

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006**Event 1 Girls 9 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Sarah Harrington	9	Hillingdon Borough SC	6:44.96	5:59.77
40.33	1:24.30 (43.97)	2:10.08 (45.78)	2:55.90 (45.82)	
3:41.93 (46.03)	4:28.49 (46.56)	5:13.88 (45.39)	5:59.77 (45.89)	
2 Lorraine Bouch	9	Hillingdon Borough SC	6:30.30	6:10.07
41.19	1:27.68 (46.49)	2:13.79 (46.11)	3:01.71 (47.92)	
3:49.75 (48.04)	4:37.20 (47.45)	5:24.93 (47.73)	6:10.07 (45.14)	
3 Lucy Barton	9	Chesham	7:00.00	6:32.30
43.04	1:31.31 (48.27)	2:20.63 (49.32)	3:11.50 (50.87)	
4:02.69 (51.19)	4:53.99 (51.30)	5:45.95 (51.96)	6:32.30 (46.35)	
4 Akari Ishida	9	Barnet Cophthall	7:00.00	6:32.69
42.25	1:31.04 (48.79)	2:21.22 (50.18)	3:11.83 (50.61)	
4:03.78 (51.95)	4:55.09 (51.31)	5:45.27 (50.18)	6:32.69 (47.42)	
5 Anum Bandey	9	Barnet Cophthall	8:12.75	6:35.42
40.73	1:28.57 (47.84)	2:19.48 (50.91)	3:09.81 (50.33)	
4:01.09 (51.28)	4:52.37 (51.28)	5:44.22 (51.85)	6:35.42 (51.20)	
6 Jodie Hare	9	Barnet Cophthall	7:38.57	6:45.90
40.80	1:31.68 (50.88)	2:24.16 (52.48)	3:16.58 (52.42)	
4:09.68 (53.10)	5:02.76 (53.08)	5:55.53 (52.77)	6:45.90 (50.37)	
7 Eadaoin Vincent	9	Barnet Cophthall	7:13.71	6:49.73
42.57	1:32.89 (50.32)	2:25.77 (52.88)	3:18.95 (53.18)	
4:12.65 (53.70)	5:06.52 (53.87)	5:58.43 (51.91)	6:49.73 (51.30)	
8 Karis Fuller	9	Barnet Cophthall	7:30.83	6:51.56
43.25	1:33.99 (50.74)	2:25.97 (51.98)	3:19.35 (53.38)	
4:13.41 (54.06)	5:07.61 (54.20)	6:02.08 (54.47)	6:51.56 (49.48)	
9 Ria Ogilvie-Herald	9	Barnet Cophthall	8:15.00	6:54.25
44.69	1:37.42 (52.73)	2:30.45 (53.03)	3:24.50 (54.05)	
4:19.26 (54.76)	5:13.81 (54.55)	6:05.60 (51.79)	6:54.25 (48.65)	
10 Zoe Munkley	9	Hertsmere Flyers	8:00.21	6:56.54
44.82	1:36.12 (51.30)	2:29.28 (53.16)	3:23.55 (54.27)	
4:17.15 (53.60)	5:12.82 (55.67)	6:07.73 (54.91)	6:56.54 (48.81)	
11 Mollie Whiteside	9	Barnet Cophthall	8:00.00	7:05.18
44.99	1:37.48 (52.49)	2:30.76 (53.28)	3:25.54 (54.78)	
4:20.78 (55.24)	5:16.40 (55.62)	6:12.80 (56.40)	7:05.18 (52.38)	
12 Emily Bell	9	Barnet Cophthall	9:00.00	7:58.40
50.53	1:49.78 (59.25)	2:50.80 (1:01.02)	3:52.23 (1:01.43)	
4:54.33 (1:02.10)	5:55.41 (1:01.08)	6:57.93 (1:02.52)	7:58.40 (1:00.47)	
13 Helena Urquart-Woodward	9	Barnet Cophthall	10:00.00	8:08.61
49.94	1:49.72 (59.78)	2:51.46 (1:01.74)	3:53.74 (1:02.28)	
4:57.72 (1:03.98)	6:02.86 (1:05.14)	7:06.48 (1:03.62)	8:08.61 (1:02.13)	
14 Jessica Monty	9	Barnet Cophthall	10:16.98	9:21.00
54.51	2:02.49 (1:07.98)	3:13.94 (1:11.45)	4:29.02 (1:15.08)	
5:41.33 (1:12.31)	6:58.03 (1:16.70)	8:11.80 (1:13.77)	9:21.00 (1:09.20)	

Event 1 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Harumi Yagi	10	Barnet Cophthall	5:29.75	5:22.42
36.31	1:16.46 (40.15)	1:57.87 (41.41)	2:39.03 (41.16)	
3:19.23 (40.20)	3:59.86 (40.63)	4:41.64 (41.78)	5:22.42 (40.78)	
2 Nicola Burlingham	10	Barnet Cophthall	5:57.77	5:26.88
37.22	1:17.53 (40.31)	1:59.21 (41.68)	2:40.26 (41.05)	
3:21.38 (41.12)	4:02.88 (41.50)	4:45.15 (42.27)	5:26.88 (41.73)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

3	Jaycee Sibley	10	Hillingdon Borough SC	5:56.71	5:47.24
	38.51	1:20.68 (42.17)	2:03.78 (43.10)	2:47.81 (44.03)	
	3:32.74 (44.93)	4:17.86 (45.12)	5:02.92 (45.06)	5:47.24 (44.32)	
4	Kate Wilson	10	Hillingdon Borough SC	6:04.71	5:52.08
	38.21	1:21.36 (43.15)	2:06.68 (45.32)	2:51.82 (45.14)	
	3:37.35 (45.53)	4:22.26 (44.91)	5:08.97 (46.71)	5:52.08 (43.11)	
5	Jenny Hirst	10	Hillingdon Borough SC	6:03.58	5:55.10
	42.39	1:27.83 (45.44)	2:13.75 (45.92)	2:58.88 (45.13)	
	3:43.93 (45.05)	4:28.57 (44.64)	5:12.19 (43.62)	5:55.10 (42.91)	
6	Fiona McAndrew	10	Hillingdon Borough SC	6:03.45	5:55.12
	40.39	1:25.49 (45.10)	2:10.92 (45.43)	2:57.07 (46.15)	
	3:42.39 (45.32)	4:28.06 (45.67)	5:12.98 (44.92)	5:55.12 (42.14)	
7	Holly Esson	10	Hillingdon Borough SC	5:57.28	5:56.93
	39.00	1:22.60 (43.60)	2:07.34 (44.74)	2:52.98 (45.64)	
	3:38.59 (45.61)	4:25.32 (46.73)	5:12.00 (46.68)	5:56.93 (44.93)	
8	Alicia Barnett	10	Barnet Cophthall	6:43.52	5:57.55
	38.87	1:23.00 (44.13)	2:08.81 (45.81)	2:54.18 (45.37)	
	3:40.43 (46.25)	4:26.32 (45.89)	5:12.66 (46.34)	5:57.55 (44.89)	
9	Abigail Smith	10	Hertsmere Flyers	6:42.63	6:09.19
	40.14	1:25.95 (45.81)	2:13.17 (47.22)	3:01.14 (47.97)	
	3:49.94 (48.80)	4:38.03 (48.09)	5:25.27 (47.24)	6:09.19 (43.92)	
10	Sarah Sharp	10	Barnet Cophthall	7:00.00	6:27.25
	42.38	1:30.86 (48.48)	2:20.17 (49.31)	3:09.39 (49.22)	
	3:58.81 (49.42)	4:48.38 (49.57)	5:37.92 (49.54)	6:27.25 (49.33)	
11	Pascale Howell	10	Barnet Cophthall	8:00.00	6:49.55
	44.91	1:36.14 (51.23)	2:29.04 (52.90)	3:22.20 (53.16)	
	4:14.80 (52.60)	5:08.79 (53.99)	6:02.24 (53.45)	6:49.55 (47.31)	
12	Katie Tuff	10	Hillingdon Borough SC	6:52.00	6:54.23
	45.19	1:37.61 (52.42)	2:30.98 (53.37)	3:25.33 (54.35)	
	4:19.09 (53.76)	5:13.80 (54.71)	6:07.33 (53.53)	6:54.23 (46.90)	
13	Esme Dove	10	Barnet Cophthall	7:39.42	6:59.70
	44.53	1:36.69 (52.16)	2:30.35 (53.66)	3:24.11 (53.76)	
	4:18.55 (54.44)	5:13.45 (54.90)	6:08.01 (54.56)	6:59.70 (51.69)	
14	Georgina Izen	10	Hertsmere Flyers	6:50.21	7:04.36
	46.92	1:39.13 (52.21)	2:32.62 (53.49)	3:27.66 (55.04)	
	4:23.00 (55.34)	5:18.60 (55.60)	6:13.60 (55.00)	7:04.36 (50.76)	
15	Malika Oyebola	10	Barnet Cophthall	8:20.00	7:20.73
	46.77	1:41.14 (54.37)	2:36.56 (55.42)	3:32.06 (55.50)	
	4:30.11 (58.05)	5:28.12 (58.01)	6:27.34 (59.22)	7:20.73 (53.39)	
16	Emma-Jane Betts	10	Barnet Cophthall	9:04.62	7:54.09
	50.10	1:49.50 (59.40)	2:50.34 (1:00.84)	3:50.09 (59.75)	
	4:50.69 (1:00.60)	5:52.42 (1:01.73)	6:53.07 (1:00.65)	7:54.09 (1:01.02)	
---	Sophia Bharmal	10	Barnet Cophthall	9:00.00	DQ
	59.92	2:12.09 (1:12.17)	3:28.67 (1:16.58)	4:43.56 (1:14.89)	
	5:59.68 (1:16.12)	8:28.95 (2:29.27)	8:28.95 ()	DQ (1:07.54)	

