

## Barnet Copthall S.C. - Boys Club Records

### Age On Day Of Competition

| 9/U YRS                         |                |         |        | 10 YRS |                  |            |        | 11 YRS |                   |           |        |
|---------------------------------|----------------|---------|--------|--------|------------------|------------|--------|--------|-------------------|-----------|--------|
| <b><u>FRONT CRAWL</u></b>       |                |         |        |        |                  |            |        |        |                   |           |        |
| 50m                             | Naoki Takeda   | 32.52   | Apr-04 | 50m    | Charlie Boldison | 30.95      | Jun-03 | 50m    | Naoki Takeda      | 29.39     | Jan-06 |
| 100m                            | Nicholas Lowe  | 1.12.62 | Mar-03 | 100m   | Naoki Takeda     | 1.08.38    | Nov-04 | 100m   | Charlie Boldison  | + 1.05.81 | May-04 |
| 200m                            | Nicholas Lowe  | 2.30.88 | Apr-03 | 200m   | Nicholas Lowe    | 2.22.10    | Mar-04 | 200m   | Naoki Takeda      | 2.18.15   | Feb-06 |
| 400m                            | Naoki Takeda   | 5.33.06 | Feb-04 | 400m   | Nicholas Lowe    | 4.54.32    | Apr-04 | 400m   | Jamie Smithers    | 4.52.50   | Dec-96 |
| 800m                            |                |         |        | 800m   | Richard Dodds    | 11.32.34   | Oct-97 | 800m   | Kevin O'Shea      | 10.11.44  | Feb-04 |
| 1500m                           |                |         |        | 1500m  | Aiden Dunne      | + 21.31.10 | Mar-97 | 1500m  | Naoki Takeda      | 18.36.32  | Feb-06 |
| <b><u>BACKSTROKE</u></b>        |                |         |        |        |                  |            |        |        |                   |           |        |
| 50m                             | Zach Shalovsky | 37.15   | Feb-07 | 50m    | Charlie Boldison | 36.22      | Jun-03 | 50m    | Oliver Keegan     | 33.60     | Feb-06 |
| 100m                            | Zach Shalovsky | 1.20.78 | May-07 | 100m   | Nicholas Lowe    | 1.17.70    | Apr-04 | 100m   | Randal Cliff      | 1.11.21   | Jan-03 |
| 200m                            | Zach Shalovsky | 2.55.64 | May-07 | 200m   | Nicholas Lowe    | 2.43.85    | Apr-04 | 200m   | Kouji Urata       | 2.32.59   | Mar-02 |
| <b><u>BREASTSTROKE</u></b>      |                |         |        |        |                  |            |        |        |                   |           |        |
| 50m                             | Kim Lam-Liu    | 45.70   | May-03 | 50m    | Randal Cliff     | 40.43      | Oct-01 | 50m    | Martyn Bermingham | 37.29     | Feb-01 |
| 100m                            | Kim Lam-Liu    | 1.38.41 | Jun-03 | 100m   | Randal Cliff     | 1.28.55    | Dec-01 | 100m   | Randal Cliff      | 1.21.60   | Nov-02 |
| 200m                            | Naoki Takeda   | 3.21.71 | Mar-04 | 200m   | Kim Lam-Liu      | 3.03.54    | Feb-04 | 200m   | Randal Cliff      | 2.56.39   | Jan-03 |
| <b><u>BUTTERFLY</u></b>         |                |         |        |        |                  |            |        |        |                   |           |        |
| 50m                             | Nicholas Lowe  | 35.92   | Apr-03 | 50m    | Nicholas Lowe    | 33.85      | Mar-04 | 50m    | Naoki Takeda      | 31.50     | Jan-06 |
| 100m                            | Nicholas Lowe  | 1.24.48 | Apr-03 | 100m   | Nicholas Lowe    | 1.13.79    | Nov-03 | 100m   | Naoki Takeda      | + 1.10.29 | Apr-06 |
| 200m                            | Nicholas Lowe  | 2.56.64 | Apr-03 | 200m   | Nicholas Lowe    | 2.36.48    | Mar-04 | 200m   | Naoki Takeda      | 2.29.78   | Apr-06 |
| <b><u>INDIVIDUAL MEDLEY</u></b> |                |         |        |        |                  |            |        |        |                   |           |        |
| 100m                            | Nicholas Lowe  | 1.22.90 | Mar-03 | 100m   | Nicholas Lowe    | 1.18.71    | Mar-04 | 100m   | Jomelson Ramos    | 1.13.61   | Nov-96 |
| 200m                            | Naoki Takeda   | 2.52.22 | May-04 | 200m   | Naoki Takeda     | 2.43.55    | Nov-04 | 200m   | Naoki Takeda      | 2.35.28   | Apr-06 |
| 400m                            | Naoki Takeda   | 6.03.51 | May-04 | 400m   | Nicholas Lowe    | 5.45.73    | Apr-04 | 400m   | Naoki Takeda      | + 5.32.47 | Apr-06 |

