

Barnet Cophthall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 1 Girls 9 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Poppy Chapple	9	Barnet Cophthall	7:03.46	5:51.83
40.02	1:23.72 (43.70)	2:07.75 (44.03)	2:52.62 (44.87)	
3:38.62 (46.00)	4:22.48 (43.86)	5:06.63 (44.15)	5:51.83 (45.20)	
2 Paige Mann	9	Hillingdon Swimming Club	6:04.92	5:52.18
38.72	1:22.23 (43.51)	2:06.91 (44.68)	2:50.79 (43.88)	
3:36.16 (45.37)	4:22.26 (46.10)	5:08.69 (46.43)	5:52.18 (43.49)	
3 Isabelle Dean	9	Barnet Cophthall	7:09.25	6:23.26
43.18	1:31.40 (48.22)	2:20.40 (49.00)	3:09.89 (49.49)	
3:59.56 (49.67)	4:48.84 (49.28)	5:37.15 (48.31)	6:23.26 (46.11)	
4 Gabrielle Marshall	9	City of Milton Keynes	6:30.00	6:47.44
44.53	1:35.25 (50.72)	2:27.28 (52.03)	3:19.66 (52.38)	
4:12.93 (53.27)	5:05.70 (52.77)	5:56.54 (50.84)	6:47.44 (50.90)	
5 Freya Baggaley	9	City of Milton Keynes	6:30.00	7:35.48
46.89	1:42.37 (55.48)	2:40.12 (57.75)	3:39.93 (59.81)	
4:40.46 (1:00.53)	5:39.76 (59.30)	6:35.72 (55.96)	7:35.48 (59.76)	
6 Yasmin Brand	9	Berkhamsted Sports Centre	8:26.96	8:09.50
50.69	1:50.92 (1:00.23)	2:53.60 (1:02.68)	3:56.75 (1:03.15)	
5:00.61 (1:03.86)	6:04.46 (1:03.85)	7:09.05 (1:04.59)	8:09.50 (1:00.45)	
--- Hannah Coulson	9	Berkhamsted Sports Centre	NT	DQ
48.90	1:51.13 (1:02.23)	3:00.30 (1:09.17)	4:09.17 (1:08.87)	
5:20.16 (1:10.99)	6:32.47 (1:12.31)	DQ (2:19.05)		
--- Georgia Tagg	9	Berkhamsted Sports Centre	NT	DQ
2:00.64	2:59.57 (58.93)	3:58.79 (59.22)	5:02.21 (1:03.42)	
6:06.25 (1:04.04)	7:08.13 (1:01.88)	8:08.75 (1:00.62)	DQ (57.97)	

Event 1 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Karis Fuller	10	Barnet Cophthall	6:30.26	5:29.50
36.08	1:16.48 (40.40)	1:58.56 (42.08)	2:40.18 (41.62)	
3:22.47 (42.29)	4:05.83 (43.36)	4:47.83 (42.00)	5:29.50 (41.67)	
2 Akari Ishida	10	Barnet Cophthall	6:18.37	5:36.30
36.40	1:16.36 (39.96)	1:59.11 (42.75)	2:41.45 (42.34)	
3:25.24 (43.79)	4:08.84 (43.60)	4:53.62 (44.78)	5:36.30 (42.68)	
3 Lorraine Bouch	10	Hillingdon Swimming Club	5:44.44	5:43.27
38.06	1:20.22 (42.16)	2:04.33 (44.11)	2:47.72 (43.39)	
3:31.76 (44.04)	4:16.22 (44.46)	5:01.15 (44.93)	5:43.27 (42.12)	
4 Erin Nabney	10	Barnet Cophthall	6:06.00	5:45.79
38.83	1:22.47 (43.64)	2:07.44 (44.97)	2:50.11 (42.67)	
3:33.68 (43.57)	4:17.38 (43.70)	5:02.38 (45.00)	5:45.79 (43.41)	
5 Anum Bandey	10	Barnet Cophthall	6:12.61	5:46.03
38.09	1:20.55 (42.46)	2:03.56 (43.01)	2:47.26 (43.70)	
3:31.51 (44.25)	4:16.31 (44.80)	5:01.11 (44.80)	5:46.03 (44.92)	
6 Emily Bell	10	Barnet Cophthall	7:05.24	5:49.34
39.81	1:23.90 (44.09)	2:08.26 (44.36)	2:53.63 (45.37)	
3:39.08 (45.45)	4:23.83 (44.75)	5:07.15 (43.32)	5:49.34 (42.19)	
7 Mollie Whiteside	10	Barnet Cophthall	6:46.07	5:54.23
38.88	1:22.91 (44.03)	2:10.05 (47.14)	2:56.98 (46.93)	
3:41.78 (44.80)	4:23.95 (42.17)	5:07.02 (43.07)	5:54.23 (47.21)	
8 Eadaoin Vincent	10	Barnet Cophthall	6:32.00	5:58.99
38.52	1:23.92 (45.40)	2:10.08 (46.16)	2:56.93 (46.85)	
3:41.65 (44.72)	4:27.67 (46.02)	5:13.33 (45.66)	5:58.99 (45.66)	

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9	Jodie Hare	10	Barnet Cophthall	6:14.22	5:59.91
	38.22	1:22.61 (44.39)	2:09.38 (46.77)	2:55.81 (46.43)	
	3:40.20 (44.39)	4:26.93 (46.73)	5:14.58 (47.65)	5:59.91 (45.33)	
10	Imogen Shepherd	10	Wycombe District	6:38.79	6:17.58
	42.03	1:29.88 (47.85)	2:18.63 (48.75)	3:07.54 (48.91)	
	3:56.36 (48.82)	4:44.21 (47.85)	5:32.24 (48.03)	6:17.58 (45.34)	
11	Alexandra Lima	10	City of Milton Keynes	6:22.32	6:19.47
	39.61	1:25.92 (46.31)	2:15.69 (49.77)	3:04.46 (48.77)	
	3:54.21 (49.75)	4:43.63 (49.42)	5:33.18 (49.55)	6:19.47 (46.29)	
12	Vicki Tutt	10	Wycombe District	6:38.67	6:23.57
	41.90	1:30.02 (48.12)	2:19.15 (49.13)	3:08.24 (49.09)	
	3:58.05 (49.81)	4:48.73 (50.68)	5:38.79 (50.06)	6:23.57 (44.78)	
13	Issy Baxter	10	Wycombe District	6:58.00	6:24.52
	41.50	1:30.41 (48.91)	2:19.41 (49.00)	3:09.82 (50.41)	
	3:59.91 (50.09)	4:48.10 (48.19)	5:36.70 (48.60)	6:24.52 (47.82)	
14	Chloe C Simmons	10	Hertsmere Flyers	6:55.00	6:34.12
	41.43	1:29.73 (48.30)	2:19.14 (49.41)	3:11.86 (52.72)	
	4:03.62 (51.76)	4:55.76 (52.14)	5:48.52 (52.76)	6:34.12 (45.60)	
15	Caitlin McGregor	10	Wycombe District	7:15.00	6:55.63
	42.10	1:34.44 (52.34)	2:27.72 (53.28)	3:21.67 (53.95)	
	4:14.97 (53.30)	5:10.82 (55.85)	6:01.19 (50.37)	6:55.63 (54.44)	
16	Alice Weetman	10	City of Milton Keynes	6:42.10	6:56.04
	42.33	2:27.96 (1:45.63)		3:22.25 ()	
	5:13.10 (1:50.85)	6:56.04 (1:42.94)	7:14.64 (18.60)	6:56.04 ()	
17	Anna I Wernick	10	Barnet Cophthall	9:30.00	7:15.43
	43.07	1:34.77 (51.70)	2:29.49 (54.72)	3:26.40 (56.91)	
	4:23.99 (57.59)	5:21.64 (57.65)	6:21.38 (59.74)	7:15.43 (54.05)	
18	Rosie Sims	10	Berkhamsted Sports Centre	NT	7:32.06
	47.39	1:38.44 (51.05)	2:35.74 (57.30)	3:34.03 (58.29)	
	4:32.94 (58.91)	5:32.54 (59.60)	6:32.35 (59.81)	7:32.06 (59.71)	
19	Tulsi Behl	10	Barnet Cophthall	9:41.02	7:48.08
	45.72	1:41.10 (55.38)	2:39.56 (58.46)	3:40.43 (1:00.87)	
	4:41.65 (1:01.22)	5:43.72 (1:02.07)	6:48.72 (1:05.00)	7:48.08 (59.36)	
20	Emma Barnes	10	Berkhamsted Sports Centre	8:00.64	7:48.61
	49.96	1:49.32 (59.36)	2:51.48 (1:02.16)	3:53.14 (1:01.66)	
	4:54.98 (1:01.84)	5:55.98 (1:01.00)	6:56.06 (1:00.08)	7:48.61 (52.55)	

Event 1 Girls 11 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	11	Barnet Cophthall	5:08.38	5:02.05
	35.28	1:13.48 (38.20)	1:51.78 (38.30)	2:29.85 (38.07)	
	3:08.07 (38.22)	3:46.37 (38.30)	4:24.49 (38.12)	5:02.05 (37.56)	
2	Jaycee Sibley	11	Hillingdon Swimming Club	5:17.48	5:10.16
	34.82	1:13.73 (38.91)	1:53.77 (40.04)	2:33.52 (39.75)	
	3:13.00 (39.48)	3:52.91 (39.91)	4:32.89 (39.98)	5:10.16 (37.27)	
3	Charlotte Jackson	11	Hillingdon Swimming Club	5:30.90	5:18.34
	34.99	1:13.78 (38.79)	1:53.46 (39.68)	2:34.02 (40.56)	
	3:15.08 (41.06)	3:56.76 (41.68)	4:38.31 (41.55)	5:18.34 (40.03)	
4	Sarah Procter	11	Hillingdon Swimming Club	5:30.00	5:22.35
	34.84	1:14.66 (39.82)	1:55.36 (40.70)	2:37.28 (41.92)	
	3:19.55 (42.27)	4:01.22 (41.67)	4:42.88 (41.66)	5:22.35 (39.47)	
5	Holly Esson	11	Hillingdon Swimming Club	5:33.00	5:24.18
	37.85	1:18.79 (40.94)	2:00.08 (41.29)	2:41.55 (41.47)	
	3:22.65 (41.10)	4:04.13 (41.48)	4:45.64 (41.51)	5:24.18 (38.54)	

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6	Imogen Atkinson	11	City of Milton Keynes	5:25.94	5:27.22
	36.59		1:17.16 (40.57)	1:58.75 (41.59)	2:40.58 (41.83)
	3:22.43 (41.85)		4:04.37 (41.94)	4:46.51 (42.14)	5:27.22 (40.71)
6	Fiona McAndrew	11	Hillingdon Swimming Club	5:40.63	5:27.22
	37.69		1:19.03 (41.34)	2:01.23 (42.20)	2:42.98 (41.75)
	3:24.68 (41.70)		4:06.31 (41.63)	4:48.12 (41.81)	5:27.22 (39.10)
8	Hazel Munn	11	City of Milton Keynes	5:32.61	5:29.46
	37.30		1:18.20 (40.90)	2:00.18 (41.98)	2:42.13 (41.95)
	3:23.94 (41.81)		4:06.43 (42.49)	4:48.97 (42.54)	5:29.46 (40.49)
9	Kate Wilson	11	Hillingdon Swimming Club	5:50.00	5:32.76
	38.19		1:20.01 (41.82)	2:01.81 (41.80)	2:44.01 (42.20)
	3:26.18 (42.17)		4:09.29 (43.11)	4:51.54 (42.25)	5:32.76 (41.22)
10	Pascale Howell	11	Barnet Cophthall	6:00.37	5:33.15
	38.66		1:20.17 (41.51)	2:02.09 (41.92)	2:44.70 (42.61)
	3:26.86 (42.16)		4:09.35 (42.49)	4:51.78 (42.43)	5:33.15 (41.37)
11	Kirsten Baggaley	11	City of Milton Keynes	5:28.66	5:35.06
	38.20		1:21.28 (43.08)	2:04.94 (43.66)	2:47.96 (43.02)
	3:31.05 (43.09)		4:13.64 (42.59)	4:55.75 (42.11)	5:35.06 (39.31)
12	Jenny L Hirst	11	Hillingdon Swimming Club	5:52.43	5:38.31
	38.93		1:21.19 (42.26)	2:04.04 (42.85)	2:47.49 (43.45)
	3:30.71 (43.22)		4:13.65 (42.94)	4:56.57 (42.92)	5:38.31 (41.74)
13	Abigail Smith	11	Hertsmere Flyers	5:55.03	5:38.80
	38.15		1:21.04 (42.89)	2:04.14 (43.10)	2:47.44 (43.30)
	3:31.70 (44.26)		4:14.99 (43.29)	4:59.24 (44.25)	5:38.80 (39.56)
14	Danielle Beaman	11	City of Milton Keynes	5:59.82	5:45.91
	37.60		1:21.09 (43.49)	2:05.88 (44.79)	2:50.31 (44.43)
	3:35.24 (44.93)		4:19.37 (44.13)	5:04.01 (44.64)	5:45.91 (41.90)
15	Sarah Sharp	11	Barnet Cophthall	6:02.56	5:49.32
	38.63		1:22.68 (44.05)	2:07.41 (44.73)	2:52.37 (44.96)
	3:36.92 (44.55)		4:21.57 (44.65)	5:05.90 (44.33)	5:49.32 (43.42)
16	Hannah Page	11	Hillingdon Swimming Club	6:26.10	5:49.55
	37.61		1:21.61 (44.00)	2:07.07 (45.46)	2:51.93 (44.86)
	3:37.56 (45.63)		4:23.08 (45.52)	5:06.83 (43.75)	5:49.55 (42.72)
17	Katie Tuff	11	Hillingdon Swimming Club	6:13.06	5:52.20
	38.54		1:22.23 (43.69)	2:07.58 (45.35)	2:53.60 (46.02)
	3:39.43 (45.83)		4:24.90 (45.47)	5:11.43 (46.53)	5:52.20 (40.77)
18	Katie Cannon	11	Wycombe District	6:29.50	6:00.63
	38.11		1:21.39 (43.28)	2:07.08 (45.69)	2:53.35 (46.27)
	3:39.61 (46.26)		4:26.60 (46.99)	5:14.84 (48.24)	6:00.63 (45.79)
19	Sophie Peet	11	Barnet Cophthall	7:07.16	6:02.63
	40.97		1:26.38 (45.41)	2:12.76 (46.38)	2:59.36 (46.60)
	3:45.90 (46.54)		4:32.77 (46.87)	5:18.40 (45.63)	6:02.63 (44.23)
20	Charlotte Norman	11	Hillingdon Swimming Club	6:17.11	6:08.11
	40.08		1:26.10 (46.02)	2:12.83 (46.73)	3:00.71 (47.88)
	3:47.36 (46.65)		4:35.76 (48.40)	5:23.31 (47.55)	6:08.11 (44.80)
21	Esme Dove	11	Barnet Cophthall	6:25.72	6:10.67
	40.07		1:26.22 (46.15)	2:13.60 (47.38)	3:00.62 (47.02)
	3:48.40 (47.78)		4:36.94 (48.54)	5:25.33 (48.39)	6:10.67 (45.34)
22	Georgina Izen	11	Hertsmere Flyers	6:26.00	6:14.16
	41.13		1:27.33 (46.20)	2:14.00 (46.67)	3:02.06 (48.06)
	3:49.84 (47.78)		4:39.54 (49.70)	5:27.95 (48.41)	6:14.16 (46.21)
23	Laura Owen	11	Wycombe District	6:45.00	6:25.10
	43.72		1:31.54 (47.82)	2:21.32 (49.78)	3:11.29 (49.97)
	4:01.20 (49.91)		4:51.22 (50.02)	5:40.13 (48.91)	6:25.10 (44.97)

