

Barnet Cophall Swimming Club Middle Distance Development Meet – 18th Jan 2009**Event 1 Boys 9 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Konstantin Kapanadze	9	Barnet Cophall	7:10.00	7:04.94
49.40	1:48.93 (59.53)	2:39.23 (50.30)	3:29.67 (50.44)	
4:26.39 (56.72)	5:27.94 (1:01.55)	6:17.27 (49.33)	7:04.94 (47.67)	
2 Jonathan Walker	9	Barnet Cophall	8:20.00	7:10.88
47.76	1:51.67 (1:03.91)	2:42.72 (51.05)	3:35.86 (53.14)	
4:36.32 (1:00.46)	5:37.78 (1:01.46)	6:25.45 (47.67)	7:10.88 (45.43)	
3 William Keegan	9	Barnet Cophall	8:25.00	8:00.76
48.87	1:53.66 (1:04.79)	2:51.30 (57.64)	3:50.59 (59.29)	
4:57.84 (1:07.25)	6:10.68 (1:12.84)	7:08.33 (57.65)	8:00.76 (52.43)	

Event 1 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 George Longhurst	10	Wycombe & District	6:58.50	6:49.41
44.86	1:39.79 (54.93)	2:31.01 (51.22)	3:22.65 (51.64)	
4:22.54 (59.89)	5:21.64 (59.10)	6:06.85 (45.21)	6:49.41 (42.56)	
2 Matt Savitz	10	Barnet Cophall	7:55.00	7:04.85
49.20	1:49.40 (1:00.20)	2:38.00 (48.60)	3:29.07 (51.07)	
4:32.38 (1:03.31)	5:33.07 (1:00.69)	6:19.96 (46.89)	7:04.85 (44.89)	
3 Sam Krasner	10	Wycombe & District	7:20.00	7:10.91
46.96	1:44.00 (57.04)	2:40.50 (56.50)	3:32.82 (52.32)	
4:36.74 (1:03.92)	5:41.19 (1:04.45)	6:24.74 (43.55)	7:10.91 (46.17)	
4 duy Hoang	10	Hounslow Hurricanes	8:07.84	7:18.40
48.62	1:47.07 (58.45)	2:39.14 (52.07)	3:31.23 (52.09)	
4:35.50 (1:04.27)	5:38.76 (1:03.26)	6:28.70 (49.94)	7:18.40 (49.70)	
5 Jan Andrzejczyk	10	Barnet Cophall	8:00.00	7:27.47
52.63	1:52.91 (1:00.28)	2:46.17 (53.26)	3:41.33 (55.16)	
4:44.54 (1:03.21)	5:50.53 (1:05.99)	6:39.49 (48.96)	7:27.47 (47.98)	

Event 1 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Charlie Turner	11	Barnet Cophall	7:20.00	6:43.20
45.18	1:44.46 (59.28)	2:32.47 (48.01)	3:18.77 (46.30)	
4:16.29 (57.52)	5:14.88 (58.59)	6:00.04 (45.16)	6:43.20 (43.16)	
2 Panayiotis Panteli	11	Barnet Cophall	6:50.00	7:16.40
46.32	1:42.36 (56.04)	2:37.43 (55.07)	3:32.52 (55.09)	
4:33.07 (1:00.55)	5:33.47 (1:00.40)	6:25.93 (52.46)	7:16.40 (50.47)	
3 Tom Segev	11	Barnet Cophall	8:02.00	7:23.19
49.33	1:49.76 (1:00.43)	2:40.97 (51.21)	3:33.66 (52.69)	
4:37.10 (1:03.44)	5:42.12 (1:05.02)	6:32.82 (50.70)	7:23.19 (50.37)	
--- Colum O'Riordan	11	Barnet Cophall	8:30.00	DQ
51.69	1:55.97 (1:04.28)	2:48.85 (52.88)	3:42.03 (53.18)	
4:44.95 (1:02.92)	5:49.41 (1:04.46)	6:40.22 (50.81)	DQ (49.10)	

Event 1 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Liam Chong	12	Barnet Cophall	6:31.18	6:11.51
38.68	2:11.25 (1:32.57)	2:58.68 (47.43)	3:51.27 (52.59)	
4:44.83 (53.56)	5:28.29 (43.46)	6:11.35 (43.06)	6:11.51 (0.16)	
2 Joseph L Mileusnic	12	Stevenage	6:36.01	6:18.13
45.84	1:39.45 (53.61)	2:23.78 (44.33)	3:09.83 (46.05)	
4:02.22 (52.39)	4:54.04 (51.82)	5:38.40 (44.36)	6:18.13 (39.73)	

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3	Samuel Henson	12	City of St Albans	6:48.62	6:36.01
	43.04	1:36.27 (53.23)	2:22.45 (46.18)	3:08.89 (46.44)	
	4:08.39 (59.50)	5:06.33 (57.94)	5:51.62 (45.29)	6:36.01 (44.39)	

Event 1 Boys 13 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Jesse Mathews	13	Camden Swiss Cottage S.C.	5:51.75	5:34.03
	36.14	1:16.65 (40.51)	1:57.81 (41.16)	2:39.10 (41.29)	
	3:29.29 (50.19)	4:18.65 (49.36)	4:56.95 (38.30)	5:34.03 (37.08)	
2	Joshua Lewis	13	Wycombe & District	6:00.00	5:48.43
	37.41	1:22.52 (45.11)	2:05.04 (42.52)	2:46.53 (41.49)	
	3:38.05 (51.52)	4:29.63 (51.58)	5:09.69 (40.06)	5:48.43 (38.74)	
3	Eugene Potter	13	Camden Swiss Cottage S.C.	5:42.53	5:53.85
	39.85	1:29.15 (49.30)	2:12.63 (43.48)	2:55.90 (43.27)	
	3:43.26 (47.36)	4:32.99 (49.73)	5:14.39 (41.40)	5:53.85 (39.46)	
4	Dan Manners	13	Wycombe & District	6:45.00	6:11.64
	41.58	1:30.74 (49.16)	2:15.75 (45.01)	3:03.54 (47.79)	
	3:58.36 (54.82)	4:53.74 (55.38)	5:33.62 (39.88)	6:11.64 (38.02)	

Event 1 Boys 14 & Over 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Jay Munkley	14	Hertsmere Flyers	5:12.98	5:18.30
	31.45	1:09.79 (38.34)	1:52.35 (42.56)	2:32.75 (40.40)	
	3:19.10 (46.35)	4:05.67 (46.57)	4:42.35 (36.68)	5:18.30 (35.95)	
2	Will Atkins	16	Hounslow Hurricanes	5:45.09	5:26.39
	33.89	1:14.96 (41.07)	1:54.64 (39.68)	2:36.94 (42.30)	
	3:23.20 (46.26)	4:11.97 (48.77)	4:50.07 (38.10)	5:26.39 (36.32)	
3	Kris Hunt	14	City of Milton Keynes	5:25.64	5:28.37
	36.11	1:20.82 (44.71)	2:01.98 (41.16)	2:43.28 (41.30)	
	4:15.37 (1:32.09)		4:52.04 ()	5:28.37 (36.33)	
4	Christopher Cox	16	Hertsmere Flyers	5:22.06	5:31.36
	36.54	1:19.84 (43.30)	1:54.52 (34.68)	2:40.10 (45.58)	
	3:29.15 (49.05)	4:18.75 (49.60)	4:54.69 (35.94)	5:31.36 (36.67)	
5	Rory Atkins	14	Hounslow Hurricanes	6:10.87	5:57.27
	40.77	1:28.53 (47.76)	2:11.60 (43.07)	2:55.44 (43.84)	
	3:47.73 (52.29)	4:38.96 (51.23)	5:18.23 (39.27)	5:57.27 (39.04)	
6	Calum Taylor	14	Wycombe & District	6:25.00	6:00.10
	37.85	1:22.21 (44.36)	2:07.05 (44.84)	2:54.14 (47.09)	
	3:47.40 (53.26)	4:40.16 (52.76)	5:17.19 (37.03)	6:00.10 (42.91)	

Event 2 Girls 9 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Indigo Mathews	9	Camden Swiss Cottage S.C.	6:45.78	5:55.52
	39.60	1:24.07 (44.47)	2:08.90 (44.83)	2:54.56 (45.66)	
	3:40.62 (46.06)	4:27.62 (47.00)	5:12.82 (45.20)	5:55.52 (42.70)	
2	Alice Bell	9	Barnet Cophall	8:34.51	6:03.16
	41.32	1:26.56 (45.24)	2:13.35 (46.79)	2:59.70 (46.35)	
	3:47.40 (47.70)	4:33.81 (46.41)	5:19.07 (45.26)	6:03.16 (44.09)	
3	Paige Leah Powell	9	Barnet Cophall	6:40.00	6:13.24
	41.97	1:27.96 (45.99)	2:14.87 (46.91)	3:02.47 (47.60)	
	3:49.36 (46.89)	4:38.17 (48.81)	5:26.78 (48.61)	6:13.24 (46.46)	
4	Emily Cannon	9	Wycombe & District	6:40.00	6:23.93
	41.42	1:28.79 (47.37)	2:16.60 (47.81)	3:04.74 (48.14)	
	3:54.45 (49.71)	4:44.33 (49.88)	5:34.90 (50.57)	6:23.93 (49.03)	

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5	Maya Israel	9	Barnet Cophall	8:58.99	7:27.73
	45.19	1:40.01 (54.82)	2:37.99 (57.98)	3:34.19 (56.20)	
	4:33.64 (59.45)	5:31.80 (58.16)	6:30.69 (58.89)	7:27.73 (57.04)	
6	Phoebe Jackson-Virk	9	Barnet Cophall	9:00.99	7:43.48
	47.67	1:46.85 (59.18)	2:45.27 (58.42)	3:44.08 (58.81)	
	4:45.01 (1:00.93)	5:45.39 (1:00.38)	6:47.32 (1:01.93)	7:43.48 (56.16)	
7	Kirsty Halsey	9	Barnet Cophall	8:55.91	7:54.01
	49.84	1:47.32 (57.48)	2:47.80 (1:00.48)	3:50.77 (1:02.97)	
	4:51.60 (1:00.83)	5:54.55 (1:02.95)	6:57.24 (1:02.69)	7:54.01 (56.77)	
8	Alice Soteriou	9	Barnet Cophall	8:50.22	8:23.80
	54.67	1:56.32 (1:01.65)	3:02.89 (1:06.57)	4:07.54 (1:04.65)	
	5:11.10 (1:03.56)	6:10.27 (59.17)	7:19.46 (1:09.19)	8:23.80 (1:04.34)	
9	Florence Hewett	9	Berkhamsted Sports Centre SC	9:35.51	8:38.67
	51.58	1:55.63 (1:04.05)	3:03.17 (1:07.54)	4:12.51 (1:09.34)	
	5:22.08 (1:09.57)	6:31.10 (1:09.02)	7:39.40 (1:08.30)	8:38.67 (59.27)	
---	Rachel Cox	9	Wycombe & District	7:50.00	DQ
	45.09		3:33.94 ()		
	5:25.44 ()		6:23.58 ()	DQ (56.16)	

