 2:23.87
 31.05 1:07.45 (36.40) 1:45.51 (38.06) 2:23.87 (38.36)

Event 18 Men 35-39 200 SC Meter Butterfly (cont'd)

2 Andrew Gristwood 39 Cleethorpes & District 2:38.93
 36.01 1:16.30 (40.29) 1:57.96 (41.66) 2:38.93 (40.97)

Event 18 Men 50-54 200 SC Meter Butterfly

1 Bill Price 52 Redbridge Borough Masters 2:55.91
 37.80 1:21.16 (43.36) 2:08.30 (47.14) 2:55.91 (47.61)

Event 18 Men 70-74 200 SC Meter Butterfly

1 Seymour Banning 70 Kings Cormorants **3:31.00 BRITISH RECORD**
 44.08 1:38.73 (54.65) 2:33.71 (54.98) 3:31.00 (57.29)

Event 19 Women 19-24 100 SC Meter Butterfly

1 Susan Morris 22 Modernians 1:07.71
 31.16 1:07.71 (36.55)

2 Caroline Coles 20 Leatherhead 1:15.57
 35.30 1:15.57 (40.27)

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 19 Women 25-29 100 SC Meter Butterfly**

1	Lara Clarke	29 Romford Town	1:09.39
	32.20	1:09.39 (37.19)	
2	Lisa Robinson	29 Barnet Copthall	1:10.90
	33.75	1:10.90 (37.15)	
3	Lisa Dawson	25 Barnet Copthall	1:13.21
	35.06	1:13.21 (38.15)	
4	Kay Hamilton	25 Romford Town	1:15.23
	34.54	1:15.23 (40.69)	

Event 19 Women 30-34 100 SC Meter Butterfly

1	Kirsty Owen	30 Romford Town	1:14.21
	34.18	1:14.21 (40.03)	

Event 19 Women 35-39 100 SC Meter Butterfly

1	Anne Braam	35 Spencer	1:14.03
	34.34	1:14.03 (39.69)	

Event 19 Women 40-44 100 SC Meter Butterfly

1	Debbie Hart	42 Greenwich Borough Mariners	1:14.15
	34.02	1:14.15 (40.13)	
2	Caroline Riley	42 Grimsby Santa Marina	1:20.66
	36.27	1:20.66 (44.39)	
3	Tamsin Jaggs	43 Camden Swiss Cottage	1:26.36
	41.57	1:26.36 (44.79)	
4	Valerie Bull	41 Diss Otters	1:37.46
	45.61	1:37.46 (51.85)	

Event 19 Women 45-49 100 SC Meter Butterfly

1	Sharon Mc Lellan	45 Sudbury & District	1:38.56
	47.20	1:38.56 (51.36)	
2	Helen O' Leary	49 Phoenix (Ireland)	2:33.57
	1:13.88	2:33.57 (1:19.69)	

Event 19 Women 50-54 100 SC Meter Butterfly

1	Sally Bettinson	52 Diss Otters	2:13.72
	1:02.39	2:13.72 (1:11.33)	

Event 19 Women 55-59 100 SC Meter Butterfly

1	Julie Crayford	55 Clams	1:25.47
	39.27	1:25.47 (46.20)	

Event 19 Women 60-64 100 SC Meter Butterfly

1	Georgie Hamilton	60 Barnet Copthall	1:49.72
	53.73	1:49.72 (55.99)	

Event 19 Women 75-79 100 SC Meter Butterfly

1	Viv Batten	78 Clams	4:37.25
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Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2:04.14 4:37.25 (2:33.11)

Event 20 Men 19-24 100 SC Meter Butterfly

1	Mark Robinson	20	South Tyneside	1:03.76
	29.11	1:03.76	(34.65)	
2	Andrew Loxley	21	Luton	1:06.85
	31.37	1:06.85	(35.48)	
3	Graham Allison	24	Loughborough Town	1:13.85
	35.36	1:13.85	(38.49)	

Event 20 Men 25-29 100 SC Meter Butterfly

1	Kevin Arundell	25	Greenwich Borough Mariners	1:03.23
	29.51	1:03.23	(33.72)	
2	Simon Marsden	29	Barnet Copthall	1:13.02
	34.03	1:13.02	(38.99)	
3 (1*)	Clinton Stanley*	27	Noosa Aussi Challengers	1:43.66
	45.82	1:43.66	(57.84)	