Event 1 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Karley Mann	11	Hillingdon Borough SC	4:52.68	4:53.01
	32.98	1:08.88 (35.90)	1:45.93 (37.05)	2:23.32 (37.39)
	3:00.35 (37.03)	3:37.83 (37.48)	4:15.75 (37.92)	4:53.01 (37.26)
2 Maddy V Tichborne	11	Barnet Cophthall	4:58.85	5:01.87
	34.08	1:10.99 (36.91)	1:48.80 (37.81)	2:27.09 (38.29)

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

3	Megan Boldison	3:05.58 (38.49) 34.71 3:12.71 (39.76)	3:44.63 (39.05) 1:12.60 (37.89) 3:52.78 (40.07)	4:23.89 (39.26) 1:52.49 (39.89) 4:32.84 (40.06)	5:01.87 (37.98) 2:32.95 (40.46) 5:13.05 (40.21)	5:12.13 5:19.52	5:13.05 5:18.88
			11 Barnet Cophthall				
5	Shannen Fisher	35.69 3:17.50 (41.09)	1:15.51 (39.82) 3:58.32 (40.82)	1:56.00 (40.49) 4:39.36 (41.04)	2:36.41 (40.41) 5:18.88 (39.52)	5:30.03	5:21.61
			11 Hillingdon Borough SC				
6	Amy Barton	36.14 3:19.42 (40.58)	1:16.25 (40.11) 4:00.45 (41.03)	1:57.38 (41.13) 4:42.16 (41.71)	2:38.84 (41.46) 5:21.61 (39.45)	6:00.00	5:25.43
			11 Chesham				
7	Jessica Karp	36.68 3:21.11 (42.67)	1:16.36 (39.68) 4:03.21 (42.10)	1:57.23 (40.87) 4:45.52 (42.31)	2:38.44 (41.21) 5:25.43 (39.91)	6:00.00	5:32.95
			11 Barnet Cophthall				
8	Bethany Ellison-Perrett	36.10 3:24.58 (43.50)	1:17.13 (41.03) 4:08.97 (44.39)	1:58.89 (41.76) 4:52.39 (43.42)	2:41.08 (42.19) 5:32.95 (40.56)	5:46.09	5:42.77
			11 Hillingdon Borough SC				
9	Charlotte Jackson	38.40 3:32.51 (43.81)	1:20.96 (42.56) 4:16.46 (43.95)	2:05.18 (44.22) 5:00.51 (44.05)	2:48.70 (43.52) 5:42.77 (42.26)	5:55.20	5:46.62
			11 Hillingdon Borough SC				
10	Rachael Neal	39.02 3:34.68 (44.43)	1:22.06 (43.04) 4:19.03 (44.35)	2:05.82 (43.76) 5:04.09 (45.06)	2:50.25 (44.43) 5:46.62 (42.53)	6:20.00	6:02.55
			11 Hillingdon Borough SC				
11	Hannah Dawson	39.55 3:43.84 (45.05)	1:24.82 (45.27) 5:17.42 (1:33.58)	2:11.63 (46.81) 6:02.55 (45.13)	2:58.79 (47.16) 6:02.55 ()	6:00.00	6:11.38
			11 Chesham				
12	Angelina Filippone	39.01 3:49.85 (48.80)	1:25.29 (46.28) 4:38.28 (48.43)	2:12.37 (47.08) 6:11.16 (1:32.88)	3:01.05 (48.68) 6:11.38 (0.22)	6:30.53	6:14.17
			11 Barnet Cophthall				
13	Saniya Bandey	38.59 3:52.67 (48.25)	1:25.52 (46.93) 4:41.36 (48.69)	2:15.33 (49.81) 5:29.66 (48.30)	3:04.42 (49.09) 6:14.17 (44.51)	6:40.81	6:16.32
			11 Barnet Cophthall				
14	Molly Hogan	39.26 3:48.95 (49.25)	1:24.68 (45.42) 4:37.70 (48.75)	2:11.82 (47.14) 5:27.32 (49.62)	2:59.70 (47.88) 6:16.32 (49.00)	7:16.67	6:29.54
			11 Barnet Cophthall				
15	Cindy Berry	40.55 3:55.28 (51.34)	1:26.19 (45.64) 4:47.02 (51.74)	2:14.39 (48.20) 5:39.20 (52.18)	3:03.94 (49.55) 6:29.54 (50.34)	8:11.18	6:59.72
			11 Barnet Cophthall				
16	Caroline Wong	45.03 4:19.59 (54.27)	1:37.50 (52.47) 5:13.37 (53.78)	2:30.55 (53.05) 6:08.19 (54.82)	3:25.32 (54.77) 6:59.72 (51.53)	7:59.78	7:13.27
			11 Barnet Cophthall				
17	Linda Epstein	42.45 4:24.44 (56.55)	1:36.06 (53.61) 5:21.78 (57.34)	2:30.91 (54.85) 6:18.67 (56.89)	3:27.89 (56.98) 7:13.27 (54.60)	9:00.00	8:07.65
			11 Barnet Cophthall				
18	Fiyin Adeoye	48.62 4:56.81 (1:04.97)	1:47.39 (58.77) 6:04.00 (1:07.19)	2:49.12 (1:01.73) 7:05.86 (1:01.86)	3:51.84 (1:02.72) 8:07.65 (1:01.79)	9:00.00	9:05.99
			11 Barnet Cophthall				
		52.63 5:33.48 (1:11.95)	1:59.10 (1:06.47) 6:45.48 (1:12.00)	3:09.75 (1:10.65) 7:58.96 (1:13.48)	4:21.53 (1:11.78) 9:05.99 (1:07.03)		

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006**Event 1 Girls 12 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Jo-Anne Zambelli	12	Barnet Cophthall	4:55.00	4:50.39
32.91	1:08.39 (35.48)	1:45.47 (37.08)	2:22.43 (36.96)	
3:00.04 (37.61)	3:37.06 (37.02)	4:13.91 (36.85)	4:50.39 (36.48)	
2 Sarah Quinn	12	Hillingdon Borough SC	5:05.00	4:57.73
33.19	1:10.22 (37.03)	1:48.68 (38.46)	2:26.86 (38.18)	
3:04.69 (37.83)	3:42.67 (37.98)	4:20.71 (38.04)	4:57.73 (37.02)	
3 Georgia T Jackson-Virk	12	Barnet Cophthall	5:07.09	5:01.40
33.88	1:11.28 (37.40)	1:49.79 (38.51)	2:28.23 (38.44)	
3:06.60 (38.37)	3:44.71 (38.11)	4:23.75 (39.04)	5:01.40 (37.65)	
4 Sarah Pickin	12	Chesham	5:15.50	5:07.80
36.12	1:15.34 (39.22)	1:54.59 (39.25)	2:33.79 (39.20)	
3:12.96 (39.17)	3:52.10 (39.14)	4:31.25 (39.15)	5:07.80 (36.55)	
5 Emma Harrington	12	Hillingdon Borough SC	5:10.44	5:12.14
35.02	1:13.93 (38.91)	1:54.21 (40.28)	2:33.94 (39.73)	
3:13.23 (39.29)	3:53.40 (40.17)	4:33.62 (40.22)	5:12.14 (38.52)	
6 Charlotte Fairclough	12	Hillingdon Borough SC	5:20.00	5:15.38
36.72	1:15.82 (39.10)	1:56.51 (40.69)	2:36.35 (39.84)	
3:16.37 (40.02)	3:56.76 (40.39)	4:36.58 (39.82)	5:15.38 (38.80)	
7 Katherine Neal	12	Hillingdon Borough SC	5:35.00	5:23.85
35.89	1:15.53 (39.64)	1:56.82 (41.29)	2:38.83 (42.01)	
3:19.60 (40.77)	4:01.58 (41.98)	4:43.87 (42.29)	5:23.85 (39.98)	
8 Lauren Yates	12	Barnet Cophthall	6:18.23	5:40.70
37.25	1:20.20 (42.95)	2:04.43 (44.23)	2:48.34 (43.91)	
3:32.52 (44.18)	4:16.20 (43.68)	4:59.92 (43.72)	5:40.70 (40.78)	
9 Gemma Izen	12	Hertsmere Flyers	6:00.31	6:01.36
39.26	1:22.23 (42.97)	2:07.16 (44.93)	2:52.76 (45.60)	
3:40.40 (47.64)	4:28.46 (48.06)	5:15.83 (47.37)	6:01.36 (45.53)	
10 Sophie Masters	12	Hillingdon Borough SC	5:56.52	6:03.98
39.52	1:22.59 (43.07)	2:07.46 (44.87)	2:54.45 (46.99)	
3:41.80 (47.35)	4:30.02 (48.22)	5:18.62 (48.60)	6:03.98 (45.36)	
11 Natalie Benn	12	Hillingdon Borough SC	6:30.00	6:15.62
40.62	1:27.59 (46.97)	2:15.13 (47.54)	3:03.35 (48.22)	
3:51.93 (48.58)	4:39.80 (47.87)	5:28.48 (48.68)	6:15.62 (47.14)	
12 Valerie Boivin	12	Barnet Cophthall	6:59.33	6:45.87
43.56	1:33.80 (50.24)	2:26.75 (52.95)	3:18.57 (51.82)	
4:13.36 (54.79)	5:08.38 (55.02)	5:59.64 (51.26)	6:45.87 (46.23)	

Event 1 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Francesca Marr	13	Hillingdon Borough SC	4:42.04	4:39.65
31.39	1:06.11 (34.72)	1:41.47 (35.36)	2:16.88 (35.41)	
2:52.82 (35.94)	3:29.07 (36.25)	4:04.71 (35.64)	4:39.65 (34.94)	
2 Jessica S Jackson-Virk	13	Barnet Cophthall	5:02.68	4:53.47
33.63	1:09.22 (35.59)	1:46.33 (37.11)	2:23.74 (37.41)	
3:01.22 (37.48)	3:39.08 (37.86)	4:16.62 (37.54)	4:53.47 (36.85)	
3 Olivia Bailey	13	Chesham	4:54.50	4:55.22
33.13	1:09.13 (36.00)	1:46.29 (37.16)	2:23.90 (37.61)	
3:01.65 (37.75)	3:39.90 (38.25)	4:18.00 (38.10)	4:55.22 (37.22)	
4 Karolina Silwicz	13	Barnet Cophthall	5:15.00	5:04.99
32.24	1:09.21 (36.97)	1:47.33 (38.12)	2:26.48 (39.15)	
3:06.12 (39.64)	3:45.35 (39.23)	4:25.46 (40.11)	5:04.99 (39.53)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

