

Barnet Cophall Swimming Club 200s Meet – 20th January 2008**Event 1 Girls 9 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Finals Time	
---	Georgia Tagg	9 Berkhamsted Sports Centre	DQ	
	58.43	2:16.65 (1:18.22)	3:36.27 (1:19.62)	DQ (1:19.26)

Event 1 Girls 10 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1	Jodie Hare	10 Barnet Cophall	3:12.91	
	40.68	1:30.53 (49.85)	2:22.46 (51.93)	3:12.91 (50.45)
2	Emily Bell	10 Barnet Cophall	3:20.33	
	44.57	1:35.82 (51.25)	2:29.52 (53.70)	3:20.33 (50.81)
3	Poppy Chapple	10 Barnet Cophall	3:21.48	
	42.98	1:34.63 (51.65)	2:29.89 (55.26)	3:21.48 (51.59)
4	Eadaoin Vincent	10 Barnet Cophall	3:24.82	
	43.13	1:36.75 (53.62)	2:32.63 (55.88)	3:24.82 (52.19)
5	Zoe Munkley	10 Hertsmere Flyers	3:37.11	
	45.14	1:40.86 (55.72)	2:39.20 (58.34)	3:37.11 (57.91)
6	Erin Nabney	10 Barnet Cophall	3:46.00	
	46.87	1:44.75 (57.88)	2:48.63 (1:03.88)	3:46.00 (57.37)
7	Hayley Warrington	10 Hoddesdon SC	3:47.66	
	44.04	1:42.52 (58.48)	2:47.56 (1:05.04)	3:47.66 (1:00.10)
8	Yasmin Brand	10 Berkhamsted Sports Centre	4:32.12	
	53.61	2:04.82 (1:11.21)	3:19.59 (1:14.77)	4:32.12 (1:12.53)

Event 1 Girls 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1	Molly Sparks	11 Killerwhales	3:02.19	
	40.58	1:27.65 (47.07)	2:15.89 (48.24)	3:02.19 (46.30)
2	Abigail Smith	11 Harpenden	3:11.25	
	41.36	1:29.99 (48.63)	2:21.11 (51.12)	3:11.25 (50.14)
3	Romane Bokkerink	11 Chelsea & Kensington SC	3:25.80	
	41.51	1:30.36 (48.85)	2:28.31 (57.95)	3:25.80 (57.49)
4	Mollie Whiteside	11 Barnet Cophall	3:27.78	
	44.16	1:37.53 (53.37)	2:34.92 (57.39)	3:27.78 (52.86)
---	Genevieve Brown	11 Teddington	DQ	
	44.18	1:36.56 (52.38)	2:29.68 (53.12)	DQ (50.05)

Event 1 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1	Caroline Wong	12 Barnet Cophall	3:03.59	
	39.61	1:27.69 (48.08)	2:17.38 (49.69)	3:03.59 (46.21)
2	Daisy Malin	12 Teddington	3:04.43	
	39.35	1:26.45 (47.10)	2:16.93 (50.48)	3:04.43 (47.50)
3	Karima Zerrougui	12 Eltham Stingrays	3:07.31	
	38.48	1:26.95 (48.47)	2:18.89 (51.94)	3:07.31 (48.42)

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4	Abigail Smith	12	Hertsmere Flyers			3:09.01
	42.00	1:31.70 (49.70)	2:22.18 (50.48)	3:09.01 (46.83)		
5	Jessica Warrior	12	Teddington			3:09.83
	38.93	1:27.37 (48.44)	2:19.77 (52.40)	3:09.83 (50.06)		
6	Jessica Samuel	12	Chelsea & Kensington SC			3:24.82
	43.41	1:33.16 (49.75)	2:29.04 (55.88)	3:24.82 (55.78)		
7	Alexandra Revell	12	Harpenden			3:29.65
	45.90	1:39.77 (53.87)	2:35.34 (55.57)	3:29.65 (54.31)		
8	Rebecca Suzan	12	Hoddesdon SC			3:34.62
	46.66	1:40.37 (53.71)	2:38.36 (57.99)	3:34.62 (56.26)		

Event 1 Girls 13 Year Olds 200 SC Meter Butterfly

	Name	Age	Team			Finals Time
1	Georgia Jackson-Virk	13	Barnet Cophall			2:38.31
	34.59	1:15.22 (40.63)	1:56.81 (41.59)	2:38.31 (41.50)		
2	Tabitha Brown	13	Teddington			2:43.52
	36.37	1:17.90 (41.53)	2:01.20 (43.30)	2:43.52 (42.32)		
3	Clara Nutting	13	Teddington			2:57.92
	36.44	1:22.84 (46.40)	2:12.08 (49.24)	2:57.92 (45.84)		
4	Valerie Boivin	13	Barnet Cophall			3:17.08
	38.82	1:26.88 (48.06)	2:20.87 (53.99)	3:17.08 (56.21)		

Event 1 Girls 14 & Over 200 SC Meter Butterfly

	Name	Age	Team			Finals Time
1	Rebekah Holden	14	Berkhamsted Sports Centre			2:55.70
	37.23	1:21.90 (44.67)	2:09.16 (47.26)	2:55.70 (46.54)		
2	Georgette Smith	14	Harpenden			2:58.96
	38.33	1:22.29 (43.96)	2:10.63 (48.34)	2:58.96 (48.33)		
3	Aimee Joyce	14	Hounslow Hurricanes Swim Squad			3:02.01
	38.89	1:24.13 (45.24)	2:12.90 (48.77)	3:02.01 (49.11)		
4	Amy Hime	15	Killerwhales			3:10.36
	38.12	1:27.88 (49.76)	2:19.08 (51.20)	3:10.36 (51.28)		
5	Victoria Beaumont	16	Killerwhales			3:15.68
	38.99	1:27.50 (48.51)	2:21.46 (53.96)	3:15.68 (54.22)		

Event 2 Boys 9 Year Olds 200 SC Meter Backstroke

	Name	Age	Team			Finals Time
1	Fabio Arricale	9	Barnet Cophall			3:02.57
	44.36	1:31.26 (46.90)	2:18.33 (47.07)	3:02.57 (44.24)		
2	Alexander Kapanadze	9	Barnet Cophall			3:13.53
	44.98	1:36.89 (51.91)	2:26.51 (49.62)	3:13.53 (47.02)		
3	Robert Dos Santos	9	Barnet Cophall			3:19.56
	48.44	1:39.72 (51.28)	2:31.09 (51.37)	3:19.56 (48.47)		
4	Dania Gnevko	9	Chelsea & Kensington SC			3:20.40
	46.37	1:37.89 (51.52)	2:29.40 (51.51)	3:20.40 (51.00)		
5	Hamish Hudson	9	Barnet Cophall			3:21.00
	48.32	1:42.20 (53.88)	2:32.59 (50.39)	3:21.00 (48.41)		
6	Michael Revell	9	Harpenden			3:26.83

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	47.81	1:41.47 (53.66)	2:34.90 (53.43)	3:26.83 (51.93)	
7	Hamish MacCaig		9	Berkhamsted Sports Centre	3:30.36
8	Daniel Robinson		9	Killerwhales	3:41.94
	51.51	1:48.92 (57.41)	2:48.49 (59.57)	3:41.94 (53.45)	
9	Matt Savitz		9	Barnet Cophall	3:48.14
	54.01	1:51.63 (57.62)	2:51.66 (1:00.03)	3:48.14 (56.48)	

Event 2 Boys 10 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	George Kapanadze	10	Barnet Cophall	2:56.51
	41.73	1:27.11 (45.38)	2:11.69 (44.58)	2:56.51 (44.82)
2	Charlie Fox	10	Killerwhales	2:57.29
	42.34	1:28.18 (45.84)	2:14.95 (46.77)	2:57.29 (42.34)
3	James Burchmore	10	Borough of Stockton	3:06.80
	43.66	1:31.29 (47.63)	2:19.97 (48.68)	3:06.80 (46.83)
4	Charlie Turner	10	Barnet Cophall	3:08.92
	44.13	1:33.68 (49.55)	2:22.46 (48.78)	3:08.92 (46.46)
5	Ben Harris	10	Chesham	3:14.53
	45.64	1:36.28 (50.64)	2:28.28 (52.00)	3:14.53 (46.25)
6	Adam Colyer	10	Hertsmere Flyers	3:26.65
7	Sean Savitz	10	Barnet Cophall	3:47.71
	52.62	1:51.95 (59.33)	2:52.39 (1:00.44)	3:47.71 (55.32)
8	Tom Segev	10	Barnet Cophall	3:47.97
	53.27	1:51.97 (58.70)	2:51.42 (59.45)	3:47.97 (56.55)
9	Dominic Hogan	10	Barnet Cophall	3:52.04
	53.73	1:51.70 (57.97)	2:52.98 (1:01.28)	3:52.04 (59.06)
---	Aidan Doherty	10	Barnet Cophall	DQ
	44.95	1:36.29 (51.34)	2:27.13 (50.84)	DQ (49.49)

Event 2 Boys 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	William Rittenhouse	11	Camden Swiss Cottage	2:49.95
	39.87	1:23.81 (43.94)	2:07.93 (44.12)	2:49.95 (42.02)
2	Alex Merchan	11	Killerwhales	2:58.84
	42.10	1:27.08 (44.98)	2:14.25 (47.17)	2:58.84 (44.59)
3	Joseph Mileusnic	11	Stevenage	2:59.05
	43.17	1:29.47 (46.30)	2:16.13 (46.66)	2:59.05 (42.92)
4	Aiden Robinson	11	Killerwhales	2:59.90
	42.39	1:28.14 (45.75)	2:14.16 (46.02)	2:59.90 (45.74)
5	Josh Pointer	11	Barnet Cophall	3:00.31
	41.81	1:27.79 (45.98)	2:15.23 (47.44)	3:00.31 (45.08)
6	Jasper Copp	11	Chesham	3:01.72
	42.19	1:28.93 (46.74)	2:16.22 (47.29)	3:01.72 (45.50)
7	Liam Chong	11	Barnet Cophall	3:03.85
	43.36	1:29.40 (46.04)	2:16.98 (47.58)	3:03.85 (46.87)
8	Ben Freeman	11	Teddington	3:06.93
	42.73	1:31.65 (48.92)	2:20.98 (49.33)	3:06.93 (45.95)
9	Adam Nash	11	Hertsmere Flyers	3:10.91

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10	Louis A'Brassard	45.30	1:34.53 (49.23)	2:24.04 (49.51)	3:10.91 (46.87)	3:11.00
				11 Chelsea & Kensington SC		
11	Aaron Fryer	43.75	1:33.94 (50.19)	2:24.21 (50.27)	3:11.00 (46.79)	3:11.61
				11 Barnet Cophall		
12	Joe Sparks	44.05	1:31.78 (47.73)	2:22.86 (51.08)	3:11.61 (48.75)	3:15.03
				11 Killerwhales		
13	Jack Singleton	45.57	1:36.13 (50.56)	2:27.35 (51.22)	3:15.03 (47.68)	3:15.27
				11 Harpenden		
14	Xerxes Panthakee	43.87	1:34.12 (50.25)	2:25.37 (51.25)	3:15.27 (49.90)	3:17.99
				11 Barnet Cophall		
15	Ben Rochford	46.72	1:39.50 (52.78)	2:30.30 (50.80)	3:17.99 (47.69)	3:23.78
				11 Berkhamsted Sports Centre		
16	Jordan Icelli	46.40	1:37.62 (51.22)	2:30.20 (52.58)	3:23.78 (53.58)	3:24.98
				11 Hoddesdon SC		
17	Stephen McKenzie	46.97	1:40.53 (53.56)	2:34.64 (54.11)	3:24.98 (50.34)	3:52.18
				11 Barnet Cophall		
18	Dinos Caryotis	54.00	1:53.56 (59.56)	2:53.77 (1:00.21)	3:52.18 (58.41)	3:56.03
				11 Barnet Cophall		
19	Amit Mistry	51.78	1:52.34 (1:00.56)	2:55.84 (1:03.50)	3:56.03 (1:00.19)	3:59.30
				11 Barnet Cophall		
		53.94	1:56.03 (1:02.09)	2:58.66 (1:02.63)	3:59.30 (1:00.64)	