Event 20 Men 30-34 100 SC Meter Butterfly

1	Ernst Siebenburger	33	Borough of Waltham Forest	1:16.28
	34.74	1:16.28	(41.54)	

Event 20 Men 35-39 100 SC Meter Butterfly

1	Duncan Hartley	35	Barnet Copthall	1:05.55
	30.64	1:05.55	(34.91)	

Event 20 Men 40-44 100 SC Meter Butterfly

1	Paul Morris	44	Basildon & District	1:02.35
	29.47	1:02.35	(32.88)	

Event 20 Men 40-44 100 SC Meter Butterfly (cont'd)

2	David Cartledge	43	Modernians	1:04.44
	29.83	1:04.44	(34.61)	
3	Richard Gillman	40	Otter	1:19.59
	46.69	1:19.59	(32.90)	

Event 20 Men 45-49 100 SC Meter Butterfly

1	Graham Powell	47	Luton	1:07.37
	31.42	1:07.37	(35.95)	
2	Keith Mann	47	Romford Town	1:13.51
	33.23	1:13.51	(40.28)	

Event 20 Men 50-54 100 SC Meter Butterfly

1	Stuart Mc Lellan	54	Sudbury & District	1:25.34
	38.69	1:25.34	(46.65)	
2	Peter Iles	50	City of Milton Keynes	1:25.39
	38.88	1:25.39	(46.51)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

3	David Pitcock	54	Barnet Copthall			1:33.62
	40.33	1:33.62	(53.29)			
Event 20 Men 60-64 100 SC Meter Butterfly						
1	Keith Ingram	63	Fhm Birmingham			1:21.72
	37.41	1:21.72	(44.31)			
2	David Stavely	61	Hythe Aqua			1:33.51
	44.26	1:33.51	(49.25)			
---	Nigel Salsbury	63	Reading			DQ Alternating Legs
	36.69	DQ	(1:09.51)			
Event 20 Men 70-74 100 SC Meter Butterfly						
1	Seymour Banning	70	Kings Cormorants	1:26.59	<u>BRITISH RECORD</u>	
	41.14	1:26.59	(45.45)			
2	Robert Curr	74	Serpentine			2:23.56
	1:06.78	2:23.56	(1:16.78)			
Event 21 Women 19-24 200 SC Meter Breaststroke						
1	Jane Edmondson	20	Barnet Copthall			3:19.60
	46.06	1:37.66	(51.60)	2:29.10	(51.44)	3:19.60
						(50.50)
Event 21 Women 25-29 200 SC Meter Breaststroke						
1	Becky Hartley	28	Barnet Copthall			3:12.17
	45.29	1:33.18	(47.89)	2:22.76	(49.58)	3:12.17
						(49.41)
Event 21 Women 30-34 200 SC Meter Breaststroke						
1	Scheila Maliska	30	Fhm Birmingham			3:58.81
	57.85	2:01.35	(1:03.50)	3:03.86	(1:02.51)	3:58.81
						(54.95)
Event 21 Women 35-39 200 SC Meter Breaststroke						
1	Elizabeth Shaw	37	Otter			3:23.51
	47.41	1:39.38	(51.97)	2:33.07	(53.69)	3:23.51
						(50.44)
2	Debbie Tahir	39	Griffins of Enfield			3:33.73
	48.77	1:42.50	(53.73)	2:38.00	(55.50)	3:33.73
						(55.73)
Event 21 Women 40-44 200 SC Meter Breaststroke						
1	Hannah Ueckermann	40	Witham Dolphins			3:10.40
	45.53	1:34.78	(49.25)	2:23.16	(48.38)	3:10.40
						(47.24)
2	Valerie Bull	41	Diss Otters			3:58.52
	56.90	1:57.86	(1:00.96)	2:59.01	(1:01.15)	3:58.52
						(59.51)
Event 21 Women 45-49 200 SC Meter Breaststroke						
1	Amanda Heath	46	Forward Hillingdon			3:02.12
	42.28	1:28.88	(46.60)	2:15.42	(46.54)	3:02.12
						(46.70)
2	Susan Green	47	Camden Swiss Cottage			3:46.97
	53.91	1:52.00	(58.09)	2:50.15	(58.15)	3:46.97
						(56.82)
3	Helen O' Leary	49	Phoenix (Ireland)			5:07.70
	1:15.27	5:07.70	(3:52.43)			

Masters Distance Meet - 26/07/03 to 27/07/03**Results****Event 21 Women 50-54 200 SC Meter Breaststroke**