(+ = Time swum in a 50m pool)

Updated : 04/11/2007

## Barnet Copthall S.C. - Boys Club Records

### Age On Day Of Competition

| 12 YRS                                |                   |            |        | 13 YRS |                   |            |        | 14 YRS                         |                 |            |            |
|---------------------------------------|-------------------|------------|--------|--------|-------------------|------------|--------|--------------------------------|-----------------|------------|------------|
| <b>FRONT CRAWL</b>                    |                   |            |        |        |                   |            |        |                                |                 |            |            |
| 50m                                   | Martyn Bermingham | 27.63      | Jan-02 | 50m    | Jomelson Ramos    | 26.30      | Dec-98 | 50m                            | Jamey Waters    | 24.43      | Dec-93     |
| 100m                                  | Martyn Bermingham | + 1.00.33  | Mar-02 | 100m   | Martyn Bermingham | + 57.83    | Mar-03 | 100m                           | Jamey Waters    | 53.12      | Dec-93     |
| 200m                                  | Martyn Bermingham | 2.07.72    | May-02 | 200m   | Martyn Bermingham | 2.03.65    | Jan-03 | 200m                           | Jack Murphy     | 1.58.80    | Dec-99     |
| 400m                                  | Martyn Bermingham | 4.27.03    | May-02 | 400m   | Chris Eddon       | 4.20.47    | Nov-02 | 400m                           | Chris Eddon     | 4.11.94    | Nov-03     |
| 800m                                  | Kouji Urata       | + 9.39.67  | Mar-03 | 800m   | Alex Jessop       | + 9.09.01  | Jul-06 | 800m                           | Chris Eddon     | 8.42.60    | Dec-03     |
| 1500m                                 | Kouji Urata       | + 18.16.41 | Mar-03 | 1500m  | Alex Jessop       | + 17.19.28 | Jul-06 | 1500m                          | Alex Jessop     | + 16.52.38 | Jul-07     |
| <b>BACKSTROKE</b>                     |                   |            |        |        |                   |            |        |                                |                 |            |            |
| 50m                                   | Oliver Keegan     | 31.95      | Jan-07 | 50m    | Charlie Boldison  | 30.54      | Apr-06 | 50m                            | Jamil Mirza     | 28.40      | Dec-99     |
| 100m                                  | Martyn Bermingham | + 1.08.09  | Mar-02 | 100m   | Martyn Bermingham | 1.04.04    | Apr-03 | 100m                           | John Waters     | 1.00.21    | Dec-95     |
| 200m                                  | Martyn Bermingham | 2.22.66    | Mar-02 | 200m   | Martyn Bermingham | 2.18.72    | Feb-03 | 200m                           | Jamil Mirza     | 2.12.18    | Dec-99     |
| <b>BREASTSTROKE</b>                   |                   |            |        |        |                   |            |        |                                |                 |            |            |
| 50m                                   | Martyn Bermingham | + 34.02    | Apr-02 | 50m    | Martyn Bermingham | + 33.29    | Aug-02 | 50m                            | Jomelson Ramos  | + 31.87    | Dec-99     |
| 100m                                  | Martyn Bermingham | 1.12.07    | May-02 | 100m   | Jomelson Ramos    | 1.10.28    | Nov-98 | 100m                           | Jomelson Ramos  | 1.07.96    | Dec-99     |