5	Jessy Millican	13	Chesham	5:15.00	5:05.12
	34.63	1:12.75 (38.12)	1:51.42 (38.67)	2:30.14 (38.72)	
	3:08.97 (38.83)	3:48.09 (39.12)	4:25.56 (37.47)	5:05.12 (39.56)	
6	Sophie Wilson	13	Hillingdon Borough SC	5:04.59	5:09.36
	33.31	1:10.45 (37.14)	1:55.78 (45.33)	2:36.01 (40.23)	
	3:13.97 (37.96)	3:52.39 (38.42)	4:31.46 (39.07)	5:09.36 (37.90)	
7	Mariama Ives-Moiba	13	Griffins of Enfield	5:35.45	5:14.55
	35.33	1:14.66 (39.33)	1:54.91 (40.25)	2:35.09 (40.18)	
	3:15.55 (40.46)	3:55.99 (40.44)	4:36.62 (40.63)	5:14.55 (37.93)	
8	Isabel Brand	13	Chesham	5:17.14	5:17.25
	36.48	1:16.50 (40.02)	1:57.14 (40.64)	2:38.28 (41.14)	
	3:18.92 (40.64)	3:59.62 (40.70)	4:39.55 (39.93)	5:17.25 (37.70)	
9	Clare Bartington	13	Chesham	5:17.50	5:19.55
	36.42	1:16.57 (40.15)	1:57.38 (40.81)	2:38.16 (40.78)	
	3:19.20 (41.04)	4:00.30 (41.10)	4:41.27 (40.97)	5:19.55 (38.28)	
10	Liana Gore	13	Hillingdon Borough SC	5:24.22	5:22.81
	36.28	1:16.08 (39.80)	1:57.39 (41.31)	2:38.92 (41.53)	
	3:20.66 (41.74)	4:02.31 (41.65)	4:43.56 (41.25)	5:22.81 (39.25)	
11	Helena Soteriou	13	Barnet Cophthall	6:47.80	6:28.08
	40.16	1:26.57 (46.41)	2:16.13 (49.56)	3:06.85 (50.72)	
	3:58.94 (52.09)	4:50.88 (51.94)	5:41.82 (50.94)	6:28.08 (46.26)	

Event 1 Girls 14 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	
1	Melanie Quinn	16	Hillingdon Borough SC	4:27.90	4:37.10
	30.86	1:04.88 (34.02)	1:39.70 (34.82)	2:15.20 (35.50)	
	2:50.43 (35.23)	3:25.98 (35.55)	4:01.92 (35.94)	4:37.10 (35.18)	
2	Holly Elderfield	14	Hillingdon Borough SC	4:45.00	4:49.28
	32.14	1:07.56 (35.42)	1:43.33 (35.77)	2:20.40 (37.07)	
	2:57.74 (37.34)	3:35.64 (37.90)	4:13.27 (37.63)	4:49.28 (36.01)	
3	Catherine Demont	15	Griffins of Enfield	5:08.13	5:01.12
	33.66	1:10.58 (36.92)	1:48.85 (38.27)	2:27.65 (38.80)	
	3:06.09 (38.44)	3:45.38 (39.29)	4:24.78 (39.40)	5:01.12 (36.34)	
4	Elizabeth McGowan	14	Hillingdon Borough SC	5:30.00	5:05.15
	34.75	1:12.48 (37.73)	1:51.17 (38.69)	2:30.09 (38.92)	
	3:09.08 (38.99)	3:47.87 (38.79)	4:27.01 (39.14)	5:05.15 (38.14)	
5	Maria Pieri	14	Griffins of Enfield	5:32.50	5:12.67
	35.30	1:14.51 (39.21)	1:54.69 (40.18)	2:35.71 (41.02)	
	3:16.13 (40.42)	3:56.18 (40.05)	4:35.84 (39.66)	5:12.67 (36.83)	
6	Rachel Moore	15	Chesham	5:20.00	5:31.90
	35.98	1:15.61 (39.63)	1:57.20 (41.59)	2:39.48 (42.28)	
	3:22.07 (42.59)	4:05.66 (43.59)	4:49.17 (43.51)	5:31.90 (42.73)	
7	Isabelle Jarvis	15	Chesham	5:35.40	5:36.38
	36.48	1:17.32 (40.84)	1:59.61 (42.29)	2:42.85 (43.24)	
	3:26.07 (43.22)	4:09.98 (43.91)	4:53.36 (43.38)	5:36.38 (43.02)	

Event 2 Boys 9 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	Zach Shalovsky	9	Barnet Cophthall	9:00.00	7:29.55
	48.20	1:53.47 (1:05.27)	2:48.74 (55.27)	3:43.31 (54.57)	
	4:45.94 (1:02.63)	5:49.97 (1:04.03)	7:29.67 (1:39.70)	7:29.55 ()	
2	Alan Goodman	9	Barnet Cophthall	8:40.00	7:47.55
	56.04	2:07.34 (1:11.30)	3:00.79 (53.45)	3:54.28 (53.49)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

4:57.33 (1:03.05)	6:06.26 (1:08.93)	6:57.15 (50.89)	7:47.55 (50.40)	
--- Charlie Turner		9 Barnet Cophthall	8:58.00	DQ
1:04.79	2:20.95 (1:16.16)	3:18.11 (57.16)	4:13.22 (55.11)	
5:16.17 (1:02.95)	6:22.52 (1:06.35)	7:13.39 (50.87)	DQ (53.44)	
--- Panayiotis Panteli		9 Barnet Cophthall	8:31.00	DQ
59.02	2:06.34 (1:07.32)	3:07.10 (1:00.76)	4:05.83 (58.73)	
5:13.42 (1:07.59)	6:21.73 (1:08.31)	7:18.48 (56.75)	DQ (52.91)	

Event 2 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Matthew Conder	10	Hillingdon Borough SC	7:02.11	6:43.65
45.27	1:40.55 (55.28)	2:31.35 (50.80)	3:22.53 (51.18)	
4:18.62 (56.09)	5:16.54 (57.92)	6:01.30 (44.76)	6:43.65 (42.35)	
2 Curtis Coleman	10	Barnet Cophthall	6:59.00	6:44.11
47.89	1:47.07 (59.18)	2:34.98 (47.91)	3:23.27 (48.29)	
4:19.22 (55.95)	5:16.67 (57.45)	6:01.46 (44.79)	6:44.11 (42.65)	
--- Jamie Richter	10	Barnet Cophthall	7:28.70	DQ
45.56	1:40.73 (55.17)	2:28.45 (47.72)	3:17.51 (49.06)	
4:12.79 (55.28)	5:08.57 (55.78)	5:51.52 (42.95)	DQ (42.64)	

Event 2 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Adam Wood	11	Hillingdon Borough SC	5:53.31	5:55.11
40.77	1:26.75 (45.98)	2:09.86 (43.11)	2:54.16 (44.30)	
3:45.37 (51.21)	4:36.98 (51.61)	5:17.15 (40.17)	5:55.11 (37.96)	
2 Ricky Fryer	11	Hillingdon Borough SC	6:10.00	6:02.91
1:26.91	2:10.19 (43.28)	2:52.74 (42.55)	3:42.91 (39.26)	
3:48.12 ()	4:42.78 (54.66)	5:23.65 (40.87)	6:02.91 (39.26)	
3 George Carter	11	Barnet Cophthall	5:58.00	6:11.37
38.15	1:26.72 (48.57)	2:10.92 (44.20)	2:56.00 (45.08)	
3:51.82 (55.82)	4:48.82 (57.00)	5:30.91 (42.09)	6:11.37 (40.46)	
4 William Rea	11	Chesham	6:45.66	6:14.15
39.03	1:23.75 (44.72)	2:12.83 (49.08)	3:03.57 (50.74)	
3:58.16 (54.59)	4:54.70 (56.54)	5:36.34 (41.64)	6:14.15 (37.81)	
5 Lucas Navarro	11	Hillingdon Borough SC	6:39.58	6:15.55
42.52	1:32.56 (50.04)	2:21.19 (48.63)	3:10.56 (49.37)	
4:02.27 (51.71)	4:55.28 (53.01)	5:36.58 (41.30)	6:15.55 (38.97)	
6 Adam Prunty	11	Hillingdon Borough SC	6:39.21	6:16.12
42.22	1:31.66 (49.44)	2:19.31 (47.65)	3:06.52 (47.21)	
3:59.90 (53.38)	4:52.63 (52.73)	5:34.15 (41.52)	6:16.12 (41.97)	
7 James McGowan	11	Hillingdon Borough SC	7:30.00	7:07.35
49.73	1:49.38 (59.65)	2:41.06 (51.68)	3:34.39 (53.33)	
4:33.24 (58.85)	5:34.82 (1:01.58)	6:21.59 (46.77)	7:07.35 (45.76)	
8 Bradley Doherty	11	Barnet Cophthall	8:58.00	7:50.59
52.57	1:59.76 (1:07.19)	2:57.14 (57.38)	3:57.00 (59.86)	
5:04.26 (1:07.26)	6:14.35 (1:10.09)	7:02.58 (48.23)	7:50.59 (48.01)	
--- Joe Jackson	11	Barnet Cophthall	11:06.00	DQ
48.85	1:47.77 (58.92)	2:43.35 (55.58)	3:38.93 (55.58)	
4:42.40 (1:03.47)	5:48.41 (1:06.01)	6:34.31 (45.90)	DQ (44.27)	