Event 2 Boys 12 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time		
1	Yaron Ash	12	Hertsmere Flyers	2:36.87		
2	Dominic McLoughlin	36.54	1:16.15 (39.61)	1:57.12 (40.97)	2:36.87 (39.75)	2:40.23
			12 Anaconda			
3	Bradley Doherty	37.61	1:18.05 (40.44)	2:00.02 (41.97)	2:40.23 (40.21)	2:44.37
			12 Barnet Cophall			
4	George Crow	37.43	1:18.74 (41.31)	2:01.44 (42.70)	2:44.37 (42.93)	2:44.93
			12 Killerwhales			
5	Luke Ames	37.44	1:19.03 (41.59)	2:02.16 (43.13)	2:44.93 (42.77)	3:01.62
			12 Stevenage			
6	Edward Cook	45.30	1:32.41 (47.11)	2:17.83 (45.42)	3:01.62 (43.79)	3:11.34
			12 Harpenden			
7	Jasper Wong	44.52	1:33.02 (48.50)	2:23.06 (50.04)	3:11.34 (48.28)	3:31.11
			12 Barnet Cophall			
8	Mark Yanni	46.42	1:40.49 (54.07)	2:34.76 (54.27)	3:31.11 (56.35)	3:50.55
			12 Barnet Cophall			
			1:52.84 ()	2:52.09 (59.25)	3:50.55 (58.46)	

Barnet Cophall Swimming Club 200s Meet – 20th January 2008**Event 2 Boys 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time	
1 Danny Buckley	13	Stevenage		2:38.46
	37.04	1:17.42 (40.38)	1:58.65 (41.23)	2:38.46 (39.81)
2 Tom Webb	13	Killerwhales		2:39.80
	37.12	1:17.74 (40.62)	1:59.68 (41.94)	2:39.80 (40.12)
3 Alexander Lloyd	13	Teddington		2:52.73
	41.12	1:24.82 (43.70)	2:10.36 (45.54)	2:52.73 (42.37)
4 Nicholas Bartington	13	Chesham		2:53.27
	39.62	1:23.82 (44.20)	2:10.11 (46.29)	2:53.27 (43.16)
5 Tom Skingsley	13	Killerwhales		2:53.47
	40.54	1:25.14 (44.60)	2:10.67 (45.53)	2:53.47 (42.80)
6 Rory Atkins	13	Hounslow Hurricanes Swim Squad		2:54.19
	40.35	1:24.34 (43.99)	2:10.00 (45.66)	2:54.19 (44.19)

Event 2 Boys 14 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Christopher Cox	15	Hertsmere Flyers		2:26.47
	34.43	1:10.95 (36.52)	1:49.35 (38.40)	2:26.47 (37.12)
2 Leo Kirby	15	Anaconda		2:32.15
	34.97	1:13.38 (38.41)	1:53.15 (39.77)	2:32.15 (39.00)
3 Eric Baker	16	Harpندن		2:34.40
	37.53	1:16.08 (38.55)	1:55.48 (39.40)	2:34.40 (38.92)
4 Pavan Rooprai	14	Hounslow Hurricanes Swim Squad		2:34.95
	35.99	1:15.31 (39.32)	1:55.81 (40.50)	2:34.95 (39.14)
5 Adam Kuo	16	Hertsmere Flyers		2:36.51
	35.89	1:14.85 (38.96)	1:55.98 (41.13)	2:36.51 (40.53)
6 Alastair Dawson	15	Chesham		2:38.37
	38.01	1:18.31 (40.30)	1:59.26 (40.95)	2:38.37 (39.11)
7 Will Atkins	15	Hounslow Hurricanes Swim Squad		2:38.71
	37.67	1:18.64 (40.97)	1:59.22 (40.58)	2:38.71 (39.49)
8 Martijn Bokkerink	14	Chelsea & Kensington SC		2:38.93
	37.09	1:17.57 (40.48)	1:57.92 (40.35)	2:38.93 (41.01)
9 Ryan Smith	14	Killerwhales		2:40.41
	37.50	1:17.85 (40.35)	1:59.38 (41.53)	2:40.41 (41.03)
10 Duncan Nicoll	14	Harpندن		2:40.65
	36.67	1:16.86 (40.19)	1:58.89 (42.03)	2:40.65 (41.76)
11 Andrew Dawkins	16	Killerwhales		2:43.30
	37.50	1:18.33 (40.83)	2:01.18 (42.85)	2:43.30 (42.12)
12 Jeremy Miles	15	Chesham		2:43.64
	38.95	1:20.84 (41.89)	2:04.20 (43.36)	2:43.64 (39.44)
13 Mikey Warr	16	Berkhamsted Sports Centre		2:45.47
	38.82	1:20.30 (41.48)	2:03.86 (43.56)	2:45.47 (41.61)
14 Sam Sparks	14	Killerwhales		2:47.67
	38.98	1:21.66 (42.68)	2:04.90 (43.24)	2:47.67 (42.77)

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15	Charlie Straker		14	Killerwhales		2:56.91
	38.96	1:22.47 (43.51)		2:10.56 (48.09)		2:56.91 (46.35)
16	Paul Sherman		14	Killerwhales		3:00.35
	41.29	1:27.45 (46.16)		2:15.72 (48.27)		3:00.35 (44.63)
17	Mike Imrie		14	Berkhamsted Sports Centre		3:01.33
	40.01	1:25.80 (45.79)		2:13.21 (47.41)		3:01.33 (48.12)

Event 3 Girls 9 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Rebecca Freestone	9	Hoddesdon SC	3:51.72
	52.72	1:54.97 (1:02.25)	2:55.97 (1:01.00)	3:51.72 (55.75)
2	Olivia Hazell	9	Stevenage	3:52.34
	52.98	1:52.86 (59.88)	2:53.80 (1:00.94)	3:52.34 (58.54)
3	Isabelle Dean	9	Barnet Cophall	3:58.52
	55.38	1:55.93 (1:00.55)	2:57.78 (1:01.85)	3:58.52 (1:00.74)
4	Kristina Yu	9	Hounslow Hurricanes Swim Squad	4:21.80
	58.01	2:03.10 (1:05.09)	3:13.12 (1:10.02)	4:21.80 (1:08.68)
5	Katie Garstang	9	Stevenage	4:24.86
	59.72	2:08.01 (1:08.29)	3:17.26 (1:09.25)	4:24.86 (1:07.60)
6	Maddie Simmons	9	Hertsmere Flyers	4:25.24
	59.39	2:08.45 (1:09.06)	3:19.41 (1:10.96)	4:25.24 (1:05.83)

Event 3 Girls 10 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Emily Bell	10	Barnet Cophall	3:26.55
	47.13	1:40.02 (52.89)	2:34.23 (54.21)	3:26.55 (52.32)
2	Poppy Chapple	10	Barnet Cophall	3:31.32
	49.96	1:45.09 (55.13)	2:38.86 (53.77)	3:31.32 (52.46)
3	Amy Riddick	10	Hoddesdon SC	3:36.60
	48.19	1:44.43 (56.24)	2:41.46 (57.03)	3:36.60 (55.14)
4	Eadaoin Vincent	10	Barnet Cophall	3:37.72
	49.61	1:45.16 (55.55)	2:42.22 (57.06)	3:37.72 (55.50)
5	Hayley Warrington	10	Hoddesdon SC	3:38.56
	46.61	1:42.66 (56.05)	2:42.77 (1:00.11)	3:38.56 (55.79)
6	Jessica Jackson	10	Stevenage	3:39.82
	47.71	1:44.77 (57.06)	2:42.93 (58.16)	3:39.82 (56.89)
7	Katy Jackson	10	Harpden	3:42.70
	49.65	1:47.95 (58.30)	2:47.31 (59.36)	3:42.70 (55.39)
8	Abigail Thornton	10	Chesham	3:50.37
	51.71	1:52.90 (1:01.19)	2:51.82 (58.92)	3:50.37 (58.55)
9	Emillie Wardle	10	Hounslow Hurricanes Swim Squad	3:51.54
	51.72	1:52.68 (1:00.96)	2:55.94 (1:03.26)	3:51.54 (55.60)
10	Katie Shaw	10	Berkhamsted Sports Centre	4:01.75
	52.83	1:53.98 (1:01.15)	2:58.89 (1:04.91)	4:01.75 (1:02.86)
11	Yasmin Brand	10	Berkhamsted Sports Centre	4:03.37
	55.82	2:00.04 (1:04.22)	3:02.88 (1:02.84)	4:03.37 (1:00.49)

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12	Ellen Price		10	Berkhamsted Sports Centre		4:06.63
	56.06	1:58.43 (1:02.37)		3:03.19 (1:04.76)	4:06.63 (1:03.44)	
13	Emma Barnes		10	Berkhamsted Sports Centre		4:07.21
	58.01	2:00.90 (1:02.89)		3:05.48 (1:04.58)	4:07.21 (1:01.73)	

Event 3 Girls 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time
1	Christie Bays	11	Stevenage		3:01.65
	41.12	1:28.08 (46.96)		2:16.87 (48.79)	3:01.65 (44.78)
2	Molly Sparks	11	Killerwhales		3:15.40
	45.94	1:37.21 (51.27)		2:26.35 (49.14)	3:15.40 (49.05)
3	Abigail Smith	11	Harpenden		3:17.68
	47.22	1:38.06 (50.84)		2:29.35 (51.29)	3:17.68 (48.33)
4	Cara Yates	11	Barnet Cophall		3:25.06
	46.89	1:40.12 (53.23)		2:34.28 (54.16)	3:25.06 (50.78)
5	Danielle Rooke	11	Killerwhales		3:28.78
	48.86	1:41.85 (52.99)		2:35.80 (53.95)	3:28.78 (52.98)
6	Mollie Whiteside	11	Barnet Cophall		3:33.97
	50.34	1:45.35 (55.01)		2:40.51 (55.16)	3:33.97 (53.46)
7	Georgia Hazell	11	Stevenage		3:38.15
	50.39	1:46.46 (56.07)		2:41.79 (55.33)	3:38.15 (56.36)
8	Jessica Garner	11	Harpenden		3:42.86
	50.19	1:48.28 (58.09)		2:45.31 (57.03)	3:42.86 (57.55)
9	Megan Zakrzewski	11	Chesham		3:47.21
	51.44	1:48.40 (56.96)		2:48.75 (1:00.35)	3:47.21 (58.46)
10	Sian Boland	11	Barnet Cophall		3:47.25
	51.97	1:50.19 (58.22)		2:50.02 (59.83)	3:47.25 (57.23)
11	Georgina Brown	11	Hertsmere Flyers		3:56.94
	56.94	1:57.80 (1:00.86)		2:59.22 (1:01.42)	3:56.94 (57.72)
12	Monique Hunt	11	Harpenden		3:56.96
	50.78	1:51.91 (1:01.13)		2:55.10 (1:03.19)	3:56.96 (1:01.86)
13	Jessica Cato	11	Hertsmere Flyers		4:03.42
	57.69	1:59.61 (1:01.92)		3:02.03 (1:02.42)	4:03.42 (1:01.39)
14	Emily Jones	11	Maxwell		4:10.37
	53.47	1:56.77 (1:03.30)		3:03.23 (1:06.46)	4:10.37 (1:07.14)
15	Lucy Molyneux	11	Barnet Cophall		4:18.89
	58.05	2:03.10 (1:05.05)		3:13.20 (1:10.10)	4:18.89 (1:05.69)