| 200m                                  | Martyn Bermingham | 2.36.96    | Dec-01 | 200m   | Martyn Bermingham | 2.36.39    | Jun-02 | 200m                           | Jomelson Ramos  | 2.29.07    | Nov-99     |
| <b>BUTTERFLY</b>                      |                   |            |        |        |                   |            |        |                                |                 |            |            |
| 50m                                   | Charlie Boldison  | + 30.30    | Mar-05 | 50m    | Charlie Boldison  | + 29.25    | May-06 | 50m                            | Ashley Ooi      | + 27.85    | Mar-03     |
| 100m                                  | Oliver Keegan     | + 1.06.25  | Jan-07 | 100m   | Oliver Keegan     | + 1.04.42  | Jul-07 | 100m                           | Ashley Ooi      | + 1.02.02  | Mar-03     |
| 200m                                  | Oliver Keegan     | + 2.26.05  | Jan-07 | 200m   | Oliver Keegan     | + 2.23.50  | Apr-07 | 200m                           | Richard Dodds   | 2.14.60    | Mar-02     |
| <b>INDIVIDUAL MEDLEY</b>              |                   |            |        |        |                   |            |        |                                |                 |            |            |
| 100m                                  | Martyn Bermingham | 1.10.09    | Oct-01 | 100m   | Martyn Bermingham | 1.03.95    | May-03 | 100m                           | Jomelson Ramos  | 1.04.18    | Nov-99     |
| 200m                                  | Martyn Bermingham | 2.23.72    | Mar-02 | 200m   | Martyn Bermingham | 2.19.41    | Apr-03 | 200m                           | James Allchorne | 2.14.94    | Apr-04     |
| 400m                                  | Kouji Urata       | 5.08.18    | Apr-03 | 400m   | James Allchorne   | 4.57.23    | Apr-03 | 400m                           | James Allchorne | 4.40.83    | Apr-04     |
| 4 x 50 Medley Relay Team              | + 2.13.62         | Aug-97     |        |        |                   |            |        | 4 x 50 Medley Relay Team       | + 1.57.82       | Aug-99     |            |
| Smithers / Ramos / Lemeilleur / Woska |                   |            |        |        |                   |            |        | Mirza / Ramos / Murphy / Woska |                 |            |            |
| 33.97                                 | 36.02             | 34.38      | 29.25  |        |                   |            |        | 29.81                          | 31.83           | 29.53      | 26.65      |
| 4 x 50 Freestyle Relay Team           | + 1.58.86         | Aug-97     |        |        |                   |            |        | 4 x 50 Freestyle Relay Team    | + 1.45.67       | Aug-99     |            |
| Ramos / Woska / Lemeilleur / Smithers |                   |            |        |        |                   |            |        | Ramos / Woska / Mirza / Murphy |                 |            |            |
| 29.61                                 | 29.51             | 30.87      | 28.87  |        |                   |            |        | 26.13                          | 26.88           | 26.47      | 26.19      |
| (+ = Time swum in a 50m pool)         |                   |            |        |        |                   |            |        |                                |                 |            |            |
|                                       |                   |            |        |        |                   |            |        |                                |                 | Updated :  | 04/11/2007 |