Barnet Cophall Swimming Club Middle Distance Development Meet – 22nd October 2006**Event 2 Boys 12 Year Olds 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Edward T Allchorne	12	Barnet Cophall	5:33.23	5:41.89
	34.26	1:14.01 (39.75)	1:56.48 (42.47)	2:40.50 (44.02)
	3:30.68 (50.18)	4:20.64 (49.96)	5:01.70 (41.06)	5:41.89 (40.19)
2 Jay Munkley	12	Hertsmere Flyers	6:11.99	5:54.91
	38.12	1:29.04 (50.92)	2:13.27 (44.23)	2:56.56 (43.29)
	3:48.03 (51.47)	4:39.21 (51.18)	5:18.00 (38.79)	5:54.91 (36.91)
3 Luke Conder	12	Hillingdon Borough SC	6:30.00	6:11.82
	39.29	1:28.38 (49.09)	2:15.85 (47.47)	3:02.88 (47.03)
	3:55.88 (53.00)	4:51.39 (55.51)	5:32.21 (40.82)	6:11.82 (39.61)
4 Akil Philip-Forde	12	Barnet Cophall	7:30.00	7:09.29
	47.86	2:44.44 (1:56.58)	3:39.23 (54.79)	4:36.79 (57.56)
	5:35.96 (59.17)	6:24.32 (48.36)	7:10.17 (45.85)	7:09.29 ()
5 Manasseh R Dalton-Brown	12	Barnet Cophall	9:12.00	7:19.43
	43.82	1:45.06 (1:01.24)	2:39.65 (54.59)	3:33.06 (53.41)
	4:35.76 (1:02.70)	5:40.74 (1:04.98)	6:34.93 (54.19)	7:19.43 (44.50)
--- Henry Yau	12	Barnet Cophall	7:30.00	DQ
	38.85	1:28.30 (49.45)	2:14.96 (46.66)	3:01.19 (46.23)
	3:48.71 (47.52)	4:38.87 (50.16)	5:21.49 (42.62)	DQ (41.09)

Event 2 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Alex R Jessop	13	Barnet Cophall	5:15.00	5:05.09
	33.47	1:11.10 (37.63)	1:49.64 (38.54)	2:28.33 (38.69)
	3:10.91 (42.58)	3:55.69 (44.78)	4:31.00 (35.31)	5:05.09 (34.09)
2 Tom Randall	13	Hillingdon Borough SC	5:37.40	5:34.54
	35.38	1:16.62 (41.24)	1:58.55 (41.93)	2:38.32 (39.77)
	3:28.78 (50.46)	4:20.10 (51.32)	4:58.07 (37.97)	5:34.54 (36.47)
3 Kim Lam Liu	13	Barnet Cophall	5:45.27	5:38.66
	37.77	1:22.55 (44.78)	2:06.82 (44.27)	2:51.29 (44.47)
	3:34.80 (43.51)	4:20.48 (45.68)	5:00.36 (39.88)	5:38.66 (38.30)
4 Keil Zakrzewski	13	Chesham	5:51.38	5:44.11
	38.40	2:04.93 (1:26.53)		2:47.11 ()
	3:37.22 (50.11)	4:29.78 (52.56)	5:08.20 (38.42)	5:44.11 (35.91)
5 Elliott Woods	13	Hillingdon Borough SC	5:55.00	5:44.62
	35.47	1:21.23 (45.76)	2:03.24 (42.01)	2:45.94 (42.70)
	3:34.51 (48.57)	4:25.81 (51.30)	5:06.44 (40.63)	5:44.62 (38.18)
6 Marco Navarro	13	Hillingdon Borough SC	6:08.11	5:50.53
	36.57	1:25.33 (48.76)	2:09.68 (44.35)	2:53.88 (44.20)
	3:42.56 (48.68)	4:30.92 (48.36)	5:11.69 (40.77)	5:50.53 (38.84)
--- Ghasem Fathi	13	Barnet Cophall	5:24.16	DQ
	32.50	1:11.90 (39.40)	1:52.11 (40.21)	2:33.00 (40.89)
	3:18.17 (45.17)	4:06.82 (48.65)	4:44.36 (37.54)	DQ (37.30)

Event 2 Boys 14 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 James J Creager	14	Barnet Cophall	5:17.00	5:09.47
	31.65	1:08.18 (36.53)	1:49.38 (41.20)	2:30.07 (40.69)
	3:15.19 (45.12)	4:02.25 (47.06)	4:36.71 (34.46)	5:09.47 (32.76)
2 Matthew Tuff	15	Hillingdon Borough SC	5:35.00	5:11.12
	34.70	1:14.85 (40.15)	1:53.85 (39.00)	2:31.85 (38.00)
	3:16.77 (44.92)	4:01.94 (45.17)	4:37.70 (35.76)	5:11.12 (33.42)

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

3	Oliver Green	15	Hillingdon Borough SC	5:10.57	5:11.90
	33.24	1:11.50 (38.26)	1:50.12 (38.62)	2:29.20 (39.08)	
	3:14.59 (45.39)	4:00.79 (46.20)	4:36.69 (35.90)	5:11.90 (35.21)	
4	Alex Marr	15	Hillingdon Borough SC	5:17.72	5:17.32
	33.17	1:12.55 (39.38)	1:52.54 (39.99)	2:32.89 (40.35)	
	3:19.96 (47.07)	4:07.86 (47.90)	4:42.84 (34.98)	5:17.32 (34.48)	
5	Sam Munkley	15	Hertsmere Flyers	5:20.58	5:18.13
	30.71	1:07.25 (36.54)	1:48.82 (41.57)	2:29.56 (40.74)	
	3:16.54 (46.98)	4:03.57 (47.03)	4:41.43 (37.86)	5:18.13 (36.70)	
6	Jack Diggins	14	Hillingdon Borough SC	5:30.12	5:24.68
	37.17	1:20.00 (42.83)	2:02.93 (42.93)	2:45.86 (42.93)	
	3:28.77 (42.91)	4:12.31 (43.54)	4:49.55 (37.24)	5:24.68 (35.13)	
7	James Eveleigh	14	Griffins of Enfield	5:26.11	5:28.14
	33.08	1:11.88 (38.80)	1:54.35 (42.47)	2:35.66 (41.31)	
	3:23.54 (47.88)	4:12.77 (49.23)	4:50.85 (38.08)	5:28.14 (37.29)	
8	Ricky James	15	Hillingdon Borough SC	5:30.00	5:30.01
	34.40	1:58.83 (1:24.43)		2:41.75 ()	
	3:27.70 (45.95)	4:15.83 (48.13)	4:53.81 (37.98)	5:30.01 (36.20)	
9	Nicolas Smith	14	Hillingdon Borough SC	6:01.43	5:32.08
	32.94	1:12.48 (39.54)	1:55.61 (43.13)	2:37.16 (41.55)	
	3:27.42 (50.26)	4:18.81 (51.39)	4:55.75 (36.94)	5:32.08 (36.33)	
10	Adam Kuo	14	Hertsmere Flyers	5:52.32	5:45.90
	38.93	1:26.13 (47.20)	2:10.51 (44.38)	2:54.15 (43.64)	
	3:41.79 (47.64)	4:29.02 (47.23)	5:08.19 (39.17)	5:45.90 (37.71)	

Event 3 Girls 9 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Lorraine Bouch	9	Hillingdon Borough SC	3:29.20	3:18.26
	48.31	1:40.65 (52.34)	2:34.50 (53.85)	3:18.26 (43.76)	
2	Sarah Harrington	9	Hillingdon Borough SC	3:23.81	3:18.35
	47.75	1:39.78 (52.03)	2:36.75 (56.97)	3:18.35 (41.60)	
3	Zoe Munkley	9	Hertsmere Flyers	3:50.67	3:35.21
	53.66	1:48.09 (54.43)	2:49.21 (1:01.12)	3:35.21 (46.00)	
4	Lucy Barton	9	Chesham	3:45.00	3:36.21
	59.85	1:53.97 (54.12)	2:53.04 (59.07)	3:36.21 (43.17)	
5	Eadaoin Vincent	9	Barnet Cophthall	3:52.78	3:39.22
	52.64	1:46.96 (54.32)	2:51.35 (1:04.39)	3:39.22 (47.87)	

Event 3 Girls 10 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	10	Barnet Cophthall	2:56.43	2:54.79
	40.01	1:26.99 (46.98)	2:16.15 (49.16)	2:54.79 (38.64)	
2	Kate Wilson	10	Hillingdon Borough SC	3:13.10	3:08.37
	42.04	1:30.80 (48.76)	2:26.22 (55.42)	3:08.37 (42.15)	
3	Holly Esson	10	Hillingdon Borough SC	3:11.94	3:09.95
	44.98	1:33.85 (48.87)	2:28.26 (54.41)	3:09.95 (41.69)	
4	Alicia Barnett	10	Barnet Cophthall	3:26.10	3:15.90
	45.43	1:32.88 (47.45)	2:33.15 (1:00.27)	3:15.90 (42.75)	
5	Abigail Smith	10	Hertsmere Flyers	3:26.13	3:20.57
	43.21	1:35.30 (52.09)	2:37.79 (1:02.49)	3:20.57 (42.78)	
6	Katie Tuff	10	Hillingdon Borough SC	3:40.00	3:47.18

Barnet Cophall Swimming Club Middle Distance Development Meet – 22nd October 2006

7	Georgina Izen	52.98	1:51.72 (58.74)	2:58.20 (1:06.48)	3:47.18 (48.98)	3:56.89
				10 Hertsmere Flyers	3:43.26	
		56.42	1:54.39 (57.97)	3:56.73 (2:02.34)	3:56.89 (0.16)	

