

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 1 Boys 10 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	Points
1 Jack Carr	10	Harrow & Wealdstone	6:36.72	3
2 Andrew Whitbread	10	Teddington	6:37.67	2
	42.12	1:31.62 (49.50)	2:22.68 (51.06)	3:14.33 (51.65)
	4:06.90 (52.57)	4:58.34 (51.44)	5:50.18 (51.84)	6:37.67 (47.49)
3 Rory McMonagle	10	Harrow & Wealdstone	6:37.86	1

Event 1 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Pavan Roprai	11	Hounslow Hurricanes	5:55.97	3
	40.36	1:24.59 (44.23)	2:10.25 (45.66)	2:56.30 (46.05)
	3:43.04 (46.74)	4:27.12 (44.08)	5:13.48 (46.36)	5:55.97 (42.49)

Event 1 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Charlie Boldison	12	Barnet Cophall	4:39.79	3
	30.48	1:06.14 (35.66)	1:42.76 (36.62)	2:18.58 (35.82)
	2:54.88 (36.30)	3:31.11 (36.23)	4:06.77 (35.66)	4:39.79 (33.02)
2 Alex Jessop	12	Barnet Cophall	4:50.53	2
	32.25	1:08.88 (36.63)	1:45.64 (36.76)	2:22.69 (37.05)
	3:00.11 (37.42)	3:37.10 (36.99)	4:14.56 (37.46)	4:50.53 (35.97)
3 Adam Carter	12	Borough of Southend	4:55.14	1
	34.19	1:11.10 (36.91)	1:48.57 (37.47)	2:25.78 (37.21)
	3:03.19 (37.41)	3:41.28 (38.09)	4:19.05 (37.77)	4:55.14 (36.09)
4 Lee Evans	12	Barnet Cophall	4:58.01	
	32.45	1:09.23 (36.78)	1:47.64 (38.41)	2:26.18 (38.54)
	3:05.00 (38.82)	3:43.53 (38.53)	4:21.39 (37.86)	4:58.01 (36.62)
5 James Carter	12	Borough of Southend	5:18.06	
	37.54	1:18.36 (40.82)	1:58.61 (40.25)	2:38.74 (40.13)
	3:18.82 (40.08)	3:58.95 (40.13)	4:39.59 (40.64)	5:18.06 (38.47)
6 Matthew Donlevey	12	Harrow & Wealdstone	5:18.58	
	35.31	1:15.83 (40.52)	1:57.74 (41.91)	2:39.36 (41.62)
	3:19.84 (40.48)	4:01.56 (41.72)	4:41.50 (39.94)	5:18.58 (37.08)
7 William Atkins	12	Hounslow Hurricanes	5:19.65	
	35.40	1:14.71 (39.31)	1:56.01 (41.30)	2:38.72 (42.71)
	3:20.47 (41.75)	4:01.07 (40.60)	4:41.55 (40.48)	5:19.65 (38.10)
8 Ashley Bickers	12	Barnet Cophall	5:36.62	
	36.37	1:17.60 (41.23)	2:00.39 (42.79)	2:43.44 (43.05)
	3:27.43 (43.99)	4:11.58 (44.15)	4:55.10 (43.52)	5:36.62 (41.52)
9 Devansh Gor	12	Barnet Cophall	5:47.91	
10 Joel Sands	12	Barnet Cophall	5:53.91	
11 Joseph Whitbread	12	Teddington	5:56.33	
	38.59	1:23.05 (44.46)	2:08.36 (45.31)	2:54.32 (45.96)
	3:40.92 (46.60)	4:27.86 (46.94)	5:12.74 (44.88)	5:56.33 (43.59)
12 Thomas Miles	12	Hounslow Hurricanes	6:12.23	
	39.43	1:24.78 (45.35)	2:11.83 (47.05)	2:59.99 (48.16)
	3:48.81 (48.82)	4:37.72 (48.91)	5:24.90 (47.18)	6:12.23 (47.33)
13 Saagar Mayani	12	Barnet Cophall	6:24.33	
			2:47.01 ()	
	3:54.88 ()	4:45.73 (50.85)	5:36.47 (50.74)	6:24.33 (47.86)