Event 3 Girls 12 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time
1	Alexandra Revell	12	Harpenden		3:05.89
	42.56	1:30.04 (47.48)		2:18.00 (47.96)	3:05.89 (47.89)
2	Karima Zerrougui	12	Eltham Stingrays		3:14.59
	45.13	1:35.41 (50.28)		2:26.38 (50.97)	3:14.59 (48.21)
3	Demi Smith	12	Killerwhales		3:16.36
	44.96	1:34.52 (49.56)		2:26.23 (51.71)	3:16.36 (50.13)

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4	Harley Greer		12	Anaconda		3:21.15
	45.00	1:36.07 (51.07)		2:30.20 (54.13)	3:21.15 (50.95)	
5	Caroline Wong		12	Barnet Cophall		3:23.35
	46.95	1:39.58 (52.63)		2:32.61 (53.03)	3:23.35 (50.74)	
6	Jodie Sees		12	Anaconda		3:25.09
	45.01	1:36.86 (51.85)		2:30.61 (53.75)	3:25.09 (54.48)	
7	Anyah Dimmick		12	Chelsea & Kensington SC		3:26.40
	46.77	1:38.99 (52.22)		2:32.99 (54.00)	3:26.40 (53.41)	
8	Rebecca Suzan		12	Hoddesdon SC		3:28.62
	50.08	1:43.99 (53.91)		2:37.77 (53.78)	3:28.62 (50.85)	
9	Kimberley Dixon		12	Barnet Cophall		3:29.04
	46.70	1:40.37 (53.67)		2:35.10 (54.73)	3:29.04 (53.94)	
10	Daisy Malin		12	Teddington		3:31.31
	47.14	1:43.50 (56.36)		2:37.31 (53.81)	3:31.31 (54.00)	
11	Jessica Samuel		12	Chelsea & Kensington SC		3:32.51
	49.24	1:45.54 (56.30)		2:39.94 (54.40)	3:32.51 (52.57)	
12	Emily Au		12	Hertsmere Flyers		3:37.06
	51.31	1:47.00 (55.69)		2:43.32 (56.32)	3:37.06 (53.74)	
13	Lucy Cullen		12	Hounslow Hurricanes Swim Squad		3:40.47
	49.55	1:45.37 (55.82)		2:43.22 (57.85)	3:40.47 (57.25)	
14	Vani Mudgal		12	Hounslow Hurricanes Swim Squad		3:40.92
	48.94	1:46.76 (57.82)		2:45.70 (58.94)	3:40.92 (55.22)	
15	Esme Dove		12	Barnet Cophall		3:49.40
	53.48	1:53.48 (1:00.00)		2:51.20 (57.72)	3:49.40 (58.20)	
16	Sophie Peet		12	Barnet Cophall		3:55.53
	52.81	1:54.30 (1:01.49)		2:56.16 (1:01.86)	3:55.53 (59.37)	
---	Rebecca McDonagh		12	Barnet Cophall		DQ
	51.96	1:49.92 (57.96)		2:50.38 (1:00.46)	DQ (57.38)	

Event 3 Girls 13 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Carina Bays	13	Stevenage	2:56.70
	40.68	1:26.35 (45.67)		2:56.70 (44.79)
2	Tabitha Brown	13	Teddington	3:15.94
	44.06	1:35.82 (51.76)		3:15.94 (49.70)
3	Isobel Thompson	13	Harpندن	3:20.41
	46.33	1:37.48 (51.15)		3:20.41 (49.85)
4	Mei Corbett	13	Anaconda	3:21.66
	45.53	1:37.11 (51.58)		3:21.66 (50.80)
5	Evie Price	13	Berkhamsted Sports Centre	3:28.42
	47.36	1:41.68 (54.32)		3:28.42 (51.96)
6	Valerie Boivin	13	Barnet Cophall	3:29.87
	49.25	1:43.39 (54.14)		3:29.87 (50.90)

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	Name	Age	Team		Finals Time
1	Amy Thompson	17	Harpenden		3:02.35
	43.01	1:27.63 (44.62)	2:14.84 (47.21)	3:02.35 (47.51)	
2	Clare Walton	14	Anaconda		3:02.85
	42.04	1:27.77 (45.73)	2:15.30 (47.53)	3:02.85 (47.55)	
3	Isabel Brand	14	Chesham		3:06.32
	43.44	1:30.61 (47.17)	2:19.18 (48.57)	3:06.32 (47.14)	
4	Connie Green	16	Harpenden		3:07.40
	41.95	1:29.17 (47.22)	2:18.07 (48.90)	3:07.40 (49.33)	
5	Abigail Crinall	14	Teddington		3:08.22
	42.71	1:30.09 (47.38)	2:19.49 (49.40)	3:08.22 (48.73)	
6	Emma Tootill	15	Hertsmere Flyers		3:09.49
	41.61	1:29.01 (47.40)	2:18.01 (49.00)	3:09.49 (51.48)	
7	Victoria Beaumont	16	Killerwhales		3:10.38
	41.48	1:29.20 (47.72)	2:19.88 (50.68)	3:10.38 (50.50)	
8	Leanne Fernandes	16	Hertsmere Flyers		3:10.77
	44.13	1:32.64 (48.51)	2:21.02 (48.38)	3:10.77 (49.75)	
9	Clare Bartington	14	Chesham		3:13.67
	43.14	1:33.43 (50.29)	2:24.35 (50.92)	3:13.67 (49.32)	
10	Georgia Shaw	14	Killerwhales		3:17.04
	43.38	1:33.01 (49.63)	2:25.22 (52.21)	3:17.04 (51.82)	
11	Rebekah Holden	14	Berkhamsted Sports Centre		3:18.58
	46.27	1:37.04 (50.77)	2:28.44 (51.40)	3:18.58 (50.14)	
12	Jessie Baker	14	Anaconda		3:18.87
	42.49	1:32.36 (49.87)	2:25.57 (53.21)	3:18.87 (53.30)	
13	Bryony Revell	14	Harpenden		3:22.09
	46.22	1:37.65 (51.43)	2:29.83 (52.18)	3:22.09 (52.26)	
14	Amy Hime	15	Killerwhales		3:32.31
	48.61	1:43.82 (55.21)	2:38.79 (54.97)	3:32.31 (53.52)	

Event 4 Boys 9 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time
1	Connor Kearns	9	Killerwhales		2:47.07
	37.20	1:20.66 (43.46)	2:04.52 (43.86)	2:47.07 (42.55)	
2	Fabio Arricale	9	Barnet Cophall		2:54.03
	39.70	1:25.54 (45.84)	2:12.90 (47.36)	2:54.03 (41.13)	
3	Dania Gnevko	9	Chelsea & Kensington SC		3:02.15
	40.25	1:27.45 (47.20)	2:15.49 (48.04)	3:02.15 (46.66)	
4	Robert Dos Santos	9	Barnet Cophall		3:05.09
	41.74	1:30.13 (48.39)	2:18.76 (48.63)	3:05.09 (46.33)	
5	Hamish Hudson	9	Barnet Cophall		3:06.30
	41.85	1:31.04 (49.19)	2:20.22 (49.18)	3:06.30 (46.08)	
6	Daniel Robinson	9	Killerwhales		3:07.20
	40.25	1:28.91 (48.66)	2:19.91 (51.00)	3:07.20 (47.29)	

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7	Hamish MacCaig		9	Berkhamsted Sports Centre		3:13.20
	43.05	1:31.91 (48.86)		2:22.77 (50.86)	3:13.20 (50.43)	
8	Michael Revell		9	Harpenden		3:18.19
	43.76	1:35.26 (51.50)		2:26.96 (51.70)	3:18.19 (51.23)	
9	Matt Savitz		9	Barnet Cophall		3:30.57
	44.94	1:39.33 (54.39)		2:37.35 (58.02)	3:30.57 (53.22)	
---	Alexander Kapanadze		9	Barnet Cophall		DQ
	42.09	1:32.51 (50.42)		2:23.43 (50.92)	DQ (46.71)	

Event 4 Boys 10 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time
1	George Kapanadze	10	Barnet Cophall		2:43.14
	37.39	1:19.94 (42.55)		2:02.41 (42.47)	2:43.14 (40.73)
2	James Burchmore	10	Borough of Stockton		2:43.59
	37.32	1:19.98 (42.66)		2:02.97 (42.99)	2:43.59 (40.62)
3	Charlie Fox	10	Killerwhales		2:49.48
	38.73	1:23.06 (44.33)		2:07.68 (44.62)	2:49.48 (41.80)
4	Adam Colyer	10	Hertsmere Flyers		2:53.18
	39.29	1:24.04 (44.75)		2:10.33 (46.29)	2:53.18 (42.85)
5	Ben Harris	10	Chesham		2:53.19
	39.60	1:25.86 (46.26)		2:11.99 (46.13)	2:53.19 (41.20)
6	Aidan Doherty	10	Barnet Cophall		2:54.36
	39.28	1:24.78 (45.50)		2:10.82 (46.04)	2:54.36 (43.54)
7	Charlie Turner	10	Barnet Cophall		3:01.52
	40.43	1:29.61 (49.18)		2:18.07 (48.46)	3:01.52 (43.45)
8	Sean Savitz	10	Barnet Cophall		3:40.14
	46.39	1:44.06 (57.67)		2:43.64 (59.58)	3:40.14 (56.50)
9	Dominic Hogan	10	Barnet Cophall		3:41.16
	45.90	1:42.24 (56.34)		2:42.52 (1:00.28)	3:41.16 (58.64)
10	Tom Segev	10	Barnet Cophall		3:50.98
	48.87	1:50.04 (1:01.17)		2:51.25 (1:01.21)	3:50.98 (59.73)

Event 4 Boys 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time
1	William Rittenhouse	11	Camden Swiss Cottage		2:35.57
	35.83	1:16.22 (40.39)		1:57.70 (41.48)	2:35.57 (37.87)
2	Aiden Robinson	11	Killerwhales		2:38.39
	35.53	1:16.16 (40.63)		1:59.04 (42.88)	2:38.39 (39.35)
3	Josh Pointer	11	Barnet Cophall		2:39.45
	36.11	1:16.77 (40.66)		1:58.67 (41.90)	2:39.45 (40.78)
4	Ben Freeman	11	Teddington		2:42.11
	36.65	1:19.08 (42.43)		2:01.56 (42.48)	2:42.11 (40.55)
5	Liam Chong	11	Barnet Cophall		2:42.79
	36.88	1:18.00 (41.12)		2:01.00 (43.00)	2:42.79 (41.79)
6	Joseph Mileusnic	11	Stevenage		2:43.16
	37.27	1:19.43 (42.16)		2:01.75 (42.32)	2:43.16 (41.41)