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24	Georgina G Brown	11	Hertsmere Flyers	6:45.00	6:25.32
	43.59	1:32.08 (48.49)	2:21.68 (49.60)	3:12.17 (50.49)	
	4:01.97 (49.80)	4:51.71 (49.74)	5:41.97 (50.26)	6:25.32 (43.35)	
25	Jessica Cato	11	Hertsmere Flyers	6:52.00	6:26.99
	42.21	1:31.74 (49.53)	2:23.36 (51.62)	3:11.81 (48.45)	
	4:02.54 (50.73)	4:53.12 (50.58)	5:42.63 (49.51)	6:26.99 (44.36)	
26	Rebecca Jenner-Martin	11	City of Milton Keynes	6:30.07	6:27.09
	40.25	1:27.58 (47.33)	2:17.21 (49.63)	3:07.43 (50.22)	
	3:59.05 (51.62)	4:49.48 (50.43)	5:39.19 (49.71)	6:27.09 (47.90)	
27	Kimberley Dixon	11	Barnet Cophthall	9:30.00	6:40.80
	39.70	1:28.16 (48.46)	2:19.64 (51.48)	3:10.81 (51.17)	
	4:02.47 (51.66)	4:55.75 (53.28)	5:48.33 (52.58)	6:40.80 (52.47)	
28	Emma Becirovic	11	Barnet Cophthall	8:35.84	6:48.02
	41.62	1:31.16 (49.54)	2:22.44 (51.28)	3:14.63 (52.19)	
	4:07.24 (52.61)	5:01.69 (54.45)	5:54.61 (52.92)	6:48.02 (53.41)	
29	Sophie Smith	11	Berkhamsted Sports Centre	NT	7:20.83
	45.22	1:40.26 (55.04)	2:36.53 (56.27)	3:32.82 (56.29)	
	4:29.00 (56.18)	5:27.51 (58.51)	6:27.30 (59.79)	7:20.83 (53.53)	
30	Safina Hardy	11	Barnet Cophthall	8:42.12	7:49.07
	45.56	1:41.65 (56.09)	2:43.40 (1:01.75)	3:46.70 (1:03.30)	
	4:50.10 (1:03.40)	5:54.37 (1:04.27)	6:55.34 (1:00.97)	7:49.07 (53.73)	
31	Jennie Imrie	11	Berkhamsted Sports Centre	8:33.93	7:58.19
	50.51	1:47.39 (56.88)	2:49.91 (1:02.52)	3:52.27 (1:02.36)	
	4:56.01 (1:03.74)	5:59.02 (1:03.01)	7:01.15 (1:02.13)	7:58.19 (57.04)	

Event 1 Girls 12 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Karley J Mann	12	Hillingdon Swimming Club	4:46.47	4:37.84
	31.25	1:04.88 (33.63)	1:40.25 (35.37)	2:16.04 (35.79)	
	2:51.79 (35.75)	3:27.48 (35.69)	4:03.60 (36.12)	4:37.84 (34.24)	
2	Emma Joyce	12	City of Milton Keynes	5:05.93	4:52.79
	33.62	1:10.22 (36.60)	1:47.32 (37.10)	2:24.74 (37.42)	
	3:02.20 (37.46)	3:39.71 (37.51)	4:16.79 (37.08)	4:52.79 (36.00)	
3	Rebecca Marshall	12	City of Milton Keynes	5:03.75	4:54.95
	33.90	1:10.60 (36.70)	1:47.92 (37.32)	2:25.56 (37.64)	
	3:03.14 (37.58)	3:41.01 (37.87)	4:18.30 (37.29)	4:54.95 (36.65)	
4	Emily K Dean	12	Barnet Cophthall	5:02.96	5:02.35
	33.91	1:11.41 (37.50)	1:49.76 (38.35)	2:28.29 (38.53)	
	3:06.95 (38.66)	3:46.01 (39.06)	4:24.89 (38.88)	5:02.35 (37.46)	
5	Evie Lees	12	Wycombe District	5:11.70	5:03.86
	35.52	1:14.07 (38.55)	1:52.70 (38.63)	2:31.49 (38.79)	
	3:10.18 (38.69)	3:48.77 (38.59)	4:27.36 (38.59)	5:03.86 (36.50)	
6	Shannen Fisher	12	Hillingdon Swimming Club	5:21.61	5:05.35
	34.28	1:12.74 (38.46)	1:51.33 (38.59)	2:30.27 (38.94)	
	3:09.07 (38.80)	3:48.14 (39.07)	4:27.34 (39.20)	5:05.35 (38.01)	
7	Amy Barton	12	Chesham	5:15.12	5:06.39
	33.37	1:11.75 (38.38)	1:50.67 (38.92)	2:30.19 (39.52)	
	3:09.01 (38.82)	3:48.42 (39.41)	4:28.70 (40.28)	5:06.39 (37.69)	
8	Bethany J Ellison-Perrett	12	Hillingdon Swimming Club	5:12.83	5:12.35
	35.95	1:14.61 (38.66)	1:54.18 (39.57)	2:33.97 (39.79)	
	3:14.10 (40.13)	3:54.19 (40.09)	4:34.36 (40.17)	5:12.35 (37.99)	
9	Angelina Filippone	12	Barnet Cophthall	5:36.18	5:16.75
	35.32	1:14.40 (39.08)	1:54.53 (40.13)	2:34.48 (39.95)	
	3:16.46 (41.98)	3:57.96 (41.50)	4:38.10 (40.14)	5:16.75 (38.65)	

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10	Hannah Weetman	12	City of Milton Keynes	5:37.56	5:16.93
	35.83	1:15.01 (39.18)	1:55.68 (40.67)	2:36.63 (40.95)	
	3:17.62 (40.99)	3:59.02 (41.40)	4:40.47 (41.45)	5:16.93 (36.46)	
11	Lucy J Taplin	12	Hillingdon Swimming Club	5:20.32	5:17.35
	34.29	1:13.41 (39.12)	1:53.72 (40.31)	2:34.68 (40.96)	
	3:15.52 (40.84)	3:56.34 (40.82)	4:38.03 (41.69)	5:17.35 (39.32)	
12	Fiona Shaw	12	Wycombe District	5:45.00	5:23.30
	35.72	1:15.30 (39.58)	1:56.81 (41.51)	2:38.62 (41.81)	
	3:20.70 (42.08)	4:01.98 (41.28)	4:43.80 (41.82)	5:23.30 (39.50)	
13	Molly Hogan	12	Barnet Cophthall	5:57.84	5:30.32
	36.38	1:16.34 (39.96)	1:58.36 (42.02)	2:40.96 (42.60)	
	3:23.59 (42.63)	4:06.52 (42.93)	4:49.90 (43.38)	5:30.32 (40.42)	
14	Valerie Boivin	12	Barnet Cophthall	6:08.78	5:36.64
	37.10	1:19.56 (42.46)	2:02.42 (42.86)	2:45.39 (42.97)	
	3:28.00 (42.61)	4:11.51 (43.51)	4:53.80 (42.29)	5:36.64 (42.84)	
15	Fiona Stringer	12	City of Milton Keynes	5:49.12	5:40.56
	37.93	1:20.53 (42.60)	2:03.87 (43.34)	2:48.05 (44.18)	
	3:32.45 (44.40)	4:15.80 (43.35)	4:59.95 (44.15)	5:40.56 (40.61)	
16	Rachael Neal	12	Hillingdon Swimming Club	5:45.00	5:41.43
	35.86	1:17.57 (41.71)	2:02.96 (45.39)	2:48.08 (45.12)	
	3:30.32 (42.24)	4:15.71 (45.39)	5:00.50 (44.79)	5:41.43 (40.93)	
17	Caroline Wong	12	Barnet Cophthall	6:02.37	5:42.62
	37.35	1:19.74 (42.39)	2:03.44 (43.70)	2:47.32 (43.88)	
	3:30.54 (43.22)	4:14.61 (44.07)	4:59.08 (44.47)	5:42.62 (43.54)	
18	Tessa Hart	12	Wycombe District	6:24.50	6:10.35
	38.10	1:23.83 (45.73)	2:11.02 (47.19)	2:59.26 (48.24)	
	3:47.71 (48.45)	4:36.38 (48.67)	5:24.61 (48.23)	6:10.35 (45.74)	
19	Abbie Barnes	12	Berkhamsted Sports Centre	6:29.05	6:19.87
	39.08	1:26.52 (47.44)	2:14.27 (47.75)	3:01.54 (47.27)	
	3:51.90 (50.36)	4:40.84 (48.94)	5:32.37 (51.53)	6:19.87 (47.50)	
20	Ami Gatfield	12	Wycombe District	6:32.00	6:24.15
	38.24	1:24.69 (46.45)	2:14.58 (49.89)	3:05.01 (50.43)	
	3:54.96 (49.95)	4:45.07 (50.11)	5:34.39 (49.32)	6:24.15 (49.76)	
21	Saniya Bandey	12	Barnet Cophthall	6:07.16	6:24.63
	39.54	1:25.31 (45.77)	2:13.13 (47.82)	3:03.40 (50.27)	
	3:54.49 (51.09)	4:46.04 (51.55)	5:36.39 (50.35)	6:24.63 (48.24)	
22	Olivia Harpley	12	Barnet Cophthall	7:48.06	6:41.90
	44.10	1:33.61 (49.51)	2:25.86 (52.25)	3:16.89 (51.03)	
	4:09.29 (52.40)	5:00.42 (51.13)	5:51.80 (51.38)	6:41.90 (50.10)	
23	Victoria Dobbie	12	Berkhamsted Sports Centre	7:56.28	6:44.04
	43.45	1:33.77 (50.32)	2:25.82 (52.05)	3:18.36 (52.54)	
	4:10.55 (52.19)	5:02.36 (51.81)	5:54.31 (51.95)	6:44.04 (49.73)	
24	Linda Epstein	12	Barnet Cophthall	7:35.35	6:56.24
	42.27	1:33.88 (51.61)	2:27.91 (54.03)	3:22.07 (54.16)	
	4:16.72 (54.65)	5:12.43 (55.71)	6:07.94 (55.51)	6:56.24 (48.30)	
25	Marie Wallis	12	Berkhamsted Sports Centre	NT	7:10.95
	44.33	1:37.95 (53.62)	2:33.79 (55.84)	3:30.09 (56.30)	
	4:24.98 (54.89)	5:19.77 (54.79)	6:15.14 (55.37)	7:10.95 (55.81)	

Event 1 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Sarah Pickin	13	Chesham	4:55.24	4:51.49
	33.24	1:09.14 (35.90)	1:46.04 (36.90)	2:23.27 (37.23)
	3:01.04 (37.77)	3:38.58 (37.54)	4:16.14 (37.56)	4:51.49 (35.35)

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2	Alice Butler	13	City of Milton Keynes	4:49.57	4:52.89
	34.43	1:11.14 (36.71)	1:48.43 (37.29)	2:25.38 (36.95)	
	3:02.34 (36.96)	3:38.56 (36.22)	4:15.80 (37.24)	4:52.89 (37.09)	
3	Katherine S Neal	13	Hillingdon Swimming Club	5:05.00	4:59.23
	33.85	1:10.95 (37.10)	1:48.12 (37.17)	2:26.17 (38.05)	
	3:04.36 (38.19)	3:43.07 (38.71)	4:21.59 (38.52)	4:59.23 (37.64)	
4	Megan Hipkiss	13	Wycombe District	5:02.37	5:00.77
	34.76	1:12.71 (37.95)	1:51.10 (38.39)	2:29.49 (38.39)	
	3:08.26 (38.77)	3:47.01 (38.75)	4:25.25 (38.24)	5:00.77 (35.52)	
5	Emily Young	13	City of Milton Keynes	5:07.75	5:02.16
	33.43	1:10.76 (37.33)	1:49.85 (39.09)	2:28.63 (38.78)	
	3:07.18 (38.55)	3:45.59 (38.41)	4:24.77 (39.18)	5:02.16 (37.39)	
6	Emma Harrington	13	Hillingdon Swimming Club	5:08.94	5:10.85
	34.51	1:12.67 (38.16)	1:51.94 (39.27)	2:32.01 (40.07)	
	3:12.30 (40.29)	3:51.95 (39.65)	4:32.23 (40.28)	5:10.85 (38.62)	
7	Helena Soteriou	13	Barnet Cophthall	5:36.00	5:29.09
	36.29	1:16.93 (40.64)	1:58.46 (41.53)	2:39.98 (41.52)	
	3:22.79 (42.81)	4:05.50 (42.71)	4:47.79 (42.29)	5:29.09 (41.30)	
8	Ashling Baggaley	13	City of Milton Keynes	5:26.62	5:32.30
	39.82	1:23.24 (43.42)	2:05.88 (42.64)	2:47.46 (41.58)	
	3:29.29 (41.83)	4:11.22 (41.93)	4:53.46 (42.24)	5:32.30 (38.84)	
9	Rebekah Holden	13	Berkhamsted Sports Centre	5:47.23	5:41.53
	38.34	1:20.36 (42.02)	2:03.78 (43.42)	2:47.87 (44.09)	
	3:32.25 (44.38)	4:16.35 (44.10)	4:59.93 (43.58)	5:41.53 (41.60)	
10	Amy Hughes	13	Berkhamsted Sports Centre	6:38.93	6:32.24
	41.86	1:30.42 (48.56)	2:20.59 (50.17)	3:11.93 (51.34)	
	4:03.88 (51.95)	4:56.58 (52.70)	5:46.83 (50.25)	6:32.24 (45.41)	