Event 2 Girls 10 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Elisha Kramer	10	Barnet Cophall	6:43.51	6:00.18
	38.97	1:22.41 (43.44)	2:08.81 (46.40)	2:57.50 (48.69)	
	3:44.09 (46.59)	4:29.68 (45.59)	5:15.66 (45.98)	6:00.18 (44.52)	
2	Poppy Casterton	10	Wycombe & District	6:28.00	6:07.87
	40.86	1:27.51 (46.65)	2:14.23 (46.72)	3:01.28 (47.05)	
	3:48.86 (47.58)	4:36.41 (47.55)	5:23.44 (47.03)	6:07.87 (44.43)	
3	Gaby Marshall	10	City of Milton Keynes	6:25.77	6:12.24
	40.47	1:25.42 (44.95)	2:13.32 (47.90)	3:01.03 (47.71)	
	3:49.82 (48.79)	4:38.14 (48.32)	5:26.55 (48.41)	6:12.24 (45.69)	
4	Sabina Filippone	10	Barnet Cophall	6:54.06	6:16.80
	42.11	1:29.67 (47.56)	2:17.40 (47.73)	3:05.47 (48.07)	
	3:54.01 (48.54)	4:41.67 (47.66)	5:30.18 (48.51)	6:16.80 (46.62)	
5	Alaya Seoudy	10	Barnet Cophall	7:01.96	6:18.41
	40.29	1:26.60 (46.31)	2:13.28 (46.68)	3:02.15 (48.87)	
	3:50.50 (48.35)	4:40.39 (49.89)	5:30.20 (49.81)	6:18.41 (48.21)	
6	Gemma Hunter	10	Barnet Cophall	6:52.95	6:22.80
	42.29	1:30.08 (47.79)	2:17.98 (47.90)	3:06.68 (48.70)	
	3:55.20 (48.52)	4:44.28 (49.08)	5:33.89 (49.61)	6:22.80 (48.91)	
7	Jessica Devereux	10	Wycombe & District	6:55.00	6:23.44
	41.45	1:27.37 (45.92)	2:15.29 (47.92)	3:03.90 (48.61)	
	3:53.33 (49.43)	4:43.49 (50.16)	5:33.69 (50.20)	6:23.44 (49.75)	
8	Maddie M Simmons	10	Hertsmere Flyers	6:57.81	6:23.96
	43.24	1:32.77 (49.53)	2:21.67 (48.90)	3:11.43 (49.76)	
	4:00.13 (48.70)	4:51.01 (50.88)	5:41.00 (49.99)	6:23.96 (42.96)	
9	Isabelle Matthews	10	Camden Swiss Cottage S.C.	6:40.60	6:24.59
	42.00	1:28.96 (46.96)	2:17.58 (48.62)	3:05.64 (48.06)	
	3:56.07 (50.43)	4:47.27 (51.20)	5:37.97 (50.70)	6:24.59 (46.62)	
10	Kristina yu	10	Hounslow Hurricanes	7:10.53	6:32.57
	41.24	1:30.76 (49.52)	2:23.01 (52.25)	3:15.04 (52.03)	
	4:07.03 (51.99)	4:54.62 (47.59)	5:46.31 (51.69)	6:32.57 (46.26)	
11	Claire Harris	10	Barnet Cophall	7:10.00	6:33.52
	41.04	1:31.29 (50.25)	2:21.68 (50.39)	3:13.42 (51.74)	
	4:04.46 (51.04)	4:55.35 (50.89)	5:46.41 (51.06)	6:33.52 (47.11)	

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12	Sophie Henson	10	City of St Albans	7:01.03	6:34.09
	42.32	1:30.56 (48.24)	2:21.01 (50.45)	3:11.75 (50.74)	
	4:03.64 (51.89)	4:54.75 (51.11)	5:45.99 (51.24)	6:34.09 (48.10)	
13	Rumbi Wasterfall	10	Wycombe & District	7:00.00	6:46.29
	42.63	1:32.79 (50.16)	2:24.39 (51.60)	3:16.78 (52.39)	
	4:08.72 (51.94)	5:02.41 (53.69)	5:53.97 (51.56)	6:46.29 (52.32)	
14	Phoebe Norris	10	Barnet Cophall	8:32.97	6:51.91
	46.48	1:40.12 (53.64)	2:33.78 (53.66)	3:26.56 (52.78)	
	4:20.64 (54.08)	5:14.80 (54.16)	6:07.27 (52.47)	6:51.91 (44.64)	
15	Elisabeth Vann	10	Camden Swiss Cottage S.C.	7:35.61	6:58.90
	46.14	1:39.22 (53.08)	2:33.07 (53.85)	3:28.64 (55.57)	
	4:23.72 (55.08)	5:15.92 (52.20)	6:10.32 (54.40)	6:58.90 (48.58)	
16	Roma Patel	10	Barnet Cophall	8:00.00	6:59.74
	44.33	1:38.30 (53.97)	2:32.09 (53.79)	3:26.93 (54.84)	
	4:19.41 (52.48)	5:14.12 (54.71)	6:08.28 (54.16)	6:59.74 (51.46)	
17	Chiara De Simone	10	Barnet Cophall	7:10.00	7:01.20
	41.99	1:27.79 (45.80)	2:16.64 (48.85)	3:44.95 (1:28.31)	
		4:32.06 ()	5:20.26 (48.20)	7:01.20 (1:40.94)	
18	Rachel Murdoch	10	Wycombe & District	7:48.00	7:04.19
	46.66	1:39.38 (52.72)	2:34.36 (54.98)	3:29.05 (54.69)	
	4:23.36 (54.31)	5:17.03 (53.67)	6:12.07 (55.04)	7:04.19 (52.12)	
19	Katie Brown	10	Berkhamsted Sports Centre SC	8:26.08	7:26.82
	46.25	1:41.40 (55.15)	2:39.44 (58.04)	3:38.02 (58.58)	
	4:37.14 (59.12)	5:35.78 (58.64)	6:31.50 (55.72)	7:26.82 (55.32)	
20	Melissa Rahman	10	Barnet Cophall	7:58.03	7:43.00
	46.07	1:44.01 (57.94)	2:44.45 (1:00.44)	3:44.86 (1:00.41)	
	4:45.85 (1:00.99)	5:46.32 (1:00.47)	6:49.95 (1:03.63)	7:43.00 (53.05)	
21	Aisha Cooper	10	Berkhamsted Sports Centre SC	9:03.06	7:44.08
	47.09	1:44.94 (57.85)	2:43.19 (58.25)	3:43.13 (59.94)	
	4:43.76 (1:00.63)	5:44.96 (1:01.20)	6:47.29 (1:02.33)	7:44.08 (56.79)	
22	Kate K Peters	10	Hertsmere Flyers	8:24.39	8:08.77
	49.63	1:48.39 (58.76)	2:48.96 (1:00.57)	3:50.58 (1:01.62)	
	4:52.42 (1:01.84)	5:56.69 (1:04.27)	6:56.16 (59.47)	8:08.77 (1:12.61)	
23	Emily Kiernan	10	Berkhamsted Sports Centre SC	7:36.00	8:35.59
	51.97	1:54.78 (1:02.81)	2:59.88 (1:05.10)	4:06.31 (1:06.43)	
	5:16.31 (1:10.00)	6:24.31 (1:08.00)	7:30.97 (1:06.66)	8:35.59 (1:04.62)	

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	Name	Age	Team	Seed Time	Finals Time
1	Imogen Shepherd	11	Wycombe & District	5:41.39	5:21.12
	36.20	1:16.85 (40.65)	1:58.22 (41.37)	2:39.62 (41.40)	
	3:20.57 (40.95)	4:01.66 (41.09)	4:40.96 (39.30)	5:21.12 (40.16)	
2	Issy Baxter	11	Wycombe & District	5:31.82	5:24.60
	36.65	1:17.53 (40.88)	1:58.87 (41.34)	2:40.22 (41.35)	
	3:21.83 (41.61)	4:03.90 (42.07)	4:44.98 (41.08)	5:24.60 (39.62)	
3	Alexandra Lima	11	City of Milton Keynes	5:28.42	5:31.70
	34.93	1:14.45 (39.52)	1:55.99 (41.54)	2:38.91 (42.92)	
	3:22.30 (43.39)	4:05.68 (43.38)	4:49.53 (43.85)	5:31.70 (42.17)	
4	Zoe Munkley	11	Hertsmere Flyers	5:50.34	5:45.91
	37.99	1:20.92 (42.93)	2:05.21 (44.29)	2:49.06 (43.85)	
	3:33.68 (44.62)	4:17.84 (44.16)	5:02.16 (44.32)	5:45.91 (43.75)	
5	Sarah Collin	11	Wycombe & District	6:12.00	5:48.45
	36.80	1:20.78 (43.98)	2:06.31 (45.53)	2:50.94 (44.63)	
	3:35.67 (44.73)	4:20.97 (45.30)	5:05.45 (44.48)	5:48.45 (43.00)	