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7	Jasper Copp	11	Chesham			2:46.86
	37.17	1:19.92 (42.75)	2:05.32 (45.40)	2:46.86 (41.54)		
8	Louis A'Brassard	11	Chelsea & Kensington SC			2:46.87
	37.10	1:20.84 (43.74)	2:04.96 (44.12)	2:46.87 (41.91)		
9	Alex Merchan	11	Killerwhales			2:49.54
	39.29	1:24.31 (45.02)	2:09.73 (45.42)	2:49.54 (39.81)		
10	Adam Nash	11	Hertsmere Flyers			2:50.26
	38.95	1:23.02 (44.07)	2:08.16 (45.14)	2:50.26 (42.10)		
11	Jack Singleton	11	Harpenden			2:53.80
	38.23	1:24.15 (45.92)	2:10.77 (46.62)	2:53.80 (43.03)		
12	Ben Rochford	11	Berkhamsted Sports Centre			2:55.32
	39.63	1:24.91 (45.28)	2:11.04 (46.13)	2:55.32 (44.28)		
13	Joe Sparks	11	Killerwhales			2:57.48
	39.08	1:24.59 (45.51)	2:12.43 (47.84)	2:57.48 (45.05)		
14	Aaron Fryer	11	Barnet Cophall			2:57.86
	40.26	1:26.67 (46.41)	2:15.38 (48.71)	2:57.86 (42.48)		
15	Jordan Icelli	11	Hoddesdon SC			3:06.73
	40.35	1:28.64 (48.29)	3:06.77 (1:38.13)	3:06.73 ()		
16	Xerxes Panthakee	11	Barnet Cophall			3:11.59
	42.57	1:31.43 (48.86)	2:22.38 (50.95)	3:11.59 (49.21)		
17	Chris Smith	11	Hoddesdon SC			3:18.18
	41.47	1:33.48 (52.01)	2:26.75 (53.27)	3:18.18 (51.43)		
18	Dinos Caryotis	11	Barnet Cophall			3:50.62
	47.07	1:47.62 (1:00.55)	2:50.24 (1:02.62)	3:50.62 (1:00.38)		
19	Amit Mistry	11	Barnet Cophall			3:53.07
	50.91	1:51.42 (1:00.51)	2:53.58 (1:02.16)	3:53.07 (59.49)		
20	Stephen McKenzie	11	Barnet Cophall			3:58.42
	54.17	1:55.63 (1:01.46)	2:57.79 (1:02.16)	3:58.42 (1:00.63)		

Event 4 Boys 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team			Finals Time
1	Dominic McLoughlin	12	Anaconda			2:21.86
	31.87	1:08.40 (36.53)	1:46.44 (38.04)	2:21.86 (35.42)		
2	Bradley Doherty	12	Barnet Cophall			2:29.00
	33.09	1:10.47 (37.38)	1:49.70 (39.23)	2:29.00 (39.30)		
3	George Crow	12	Killerwhales			2:31.13
	33.97	1:12.41 (38.44)	1:52.16 (39.75)	2:31.13 (38.97)		
4	Adam Hill	12	Griffins of Enfield			2:36.06
	34.81	1:15.58 (40.77)	2:36.11 (1:20.53)	2:36.06 ()		
5	Edward Cook	12	Harpenden			2:41.36
	36.52	1:17.42 (40.90)	2:00.36 (42.94)	2:41.36 (41.00)		
6	Luke Ames	12	Stevenage			2:47.80
	37.94	1:22.84 (44.90)	2:07.57 (44.73)	2:47.80 (40.23)		
7	Philip Cumner	12	Hounslow Hurricanes Swim Squad			3:08.46
	39.35	1:28.74 (49.39)	2:19.68 (50.94)	3:08.46 (48.78)		
8	Nathaniel Wade	12	Chelsea & Kensington SC			3:09.36
	38.56	1:27.79 (49.23)	2:17.93 (50.14)	3:09.36 (51.43)		
9	Jasper Wong	12	Barnet Cophall			3:37.33

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10	Mark Yanni	43.93	1:37.88 (53.95)	2:37.99 (1:00.11)	3:37.33 (59.34)	3:47.43
				12 Barnet Cophall		
		47.36	1:47.43 (1:00.07)	2:48.70 (1:01.27)	3:47.43 (58.73)	

Event 4 Boys 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time		
1	Tom Webb	13	Killerwhales			2:18.33
2	Alexander Lloyd	13	Teddington	31.71	1:07.24 (35.53)	1:43.59 (36.35)
				2:18.33 (34.74)		2:23.88
3	Toby Andrews	13	Killerwhales	31.60	1:07.36 (35.76)	1:45.41 (38.05)
				2:23.88 (38.47)		2:26.03
4	Danny Buckley	13	Stevenage	32.56	1:10.12 (37.56)	1:49.13 (39.01)
				2:26.03 (36.90)		2:26.14
5	Ben Millican	13	Chesham	33.26	1:10.64 (37.38)	1:49.45 (38.81)
				2:26.14 (36.69)		2:31.33
6	Rory Atkins	13	Hounslow Hurricanes Swim Squad	34.05	1:13.20 (39.15)	1:53.16 (39.96)
				2:31.33 (38.17)		2:32.07
7	Tom Skingsley	13	Killerwhales	34.78	1:13.75 (38.97)	1:53.74 (39.99)
				2:32.07 (38.33)		2:32.93
8	Gregory Thornton	13	Chesham	33.83	1:13.15 (39.32)	1:53.80 (40.65)
				2:32.93 (39.13)		2:33.56
9	James Harper	13	Harpندن	34.88	1:13.75 (38.87)	1:54.22 (40.47)
				2:33.56 (39.34)		2:36.04
10	Nicholas Bartington	13	Chesham	34.55	1:13.95 (39.40)	1:55.72 (41.77)
				2:36.04 (40.32)		2:37.12
		36.74	1:18.93 (42.19)	2:00.60 (41.67)	2:37.12 (36.52)	

Event 4 Boys 14 & Over 200 SC Meter Freestyle

	Name	Age	Team	Finals Time		
1	Pavan Rooprai	14	Hounslow Hurricanes Swim Squad			2:11.94
2	Keil Critten	15	Chesham	29.93	1:02.83 (32.90)	1:37.68 (34.85)
				2:11.94 (34.26)		2:13.12
3	Alastair Dawson	15	Chesham	30.60	1:04.55 (33.95)	1:39.77 (35.22)
				2:13.12 (33.35)		2:13.89
4	Duncan Nicoll	14	Harpندن	31.57	1:05.90 (34.33)	1:41.04 (35.14)
				2:13.89 (32.85)		2:14.91
5	Eric Baker	16	Harpندن	30.20	1:04.48 (34.28)	1:40.04 (35.56)
				2:14.91 (34.87)		2:15.20
6	Will Atkins	15	Hounslow Hurricanes Swim Squad	30.84	1:04.76 (33.92)	1:39.77 (35.01)
				2:15.20 (35.43)		2:16.76
7	Adam Kuo	16	Hertsmere Flyers	31.25	1:05.61 (34.36)	1:41.23 (35.62)
				2:16.76 (35.53)		2:17.02
8	Leo Kirby	15	Anaconda	30.24	1:04.66 (34.42)	1:40.46 (35.80)
				2:17.02 (36.56)		2:17.17
		32.07	1:06.63 (34.56)	1:42.53 (35.90)	2:17.17 (34.64)	

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9	Martijn Bokkerink		14	Chelsea & Kensington SC		2:20.27
	32.02	1:07.93 (35.91)		1:44.14 (36.21)	2:20.27 (36.13)	
10	Ryan Smith		14	Killerwhales		2:20.91
	31.80	1:07.62 (35.82)		1:44.68 (37.06)	2:20.91 (36.23)	
11	Mikey Warr		16	Berkhamsted Sports Centre		2:21.11
	32.15	1:07.46 (35.31)		1:45.05 (37.59)	2:21.11 (36.06)	
12	Andrew Dawkins		16	Killerwhales		2:22.39
	32.32	1:08.61 (36.29)		1:46.18 (37.57)	2:22.39 (36.21)	
13	Andre Kulesza		15	Hounslow Hurricanes Swim Squad		2:27.55
	30.87	1:06.84 (35.97)		1:47.67 (40.83)	2:27.55 (39.88)	
14	Charlie Straker		14	Killerwhales		2:29.25
	32.38	1:09.54 (37.16)		1:49.61 (40.07)	2:29.25 (39.64)	
15	Sam Sparks		14	Killerwhales		2:32.37
	34.16	1:12.60 (38.44)		1:52.97 (40.37)	2:32.37 (39.40)	
16	Paul Sherman		14	Killerwhales		2:38.42
	35.37	1:15.04 (39.67)		1:57.53 (42.49)	2:38.42 (40.89)	
17	Mike Imrie		14	Berkhamsted Sports Centre		2:43.17
	35.52	1:17.08 (41.56)		2:00.21 (43.13)	2:43.17 (42.96)	

Event 5 Girls 9 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Isabelle Dean	9	Barnet Cophall	3:14.30
	46.52	1:35.93 (49.41)		2:26.02 (50.09)
2	Charlotte Hogarth	9	Chelsea & Kensington SC	3:19.58
	47.19	1:38.74 (51.55)		2:29.34 (50.60)
3	Rebecca Freestone	9	Hoddesdon SC	3:22.51
	47.90	1:39.49 (51.59)		2:32.43 (52.94)
4	Christy Sadler	9	Chesham	3:22.76
	46.91	1:38.93 (52.02)		2:31.98 (53.05)
5	Apolline Bokkerink	9	Chelsea & Kensington SC	3:33.05
	50.04	1:42.53 (52.49)		2:38.80 (56.27)
6	Claudia Jones	9	Chesham	3:39.11
		1:46.97 ()		2:44.71 (57.74)
7	Sabina Filippone	9	Barnet Cophall	3:39.15
	50.00	1:46.68 (56.68)		2:43.98 (57.30)
8	Georgia Tagg	9	Berkhamsted Sports Centre	3:40.22
	48.23	3:44.75 (2:56.52)		3:44.75 ()
9	Melissa Rahman	9	Barnet Cophall	3:40.22 ()
	53.87	1:57.69 (1:03.82)		3:00.60 (1:02.91)
---	Alaya Seoudy	9	Barnet Cophall	4:05.17 (1:04.57)
	57.21	1:58.84 (1:01.63)		2:59.44 (1:00.60)
---	Olivia Hazell	9	Stevenage	DQ (1:08.34)
	47.90	1:40.48 (52.58)		2:33.79 (53.31)
				DQ (51.37)

Barnet Cophall Swimming Club 200s Meet – 20th January 2008**Event 5 Girls 10 Year Olds 200 SC Meter Backstroke**