Event 1 Girls 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Francesca Marr	14	Hillingdon Swimming Club	4:34.30	4:37.99
	30.97	1:04.79 (33.82)	1:39.93 (35.14)	2:15.52 (35.59)	
	2:51.37 (35.85)	3:27.77 (36.40)	4:04.00 (36.23)	4:37.99 (33.99)	
2	Holly A Elderfield	15	Hillingdon Swimming Club	4:50.00	4:51.74
	32.61	1:08.35 (35.74)	1:45.53 (37.18)	2:23.21 (37.68)	
	3:00.75 (37.54)	3:38.83 (38.08)	4:16.31 (37.48)	4:51.74 (35.43)	
3	Sophie Wilson	14	Hillingdon Swimming Club	4:50.00	4:51.76
	34.28	1:09.54 (35.26)	1:45.22 (35.68)	2:21.56 (36.34)	
	2:59.11 (37.55)	3:36.88 (37.77)	4:14.75 (37.87)	4:51.76 (37.01)	
4	Jessy Millican	14	Chesham	5:04.38	4:52.69
	32.08	1:08.32 (36.24)	1:46.15 (37.83)	2:24.15 (38.00)	
	3:01.88 (37.73)	3:39.33 (37.45)	4:16.77 (37.44)	4:52.69 (35.92)	
5	Stacy Ellett	16	City of Milton Keynes	5:03.64	5:00.87
	34.43	1:10.95 (36.52)	1:48.12 (37.17)	2:26.22 (38.10)	
	3:04.77 (38.55)	3:43.98 (39.21)	4:23.37 (39.39)	5:00.87 (37.50)	
6	Elizabeth McGowan	15	Hillingdon Swimming Club	5:45.00	5:04.24
	35.37	1:13.14 (37.77)	1:52.17 (39.03)	2:30.35 (38.18)	
	3:08.49 (38.14)	3:46.83 (38.34)	4:25.88 (39.05)	5:04.24 (38.36)	
7	Liana L Gore	14	Hillingdon Swimming Club	5:14.54	5:21.17
	35.38	1:14.24 (38.86)	1:54.65 (40.41)	2:34.86 (40.21)	
	3:15.89 (41.03)	3:57.54 (41.65)	4:39.78 (42.24)	5:21.17 (41.39)	
8	Emma Tootill	15	Hertsmere Flyers	5:08.59	5:26.67
	35.12	1:14.45 (39.33)	1:54.68 (40.23)	2:36.03 (41.35)	
	3:18.00 (41.97)	4:01.05 (43.05)	4:44.37 (43.32)	5:26.67 (42.30)	

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9	Katie Stringer	14	City of Milton Keynes	5:34.93	5:27.60
	35.51	1:15.18 (39.67)	1:56.62 (41.44)	2:39.77 (43.15)	
	3:21.89 (42.12)	4:05.27 (43.38)	4:47.82 (42.55)	5:27.60 (39.78)	

Event 2 Boys 9 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	George Kapanadze	9	Barnet Cophthall	7:07.17	6:40.78
	42.84	1:34.00 (51.16)	2:22.73 (48.73)	3:12.15 (49.42)	
	4:07.48 (55.33)	5:07.93 (1:00.45)	5:53.91 (45.98)	6:40.78 (46.87)	

Event 2 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	Liam Jones	10	Wycombe District	6:16.65	6:15.80
	38.88	1:27.35 (48.47)	2:14.21 (46.86)	3:02.08 (47.87)	
	3:59.15 (57.07)	4:57.45 (58.30)	5:37.27 (39.82)	6:15.80 (38.53)	
2	Zach Shalovsky	10	Barnet Cophthall	7:05.52	6:17.28
	41.38	1:33.51 (52.13)	2:16.76 (43.25)	3:00.92 (44.16)	
	3:57.40 (56.48)	4:53.68 (56.28)	5:36.94 (43.26)	6:17.28 (40.34)	
3	George Prunty	10	Hillingdon Swimming Club	7:30.63	6:53.61
	45.77	1:48.13 (1:02.36)	2:36.54 (48.41)	3:25.60 (49.06)	
	4:26.36 (1:00.76)	5:25.80 (59.44)	6:09.48 (43.68)	6:53.61 (44.13)	
4	Joshua Howard	10	Wycombe District	7:15.00	6:55.26
	45.32	1:43.47 (58.15)	2:36.54 (53.07)	3:28.60 (52.06)	
	4:27.10 (58.50)	5:25.32 (58.22)	6:11.56 (46.24)	6:55.26 (43.70)	

Event 2 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	Jamie Richter	11	Barnet Cophthall	6:12.31	5:46.90
	37.60	1:21.47 (43.87)	2:05.19 (43.72)	2:49.77 (44.58)	
	3:38.96 (49.19)	4:30.06 (51.10)	5:08.45 (38.39)	5:46.90 (38.45)	
2	Yaron Ash	11	Hertsmere Flyers	6:14.10	5:53.03
	37.24	1:24.03 (46.79)	2:08.68 (44.65)	2:53.91 (45.23)	
	3:43.43 (49.52)	4:35.44 (52.01)	5:15.02 (39.58)	5:53.03 (38.01)	
3	Curtis Coleman	11	Barnet Cophthall	6:06.21	6:10.90
	41.51	1:32.30 (50.79)	2:17.44 (45.14)	3:04.11 (46.67)	
	3:55.36 (51.25)	4:48.76 (53.40)	5:30.00 (41.24)	6:10.90 (40.90)	
4	Callum C Mitchell	11	Hillingdon Swimming Club	6:25.00	6:15.97
	43.30	1:34.76 (51.46)	2:18.01 (43.25)	3:03.14 (45.13)	
	3:57.16 (54.02)	4:53.51 (56.35)	5:36.00 (42.49)	6:15.97 (39.97)	
5	Elliot Moulder	11	City of Milton Keynes	6:18.39	6:19.41
	40.99	1:29.16 (48.17)	2:16.73 (47.57)	3:05.91 (49.18)	
	4:02.26 (56.35)	5:00.20 (57.94)	5:39.75 (39.55)	6:19.41 (39.66)	
6	Aris Savva	11	Barnet Cophthall	8:00.00	6:40.51
	45.67	1:41.87 (56.20)	2:30.90 (49.03)	3:21.76 (50.86)	
	4:18.66 (56.90)	5:16.66 (58.00)	6:00.22 (43.56)	6:40.51 (40.29)	
7	Josh Pointer	11	Barnet Cophthall	6:36.00	6:44.79
	43.91	1:38.22 (54.31)	2:26.94 (48.72)	3:18.59 (51.65)	
	4:14.90 (56.31)	5:14.37 (59.47)	6:00.05 (45.68)	6:44.79 (44.74)	
8	Adam Nash	11	Hertsmere Flyers	7:29.00	6:58.30
	49.59	1:49.49 (59.90)	2:42.52 (53.03)	3:37.09 (54.57)	
	4:32.38 (55.29)	5:29.39 (57.01)	6:14.96 (45.57)	6:58.30 (43.34)	
9	Aaron Fryer	11	Barnet Cophthall	7:20.00	6:58.63
	49.24	1:48.05 (58.81)	2:38.82 (50.77)	3:30.31 (51.49)	
	4:30.41 (1:00.10)	5:30.08 (59.67)	6:16.20 (46.12)	6:58.63 (42.43)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 2 Boys 12 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Adam J Wood	12	Hillingdon Swimming Club	5:29.00	5:27.26
36.20	1:18.28 (42.08)	1:57.96 (39.68)	2:36.76 (38.80)	
3:24.80 (48.04)	4:13.52 (48.72)	4:50.77 (37.25)	5:27.26 (36.49)	
2 William Rea	12	Chesham	6:14.15	5:27.61
32.63	1:11.68 (39.05)	1:53.03 (41.35)	2:36.65 (43.62)	
3:24.49 (47.84)	4:15.77 (51.28)	4:52.84 (37.07)	5:27.61 (34.77)	
3 Michael A Fernandes	12	Barnet Cophthall	5:35.00	5:31.10
34.34	1:13.94 (39.60)	1:54.59 (40.65)	2:36.53 (41.94)	
3:24.69 (48.16)	4:14.81 (50.12)	4:52.72 (37.91)	5:31.10 (38.38)	
4 Hugo Cliff	12	Barnet Cophthall	6:10.28	5:39.90
1:17.49	2:00.01 (42.52)	2:41.70 (41.69)	3:35.31 (53.61)	
4:28.81 (53.50)		5:05.44 ()	5:39.90 (34.46)	
5 George Carter	12	Barnet Cophthall	6:11.37	5:41.65
35.38	1:18.98 (43.60)	2:00.22 (41.24)	2:42.72 (42.50)	
3:35.46 (52.74)	4:27.50 (52.04)	5:05.13 (37.63)	5:41.65 (36.52)	
6 Adam J Prunty	12	Hillingdon Swimming Club	5:39.35	5:48.92
36.77	1:19.79 (43.02)	2:02.76 (42.97)	2:46.79 (44.03)	
3:37.19 (50.40)	4:29.33 (52.14)	5:09.71 (40.38)	5:48.92 (39.21)	
7 Lucas Navarro	12	Hillingdon Swimming Club	5:49.69	5:59.63
39.32	1:24.35 (45.03)	2:11.21 (46.86)	2:57.94 (46.73)	
3:46.82 (48.88)	4:37.23 (50.41)	5:19.61 (42.38)	5:59.63 (40.02)	
8 Mitchell Green	12	Wycombe District	6:25.50	6:15.76
42.12	1:32.72 (50.60)	2:19.00 (46.28)	3:06.50 (47.50)	
4:00.20 (53.70)	4:54.81 (54.61)	5:36.52 (41.71)	6:15.76 (39.24)	
9 Bradley Doherty	12	Barnet Cophthall	7:50.59	6:17.52
39.49	1:26.26 (46.77)	2:12.16 (45.90)	2:57.22 (45.06)	
3:55.58 (58.36)	4:53.16 (57.58)	5:34.80 (41.64)	6:17.52 (42.72)	
10 James McGowan	12	Hillingdon Swimming Club	7:07.35	6:19.41
41.63	1:32.49 (50.86)	2:20.78 (48.29)	3:09.68 (48.90)	
4:02.08 (52.40)	4:55.18 (53.10)	5:39.76 (44.58)	6:19.41 (39.65)	

Event 2 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Jay Munkley	13	Hertsmere Flyers	5:35.22	5:26.09
32.96	1:12.43 (39.47)	1:54.82 (42.39)	2:35.95 (41.13)	
3:24.06 (48.11)	4:13.16 (49.10)	4:49.70 (36.54)	5:26.09 (36.39)	
2 Marco Navarro	13	Hillingdon Swimming Club	5:35.89	5:38.98
35.79	1:17.58 (41.79)	2:00.09 (42.51)	2:42.84 (42.75)	
3:31.59 (48.75)	4:20.43 (48.84)	4:59.95 (39.52)	5:38.98 (39.03)	
3 Kris Hunt	13	City of Milton Keynes	5:58.77	5:49.65
40.18	1:27.04 (46.86)	2:12.09 (45.05)	2:57.62 (45.53)	
3:43.48 (45.86)	4:31.77 (48.29)	5:11.43 (39.66)	5:49.65 (38.22)	
4 Manasseh R Dalton-Brown	13	Barnet Cophthall	6:12.00	5:54.20
37.37	1:21.42 (44.05)	2:03.85 (42.43)	2:44.75 (40.90)	
3:38.06 (53.31)	4:32.16 (54.10)	5:13.23 (41.07)	5:54.20 (40.97)	
5 Akil Philip-Forde	13	Barnet Cophthall	6:25.00	5:57.65
37.16	1:22.36 (45.20)	2:06.29 (43.93)	2:51.94 (45.65)	
3:44.16 (52.22)	4:37.68 (53.52)	5:17.76 (40.08)	5:57.65 (39.89)	
6 Ben Millican	13	Chesham	5:56.60	6:08.29
40.34	1:29.95 (49.61)	2:17.14 (47.19)	3:04.05 (46.91)	
3:53.54 (49.49)	4:45.37 (51.83)	5:27.61 (42.24)	6:08.29 (40.68)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 2 Boys 14 & Over 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Oliver J Green	16	Hillingdon Swimming Club	5:10.57	5:05.29
32.74	1:10.82 (38.08)	1:48.32 (37.50)	2:26.88 (38.56)	
3:11.77 (44.89)	3:56.83 (45.06)	4:31.30 (34.47)	5:05.29 (33.99)	
2 Sam Munkley	16	Hertsmere Flyers	5:18.13	5:06.66
29.63	1:05.06 (35.43)	1:44.93 (39.87)	2:23.56 (38.63)	
3:09.10 (45.54)	3:55.08 (45.98)	4:32.23 (37.15)	5:06.66 (34.43)	
3 Ricky G James	16	Hillingdon Swimming Club	5:30.01	5:13.16
31.63	1:10.65 (39.02)	1:51.60 (40.95)	2:31.99 (40.39)	
3:16.41 (44.42)	4:02.65 (46.24)	4:38.58 (35.93)	5:13.16 (34.58)	
4 Faisal M Bhatti	14	Hillingdon Swimming Club	5:24.31	5:16.06
33.00	1:12.43 (39.43)	1:52.90 (40.47)	2:33.66 (40.76)	
3:17.08 (43.42)	4:02.37 (45.29)	4:40.24 (37.87)	5:16.06 (35.82)	
5 Jack Diggins	15	Hillingdon Swimming Club	5:24.68	5:17.21
33.68	1:14.79 (41.11)	1:56.04 (41.25)	2:38.05 (42.01)	
3:20.93 (42.88)	4:05.58 (44.65)	4:42.04 (36.46)	5:17.21 (35.17)	
6 Tom Randall	14	Hillingdon Swimming Club	5:28.35	5:22.63
33.43	1:11.76 (38.33)	1:51.10 (39.34)	2:31.24 (40.14)	
3:21.06 (49.82)	4:11.16 (50.10)	4:46.75 (35.59)	5:22.63 (35.88)	
7 James A Williamson	16	Hillingdon Swimming Club	5:23.00	5:27.27
35.08	1:17.18 (42.10)	1:57.68 (40.50)	2:38.90 (41.22)	
3:24.05 (45.15)	4:11.98 (47.93)	4:50.87 (38.89)	5:27.27 (36.40)	
8 Nicolas A Smith	15	Hillingdon Swimming Club	5:32.08	5:32.48
33.18	1:10.09 (36.91)	1:54.17 (44.08)	2:38.02 (43.85)	
3:28.94 (50.92)	4:19.15 (50.21)	4:56.28 (37.13)	5:32.48 (36.20)	
9 Adam Kuo	15	Hertsmere Flyers	5:45.90	5:34.72
35.67	1:18.80 (43.13)	2:01.99 (43.19)	2:44.06 (42.07)	
3:31.75 (47.69)	4:19.43 (47.68)	4:57.37 (37.94)	5:34.72 (37.35)	
10 Peter C Smart	14	Hillingdon Swimming Club	6:00.00	5:55.19
37.74	1:21.50 (43.76)	2:03.74 (42.24)	2:46.42 (42.68)	
3:43.77 (57.35)	4:39.34 (55.57)	5:18.84 (39.50)	5:55.19 (36.35)	
11 Mike Imrie	14	Berkhamsted Sports Centre	6:42.64	6:30.44
39.75	1:30.08 (50.33)	2:19.55 (49.47)	3:08.61 (49.06)	
4:03.35 (54.74)	4:57.77 (54.42)	5:44.69 (46.92)	6:30.44 (45.75)	
--- Matthew Tuff	16	Hillingdon Swimming Club	5:11.12	DQ
33.88	1:14.04 (40.16)	1:51.73 (37.69)	2:29.10 (37.37)	
3:13.83 (44.73)	3:59.57 (45.74)	4:34.02 (34.45)	DQ (31.73)	