## Barnet Copthall S.C. - Boys Club Records

### Age On Day Of Competition

| 15 YRS                   |                     |   |          |        | 16 YRS                         |                 |         |          |        | Men   |                  |   |          |        |
|--------------------------|---------------------|---|----------|--------|--------------------------------|-----------------|---------|----------|--------|-------|------------------|---|----------|--------|
| <b>FRONT CRAWL</b>       |                     |   |          |        |                                |                 |         |          |        |       |                  |   |          |        |
| 50m                      | Jamey Waters        | + | 24.56    | May-94 | 50m                            | Jamey Waters    | +       | 24.28    | Apr-95 | 50m   | Mark Foster      |   | 21.60    | xx     |
| 100m                     | Jamey Waters        |   | 51.56    | Dec-94 | 100m                           | Jamey Waters    | +       | 53.56    | May-95 | 100m  | Mike Fibbens     |   | 48.48    | xx     |
| 200m                     | Sean O'Shea         | + | 1.59.57  | May-04 | 200m                           | Sean O'Shea     | +       | 1.58.66  | Aug-05 | 200m  | Mike Fibbens     |   | 1.49.23  | xx     |
| 400m                     | Abeeku Philip-Forde |   | 4.07.24  | Apr-04 | 400m                           | Chris Eddon     |         | 4.04.41  | Dec-05 | 400m  | Malcolm McCallum |   | 3.56.62  | xx     |
| 800m                     | Chris Eddon         | + | 8.53.00  | May-04 | 800m                           | Chris Timms     | +       | 8.51.69  | Aug-04 | 800m  | Andrew Swanston  | + | 8.35.13  | Dec-02 |
| 1500m                    | Chris Eddon         | + | 16.35.30 | May-04 | 1500m                          | Chris Eddon     | +       | 16.31.73 | May-05 | 1500m | Andrew Swanston  | + | 16.07.87 | Dec-02 |
| <b>BACKSTROKE</b>        |                     |   |          |        |                                |                 |         |          |        |       |                  |   |          |        |
| 50m                      | Jamil Mirza         | + | 28.90    | May-00 | 50m                            | Neil Willey     |         | 26.86    | Dec-92 | 50m   | Neil Willey      |   | 24.88    | xx     |
| 100m                     | Jamey Waters        |   | 58.99    | Dec-94 | 100m                           | Neil Willey     |         | 57.84    | Dec-92 | 100m  | Neil Willey      |   | 53.23    | xx     |
| 200m                     | Jamil Mirza         |   | 2.08.72  | Jun-00 | 200m                           | Neil Willey     |         | 2.03.46  | Dec-92 | 200m  | Martin Harris    |   | 2.01.01  | xx     |
| <b>BREASTSTROKE</b>      |                     |   |          |        |                                |                 |         |          |        |       |                  |   |          |        |
| 50m                      | Jomelson Ramos      | + | 31.47    | Aug-00 | 50m                            | Jomelson Ramos  | +       | 31.01    | Aug-01 | 50m   | Martin Williams  |   | 29.40    | xx     |
| 100m                     | Jomelson Ramos      | + | 1.08.84  | Aug-00 | 100m                           | Darren Gurney   |         | 1.06.05  | Dec-93 | 100m  | Martin Williams  |   | 1.03.40  | xx     |
| 200m                     | Jomelson Ramos      |   | 2.30.62  | Feb-00 | 200m                           | Darren Gurney   |         | 2.26.38  | Dec-93 | 200m  | Darren Gurney    |   | 2.17.64  | xx     |
| <b>BUTTERFLY</b>         |                     |   |          |        |                                |                 |         |          |        |       |                  |   |          |        |
| 50m                      | Ashley Ooi          | + | 27.51    | Mar-04 | 50m                            | Ashley Ooi      | +       | 27.65    | May-04 | 50m   | Mark Foster      |   | 23.68    | xx     |
| 100m                     | Ashley Ooi          |   | 59.86    | Nov-03 | 100m                           | James Allchorne | +       | 1.00.45  | Dec-05 | 100m  | Mike Fibbens     |   | 53.98    | xx     |
| 200m                     | Richard Dodds       | + | 2.14.12  | Aug-02 | 200m                           | Bradley Lyddon  | +       | 2.10.47  | Aug-01 | 200m  | Mike Fibbens     |   | 2.03.86  | xx     |
| <b>INDIVIDUAL MEDLEY</b> |                     |   |          |        |                                |                 |         |          |        |       |                  |   |          |        |
| 100m                     | Martyn Bermingham   |   | 1.02.04  | Mar-05 | 100m                           | Jamil Mirza     |         | 1.02.11  | Oct-01 | 100m  | Mike Fibbens     |   | 56.30    | xx     |
| 200m                     | Sean O'Shea         | + | 2.15.17  | Dec-04 | 200m                           | Jamey Waters    |         | 2.11.58  | Feb-95 | 200m  | Mike Fibbens     |   | 2.03.31  | xx     |
| 400m                     | Sean O'Shea         | + | 4.46.55  | May-04 | 400m                           | James Allchorne |         | 4.39.41  | Mar-06 | 400m  | Alan Greig       |   | 4.28.80  | xx     |
|                          |                     |   |          |        | 4 x 50 Medley Relay Team       | +               | 1.51.80 | Aug-01   |        |       |                  |   |          |        |
|                          |                     |   |          |        | Mirza / Ramos / Lyddon / Woska |                 |         |          |        |       |                  |   |          |        |
|                          |                     |   |          |        | 28.01 30.47 27.30 26.02        |                 |         |          |        |       |                  |   |          |        |
|                          |                     |   |          |        | 4 x 50 Freestyle Relay Team    | +               | 1.40.06 | Aug-01   |        |       |                  |   |          |        |
|                          |                     |   |          |        | Ramos / Woska / Lyddon / Mirza |                 |         |          |        |       |                  |   |          |        |
|                          |                     |   |          |        | 24.56 26.08 25.59 23.83        |                 |         |          |        |       |                  |   |          |        |

(+ = Time swum in a 50m pool)