	Name	Age	Team			Finals Time
1	Eadaoin Vincent	10	Barnet Cophall			2:57.84
	42.49	1:27.24 (44.75)	2:15.12 (47.88)	2:57.84 (42.72)		
2	Annika Heumann	10	Teddington			2:59.42
	40.15	1:25.73 (45.58)	2:12.62 (46.89)	2:59.42 (46.80)		
3	Emily Bell	10	Barnet Cophall			3:00.12
	43.32	1:29.18 (45.86)	2:15.30 (46.12)	3:00.12 (44.82)		
4	Poppy Chapple	10	Barnet Cophall			3:02.57
	44.77	1:31.19 (46.42)	2:18.27 (47.08)	3:02.57 (44.30)		
5	Jessica Jackson	10	Stevenage			3:03.44
	42.95	1:30.84 (47.89)	2:18.83 (47.99)	3:03.44 (44.61)		
6	Lucy Barton	10	Chesham			3:08.42
	44.51	1:33.66 (49.15)	2:22.75 (49.09)	3:08.42 (45.67)		
7	Erin Nabney	10	Barnet Cophall			3:08.63
	44.35	1:33.16 (48.81)	2:23.16 (50.00)	3:08.63 (45.47)		
8	Zoe Munkley	10	Hertsmere Flyers			3:11.12
	45.60	1:35.36 (49.76)	2:24.83 (49.47)	3:11.12 (46.29)		
9	Hayley Warrington	10	Hoddesdon SC			3:15.57
	44.80	1:35.00 (50.20)	2:26.65 (51.65)	3:15.57 (48.92)		
10	Mary Beckwith	10	Chelsea & Kensington SC			3:17.10
	45.15	1:35.89 (50.74)	2:27.79 (51.90)	3:17.10 (49.31)		
11	Abigail Thornton	10	Chesham			3:24.63
	47.05	1:39.97 (52.92)	2:33.80 (53.83)	3:24.63 (50.83)		
12	Katy Jackson	10	Harpenden			3:28.39
	48.85	1:43.49 (54.64)	2:38.11 (54.62)	3:28.39 (50.28)		
13	Katie Shaw	10	Berkhamsted Sports Centre			3:31.49
	47.80	1:42.31 (54.51)	2:38.43 (56.12)	3:31.49 (53.06)		
14	Ellen Price	10	Berkhamsted Sports Centre			3:35.93
	50.68	1:46.82 (56.14)	2:43.35 (56.53)	3:35.93 (52.58)		
15	Samantha Bousfield	10	Chesham			3:40.37
	52.31	1:49.52 (57.21)	2:47.89 (58.37)	3:40.37 (52.48)		
16	Dana Afshar	10	Barnet Cophall			3:40.57
	50.58	1:49.67 (59.09)	2:45.85 (56.18)	3:40.57 (54.72)		
17	Yasmin Brand	10	Berkhamsted Sports Centre			3:43.06
	51.68	1:48.11 (56.43)	2:46.04 (57.93)	3:43.06 (57.02)		
18	Emma Barnes	10	Berkhamsted Sports Centre			3:44.58
	51.37	1:50.38 (59.01)	2:50.61 (1:00.23)	3:44.58 (53.97)		
19	Lauren Herlock	10	Hertsmere Flyers			3:51.82
	53.33	1:52.65 (59.32)	2:53.04 (1:00.39)	3:51.82 (58.78)		

Event 5 Girls 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team			Finals Time
1	Molly Sparks	11	Killerwhales			2:45.79
	39.15	1:21.28 (42.13)	2:04.03 (42.75)	2:45.79 (41.76)		

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2	Emma Mitchell	11	Bexley			2:51.99
	40.21	1:23.58 (43.37)	2:08.95 (45.37)	2:51.99 (43.04)		
3	Danielle Rooke	11	Killerwhales			2:52.34
	41.24	1:24.85 (43.61)	2:10.21 (45.36)	2:52.34 (42.13)		
4	Christie Bays	11	Stevenage			2:53.84
	42.22	1:26.64 (44.42)	2:11.72 (45.08)	2:53.84 (42.12)		
5	Kirstin Meikle	11	Hoddesdon SC			2:57.15
	42.02	1:27.66 (45.64)	2:13.92 (46.26)	2:57.15 (43.23)		
6	Romane Bokkerink	11	Chelsea & Kensington SC			2:58.24
	41.00	1:26.35 (45.35)	2:12.94 (46.59)	2:58.24 (45.30)		
7	Genevieve Brown	11	Teddington			3:00.79
	42.33	1:27.87 (45.54)	3:00.93 (1:33.06)	3:00.79 ()		
8	Georgia Hazell	11	Stevenage			3:02.03
	43.93	1:30.54 (46.61)	2:17.12 (46.58)	3:02.03 (44.91)		
9	Ellie Jones	11	Chesham			3:02.90
	42.61	1:30.13 (47.52)	2:18.18 (48.05)	3:02.90 (44.72)		
10	Mollie Whiteside	11	Barnet Cophall			3:05.32
	44.65	1:32.11 (47.46)	2:20.23 (48.12)	3:05.32 (45.09)		
11	Abigail Smith	11	Harpenden			3:09.55
	45.09	1:32.44 (47.35)	2:22.00 (49.56)	3:09.55 (47.55)		
12	Cara Yates	11	Barnet Cophall			3:15.33
	46.09	1:36.87 (50.78)	2:27.77 (50.90)	3:15.33 (47.56)		
13	Jessica Garner	11	Harpenden			3:17.62
	47.04	1:37.44 (50.40)	2:28.19 (50.75)	3:17.62 (49.43)		
14	Georgina Izen	11	Hertsmere Flyers			3:17.73
	47.17	1:38.80 (51.63)	2:29.79 (50.99)	3:17.73 (47.94)		
15	Megan Campfield	11	Harpenden			3:19.70
	46.24	1:37.84 (51.60)	2:29.94 (52.10)	3:19.70 (49.76)		
16	Jessica Cato	11	Hertsmere Flyers			3:24.43
	49.22	1:40.44 (51.22)	2:33.58 (53.14)	3:24.43 (50.85)		
17	Sian Boland	11	Barnet Cophall			3:25.84
	47.64	1:40.94 (53.30)	2:34.27 (53.33)	3:25.84 (51.57)		
18	Georgina Brown	11	Hertsmere Flyers			3:28.05
	47.91	1:42.07 (54.16)	2:38.19 (56.12)	3:28.05 (49.86)		
---	Chloe Simmons	11	Hertsmere Flyers			DQ
	47.38	1:39.44 (52.06)	2:32.63 (53.19)	DQ (47.39)		
---	Lucy Molyneux	11	Barnet Cophall			DQ
	54.73	1:54.84 (1:00.11)	2:57.38 (1:02.54)	DQ (59.01)		

Event 5 Girls 12 Year Olds 200 SC Meter Backstroke

	Name	Age	Team			Finals Time
1	Amy Barton	12	Chesham			2:39.11
	37.10	1:18.10 (41.00)	2:00.38 (42.28)	2:39.11 (38.73)		
2	Angelina Filippone	12	Barnet Cophall			2:42.07
	40.00	1:20.84 (40.84)	2:01.61 (40.77)	2:42.07 (40.46)		
3	Hannah Dawson	12	Chesham			2:44.35
	38.77	1:20.84 (42.07)	2:03.52 (42.68)	2:44.35 (40.83)		
4	Emily Dean	12	Barnet Cophall			2:44.71

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5	Caroline Wong	38.80	1:20.72 (41.92)	2:03.31 (42.59)	2:44.71 (41.40)	2:55.08
			12 Barnet Cophall			
6	Emma Riddick	41.18	1:26.38 (45.20)	2:12.39 (46.01)	2:55.08 (42.69)	2:57.65
			12 Hoddesdon SC			
7	Kathleen Bartha	41.02	1:26.16 (45.14)	2:13.66 (47.50)	2:57.65 (43.99)	2:58.82
			12 Anaconda			
8	Demi Smith	40.96	1:25.65 (44.69)	2:12.55 (46.90)	2:58.82 (46.27)	2:59.21
			12 Killerwhales			
9	Natalie Redmayne	42.26	1:27.57 (45.31)	2:14.52 (46.95)	2:59.21 (44.69)	3:02.12
			12 Hounslow Hurricanes Swim Squad			
10	Abigail Smith	41.82	1:26.65 (44.83)	2:14.22 (47.57)	3:02.12 (47.90)	3:03.81
			12 Hertsmere Flyers			
11	Anyah Dimmick	44.15	1:31.53 (47.38)	2:19.78 (48.25)	3:03.81 (44.03)	3:04.06
			12 Chelsea & Kensington SC			
12	Alexandra Revell	42.34	1:29.51 (47.17)	2:18.10 (48.59)	3:04.06 (45.96)	3:04.82
			12 Harpenden			
13	Jessica Warrior	44.36	1:31.68 (47.32)	2:19.82 (48.14)	3:04.82 (45.00)	3:05.29
			12 Teddington			
14	Esme Dove	42.30	1:30.35 (48.05)	2:20.41 (50.06)	3:05.29 (44.88)	3:13.55
			12 Barnet Cophall			
15	Sophie Peet	45.79	1:34.86 (49.07)	2:25.73 (50.87)	3:13.55 (47.82)	3:14.48
			12 Barnet Cophall			
16	Kimberley Dixon	45.63	1:35.15 (49.52)	2:25.60 (50.45)	3:14.48 (48.88)	3:17.08
			12 Barnet Cophall			
17	Paige Beaumont	48.02	1:38.14 (50.12)	2:27.85 (49.71)	3:17.08 (49.23)	3:25.51
			12 Killerwhales			
		45.98	1:39.47 (53.49)	2:33.78 (54.31)	3:25.51 (51.73)	

Event 5 Girls 13 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time	
1	Clara Nutting	13	Teddington	2:39.88	
2	Tabitha Brown	37.01	1:18.31 (41.30)	2:01.75 (43.44)	2:39.88 (38.13)
			13 Teddington		
3	Carina Bays	40.66	1:23.83 (43.17)	2:07.92 (44.09)	2:49.36 (41.44)
			13 Stevenage		
4	Alex King	40.32	1:25.40 (45.08)	2:11.88 (46.48)	2:53.89 (42.01)
			13 Hoddesdon SC		
5	Valerie Boivin	41.17	1:26.42 (45.25)	2:54.66 (1:28.24)	2:54.64 ()
			13 Barnet Cophall		
6	Isobel Thompson	41.24	1:26.56 (45.32)	2:12.79 (46.23)	2:55.70 (42.91)
			13 Harpenden		
7	Juliet Kuo	42.97	1:28.69 (45.72)	2:14.93 (46.24)	2:59.20 (44.27)
			13 Hertsmere Flyers		
8	Leah Tootill	43.05	1:30.37 (47.32)	2:18.53 (48.16)	3:04.32 (45.79)
			13 Hertsmere Flyers		
9	Amy Hughes	43.02	1:30.12 (47.10)	2:18.07 (47.95)	3:04.55 (46.48)
			13 Berkhamsted Sports Centre		

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10	Abbie Barnes	43.51	1:33.05 (49.54)	2:22.45 (49.40)	3:09.81 (47.36)	3:16.27
			13 Berkhamsted Sports Centre			
---	Sophie Rittenhouse	43.58	1:33.10 (49.52)	2:25.85 (52.75)	3:16.27 (50.42)	DQ
			13 Camden Swiss Cottage			
---	Evie Price	36.98	1:19.26 (42.28)	2:01.19 (41.93)	DQ (39.45)	DQ
			13 Berkhamsted Sports Centre			
		45.13	1:35.70 (50.57)	2:26.53 (50.83)	DQ (48.95)	