Event 3 Girls 9 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Poppy Chapple	9	Barnet Cophthall	3:13.56	3:03.83
40.14	1:29.13 (48.99)	2:21.96 (52.83)	3:03.83 (41.87)	
2 Bethany Barby	9	City of Milton Keynes	5:00.00	3:32.96
44.46	1:38.20 (53.74)	2:42.99 (1:04.79)	3:32.96 (49.97)	
3 Isabelle Dean	9	Barnet Cophthall	3:40.19	3:37.26
54.70	1:47.79 (53.09)	2:50.66 (1:02.87)	3:37.26 (46.60)	
4 Casey J Fisher	9	Hillingdon Swimming Club	4:05.00	3:37.89
55.08	1:48.90 (53.82)	2:48.89 (59.99)	3:37.89 (49.00)	
5	9	City of Milton Keynes	5:00.00	3:48.62
58.12	1:52.68 (54.56)	2:58.18 (1:05.50)	3:48.62 (50.44)	

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6	Georgia Tagg		9	Berkhamsted Sports Centre	NT	3:54.22
		1:53.02		3:03.39 (1:10.37)		3:53.84 (50.45)
						3:54.22 (0.38)
7	Yasmin Brand		9	Berkhamsted Sports Centre	NT	4:04.96
		59.67		1:57.88 (58.21)		3:05.80 (1:07.92)
						4:04.96 (59.16)
8	Freya Baggaley		9	City of Milton Keynes	5:00.00	4:08.92
		1:03.82		2:05.02 (1:01.20)		3:18.28 (1:13.26)
						4:08.92 (50.64)

Event 3 Girls 10 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time	
1	Akari Ishida	10	Barnet Cophthall	3:04.44	2:58.73	
		43.39		1:27.35 (43.96)		2:19.07 (51.72)
2	Anum Bandey	10	Barnet Cophthall	3:03.64	3:00.96	
		39.86		1:27.84 (47.98)		2:18.10 (50.26)
						3:00.96 (42.86)
3	Karis Fuller	10	Barnet Cophthall	2:59.99	3:01.06	
		43.15		1:28.14 (44.99)		2:20.41 (52.27)
						3:01.06 (40.65)
4	Erin Nabney	10	Barnet Cophthall	2:57.00	3:04.80	
		43.50		1:32.41 (48.91)		2:23.36 (50.95)
						3:04.80 (41.44)
5	Emily Bell	10	Barnet Cophthall	3:17.02	3:06.81	
		42.71		1:31.09 (48.38)		2:23.94 (52.85)
						3:06.81 (42.87)
6	Zoe Munkley	10	Hertsmere Flyers	3:13.54	3:09.47	
		43.19		1:32.52 (49.33)		2:28.22 (55.70)
						3:09.47 (41.25)
7	Lucy Barton	10	Chesham	3:23.50	3:13.85	
		50.01		1:41.51 (51.50)		2:32.16 (50.65)
						3:13.85 (41.69)
8	Eadaoin Vincent	10	Barnet Cophthall	3:21.08	3:16.76	
		47.72		1:34.08 (46.36)		2:33.86 (59.78)
						3:16.76 (42.90)
9	Mollie Whiteside	10	Barnet Cophthall	3:25.15	3:16.91	
		44.14		1:37.51 (53.37)		2:34.79 (57.28)
						3:16.91 (42.12)
10	Alexandra Lima	10	City of Milton Keynes	3:19.77	3:17.60	
		44.76		1:33.45 (48.69)		2:31.82 (58.37)
						3:17.60 (45.78)
11	Jodie Hare	10	Barnet Cophthall	3:25.37	3:19.60	
		41.31		1:33.66 (52.35)		2:34.51 (1:00.85)
						3:19.60 (45.09)
12	Imogen Shepherd	10	Wycombe District	3:34.65	3:25.44	
		47.56		1:39.97 (52.41)		2:40.95 (1:00.98)
						3:25.44 (44.49)
13	Issy Baxter	10	Wycombe District	3:40.00	3:27.03	
		49.65		1:41.32 (51.67)		2:43.67 (1:02.35)
						3:27.03 (43.36)
14	Chloe C Simmons	10	Hertsmere Flyers	3:25.00	3:31.91	
		48.30		1:40.34 (52.04)		2:46.43 (1:06.09)
						3:31.91 (45.48)
15	Vicki Tutt	10	Wycombe District	3:35.00	3:34.21	
		52.98		1:48.08 (55.10)		2:45.67 (57.59)
						3:34.21 (48.54)
16	Caitlin McGregor	10	Wycombe District	3:55.00	3:47.03	
		53.70		1:48.79 (55.09)		2:58.23 (1:09.44)
						3:47.03 (48.80)
17	Alice Weetman	10	City of Milton Keynes	3:37.20	3:49.90	
		51.10		1:44.33 (53.23)		3:00.68 (1:16.35)
						3:49.90 (49.22)
18	Katie Shaw	10	Berkhamsted Sports Centre	3:45.72	3:53.92	
		52.06		1:52.11 (1:00.05)		2:58.19 (1:06.08)
						3:53.92 (55.73)
19	Anna I Wernick	10	Barnet Cophthall	4:30.00	3:57.17	
		57.72		1:52.64 (54.92)		3:01.57 (1:08.93)
						3:57.17 (55.60)

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20	Emma Barnes	10	Berkhamsted Sports Centre	NT	3:58.05
	58.64	1:57.06 (58.42)	3:05.45 (1:08.39)	3:58.05 (52.60)	
21	Rosie Sims	10	Berkhamsted Sports Centre	4:03.40	3:58.90
		1:52.97 ()	3:04.46 (1:11.49)	3:58.90 (54.44)	
22	Tulsi Behl	10	Barnet Cophthall	4:25.00	4:09.74
	1:05.75	2:08.01 (1:02.26)	3:14.44 (1:06.43)	4:09.74 (55.30)	

Event 3 Girls 11 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	11	Barnet Cophthall	2:42.09	2:47.58
	37.25	1:21.14 (43.89)	2:09.06 (47.92)	2:47.58 (38.52)	
2	Jenny L Hirst	11	Hillingdon Swimming Club	3:03.66	2:58.72
	41.51	1:26.47 (44.96)	2:19.61 (53.14)	2:58.72 (39.11)	
3	Pascale Howell	11	Barnet Cophthall	3:11.44	3:02.35
	40.46	1:26.02 (45.56)	2:21.90 (55.88)	3:02.35 (40.45)	
4	Charlotte Jackson	11	Hillingdon Swimming Club	3:06.61	3:04.66
	43.13	1:29.85 (46.72)	2:25.02 (55.17)	3:04.66 (39.64)	
5	Sarah Sharp	11	Barnet Cophthall	3:08.19	3:05.17
	40.94	1:31.05 (50.11)	2:24.21 (53.16)	3:05.17 (40.96)	
6	Abigail Smith	11	Hertsmere Flyers	3:09.75	3:07.72
	40.96	1:29.72 (48.76)	2:28.61 (58.89)	3:07.72 (39.11)	
7	Malika Oyebola	11	Barnet Cophthall	3:21.20	3:12.50
	42.12	1:32.12 (50.00)	2:30.78 (58.66)	3:12.50 (41.72)	
8	Danielle Beaman	11	City of Milton Keynes	3:18.12	3:12.62
	46.01	1:33.69 (47.68)	2:31.21 (57.52)	3:12.62 (41.41)	
9	Esme Dove	11	Barnet Cophthall	3:16.27	3:14.73
	43.99	1:33.28 (49.29)	2:32.27 (58.99)	3:14.73 (42.46)	
10	Katie Tuff	11	Hillingdon Swimming Club	3:24.33	3:15.63
	45.03	1:34.33 (49.30)	2:34.61 (1:00.28)	3:15.63 (41.02)	
11	Charlotte Norman	11	Hillingdon Swimming Club	3:20.00	3:16.64
	47.00	1:32.47 (45.47)	2:32.57 (1:00.10)	3:16.64 (44.07)	
12	Laura Owen	11	Wycombe District	3:36.10	3:19.85
	48.74	1:43.28 (54.54)	2:38.03 (54.75)	3:19.85 (41.82)	
13	Kimberley Dixon	11	Barnet Cophthall	4:10.00	3:23.97
	49.48	1:41.47 (51.99)	2:34.18 (52.71)	3:23.97 (49.79)	
14	Sophie Peet	11	Barnet Cophthall	3:46.20	3:26.72
	55.84	1:44.53 (48.69)	2:44.70 (1:00.17)	3:26.72 (42.02)	
14	Georgina Izen	11	Hertsmere Flyers	3:56.89	3:26.72
	47.44	1:39.69 (52.25)	2:40.40 (1:00.71)	3:26.72 (46.32)	
16	Georgina G Brown	11	Hertsmere Flyers	3:25.00	3:35.17
	50.06	1:44.72 (54.66)	2:51.15 (1:06.43)	3:35.17 (44.02)	
17	Emma Becirovic	11	Barnet Cophthall	3:56.19	3:36.11
	48.02	1:42.97 (54.95)	2:49.10 (1:06.13)	3:36.11 (47.01)	
18	Safina Hardy	11	Barnet Cophthall	4:30.00	4:09.22
		2:08.08 ()	3:13.63 (1:05.55)	4:09.22 (55.59)	
---	Sophie Smith	11	Berkhamsted Sports Centre	3:49.71	DQ
	59.19	1:56.24 (57.05)	3:00.68 (1:04.44)	DQ (49.31)	

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---	Hazel Munn	11	City of Milton Keynes	3:06.56	DQ
	42.57	1:28.49 (45.92)	2:31.20 (1:02.71)	DQ (41.73)	
---	Jennie Imrie	11	Berkhamsted Sports Centre	NT	DQ
	1:01.07	2:02.49 (1:01.42)	3:14.98 (1:12.49)	DQ (56.43)	

Event 3 Girls 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Emma Joyce	12	City of Milton Keynes	2:42.77	2:38.91
	36.24	1:15.87 (39.63)	2:03.30 (47.43)	2:38.91 (35.61)	
2	Rebecca Marshall	12	City of Milton Keynes	2:42.97	2:40.41
	38.34	1:17.36 (39.02)	2:05.14 (47.78)	2:40.41 (35.27)	
3	Evie Lees	12	Wycombe District	2:55.63	2:53.00
	39.82	1:22.82 (43.00)	2:16.06 (53.24)	2:53.00 (36.94)	
4	Amy Barton	12	Chesham	2:52.84	2:53.34
	40.30	1:23.25 (42.95)	2:16.05 (52.80)	2:53.34 (37.29)	
5	Emily K Dean	12	Barnet Cophthall	2:53.12	2:54.50
	42.75	1:27.31 (44.56)	2:16.83 (49.52)	2:54.50 (37.67)	
6	Angelina Filippone	12	Barnet Cophthall	3:04.04	2:58.56
	41.48	1:27.12 (45.64)	2:20.24 (53.12)	2:58.56 (38.32)	
7	Fiona Shaw	12	Wycombe District	3:06.98	2:58.66
	40.53	1:26.20 (45.67)	2:19.78 (53.58)	2:58.66 (38.88)	
8	Caroline Wong	12	Barnet Cophthall	3:06.16	2:59.64
	41.04	1:26.67 (45.63)	2:20.33 (53.66)	2:59.64 (39.31)	
9	Valerie Boivin	12	Barnet Cophthall	3:18.10	3:02.66
	40.05	1:24.95 (44.90)	2:20.67 (55.72)	3:02.66 (41.99)	
10	Fiona Stringer	12	City of Milton Keynes	3:00.35	3:06.19
	45.80	1:30.74 (44.94)	2:27.60 (56.86)	3:06.19 (38.59)	
11	Molly Hogan	12	Barnet Cophthall	3:17.71	3:07.67
	43.81	1:31.64 (47.83)	2:24.72 (53.08)	3:07.67 (42.95)	
12	Georgina Harper	12	Wycombe District	3:19.67	3:12.02
	43.14	1:30.85 (47.71)	2:30.24 (59.39)	3:12.02 (41.78)	
13	Rachael Neal	12	Hillingdon Swimming Club	3:10.00	3:13.76
	42.85	1:30.62 (47.77)	2:31.75 (1:01.13)	3:13.76 (42.01)	
14	Victoria Dobbie	12	Berkhamsted Sports Centre	NT	3:36.82
	46.55	1:36.67 (50.12)	2:45.43 (1:08.76)	3:36.82 (51.39)	
15	Olivia Harpley	12	Barnet Cophthall	3:40.75	3:38.95
	52.16	1:49.27 (57.11)	2:49.08 (59.81)	3:38.95 (49.87)	
16	Linda Epstein	12	Barnet Cophthall	3:45.30	3:47.61
	56.98	1:53.90 (56.92)	2:26.63 (32.73)	3:47.61 (1:20.98)	
17	Marie Wallis	12	Berkhamsted Sports Centre	NT	3:49.64
	56.91	1:54.25 (57.34)	2:55.99 (1:01.74)	3:49.64 (53.65)	