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6	Yazi Brand	11	Berkhamsted Sports Centre SC	6:05.13	5:57.12
	38.34	1:21.74 (43.40)	2:07.29 (45.55)	2:53.27 (45.98)	
	3:38.93 (45.66)	4:26.27 (47.34)	5:12.22 (45.95)	5:57.12 (44.90)	
7	Bronwyn Mathews	11	Camden Swiss Cottage S.C.	6:42.74	6:03.71
	40.72	1:26.43 (45.71)	2:13.56 (47.13)	3:01.31 (47.75)	
	3:47.65 (46.34)	4:33.69 (46.04)	5:19.59 (45.90)	6:03.71 (44.12)	
8	Madeleine Geers	11	City of St Albans	6:19.72	6:08.56
	40.27	1:25.35 (45.08)	2:12.94 (47.59)	2:59.50 (46.56)	
	3:47.86 (48.36)	4:36.03 (48.17)	5:24.06 (48.03)	6:08.56 (44.50)	
9	Laura McCullough	11	Amersham	6:26.23	6:16.16
	41.29	1:26.55 (45.26)	2:14.14 (47.59)	3:02.49 (48.35)	
	3:50.82 (48.33)	4:40.19 (49.37)	5:29.49 (49.30)	6:16.16 (46.67)	
10	Vicki Tutt	11	Wycombe & District	6:11.48	6:18.92
	40.97	1:28.07 (47.10)	2:16.68 (48.61)	3:05.90 (49.22)	
	3:54.94 (49.04)	4:44.43 (49.49)	5:33.19 (48.76)	6:18.92 (45.73)	
11	Kati Christova	11	Hertsmere Flyers	7:04.32	6:20.06
	41.11	1:27.79 (46.68)	2:16.59 (48.80)	3:05.78 (49.19)	
	3:55.25 (49.47)	4:45.03 (49.78)	5:34.65 (49.62)	6:20.06 (45.41)	
12	Beth Hirst	11	Wycombe & District	6:57.24	6:24.90
	43.80	1:32.61 (48.81)	2:21.94 (49.33)	3:12.60 (50.66)	
	3:59.95 (47.35)	4:49.37 (49.42)	5:38.55 (49.18)	6:24.90 (46.35)	
13	Ellen Price	11	Berkhamsted Sports Centre SC	7:15.77	6:29.95
	3.44	42.42 (38.98)	2:17.23 (1:34.81)	3:07.14 (49.91)	
	3:57.96 (50.82)	4:48.91 (50.95)	5:41.13 (52.22)	6:29.95 (48.82)	
14	Bronwen Lewis	11	Barnet Cophall	7:40.00	6:50.34
	42.40	1:33.02 (50.62)	2:25.54 (52.52)	3:18.01 (52.47)	
	4:11.34 (53.33)	5:05.81 (54.47)	6:01.31 (55.50)	6:50.34 (49.03)	
15	A'Liyah Loghdey	11	Camden Swiss Cottage S.C.	7:34.21	6:51.15
	46.76	1:37.63 (50.87)	2:30.79 (53.16)	3:24.58 (53.79)	
	4:17.40 (52.82)	5:11.15 (53.75)	6:03.59 (52.44)	6:51.15 (47.56)	
16	Luamar Dolfini	11	Camden Swiss Cottage S.C.	6:48.21	6:54.96
	42.54	1:33.39 (50.85)	2:26.45 (53.06)	3:19.25 (52.80)	
	4:13.55 (54.30)	5:08.24 (54.69)	6:03.41 (55.17)	6:54.96 (51.55)	
17	Hayley-Jo Grafton	11	Wycombe & District	7:35.00	6:56.75
	44.98	1:36.54 (51.56)	2:31.38 (54.84)	3:25.09 (53.71)	
	4:20.29 (55.20)	5:13.74 (53.45)	6:08.22 (54.48)	6:56.75 (48.53)	
18	Ellie Melrose	11	Wycombe & District	7:30.00	7:21.33
	43.91	1:38.28 (54.37)	2:35.68 (57.40)	3:33.41 (57.73)	
	4:31.88 (58.47)	5:30.97 (59.09)	6:29.05 (58.08)	7:21.33 (52.28)	
19	Ella Cromie	11	Wycombe & District	7:29.00	7:28.53
	46.02	1:41.20 (55.18)	2:39.48 (58.28)	3:37.35 (57.87)	
	4:34.35 (57.00)	5:34.57 (1:00.22)	6:32.87 (58.30)	7:28.53 (55.66)	
20	Martha Whittall	11	Hounslow Hurricanes	8:15.90	7:59.32
	48.88	1:45.97 (57.09)	2:45.43 (59.46)	3:48.50 (1:03.07)	
	4:50.82 (1:02.32)	5:54.71 (1:03.89)	6:58.29 (1:03.58)	7:59.32 (1:01.03)	

Event 2 Girls 12 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hazel Munn	12	City of Milton Keynes	5:16.89	5:07.20
	34.43	1:12.44 (38.01)	1:51.72 (39.28)	2:31.20 (39.48)	
	3:10.68 (39.48)	3:49.58 (38.90)	4:28.77 (39.19)	5:07.20 (38.43)	
2	Imogen Atkinson	12	City of Milton Keynes	5:10.94	5:27.56
	36.34	1:17.17 (40.83)	1:58.44 (41.27)	2:40.08 (41.64)	
	3:22.37 (42.29)	4:05.04 (42.67)	4:47.07 (42.03)	5:27.56 (40.49)	

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3	Amira Doufani	12	Camden Swiss Cottage S.C.	6:10.00	5:32.20
	35.71	1:16.71 (41.00)	1:59.00 (42.29)	2:43.27 (44.27)	
	3:26.84 (43.57)	4:09.30 (42.46)	4:51.52 (42.22)	5:32.20 (40.68)	
4	Danielle Beaman	12	City of Milton Keynes	5:36.80	5:32.67
	36.54	1:17.68 (41.14)	2:00.23 (42.55)	2:43.05 (42.82)	
	3:26.03 (42.98)	4:09.45 (43.42)	4:52.30 (42.85)	5:32.67 (40.37)	
5	Laura Watt	12	City of Milton Keynes	5:54.16	5:41.38
	37.42	1:19.31 (41.89)	2:02.08 (42.77)	2:45.68 (43.60)	
	3:29.67 (43.99)	4:13.60 (43.93)	4:57.01 (43.41)	5:41.38 (44.37)	
6	Georgina Izen	12	Hertsmere Flyers	6:04.77	5:45.37
	38.04	1:21.11 (43.07)	2:04.62 (43.51)	2:48.33 (43.71)	
	3:32.89 (44.56)	4:17.83 (44.94)	5:02.79 (44.96)	5:45.37 (42.58)	
7	Emma England	12	Stevenage	5:55.20	5:46.27
	37.89	1:21.11 (43.22)	2:05.42 (44.31)	2:49.93 (44.51)	
	3:34.63 (44.70)	4:19.51 (44.88)	5:05.46 (45.95)	5:46.27 (40.81)	
8	Amber Smith	12	City of Milton Keynes	6:10.17	5:47.84
	38.28	1:21.49 (43.21)	2:05.69 (44.20)	2:50.19 (44.50)	
	3:34.76 (44.57)	4:19.84 (45.08)	5:04.91 (45.07)	5:47.84 (42.93)	
9	Leanne yu	12	Hounslow Hurricanes	6:33.04	5:50.28
	37.03	1:19.04 (42.01)	2:03.06 (44.02)	2:48.91 (45.85)	
	3:35.89 (46.98)	4:22.52 (46.63)	5:09.19 (46.67)	5:50.28 (41.09)	
10	Sophie Panteli	12	Camden Swiss Cottage S.C.	6:50.11	5:54.26
	39.12	1:21.39 (42.27)	2:05.84 (44.45)	2:50.77 (44.93)	
	3:36.77 (46.00)	4:22.89 (46.12)	5:09.68 (46.79)	5:54.26 (44.58)	
11	Sophie Smith	12	Berkhamsted Sports Centre SC	6:24.87	6:24.48
	40.43	1:27.38 (46.95)	2:16.54 (49.16)	3:05.40 (48.86)	
	3:55.91 (50.51)	4:46.52 (50.61)	5:37.77 (51.25)	6:24.48 (46.71)	
12	Jennifer Baldock	12	Camden Swiss Cottage S.C.	6:45.33	6:42.53
	42.15	1:31.19 (49.04)	2:22.95 (51.76)	3:15.34 (52.39)	
	4:08.98 (53.64)	5:01.40 (52.42)	5:53.71 (52.31)	6:42.53 (48.82)	
13	Aleksandra Stamenkovic	12	Camden Swiss Cottage S.C.	6:30.21	6:55.53
	40.87	1:29.54 (48.67)	2:21.59 (52.05)	3:16.75 (55.16)	
	4:11.50 (54.75)	5:06.32 (54.82)	6:03.30 (56.98)	6:55.53 (52.23)	
14	Elisabeth Adcock	12	Hounslow Hurricanes	8:10.34	6:59.28
	43.68	1:35.08 (51.40)	2:29.45 (54.37)	3:24.37 (54.92)	
	4:19.72 (55.35)	5:14.74 (55.02)	6:09.81 (55.07)	6:59.28 (49.47)	
---	Jessica Hole	12	Wycombe & District	6:30.00	DQ
	37.23	1:25.62 (48.39)	2:16.14 (50.52)	3:06.91 (50.77)	
	3:55.68 (48.77)	4:46.74 (51.06)	5:36.47 (49.73)	DQ (46.58)	

Event 2 Girls 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pippa McCullough	13	Amersham	5:05.84	5:11.52
	33.42	1:10.72 (37.30)	1:49.91 (39.19)	2:30.36 (40.45)	
	3:10.37 (40.01)	3:51.29 (40.92)	4:31.39 (40.10)	5:11.52 (40.13)	
2	Abigail Smith	13	Hertsmere Flyers	5:11.04	5:15.27
	34.77	1:13.30 (38.53)	1:53.59 (40.29)	2:33.93 (40.34)	
	3:15.33 (41.40)	3:56.27 (40.94)	4:37.02 (40.75)	5:15.27 (38.25)	
3	Katie Cannon	13	Wycombe & District	5:20.21	5:16.43
	34.80	1:12.97 (38.17)	1:53.02 (40.05)	2:34.16 (41.14)	
	3:15.43 (41.27)	3:56.16 (40.73)	4:37.18 (41.02)	5:16.43 (39.25)	
4	Lauren Engall	13	Wycombe & District	5:40.00	5:19.24
	36.01	1:16.23 (40.22)	1:57.34 (41.11)	2:38.71 (41.37)	
	3:20.17 (41.46)	4:00.82 (40.65)	4:38.29 (37.47)	5:19.24 (40.95)	

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5	Georgina Harper	13	Wycombe & District	5:20.43	5:24.10
	35.18	1:14.24 (39.06)	1:55.36 (41.12)	2:37.49 (42.13)	
	3:19.30 (41.81)	4:01.70 (42.40)	4:43.54 (41.84)	5:24.10 (40.56)	
6	Sian Higgins	13	Stevenage	5:54.20	5:43.87
	37.32	1:19.28 (41.96)	2:02.21 (42.93)	2:45.87 (43.66)	
	3:31.73 (45.86)	4:15.94 (44.21)	5:01.11 (45.17)	5:43.87 (42.76)	
7	Izzie Hartley	13	Berkhamsted Sports Centre SC	6:28.58	5:56.55
	37.04	1:20.59 (43.55)	2:06.37 (45.78)	2:52.98 (46.61)	
	3:39.94 (46.96)	4:27.49 (47.55)	5:13.70 (46.21)	5:56.55 (42.85)	
8	Hannah Drew	13	Camden Swiss Cottage S.C.	6:50.27	6:25.44
	41.31	1:28.84 (47.53)	2:18.29 (49.45)	3:06.34 (48.05)	
	3:54.97 (48.63)	4:45.43 (50.46)	5:36.49 (51.06)	6:25.44 (48.95)	
9	Rosie Allen	13	Camden Swiss Cottage S.C.	6:37.59	6:30.95
	43.70	1:32.46 (48.76)	2:21.61 (49.15)	3:12.48 (50.87)	
	4:03.00 (50.52)	4:52.39 (49.39)	5:43.20 (50.81)	6:30.95 (47.75)	
10	Martina Gregori	13	Camden Swiss Cottage S.C.	6:39.41	6:49.22
	43.38	1:32.25 (48.87)	2:22.44 (50.19)	3:14.38 (51.94)	
	4:06.86 (52.48)	5:01.01 (54.15)	5:55.54 (54.53)	6:49.22 (53.68)	
11	Anastasia Efthimiou	13	Camden Swiss Cottage S.C.	7:15.44	6:59.79
	44.23	1:34.53 (50.30)	2:27.23 (52.70)	3:20.18 (52.95)	
	4:15.73 (55.55)	5:10.29 (54.56)	6:05.87 (55.58)	6:59.79 (53.92)	