1	Jennifer Merritt	52 Spondon			3:06.78
	43.34	1:30.88 (47.54)	2:19.16 (48.28)	3:06.78 (47.62)	

Event 21 Women 55-59 200 SC Meter Breaststroke

1	Julie Crayford	55 Clams			3:24.31
	46.61	1:38.65 (52.04)	2:32.74 (54.09)	3:24.31 (51.57)	

Event 21 Women 60-64 200 SC Meter Breaststroke

1	Diane Ford	60 Rushmoor Royals			3:29.65
	47.98	1:42.11 (54.13)	2:37.32 (55.21)	3:29.65 (52.33)	

2	Georgie Hamilton	60 Barnet Copthall			3:56.90
	56.88	1:58.83 (1:01.95)	2:59.61 (1:00.78)	3:56.90 (57.29)	

Event 21 Women 70-74 200 SC Meter Breaststroke

1	Pauline Wilkinson	70 Spencer			5:13.16
	1:10.41	5:13.16 (4:02.75)			

Event 21 Women 85-89 200 SC Meter Breaststroke

1	Emily Godsall	86 Clams	8:15.99	<u>EUROPEAN & BRITISH RECORD</u>	
	1:54.67	8:15.99 (6:21.32)			

Event 22 Men 19-24 200 SC Meter Breaststroke

1	Carl Shaw	23 Loughborough Town			2:33.63
	35.25	1:14.07 (38.82)	1:54.45 (40.38)	2:33.63 (39.18)	

Event 22 Men 25-29 200 SC Meter Breaststroke

1	Kevin Arundell	25 Greenwich Borough Mariners			2:41.25
	36.46	1:17.49 (41.03)	2:00.98 (43.49)	2:41.25 (40.27)	

Event 22 Men 35-39 200 SC Meter Breaststroke

1	Matthew Gomez	37 City of Oxford			2:40.66
	37.28	1:18.57 (41.29)	1:59.88 (41.31)	2:40.66 (40.78)	

2	Paul Smoothy	35 Spencer			2:54.88
	40.50	1:24.34 (43.84)	2:09.81 (45.47)	2:54.88 (45.07)	

3	Andrew Gristwood	39 Cleethorpes & District			3:01.02
	42.22	1:28.56 (46.34)	2:14.66 (46.10)	3:01.02 (46.36)	

Event 22 Men 40-44 200 SC Meter Breaststroke

1	David Cartledge	43 Modernians			2:42.61
	36.06	1:16.85 (40.79)	1:59.63 (42.78)	2:42.61 (42.98)	

2	Philip Collins	41 Out To Swim			2:59.43
	38.99	1:23.37 (44.38)	2:11.72 (48.35)	2:59.43 (47.71)	

3	Adam Lelean	41 Diss Otters			3:08.98
	43.61	1:32.56 (48.95)	2:22.19 (49.63)	3:08.98 (46.79)	

4	Bill Gristwood	44 Hartham Masters			3:24.07
	47.03	1:39.54 (52.51)	2:32.49 (52.95)	3:24.07 (51.58)	

Event 22 Men 45-49 200 SC Meter Breaststroke

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

1	Nick Hunt	47 Chelmsford			2:52.98
	40.45	1:25.15 (44.70)	2:09.55 (44.40)	2:52.98 (43.43)	
2	Thomas Morrow	47 City of Milton Keynes			2:54.60
	39.00	1:23.25 (44.25)	2:09.46 (46.21)	2:54.60 (45.14)	
3	Malcolm Barton	48 Luton			2:55.90
	40.44	1:25.09 (44.65)	2:10.79 (45.70)	2:55.90 (45.11)	
4	Andrew Wright	46 Stowmarket			3:14.33
	44.05	1:33.25 (49.20)	2:24.80 (51.55)	3:14.33 (49.53)	
5	Bob Bicknell	48 Sevenoaks			3:38.11
	49.81	1:46.08 (56.27)	2:43.22 (57.14)	3:38.11 (54.89)	
Event 22 Men 50-54 200 SC Meter Breaststroke					
1	Bill Price	52 Redbridge Borough Masters			3:07.37
	43.17	1:30.78 (47.61)	2:20.13 (49.35)	3:07.37 (47.24)	
Event 22 Men 60-64 200 SC Meter Breaststroke					
1	Keith Ingram	63 Fhm Birmingham			3:19.54
	46.35	1:38.47 (52.12)	2:30.43 (51.96)	3:19.54 (49.11)	
Event 22 Men 70-74 200 SC Meter Breaststroke					
1	Neil Howell	71 Diss Otters			4:15.03
	54.45	2:00.72 (1:06.27)	3:09.40 (1:08.68)	4:15.03 (1:05.63)	
2	Robert Curr	74 Serpentine			4:53.20
	1:02.39	2:19.31 (1:16.92)	3:39.10 (1:19.79)	4:53.20 (1:14.10)	
Event 22 Men 75-79 200 SC Meter Breaststroke					
1	John Davis	79 Fhm Birmingham			4:25.60
	1:00.10	2:08.97 (1:08.87)	3:17.86 (1:08.89)	4:25.60 (1:07.74)	
Event 23 Women 19-24 100 SC Meter Freestyle					
1	Johanna Riddoch	20 Greenwich Borough Mariners			1:06.21
	31.76	1:06.21 (34.45)			
2	Susan Morris	22 Modernians			1:10.29
	33.05	1:10.29 (37.24)			
3	Caroline Coles	20 Leatherhead			1:10.45
	33.48	1:10.45 (36.97)			
4	Jenny Rowe	24 Cannons Masters (St Albans)			1:15.73
	37.74	1:15.73 (37.99)			
5 (1*)	Natalie Jones*	19 Colchester Phoenix			1:33.93
	45.43	1:33.93 (48.50)			
Event 23 Women 25-29 100 SC Meter Freestyle					
1	Dawn Palmer	27 Romford Town			1:01.86
	29.62	1:01.86 (32.24)			
2	Lara Clarke	29 Romford Town			1:02.36