Event 3 Girls 13 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Alice Butler	13	City of Milton Keynes	2:33.95	2:36.03
	33.41	1:11.97 (38.56)	2:00.33 (48.36)	2:36.03 (35.70)	
2	Emily Young	13	City of Milton Keynes	2:42.12	2:39.69
	36.29	1:15.69 (39.40)	2:04.63 (48.94)	2:39.69 (35.06)	

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3	Megan Hipkiss	13	Wycombe District	2:44.42	2:42.78
	35.42	1:19.49 (44.07)	2:07.37 (47.88)	2:42.78 (35.41)	
4	Rebekah Holden	13	Berkhamsted Sports Centre	2:52.16	2:55.05
	39.49	1:25.51 (46.02)	2:16.68 (51.17)	2:55.05 (38.37)	
5	Helena Soteriou	13	Barnet Cophthall	2:55.53	2:55.33
	40.89	1:25.50 (44.61)	2:18.46 (52.96)	2:55.33 (36.87)	
6	Ashling Baggaley	13	City of Milton Keynes	3:03.62	3:10.89
	49.66	1:34.23 (44.57)	2:32.62 (58.39)	3:10.89 (38.27)	

Event 3 Girls 14 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Jasmin Ballingall	15	Chesham	2:27.77	2:32.24
	33.36	1:12.81 (39.45)	1:57.52 (44.71)	2:32.24 (34.72)	
2	Jessy Millican	14	Chesham	2:46.57	2:42.32
	35.12	1:16.59 (41.47)	2:06.23 (49.64)	2:42.32 (36.09)	
3	Gemma Barby	14	City of Milton Keynes	3:05.54	2:57.62
	41.30	1:23.75 (42.45)	2:17.70 (53.95)	2:57.62 (39.92)	
4	Katie Stringer	14	City of Milton Keynes	3:24.50	3:03.31
	42.92	1:28.11 (45.19)	2:22.59 (54.48)	3:03.31 (40.72)	

Event 4 Boys 9 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	George Kapanadze	9	Barnet Cophthall	6:33.23	5:54.17
	38.97	1:23.20 (44.23)	2:08.31 (45.11)	2:52.80 (44.49)	
	3:38.99 (46.19)	4:24.20 (45.21)	5:08.93 (44.73)	5:54.17 (45.24)	
2	Leighton Jones	9	Hillingdon Swimming Club	7:00.00	6:22.57
	41.54	1:29.98 (48.44)	2:18.95 (48.97)	3:07.84 (48.89)	
	3:57.84 (50.00)	4:46.61 (48.77)	5:36.11 (49.50)	6:22.57 (46.46)	
3	Ryan Smith	9	City of Milton Keynes	7:56.00	6:28.33
	44.96	1:35.53 (50.57)	2:26.00 (50.47)	3:16.40 (50.40)	
	4:06.59 (50.19)	4:56.09 (49.50)	5:43.45 (47.36)	6:28.33 (44.88)	
4	Fabio Arricale	9	Barnet Cophthall	7:35.57	6:31.00
	43.70	1:33.00 (49.30)	2:22.87 (49.87)	3:12.02 (49.15)	
	4:02.16 (50.14)	4:52.76 (50.60)	5:41.77 (49.01)	6:31.00 (49.23)	
5	Michael Gill	9	Hillingdon Swimming Club	7:40.00	6:38.09
	45.57	1:35.67 (50.10)	2:27.68 (52.01)	3:20.00 (52.32)	
	4:10.71 (50.71)	5:02.16 (51.45)	5:53.34 (51.18)	6:38.09 (44.75)	
6	Lewis Ball	9	Wycombe District	7:15.00	6:47.84
	43.84	1:34.05 (50.21)	2:27.39 (53.34)	3:20.29 (52.90)	
	4:11.80 (51.51)	5:04.73 (52.93)	5:55.47 (50.74)	6:47.84 (52.37)	
7	Alexander Kapanadze	9	Barnet Cophthall	9:00.00	7:06.63
	42.49	1:38.04 (55.55)	2:31.96 (53.92)	3:27.52 (55.56)	
	4:22.65 (55.13)	5:18.02 (55.37)	6:12.82 (54.80)	7:06.63 (53.81)	
8	Hamish Hudson	9	Barnet Cophthall	7:41.14	7:07.07
	47.54	1:42.44 (54.90)	2:38.33 (55.89)	3:35.47 (57.14)	
	4:31.52 (56.05)	5:27.29 (55.77)	6:19.05 (51.76)	7:07.07 (48.02)	
9	Dominic Hogan	9	Barnet Cophthall	9:00.00	8:01.47
	48.07	1:47.36 (59.29)	2:48.94 (1:01.58)	3:53.71 (1:04.77)	
	4:55.81 (1:02.10)	5:59.53 (1:03.72)	7:04.60 (1:05.07)	8:01.47 (56.87)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 4 Boys 10 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Liam Jones	10	Wycombe District	5:36.05	5:27.79
36.28	1:17.52 (41.24)	2:00.43 (42.91)	2:42.37 (41.94)	
3:24.14 (41.77)	4:07.03 (42.89)	4:48.89 (41.86)	5:27.79 (38.90)	
2 Jamie Woodman	10	Hillingdon Swimming Club	5:34.67	5:35.88
36.75	1:18.29 (41.54)	2:00.27 (41.98)	2:43.52 (43.25)	
3:26.53 (43.01)	4:09.84 (43.31)	4:53.49 (43.65)	5:35.88 (42.39)	
3 Zach Shalovsky	10	Barnet Cophthall	6:02.84	5:39.39
38.36	1:22.83 (44.47)	2:05.76 (42.93)	2:49.10 (43.34)	
3:33.25 (44.15)	4:15.65 (42.40)	4:59.23 (43.58)	5:39.39 (40.16)	
4 Harry Jukes	10	Hillingdon Swimming Club	5:58.61	5:51.03
38.52	1:23.37 (44.85)	2:09.44 (46.07)	2:54.02 (44.58)	
3:39.22 (45.20)	4:24.12 (44.90)	5:08.36 (44.24)	5:51.03 (42.67)	
5 Jasper Copp	10	Chesham	6:08.44	6:02.68
39.24	1:24.91 (45.67)	2:11.31 (46.40)	2:58.37 (47.06)	
3:46.07 (47.70)	4:33.77 (47.70)	5:20.42 (46.65)	6:02.68 (42.26)	
6 David Howard	10	Wycombe District	6:22.87	6:03.94
39.33	1:25.55 (46.22)	2:12.63 (47.08)	2:58.75 (46.12)	
3:45.97 (47.22)	4:33.47 (47.50)	5:21.18 (47.71)	6:03.94 (42.76)	
7 George Prunty	10	Hillingdon Swimming Club	6:20.69	6:04.73
40.79	1:27.10 (46.31)	2:15.33 (48.23)	3:03.47 (48.14)	
3:50.63 (47.16)	4:37.14 (46.51)	5:22.78 (45.64)	6:04.73 (41.95)	
8 Charlie Turner	10	Barnet Cophthall	6:52.70	6:11.25
39.66	1:25.12 (45.46)	2:11.67 (46.55)	3:00.83 (49.16)	
3:48.66 (47.83)	4:36.16 (47.50)	5:23.48 (47.32)	6:11.25 (47.77)	
9 Danny Nelson	10	Hillingdon Swimming Club	6:25.00	6:23.57
40.58	1:28.82 (48.24)	2:18.48 (49.66)	3:08.28 (49.80)	
3:58.41 (50.13)	4:48.41 (50.00)	5:37.48 (49.07)	6:23.57 (46.09)	
10 Harry Jackson	10	Hillingdon Swimming Club	6:40.00	6:23.79
40.80	1:27.61 (46.81)	2:17.43 (49.82)	3:06.63 (49.20)	
3:56.18 (49.55)	4:46.58 (50.40)	5:37.79 (51.21)	6:23.79 (46.00)	
11 Adam A Colyer	10	Hertsmere Flyers	7:49.00	6:26.56
42.37	1:30.65 (48.28)	2:19.36 (48.71)	3:11.04 (51.68)	
4:01.51 (50.47)	4:53.62 (52.11)	5:40.70 (47.08)	6:26.56 (45.86)	
12 Arthur Stone	10	Hillingdon Swimming Club	6:20.00	6:26.85
41.09	1:29.63 (48.54)	2:20.05 (50.42)	3:08.09 (48.04)	
3:57.57 (49.48)	4:49.01 (51.44)	5:39.29 (50.28)	6:26.85 (47.56)	
13 Aidan Doherty	10	Barnet Cophthall	9:30.00	6:30.11
41.27	1:30.03 (48.76)	2:18.90 (48.87)	3:09.71 (50.81)	
4:00.27 (50.56)	4:50.98 (50.71)	5:42.59 (51.61)	6:30.11 (47.52)	
14 Jordan Fairclough	10	Hillingdon Swimming Club	6:42.39	6:38.16
43.65	1:35.07 (51.42)	2:26.66 (51.59)	3:17.98 (51.32)	
4:09.08 (51.10)	5:01.02 (51.94)	5:52.74 (51.72)	6:38.16 (45.42)	
15 Panayiotis Panteli	10	Barnet Cophthall	7:19.68	7:27.57
	1:40.29 ()	2:37.62 (57.33)	3:34.82 (57.20)	
4:34.06 (59.24)	5:33.94 (59.88)	6:31.56 (57.62)	7:27.57 (56.01)	
--- Sarah Harrington	10	Hillingdon Swimming Club	NT	X5:36.00
36.36	1:17.93 (41.57)	2:00.75 (42.82)	2:43.77 (43.02)	
3:27.08 (43.31)	4:10.56 (43.48)	4:51.48 (40.92)	5:36.00 (44.52)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 4 Boys 11 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Jamie Richter	11	Barnet Cophthall	5:11.56	5:01.53
34.99	1:12.78 (37.79)	1:51.04 (38.26)	2:29.52 (38.48)	
3:07.61 (38.09)	3:45.80 (38.19)	4:23.78 (37.98)	5:01.53 (37.75)	
2 Yaron Ash	11	Hertsmere Flyers	5:21.33	5:08.24
34.24	1:12.35 (38.11)	1:51.40 (39.05)	2:32.07 (40.67)	
3:10.88 (38.81)	3:50.85 (39.97)	4:30.71 (39.86)	5:08.24 (37.53)	
3 Elliot Moulder	11	City of Milton Keynes	5:25.68	5:19.93
36.86	1:16.68 (39.82)	1:57.61 (40.93)	2:38.98 (41.37)	
3:20.55 (41.57)	4:01.06 (40.51)	4:41.86 (40.80)	5:19.93 (38.07)	
4 Curtis Coleman	11	Barnet Cophthall	5:23.81	5:22.16
36.50	1:16.20 (39.70)	1:56.75 (40.55)	2:37.32 (40.57)	
3:18.49 (41.17)	4:00.63 (42.14)	4:41.74 (41.11)	5:22.16 (40.42)	
5 Callum C Mitchell	11	Hillingdon Swimming Club	5:30.00	5:28.55
36.70	1:17.80 (41.10)	1:59.38 (41.58)	2:41.60 (42.22)	
3:24.10 (42.50)	4:06.93 (42.83)	4:49.17 (42.24)	5:28.55 (39.38)	
6 Fravash Bilimoria	11	Hillingdon Swimming Club	5:41.94	5:29.80
35.70	1:16.51 (40.81)	1:58.53 (42.02)	2:40.30 (41.77)	
3:23.45 (43.15)	4:07.11 (43.66)	4:49.39 (42.28)	5:29.80 (40.41)	
7 George Sadler	11	Hillingdon Swimming Club	5:40.00	5:39.95
37.09	1:19.88 (42.79)	2:02.85 (42.97)	2:45.48 (42.63)	
3:30.07 (44.59)	4:13.32 (43.25)	4:58.12 (44.80)	5:39.95 (41.83)	
8 Josh Pointer	11	Barnet Cophthall	6:05.46	5:42.47
37.86	1:20.60 (42.74)	2:04.29 (43.69)	2:48.31 (44.02)	
3:32.04 (43.73)	4:15.67 (43.63)	5:00.77 (45.10)	5:42.47 (41.70)	
9 Aris Savva	11	Barnet Cophthall	7:40.30	5:48.21
39.66	1:23.84 (44.18)	2:08.58 (44.74)	2:54.08 (45.50)	
3:40.44 (46.36)	4:23.16 (42.72)	5:06.71 (43.55)	5:48.21 (41.50)	
10 Joel Perrett	11	Hillingdon Swimming Club	6:01.08	5:48.44
38.43	1:23.61 (45.18)	2:08.89 (45.28)	2:53.66 (44.77)	
3:38.57 (44.91)	4:24.56 (45.99)	5:08.02 (43.46)	5:48.44 (40.42)	
11 Adam Nash	11	Hertsmere Flyers	6:43.00	5:55.46
39.86	1:24.29 (44.43)	2:09.75 (45.46)	2:54.86 (45.11)	
3:41.36 (46.50)	4:27.73 (46.37)	5:13.36 (45.63)	5:55.46 (42.10)	
12 Liam Chong	11	Barnet Cophthall	6:09.86	5:55.53
39.00	1:22.75 (43.75)	2:07.57 (44.82)	2:53.54 (45.97)	
3:40.18 (46.64)	4:26.24 (46.06)	5:12.37 (46.13)	5:55.53 (43.16)	
13 Nicolas Gore	11	Hillingdon Swimming Club	6:11.71	5:56.82
38.20	1:23.34 (45.14)	2:10.27 (46.93)	2:56.06 (45.79)	
3:41.72 (45.66)	4:27.99 (46.27)	5:14.29 (46.30)	5:56.82 (42.53)	
14 Lewis Newman	11	Hillingdon Swimming Club	6:15.00	6:06.21
38.42	1:24.27 (45.85)	2:11.37 (47.10)	2:58.84 (47.47)	
3:47.32 (48.48)	4:36.82 (49.50)	5:23.54 (46.72)	6:06.21 (42.67)	
15 Aaron Fryer	11	Barnet Cophthall	6:25.00	6:09.98
39.81	1:27.30 (47.49)	2:15.10 (47.80)	3:03.21 (48.11)	
3:51.85 (48.64)	4:39.34 (47.49)	5:26.96 (47.62)	6:09.98 (43.02)	
16 Matthew Lee	11	Barnet Cophthall	6:58.01	6:29.89
39.66	1:26.52 (46.86)	2:15.66 (49.14)	3:05.82 (50.16)	
3:55.80 (49.98)	4:47.62 (51.82)	5:39.18 (51.56)	6:29.89 (50.71)	
17 Xerxes Panthakee	11	Barnet Cophthall	8:00.00	7:30.95
46.88	1:41.69 (54.81)	2:37.66 (55.97)	3:36.58 (58.92)	
4:35.44 (58.86)	5:33.18 (57.74)	6:28.59 (55.41)	7:30.95 (1:02.36)	