Event 3 Girls 11 Year Olds 200 SC Meter IM

	Name		Age	Team	Seed Time	Finals Time
1	Amy Barton		11	Chesham	3:24.21	3:06.10
2	Emily K Dean	44.54	1:30.57 (46.03)	2:27.12 (56.55)	3:06.10 (38.98)	3:08.11
				11 Barnet Cophall	3:08.32	
3	Megan Moore	47.36	1:33.07 (45.71)	2:28.06 (54.99)	3:08.11 (40.05)	3:11.90
				11 Chesham	3:14.21	
4	Bethany Ellison-Perrett	45.29	1:35.44 (50.15)	2:28.45 (53.01)	3:11.90 (43.45)	3:12.77
				11 Hillingdon Borough SC	3:08.00	
5	Charlotte Jackson	42.29	1:33.53 (51.24)	2:32.98 (59.45)	3:12.77 (39.79)	3:15.32
				11 Hillingdon Borough SC	3:19.91	
6	Rachael Neal	45.45	1:34.57 (49.12)	2:34.42 (59.85)	3:15.32 (40.90)	3:21.09
				11 Hillingdon Borough SC	3:30.00	
		46.67	1:35.63 (48.96)	2:37.55 (1:01.92)	3:21.09 (43.54)	

Event 3 Girls 12 Year Olds 200 SC Meter IM

	Name		Age	Team	Seed Time	Finals Time
1	Sarah Pickin		12	Chesham	2:51.94	2:48.71
2	Sara Harizi	38.85	1:23.99 (45.14)	2:10.69 (46.70)	2:48.71 (38.02)	3:03.50
				12 Griffins of Enfield	2:59.56	
3	Sophie Masters	42.76	1:26.59 (43.83)	2:21.40 (54.81)	3:03.50 (42.10)	3:20.11
				12 Hillingdon Borough SC	3:20.00	
4	Gemma Izen	40.78	1:34.17 (53.39)	2:37.29 (1:03.12)	3:20.11 (42.82)	3:22.06
				12 Hertsmere Flyers	3:21.21	
		50.23	1:42.87 (52.64)	2:40.26 (57.39)	3:22.06 (41.80)	

Event 3 Girls 13 Year Olds 200 SC Meter IM

	Name		Age	Team	Seed Time	Finals Time
1	Jenny Budden		13	Griffins of Enfield	2:37.23	2:34.15
2	Olivia Bailey	34.13	1:12.73 (38.60)	1:57.92 (45.19)	2:34.15 (36.23)	2:41.97
				13 Chesham	2:39.77	
3	Jessy Millican	37.08	1:17.13 (40.05)	2:05.74 (48.61)	2:41.97 (36.23)	2:47.42
				13 Chesham	2:50.00	
4	Mariama Ives-Moiba	38.93	1:22.53 (43.60)	2:10.56 (48.03)	2:47.42 (36.86)	2:51.85
				13 Griffins of Enfield	2:50.73	
5	Clare Bartington	39.34	1:20.76 (41.42)	2:12.99 (52.23)	2:51.85 (38.86)	2:58.37
				13 Chesham	2:53.16	
		41.24	1:27.38 (46.14)	2:19.77 (52.39)	2:58.37 (38.60)	

Event 3 Girls 14 & Over 200 SC Meter IM

	Name		Age	Team	Seed Time	Finals Time
1	Leanne Fernandes		15	Hertsmere Flyers	2:41.34	2:44.21
2	Catherine Demont	37.11	1:18.26 (41.15)	2:05.79 (47.53)	2:44.21 (38.42)	2:44.99
				15 Griffins of Enfield	2:43.98	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

3	Maria Pieri	36.42	1:18.20 (41.78)	2:07.92 (49.72)	2:44.99 (37.07)	2:52.90	2:48.23
			14	Griffins of Enfield			
4	Emma Tootill	37.89	1:19.63 (41.74)	2:10.96 (51.33)	2:48.23 (37.27)	2:46.31	2:49.61
			14	Hertsmere Flyers			
5	Isabelle Jarvis	38.07	1:23.05 (44.98)	2:10.73 (47.68)	2:49.61 (38.88)	2:58.60	3:00.87
			15	Chesham			
		39.34	1:28.59 (49.25)	2:19.66 (51.07)	3:00.87 (41.21)		

Event 4 Boys 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Zach Shalovsky	9	Barnet Cophthall	8:26.33	6:44.14
			44.25	1:34.99 (50.74)
			4:13.40 (52.87)	5:05.16 (51.76)
2 Alan Goodman	9	Barnet Cophthall	8:06.11	7:01.12
			43.54	1:34.99 (51.45)
			4:20.59 (56.13)	5:13.20 (52.61)
3 Charlie Turner	9	Barnet Cophthall	7:17.37	7:02.93
			45.11	1:37.60 (52.49)
			4:22.64 (53.67)	5:18.03 (55.39)
4 Kazuki Kobayashi	9	Barnet Cophthall	7:55.44	7:05.67
			46.15	1:39.85 (53.70)
			4:23.84 (55.47)	5:17.79 (53.95)
5 Kento Tsuda	9	Barnet Cophthall	8:50.94	8:40.00
			54.81	2:00.13 (1:05.32)
			5:17.61 (1:08.60)	6:21.10 (1:03.49)
--- Panayiotis Panteli	9	Barnet Cophthall	9:08.43	DQ
				3:06.57 (1:06.44)
				7:26.89 (1:05.79)
				4:09.01 (1:02.44)
				8:40.00 (1:13.11)

Event 4 Boys 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Edward Walker	10	Hillingdon Borough SC	5:47.52	5:34.37
			36.84	1:19.79 (42.95)
			3:30.10 (44.26)	4:13.41 (43.31)
2 Matthew Conder	10	Hillingdon Borough SC	5:45.03	5:46.93
			38.26	1:22.22 (43.96)
			3:35.67 (44.21)	4:21.16 (45.49)
3 Curtis Coleman	10	Barnet Cophthall	6:23.10	5:47.85
			38.62	1:23.22 (44.60)
			3:39.80 (45.58)	4:23.98 (44.18)
4 Luke Jones	10	Hertsmere Flyers	5:54.99	5:49.35
			37.30	1:20.47 (43.17)
			3:36.58 (45.72)	4:22.21 (45.63)
5 Jamie Richter	10	Barnet Cophthall	7:08.83	5:53.05
			38.82	1:24.45 (45.63)
			3:39.75 (44.23)	4:25.47 (45.72)
6 Callum Mitchell	10	Hillingdon Borough SC	6:30.49	5:58.31
			37.56	1:21.35 (43.79)
			3:40.51 (46.61)	4:26.56 (46.05)
7 Yaron Ash	10	Hertsmere Flyers	6:30.21	6:04.67
			39.64	1:25.38 (45.74)
			3:44.89 (47.17)	4:32.76 (47.87)
8 George Sadler	10	Hillingdon Borough SC	7:30.00	6:19.31
				2:07.65 (46.30)
				5:12.91 (46.35)
				2:50.86 (45.93)
				5:49.35 (42.82)
				2:54.22 (45.52)
				5:47.85 (40.17)
				2:55.52 (45.47)
				5:53.05 (42.50)
				2:57.72 (47.29)
				6:04.67 (44.67)

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

	42.74	1:31.26 (48.52)	2:21.16 (49.90)	3:11.09 (49.93)	
	4:01.22 (50.13)	4:48.48 (47.26)	5:34.60 (46.12)	6:19.31 (44.71)	
9	Josh Pointer		10 Barnet Cophthall	7:32.93	6:43.48
	40.15	1:29.89 (49.74)	2:22.55 (52.66)	3:15.22 (52.67)	
	4:08.39 (53.17)	5:00.91 (52.52)	5:54.71 (53.80)	6:43.48 (48.77)	
10	Joel Perrett		10 Hillingdon Borough SC	6:52.00	6:44.04
	45.44	1:36.57 (51.13)	2:28.69 (52.12)	3:22.53 (53.84)	
	4:13.59 (51.06)	5:07.33 (53.74)	5:58.21 (50.88)	6:44.04 (45.83)	
11	Liam Chong		10 Barnet Cophthall	6:59.60	6:47.13
	42.28	1:33.20 (50.92)	2:28.18 (54.98)	3:21.44 (53.26)	
	4:14.85 (53.41)	5:07.35 (52.50)	5:59.50 (52.15)	6:47.13 (47.63)	
12	Aris Savva		10 Barnet Cophthall	9:00.00	8:20.24
	54.50	1:54.65 (1:00.15)	2:57.14 (1:02.49)	4:02.29 (1:05.15)	
	5:06.80 (1:04.51)	6:10.50 (1:03.70)	7:08.97 (58.47)	8:20.24 (1:11.27)	
13	Stephen McKenzie		10 Barnet Cophthall	9:00.00	9:11.67
	56.11	2:05.27 (1:09.16)	3:15.83 (1:10.56)	4:30.10 (1:14.27)	
	5:41.09 (1:10.99)	6:53.56 (1:12.47)	8:04.00 (1:10.44)	9:11.67 (1:07.67)	