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

14	Andrew Wadsworth	12	Bletchley & District	6:29.39
	39.99	1:27.92 (47.93)	2:17.76 (49.84)	3:07.35 (49.59)
	3:59.09 (51.74)	4:51.49 (52.40)	5:43.41 (51.92)	6:29.39 (45.98)
15	Adam Blake	12	Hounslow Hurricanes	6:37.93
	40.98	1:29.00 (48.02)	2:19.14 (50.14)	3:10.28 (51.14)
	4:03.02 (52.74)	4:56.95 (53.93)	5:49.80 (52.85)	6:37.93 (48.13)

Event 1 Boys 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	Kevin O'Shea	13	Barnet Cophall	4:40.72	3
	30.14	1:03.67 (33.53)	1:39.09 (35.42)	2:14.83 (35.74)	
	2:51.62 (36.79)	3:28.80 (37.18)	4:05.27 (36.47)	4:40.72 (35.45)	
2	Sam Munkley	13	Hertsmere Flyers	4:47.41	2
	31.72	1:07.64 (35.92)	1:44.22 (36.58)	2:20.90 (36.68)	
	2:57.78 (36.88)	3:35.18 (37.40)	4:12.33 (37.15)	4:47.41 (35.08)	
3	James Creager	13	Barnet Cophall	5:04.29	1
	33.11	1:10.88 (37.77)	1:50.06 (39.18)	2:29.29 (39.23)	
	3:08.55 (39.26)	3:47.66 (39.11)	4:27.11 (39.45)	5:04.29 (37.18)	
4	Akshay Shah	13	Barnet Cophall	5:09.99	
	31.21	1:06.65 (35.44)	1:43.81 (37.16)	2:22.06 (38.25)	
	3:02.25 (40.19)	3:45.00 (42.75)	4:27.40 (42.40)	5:09.99 (42.59)	
5	Robert Van Tromp	13	Verulam	5:14.23	
	32.54	1:10.01 (37.47)	1:49.21 (39.20)	2:29.87 (40.66)	
	3:10.82 (40.95)	3:52.72 (41.90)	4:34.37 (41.65)	5:14.23 (39.86)	
6	James Devey	13	Barnet Cophall	5:44.49	
	37.45	1:20.18 (42.73)	2:05.44 (45.26)	2:50.13 (44.69)	
	3:35.25 (45.12)	4:20.98 (45.73)	5:05.10 (44.12)	5:44.49 (39.39)	
7	Jamie Atkins	13	Hounslow Hurricanes	5:56.78	
	40.06	1:23.58 (43.52)	2:08.38 (44.80)	2:53.20 (44.82)	
	3:38.95 (45.75)	4:25.76 (46.81)	5:14.89 (49.13)	5:56.78 (41.89)	

Event 1 Boys 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	Chris Timms	17	Barnet Cophall	4:09.36	3
	27.75	58.00 (30.25)	1:28.52 (30.52)	1:59.72 (31.20)	
	2:31.35 (31.63)	3:03.83 (32.48)	3:36.93 (33.10)	4:09.36 (32.43)	
2	Chris Eddon	16	Barnet Cophall	4:10.69	2
	29.32	1:00.52 (31.20)	1:32.40 (31.88)	2:04.61 (32.21)	
	2:36.46 (31.85)	3:08.06 (31.60)	3:39.83 (31.77)	4:10.69 (30.86)	
3	James Allchorne	16	Barnet Cophall	4:14.62	1
	28.98	1:01.04 (32.06)	1:33.29 (32.25)	2:05.76 (32.47)	
	2:38.26 (32.50)	3:10.91 (32.65)	3:43.35 (32.44)	4:14.62 (31.27)	
4	Abeeku Philip-Forde	17	Barnet Cophall	4:14.90	
	28.49	59.26 (30.77)	1:30.82 (31.56)	2:03.40 (32.58)	
	2:36.77 (33.37)	3:09.81 (33.04)	3:42.92 (33.11)	4:14.90 (31.98)	
5	Ben Woska	16	Barnet Cophall	4:24.01	
	30.25	1:03.39 (33.14)	1:36.95 (33.56)	2:10.37 (33.42)	
	2:43.95 (33.58)	3:17.58 (33.63)	3:51.13 (33.55)	4:24.01 (32.88)	
6	Tom Reynolds	14	Barnet Cophall	4:27.17	
	28.77	1:01.86 (33.09)	1:35.29 (33.43)	2:09.22 (33.93)	
	2:43.55 (34.33)	3:18.42 (34.87)	3:53.39 (34.97)	4:27.17 (33.78)	
7	Jamie Irvine	15	Hatfield	4:34.63	
	29.96	1:03.70 (33.74)	1:38.31 (34.61)	2:13.91 (35.60)	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