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18	Stephen McKenzie	11	Barnet Cophthall	8:59.54	7:52.02
	47.34	1:46.02 (58.68)	2:47.28 (1:01.26)	3:48.23 (1:00.95)	
	4:50.50 (1:02.27)	5:51.35 (1:00.85)	6:53.57 (1:02.22)	7:52.02 (58.45)	
19	Jasper Wong	11	Barnet Cophthall	8:20.00	7:59.94
	48.32	1:45.16 (56.84)	2:46.61 (1:01.45)	3:51.88 (1:05.27)	
	4:55.95 (1:04.07)	5:59.61 (1:03.66)	7:01.70 (1:02.09)	7:59.94 (58.24)	

Event 4 Boys 12 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	William Rea	12	Chesham	5:06.73	4:43.00
	30.69	1:05.33 (34.64)	1:42.43 (37.10)	2:20.31 (37.88)	
	2:57.17 (36.86)	3:33.29 (36.12)	4:09.82 (36.53)	4:43.00 (33.18)	
2	Adam J Wood	12	Hillingdon Swimming Club	4:50.00	4:47.62
	32.79	1:08.68 (35.89)	1:45.80 (37.12)	2:22.50 (36.70)	
	2:59.59 (37.09)	3:36.46 (36.87)	4:12.82 (36.36)	4:47.62 (34.80)	
3	George Carter	12	Barnet Cophthall	4:54.05	4:51.83
	33.25	1:09.54 (36.29)	1:46.58 (37.04)	2:23.74 (37.16)	
	3:00.90 (37.16)	3:38.30 (37.40)	4:15.65 (37.35)	4:51.83 (36.18)	
4	Hugo Cliff	12	Barnet Cophthall	5:00.93	4:54.95
	32.58	1:09.24 (36.66)	1:47.30 (38.06)	2:25.74 (38.44)	
	3:04.65 (38.91)	3:42.83 (38.18)	4:20.74 (37.91)	4:54.95 (34.21)	
5	Michael A Fernandes	12	Barnet Cophthall	4:56.09	4:58.04
	32.36	1:09.20 (36.84)	1:46.82 (37.62)	2:24.99 (38.17)	
	3:03.54 (38.55)	3:42.37 (38.83)	4:20.50 (38.13)	4:58.04 (37.54)	
6	Adam J Prunty	12	Hillingdon Swimming Club	5:14.36	5:02.72
	34.43	1:12.72 (38.29)	1:51.53 (38.81)	2:30.08 (38.55)	
	3:08.50 (38.42)	3:46.79 (38.29)	4:25.70 (38.91)	5:02.72 (37.02)	
7	Lucas Navarro	12	Hillingdon Swimming Club	5:25.21	5:16.46
	35.67	1:15.59 (39.92)	1:56.48 (40.89)	2:37.40 (40.92)	
	3:17.84 (40.44)	3:58.18 (40.34)	4:38.78 (40.60)	5:16.46 (37.68)	
8	Bradley Doherty	12	Barnet Cophthall	5:24.92	5:19.19
	34.57	1:13.67 (39.10)	1:54.00 (40.33)	2:34.20 (40.20)	
	3:15.63 (41.43)	3:56.88 (41.25)	4:38.53 (41.65)	5:19.19 (40.66)	
9	Mitchell Green	12	Wycombe District	5:27.58	5:19.88
	35.95	1:15.26 (39.31)	1:56.00 (40.74)	2:37.36 (41.36)	
	3:18.54 (41.18)	3:59.99 (41.45)	4:41.55 (41.56)	5:19.88 (38.33)	
10	Adam Hill	12	Griffins	5:37.07	5:28.36
	36.84	1:18.83 (41.99)	2:00.50 (41.67)	2:43.91 (43.41)	
	3:25.46 (41.55)	4:08.16 (42.70)	4:50.76 (42.60)	5:28.36 (37.60)	
11	James McGowan	12	Hillingdon Swimming Club	6:23.77	5:38.59
	37.15	1:18.09 (40.94)	2:01.11 (43.02)	2:44.08 (42.97)	
	3:28.06 (43.98)	4:11.48 (43.42)	4:55.71 (44.23)	5:38.59 (42.88)	
12	Alex Bramley	12	Berkhamsted Sports Centre	6:59.71	6:16.15
	38.42	1:24.07 (45.65)	2:12.44 (48.37)	3:01.69 (49.25)	
	3:51.19 (49.50)	4:41.90 (50.71)	5:28.34 (46.44)	6:16.15 (47.81)	
13	Thomas Patel	12	Berkhamsted Sports Centre	NT	7:12.53
	43.50	1:37.41 (53.91)	2:33.05 (55.64)	3:29.21 (56.16)	
	4:25.68 (56.47)	5:22.20 (56.52)	6:19.03 (56.83)	7:12.53 (53.50)	

Event 4 Boys 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Jay Munkley	13	Hertsmere Flyers	4:42.95	4:44.79
		1:06.31 ()	1:42.44 (36.13)	2:19.00 (36.56)	
	2:55.66 (36.66)	3:32.90 (37.24)	4:10.09 (37.19)	4:44.79 (34.70)	

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2	Marco Navarro	13	Hillingdon Swimming Club	5:09.73	5:03.94
	33.63	1:11.53 (37.90)	1:49.98 (38.45)	2:28.92 (38.94)	
	3:07.70 (38.78)	3:46.90 (39.20)	4:26.25 (39.35)	5:03.94 (37.69)	
3	Akil Philip-Forde	13	Barnet Cophthall	5:20.00	5:08.66
	35.03	1:13.36 (38.33)	1:52.58 (39.22)	2:31.93 (39.35)	
	3:11.79 (39.86)	3:51.98 (40.19)	4:31.49 (39.51)	5:08.66 (37.17)	
4	Will Stokes	13	Berkhamsted Sports Centre	5:22.33	5:09.54
	33.26	1:11.53 (38.27)	1:52.21 (40.68)	2:33.10 (40.89)	
	3:13.84 (40.74)	3:54.50 (40.66)	4:33.49 (38.99)	5:09.54 (36.05)	
5	Manasseh R Dalton-Brown	13	Barnet Cophthall	5:25.00	5:09.71
	34.09	1:12.73 (38.64)	1:52.52 (39.79)	2:32.72 (40.20)	
	3:13.09 (40.37)	3:52.80 (39.71)	4:33.16 (40.36)	5:09.71 (36.55)	
6	Kris Hunt	13	City of Milton Keynes	5:11.39	5:12.32
	35.09	1:14.63 (39.54)	1:55.18 (40.55)	2:35.16 (39.98)	
	3:14.78 (39.62)	3:54.32 (39.54)	4:34.25 (39.93)	5:12.32 (38.07)	
7	Ben Millican	13	Chesham	5:07.08	5:16.48
	34.35	1:14.21 (39.86)	1:54.78 (40.57)	2:35.17 (40.39)	
	3:15.58 (40.41)	3:56.99 (41.41)	4:38.03 (41.04)	5:16.48 (38.45)	
8	Shane Coulson	13	Berkhamsted Sports Centre	6:40.46	6:31.88
	40.35	1:26.79 (46.44)	2:16.04 (49.25)	3:07.28 (51.24)	
	3:58.98 (51.70)	4:51.56 (52.58)	5:44.19 (52.63)	6:31.88 (47.69)	

Event 4 Boys 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Adam Goode	16	City of Milton Keynes	4:29.15	4:23.74
	30.15	1:03.09 (32.94)	1:36.25 (33.16)	2:10.20 (33.95)	
	2:43.79 (33.59)	3:17.47 (33.68)	3:50.77 (33.30)	4:23.74 (32.97)	
2	Matthew Tuff	16	Hillingdon Swimming Club	4:26.66	4:24.61
	29.67	1:02.23 (32.56)	1:35.89 (33.66)	2:09.86 (33.97)	
	2:44.07 (34.21)	3:18.17 (34.10)	3:52.24 (34.07)	4:24.61 (32.37)	
3	Oliver J Green	16	Hillingdon Swimming Club	4:32.39	4:28.22
	29.83	1:02.93 (33.10)	1:36.80 (33.87)	2:11.25 (34.45)	
	2:45.77 (34.52)	3:20.42 (34.65)	3:54.91 (34.49)	4:28.22 (33.31)	
4	Christopher Cox	14	Hertsmere Flyers	4:35.65	4:29.38
	30.05	1:03.00 (32.95)	1:37.04 (34.04)	2:11.13 (34.09)	
	2:46.30 (35.17)	3:21.41 (35.11)	3:55.98 (34.57)	4:29.38 (33.40)	
5	James A Williamson	16	Hillingdon Swimming Club	4:36.00	4:31.14
	30.70	1:04.69 (33.99)	1:39.07 (34.38)	2:14.03 (34.96)	
	2:48.83 (34.80)	3:23.68 (34.85)	3:58.23 (34.55)	4:31.14 (32.91)	
6	Sam Munkley	16	Hertsmere Flyers	4:35.15	4:38.20
	29.95	1:03.93 (33.98)	1:38.30 (34.37)	2:13.72 (35.42)	
	2:49.52 (35.80)	3:25.96 (36.44)	4:02.55 (36.59)	4:38.20 (35.65)	
7	Ricky G James	16	Hillingdon Swimming Club	4:48.86	4:39.38
	31.66	1:07.06 (35.40)	1:43.13 (36.07)	2:18.86 (35.73)	
	2:54.42 (35.56)	3:30.62 (36.20)	4:06.06 (35.44)	4:39.38 (33.32)	
8	Ian Goode	18	City of Milton Keynes	4:39.39	4:40.55
	30.69	1:04.49 (33.80)	1:39.94 (35.45)	2:16.19 (36.25)	
	2:52.06 (35.87)	3:28.25 (36.19)	4:04.84 (36.59)	4:40.55 (35.71)	
9	Alastair Dawson	14	Chesham	4:44.05	4:41.90
	32.21	1:07.75 (35.54)	1:44.60 (36.85)	2:20.60 (36.00)	
	2:56.83 (36.23)	3:32.97 (36.14)	4:08.60 (35.63)	4:41.90 (33.30)	
10	Jack Diggins	15	Hillingdon Swimming Club	4:47.99	4:43.55
	32.16	1:08.22 (36.06)	1:44.66 (36.44)	2:21.15 (36.49)	
	2:57.87 (36.72)	3:34.14 (36.27)	4:10.13 (35.99)	4:43.55 (33.42)	

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11	Nicolas A Smith	15	Hillingdon Swimming Club	4:48.56	4:43.92
	32.14	1:08.20 (36.06)	1:44.85 (36.65)	2:21.78 (36.93)	
	2:58.39 (36.61)	3:34.96 (36.57)	4:11.11 (36.15)	4:43.92 (32.81)	
12	Adam Kuo	15	Hertsmere Flyers	4:56.07	4:46.74
	31.65	1:06.86 (35.21)	1:43.56 (36.70)	2:19.99 (36.43)	
	2:56.34 (36.35)	3:33.32 (36.98)	4:10.91 (37.59)	4:46.74 (35.83)	
13	Tom Randall	14	Hillingdon Swimming Club	4:49.90	4:47.60
	32.85	1:08.67 (35.82)	1:45.40 (36.73)	2:22.27 (36.87)	
	2:59.09 (36.82)	3:36.37 (37.28)	4:12.44 (36.07)	4:47.60 (35.16)	
14	Faisal M Bhatti	14	Hillingdon Swimming Club	4:50.11	4:53.72
	32.12	1:08.58 (36.46)	1:46.14 (37.56)	2:23.70 (37.56)	
	3:01.14 (37.44)	3:39.08 (37.94)	4:16.92 (37.84)	4:53.72 (36.80)	
15	Peter C Smart	14	Hillingdon Swimming Club	5:00.00	5:02.84
	33.20	1:11.93 (38.73)	1:50.77 (38.84)	2:30.05 (39.28)	
	3:08.69 (38.64)	3:47.59 (38.90)	4:26.64 (39.05)	5:02.84 (36.20)	
16	Mike Imrie	14	Berkhamsted Sports Centre	6:03.61	6:01.25
	36.83	1:20.00 (43.17)	2:06.24 (46.24)	2:53.29 (47.05)	
	3:39.72 (46.43)	4:27.76 (48.04)	5:16.05 (48.29)	6:01.25 (45.20)	