Event 4 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1	George Carter	11 Barnet Cophthall	5:08.12	5:08.15
	34.25	1:13.52 (39.27)	1:52.80 (39.28)	2:32.02 (39.22)
	3:10.30 (38.28)	3:49.94 (39.64)	4:29.53 (39.59)	5:08.15 (38.62)
2	Michael A Fernandes	11 Barnet Cophthall	5:26.57	5:11.22
	35.49	1:15.36 (39.87)	1:55.04 (39.68)	2:35.27 (40.23)
	3:15.18 (39.91)	3:54.99 (39.81)	4:33.91 (38.92)	5:11.22 (37.31)
3	Ricky Fryer	11 Hillingdon Borough SC	5:12.00	5:11.41
	33.21	1:11.83 (38.62)	1:51.08 (39.25)	2:31.09 (40.01)
	3:11.35 (40.26)	3:52.06 (40.71)	4:33.04 (40.98)	5:11.41 (38.37)
4	Adam Wood	11 Hillingdon Borough SC	5:26.78	5:14.10
	35.82	1:15.49 (39.67)	1:55.44 (39.95)	2:36.27 (40.83)
	3:16.87 (40.60)	3:56.48 (39.61)	4:36.27 (39.79)	5:14.10 (37.83)
5	William Rea	11 Chesham	6:00.00	5:27.14
	34.58	1:16.35 (41.77)	1:58.93 (42.58)	2:41.55 (42.62)
	3:24.88 (43.33)	4:06.56 (41.68)	4:47.88 (41.32)	5:27.14 (39.26)
6	Adam Prunty	11 Hillingdon Borough SC	5:45.04	5:33.49
	36.62	1:18.91 (42.29)	2:01.45 (42.54)	2:43.71 (42.26)
	3:26.17 (42.46)	4:09.82 (43.65)	4:52.52 (42.70)	5:33.49 (40.97)
7	Hugo Cliff	11 Barnet Cophthall	5:36.08	5:42.80
	34.94	1:16.54 (41.60)	2:00.99 (44.45)	2:45.53 (44.54)
	3:31.53 (46.00)	4:15.00 (43.47)	5:00.96 (45.96)	5:42.80 (41.84)
8	Lucas Navarro	11 Hillingdon Borough SC	5:59.00	5:48.19
	38.41	1:22.35 (43.94)	2:07.93 (45.58)	2:53.46 (45.53)
	3:38.72 (45.26)	4:24.17 (45.45)	5:08.33 (44.16)	5:48.19 (39.86)
9	Jack Warren	11 Hillingdon Borough SC	5:54.95	5:54.34
	38.00	1:22.68 (44.68)	2:08.61 (45.93)	2:53.51 (44.90)
	3:39.48 (45.97)	4:25.35 (45.87)	5:10.97 (45.62)	5:54.34 (43.37)
10	Adrian D Schindler	11 Barnet Cophthall	6:21.04	6:16.08
	38.39	1:26.09 (47.70)	2:13.58 (47.49)	3:03.75 (50.17)
	3:52.53 (48.78)	4:41.68 (49.15)	5:30.02 (48.34)	6:16.08 (46.06)
11	James McGowan	11 Hillingdon Borough SC	6:50.11	6:23.77
	41.76	1:30.62 (48.86)	2:20.23 (49.61)	3:09.78 (49.55)
	3:59.08 (49.30)	4:48.34 (49.26)	5:37.57 (49.23)	6:23.77 (46.20)
12	Bradley Doherty	11 Barnet Cophthall	7:50.11	6:28.42

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

	41.17	1:29.37 (48.20)	2:19.56 (50.19)	3:09.74 (50.18)	
	4:01.22 (51.48)	4:51.07 (49.85)	5:41.66 (50.59)	6:28.42 (46.76)	
13 Joe Jackson		11 Barnet Cophthall		7:20.00	6:43.40
	43.71	1:34.12 (50.41)	2:26.37 (52.25)	3:19.46 (53.09)	
	4:12.64 (53.18)	5:06.27 (53.63)	5:55.63 (49.36)	6:43.40 (47.77)	
14 Joshua Gaventa		11 Barnet Cophthall		7:00.00	6:46.32
	42.12	1:33.55 (51.43)	2:26.14 (52.59)	3:20.73 (54.59)	
	4:14.88 (54.15)	5:07.99 (53.11)	6:00.32 (52.33)	6:46.32 (46.00)	
15 Theophilus Hee		11 Barnet Cophthall		9:00.00	9:04.96
	57.88	2:04.77 (1:06.89)	3:13.89 (1:09.12)	4:23.96 (1:10.07)	
	5:35.05 (1:11.09)	6:46.50 (1:11.45)	7:55.79 (1:09.29)	9:04.96 (1:09.17)	
--- Jasper Wong		11 Barnet Cophthall		9:00.00	DQ
	55.38	2:00.61 (1:05.23)	3:09.84 (1:09.23)	4:23.58 (1:13.74)	
	5:33.91 (1:10.33)	6:44.58 (1:10.67)	7:53.81 (1:09.23)	DQ (1:05.58)	

Event 4 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Jay Munkley	12	Hertsmere Flyers	5:00.06	4:55.65
	33.79	1:11.30 (37.51)	1:48.32 (37.02)	2:26.09 (37.77)
	3:03.78 (37.69)	3:41.85 (38.07)	4:19.62 (37.77)	4:55.65 (36.03)
2 Edward T Allchorne	12	Barnet Cophthall	5:03.33	5:05.92
	34.50	1:12.45 (37.95)	1:51.62 (39.17)	2:30.38 (38.76)
	3:09.23 (38.85)	3:48.73 (39.50)	4:28.21 (39.48)	5:05.92 (37.71)
3 Henry Yau	12	Barnet Cophthall	5:32.15	5:11.46
	34.67	1:13.87 (39.20)	1:53.93 (40.06)	2:33.98 (40.05)
	3:14.89 (40.91)	3:54.75 (39.86)	4:34.93 (40.18)	5:11.46 (36.53)
4 Luke Conder	12	Hillingdon Borough SC	5:22.67	5:19.98
	35.07	1:14.73 (39.66)	1:55.19 (40.46)	2:36.30 (41.11)
	3:17.40 (41.10)	3:59.13 (41.73)	4:41.09 (41.96)	5:19.98 (38.89)
5 Ben Millican	12	Chesham	5:23.00	5:20.91
	35.33	1:16.03 (40.70)	1:57.17 (41.14)	2:38.54 (41.37)
	3:19.79 (41.25)	4:01.93 (42.14)	4:42.38 (40.45)	5:20.91 (38.53)
6 Jared Baker	12	Hertsmere Flyers	5:48.21	5:34.12
	36.17	1:18.87 (42.70)	2:01.61 (42.74)	2:44.99 (43.38)
	3:29.47 (44.48)	4:12.02 (42.55)	4:55.12 (43.10)	5:34.12 (39.00)
7 Gregory Thornton	12	Chesham	5:40.66	5:47.21
	37.56	1:20.31 (42.75)	2:05.41 (45.10)	2:48.35 (42.94)
	3:32.79 (44.44)	4:16.08 (43.29)	5:03.09 (47.01)	5:47.21 (44.12)
8 Manasseh R Dalton-Brown	12	Barnet Cophthall	8:34.35	6:08.31
	39.33	1:25.85 (46.52)	2:13.91 (48.06)	3:00.57 (46.66)
	3:46.65 (46.08)	4:35.27 (48.62)	5:23.44 (48.17)	6:08.31 (44.87)
9 Akil Philip-Forde	12	Barnet Cophthall	6:30.00	6:20.22
	40.45	1:26.91 (46.46)	2:15.56 (48.65)	3:04.47 (48.91)
	3:54.08 (49.61)	4:43.05 (48.97)	5:32.14 (49.09)	6:20.22 (48.08)
10 Adam Taie	12	Barnet Cophthall	9:00.00	7:06.87
	48.04	1:42.67 (54.63)	2:37.56 (54.89)	3:31.94 (54.38)
	4:28.41 (56.47)	5:24.16 (55.75)	6:20.66 (56.50)	7:06.87 (46.21)

Event 4 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Alex R Jessop	13	Barnet Cophthall	4:27.00	4:26.99
	31.13	1:04.14 (33.01)	1:37.71 (33.57)	2:11.17 (33.46)
	2:44.95 (33.78)	3:18.74 (33.79)	3:53.09 (34.35)	4:26.99 (33.90)

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

2	Joel Sands	13	Barnet Cophthall	5:04.18	4:54.48
	33.50	1:11.20 (37.70)	1:49.04 (37.84)	2:26.79 (37.75)	
	3:04.61 (37.82)	3:42.56 (37.95)	4:19.79 (37.23)	4:54.48 (34.69)	
3	Kim Lam Liu	13	Barnet Cophthall	5:08.28	4:55.74
	33.89	1:10.25 (36.36)	1:47.08 (36.83)	2:24.71 (37.63)	
	3:02.99 (38.28)	3:41.43 (38.44)	4:19.67 (38.24)	4:55.74 (36.07)	
4	Tom Randall	13	Hillingdon Borough SC	4:57.09	4:56.03
	34.19	1:12.31 (38.12)	1:50.53 (38.22)	2:28.66 (38.13)	
	3:06.27 (37.61)	3:43.83 (37.56)	4:20.97 (37.14)	4:56.03 (35.06)	
5	Alastair Dawson	13	Chesham	5:25.27	4:56.59
	35.06	1:13.08 (38.02)	1:50.99 (37.91)	2:29.29 (38.30)	
	3:07.03 (37.74)	3:44.51 (37.48)	4:22.63 (38.12)	4:56.59 (33.96)	
6	Christopher Cox	13	Hertsmere Flyers	5:10.13	4:57.65
	32.98	1:09.46 (36.48)	1:47.03 (37.57)	2:24.67 (37.64)	
	3:03.23 (38.56)	3:41.81 (38.58)	4:20.48 (38.67)	4:57.65 (37.17)	
7	Ghasem Fathi	13	Barnet Cophthall	5:10.39	4:59.47
	32.76	1:10.31 (37.55)	1:46.53 (36.22)	2:24.97 (38.44)	
	3:03.65 (38.68)	3:42.96 (39.31)	4:21.99 (39.03)	4:59.47 (37.48)	
8	Elliott Woods	13	Hillingdon Borough SC	5:14.37	5:00.07
	32.74	1:10.31 (37.57)	1:49.01 (38.70)	2:28.69 (39.68)	
	3:08.13 (39.44)	3:47.60 (39.47)	4:24.88 (37.28)	5:00.07 (35.19)	
9	Marco Navarro	13	Hillingdon Borough SC	5:18.04	5:15.99
	34.52	1:14.25 (39.73)	1:54.46 (40.21)	2:34.99 (40.53)	
	3:15.40 (40.41)	3:55.99 (40.59)	4:36.47 (40.48)	5:15.99 (39.52)	