2:49.55 (35.64)	3:25.49 (35.94)	4:00.77 (35.28)	4:34.63 (33.86)	
8 Tom Hayward	15 Verulam			4:38.95
30.45	1:05.13 (34.68)	1:40.54 (35.41)	2:17.06 (36.52)	
2:54.23 (37.17)	3:30.19 (35.96)	4:07.19 (37.00)	4:38.95 (31.76)	
9 Robert Hewett	16 Bletchley & District			4:49.28
30.82	1:05.86 (35.04)	1:42.74 (36.88)	2:20.11 (37.37)	
2:58.49 (38.38)	3:36.43 (37.94)	4:15.02 (38.59)	4:49.28 (34.26)	
10 Leigh Wright	17 Bletchley & District			5:10.76
33.96	1:11.90 (37.94)	1:51.76 (39.86)	2:31.96 (40.20)	
3:12.75 (40.79)	3:54.05 (41.30)	4:34.02 (39.97)	5:10.76 (36.74)	

Event 2 Girls 9 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Hannah Broderick	9	Barnet Cophall	8:46.58	3
1:01.97	2:18.40 (1:16.43)	3:22.41 (1:04.01)	4:25.60 (1:03.19)	
5:39.33 (1:13.73)	6:49.52 (1:10.19)	7:49.71 (1:00.19)	8:46.58 (56.87)	

Event 2 Girls 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
--- Rory McMonagle	10	Harrow & Wealdstone	DQ	
43.07	1:33.04 (49.97)	2:24.78 (51.74)	3:16.01 (51.23)	
4:08.16 (52.15)	4:59.24 (51.08)	5:51.49 (52.25)	DQ (46.37)	
--- Jack Carr	10	Harrow & Wealdstone	DQ	
42.45	1:32.27 (49.82)	2:23.35 (51.08)		
4:06.67 ()	4:58.26 (51.59)	5:50.43 (52.17)	DQ (46.29)	

Event 2 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Alex Panayides	11	Teddington	6:29.48	3
44.91	1:39.99 (55.08)	2:25.24 (45.25)	3:11.38 (46.14)	
4:07.41 (56.03)	5:05.16 (57.75)	5:48.23 (43.07)	6:29.48 (41.25)	
2 Elizabeth Bickford-Sawkings	11	Teddington	6:38.39	2
43.37	1:35.26 (51.89)	2:24.63 (49.37)	3:15.04 (50.41)	
4:08.50 (53.46)	5:06.40 (57.90)	5:53.10 (46.70)	6:38.39 (45.29)	
--- Katherine Melotte	11	Teddington	DQ	
44.03	1:38.45 (54.42)	2:27.57 (49.12)	3:14.51 (46.94)	
4:09.36 (54.85)	5:03.95 (54.59)	5:48.46 (44.51)	DQ (40.92)	