Event 5 Girls 14 & Over 200 SC Meter Backstroke

	Name		Age	Team		Finals Time
1	Isabel Brand		14	Chesham		2:33.97
		36.37	1:15.71 (39.34)	1:56.16 (40.45)	2:33.97 (37.81)	
2	Clare Walton		14	Anaconda		2:38.29
		36.70	1:16.49 (39.79)	1:58.28 (41.79)	2:38.29 (40.01)	
3	Georgette Smith		14	Harpenden		2:39.29
		36.55	1:16.43 (39.88)	1:58.37 (41.94)	2:39.29 (40.92)	
4	Jessy Millican		14	Chesham		2:40.29
		38.23	1:18.70 (40.47)	2:00.28 (41.58)	2:40.29 (40.01)	
5	Alex Panayides		14	Teddington		2:41.63
		37.85	1:18.66 (40.81)	2:00.89 (42.23)	2:41.63 (40.74)	
6	Leanne Fernandes		16	Hertsmere Flyers		2:42.52
		37.84	1:18.49 (40.65)	2:00.84 (42.35)	2:42.52 (41.68)	
7	Georgia Shaw		14	Killerwhales		2:45.57
		38.74	1:21.11 (42.37)	2:04.16 (43.05)	2:45.57 (41.41)	
8	Lauren Yates		14	Barnet Cophall		2:46.75
		39.76	1:22.72 (42.96)	2:05.58 (42.86)	2:46.75 (41.17)	
9	Marie Holden		14	Chesham		2:47.23
		38.88	1:20.51 (41.63)	2:03.86 (43.35)	2:47.23 (43.37)	
10	Connie Green		16	Harpenden		2:49.81
		40.29	1:23.19 (42.90)	2:07.07 (43.88)	2:49.81 (42.74)	
11	Jessie Baker		14	Anaconda		2:52.01
		40.62	1:24.84 (44.22)	2:09.90 (45.06)	2:52.01 (42.11)	
12	Amy Thompson		17	Harpenden		2:54.46
		41.38	1:25.71 (44.33)	2:10.32 (44.61)	2:54.46 (44.14)	
13	Rebekah Holden		14	Berkhamsted Sports Centre		2:54.94
		40.82	1:25.26 (44.44)	2:10.89 (45.63)	2:54.94 (44.05)	
14	Bryony Revell		14	Harpenden		2:55.26
		42.44	1:28.18 (45.74)	2:13.37 (45.19)	2:55.26 (41.89)	
15	Amy Hime		15	Killerwhales		2:58.46
		41.12	1:26.70 (45.58)	2:13.92 (47.22)	2:58.46 (44.54)	
16	Victoria Beaumont		16	Killerwhales		2:59.76
		41.19	1:27.02 (45.83)	2:14.02 (47.00)	2:59.76 (45.74)	
17	Caterina Buizza		14	Chelsea & Kensington SC		3:14.07
		44.04	1:33.70 (49.66)	2:24.32 (50.62)	3:14.07 (49.75)	

Barnet Cophall Swimming Club 200s Meet – 20th January 2008**Event 6 Boys 9 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Finals Time	
1 Connor Kearns	9	Killerwhales		3:27.25
47.47	1:42.20 (54.73)	2:36.29 (54.09)	3:27.25 (50.96)	
--- Hamish MacCaig	9	Berkhamsted Sports Centre		DQ
53.82	1:58.19 (1:04.37)	3:06.54 (1:08.35)	DQ (1:06.64)	

Event 6 Boys 10 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Charlie Fox	10	Killerwhales		3:11.22
42.10	1:31.06 (48.96)	2:23.19 (52.13)	3:11.22 (48.03)	
2 George Kapanadze	10	Barnet Cophall		3:11.38
42.51	1:32.37 (49.86)	2:22.01 (49.64)	3:11.38 (49.37)	
3 James Burchmore	10	Borough of Stockton		3:33.06
45.39	1:42.39 (57.00)	2:38.25 (55.86)	3:33.06 (54.81)	

Event 6 Boys 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 William Rittenhouse	11	Camden Swiss Cottage		3:04.86
41.63	1:29.13 (47.50)	2:18.94 (49.81)	3:04.86 (45.92)	
2 Alex Merchan	11	Killerwhales		3:25.91
47.48	1:42.14 (54.66)	2:36.75 (54.61)	3:25.91 (49.16)	
3 Ben Freeman	11	Teddington		3:28.74
44.55	1:38.20 (53.65)	2:34.99 (56.79)	3:28.74 (53.75)	
4 Josh Pointer	11	Barnet Cophall		3:31.60
42.78	1:34.79 (52.01)	2:32.17 (57.38)	3:31.60 (59.43)	
5 Aiden Robinson	11	Killerwhales		3:37.54
46.75	1:43.25 (56.50)	2:41.13 (57.88)	3:37.54 (56.41)	
6 Joe Sparks	11	Killerwhales		3:44.87
46.90	1:45.20 (58.30)	2:45.16 (59.96)	3:44.87 (59.71)	

Event 6 Boys 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Yaron Ash	12	Hertsmere Flyers		2:57.90
36.47	1:20.97 (44.50)	2:09.83 (48.86)	2:57.90 (48.07)	
2 Bradley Doherty	12	Barnet Cophall		3:05.28
38.31	1:23.86 (45.55)	2:13.34 (49.48)	3:05.28 (51.94)	
3 George Crow	12	Killerwhales		3:21.16
41.71	1:34.77 (53.06)	2:31.33 (56.56)	3:21.16 (49.83)	

Event 6 Boys 13 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Jay Munkley	13	Hertsmere Flyers		2:38.49
32.33	1:11.74 (39.41)	1:54.94 (43.20)	2:38.49 (43.55)	
2 Tom Webb	13	Killerwhales		2:55.03
37.19	1:22.54 (45.35)	2:09.61 (47.07)	2:55.03 (45.42)	

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3	Patrick Jack	13	Chelsea & Kensington SC	2:59.33
	36.17	1:18.99 (42.82)	2:08.32 (49.33)	2:59.33 (51.01)

Event 6 Boys 14 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1	Christopher Cox	15	Hertsmere Flyers	2:47.93
	35.48	1:18.29 (42.81)	2:03.37 (45.08)	2:47.93 (44.56)
2	Eric Baker	16	Harpenden	2:57.23
	37.03	1:21.89 (44.86)	2:07.66 (45.77)	2:57.23 (49.57)
3	Sam Sparks	14	Killerwhales	3:07.89
	38.28	1:26.46 (48.18)	2:17.73 (51.27)	3:07.89 (50.16)
---	Mikey Warr	16	Berkhamsted Sports Centre	DQ
	41.13	1:33.49 (52.36)	2:28.74 (55.25)	3:23.45 (54.71)
---	Charlie Straker	14	Killerwhales	DNF
	37.52	1:20.44 (42.92)	2:09.28 (48.84)	DQ (46.59)
	37.00	1:22.03 (45.03)	2:17.86 (55.83)	

Event 7 Girls 9 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1	Isabelle Dean	9	Barnet Cophall	2:58.53
	41.43	1:27.74 (46.31)	2:13.85 (46.11)	2:58.53 (44.68)
2	Charlotte Hogarth	9	Chelsea & Kensington SC	3:03.24
	41.78	1:28.40 (46.62)	2:16.95 (48.55)	3:03.24 (46.29)
3	Olivia Hazell	9	Stevenage	3:05.89
	41.62	1:29.45 (47.83)	2:18.39 (48.94)	3:05.89 (47.50)
4	Rebecca Freestone	9	Hoddesdon SC	3:08.48
	41.95	1:32.43 (50.48)	2:23.81 (51.38)	3:08.48 (44.67)
5	Christy Sadler	9	Chesham	3:12.91
	41.86	1:31.91 (50.05)	2:24.27 (52.36)	3:12.91 (48.64)
6	Apolline Bokkerink	9	Chelsea & Kensington SC	3:17.35
	44.78	1:36.59 (51.81)	2:27.29 (50.70)	3:17.35 (50.06)
7	Georgia Tagg	9	Berkhamsted Sports Centre	3:24.61
	44.62	1:38.18 (53.56)	2:32.24 (54.06)	3:24.61 (52.37)
8	Katie Garstang	9	Stevenage	3:26.62
	44.96	1:37.97 (53.01)	2:32.50 (54.53)	3:26.62 (54.12)
9	Kristina Yu	9	Hounslow Hurricanes Swim Squad	3:28.33
	43.17	1:38.54 (55.37)	2:34.51 (55.97)	3:28.33 (53.82)
10	Maddie Simmons	9	Hertsmere Flyers	3:30.53
	48.20	1:43.89 (55.69)	2:41.64 (57.75)	3:30.53 (48.89)
11	Sabina Filippone	9	Barnet Cophall	3:33.55
	46.69	1:42.06 (55.37)	2:39.73 (57.67)	3:33.55 (53.82)
12	Claudia Jones	9	Chesham	3:40.80
	46.75	1:43.71 (56.96)	2:42.79 (59.08)	3:40.80 (58.01)
13	Melissa Rahman	9	Barnet Cophall	3:50.57
	46.26	1:45.63 (59.37)	2:49.52 (1:03.89)	3:50.57 (1:01.05)

Event 7 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
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1	Emily Bell		10	Barnet Cophall		2:40.01
	37.27	1:18.82 (41.55)		1:59.54 (40.72)		2:40.01 (40.47)
2	Poppy Chapple		10	Barnet Cophall		2:40.76
	38.47	1:20.70 (42.23)		2:03.30 (42.60)		2:40.76 (37.46)
3	Jessica Jackson		10	Stevenage		2:44.84
	36.62	1:19.56 (42.94)		2:03.35 (43.79)		2:44.84 (41.49)
4	Annika Heumann		10	Teddington		2:45.19
	38.05	1:20.81 (42.76)		2:03.97 (43.16)		2:45.19 (41.22)
5	Hayley Warrington		10	Hoddesdon SC		2:48.76
	37.95	1:21.64 (43.69)		2:07.09 (45.45)		2:48.76 (41.67)
6	Eadaoin Vincent		10	Barnet Cophall		2:48.88
	38.37	1:21.68 (43.31)		2:07.31 (45.63)		2:48.88 (41.57)
7	Zoe Munkley		10	Hertsmere Flyers		2:49.80
	39.03	1:23.22 (44.19)		2:08.42 (45.20)		2:49.80 (41.38)
8	Lucy Barton		10	Chesham		2:50.79
	40.27	1:25.16 (44.89)		2:09.65 (44.49)		2:50.79 (41.14)
9	Amy Riddick		10	Hoddesdon SC		2:56.55
	40.28	1:26.49 (46.21)		2:13.18 (46.69)		2:56.55 (43.37)
10	Mary Beckwith		10	Chelsea & Kensington SC		3:05.11
	42.81	1:31.77 (48.96)		3:05.12 (1:33.35)		3:05.11 ()
11	Samantha Bousfield		10	Chesham		3:11.39
	43.15	1:33.86 (50.71)		2:26.02 (52.16)		3:11.39 (45.37)
12	Katy Jackson		10	Harpenden		3:12.87
	44.12	1:34.69 (50.57)		2:25.61 (50.92)		3:12.87 (47.26)
13	Ellen Price		10	Berkhamsted Sports Centre		3:16.51
	45.22	1:37.58 (52.36)		2:30.56 (52.98)		3:16.51 (45.95)
14	Yasmin Brand		10	Berkhamsted Sports Centre		3:25.21
	45.80	1:38.73 (52.93)		2:33.20 (54.47)		3:25.21 (52.01)
15	Lauren Herlock		10	Hertsmere Flyers		3:28.16
	45.70	1:39.92 (54.22)		2:35.37 (55.45)		3:28.16 (52.79)
16	Katie Shaw		10	Berkhamsted Sports Centre		3:32.45
	44.71	1:40.31 (55.60)		2:37.03 (56.72)		3:32.45 (55.42)
17	Emma Barnes		10	Berkhamsted Sports Centre		3:41.42
	47.10	1:44.60 (57.50)		2:46.21 (1:01.61)		3:41.42 (55.21)