Updated : 04/11/2007

## Barnet Copthall S.C. - Girls Club Records

### Age On Day Of Competition

| 9/U YRS                         |                     |           |        | 10 YRS |                     |            |        | 11 YRS |                     |            |        |
|---------------------------------|---------------------|-----------|--------|--------|---------------------|------------|--------|--------|---------------------|------------|--------|
| <b><u>FRONT CRAWL</u></b>       |                     |           |        |        |                     |            |        |        |                     |            |        |
| 50m                             | Harumi Yagi         | 34.34     | Dec-05 | 50m    | Alice Pearson       | + 32.38    | Jan-04 | 50m    | Megan Boldison      | + 30.39    | Jan-07 |
| 100m                            | Madeleine Tichborne | 1.15.61   | May-05 | 100m   | Lauren Chapple      | 1.07.91    | Apr-04 | 100m   | Lauren Chapple      | + 1.04.69  | Mar-05 |
| 200m                            | Harumi Yagi         | 2.39.94   | Nov-05 | 200m   | Madeleine Tichborne | + 2.25.16  | Apr-06 | 200m   | Lauren Chapple      | 2.14.53    | Mar-05 |
| 400m                            | Madeleine Tichborne | 5.28.12   | May-05 | 400m   | Madeleine Tichborne | + 4.58.85  | Apr-06 | 400m   | Madeleine Tichborne | + 4.44.96  | Jul-07 |
| 800m                            | Madeleine Tichborne | 11.09.11  | May-05 | 800m   | Madeleine Tichborne | + 10.13.62 | Apr-06 | 800m   | Lauren Chapple      | 9.32.95    | Feb-05 |
| 1500m                           | Madeleine Tichborne | 21.22.73  | Aug-05 | 1500m  | Madeleine Tichborne | 19.52.09   | Oct-06 | 1500m  | Madeleine Tichborne | + 18.37.90 | Jun-07 |
| <b><u>BACKSTROKE</u></b>        |                     |           |        |        |                     |            |        |        |                     |            |        |
| 50m                             | Akari Ishida        | 40.00     | May-07 | 50m    | Alice Pearson       | 35.12      | Mar-04 | 50m    | Lauren Chapple      | 32.79      | Feb-05 |
| 100m                            | Akari Ishida        | 1.24.19   | Apr-07 | 100m   | Nicola Burlingham   | 1.13.67    | Nov-06 | 100m   | Lauren Chapple      | + 1.10.12  | Mar-05 |
| 200m                            | Akari Ishida        | 2.56.02   | Mar-07 | 200m   | Lauren Chapple      | 2.36.09    | Apr-04 | 200m   | Lauren Chapple      | 2.27.61    | Feb-05 |
| <b><u>BREASTSTROKE</u></b>      |                     |           |        |        |                     |            |        |        |                     |            |        |
| 50m                             | Harumi Yagi         | 42.80     | Feb-06 | 50m    | Lauren Chapple      | 41.31      | Mar-04 | 50m    | Lauren Chapple      | + 37.96    | Mar-05 |
| 100m                            | Harumi Yagi         | 1.34.39   | Nov-05 | 100m   | Lauren Chapple      | 1.29.53    | Apr-04 | 100m   | Lauren Chapple      | 1.19.18    | Mar-05 |
| 200m                            | Lauren Chapple      | 3.30.53   | Mar-03 | 200m   | Lauren Chapple      | 3.04.95    | Mar-04 | 200m   | Lauren Chapple      | 2.51.95    | Feb-05 |
| <b><u>BUTTERFLY</u></b>         |                     |           |        |        |                     |            |        |        |                     |            |        |
| 50m                             | Megan Boldison      | 38.54     | Feb-05 | 50m    | Lauren Chapple      | 33.02      | Mar-04 | 50m    | Lauren Chapple      | 31.62      | Feb-05 |
| 100m                            | Harumi Yagi         | + 1.26.07 | Jan-06 | 100m   | Lauren Chapple      | 1.12.80    | Apr-04 | 100m   | Lauren Chapple      | + 1.08.01  | Mar-05 |
| 200m                            | Megan Boldison      | 3.21.43   | Feb-05 | 200m   | Lauren Chapple      | 2.36.53    | Mar-04 | 200m   | Lauren Chapple      | 2.25.28    | Mar-05 |
| <b><u>INDIVIDUAL MEDLEY</u></b> |                     |           |        |        |                     |            |        |        |                     |            |        |
| 100m                            | Megan Boldison      | 1.25.15   | Mar-05 | 100m   | Lauren Chapple      | 1.14.91    | Mar-04 | 100m   | Lauren Chapple      | 1.11.11    | Apr-05 |
| 200m                            | Harumi Yagi         | 3.01.30   | Nov-05 | 200m   | Lauren Chapple      | 2.38.45    | Apr-04 | 200m   | Lauren Chapple      | + 2.28.14  | Mar-05 |
| 400m                            | Harumi Yagi         | 6.06.33   | Mar-06 | 400m   | Lauren Chapple      | 5.26.80    | Apr-04 | 400m   | Lauren Chapple      | + 5.09.34  | Mar-05 |
| + = time swum in a 50m pool     |                     |           |        |        |                     |            |        |        |                     |            |        |