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

	30.04	1:02.36 (32.32)		
3	Lisa Robinson	29	Barnet Copthall	1:03.27
	30.71	1:03.27 (32.56)		
4	Lisa Dawson	25	Barnet Copthall	1:05.49
	32.32	1:05.49 (33.17)		
5 (1*)	Kathryn Webb*	25	Bexhill	2:02.52
	59.13	2:02.52 (1:03.39)		

Event 23 Women 30-34 100 SC Meter Freestyle

1	Julie Sanders	31	Romford Town	1:04.96
	31.41	1:04.96 (33.55)		
2	Kirsty Owen	30	Romford Town	1:08.57
	32.86	1:08.57 (35.71)		
3	Lucy Robinson	32	Barnet Copthall	1:12.23
	34.52	1:12.23 (37.71)		
4	Sarah Bakker	31	Barnet Copthall	1:13.43
	35.37	1:13.43 (38.06)		

Event 23 Women 35-39 100 SC Meter Freestyle

1	Vicky Bigmore	36	Romford Town	1:07.01
	32.41	1:07.01 (34.60)		
2	Elizabeth Shaw	37	Otter	1:14.67
	36.61	1:14.67 (38.06)		

Event 23 Women 35-39 100 SC Meter Freestyle (cont'd)

3	Tessa Milne	35	Barnet Copthall	1:20.92
	39.47	1:20.92 (41.45)		
4	Janine Nyman	39	Harrow & Wealdstone	1:22.19
	37.93	1:22.19 (44.26)		

Event 23 Women 40-44 100 SC Meter Freestyle

1	Debbie Hart	42	Greenwich Borough Mariners	1:07.77
	32.34	1:07.77 (35.43)		
2	Tamsin Jaggs	43	Camden Swiss Cottage	1:12.16
	34.68	1:12.16 (37.48)		
3	Jessica Rathke	44	Beckenham	1:14.68
	35.17	1:14.68 (39.51)		

Event 23 Women 45-49 100 SC Meter Freestyle

1	Christine Holmes	46	Colchester Phoenix	1:18.75
	37.20	1:18.75 (41.55)		
2	Sharon Mc Lellan	45	Sudbury & District	1:21.45
	39.77	1:21.45 (41.68)		
3	Susan Green	47	Camden Swiss Cottage	1:32.67
	42.77	1:32.67 (49.90)		