Event 2 Girls 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Sorcha Smith	14	City of Milton Keynes	4:51.69	4:52.92
	33.56	1:10.36 (36.80)	1:47.14 (36.78)	2:24.61 (37.47)	
	3:02.16 (37.55)	3:39.54 (37.38)	4:17.26 (37.72)	4:52.92 (35.66)	
2	Beks Holden	15	Berkhamsted Sports Centre SC	5:24.97	5:20.97
	34.33	1:12.76 (38.43)	1:53.03 (40.27)	2:33.82 (40.79)	
	3:15.29 (41.47)	3:57.51 (42.22)	4:39.64 (42.13)	5:20.97 (41.33)	
3	Renate D Fromson	15	Camden Swiss Cottage S.C.	5:31.23	5:33.75
	36.60	1:17.07 (40.47)	1:58.88 (41.81)	2:41.15 (42.27)	
	3:24.18 (43.03)	4:07.72 (43.54)	4:51.26 (43.54)	5:33.75 (42.49)	
4	Saffron Coyle	14	Camden Swiss Cottage S.C.	5:24.76	5:34.99
	36.37	1:16.90 (40.53)	1:59.46 (42.56)	2:42.48 (43.02)	
	3:25.32 (42.84)	4:08.29 (42.97)	4:51.89 (43.60)	5:34.99 (43.10)	
5	Lucy C Moffatt	14	Camden Swiss Cottage S.C.	5:56.27	5:40.76
	37.99	1:20.23 (42.24)	2:03.59 (43.36)	2:46.87 (43.28)	
	3:30.98 (44.11)	4:15.71 (44.73)	5:00.47 (44.76)	5:40.76 (40.29)	
6	Ashleigh Young	14	Wycombe & District	5:35.00	5:42.72
	36.35	1:18.73 (42.38)	2:01.65 (42.92)	2:45.20 (43.55)	
	3:29.22 (44.02)	4:13.77 (44.55)	4:58.17 (44.40)	5:42.72 (44.55)	
7	Evie Price	14	Berkhamsted Sports Centre SC	5:44.11	5:46.01
	38.62	1:21.44 (42.82)	2:06.17 (44.73)	2:50.44 (44.27)	
	3:35.53 (45.09)	4:20.51 (44.98)	5:05.15 (44.64)	5:46.01 (40.86)	
8	Amy Hughes	14	Berkhamsted Sports Centre SC	6:32.24	6:10.89
	39.83	1:26.47 (46.64)	2:14.78 (48.31)	3:04.23 (49.45)	
	3:53.41 (49.18)	4:42.63 (49.22)	5:31.77 (49.14)	6:10.89 (39.12)	

Event 3 Boys 9 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Konstantin Kapanadze	9	Barnet Cophall	3:20.00	3:24.72
	49.93	1:40.24 (50.31)	2:40.40 (1:00.16)	3:24.72 (44.32)	

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2	Jonathan Walker		9	Barnet Cophall		3:49.42		3:25.97
	49.28	1:39.67 (50.39)		2:39.57 (59.90)		3:25.97 (46.40)		
3	William Keegan		9	Barnet Cophall		4:00.00		3:34.22
	45.56	1:42.29 (56.73)		2:47.47 (1:05.18)		3:34.22 (46.75)		
4	Sebastian Maskrey		9	Camden Swiss Cottage S.C.		4:00.87		3:40.19
	55.91	1:50.44 (54.53)		2:49.27 (58.83)		3:40.19 (50.92)		
5	Jacob K Burgum		9	Barnet Cophall		4:02.99		3:48.28
		1:57.17 ()		3:04.61 (1:07.44)		3:48.28 (43.67)		
6	Saam Kyu Smart		9	Barnet Cophall		5:00.00		4:00.32
	58.81	1:56.08 (57.27)		3:05.77 (1:09.69)		4:00.32 (54.55)		
7	Emeka Ogakwu		9	Barnet Cophall		3:59.79		4:03.66
	58.66	1:57.92 (59.26)		3:12.84 (1:14.92)		4:03.66 (50.82)		
8	Gil Segev		9	Barnet Cophall		4:02.99		4:09.91
	1:00.27	2:05.10 (1:04.83)		3:11.14 (1:06.04)		4:09.91 (58.77)		
9	Titus Tan		9	Barnet Cophall		4:40.00		4:53.91
	1:23.68	2:31.93 (1:08.25)		3:49.82 (1:17.89)		4:53.91 (1:04.09)		
---	Ethan Carter		9	Wycombe & District		4:12.31		DQ
	56.44	1:49.53 (53.09)		3:02.08 (1:12.55)		DQ (46.16)		
---	Kavi Shah		9	Barnet Cophall		4:50.17		DQ
	1:01.94	2:03.64 (1:01.70)		3:11.93 (1:08.29)		DQ (50.58)		
---	Shivum Winayak		9	Hounslow Hurricanes		4:12.89		DQ
	54.07	1:52.57 (58.50)		3:03.41 (1:10.84)		DQ (52.52)		

Event 3 Boys 10 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Matt Savitz	10	Barnet Cophall	3:34.56	3:20.78
	48.90		1:39.67 (50.77)	2:40.26 (1:00.59)	3:20.78 (40.52)
2	Hamish MacCaig	10	Berkhamsted Sports Centre SC	3:25.82	3:21.77
	44.25		1:35.57 (51.32)	2:37.15 (1:01.58)	3:21.77 (44.62)
3	duy Hoang	10	Hounslow Hurricanes	3:59.78	3:27.88
	47.93		1:40.08 (52.15)	2:42.43 (1:02.35)	3:27.88 (45.45)
4	Ben Hatch	10	Camden Swiss Cottage S.C.	3:32.84	3:28.69
	49.23		1:44.73 (55.50)	2:44.28 (59.55)	3:28.69 (44.41)
5	Jan Andrzejczyk	10	Barnet Cophall	4:00.74	3:33.57
	52.64		1:46.11 (53.47)	2:49.20 (1:03.09)	3:33.57 (44.37)
6	Ben Burrell	10	City of Milton Keynes	4:00.04	4:05.94
	59.27		1:55.47 (56.20)	3:14.96 (1:19.49)	4:05.94 (50.98)
---	Tristan Flint	10	Camden Swiss Cottage S.C.	4:20.16	DQ
	53.22		1:51.49 (58.27)	2:58.57 (1:07.08)	DQ (47.76)
---	Sam Krasner	10	Wycombe & District	3:29.50	DQ
	45.23		1:39.34 (54.11)	2:41.59 (1:02.25)	DQ (39.78)

Event 3 Boys 11 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Adam A Colyer	11	Hertsmere Flyers	2:59.26	2:50.57
	38.51		1:24.06 (45.55)	2:10.94 (46.88)	2:50.57 (39.63)
2	Charlie Turner	11	Barnet Cophall	3:17.62	3:15.13
	49.68		1:37.10 (47.42)	2:33.35 (56.25)	3:15.13 (41.78)

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3	James Slade	11	Camden Swiss Cottage S.C.	3:38.08	3:23.73
	46.98	1:39.26 (52.28)	2:41.16 (1:01.90)	3:23.73 (42.57)	
4	Panayiotis Panteli	11	Barnet Cophall	3:25.70	3:25.47
	44.12	1:40.65 (56.53)	2:38.41 (57.76)	3:25.47 (47.06)	
5	Peter Schlichter	11	Camden Swiss Cottage S.C.	3:26.32	3:27.25
	51.10	1:42.03 (50.93)	2:41.59 (59.56)	3:27.25 (45.66)	
6	Tom Strakosch	11	Berkhamsted Sports Centre SC	3:44.45	3:28.16
	49.35	1:40.55 (51.20)	2:43.36 (1:02.81)	3:28.16 (44.80)	
7	Colum O'Riordan	11	Barnet Cophall	4:00.00	3:33.08
	54.59	1:47.71 (53.12)	2:48.76 (1:01.05)	3:33.08 (44.32)	
8	Tom Segev	11	Barnet Cophall	3:51.18	3:35.84
	49.57	1:41.56 (51.99)	2:46.91 (1:05.35)	3:35.84 (48.93)	
---	John-Antonio Argyriadis	11	Camden Swiss Cottage S.C.	3:35.44	DQ
	46.26	1:39.26 (53.00)	2:42.39 (1:03.13)	DQ (47.06)	

Event 3 Boys 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Connor Lewis	12	Wycombe & District	3:05.61	2:49.18
	34.90	1:17.35 (42.45)	2:10.41 (53.06)	2:49.18 (38.77)	
2	Liam Chong	12	Barnet Cophall	2:59.86	2:51.18
	37.11	1:22.93 (45.82)	2:12.53 (49.60)	2:51.18 (38.65)	
3	Adam Burrell	12	City of Milton Keynes	3:09.36	3:03.74
	42.51	1:26.72 (44.21)	2:21.82 (55.10)	3:03.74 (41.92)	
4	David Howard	12	Wycombe & District	3:15.53	3:06.73
	43.80	1:31.03 (47.23)	2:27.78 (56.75)	3:06.73 (38.95)	
5	Oliver Moffatt	12	Camden Swiss Cottage S.C.	3:13.09	3:08.09
	45.00	1:33.41 (48.41)	2:26.69 (53.28)	3:08.09 (41.40)	
6	Will Clarence-Smith	12	Camden Swiss Cottage S.C.	3:32.00	3:28.04
	49.70	1:41.87 (52.17)	2:43.12 (1:01.25)	3:28.04 (44.92)	
---	Charles Getter	12	City of Milton Keynes	3:55.03	X3:28.91
	51.80	1:43.91 (52.11)	2:46.53 (1:02.62)	3:28.91 (42.38)	

Event 3 Boys 13 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Chris Hussey	13	Wycombe & District	2:53.26	2:44.00
	39.47	1:20.43 (40.96)	2:07.89 (47.46)	2:44.00 (36.11)	
2	Eugene Potter	13	Camden Swiss Cottage S.C.	2:47.99	2:45.88
	39.76	1:21.59 (41.83)	2:09.07 (47.48)	2:45.88 (36.81)	
3	Ryan McAuliffe	13	Hatfield	3:05.63	2:54.24
	38.88	1:22.37 (43.49)	2:16.50 (54.13)	2:54.24 (37.74)	
4	Nathaniel Gilmour	13	Camden Swiss Cottage S.C.	3:09.29	2:59.71
	39.93	1:27.50 (47.57)	2:22.46 (54.96)	2:59.71 (37.25)	
5	Dan Manners	13	Wycombe & District	3:20.00	2:59.80
	40.54	1:27.56 (47.02)	2:21.47 (53.91)	2:59.80 (38.33)	
6	Felix Schlichter	13	Camden Swiss Cottage S.C.	3:05.01	3:04.27
	40.00	1:29.23 (49.23)	2:24.25 (55.02)	3:04.27 (40.02)	
7	Luke Shuttleworth	13	Hatfield	3:05.79	3:05.44
	38.89	1:25.67 (46.78)	2:24.89 (59.22)	3:05.44 (40.55)	