Event 4 Boys 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Matthew Tuff	15	Hillingdon Borough SC	4:31.75	4:28.84
	30.49	1:04.05 (33.56)	1:38.01 (33.96)	2:11.96 (33.95)	
	2:46.34 (34.38)	3:20.90 (34.56)	3:55.66 (34.76)	4:28.84 (33.18)	
2	James J Creager	14	Barnet Cophthall	4:31.36	4:32.50
	31.01	1:04.88 (33.87)	1:39.17 (34.29)	2:14.05 (34.88)	
	2:49.44 (35.39)	3:24.23 (34.79)	3:59.18 (34.95)	4:32.50 (33.32)	
3	Oliver Green	15	Hillingdon Borough SC	4:40.57	4:32.76
	30.60	1:05.22 (34.62)	1:40.14 (34.92)	2:15.22 (35.08)	
	2:49.99 (34.77)	3:24.60 (34.61)	3:59.07 (34.47)	4:32.76 (33.69)	
4	Alex Marr	15	Hillingdon Borough SC	4:37.23	4:38.22
	31.31	1:05.40 (34.09)	1:39.90 (34.50)	2:15.25 (35.35)	
	2:50.57 (35.32)	3:26.81 (36.24)	4:02.63 (35.82)	4:38.22 (35.59)	
5	James Williamson	15	Hillingdon Borough SC	4:35.62	4:40.26
	30.93	1:05.49 (34.56)	1:40.60 (35.11)	2:16.49 (35.89)	
	2:52.51 (36.02)	3:28.78 (36.27)	4:04.82 (36.04)	4:40.26 (35.44)	
6	Jack Diggins	14	Hillingdon Borough SC	4:55.27	4:47.99
	33.52	1:10.74 (37.22)	1:47.50 (36.76)	2:24.15 (36.65)	
	3:00.78 (36.63)	3:37.29 (36.51)	4:13.43 (36.14)	4:47.99 (34.56)	
7	Nick Osman	14	Griffins of Enfield	4:43.91	4:51.29
	31.73	1:07.13 (35.40)	1:43.87 (36.74)	2:20.70 (36.83)	
	2:58.28 (37.58)	3:36.48 (38.20)	4:14.73 (38.25)	4:51.29 (36.56)	
8	Nicolas Smith	14	Hillingdon Borough SC	4:48.76	4:54.37
	32.26	1:08.93 (36.67)	1:47.00 (38.07)	2:25.31 (38.31)	
	3:04.04 (38.73)	3:41.98 (37.94)	4:19.73 (37.75)	4:54.37 (34.64)	
9	Adam Kuo	14	Hertsmere Flyers	5:05.21	4:56.07
	33.17	1:10.03 (36.86)	1:47.98 (37.95)	2:25.89 (37.91)	

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

3:03.85 (37.96) 3:42.24 (38.39) 4:20.14 (37.90) 4:56.07 (35.93)

Event 5 Girls 9 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Anum Bandey	9	Barnet Cophthall	8:04.00	7:33.48
	53.25	2:05.67 (1:12.42)	2:58.06 (52.39)	3:51.72 (53.66)
	4:51.07 (59.35)	5:51.66 (1:00.59)	6:42.84 (51.18)	7:33.48 (50.64)
--- Mollie Whiteside	9	Barnet Cophthall	9:00.00	DQ
	59.48	2:17.17 (1:17.69)	3:12.50 (55.33)	4:08.65 (56.15)
	5:13.48 (1:04.83)	6:21.47 (1:07.99)	7:13.25 (51.78)	DQ (50.30)
--- Akari Ishida	9	Barnet Cophthall	8:00.00	DQ
	48.26	1:45.94 (57.68)	2:38.43 (52.49)	3:29.21 (50.78)
	4:28.93 (59.72)	5:29.37 (1:00.44)	6:17.53 (48.16)	DQ (46.44)
--- Jodie Hare	9	Barnet Cophthall	8:04.00	DQ
	49.45	2:08.36 (1:18.91)	3:08.14 (59.78)	4:03.87 (55.73)
	5:09.69 (1:05.82)	6:20.53 (1:10.84)	7:12.68 (52.15)	DQ (49.71)

Event 5 Girls 10 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Harumi Yagi	10	Barnet Cophthall	6:06.33	6:04.30
	40.44	1:26.41 (45.97)	2:14.04 (47.63)	3:01.94 (47.90)
	3:51.78 (49.84)	4:44.00 (52.22)	5:24.14 (40.14)	6:04.30 (40.16)
2 Nicola Burlingham	10	Barnet Cophthall	6:22.82	6:04.91
	40.29	1:27.40 (47.11)	2:08.87 (41.47)	2:52.05 (43.18)
	3:47.44 (55.39)	4:44.41 (56.97)	5:24.58 (40.17)	6:04.91 (40.33)
3 Jaycee Sibley	10	Hillingdon Borough SC	6:57.85	6:37.25
	44.72	1:38.91 (54.19)	2:28.08 (49.17)	3:17.84 (49.76)
	4:13.72 (55.88)	5:11.31 (57.59)	5:54.44 (43.13)	6:37.25 (42.81)
4 Fiona McAndrew	10	Hillingdon Borough SC	7:14.00	6:56.30
	48.00	1:48.35 (1:00.35)	2:43.31 (54.96)	3:38.43 (55.12)
	4:34.14 (55.71)	5:28.58 (54.44)	6:13.95 (45.37)	6:56.30 (42.35)
5 Sarah Sharp	10	Barnet Cophthall	7:23.00	7:19.91
	47.64	1:46.25 (58.61)	2:45.42 (59.17)	3:42.31 (56.89)
	4:41.00 (58.69)	5:42.03 (1:01.03)	6:34.25 (52.22)	7:19.91 (45.66)
6 Pascale Howell	10	Barnet Cophthall	9:00.00	7:58.61
	48.68	1:53.53 (1:04.85)	2:56.05 (1:02.52)	3:56.93 (1:00.88)
	5:04.33 (1:07.40)	6:16.04 (1:11.71)	7:08.63 (52.59)	7:58.61 (49.98)

Event 5 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Karley Mann	11	Hillingdon Borough SC	5:35.99	5:33.55
	35.98	1:18.90 (42.92)	2:00.60 (41.70)	2:42.65 (42.05)
	3:30.85 (48.20)	4:20.54 (49.69)	4:57.80 (37.26)	5:33.55 (35.75)
2 Megan Boldison	11	Barnet Cophthall	5:58.00	6:00.42
	36.13	1:19.51 (43.38)	2:08.17 (48.66)	2:54.57 (46.40)
	3:47.53 (52.96)	4:40.18 (52.65)	5:20.97 (40.79)	6:00.42 (39.45)
3 Shannen Fisher	11	Hillingdon Borough SC	6:30.00	6:03.66
	42.84	1:31.40 (48.56)	2:18.12 (46.72)	3:02.52 (44.40)
	3:52.17 (49.65)	4:42.72 (50.55)	5:24.25 (41.53)	6:03.66 (39.41)
4 Jessica Karp	11	Barnet Cophthall	6:34.33	6:34.37
	40.37	1:33.84 (53.47)	2:20.60 (46.76)	3:09.18 (48.58)
	4:05.54 (56.36)	5:03.90 (58.36)	5:50.03 (46.13)	6:34.37 (44.34)
5 Megan Moore	11	Chesham	7:05.00	6:41.30

Barnet Cophthall Swimming Club Middle Distance Development Meet – 22nd October 2006

	46.40	1:40.60 (54.20)	2:31.39 (50.79)	3:21.59 (50.20)	
	4:15.98 (54.39)	5:10.33 (54.35)	5:55.80 (45.47)	6:41.30 (45.50)	
6	Saniya Bandey	11	Barnet Cophthall	7:27.59	7:03.10
	48.36	1:49.24 (1:00.88)	2:40.10 (50.86)	3:31.61 (51.51)	
	4:27.55 (55.94)	5:26.81 (59.26)	6:14.94 (48.13)	7:03.10 (48.16)	
7	Angelina Filippone	11	Barnet Cophthall	7:07.34	7:04.96
	47.51	1:48.58 (1:01.07)	2:41.00 (52.42)	3:33.72 (52.72)	
	4:33.37 (59.65)	5:32.91 (59.54)	6:20.55 (47.64)	7:04.96 (44.41)	

Event 5 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	Georgia T Jackson-Virk	12	Barnet Cophthall	5:45.73	5:31.26
	36.95	1:17.76 (40.81)	2:00.77 (43.01)	2:44.19 (43.42)	
	3:30.86 (46.67)	4:17.24 (46.38)	4:54.74 (37.50)	5:31.26 (36.52)	
2	Sarah Quinn	12	Hillingdon Borough SC	5:37.20	5:32.36
	38.14	1:22.59 (44.45)	2:05.56 (42.97)	2:47.46 (41.90)	
	3:34.07 (46.61)	4:20.02 (45.95)	4:56.77 (36.75)	5:32.36 (35.59)	
3	Jo-Anne Zambelli	12	Barnet Cophthall	5:55.00	5:32.55
	37.38	1:20.00 (42.62)	2:00.97 (40.97)	2:41.53 (40.56)	
	3:30.75 (49.22)	4:19.53 (48.78)	4:57.32 (37.79)	5:32.55 (35.23)	
4	Sarah Pickin	12	Chesham	6:18.95	5:51.89
	39.58	1:26.82 (47.24)	2:13.99 (47.17)	2:59.63 (45.64)	
	3:46.60 (46.97)	4:34.53 (47.93)	5:14.86 (40.33)	5:51.89 (37.03)	
5	Charlotte Fairclough	12	Hillingdon Borough SC	6:30.00	6:07.72
	43.52	1:34.57 (51.05)	2:20.30 (45.73)	3:05.95 (45.65)	
	3:58.26 (52.31)	4:50.31 (52.05)	5:30.26 (39.95)	6:07.72 (37.46)	
6	Emma Harrington	12	Hillingdon Borough SC	6:06.82	6:10.06
	42.71	1:34.36 (51.65)	2:19.19 (44.83)	3:03.17 (43.98)	
	3:57.31 (54.14)	4:51.10 (53.79)	5:31.35 (40.25)	6:10.06 (38.71)	
7	Zoe Wells	12	Griffins of Enfield	6:14.39	6:11.53
	38.47	1:27.46 (48.99)	2:14.62 (47.16)	3:00.67 (46.05)	
	3:56.41 (55.74)	4:50.35 (53.94)	5:31.87 (41.52)	6:11.53 (39.66)	
8	Katherine Neal	12	Hillingdon Borough SC	7:00.00	6:19.02
	41.79	1:31.79 (50.00)	2:20.33 (48.54)	3:07.85 (47.52)	
	4:03.51 (55.66)	4:59.36 (55.85)	5:40.04 (40.68)	6:19.02 (38.98)	
9	Sara Harizi	12	Griffins of Enfield	6:12.80	6:25.28
	41.06	1:33.96 (52.90)	2:22.68 (48.72)	3:11.54 (48.86)	
	4:03.86 (52.32)	4:57.22 (53.36)	5:41.95 (44.73)	6:25.28 (43.33)	
10	Lauren Yates	12	Barnet Cophthall	6:45.02	6:41.08
	45.92	1:44.96 (59.04)	2:29.95 (44.99)	3:17.88 (47.93)	
	4:14.67 (56.79)	5:14.18 (59.51)	5:58.23 (44.05)	6:41.08 (42.85)	