Event 7 Girls 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Emma Mitchell	11	Bexley	2:30.52
	34.12	1:13.22 (39.10)	1:53.05 (39.83)	2:30.52 (37.47)
2	Danielle Rooke	11	Killerwhales	2:34.22
	36.30	1:15.45 (39.15)	1:55.52 (40.07)	2:34.22 (38.70)
3	Abigail Smith	11	Harpenden	2:35.00
	35.67	1:16.00 (40.33)	1:57.14 (41.14)	2:35.00 (37.86)

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4	Christie Bays	11	Stevenage		2:35.40
	34.31	1:14.17 (39.86)	1:55.53 (41.36)	2:35.40 (39.87)	
5	Georgia Hazell	11	Stevenage		2:38.80
	37.30	1:18.71 (41.41)	1:59.90 (41.19)	2:38.80 (38.90)	
6	Romane Bokkerink	11	Chelsea & Kensington SC		2:39.42
	36.03	1:17.09 (41.06)	1:58.78 (41.69)	2:39.42 (40.64)	
7	Kirstin Meikle	11	Hoddesdon SC		2:42.88
	37.66	1:19.87 (42.21)	2:02.53 (42.66)	2:42.88 (40.35)	
8	Ellie Jones	11	Chesham		2:51.14
	38.10	1:23.05 (44.95)	2:09.09 (46.04)	2:51.14 (42.05)	
9	Mollie Whiteside	11	Barnet Cophall		2:51.22
	41.07	1:26.01 (44.94)	2:09.91 (43.90)	2:51.22 (41.31)	
10	Megan Campfield	11	Harpندن		2:53.82
	38.78	1:23.99 (45.21)	2:10.77 (46.78)	2:53.82 (43.05)	
11	Georgina Izen	11	Hertsmere Flyers		2:59.42
	41.42	1:27.76 (46.34)	2:14.48 (46.72)	2:59.42 (44.94)	
12	Cara Yates	11	Barnet Cophall		3:00.41
	39.90	1:26.17 (46.27)	2:14.17 (48.00)	3:00.41 (46.24)	
13	Megan Zakrzewski	11	Chesham		3:02.01
	41.02	1:26.80 (45.78)	2:15.55 (48.75)	3:02.01 (46.46)	
14	Chloe Simmons	11	Hertsmere Flyers		3:04.15
	41.16	1:28.67 (47.51)	2:18.17 (49.50)	3:04.15 (45.98)	
15	Jessica Garner	11	Harpندن		3:05.27
	42.65	1:31.50 (48.85)	2:19.48 (47.98)	3:05.27 (45.79)	
16	Sian Boland	11	Barnet Cophall		3:06.54
	40.07	1:27.51 (47.44)	2:19.17 (51.66)	3:06.54 (47.37)	
17	Georgina Brown	11	Hertsmere Flyers		3:06.80
	40.55	1:28.43 (47.88)	2:20.42 (51.99)	3:06.80 (46.38)	
18	Leanne Yu	11	Hounslow Hurricanes Swim Squad		3:11.67
	39.40	1:26.94 (47.54)	2:19.82 (52.88)	3:11.67 (51.85)	
19	Jessica Cato	11	Hertsmere Flyers		3:12.76
	43.88	1:33.81 (49.93)	2:23.95 (50.14)	3:12.76 (48.81)	
20	Monique Hunt	11	Harpندن		3:22.25
	44.52	1:35.81 (51.29)	2:29.29 (53.48)	3:22.25 (52.96)	
21	Lucy Molyneux	11	Barnet Cophall		3:40.50
	45.42	1:41.84 (56.42)	2:42.10 (1:00.26)	3:40.50 (58.40)	

Event 7 Girls 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time
1	Amy Barton	12	Chesham		2:24.02
	32.61	1:09.71 (37.10)	1:47.55 (37.84)	2:24.02 (36.47)	
2	Emily Dean	12	Barnet Cophall		2:26.37
	33.77	1:11.13 (37.36)	1:48.99 (37.86)	2:26.37 (37.38)	
3	Karima Zerrougui	12	Eltham Stingrays		2:27.94
	34.05	1:12.14 (38.09)	1:51.03 (38.89)	2:27.94 (36.91)	
4	Angelina Filippone	12	Barnet Cophall		2:31.09
	35.98	1:15.51 (39.53)	1:53.12 (37.61)	2:31.09 (37.97)	
5	Emma Riddick	12	Hoddesdon SC		2:32.26

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6	Abigail Smith	34.01	1:13.04 (39.03)	1:53.69 (40.65)	2:32.26 (38.57)	2:36.59
			12 Hertsmere Flyers			
7	Hannah Dawson	35.61	1:16.53 (40.92)	1:58.39 (41.86)	2:36.59 (38.20)	2:38.62
			12 Chesham			
8	Alexandra Revell	36.67	1:18.51 (41.84)	2:00.12 (41.61)	2:38.62 (38.50)	2:38.99
			12 Harpenden			
9	Caroline Wong	37.07	1:19.21 (42.14)	2:01.03 (41.82)	2:38.99 (37.96)	2:39.45
			12 Barnet Cophall			
10	Demi Smith	37.57	1:19.63 (42.06)	2:01.86 (42.23)	2:39.45 (37.59)	2:39.47
			12 Killerwhales			
11	Harley Greer	36.29	1:17.64 (41.35)	1:59.80 (42.16)	2:39.47 (39.67)	2:41.23
			12 Anaconda			
12	Rebecca Suzan	36.15	1:17.82 (41.67)	2:00.99 (43.17)	2:41.23 (40.24)	2:43.58
			12 Hoddesdon SC			
13	Kathleen Bartha	38.49	1:20.70 (42.21)	2:03.78 (43.08)	2:43.58 (39.80)	2:43.63
			12 Anaconda			
14	Natalie Redmayne	37.21	1:19.13 (41.92)	2:01.20 (42.07)	2:43.63 (42.43)	2:44.46
			12 Hounslow Hurricanes Swim Squad			
15	Jodie Sees		1:14.97 ()	1:59.86 (44.89)	2:44.46 (44.60)	2:45.75
			12 Anaconda			
16	Jessica Samuel	35.90	1:18.52 (42.62)	2:03.28 (44.76)	2:45.75 (42.47)	2:50.79
			12 Chelsea & Kensington SC			
17	Anyah Dimmick	38.14	1:21.61 (43.47)	2:06.69 (45.08)	2:50.79 (44.10)	2:50.96
			12 Chelsea & Kensington SC			
18	Vani Mudgal	38.88	1:23.23 (44.35)	2:08.70 (45.47)	2:50.96 (42.26)	2:52.15
			12 Hounslow Hurricanes Swim Squad			
19	Esme Dove	39.14	1:22.60 (43.46)	2:08.60 (46.00)	2:52.15 (43.55)	2:53.64
			12 Barnet Cophall			
20	Sophie Peet	38.80	1:23.45 (44.65)	2:09.71 (46.26)	2:53.64 (43.93)	2:54.49
			12 Barnet Cophall			
21	Paige Beaumont	38.58	1:25.10 (46.52)	2:11.93 (46.83)	2:54.49 (42.56)	3:03.86
			12 Killerwhales			
22	Kimberley Dixon	40.50	1:27.70 (47.20)	2:15.92 (48.22)	3:03.86 (47.94)	3:07.38
			12 Barnet Cophall			
23	Rebecca McDonagh	40.98	1:28.74 (47.76)	2:18.42 (49.68)	3:07.38 (48.96)	3:13.69
			12 Barnet Cophall			
24	Emily Au	44.92	1:35.76 (50.84)	2:28.57 (52.81)	3:13.69 (45.12)	3:14.20
			12 Hertsmere Flyers			
		44.09	1:36.00 (51.91)	2:26.80 (50.80)	3:14.20 (47.40)	

Event 7 Girls 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Georgia Jackson-Virk	13	Barnet Cophall	2:15.81
2	Sophie Rittenhouse	13	Camden Swiss Cottage	2:25.65
3	Carina Bays	13	Stevenage	2:27.12

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4	Samara Williams	33.51	1:11.32 (37.81)	1:50.89 (39.57)	2:27.12 (36.23)	2:30.44
			13 Anaconda			
5	Clara Nutting	33.91	1:12.24 (38.33)	1:51.73 (39.49)	2:30.44 (38.71)	2:36.52
			13 Teddington			
6	Alex King	36.00	1:16.54 (40.54)	1:58.54 (42.00)	2:36.52 (37.98)	2:38.92
			13 Hoddesdon SC			
7	Valerie Boivin	36.17	1:17.94 (41.77)	2:01.23 (43.29)	2:38.92 (37.69)	2:41.26
			13 Barnet Cophall			
8	Isobel Thompson	37.15	1:19.73 (42.58)	2:02.20 (42.47)	2:41.26 (39.06)	2:43.75
			13 Harpenden			
9	Leah Tootill	36.68	1:18.85 (42.17)	2:02.05 (43.20)	2:43.75 (41.70)	2:48.17
			13 Hertsmere Flyers			
10	Juliet Kuo	38.15	1:22.83 (44.68)	2:06.60 (43.77)	2:48.17 (41.57)	2:53.84
			13 Hertsmere Flyers			
11	Abbie Barnes	39.47	1:24.11 (44.64)	2:09.64 (45.53)	2:53.84 (44.20)	2:54.00
			13 Berkhamsted Sports Centre			
12	Evie Price	38.50	1:24.08 (45.58)	2:10.42 (46.34)	2:54.00 (43.58)	2:58.86
			13 Berkhamsted Sports Centre			
13	Amy Hughes	38.42	1:25.20 (46.78)	2:13.72 (48.52)	2:58.86 (45.14)	2:59.84
			13 Berkhamsted Sports Centre			
		40.48	1:27.18 (46.70)	2:15.01 (47.83)	2:59.84 (44.83)	