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8	Lucas Raschka	13	Camden Swiss Cottage S.C.	3:44.78	3:20.47
	43.76	1:38.68 (54.92)	2:36.88 (58.20)	3:20.47 (43.59)	

Event 3 Boys 14 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Will Atkins	16	Hounslow Hurricanes	2:46.66	2:30.82
	33.67	1:12.91 (39.24)	1:56.90 (43.99)	2:30.82 (33.92)	
2	Liam J Coyle	15	Camden Swiss Cottage S.C.	2:32.49	2:33.74
	30.33	1:09.83 (39.50)	1:59.40 (49.57)	2:33.74 (34.34)	
3	Tobie Van Zwieten	14	Stevenage	2:38.00	2:42.83
	34.32	1:16.21 (41.89)	2:05.84 (49.63)	2:42.83 (36.99)	
4	Cameron Roberts	15	Wycombe & District	3:10.00	2:45.95
	35.15	1:17.99 (42.84)	2:10.87 (52.88)	2:45.95 (35.08)	
5	Rory Atkins	14	Hounslow Hurricanes	2:58.19	2:48.24
	38.97	1:20.90 (41.93)	2:10.34 (49.44)	2:48.24 (37.90)	
6	Calum Taylor	14	Wycombe & District	2:52.60	2:48.77
	37.25	1:21.43 (44.18)	2:12.36 (50.93)	2:48.77 (36.41)	

Event 4 Girls 9 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Paige Leah Powell	9	Barnet Cophall	7:20.00	7:09.10
	47.69	1:44.89 (57.20)	2:37.04 (52.15)	3:30.42 (53.38)	
	4:31.35 (1:00.93)	5:33.82 (1:02.47)	6:21.90 (48.08)	7:09.10 (47.20)	
2	Emily Cannon	9	Wycombe & District	7:30.00	7:12.93
	47.11	1:43.40 (56.29)	2:34.06 (50.66)	3:27.46 (53.40)	
	4:34.01 (1:06.55)	5:39.22 (1:05.21)	6:27.06 (47.84)	7:12.93 (45.87)	
3	Alice Bell	9	Barnet Cophall	8:55.00	7:14.13
	50.20	1:50.20 (1:00.00)	2:43.47 (53.27)	3:34.53 (51.06)	
	4:38.77 (1:04.24)	5:41.42 (1:02.65)	6:28.21 (46.79)	7:14.13 (45.92)	
---	Florence Hewett	9	Berkhamsted Sports Centre SC	9:12.00	DQ
	1:03.12	2:16.83 (1:13.71)	3:20.67 (1:03.84)	4:27.86 (1:07.19)	
	5:36.85 (1:08.99)	6:48.06 (1:11.21)	7:53.20 (1:05.14)	DQ (1:06.41)	

Event 4 Girls 10 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Elisha Kramer	10	Barnet Cophall	7:46.13	6:40.68
	46.34	1:45.48 (59.14)	2:33.07 (47.59)	3:22.39 (49.32)	
	4:17.38 (54.99)	5:14.20 (56.82)	5:57.40 (43.20)	6:40.68 (43.28)	
2	Chiara De Simone	10	Barnet Cophall	8:00.00	6:58.21
	46.68	1:41.88 (55.20)	2:32.77 (50.89)	3:25.10 (52.33)	
	4:25.28 (1:00.18)	5:25.08 (59.80)	6:13.25 (48.17)	6:58.21 (44.96)	
3	Miranda M Willis	10	Hertsmere Flyers	7:56.16	6:58.53
	47.94	1:46.89 (58.95)	2:39.99 (53.10)	3:31.60 (51.61)	
	4:31.42 (59.82)	5:30.94 (59.52)	6:16.68 (45.74)	6:58.53 (41.85)	
4	Olivia M Hazel	10	Stevenage	7:00.00	6:58.79
	49.52	1:46.47 (56.95)	2:37.95 (51.48)	3:29.88 (51.93)	
	4:28.93 (59.05)	5:28.14 (59.21)	6:15.12 (46.98)	6:58.79 (43.67)	
5	Gemma Hunter	10	Barnet Cophall	8:10.00	7:26.98
	51.22	1:55.39 (1:04.17)	2:50.22 (54.83)	3:43.48 (53.26)	
	4:45.27 (1:01.79)	5:49.41 (1:04.14)	6:40.14 (50.73)	7:26.98 (46.84)	

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6	Sabina Filippone	10	Barnet Cophthall	8:00.00	7:31.41
	54.92	1:57.83 (1:02.91)	2:54.34 (56.51)	3:49.67 (55.33)	
	4:51.13 (1:01.46)	5:54.16 (1:03.03)	6:44.03 (49.87)	7:31.41 (47.38)	

Event 4 Girls 11 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Alexandra Lima	11	City of Milton Keynes	6:15.94	6:16.41
	41.95	1:32.09 (50.14)	2:18.43 (46.34)	3:05.80 (47.37)	
	3:58.11 (52.31)	4:52.84 (54.73)	5:35.39 (42.55)	6:16.41 (41.02)	
2	Chloe Summers	11	Wycombe & District	6:39.00	6:19.01
	42.39	1:31.42 (49.03)	2:17.45 (46.03)	3:04.99 (47.54)	
	3:58.46 (53.47)	4:54.70 (56.24)	5:38.10 (43.40)	6:19.01 (40.91)	
3	Imogen Shepherd	11	Wycombe & District	6:30.70	6:21.83
	42.76	1:34.86 (52.10)	2:21.99 (47.13)	3:10.78 (48.79)	
	4:06.53 (55.75)	5:01.62 (55.09)	5:41.98 (40.36)	6:21.83 (39.85)	
4	Yazi Brand	11	Berkhamsted Sports Centre SC	7:01.01	6:37.76
	44.73	1:38.56 (53.83)	2:29.46 (50.90)	3:17.89 (48.43)	
	4:14.08 (56.19)	5:09.68 (55.60)	5:54.23 (44.55)	6:37.76 (43.53)	
5	Vicki Tutt	11	Wycombe & District	6:50.00	7:03.35
	49.53	1:49.86 (1:00.33)	2:39.67 (49.81)	3:31.02 (51.35)	
	4:29.91 (58.89)	5:29.75 (59.84)	6:16.69 (46.94)	7:03.35 (46.66)	
6	Bronwen Lewis	11	Barnet Cophthall	8:10.00	8:08.80
	59.15	2:09.50 (1:10.35)	3:05.76 (56.26)	4:03.60 (57.84)	
	5:12.77 (1:09.17)	6:21.20 (1:08.43)	7:15.09 (53.89)	8:08.80 (53.71)	
---	Bronwyn Mathews	11	Camden Swiss Cottage S.C.	7:45.00	DQ
	44.00	1:39.25 (55.25)	2:30.00 (50.75)	3:18.54 (48.54)	
	4:16.02 (57.48)	5:12.97 (56.95)	5:59.54 (46.57)	DQ (43.47)	

Event 4 Girls 12 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Imogen Atkinson	12	City of Milton Keynes	5:56.41	6:14.67
	44.28	1:36.27 (51.99)	2:21.80 (45.53)	3:06.46 (44.66)	
	4:00.15 (53.69)	4:54.81 (54.66)	5:36.59 (41.78)	6:14.67 (38.08)	
2	Danielle Beaman	12	City of Milton Keynes	6:25.80	6:21.64
	43.10	1:33.72 (50.62)	2:19.99 (46.27)	3:08.71 (48.72)	
	4:03.17 (54.46)	4:58.84 (55.67)	5:41.91 (43.07)	6:21.64 (39.73)	
3	Georgia E Hazel	12	Stevenage	6:30.00	6:35.38
	41.85	1:33.14 (51.29)	2:23.59 (50.45)	3:12.53 (48.94)	
	4:09.61 (57.08)	5:07.11 (57.50)	5:51.62 (44.51)	6:35.38 (43.76)	
4	Chloe C Simmons	12	Hertsmere Flyers	6:42.23	6:45.00
	44.25	1:36.81 (52.56)	2:25.87 (49.06)	3:16.00 (50.13)	
	4:16.12 (1:00.12)	5:17.56 (1:01.44)	6:02.76 (45.20)	6:45.00 (42.24)	
5	Georgina G Brown	12	Hertsmere Flyers	6:49.83	6:56.12
	46.82	1:45.65 (58.83)	2:33.89 (48.24)	3:24.94 (51.05)	
	4:24.05 (59.11)	5:25.42 (1:01.37)	6:11.16 (45.74)	6:56.12 (44.96)	
---	Hazel Munn	12	City of Milton Keynes	6:20.43	DQ
	40.25	1:26.90 (46.65)	2:10.42 (43.52)	2:55.06 (44.64)	
	3:49.31 (54.25)	4:45.14 (55.83)	5:24.11 (38.97)	DQ (38.99)	
---	Charlotte Woodhams	12	Camden Swiss Cottage S.C.	NT	XDQ
	44.76	1:35.97 (51.21)	2:24.34 (48.37)	3:14.25 (49.91)	
	4:09.53 (55.28)	5:03.66 (54.13)	5:48.05 (44.39)	DQ (42.12)	

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Name	Age	Team	Seed Time	Finals Time
1 Fiona Shaw	13	Wycombe & District	5:49.60	5:54.28
39.47	1:24.06 (44.59)	2:08.58 (44.52)	2:52.79 (44.21)	
3:46.03 (53.24)	4:38.53 (52.50)	5:17.28 (38.75)	5:54.28 (37.00)	
2 Katie Cannon	13	Wycombe & District	6:21.82	5:56.26
39.96	1:25.56 (45.60)	2:07.28 (41.72)	2:48.49 (41.21)	
3:42.67 (54.18)	4:38.25 (55.58)	5:17.45 (39.20)	5:56.26 (38.81)	
3 Georgina Harper	13	Wycombe & District	6:11.16	6:08.82
39.34	1:24.23 (44.89)	2:09.56 (45.33)	2:54.85 (45.29)	
3:50.70 (55.85)	4:46.61 (55.91)	5:27.68 (41.07)	6:08.82 (41.14)	
4 Emily Au	13	Hertsmere Flyers	7:15.42	6:51.43
48.59	1:42.97 (54.38)	2:38.68 (55.71)	3:33.87 (55.19)	
4:26.38 (52.51)	5:19.76 (53.38)	6:07.12 (47.36)	6:51.43 (44.31)	
5 Eva Ritchie	13	Berkhamsted Sports Centre SC	8:24.00	7:15.64
48.99	1:49.38 (1:00.39)	2:43.10 (53.72)	3:37.55 (54.45)	
4:38.01 (1:00.46)	5:40.71 (1:02.70)	6:29.69 (48.98)	7:15.64 (45.95)	
--- Sian Higgins	13	Stevenage	6:55.70	DQ
43.92	1:41.37 (57.45)	2:31.05 (49.68)	3:19.47 (48.42)	
4:18.01 (58.54)	5:16.64 (58.63)	6:00.25 (43.61)	DQ (43.65)	