Event 5 Girls 9 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Poppy Chapple	9	Barnet Cophthall	6:45.00	6:23.62
	41.70	1:31.03 (49.33)	2:21.32 (50.29)	3:10.71 (49.39)	
	4:03.77 (53.06)	4:56.84 (53.07)	5:41.70 (44.86)	6:23.62 (41.92)	
2	Paige Mann	9	Hillingdon Swimming Club	6:48.99	6:53.09
	50.34	1:51.57 (1:01.23)	2:41.77 (50.20)	3:31.76 (49.99)	
	4:27.84 (56.08)	5:24.45 (56.61)	6:09.91 (45.46)	6:53.09 (43.18)	

Event 5 Girls 10 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Sarah Harrington	10	Hillingdon Swimming Club	6:40.00	6:06.56
	40.73	1:29.01 (48.28)	2:14.19 (45.18)	3:00.09 (45.90)	
	3:52.61 (52.52)	4:43.76 (51.15)	5:26.21 (42.45)	6:06.56 (40.35)	
2	Karis Fuller	10	Barnet Cophthall	6:35.60	6:07.50
	42.90	1:32.82 (49.92)	2:18.56 (45.74)	3:02.49 (43.93)	
	3:54.65 (52.16)	4:47.52 (52.87)	5:29.35 (41.83)	6:07.50 (38.15)	
3	Anum Bandey	10	Barnet Cophthall	6:36.72	6:10.68
	43.54	1:32.60 (49.06)	2:18.70 (46.10)	3:06.61 (47.91)	
	3:55.93 (49.32)	4:47.23 (51.30)	5:29.00 (41.77)	6:10.68 (41.68)	
4	Akari Ishida	10	Barnet Cophthall	6:36.70	6:16.06
	44.31	1:34.89 (50.58)	2:18.90 (44.01)	3:03.52 (44.62)	
	3:56.60 (53.08)	4:51.30 (54.70)	5:34.42 (43.12)	6:16.06 (41.64)	
5	Emily Bell	10	Barnet Cophthall	8:00.00	6:32.38
	46.54	1:38.98 (52.44)	2:28.05 (49.07)	3:17.21 (49.16)	
	4:10.94 (53.73)	5:06.86 (55.92)	5:49.21 (42.35)	6:32.38 (43.17)	
6	Lorraine Bouch	10	Hillingdon Swimming Club	6:26.85	6:34.16
	44.94	1:40.36 (55.42)	2:30.53 (50.17)	3:20.01 (49.48)	
	4:11.66 (51.65)	5:06.50 (54.84)	5:52.53 (46.03)	6:34.16 (41.63)	
7	Erin Nabney	10	Barnet Cophthall	6:35.00	6:48.22
	49.93	1:52.51 (1:02.58)	2:42.73 (50.22)	3:32.64 (49.91)	
	4:26.82 (54.18)	5:21.69 (54.87)	6:06.24 (44.55)	6:48.22 (41.98)	
8	Alexandra Lima	10	City of Milton Keynes	7:01.28	6:49.88
	45.42	1:41.40 (55.98)	2:31.77 (50.37)	3:22.27 (50.50)	
	4:20.94 (58.67)	5:19.80 (58.86)	6:04.28 (44.48)	6:49.88 (45.60)	

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9	Mollie Whiteside	10	Barnet Cophthall	7:26.00	6:50.72
	46.42	1:43.08 (56.66)	2:35.74 (52.66)	3:28.14 (52.40)	
	4:25.14 (57.00)	5:23.09 (57.95)	6:09.20 (46.11)	6:50.72 (41.52)	
10	Eadaoin Vincent	10	Barnet Cophthall	7:23.89	6:52.56
	49.66	1:50.06 (1:00.40)	2:36.72 (46.66)	3:25.47 (48.75)	
	4:23.97 (58.50)	5:23.15 (59.18)	6:08.28 (45.13)	6:52.56 (44.28)	
11	Jodie Hare	10	Barnet Cophthall	8:02.00	7:12.52
	44.97	1:39.21 (54.24)	2:35.11 (55.90)	3:29.55 (54.44)	
	4:34.42 (1:04.87)	5:36.65 (1:02.23)	6:24.55 (47.90)	7:12.52 (47.97)	

Event 5 Girls 11 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	11	Barnet Cophthall	5:36.52	5:58.10
	40.31	1:26.49 (46.18)	2:13.65 (47.16)	2:59.30 (45.65)	
	3:49.84 (50.54)	4:39.63 (49.79)	5:19.63 (40.00)	5:58.10 (38.47)	
2	Jaycee Sibley	11	Hillingdon Swimming Club	6:08.49	5:59.23
	40.69	1:30.27 (49.58)	2:12.83 (42.56)	2:56.19 (43.36)	
	3:49.04 (52.85)	4:42.44 (53.40)	5:21.83 (39.39)	5:59.23 (37.40)	
3	Sarah Procter	11	Hillingdon Swimming Club	6:15.00	5:59.42
	38.12	1:24.54 (46.42)	2:10.52 (45.98)	2:55.44 (44.92)	
	3:45.17 (49.73)	4:36.65 (51.48)	5:19.37 (42.72)	5:59.42 (40.05)	
4	Kate Wilson	11	Hillingdon Swimming Club	6:25.00	6:08.02
	38.36	1:24.61 (46.25)	2:10.30 (45.69)	2:56.83 (46.53)	
	3:50.02 (53.19)	4:44.03 (54.01)	5:27.51 (43.48)	6:08.02 (40.51)	
5	Kirsten Baggaley	11	City of Milton Keynes	6:25.58	6:12.64
	42.75	1:31.96 (49.21)	2:17.49 (45.53)	3:02.83 (45.34)	
	3:58.13 (55.30)	4:52.59 (54.46)	5:33.84 (41.25)	6:12.64 (38.80)	
6	Holly Esson	11	Hillingdon Swimming Club	6:30.00	6:12.65
	44.75	1:36.88 (52.13)	2:23.71 (46.83)	3:10.39 (46.68)	
	4:01.79 (51.40)	4:54.11 (52.32)	5:34.63 (40.52)	6:12.65 (38.02)	
7	Fiona McAndrew	11	Hillingdon Swimming Club	6:56.30	6:14.35
	45.58	1:37.43 (51.85)	2:24.54 (47.11)	3:12.77 (48.23)	
	4:02.97 (50.20)	4:53.50 (50.53)	5:34.98 (41.48)	6:14.35 (39.37)	
8	Imogen Atkinson	11	City of Milton Keynes	6:42.00	6:17.55
	45.92	1:41.87 (55.95)	2:25.76 (43.89)	3:10.58 (44.82)	
	4:03.72 (53.14)	4:57.13 (53.41)	5:38.11 (40.98)	6:17.55 (39.44)	
9	Pascale Howell	11	Barnet Cophthall	6:36.89	6:26.05
	43.59	1:34.99 (51.40)	2:22.69 (47.70)	3:11.04 (48.35)	
	4:08.90 (57.86)	5:05.12 (56.22)	5:46.59 (41.47)	6:26.05 (39.46)	
10	Sarah Sharp	11	Barnet Cophthall	6:39.67	6:26.75
	43.44	1:33.28 (49.84)	2:22.76 (49.48)	3:12.19 (49.43)	
	4:05.61 (53.42)	5:00.53 (54.92)	5:46.53 (46.00)	6:26.75 (40.22)	
11	Abigail Smith	11	Hertsmeres Flyers	6:33.37	6:28.89
	42.50	1:32.43 (49.93)	2:22.38 (49.95)	3:12.39 (50.01)	
	4:09.99 (57.60)	5:08.39 (58.40)	5:49.40 (41.01)	6:28.89 (39.49)	
12	Hazel Munn	11	City of Milton Keynes	6:36.30	6:33.33
	43.52	1:34.08 (50.56)	2:21.06 (46.98)	3:06.48 (45.42)	
	4:08.31 (1:01.83)	5:11.01 (1:02.70)	5:53.13 (42.12)	6:33.33 (40.20)	
13	Danielle Beaman	11	City of Milton Keynes	6:53.36	6:45.55
	48.03	1:47.97 (59.94)	2:37.10 (49.13)	3:26.01 (48.91)	
	4:24.97 (58.96)	5:19.66 (54.69)	6:03.41 (43.75)	6:45.55 (42.14)	
14	Malika Oyebola	11	Barnet Cophthall	6:58.00	6:48.58
	46.00	1:44.10 (58.10)	2:32.41 (48.31)	3:23.46 (51.05)	
	4:23.13 (59.67)	5:21.40 (58.27)	6:06.42 (45.02)	6:48.58 (42.16)	

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15	Hannah Page	11	Hillingdon Swimming Club	6:30.54	6:50.99
	49.46	1:50.12 (1:00.66)	2:37.64 (47.52)	3:27.17 (49.53)	
	4:25.04 (57.87)	5:24.68 (59.64)	6:07.61 (42.93)	6:50.99 (43.38)	
16	Katie Cannon	11	Wycombe District	7:10.00	6:51.82
	43.89	1:40.55 (56.66)	2:30.63 (50.08)	3:19.36 (48.73)	
	4:20.56 (1:01.20)	5:19.92 (59.36)	6:06.58 (46.66)	6:51.82 (45.24)	
17	Esme Dove	11	Barnet Cophthall	7:15.00	6:56.18
	46.95	1:43.31 (56.36)	2:34.15 (50.84)	3:27.16 (53.01)	
	4:24.95 (57.79)	5:27.64 (1:02.69)	6:11.33 (43.69)	6:56.18 (44.85)	
18	Rebecca Jenner-Martin	11	City of Milton Keynes	7:30.14	7:12.99
	52.55	1:54.46 (1:01.91)	2:47.17 (52.71)	3:40.57 (53.40)	
	4:38.96 (58.39)	5:38.30 (59.34)	6:25.67 (47.37)	7:12.99 (47.32)	

Event 5 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Karley J Mann	12	Hillingdon Swimming Club	5:22.09	5:13.38
	34.50	1:13.11 (38.61)	1:52.19 (39.08)	2:31.48 (39.29)
	3:17.27 (45.79)	4:02.47 (45.20)	4:37.83 (35.36)	5:13.38 (35.55)
2 Emma Joyce	12	City of Milton Keynes	5:39.77	5:27.79
	37.25	1:17.11 (39.86)	1:58.59 (41.48)	2:40.67 (42.08)
	3:27.17 (46.50)	4:16.74 (49.57)	4:52.13 (35.39)	5:27.79 (35.66)
3 Rebecca Marshall	12	City of Milton Keynes	5:38.48	5:39.21
	38.17	1:24.44 (46.27)	2:04.43 (39.99)	2:44.74 (40.31)
	3:33.76 (49.02)	4:23.66 (49.90)	5:01.65 (37.99)	5:39.21 (37.56)
4 Shannen Fisher	12	Hillingdon Swimming Club	6:03.61	5:47.09
	39.22	1:25.29 (46.07)	2:09.15 (43.86)	2:51.73 (42.58)
	3:41.69 (49.96)	4:30.19 (48.50)	5:09.39 (39.20)	5:47.09 (37.70)
5 Emily K Dean	12	Barnet Cophthall	5:59.69	6:01.53
	41.81	1:31.21 (49.40)	2:15.18 (43.97)	2:59.44 (44.26)
	3:50.49 (51.05)	4:44.00 (53.51)	5:23.37 (39.37)	6:01.53 (38.16)
6 Bethany J Ellison-Perrett	12	Hillingdon Swimming Club	6:11.51	6:03.90
	40.30	1:25.00 (44.70)	2:12.97 (47.97)	3:00.21 (47.24)
	3:52.57 (52.36)	4:46.11 (53.54)	5:26.46 (40.35)	6:03.90 (37.44)
7 Lucy J Taplin	12	Hillingdon Swimming Club	6:12.25	6:04.58
	43.12	1:33.68 (50.56)	2:18.19 (44.51)	3:02.16 (43.97)
	3:54.28 (52.12)	4:46.08 (51.80)	5:26.49 (40.41)	6:04.58 (38.09)
8 Angelina Filippone	12	Barnet Cophthall	7:04.96	6:11.33
	44.29	1:36.02 (51.73)	2:19.11 (43.09)	3:02.40 (43.29)
	3:58.72 (56.32)	4:53.42 (54.70)	5:32.96 (39.54)	6:11.33 (38.37)
9 Caroline Wong	12	Barnet Cophthall	7:04.96	6:17.64
	41.50	1:31.27 (49.77)	2:18.13 (46.86)	3:04.20 (46.07)
	3:58.39 (54.19)	4:53.34 (54.95)	5:35.83 (42.49)	6:17.64 (41.81)
10 Valerie Boivin	12	Barnet Cophthall	7:15.00	6:25.87
	41.43	2:20.22 ()	3:08.50 (48.28)	3:08.50 (48.28)
	4:02.68 (54.18)	4:59.09 (56.41)	5:43.84 (44.75)	6:25.87 (42.03)
11 Fiona Stringer	12	City of Milton Keynes	6:32.08	6:36.94
	47.48	1:45.85 (58.37)	2:31.91 (46.06)	3:18.91 (47.00)
	4:15.92 (57.01)	5:13.40 (57.48)	5:55.28 (41.88)	6:36.94 (41.66)
12 Georgina Harper	12	Wycombe District	6:58.00	6:48.57
	46.33	1:43.15 (56.82)	2:33.78 (50.63)	3:22.23 (48.45)
	4:21.87 (59.64)	5:21.99 (1:00.12)	6:05.87 (43.88)	6:48.57 (42.70)
13 Abbie Barnes	12	Berkhamsted Sports Centre	7:14.00	6:59.06
	46.41	1:48.73 (1:02.32)	2:37.89 (49.16)	3:29.68 (51.79)
	4:27.53 (57.85)	5:27.23 (59.70)	6:15.06 (47.83)	6:59.06 (44.00)

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---	Molly Hogan	12	Barnet Cophthall	6:45.00	DQ
	43.18	1:35.87 (52.69)	2:27.17 (51.30)	3:16.85 (49.68)	
	4:10.12 (53.27)	5:04.86 (54.74)	5:51.10 (46.24)	DQ (44.87)	