Event 2 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Lauren Chapple	12	Barnet Cophall	5:15.73	3
32.96	1:11.57 (38.61)	1:50.35 (38.78)	2:30.11 (39.76)	
3:14.42 (44.31)	4:01.00 (46.58)	4:38.76 (37.76)	5:15.73 (36.97)	
2 Jessica Jackson-Virk	12	Barnet Cophall	6:18.16	2
43.47	1:33.83 (50.36)	2:22.59 (48.76)	3:11.32 (48.73)	
4:04.29 (52.97)	4:57.68 (53.39)	5:38.32 (40.64)	6:18.16 (39.84)	
3 Georgina Tasker	12	Amersham	6:24.59	1
42.03	1:35.72 (53.69)	2:23.64 (47.92)	3:12.24 (48.60)	
4:05.04 (52.80)	5:00.23 (55.19)	5:42.83 (42.60)	6:24.59 (41.76)	
4 Tabitha Mainstone	12	Barnet Cophall	7:17.96	
46.27	1:44.30 (58.03)	2:36.74 (52.44)	3:31.41 (54.67)	
4:34.80 (1:03.39)	5:39.35 (1:04.55)	6:29.24 (49.89)	7:17.96 (48.72)	
--- Devansh Gor	12	Barnet Cophall	DQ	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

	37.76	1:20.82 (43.06)	2:05.78 (44.96)	2:51.45 (45.67)	
	3:35.53 (44.08)	4:21.08 (45.55)	5:05.49 (44.41)	DQ (42.42)	
--- Joel Sands		12 Barnet Cophall			DQ
	39.09	1:24.05 (44.96)	2:09.86 (45.81)	2:55.67 (45.81)	
	3:40.69 (45.02)	4:27.07 (46.38)	5:13.01 (45.94)	DQ (40.90)	

Event 2 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Willow Malin	13	Teddington	5:37.92	3
	36.94	1:21.32 (44.38)	2:03.07 (41.75)	2:45.54 (42.47)
	3:33.52 (47.98)	4:22.19 (48.67)	5:00.61 (38.42)	5:37.92 (37.31)
2 Leanne Fernandes	13	Barnet Cophall	5:41.07	2
	39.55	1:24.04 (44.49)	2:05.75 (41.71)	2:48.84 (43.09)
	3:37.15 (48.31)	4:26.02 (48.87)	5:04.16 (38.14)	5:41.07 (36.91)

Event 2 Girls 14 & Over 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Grace Rake	14	Hounslow Hurricanes	5:54.65	3
	37.53	1:22.65 (45.12)	2:06.06 (43.41)	2:48.12 (42.06)
	3:41.28 (53.16)	4:33.44 (52.16)	5:15.70 (42.26)	5:54.65 (38.95)
2 Amy Thompson	15	Verulam	6:18.10	2
	42.41	1:34.42 (52.01)	2:23.13 (48.71)	3:10.69 (47.56)
	4:00.53 (49.84)	4:50.50 (49.97)	5:36.10 (45.60)	6:18.10 (42.00)

Event 3 Boys 9 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Lewis Newman	9	Harrow & Wealdstone	3:57.30	3
	55.74	1:53.38 (57.64)	3:00.87 (1:07.49)	3:57.30 (56.43)
2 Jack Stevens	9	Barnet Cophall	4:23.22	2
	1:11.81	2:16.72 (1:04.91)	3:26.11 (1:09.39)	4:23.22 (57.11)
--- Joe Jackson	9	Barnet Cophall		DQ
	1:05.34	2:11.08 (1:05.74)	3:17.16 (1:06.08)	DQ (57.10)
--- Curtis Coleman	9	Barnet Cophall		DQ
	1:03.60	2:04.99 (1:01.39)	3:08.99 (1:04.00)	DQ (51.55)

Event 3 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Michael Fernandes	10	Barnet Cophall	3:19.20	3
	47.27	1:37.51 (50.24)	2:36.79 (59.28)	3:19.20 (42.41)
2 Henry Yau	10	Barnet Cophall	3:52.12	2
	54.36	1:55.39 (1:01.03)	2:55.30 (59.91)	3:52.12 (56.82)
		2:08.08 ()	3:19.48 (1:11.40)	4:15.66 (56.18)
--- Thomas Dwyer	10	Barnet Cophall		DQ
	1:02.31	1:58.16 (55.85)	3:05.15 (1:06.99)	DQ (56.73)
--- Aron Barta	10	Barnet Cophall		DQ
	48.26	1:41.18 (52.92)	2:43.31 (1:02.13)	DQ (47.88)