Event 4 Girls 14 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Beks Holden	15	Berkhamsted Sports Centre SC	6:09.47	5:54.72
39.18	1:25.46 (46.28)	2:10.19 (44.73)	2:54.92 (44.73)	
3:46.00 (51.08)	4:37.04 (51.04)	5:17.58 (40.54)	5:54.72 (37.14)	
2 Saffron Coyle	14	Camden Swiss Cottage S.C.	5:53.88	5:58.60
38.54	1:23.01 (44.47)	2:08.62 (45.61)	2:54.40 (45.78)	
3:45.93 (51.53)	4:37.18 (51.25)	5:17.61 (40.43)	5:58.60 (40.99)	
3 Evie Price	14	Berkhamsted Sports Centre SC	6:41.25	6:33.52
43.67	1:36.87 (53.20)	2:25.95 (49.08)	3:16.88 (50.93)	
4:09.47 (52.59)	5:03.37 (53.90)	5:49.62 (46.25)	6:33.52 (43.90)	
4 Amy Hughes	14	Berkhamsted Sports Centre SC	7:03.02	6:49.42
43.57	1:37.50 (53.93)	2:26.51 (49.01)	3:16.57 (50.06)	
4:14.85 (58.28)	5:13.90 (59.05)	6:02.22 (48.32)	6:49.42 (47.20)	

Event 5 Boys 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Jonathan Walker	9	Barnet Cophall	7:13.04	6:15.69
41.46	1:28.96 (47.50)	2:16.80 (47.84)	3:04.94 (48.14)	
3:53.42 (48.48)	4:41.84 (48.42)	5:29.52 (47.68)	6:15.69 (46.17)	
2 Daniel D Schindler	9	Hertsmere Flyers	8:24.39	6:26.42
41.77	1:29.71 (47.94)	2:19.83 (50.12)	3:10.78 (50.95)	
4:00.78 (50.00)	4:52.10 (51.32)	5:43.76 (51.66)	6:26.42 (42.66)	
3 Max Freeman	9	Teddington	6:41.32	6:29.08
42.99	1:32.85 (49.86)	2:23.62 (50.77)	3:13.62 (50.00)	
4:03.65 (50.03)	4:54.38 (50.73)	5:43.29 (48.91)	6:29.08 (45.79)	
4 Konstantin Kapanadze	9	Barnet Cophall	6:30.00	6:29.91
44.58	1:33.25 (48.67)	2:22.87 (49.62)	3:13.51 (50.64)	
4:04.70 (51.19)	4:55.22 (50.52)	5:44.89 (49.67)	6:29.91 (45.02)	
5 Terence Fawden	9	Camden Swiss Cottage S.C.	7:15.79	6:36.01
42.91	1:32.82 (49.91)	2:25.43 (52.61)	3:15.91 (50.48)	
4:05.72 (49.81)	4:58.33 (52.61)	5:48.70 (50.37)	6:36.01 (47.31)	

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6	Jacob K Burgum	9	Barnet Cophall	8:40.11	7:02.87
	43.96	1:37.43 (53.47)	2:29.88 (52.45)	3:24.55 (54.67)	
	4:18.99 (54.44)	5:15.14 (56.15)	6:11.10 (55.96)	7:02.87 (51.77)	
7	William Keegan	9	Barnet Cophall	7:50.00	7:10.19
	45.68	1:40.04 (54.36)	2:34.43 (54.39)	3:27.80 (53.37)	
	4:22.31 (54.51)	5:18.61 (56.30)	6:14.52 (55.91)	7:10.19 (55.67)	
8	Ethan Carter	9	Wycombe & District	7:50.00	7:16.82
	44.20	1:36.81 (52.61)	2:31.78 (54.97)	3:27.06 (55.28)	
	4:24.08 (57.02)	5:21.27 (57.19)	6:19.99 (58.72)	7:16.82 (56.83)	
9	Kavi Shah	9	Barnet Cophall	8:46.58	7:45.95
	51.40	1:53.09 (1:01.69)	2:54.47 (1:01.38)	3:55.32 (1:00.85)	
	4:55.48 (1:00.16)	5:55.66 (1:00.18)	6:53.66 (58.00)	7:45.95 (52.29)	
10	Emeka Ogakwu	9	Barnet Cophall	8:39.00	8:04.08
	50.15	1:53.20 (1:03.05)	2:56.11 (1:02.91)	3:56.74 (1:00.63)	
	5:00.34 (1:03.60)	6:03.42 (1:03.08)	7:08.30 (1:04.88)	8:04.08 (55.78)	
11	Gil Segev	9	Barnet Cophall	8:41.99	8:04.57
	49.73	1:49.61 (59.88)	2:51.06 (1:01.45)	3:55.66 (1:04.60)	
	4:59.02 (1:03.36)	6:02.98 (1:03.96)	7:05.65 (1:02.67)	8:04.57 (58.92)	
12	Saam Kyu Smart	9	Barnet Cophall	9:30.00	8:12.37
	51.43	1:52.18 (1:00.75)	2:54.73 (1:02.55)	3:57.39 (1:02.66)	
	5:02.17 (1:04.78)	6:10.40 (1:08.23)	7:16.21 (1:05.81)	8:12.37 (56.16)	
13	Titus Tan	9	Barnet Cophall	8:30.00	8:24.16
	48.27	1:51.78 (1:03.51)	2:58.80 (1:07.02)	4:05.11 (1:06.31)	
	5:11.61 (1:06.50)	6:19.26 (1:07.65)	7:24.69 (1:05.43)	8:24.16 (59.47)	
---	Jahrel Murphy	9	Hounslow Hurricanes	9:02.45	DQ
	46.49	1:44.35 (57.86)	2:44.19 (59.84)	3:44.74 (1:00.55)	
		5:49.17 ()	6:51.97 (1:02.80)	DQ (55.76)	

Event 5 Boys 10 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hamish MacCaig	10	Berkhamsted Sports Centre SC	6:06.00	5:57.79
	38.84	1:23.26 (44.42)	2:08.16 (44.90)	2:53.77 (45.61)	
	3:39.95 (46.18)	4:26.93 (46.98)	5:13.29 (46.36)	5:57.79 (44.50)	
2	George Longhurst	10	Wycombe & District	6:28.00	6:04.42
	38.51	1:24.20 (45.69)	2:11.30 (47.10)	2:58.69 (47.39)	
	3:45.27 (46.58)	4:33.23 (47.96)	5:20.61 (47.38)	6:04.42 (43.81)	
3	Matt Savitz	10	Barnet Cophall	6:58.07	6:10.44
	40.44	1:27.33 (46.89)	2:14.25 (46.92)	3:02.11 (47.86)	
	3:49.70 (47.59)	4:37.40 (47.70)	5:24.41 (47.01)	6:10.44 (46.03)	
4	Sam Krasner	10	Wycombe & District	6:29.00	6:19.90
	41.86	1:30.50 (48.64)	2:20.62 (50.12)	3:10.02 (49.40)	
	3:58.68 (48.66)	4:48.33 (49.65)	5:37.05 (48.72)	6:19.90 (42.85)	
5	Ben Hatch	10	Camden Swiss Cottage S.C.	6:56.70	6:29.61
	43.54	1:33.13 (49.59)	2:23.15 (50.02)	3:10.02 (49.40)	
	4:03.37 ()	4:54.22 (50.85)	5:43.80 (49.58)	6:29.61 (45.81)	
6	Jan Andrzejczyk	10	Barnet Cophall	7:31.29	6:40.61
	44.06	1:35.39 (51.33)	2:26.01 (50.62)	3:18.20 (52.19)	
	4:08.92 (50.72)	5:00.66 (51.74)	5:51.61 (50.95)	6:40.61 (49.00)	
7	Harry Engall	10	Wycombe & District	7:50.00	7:33.19
	43.65	1:39.54 (55.89)	2:37.59 (58.05)	3:37.23 (59.64)	
	4:38.18 (1:00.95)	5:36.23 (58.05)	6:36.76 (1:00.53)	7:33.19 (56.43)	

Barnet Cophall Swimming Club Middle Distance Development Meet – 18th Jan 2009**Event 5 Boys 11 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Liam Jones	11	Wycombe & District	5:11.00	5:10.41
33.55	1:11.35 (37.80)	1:50.83 (39.48)	2:30.99 (40.16)	
3:11.23 (40.24)	3:51.52 (40.29)	4:31.74 (40.22)	5:10.41 (38.67)	
2 Adam A Colyer	11	Hertsmere Flyers	5:27.81	5:28.46
36.23	1:16.81 (40.58)	1:57.90 (41.09)	2:39.51 (41.61)	
3:23.35 (43.84)	4:05.77 (42.42)	4:48.11 (42.34)	5:28.46 (40.35)	
3 Aidan Roberts	11	Wycombe & District	6:25.00	6:00.10
39.34	1:24.20 (44.86)	2:10.09 (45.89)	2:56.23 (46.14)	
3:43.57 (47.34)	4:29.52 (45.95)	5:16.83 (47.31)	6:00.10 (43.27)	
4 Charlie Turner	11	Barnet Cophall	6:11.25	6:00.35
41.33	1:26.84 (45.51)	2:12.10 (45.26)	2:58.16 (46.06)	
3:44.05 (45.89)	4:30.36 (46.31)	5:18.51 (48.15)	6:00.35 (41.84)	
5 James Slade	11	Camden Swiss Cottage S.C.	6:41.21	6:15.93
40.74	1:27.88 (47.14)	2:16.24 (48.36)	3:03.84 (47.60)	
3:53.42 (49.58)	4:42.16 (48.74)	5:31.22 (49.06)	6:15.93 (44.71)	
6 Joshua Andrews	11	Stevenage	6:20.00	6:16.51
42.16	1:29.21 (47.05)	2:17.57 (48.36)	3:06.58 (49.01)	
3:55.97 (49.39)	4:45.47 (49.50)	5:33.46 (47.99)	6:16.51 (43.05)	
7 Peter Schlichter	11	Camden Swiss Cottage S.C.	6:40.18	6:20.07
43.10	1:30.26 (47.16)	2:18.60 (48.34)	3:07.35 (48.75)	
3:57.31 (49.96)	4:46.42 (49.11)	5:34.62 (48.20)	6:20.07 (45.45)	
8 Colum O'Riordan	11	Barnet Cophall	7:20.00	6:37.66
44.52	1:35.17 (50.65)	2:25.70 (50.53)	3:17.22 (51.52)	
4:08.61 (51.39)	4:59.90 (51.29)	5:50.54 (50.64)	6:37.66 (47.12)	
9 Panayiotis Panteli	11	Barnet Cophall	6:17.15	6:52.27
44.33	1:35.24 (50.91)	2:27.28 (52.04)	3:20.02 (52.74)	
4:15.08 (55.06)	5:08.41 (53.33)	6:02.98 (54.57)	6:52.27 (49.29)	
10 Tom Strakosch	11	Berkhamsted Sports Centre SC	6:53.66	6:55.69
45.65	1:37.88 (52.23)		3:25.63 ()	
4:18.04 (52.41)	5:12.92 (54.88)	6:06.31 (53.39)	6:55.69 (49.38)	