Event 5 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Alice Butler	13	City of Milton Keynes	5:30.99	5:30.86
			37.04	1:19.10 (42.06)
			3:29.54 (48.39)	4:18.38 (48.84)
				2:00.46 (41.36)
				4:55.52 (37.14)
				2:41.15 (40.69)
				5:30.86 (35.34)
2 Emily Young	13	City of Milton Keynes	5:45.78	5:37.41
			37.90	1:22.20 (44.30)
			3:35.37 (50.72)	4:26.49 (51.12)
				2:03.81 (41.61)
				5:03.36 (36.87)
				2:44.65 (40.84)
				5:37.41 (34.05)
3 Sarah Pickin	13	Chesham	5:39.09	5:37.66
			38.17	1:21.83 (43.66)
			3:35.83 (46.29)	4:23.17 (47.34)
				2:06.08 (44.25)
				5:01.66 (38.49)
				2:49.54 (43.46)
				5:37.66 (36.00)
4 Katherine S Neal	13	Hillingdon Swimming Club	6:00.00	5:45.16
			37.20	1:20.21 (43.01)
			3:39.64 (53.81)	4:31.63 (51.99)
				2:03.26 (43.05)
				5:08.90 (37.27)
				2:45.83 (42.57)
				5:45.16 (36.26)
5 Emma Harrington	13	Hillingdon Swimming Club	6:04.26	6:00.08
			40.56	1:29.57 (49.01)
			3:48.93 (52.28)	4:41.30 (52.37)
				2:12.85 (43.28)
				5:22.21 (40.91)
				2:56.65 (43.80)
				6:00.08 (37.87)
6 Helena Soteriou	13	Barnet Cophthall	7:02.00	6:15.32
			44.16	1:34.21 (50.05)
			4:01.90 (55.47)	4:56.81 (54.91)
				2:20.44 (46.23)
				5:37.19 (40.38)
				3:06.43 (45.99)
				6:15.32 (38.13)
7 Rebekah Holden	13	Berkhamsted Sports Centre	6:27.63	6:18.21
			44.01	1:34.56 (50.55)
			4:03.74 (51.99)	4:57.38 (53.64)
				2:21.96 (47.40)
				5:38.30 (40.92)
				3:11.75 (49.79)
				6:18.21 (39.91)
8 Amy Hughes	13	Berkhamsted Sports Centre	7:24.61	7:07.82
			45.92	1:43.62 (57.70)
			4:27.67 (1:00.48)	5:30.69 (1:03.02)
				2:34.51 (50.89)
				6:20.76 (50.07)
				3:27.19 (52.68)
				7:07.82 (47.06)

Event 5 Girls 14 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Francesca Marr	14	Hillingdon Swimming Club	4:56.93	5:03.89
			32.66	1:09.63 (36.97)
			3:12.04 (42.76)	3:53.77 (41.73)
				1:50.00 (40.37)
				4:29.33 (35.56)
				2:29.28 (39.28)
				5:03.89 (34.56)
2 Sophie Wilson	14	Hillingdon Swimming Club	5:20.00	5:13.78
			35.32	1:13.67 (38.35)
			3:18.48 (42.71)	4:01.77 (43.29)
				1:54.40 (40.73)
				4:39.21 (37.44)
				2:35.77 (41.37)
				5:13.78 (34.57)
3 Jasmin Ballingall	15	Chesham	5:15.70	5:27.35
			34.50	1:14.26 (39.76)
			3:25.32 (46.62)	4:12.74 (47.42)
				1:57.09 (42.83)
				4:50.67 (37.93)
				2:38.70 (41.61)
				5:27.35 (36.68)
4 Holly A Elderfield	15	Hillingdon Swimming Club	5:30.00	5:31.01
			33.38	1:11.70 (38.32)
			3:28.34 (46.89)	4:15.85 (47.51)
				1:56.93 (45.23)
				4:54.99 (39.14)
				2:41.45 (44.52)
				5:31.01 (36.02)
5 Jessy Millican	14	Chesham	5:52.15	5:41.27
			37.31	1:19.83 (42.52)
			3:36.74 (51.12)	4:26.30 (49.56)
				2:02.76 (42.93)
				5:04.51 (38.21)
				2:45.62 (42.86)
				5:41.27 (36.76)
6 Stacy Ellett	16	City of Milton Keynes	5:44.83	5:45.24
			35.80	1:19.13 (43.33)
			3:35.49 (52.07)	4:28.66 (53.17)
				2:01.27 (42.14)
				5:07.48 (38.82)
				2:43.42 (42.15)
				5:45.24 (37.76)
7 Elizabeth McGowan	15	Hillingdon Swimming Club	5:51.00	5:48.45
			38.85	1:26.00 (47.15)
			3:42.25 (51.30)	4:32.48 (50.23)
				2:08.79 (42.79)
				5:11.01 (38.53)
				2:50.95 (42.16)
				5:48.45 (37.44)

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8	Liana L Gore	14	Hillingdon Swimming Club	6:12.58	6:08.20
	41.86	1:31.99 (50.13)	2:16.95 (44.96)	3:02.31 (45.36)	
	3:55.49 (53.18)	4:48.30 (52.81)	5:28.59 (40.29)	6:08.20 (39.61)	

Event 6 Boys 9 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1	George Kapanadze	9 Barnet Cophthall	3:13.65	3:08.05
	41.29	1:29.16 (47.87)	2:25.98 (56.82)	3:08.05 (42.07)
2	Leighton Jones	9 Hillingdon Swimming Club	4:20.00	3:35.06
	49.46	1:44.44 (54.98)	2:47.90 (1:03.46)	3:35.06 (47.16)
3	Ryan Smith	9 City of Milton Keynes	3:58.00	3:38.04
	55.36	1:49.09 (53.73)	2:49.56 (1:00.47)	3:38.04 (48.48)
4	Fabio Arricale	9 Barnet Cophthall	3:41.06	3:40.00
	59.86	1:52.03 (52.17)	2:53.66 (1:01.63)	3:40.00 (46.34)
5	Hamish Hudson	9 Barnet Cophthall	3:48.70	3:47.13
	55.84	1:52.25 (56.41)	3:02.01 (1:09.76)	3:47.13 (45.12)
6	Alexander Kapanadze	9 Barnet Cophthall	4:03.00	3:47.36
	57.17	1:51.43 (54.26)	2:58.17 (1:06.74)	3:47.36 (49.19)
7	Dominic Hogan	9 Barnet Cophthall	4:50.00	4:05.10
	59.13	2:02.76 (1:03.63)	3:09.94 (1:07.18)	4:05.10 (55.16)
---	Michael Gill	9 Hillingdon Swimming Club	4:10.00	DQ
	1:04.20	2:01.46 (57.26)	3:06.39 (1:04.93)	DQ (47.77)

Event 6 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1	Liam Jones	10 Wycombe District	2:56.13	3:00.81
	39.30	1:27.69 (48.39)	2:23.88 (56.19)	3:00.81 (36.93)
2	Zach Shalovsky	10 Barnet Cophthall	3:07.76	3:01.33
	41.48	1:24.61 (43.13)	2:21.51 (56.90)	3:01.33 (39.82)
3	Harry Jukes	10 Hillingdon Swimming Club	3:08.78	3:18.17
	43.17	1:32.88 (49.71)	2:34.55 (1:01.67)	3:18.17 (43.62)
4	Danny Nelson	10 Hillingdon Swimming Club	3:19.63	3:23.78
	48.98	1:37.87 (48.89)	2:39.30 (1:01.43)	3:23.78 (44.48)
5	Aidan Doherty	10 Barnet Cophthall	4:10.00	3:31.54
	47.19	1:42.49 (55.30)	2:45.27 (1:02.78)	3:31.54 (46.27)
6	Harry Jackson	10 Hillingdon Swimming Club	3:37.49	3:32.02
	53.45	1:44.70 (51.25)	2:47.40 (1:02.70)	3:32.02 (44.62)
7	Charlie Turner	10 Barnet Cophthall	3:39.39	3:40.40
	58.05	1:50.61 (52.56)	2:51.72 (1:01.11)	3:40.40 (48.68)
8	Panayiotis Panteli	10 Barnet Cophthall	3:44.06	3:54.77
	54.36	1:52.21 (57.85)	2:57.94 (1:05.73)	3:54.77 (56.83)

Event 6 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1	Fravash Bilimoria	11 Hillingdon Swimming Club	2:55.58	2:50.19
	39.24	1:25.11 (45.87)	2:11.52 (46.41)	2:50.19 (38.67)
2	Jamie Richter	11 Barnet Cophthall	2:51.24	2:51.16
	39.33	1:23.63 (44.30)	2:13.84 (50.21)	2:51.16 (37.32)

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3	Curtis Coleman	11	Barnet Cophthall	3:00.29	2:56.77
	42.60	1:27.01 (44.41)	2:19.62 (52.61)	2:56.77 (37.15)	
4	Elliot Moulder	11	City of Milton Keynes	3:00.16	3:01.13
	40.01	1:27.39 (47.38)	2:24.65 (57.26)	3:01.13 (36.48)	
5	Josh Pointer	11	Barnet Cophthall	3:12.65	3:07.58
	42.57	1:29.85 (47.28)	2:25.63 (55.78)	3:07.58 (41.95)	
6	Aris Savva	11	Barnet Cophthall	3:21.70	3:08.63
	42.66	1:31.56 (48.90)	2:29.88 (58.32)	3:08.63 (38.75)	
7	Lewis Newman	11	Hillingdon Swimming Club	3:21.00	3:09.62
	43.68	1:32.37 (48.69)	2:28.53 (56.16)	3:09.62 (41.09)	
8	George Sadler	11	Hillingdon Swimming Club	3:05.00	3:11.31
	44.60	1:30.97 (46.37)	2:30.23 (59.26)	3:11.31 (41.08)	
9	Joel Perrett	11	Hillingdon Swimming Club	3:34.29	3:15.25
	45.54	1:34.26 (48.72)	2:34.43 (1:00.17)	3:15.25 (40.82)	
10	Liam Chong	11	Barnet Cophthall	3:23.63	3:16.23
	46.35	1:36.35 (50.00)	2:34.38 (58.03)	3:16.23 (41.85)	
11	Nicolas Gore	11	Hillingdon Swimming Club	3:23.31	3:21.37
	47.12	1:35.83 (48.71)	2:39.74 (1:03.91)	3:21.37 (41.63)	
12	Jasper Wong	11	Barnet Cophthall	4:08.57	3:48.92
	54.65	1:55.28 (1:00.63)	2:55.96 (1:00.68)	3:48.92 (52.96)	
---	Stephen McKenzie	11	Barnet Cophthall	4:18.00	DQ
	1:06.05	2:05.45 (59.40)	3:15.77 (1:10.32)	DQ (51.59)	
---	Aaron Fryer	11	Barnet Cophthall	3:14.40	DQ
	47.17	1:39.14 (51.97)	2:39.15 (1:00.01)	DQ (40.41)	
---	Xerxes Panthakee	11	Barnet Cophthall	4:00.00	DQ
	57.52	1:47.48 (49.96)	2:43.65 (56.17)	DQ (50.83)	
---	Matthew Lee	11	Barnet Cophthall	3:45.00	DQ
	47.43	1:35.35 (47.92)	2:30.59 (55.24)	DQ (44.08)	

Event 6 Boys 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	William Rea	12	Chesham	2:41.05	2:33.77
	32.07	1:13.70 (41.63)	2:00.93 (47.23)	2:33.77 (32.84)	
2	Michael A Fernandes	12	Barnet Cophthall	2:38.50	2:36.20
	33.18	1:13.86 (40.68)	2:01.14 (47.28)	2:36.20 (35.06)	
3	George Carter	12	Barnet Cophthall	2:40.82	2:44.50
	36.15	1:18.83 (42.68)	2:08.95 (50.12)	2:44.50 (35.55)	
4	Hugo Cliff	12	Barnet Cophthall	2:48.87	2:46.66
	35.25	1:18.33 (43.08)	2:11.87 (53.54)	2:46.66 (34.79)	
5	Bradley Doherty	12	Barnet Cophthall	2:59.62	2:54.92
	38.92	1:23.39 (44.47)	2:16.98 (53.59)	2:54.92 (37.94)	
6	Mitchell Green	12	Wycombe District	3:03.54	2:59.05
	41.33	1:29.20 (47.87)	2:21.34 (52.14)	2:59.05 (37.71)	
7	Adam Hill	12	Griffins	3:04.60	3:01.35
	43.14	1:32.32 (49.18)	2:21.94 (49.62)	3:01.35 (39.41)	
8	Alex Bramley	12	Berkhamsted Sports Centre	3:46.08	3:31.95
	47.77	1:42.38 (54.61)	2:45.54 (1:03.16)	3:31.95 (46.41)	

Barnet Cophall Swimming Club Middle Distance Development Meet – 14th October 2007**Event 6 Boys 13 Year Olds 200 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Manasseh R Dalton-Brown	13	Barnet Cophall	2:52.05	2:43.01
		37.15	1:16.89 (39.74)	2:05.33 (48.44)	2:43.01 (37.68)
2	Kris Hunt	13	City of Milton Keynes	2:48.91	2:48.47
		38.44	1:22.79 (44.35)	2:10.37 (47.58)	2:48.47 (38.10)
3	Akil Philip-Forde	13	Barnet Cophall	2:49.75	2:52.53
		39.55	1:22.86 (43.31)	2:14.11 (51.25)	2:52.53 (38.42)
4	Will Stokes	13	Berkhamsted Sports Centre	3:02.17	2:53.97
		36.29	1:23.28 (46.99)	2:17.07 (53.79)	2:53.97 (36.90)
5	Shane Coulson	13	Berkhamsted Sports Centre	3:14.25	3:24.12
		44.48	1:36.98 (52.50)	2:39.92 (1:02.94)	3:24.12 (44.20)

Event 6 Boys 14 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Adam Goode	16	City of Milton Keynes	2:31.74	2:28.19
		33.33	1:08.91 (35.58)	1:56.73 (47.82)	2:28.19 (31.46)
2	Christopher Cox	14	Hertsmere Flyers	2:38.02	2:39.11
		38.54	1:15.16 (36.62)	2:06.04 (50.88)	2:39.11 (33.07)
3	Jeremy Miles	15	Chesham	2:44.45	2:40.41
		35.79	1:17.22 (41.43)	2:04.70 (47.48)	2:40.41 (35.71)
---	Mike Imrie	14	Berkhamsted Sports Centre	NT	X3:05.11
		42.06	1:28.63 (46.57)	2:21.82 (53.19)	3:05.11 (43.29)