Event 3 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Edward Allchorne	11	Barnet Cophall	2:50.26	3

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

2	James Devine	35.51	1:19.05 (43.54)	2:10.65 (51.60)	2:50.26 (39.61)	3:12.09	2
			11 Verulam				
3	Jay Munkley	42.49	1:28.98 (46.49)	2:31.45 (1:02.47)	3:12.09 (40.64)	3:13.98	1
			11 Hertsmere Flyers				
4	Shimon Kiwada	44.63	1:36.24 (51.61)	2:34.99 (58.75)	3:13.98 (38.99)	3:26.82	
			11 Barnet Cophall				
5	Sean Yip	48.63	1:41.18 (52.55)	2:41.01 (59.83)	3:26.82 (45.81)	3:27.22	
			11 Barnet Cophall				
6	Mateo Calonje	48.71	1:43.42 (54.71)	2:40.93 (57.51)	3:27.22 (46.29)	4:20.55	
			11 Barnet Cophall				
---	Leon Tricot	1:03.19	2:08.08 (1:04.89)	3:16.66 (1:08.58)	4:20.55 (1:03.89)	DQ	
			11 Barnet Cophall				
---	Pavan Rooprai	58.96	1:57.76 (58.80)	3:02.12 (1:04.36)	DQ (53.33)	DQ	
			11 Hounslow Hurricanes				
		47.45	1:35.32 (47.87)	2:35.19 (59.87)	DQ (41.18)		

Event 3 Boys 12 Year Olds 200 SC Meter IM

	Name	Age	Team			Finals Time	Points		
1	Charlie Boldison	12	Barnet Cophall			2:34.40	3		
2	Alex Jessop	12	Barnet Cophall	31.96	1:10.96 (39.00)	1:59.99 (49.03)	2:34.40 (34.41)	2:50.80	2
3	Jack Donaghue	12	Verulam	39.00	1:21.24 (42.24)	2:13.72 (52.48)	2:50.80 (37.08)	3:03.14	1
4	Devansh Gor	12	Barnet Cophall	38.89	1:27.24 (48.35)	2:20.98 (53.74)	3:03.14 (42.16)	3:06.53	
5	Ashley Bickers	12	Barnet Cophall	40.85	1:28.21 (47.36)	2:23.63 (55.42)	3:06.53 (42.90)	3:11.49	
				41.97	1:30.70 (48.73)	2:29.16 (58.46)	3:11.49 (42.33)		

Event 3 Boys 13 Year Olds 200 SC Meter IM

	Name	Age	Team			Finals Time	Points		
1	Stuart Webb	13	Verulam			2:49.73	3		
---	James Devey	13	Barnet Cophall	35.61	1:19.90 (44.29)	2:11.48 (51.58)	2:49.73 (38.25)	DQ	
				45.55	1:34.65 (49.10)	2:38.89 (1:04.24)	DQ (42.44)		

Event 3 Boys 14 & Over 200 SC Meter IM

	Name	Age	Team			Finals Time	Points		
1	Jamil Mirza	19	Barnet Cophall			2:12.14	3		
2	Martyn Bermingham	15	Barnet Cophall	28.24	1:00.79 (32.55)	1:40.19 (39.40)	2:12.14 (31.95)	2:19.97	2
3	Chris Timms	17	Barnet Cophall	29.08	1:03.76 (34.68)	1:46.98 (43.22)	2:19.97 (32.99)	2:20.02	1
4	Abeeku Philip-Forde	17	Barnet Cophall	29.93	1:05.50 (35.57)	1:50.12 (44.62)	2:20.02 (29.90)	2:26.76	
5	Ben Woska	16	Barnet Cophall	29.88	1:08.55 (38.67)	1:51.40 (42.85)	2:26.76 (35.36)	2:27.03	
				30.30	1:05.06 (34.76)	1:54.10 (49.04)	2:27.03 (32.93)		