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

4	Helen O' Leary	49	Phoenix (Ireland)	2:00.47
	59.01	2:00.47	(1:01.46)	
Event 23 Women 55-59 100 SC Meter Freestyle				
1	Elaine Blower	58	Barnet Copthall	1:20.70
	39.23	1:20.70	(41.47)	
2	Maggie Hargraves*	56	Colchester Phoenix	1:51.73
	52.15	1:51.73	(59.58)	
Event 23 Women 65-69 100 SC Meter Freestyle				
1	Jenny Ball	65	Isle of Wight Masters	1:39.85
	49.15	1:39.85	(50.70)	
Event 23 Women 70-74 100 SC Meter Freestyle				
1	Pauline Wilkinson	70	Spencer	2:02.06
	56.71	2:02.06	(1:05.35)	
Event 23 Women 75-79 100 SC Meter Freestyle				
1	Joan Kidd	76	Isle of Wight Masters	1:54.47
	53.68	1:54.47	(1:00.79)	
Event 24 Men 19-24 100 SC Meter Freestyle				
1	Tom Dutton	19	Loughborough Town	55.68
	27.07	55.68	(28.61)	
2	Carl Shaw	23	Loughborough Town	56.67
	27.56	56.67	(29.11)	
Event 24 Men 19-24 100 SC Meter Freestyle (cont'd)				
3 (1*)	Darren Swash*	20	Colchester Phoenix	1:18.25
	35.08	1:18.25	(43.17)	
4 (2*)	Mark Holmes*	20	Colchester Phoenix	1:31.79
	43.20	1:31.79	(48.59)	
Event 24 Men 25-29 100 SC Meter Freestyle				
1	Gary Wraight	26	Romford Town	1:01.29
	29.70	1:01.29	(31.59)	
2	Alex Freelove	29	Otter	1:01.40
	29.72	1:01.40	(31.68)	
3	George Davies	28	Barnet Copthall	1:03.89
	29.51	1:03.89	(34.38)	
4 (1*)	Clinton Stanley*	27	Noosa Aussi Challengers	1:28.28
	40.98	1:28.28	(47.30)	
---	Simon Marsden	29	Barnet Copthall	DQ False Start
	30.88	DQ	(33.40)	
Event 24 Men 30-34 100 SC Meter Freestyle				
1	Darren Bigmore	33	Romford Town	1:02.17
	29.82	1:02.17	(32.35)	

Masters Distance Meet - 26/07/03 to 27/07/03**Results**

2 Ernst Siebenburger 33 Borough of Waltham Forest 1:04.99
31.78 1:04.99 (33.21)

Event 24 Men 35-39 100 SC Meter Freestyle

1 Sean McQuaid 35 Barnet Copthall 56.66
27.22 56.66 (29.44)

2 Duncan Hartley 35 Barnet Copthall 59.18
28.64 59.18 (30.54)

3 Andrew Gristwood 39 Cleethorpes & District 59.31
28.72 59.31 (30.59)

4 Paul Smoothy 35 Spencer 1:02.77
31.04 1:02.77 (31.73)

5 Jon Thorne 38 Cannons Masters (St Albans) 1:07.00
31.99 1:07.00 (35.01)

Event 24 Men 40-44 100 SC Meter Freestyle

1 Richard Gillman 40 Otter 1:07.16
31.88 1:07.16 (35.28)

2 Malcolm Pearce 42 Grimsby Santa Marina 1:08.54
32.66 1:08.54 (35.88)

3 Bill Gristwood 44 Hartham Masters 1:20.47
38.48 1:20.47 (41.99)

Event 24 Men 40-44 100 SC Meter Freestyle (cont'd)

--- Walker Brierley 40 Ealing DQ False Start
29.32 DQ (31.40)

Event 24 Men 45-49 100 SC Meter Freestyle

1 Keith Mann 47 Romford Town 1:00.57
29.24 1:00.57 (31.33)

2 Bob Bicknell 48 Sevenoaks 1:22.04
37.97 1:22.04 (44.07)

Event 24 Men 50-54 100 SC Meter Freestyle

1 Peter Iles 50 City of Milton Keynes 1:09.42
33.49 1:09.42 (35.93)

2 Martin Appleby 50 Barnet Copthall 1:10.44
34.68 1:10.44 (35.76)

3 Stuart Mc Lellan 54 Sudbury & District 1:10.46
33.55 1:10.46 (36.91)

4 Stephen Prendergast 51 Barnet Copthall 1:17.09
36.86 1:17.09 (40.23)

5 David Pitcock 54 Barnet Copthall 1:20.67
37.71 1:20.67 (42.96)

**Masters Distance Meet - 26/07/03 to 27/07/03
Results****Event 24 Men 55-59 100 SC Meter Freestyle**

1 Ivan Myall 56 Chelmsford 1:06.06
31.84 1:06.06 (34.22)

2 Mike Skinner 56 Barnet Copthall 1:08.67
32.73 1:08.67 (35.94)

Event 24 Men 60-64 100 SC Meter Freestyle

1 Geoff Stokes 64 Spencer 1:07.07
32.63 1:07.07 (34.44)

2 David Stavely 61 Hythe Aqua 1:13.81
34.84 1:13.81 (38.97)

3 Nigel Salsbury 63 Reading 1:18.74
36.53 1:18.74 (42.21)

Event 24 Men 65-69 100 SC Meter Freestyle

1 Ted Evans 68 Otter 1:20.70
38.39 1:20.70 (42.31)

Event 24 Men 70-74 100 SC Meter Freestyle

1 Richard Harding 70 Wycombe District 1:41.51
46.75 1:41.51 (54.76)

2 Neil Howell 71 Diss Otters 1:55.26
52.08 1:55.26 (1:03.18)