## Barnet Copthall S.C. - Girls Club Records

### Age On Day Of Competition

| 12 YRS                                   |                    |         |          | 13 YRS |       |                  |   | 14 YRS   |        |                             |                    |                                    |          |        |  |
|--|--------------------|---------|----------|--------|-------|------------------|---|----------|--------|-----------------------------|--------------------|------------------------------------|----------|--------|--|
| <b><u>FRONT CRAWL</u></b>                |                    |         |          |        |       |                  |   |          |        |                             |                    |                                    |          |        |  |
| 50m                                      | Michelle Lewis     | +       | 29.87    | Mar-04 | 50m   | Michelle Lewis   | + | 28.59    | May-05 | 50m                         | Selena Burgess     | +                                  | 28.08    | Apr-95 |  |
| 100m                                     | Michelle Lewis     |         | 1.01.76  | May-04 | 100m  | Michelle Lewis   |   | 1.00.24  | May-05 | 100m                        | Selena Burgess     | +                                  | 59.36    | Aug-95 |  |
| 200m                                     | Lauren Chapple     | +       | 2.13.66  | Jan-06 | 200m  | Kerys O'Sullivan | + | 2.11.42  | Jun-07 | 200m                        | Lauren Chapple     |                                    | 2.10.52  | May-07 |  |
| 400m                                     | Ashley Harris      | +       | 4.35.83  | Aug-02 | 400m  | Ashley Harris    | + | 4.29.44  | Jul-03 | 400m                        | Ashley Harris      | +                                  | 4.31.31  | Jan-04 |  |
| 800m                                     | Ashley Harris      | +       | 9.26.25  | Aug-02 | 800m  | Ashley Harris    | + | 9.12.52  | Jul-03 | 800m                        | Ashley Harris      | +                                  | 9.07.65  | May-04 |  |
| 1500m                                    | Lauren Chapple     |         | 18.02.23 | Mar-06 | 1500m | Lottie Hudson    |   | 18.05.00 | Mar-06 | 1500m                       | Ashley Harris      |                                    | 17.20.22 | Dec-03 |  |
| <b><u>BACKSTROKE</u></b>                 |                    |         |          |        |       |                  |   |          |        |                             |                    |                                    |          |        |  |
| 50m                                      | Charlotte Lawrence |         | 32.88    | Nov-99 | 50m   | Kyra Jones       |   | 31.57    | Apr-06 | 50m                         | Sarah Price        |                                    | 31.26    | Dec-93 |  |
| 100m                                     | Lauren Chapple     |         | 1.07.88  | Oct-05 | 100m  | Kyra Jones       |   | 1.05.93  | May-06 | 100m                        | Sarah Price        |                                    | 1.05.65  | Nov-93 |  |
| 200m                                     | Lauren Chapple     | +       | 2.27.53  | Jan-06 | 200m  | Kyra Jones       |   | 2.20.39  | Apr-06 | 200m                        | Kyra Jones         | +                                  | 2.24.94  | Aug-06 |  |
| <b><u>BREASTSTROKE</u></b>               |                    |         |          |        |       |                  |   |          |        |                             |                    |                                    |          |        |  |
| 50m                                      | Lauren Chapple     |         | 37.67    | Jan-06 | 50m   | Jasmine Lloyd    |   | 36.43    | Dec-01 | 50m                         | Zoe Colyer-Worsell |                                    | 36.49    | Dec-04 |  |
| 100m                                     | Lauren Chapple     |         | 1.20.27  | Jan-06 | 100m  | Lauren Chapple   |   | 1.18.17  | Mar-07 | 100m                        | Deniece Hawkins    |                                    | 1.14.84  | Dec-92 |  |