Event 5 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1	Francesca Marr	13	Hillingdon Borough SC	4:58.72	5:01.75
	31.96	1:08.70 (36.74)	1:49.61 (40.91)	2:28.04 (38.43)	
	3:10.10 (42.06)	3:52.28 (42.18)	4:27.73 (35.45)	5:01.75 (34.02)	
2	Jenny Budden	13	Griffins of Enfield	5:33.56	5:26.61
	36.51	1:16.55 (40.04)	1:56.94 (40.39)	2:38.03 (41.09)	
	3:24.65 (46.62)	4:12.37 (47.72)	4:50.51 (38.14)	5:26.61 (36.10)	
3	Karolina Silwicz	13	Barnet Cophthall	5:45.00	5:30.93
	33.39	1:13.63 (40.24)	1:54.45 (40.82)	2:35.08 (40.63)	
	3:23.91 (48.83)	4:14.10 (50.19)	4:54.11 (40.01)	5:30.93 (36.82)	
4	Jessica S Jackson-Virk	13	Barnet Cophthall	5:39.75	5:31.66

Barnet Cophall Swimming Club Middle Distance Development Meet – 22nd October 2006

	37.52	1:20.97 (43.45)	2:02.62 (41.65)	2:44.99 (42.37)	
	3:29.51 (44.52)	4:15.36 (45.85)	4:54.46 (39.10)	5:31.66 (37.20)	
5 Isabel Brand		13 Chesham		6:05.00	5:55.34
	39.49	1:27.10 (47.61)	2:11.54 (44.44)	2:55.57 (44.03)	
	3:46.19 (50.62)	4:38.47 (52.28)	5:17.33 (38.86)	5:55.34 (38.01)	
6 Liana Gore		13 Hillingdon Borough SC		6:30.00	6:12.58
	42.29	1:33.10 (50.81)	2:19.74 (46.64)	3:06.14 (46.40)	
	3:57.73 (51.59)	4:50.83 (53.10)	5:31.83 (41.00)	6:12.58 (40.75)	

Event 5 Girls 14 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Melanie Quinn	16	Hillingdon Borough SC	5:05.56	5:10.45
	33.78	1:12.73 (38.95)	1:52.32 (39.59)	2:33.09 (40.77)
	3:14.96 (41.87)	3:59.12 (44.16)	4:35.70 (36.58)	5:10.45 (34.75)
2 Holly Elderfield	14	Hillingdon Borough SC	5:30.00	5:31.10
	33.50	1:13.11 (39.61)	1:55.83 (42.72)	2:38.65 (42.82)
	3:26.88 (48.23)	4:14.98 (48.10)	4:53.62 (38.64)	5:31.10 (37.48)
3 Leanne Fernandes	15	Hertsmere Flyers	5:40.38	5:49.48
	38.96	1:23.31 (44.35)	2:05.27 (41.96)	2:47.47 (42.20)
	3:38.81 (51.34)	4:29.24 (50.43)	5:09.52 (40.28)	5:49.48 (39.96)
4 Elizabeth McGowan	14	Hillingdon Borough SC	6:20.00	5:51.39
	39.83	1:26.19 (46.36)	2:10.18 (43.99)	2:53.18 (43.00)
	3:44.59 (51.41)	4:34.83 (50.24)	5:14.32 (39.49)	5:51.39 (37.07)
5 Catherine Demont	15	Griffins of Enfield	5:56.14	5:53.79
	37.98	1:19.99 (42.01)	2:06.22 (46.23)	2:50.93 (44.71)
	3:42.38 (51.45)	4:34.47 (52.09)	5:15.07 (40.60)	5:53.79 (38.72)
6 Emma Tootill	14	Hertsmere Flyers	5:52.85	6:01.07
	39.07	1:26.90 (47.83)	2:12.41 (45.51)	2:59.72 (47.31)
	3:47.63 (47.91)	4:38.21 (50.58)	5:20.15 (41.94)	6:01.07 (40.92)
7 Isabelle Jarvis	15	Chesham	6:17.06	6:22.89
	40.37	1:28.48 (48.11)	2:18.53 (50.05)	3:08.02 (49.49)
	4:01.48 (53.46)	4:56.46 (54.98)	5:40.44 (43.98)	6:22.89 (42.45)

Event 6 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Edward Walker	10	Hillingdon Borough SC	3:10.00	3:01.62
	40.00	1:28.51 (48.51)	2:23.65 (55.14)	3:01.62 (37.97)
2 Callum Mitchell	10	Hillingdon Borough SC	3:30.41	3:12.15
	45.35	1:32.18 (46.83)	2:29.54 (57.36)	3:12.15 (42.61)
3 Luke Jones	10	Hertsmere Flyers	3:22.58	3:17.43
	46.11	1:39.92 (53.81)	2:35.97 (56.05)	3:17.43 (41.46)
4 Yaron Ash	10	Hertsmere Flyers	3:15.26	3:18.28
	43.90	1:34.17 (50.27)	2:32.59 (58.42)	3:18.28 (45.69)
5 George Sadler	10	Hillingdon Borough SC	3:30.00	3:27.54
	49.95	1:42.46 (52.51)	2:43.50 (1:01.04)	3:27.54 (44.04)
6 Joel Perrett	10	Hillingdon Borough SC	3:38.00	3:34.53
	49.72	1:42.88 (53.16)	2:48.76 (1:05.88)	3:34.53 (45.77)

Event 6 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Michael A Fernandes	11	Barnet Cophall	2:50.91	2:45.74

Barnet Cophall Swimming Club Middle Distance Development Meet – 22nd October 2006

2	Lucas Navarro	37.64	1:19.49 (41.85)	2:09.74 (50.25)	2:45.74 (36.00)	3:16.22	3:00.63
			11 Hillingdon Borough SC				
3	William Rea	42.66	1:30.43 (47.77)	2:22.92 (52.49)	3:00.63 (37.71)	3:03.47	3:01.21
			11 Chesham				
4	Hugo Cliff	38.81	1:26.63 (47.82)	2:22.10 (55.47)	3:01.21 (39.11)	3:34.29	3:08.75
			11 Barnet Cophall				
5	Jack Warren	41.73	1:29.61 (47.88)	2:29.71 (1:00.10)	3:08.75 (39.04)	3:28.50	3:14.20
			11 Hillingdon Borough SC				
6	James McGowan	46.29	1:34.39 (48.10)	2:31.07 (56.68)	3:14.20 (43.13)	3:25.40	3:24.16
			11 Hillingdon Borough SC				
---	Adrian D Schindler	47.77	1:41.07 (53.30)	2:39.49 (58.42)	3:24.16 (44.67)	3:27.52	DQ
			11 Barnet Cophall				
		49.51	1:42.56 (53.05)	2:55.66 (1:13.10)	DQ (47.65)		

Event 6 Boys 12 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Henry Yau	12	Barnet Cophall	2:50.18	2:45.11
2	Jay Munkley	12	Hertsmere Flyers	2:50.87	2:52.65
				2:45.11 (36.81)	
3	Ben Millican	12	Chesham	3:00.00	2:56.10
				2:52.65 (37.63)	
4	Jared Baker	12	Hertsmere Flyers	3:10.18	3:15.77
				2:56.10 (39.07)	
5	Gregory Thornton	12	Chesham	3:35.00	3:16.46
				3:15.77 (43.33)	
				49.48	1:42.14 (52.66)
				2:32.96 (50.82)	3:16.46 (43.50)

Event 6 Boys 13 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Ghasem Fathi	13	Barnet Cophall	2:33.11	2:31.02
2	Kim Lam Liu	13	Barnet Cophall	2:45.93	2:39.55
				2:31.02 (34.60)	
3	Keil Zakrzewski	13	Chesham	2:43.95	2:44.76
				2:39.55 (36.92)	
4	Christopher Cox	13	Hertsmere Flyers	2:53.74	2:47.17
				2:44.76 (36.33)	
5	Joel Sands	13	Barnet Cophall	3:02.53	2:51.74
				2:47.17 (35.37)	
				41.94	1:24.06 (42.12)
				2:16.06 (52.00)	2:51.74 (35.68)

Event 6 Boys 14 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Sam Munkley	15	Hertsmere Flyers	2:24.07	2:31.23
2	Adam Kuo	14	Hertsmere Flyers	2:45.39	2:42.03
				2:31.23 (33.91)	
				37.92	1:21.37 (43.45)
				2:07.12 (45.75)	2:42.03 (34.91)