Event 7 Girls 14 & Over 200 SC Meter Freestyle

	Name	Age	Team	Finals Time	
1	Jessy Millican	14	Chesham	2:17.39	
2	Isabel Brand	14	Chesham	2:24.33	
		32.10	1:07.06 (34.96)	1:42.73 (35.67)	2:17.39 (34.66)
3	Georgette Smith	14	Harpenden	2:25.31	
		33.14	1:09.60 (36.46)	1:47.47 (37.87)	2:24.33 (36.86)
4	Alex Panayides	14	Teddington	2:25.80	
		33.32	1:10.39 (37.07)	1:48.98 (38.59)	2:25.31 (36.33)
5	Lauren Yates	14	Barnet Cophall	2:26.41	
		33.95	1:10.93 (36.98)	1:49.08 (38.15)	2:25.80 (36.72)
6	Georgia Shaw	14	Killerwhales	2:26.55	
		34.43	1:12.10 (37.67)	1:50.02 (37.92)	2:26.41 (36.39)
7	Leanne Fernandes	16	Hertsmere Flyers	2:30.35	
		33.63	1:10.86 (37.23)	1:49.32 (38.46)	2:26.55 (37.23)
8	Abigail Crinall	14	Teddington	2:33.53	
		34.62	1:12.71 (38.09)	1:51.74 (39.03)	2:30.35 (38.61)
9	Emma Tootill	15	Hertsmere Flyers	2:33.96	
		34.30	1:12.79 (38.49)	1:53.01 (40.22)	2:33.53 (40.52)
10	Amy Hime	15	Killerwhales	2:34.54	
		34.60	1:13.23 (38.63)	1:53.61 (40.38)	2:33.96 (40.35)
11	Aimee Joyce	14	Hounslow Hurricanes Swim Squad	2:34.63	
		34.46	1:14.17 (39.71)	1:55.16 (40.99)	2:34.54 (39.38)
12	Rebekah Holden	14	Berkhamsted Sports Centre	2:35.24	
		34.87	1:14.55 (39.68)	1:55.59 (41.04)	2:34.63 (39.04)
		35.13	1:14.14 (39.01)	1:55.52 (41.38)	2:35.24 (39.72)

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12	Connie Green		16	Harpenden		2:35.24
	34.95	1:14.27 (39.32)		1:55.01 (40.74)	2:35.24 (40.23)	
14	Victoria Beaumont		16	Killerwhales		2:35.59
	34.24	1:14.01 (39.77)		1:55.16 (41.15)	2:35.59 (40.43)	
15	Bryony Revell		14	Harpenden		2:43.33
	38.21	1:20.95 (42.74)		2:03.61 (42.66)	2:43.33 (39.72)	
16	Amy Thompson		17	Harpenden		2:44.08
	37.06	1:18.95 (41.89)		2:01.74 (42.79)	2:44.08 (42.34)	
17	Holly Hills		14	Chesham		2:44.82
	37.17	1:19.44 (42.27)		2:02.75 (43.31)	2:44.82 (42.07)	
18	Caterina Buizza		14	Chelsea & Kensington SC		2:46.69
	36.73	1:18.55 (41.82)		2:03.03 (44.48)	2:46.69 (43.66)	

Event 8 Boys 9 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time
1	Connor Kearns	9	Killerwhales		3:37.73
	51.59	1:46.40 (54.81)		2:44.65 (58.25)	3:37.73 (53.08)
2	Robert Dos Santos	9	Barnet Cophall		3:39.77
	52.05	1:47.84 (55.79)		2:45.35 (57.51)	3:39.77 (54.42)
3	Fabio Arricale	9	Barnet Cophall		3:40.11
	52.80	1:47.77 (54.97)		2:44.27 (56.50)	3:40.11 (55.84)
4	Michael Revell	9	Harpenden		3:54.15
	54.30	1:53.67 (59.37)		2:54.57 (1:00.90)	3:54.15 (59.58)
5	Dania Gnevko	9	Chelsea & Kensington SC		4:04.67
	56.50	1:58.68 (1:02.18)		3:02.93 (1:04.25)	4:04.67 (1:01.74)
6	Alexander Kapanadze	9	Barnet Cophall		4:08.89
	58.40	2:03.08 (1:04.68)		3:07.99 (1:04.91)	4:08.89 (1:00.90)
7	Hamish Hudson	9	Barnet Cophall		4:09.95
	57.68	2:02.97 (1:05.29)		3:09.02 (1:06.05)	4:09.95 (1:00.93)
8	Matt Savitz	9	Barnet Cophall		4:33.14
	1:04.25	2:14.08 (1:09.83)		3:25.28 (1:11.20)	4:33.14 (1:07.86)

Event 8 Boys 10 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time
1	George Kapanadze	10	Barnet Cophall		3:30.31
	50.57	1:44.11 (53.54)		2:38.33 (54.22)	3:30.31 (51.98)
2	Adam Colyer	10	Hertsmere Flyers		3:39.80
	53.76	1:50.01 (56.25)		2:47.52 (57.51)	3:39.80 (52.28)
3	James Burchmore	10	Borough of Stockton		3:41.21
	50.77	1:47.71 (56.94)		2:45.28 (57.57)	3:41.21 (55.93)
4	Aidan Doherty	10	Barnet Cophall		3:42.79
	52.06	1:49.98 (57.92)		2:47.27 (57.29)	3:42.79 (55.52)
5	Sean Savitz	10	Barnet Cophall		4:09.17
	57.96	2:02.53 (1:04.57)		3:08.23 (1:05.70)	4:09.17 (1:00.94)

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6	Tom Segev	10	Barnet Cophall	4:47.38
	1:05.60	2:21.65 (1:16.05)	3:35.91 (1:14.26)	4:47.38 (1:11.47)

Event 8 Boys 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Joseph Mileusnic	11	Stevenage	3:27.80
	48.50	1:41.49 (52.99)	2:36.39 (54.90)	3:27.80 (51.41)
2	Adam Nash	11	Hertsmere Flyers	3:31.80
	47.39	1:44.42 (57.03)	2:39.42 (55.00)	3:31.80 (52.38)
3	Liam Chong	11	Barnet Cophall	3:32.34
	50.13	1:43.30 (53.17)	2:38.83 (55.53)	3:32.34 (53.51)
4	Aiden Robinson	11	Killerwhales	3:35.56
	49.91	1:44.70 (54.79)	2:41.71 (57.01)	3:35.56 (53.85)
5	Xerxes Panthakee	11	Barnet Cophall	3:38.08
	49.61	1:46.90 (57.29)	2:43.71 (56.81)	3:38.08 (54.37)
6	Josh Pointer	11	Barnet Cophall	3:38.23
	48.60	1:44.95 (56.35)	2:41.82 (56.87)	3:38.23 (56.41)
7	Aaron Fryer	11	Barnet Cophall	3:39.90
	49.93	1:47.46 (57.53)	2:46.23 (58.77)	3:39.90 (53.67)
8	William Rittenhouse	11	Camden Swiss Cottage	3:41.60
	52.19	1:49.09 (56.90)	2:46.09 (57.00)	3:41.60 (55.51)
9	Chris Smith	11	Hoddesdon SC	3:43.83
	48.23	1:47.84 (59.61)	2:46.41 (58.57)	3:43.83 (57.42)
10	Alex Merchan	11	Killerwhales	3:51.38
	52.90	1:52.50 (59.60)	2:53.88 (1:01.38)	3:51.38 (57.50)
11	Jasper Copp	11	Chesham	3:52.49
	53.83	1:53.95 (1:00.12)	2:55.09 (1:01.14)	3:52.49 (57.40)
12	Amit Mistry	11	Barnet Cophall	4:20.41
	55.57	2:04.59 (1:09.02)	3:14.12 (1:09.53)	4:20.41 (1:06.29)

Event 8 Boys 12 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Yaron Ash	12	Hertsmere Flyers	3:07.42
	41.81	1:28.83 (47.02)	2:15.58 (46.75)	3:07.42 (51.84)
2	Adam Hill	12	Griffins of Enfield	3:15.30
	44.01	1:35.16 (51.15)	2:25.99 (50.83)	3:15.30 (49.31)
3	Bradley Doherty	12	Barnet Cophall	3:22.43
	46.12	1:38.51 (52.39)	2:30.68 (52.17)	3:22.43 (51.75)
4	George Crow	12	Killerwhales	3:26.16
	49.14	1:42.24 (53.10)	2:34.30 (52.06)	3:26.16 (51.86)
5	Jasper Wong	12	Barnet Cophall	3:38.70
	49.87	1:45.67 (55.80)	2:43.34 (57.67)	3:38.70 (55.36)
6	Philip Cumner	12	Hounslow Hurricanes Swim Squad	4:00.57
	52.97	1:55.02 (1:02.05)	2:58.36 (1:03.34)	4:00.57 (1:02.21)

Barnet Cophall Swimming Club 200s Meet – 20th January 2008**Event 8 Boys 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time		
1 Jay Munkley	13	Hertsmere Flyers			2:55.00
	39.46	1:24.04 (44.58)	2:09.87 (45.83)	2:55.00 (45.13)	
2 Patrick Jack	13	Chelsea & Kensington SC			3:02.62
	41.42	1:29.29 (47.87)	2:16.35 (47.06)	3:02.62 (46.27)	
3 Tom Webb	13	Killerwhales			3:08.79
	43.39	1:32.11 (48.72)	2:20.71 (48.60)	3:08.79 (48.08)	
4 Alexander Lloyd	13	Teddington			3:10.64
	40.56	1:28.08 (47.52)	2:18.07 (49.99)	3:10.64 (52.57)	
5 Gregory Thornton	13	Chesham			3:11.74
	44.43	1:32.02 (47.59)	2:22.03 (50.01)	3:11.74 (49.71)	
6 Rory Atkins	13	Hounslow Hurricanes Swim Squad			3:15.33
	46.45	1:37.18 (50.73)	2:27.51 (50.33)	3:15.33 (47.82)	
7 Ben Millican	13	Chesham			3:17.57
	44.92	1:36.06 (51.14)	2:26.92 (50.86)	3:17.57 (50.65)	
8 Tom Skingsley	13	Killerwhales			3:29.14
	47.43	1:41.81 (54.38)	2:37.30 (55.49)	3:29.14 (51.84)	

Event 8 Boys 14 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time		
1 Will Atkins	15	Hounslow Hurricanes Swim Squad			2:52.90
	39.60	1:25.20 (45.60)	2:10.44 (45.24)	2:52.90 (42.46)	
2 Andrew Dawkins	16	Killerwhales			2:55.79
	39.74	1:24.34 (44.60)	2:11.26 (46.92)	2:55.79 (44.53)	
3 Keil Critten	15	Chesham			2:57.92
	41.84	1:26.51 (44.67)	2:14.92 (48.41)	2:57.92 (43.00)	
4 Adam Kuo	16	Hertsmere Flyers			2:59.29
	41.19	1:26.78 (45.59)	2:12.71 (45.93)	2:59.29 (46.58)	
5 Pavan Rooprai	14	Hounslow Hurricanes Swim Squad			3:00.52
	41.79	1:26.89 (45.10)	2:14.76 (47.87)	3:00.52 (45.76)	
6 Christopher Cox	15	Hertsmere Flyers			3:01.03
	41.47	1:27.39 (45.92)	2:15.77 (48.38)	3:01.03 (45.26)	
7 Mikey Warr	16	Berkhamsted Sports Centre			3:01.72
	40.89	1:27.50 (46.61)	2:15.90 (48.40)	3:01.72 (45.82)	
8 Joseph Mahon	14	Stevenage			3:07.81
	42.73	1:31.34 (48.61)	2:20.51 (49.17)	3:07.81 (47.30)	
9 Ryan Smith	14	Killerwhales			3:08.63
	41.36	1:29.12 (47.76)	2:19.27 (50.15)	3:08.63 (49.36)	
10 Sam Sparks	14	Killerwhales			3:17.99
	44.41	1:34.94 (50.53)	2:27.19 (52.25)	3:17.99 (50.80)	
11 Charlie Straker	14	Killerwhales			3:26.08
	45.72	1:39.51 (53.79)	2:33.47 (53.96)	3:26.08 (52.61)	
12 Paul Sherman	14	Killerwhales			3:31.85
	46.61	1:40.74 (54.13)	2:37.13 (56.39)	3:31.85 (54.72)	