| 200m                                     | Lauren Chapple     |         | 2.50.14  | May-05 | 200m  | Lauren Chapple   |   | 2.46.81  | Mar-07 | 200m                        | Deniece Hawkins    |                                    | 2.42.64  | Dec-92 |  |
| <b><u>BUTTERFLY</u></b>                  |                    |         |          |        |       |                  |   |          |        |                             |                    |                                    |          |        |  |
| 50m                                      | Lauren Chapple     | +       | 30.88    | Apr-06 | 50m   | Jasmine Lloyd    | + | 30.25    | Aug-01 | 50m                         | Jasmine Lloyd      | +                                  | 30.39    | Aug-02 |  |
| 100m                                     | Lauren Chapple     | +       | 1.06.34  | Aug-05 | 100m  | Lauren Chapple   | + | 1.04.29  | Mar-07 | 100m                        | Jasmine Lloyd      | +                                  | 1.06.86  | Aug-02 |  |
| 200m                                     | Lauren Chapple     | +       | 2.24.81  | Jan-06 | 200m  | Lauren Chapple   | + | 2.20.05  | Apr-07 | 200m                        | Lauren Chapple     |                                    | 2.20.96  | May-07 |  |
| <b><u>INDIVIDUAL MEDLEY</u></b>          |                    |         |          |        |       |                  |   |          |        |                             |                    |                                    |          |        |  |
| 100m                                     | Lauren Chapple     |         | 1.10.13  | Jan-06 | 100m  | Lauren Chapple   |   | 1.08.50  | Mar-07 | 100m                        | Alice Pearson      |                                    | 1.11.59  | Mar-07 |  |
| 200m                                     | Lauren Chapple     | +       | 2.28.64  | Aug-05 | 200m  | Lauren Chapple   |   | 2.22.22  | Mar-07 | 200m                        | Lauren Chapple     |                                    | 2.26.21  | Jul-07 |  |
| 400m                                     | Lauren Chapple     |         | 4.59.71  | Mar-06 | 400m  | Lauren Chapple   |   | 4.55.21  | Mar-07 | 400m                        | Lauren Chapple     |                                    | 5.02.79  | May-07 |  |
| 4 x 50 Medley Relay Team                 | +                  | 2.17.56 |          | Aug-99 |       |                  |   |          |        | 4 x 50 Medley Relay Team    | +                  | 2.17.73                            |          | May-01 |  |
| Lawrence / Prentice / J. Lloyd / Shelton |                    |         |          |        |       |                  |   |          |        |                             |                    | Lawrence / Prentice / Lloyd / Shah |          |        |  |
| 34.90 39.02 33.19 30.45                  |                    |         |          |        |       |                  |   |          |        |                             |                    | 34.71 39.72 32.31 30.90            |          |        |  |
| 4 x 50 Freestyle Relay Team              | +                  | 2.02.01 |          | Aug-99 |       |                  |   |          |        | 4 x 50 Freestyle Relay Team | +                  | 2.02.42                            |          | May-01 |  |
| Lawrence / Prentice / Shelton / J. Lloyd |                    |         |          |        |       |                  |   |          |        |                             |                    | Lloyd / Lawrence / Shah / Prentice |          |        |  |
| 30.51 30.62 30.71 30.17                  |                    |         |          |        |       |                  |   |          |        |                             |                    | 31.20 30.41 30.69 30.12            |          |        |  |
|  |                    |         |          |        |       |                  |   |          |        |                             |                    | <b>Updated :</b> 04/11/2007        |          |        |  |