Event 5 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Liam Chong	12	Barnet Cophall	5:34.33	5:24.54
36.67	1:17.17 (40.50)	1:58.06 (40.89)	2:39.49 (41.43)	
3:21.17 (41.68)	4:03.75 (42.58)	4:44.24 (40.49)	5:24.54 (40.30)	
2 Benjamin Freeman	12	Teddington	5:24.32	5:36.20
35.49	1:16.78 (41.29)	1:59.06 (42.28)	2:42.90 (43.84)	
		4:54.46 ()	5:36.20 (41.74)	
3 David Howard	12	Wycombe & District	5:32.61	5:41.36
37.65	1:19.74 (42.09)	2:03.36 (43.62)	2:47.10 (43.74)	
3:31.79 (44.69)	4:16.02 (44.23)	4:59.89 (43.87)	5:41.36 (41.47)	
4 Adam Burrell	12	City of Milton Keynes	5:40.61	5:45.17
36.46	1:18.87 (42.41)	2:03.15 (44.28)	2:47.99 (44.84)	
3:32.70 (44.71)	4:17.50 (44.80)	5:02.33 (44.83)	5:45.17 (42.84)	
5 Charles Getter	12	City of Milton Keynes	6:51.98	6:05.83
40.41	1:24.54 (44.13)	2:10.93 (46.39)	2:58.34 (47.41)	
3:46.23 (47.89)	4:33.30 (47.07)	5:20.37 (47.07)	6:05.83 (45.46)	
6 Gregory Rollo-Walker	12	Camden Swiss Cottage S.C.	6:44.61	6:12.20
41.36	1:26.88 (45.52)	2:13.80 (46.92)	3:01.28 (47.48)	
3:49.80 (48.52)	4:38.36 (48.56)	5:26.63 (48.27)	6:12.20 (45.57)	

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7	Patrick Taylor	12	Wycombe & District	6:50.00	6:20.52
	41.52	1:28.78 (47.26)	2:18.78 (50.00)	3:08.51 (49.73)	
	3:58.73 (50.22)	4:48.08 (49.35)	5:36.11 (48.03)	6:20.52 (44.41)	

Event 5 Boys 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Jesse Mathews	13	Camden Swiss Cottage S.C.	5:11.95	4:57.27
	34.33	1:11.35 (37.02)	1:48.97 (37.62)	2:27.27 (38.30)	
	3:05.12 (37.85)	3:43.01 (37.89)	4:20.67 (37.66)	4:57.27 (36.60)	
2	Chris Hussey	13	Wycombe & District	5:07.97	5:05.34
	33.04	1:09.08 (36.04)	1:47.18 (38.10)	2:26.27 (39.09)	
	3:06.61 (40.34)	3:46.88 (40.27)	4:26.80 (39.92)	5:05.34 (38.54)	
3	Dan Manners	13	Wycombe & District	5:49.00	5:17.13
	36.74	1:17.65 (40.91)	1:58.02 (40.37)	2:38.21 (40.19)	
	3:19.05 (40.84)	3:58.72 (39.67)	4:38.24 (39.52)	5:17.13 (38.89)	
4	Ryan McAuliffe	13	Hatfield	5:50.23	5:21.09
	35.44	1:14.52 (39.08)	1:54.10 (39.58)	2:34.93 (40.83)	
	3:16.67 (41.74)	3:58.55 (41.88)	4:40.53 (41.98)	5:21.09 (40.56)	
5	Nathaniel Gilmour	13	Camden Swiss Cottage S.C.	5:52.14	5:21.59
	35.71	1:17.05 (41.34)	1:59.02 (41.97)	2:40.50 (41.48)	
	3:21.37 (40.87)	4:03.10 (41.73)	4:44.38 (41.28)	5:21.59 (37.21)	
6	Felix Schlichter	13	Camden Swiss Cottage S.C.	5:28.08	5:25.54
	36.50	1:18.08 (41.58)	2:00.78 (42.70)	2:43.00 (42.22)	
	3:24.37 (41.37)	4:05.68 (41.31)	4:46.82 (41.14)	5:25.54 (38.72)	
7	Luke Shuttleworth	13	Hatfield	5:57.84	5:30.27
	36.74	1:18.26 (41.52)	2:00.32 (42.06)	2:42.08 (41.76)	
	3:24.00 (41.92)	4:06.73 (42.73)	4:49.44 (42.71)	5:30.27 (40.83)	
8	Lucas Raschka	13	Camden Swiss Cottage S.C.	6:37.88	6:36.17
	40.18	1:28.11 (47.93)	2:19.35 (51.24)	3:10.01 (50.66)	
	4:03.19 (53.18)	4:55.84 (52.65)	5:47.73 (51.89)	6:36.17 (48.44)	

Event 5 Boys 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Will Atkins	16	Hounslow Hurricanes	4:38.65	4:48.71
	30.73	1:05.13 (34.40)	1:41.27 (36.14)	2:18.13 (36.86)	
	2:55.76 (37.63)	3:33.43 (37.67)	4:11.02 (37.59)	4:48.71 (37.69)	
2	Cameron Roberts	15	Wycombe & District	5:01.00	4:57.08
	32.80	1:08.86 (36.06)	1:46.70 (37.84)	2:24.91 (38.21)	
	3:02.09 (37.18)	3:40.31 (38.22)	4:18.82 (38.51)	4:57.08 (38.26)	
3	Kris Hunt	14	City of Milton Keynes	4:59.59	5:02.26
	33.45	1:11.26 (37.81)	1:49.81 (38.55)	2:28.48 (38.67)	
	3:07.79 (39.31)	3:46.56 (38.77)	4:25.45 (38.89)	5:02.26 (36.81)	
4	Rory Atkins	14	Hounslow Hurricanes	5:05.45	5:04.64
	32.98	1:09.57 (36.59)	1:47.75 (38.18)	2:26.66 (38.91)	
	3:06.21 (39.55)	3:45.93 (39.72)	4:26.22 (40.29)	5:04.64 (38.42)	
5	Tobie Van Zwieten	14	Stevenage	5:02.00	5:11.44
	31.98	1:08.24 (36.26)	1:47.41 (39.17)	2:27.81 (40.40)	
	3:08.53 (40.72)	3:49.65 (41.12)	4:31.21 (41.56)	5:11.44 (40.23)	
6	Joshua Gaventa	14	Camden Swiss Cottage S.C.	6:36.83	5:57.54
	38.60	1:22.39 (43.79)	2:08.35 (45.96)	2:55.12 (46.77)	
	3:41.77 (46.65)	4:28.12 (46.35)	5:14.24 (46.12)	5:57.54 (43.30)	

Barnet Cophall Swimming Club Middle Distance Development Meet – 18th Jan 2009**Event 6 Girls 9 Year Olds 200 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Indigo Mathews	9	Camden Swiss Cottage S.C.	3:31.40	3:16.57
43.47	1:33.09 (49.62)	2:33.56 (1:00.47)	3:16.57 (43.01)	
2 Paige Leah Powell	9	Barnet Cophall	3:30.00	3:20.10
44.55	1:35.51 (50.96)	2:35.26 (59.75)	3:20.10 (44.84)	
3 Alice Bell	9	Barnet Cophall	3:41.42	3:29.18
50.53	1:41.24 (50.71)	2:43.93 (1:02.69)	3:29.18 (45.25)	
4 Heather Geers	9	City of St Albans	3:55.22	3:44.61
51.73	1:45.07 (53.34)	2:56.21 (1:11.14)	3:44.61 (48.40)	
5 Rachel Cox	9	Wycombe & District	4:05.00	3:57.51
52.37	1:51.11 (58.74)	3:04.51 (1:13.40)	3:57.51 (53.00)	
6 Kirsty Halsey	9	Barnet Cophall	4:15.88	3:59.64
57.50	2:01.42 (1:03.92)	3:03.40 (1:01.98)	3:59.64 (56.24)	
7 Phoebe Jackson-Virk	9	Barnet Cophall	4:20.77	4:08.95
1:06.95	2:03.02 (56.07)	3:15.19 (1:12.17)	4:08.95 (53.76)	
8 Florence Hewett	9	Berkhamsted Sports Centre SC	4:11.97	4:20.70
1:03.99	2:08.88 (1:04.89)	3:18.93 (1:10.05)	4:20.70 (1:01.77)	
9 Alice Soteriou	9	Barnet Cophall	4:08.99	4:44.06
1:18.76	2:27.29 (1:08.53)	3:42.84 (1:15.55)	4:44.06 (1:01.22)	
--- Maya Israel	9	Barnet Cophall	4:14.88	DQ
1:00.59	1:59.79 (59.20)	3:08.42 (1:08.63)	DQ (57.47)	

Event 6 Girls 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Elisha Kramer	10	Barnet Cophall	3:25.60	3:09.19
45.50	1:31.76 (46.26)	2:27.85 (56.09)	3:09.19 (41.34)	
2 Isobel Moffatt	10	Camden Swiss Cottage S.C.	3:37.87	3:15.71
42.24	1:35.05 (52.81)	2:32.42 (57.37)	3:15.71 (43.29)	
3 Chiara De Simone	10	Barnet Cophall	3:30.00	3:19.35
46.03	1:35.13 (49.10)	2:35.48 (1:00.35)	3:19.35 (43.87)	
4 Gaby Marshall	10	City of Milton Keynes	3:26.07	3:19.65
48.30	1:36.49 (48.19)	2:36.42 (59.93)	3:19.65 (43.23)	
5 Isabelle Matthews	10	Camden Swiss Cottage S.C.	3:31.97	3:24.15
51.13	1:41.98 (50.85)	2:40.32 (58.34)	3:24.15 (43.83)	
6 Jessica Devereux	10	Wycombe & District	3:49.86	3:25.69
50.98	1:43.65 (52.67)	2:42.00 (58.35)	3:25.69 (43.69)	
7 Poppy Casterton	10	Wycombe & District	3:34.11	3:26.19
49.19	1:38.59 (49.40)	2:46.48 (1:07.89)	3:26.19 (39.71)	
8 Sabina Filippone	10	Barnet Cophall	3:44.95	3:29.70
52.00	1:45.46 (53.46)	2:46.46 (1:01.00)	3:29.70 (43.24)	
9 Kristina yu	10	Hounslow Hurricanes	3:54.19	3:30.05
48.37	1:42.27 (53.90)	2:43.90 (1:01.63)	3:30.05 (46.15)	
10 Gemma Hunter	10	Barnet Cophall	3:53.06	3:30.64
50.90	1:43.46 (52.56)	2:46.09 (1:02.63)	3:30.64 (44.55)	
11 Elisabeth Vann	10	Camden Swiss Cottage S.C.	4:08.21	3:31.88
46.72	1:42.36 (55.64)	2:43.54 (1:01.18)	3:31.88 (48.34)	