+ = time swum in a 50m pool

## Barnet Copthall S.C. - Girls Club Records

### Age On Day Of Competition

| 15 YRS                                     |                    |       |          |         | 16 YRS |                    |   |          |        | Women                       |                   |   |          |        |  |
|--|--------------------|-------|----------|---------|--------|--------------------|---|----------|--------|-----------------------------|-------------------|---|----------|--------|--|
| <b><u>FRONT CRAWL</u></b>                  |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 50m  | Elizabeth Griskova | +     | 28.12    | Jul-06  | 50m    | Elizabeth Griskova | + | 26.96    | Aug-07 | 50m                         | Therese Alshammar |   | 24.49    | Mar-03 |  |
| 100m                                       | Selena Burgess     | +     | 58.74    | Apr-96  | 100m   | Selena Burgess     | + | 58.98    | Aug-97 | 100m                        | Therese Alshammar |   | 53.41    | Mar-03 |  |
| 200m                                       | Selena Burgess     | +     | 2.06.09  | Jan-96  | 200m   | Selena Burgess     |   | 2.05.19  | Nov-97 | 200m                        | Sarah Price       | + | 2.02.99  | May-02 |  |
| 400m                                       | Selena Burgess     |       | 4.20.03  | Mar-96  | 400m   | Kerry-Anne Newton  |   | 4.22.73  | Dec-94 | 400m                        | Sarah Price       |   | 4.12.93  | Jan-03 |  |
| 800m                                       | Ashley Harris      |       | 9.00.69  | Feb-05  | 800m   | Jodie Caines       |   | 9.11.83  | Jun-01 | 800m                        | Sarah Price       |   | 8.43.70  | Mar-02 |  |
| 1500m                                      | Charlotte Creager  |       | 17.56.20 | May-04  | 1500m  | Charlotte Creager  | + | 18.08.59 | Nov-05 | 1500m                       | Sarah Price       |   | 17.10.39 | Mar-01 |  |
| <b><u>BACKSTROKE</u></b>                   |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 50m  | Sarah Price        |       | 30.86    | Dec-94  | 50m    | Sarah Price        |   | 29.85    | Dec-95 | 50m                         | Sarah Price       |   | 28.08    | Dec-01 |  |
| 100m                                       | Sarah Price        |       | 1.04.15  | Dec-94  | 100m   | Sarah Price        |   | 1.02.72  | Dec-95 | 100m                        | Sarah Price       |   | 58.77    | Dec-01 |  |
| 200m                                       | Sarah Price        |       | 2.19.64  | Dec-94  | 200m   | Kerry-Anne Newton  |   | 2.16.74  | Dec-94 | 200m                        | Sarah Price       |   | 2.04.44  | Aug-01 |  |
| <b><u>BREASTSTROKE</u></b>                 |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 50m  | Deniece Hawkins    |       | 35.86    | Oct-93  | 50m    | Deniece Hawkins    | + | 35.28    | Jul-94 | 50m                         | Annabel Carter    |   | 34.64    | xx     |  |
| 100m                                       | Deniece Hawkins    |       | 1.15.78  | Nov-93  | 100m   | Deniece Hawkins    |   | 1.16.54  | Feb-94 | 100m                        | Annabel Carter    |   | 1.14.10  | xx     |  |
| 200m                                       | Deniece Hawkins    |       | 2.40.46  | Dec-93  | 200m   | Deniece Hawkins    |   | 2.44.63  | Jun-94 | 200m                        | Deniece Hawkins   |   | 2.40.46  | xx     |  |
| <b><u>BUTTERFLY</u></b>                    |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 50m  | Jasmine Lloyd      | +     | 31.29    | Mar-03  | 50m    | Louise Waller      |   | 29.75    | Dec-92 | 50m                         | Katherine Gardner | + | 29.34    | Jul-01 |  |
| 100m                                       | Jasmine Lloyd      |       | 1.06.55  | Nov-03  | 100m   | Louise Waller      |   | 1.05.24  | Dec-92 | 100m                        | Sarah Price       | + | 1.02.90  | Jun-01 |  |
| 200m                                       | Jessie Porter      |       | 2.23.86  | Mar-07  | 200m   | Jasmine Lloyd      |   | 2.21.07  | Nov-04 | 200m                        | Sarah Price       | + | 2.19.12  | Jun-02 |  |
| <b><u>INDIVIDUAL MEDLEY</u></b>            |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 100m                                       | Jessie Porter      |       | 1.09.77  | Mar-07  | 100m   | Jodie Caines       |   | 1.10.30  | Oct-01 | 100m                        | Carrie Willmott   |   | 1.06.66  | xx     |  |
| 200m                                       | Jessie Porter      |       | 2.27.58  | Jan-07  | 200m   | Jasmine Lloyd      |   | 2.29.18  | Mar-04 | 200m                        | Sarah Price       |   | 2.17.58  | Dec-01 |  |
| 400m                                       | Jessie Porter      |       | 5.02.31  | Mar-07  | 400m   | Phillippa Toms     |   | 5.08.28  | Oct-94 | 400m                        | Sarah Price       | + | 4.55.02  | Dec-02 |  |
| 4 x 50 Medley Relay Team                   |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| Hyams / Colyer-Worsell / Harris / Ferrigno |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 34.22                                      | 36.71              | 31.26 | 28.44    | 2.10.63 | Feb-05 |                    |   |          |        |                             |                   |   |          |        |  |
| 4 x 50 Freestyle Relay Team                |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| Colyer-Worsell / Hyams / Ferrigno / Harris |                    |       |          |         |        |                    |   |          |        |                             |                   |   |          |        |  |
| 28.68                                      | 29.51              | 28.36 | 27.96    | 1.54.50 | Feb-05 |                    |   |          |        |                             |                   |   |          |        |  |
|  |                    |       |          |         |        |                    |   |          |        | + = time swum in a 50m pool |                   |   |          |        |  |