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12	Kimia Baradaran	10	Hertsmere Flyers	3:47.11	3:36.46
	50.20	1:45.27 (55.07)	2:48.23 (1:02.96)	3:36.46 (48.23)	
13	Maddie M Simmons	10	Hertsmere Flyers	3:42.95	3:36.94
	53.16	1:49.24 (56.08)	2:51.37 (1:02.13)	3:36.94 (45.57)	
14	Rumbi Wasterfall	10	Wycombe & District	3:45.00	3:42.04
	52.82	1:47.38 (54.56)	2:52.62 (1:05.24)	3:42.04 (49.42)	
15	Rachel Murdoch	10	Wycombe & District	4:05.00	3:45.58
	50.37	1:43.71 (53.34)	2:55.31 (1:11.60)	3:45.58 (50.27)	
16	Roma Patel	10	Barnet Cophall	4:00.00	3:48.91
	53.88	1:54.39 (1:00.51)	2:58.19 (1:03.80)	3:48.91 (50.72)	
17	Melissa Rahman	10	Barnet Cophall	4:07.71	3:49.87
	51.28	1:53.12 (1:01.84)	2:56.71 (1:03.59)	3:49.87 (53.16)	
18	Katie Brown	10	Berkhamsted Sports Centre SC	3:52.79	3:54.62
	51.71	1:48.94 (57.23)	3:03.23 (1:14.29)	3:54.62 (51.39)	
19	Phoebe Norris	10	Barnet Cophall	4:00.11	3:58.76
	1:56.80		3:06.05 ()	3:58.76 (52.71)	
20	Emily Kiernan	10	Berkhamsted Sports Centre SC	4:17.24	4:20.07
	1:03.31	2:04.87 (1:01.56)	3:24.51 (1:19.64)	4:20.07 (55.56)	
---	Alaya Seoudy	10	Barnet Cophall	3:37.95	DQ
	51.55	1:43.56 (52.01)	2:44.68 (1:01.12)	DQ (44.46)	
---	Chihiro Hayashi	10	Barnet Cophall	5:00.00	DQ
	1:08.27	2:10.49 (1:02.22)	3:20.73 (1:10.24)	DQ (53.97)	

Event 6 Girls 11 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Lily A West	11	Stevenage	3:03.02	2:52.07
	37.03	1:25.33 (48.30)	2:12.98 (47.65)	2:52.07 (39.09)	
2	Alexandra Lima	11	City of Milton Keynes	3:00.15	2:52.37
	39.79	1:23.68 (43.89)	2:15.48 (51.80)	2:52.37 (36.89)	
3	Issy Baxter	11	Wycombe & District	3:04.44	2:58.18
	41.87	1:25.70 (43.83)	2:19.62 (53.92)	2:58.18 (38.56)	
4	Zoe Munkley	11	Hertsmere Flyers	3:05.00	3:00.29
	40.32	1:29.60 (49.28)	2:21.67 (52.07)	3:00.29 (38.62)	
5	Yazi Brand	11	Berkhamsted Sports Centre SC	3:08.53	3:10.55
	44.17	1:32.86 (48.69)	2:28.30 (55.44)	3:10.55 (42.25)	

(Event 6 Girls 11 Year Olds 200 SC Meter IM)

	Name	Age	Team	Seed Time	Finals Time
6	Sarah Collin	11	Wycombe & District	3:28.97	3:12.35
	43.23	1:35.11 (51.88)	2:31.89 (56.78)	3:12.35 (40.46)	
7	Madeleine Geers	11	City of St Albans	3:30.84	3:26.64
	53.60	1:41.59 (47.99)	2:40.33 (58.74)	3:26.64 (46.31)	
8	Ellen Price	11	Berkhamsted Sports Centre SC	3:34.49	3:27.32
	48.14	1:38.43 (50.29)	2:40.02 (1:01.59)	3:27.32 (47.30)	
9	A'Liyah Loghdey	11	Camden Swiss Cottage S.C.	3:47.21	3:34.82
	52.92	1:47.29 (54.37)	2:46.27 (58.98)	3:34.82 (48.55)	
10	Kati Christova	11	Hertsmere Flyers	3:41.52	3:34.86
	50.35	1:44.15 (53.80)	2:49.71 (1:05.56)	3:34.86 (45.15)	

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11	Ellie Melrose		11	Wycombe & District	3:40.00	3:49.09
	52.63	1:49.30 (56.67)		2:58.92 (1:09.62)	3:49.09 (50.17)	
12	Bronwen Lewis		11	Barnet Cophall	3:50.00	3:51.10
	1:00.12	1:56.23 (56.11)		3:03.29 (1:07.06)	3:51.10 (47.81)	
13	Martha Whittall		11	Hounslow Hurricanes	4:23.76	4:08.66
	1:01.88	2:06.08 (1:04.20)		3:14.18 (1:08.10)	4:08.66 (54.48)	
---	Claudia Brennan		11	Camden Swiss Cottage S.C.	4:28.18	DQ
	1:09.14	2:20.49 (1:11.35)		3:27.27 (1:06.78)	DQ (1:03.64)	
---	Hayley-Jo Grafton		11	Wycombe & District	3:40.00	DQ
	47.87	1:44.48 (56.61)		2:45.06 (1:00.58)	DQ (49.77)	
---	Luamar Dolfini		11	Camden Swiss Cottage S.C.	3:31.02	DQ
	48.62	1:45.72 (57.10)		2:48.78 (1:03.06)	DQ (51.12)	

Event 6 Girls 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Imogen Atkinson	12	City of Milton Keynes	2:50.01	2:55.39
	41.59	1:24.93 (43.34)		2:17.05 (52.12)	2:55.39 (38.34)
2	Amira Doufani	12	Camden Swiss Cottage S.C.	3:07.43	2:59.59
	40.06	1:25.85 (45.79)		2:21.35 (55.50)	2:59.59 (38.24)
3	Georgia E Hazel	12	Stevenage	3:00.00	3:04.24
	41.70	1:28.70 (47.00)		2:25.07 (56.37)	3:04.24 (39.17)
4	Danielle Beaman	12	City of Milton Keynes	3:03.04	3:04.27
	40.76	1:28.45 (47.69)		2:22.59 (54.14)	3:04.27 (41.68)
5	Laura Watt	12	City of Milton Keynes	3:26.90	3:07.53
	45.21	1:34.00 (48.79)		2:25.16 (51.16)	3:07.53 (42.37)
6	Sophie Panteli	12	Camden Swiss Cottage S.C.	3:21.73	3:09.99
	45.18	1:33.74 (48.56)		2:28.01 (54.27)	3:09.99 (41.98)
7	Amber Smith	12	City of Milton Keynes	3:16.05	3:11.42
	43.16	1:31.56 (48.40)		2:28.52 (56.96)	3:11.42 (42.90)
8	Leanne yu	12	Hounslow Hurricanes	3:41.56	3:16.31
	45.57	1:32.27 (46.70)		2:32.66 (1:00.39)	3:16.31 (43.65)
9	Sophie Smith	12	Berkhamsted Sports Centre SC	3:24.29	3:18.11
	50.41	1:38.03 (47.62)		2:34.36 (56.33)	3:18.11 (43.75)
10	Jessica Hole	12	Wycombe & District	3:29.00	3:23.99
	44.39	1:34.39 (50.00)		2:38.42 (1:04.03)	3:23.99 (45.57)
11	Jennifer Baldock	12	Camden Swiss Cottage S.C.	3:24.73	3:32.28
	51.88	1:43.86 (51.98)		2:46.49 (1:02.63)	3:32.28 (45.79)
12	Kiltie De Cleyn	12	Camden Swiss Cottage S.C.	7:15.21	3:41.29
	50.24	1:46.94 (56.70)		2:50.34 (1:03.40)	3:41.29 (50.95)
---	Charlotte Woodhams	12	Camden Swiss Cottage S.C.	2:40.00	X3:03.93
	43.59	1:31.63 (48.04)		2:24.18 (52.55)	3:03.93 (39.75)
---	Aleksandra Stamenkovic	12	Camden Swiss Cottage S.C.	3:44.61	DQ
	45.73	1:47.56 (1:01.83)		2:47.35 (59.79)	DQ (50.24)

Event 6 Girls 13 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Katie Cannon	13	Wycombe & District	2:57.78	2:51.97
	38.09	1:17.93 (39.84)		2:13.28 (55.35)	2:51.97 (38.69)

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2	Abigail Smith		13	Hertsmere Flyers		2:55.89		2:56.33
		36.07			1:22.20 (46.13)	2:17.87 (55.67)	2:56.33 (38.46)	
3	Lauren Engall		13	Wycombe & District		3:01.80		2:59.41
		41.79			1:27.30 (45.51)	2:22.85 (55.55)	2:59.41 (36.56)	
4	Rosie Allen		13	Camden Swiss Cottage S.C.		3:41.47		3:15.73
		44.09			1:38.31 (54.22)	2:30.80 (52.49)	3:15.73 (44.93)	
5	Hannah Drew		13	Camden Swiss Cottage S.C.		3:40.33		3:29.39
		47.64			1:38.88 (51.24)	2:43.75 (1:04.87)	3:29.39 (45.64)	
6	Anastasia Efthimiou		13	Camden Swiss Cottage S.C.		3:41.07		3:33.50
		48.57			1:43.45 (54.88)	2:45.65 (1:02.20)	3:33.50 (47.85)	
---	Eva Ritchie		13	Berkhamsted Sports Centre SC		4:04.00		DQ
		52.61			1:44.72 (52.11)	2:46.85 (1:02.13)	DQ (42.07)	

Event 6 Girls 14 & Over 200 SC Meter IM

	Name		Age	Team		Seed Time		Finals Time
1	Sorcha Smith		14	City of Milton Keynes		2:39.17		2:40.94
		37.54			1:20.55 (43.01)	2:03.30 (42.75)	2:40.94 (37.64)	
2	Saffron Coyle		14	Camden Swiss Cottage S.C.		2:52.42		2:51.16
		37.78			1:21.54 (43.76)	2:10.92 (49.38)	2:51.16 (40.24)	
3	Katie Green		15	Camden Swiss Cottage S.C.		3:05.21		3:00.68
		40.89			1:25.37 (44.48)	2:20.26 (54.89)	3:00.68 (40.42)	
4	Lucy C Moffatt		14	Camden Swiss Cottage S.C.		3:19.76		3:06.24
		44.85			1:31.35 (46.50)	2:28.65 (57.30)	3:06.24 (37.59)	
5	Emily Mortimer		15	Camden Swiss Cottage S.C.		3:12.55		3:09.56
		40.92			1:30.28 (49.36)	2:26.46 (56.18)	3:09.56 (43.10)	
6	Amy Hughes		14	Berkhamsted Sports Centre SC		3:11.18		3:18.01
		42.95			1:32.32 (49.37)	2:29.91 (57.59)	3:18.01 (48.10)	