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

6	Peter Lee		17	Hounslow Hurricanes		2:29.09
		32.09		1:09.97 (37.88)	1:55.69 (45.72)	2:29.09 (33.40)
7	Dennis Crowley		16	Hounslow Hurricanes		2:31.54
		31.94		1:09.78 (37.84)	1:57.96 (48.18)	2:31.54 (33.58)
8	Tom Hayward		15	Verulam		2:36.64
		34.63		1:14.44 (39.81)	2:02.18 (47.74)	2:36.64 (34.46)
9	Danny Papworth		14	Hounslow Hurricanes		2:37.04
		33.31		1:15.06 (41.75)	2:01.96 (46.90)	2:37.04 (35.08)
10	Ben Munkley		15	Hertsmere Flyers		2:47.54
		37.35		1:22.67 (45.32)	2:08.99 (46.32)	2:47.54 (38.55)
11	Anthony Craft		14	Harrow & Wealdstone		2:50.81
		35.04		1:17.70 (42.66)	2:11.23 (53.53)	2:50.81 (39.58)
---	David Naughton		8	Barnet Cophall		XDQ
		1:12.44		2:35.82 (1:23.38)	4:03.29 (1:27.47)	DQ (1:09.03)

Event 4 Girls 9 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	Points		
1 Emma Craft	9	Harrow & Wealdstone	3:08.78	3		
			41.58	1:30.98 (49.40)	2:22.15 (51.17)	3:08.78 (46.63)
2 Nicola Burlingham	9	Amersham	3:09.74	2		
			43.31	1:31.97 (48.66)	2:22.22 (50.25)	3:09.74 (47.52)
3 Rachael Hughes	9	Borough of Southend	3:21.42	1		
			44.60	1:37.25 (52.65)	2:30.73 (53.48)	3:21.42 (50.69)
4 Daisy Malin	9	Teddington	3:22.11			
			45.00	1:36.20 (51.20)	2:30.28 (54.08)	3:22.11 (51.83)
5 Rachael Holmes	9	Harrow & Wealdstone	3:42.45			
			47.32	1:46.30 (58.98)	2:44.06 (57.76)	3:42.45 (58.39)
6 Hannah Broderick	9	Barnet Cophall	3:44.54			
			50.75	1:47.93 (57.18)	2:46.90 (58.97)	3:44.54 (57.64)
7 Sahana Cooper	9	Verulam	3:52.10			
			49.66	1:50.59 (1:00.93)	2:52.44 (1:01.85)	3:52.10 (59.66)
8 Talisa Mistry	9	Harrow & Wealdstone	4:01.14			
			50.76	1:53.19 (1:02.43)	3:00.42 (1:07.23)	4:01.14 (1:00.72)
9 Amy-Louise Wakeley	9	Barnet Cophall	4:15.94			
			59.59	2:07.50 (1:07.91)	3:12.53 (1:05.03)	4:15.94 (1:03.41)

Event 4 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	Points		
1 Katherine Shaw	10	Amersham	2:41.40	3		
			36.95	1:18.51 (41.56)	2:00.84 (42.33)	2:41.40 (40.56)
2 Alessandra Quincey	10	Amersham	3:02.08	2		
			40.41	1:27.62 (47.21)	2:16.42 (48.80)	3:02.08 (45.66)
3 Suzu Sato	10	Barnet Cophall	3:04.79	1		
			41.04	1:27.46 (46.42)	2:18.95 (51.49)	3:04.79 (45.84)
4 Isobel Thompson	10	Verulam	3:12.21			
			42.10	1:31.81 (49.71)	2:23.52 (51.71)	3:12.21 (48.69)
5 Grace Doolan	10	Harrow & Wealdstone	3:13.27			

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

6	Nisha Hunjan	43.05	1:33.32 (50.27)	2:24.01 (50.69)	3:13.27 (49.26)	3:16.05
			10 Harrow & Wealdstone			
7	Ruth Williams	42.65	1:33.86 (51.21)	2:26.98 (53.12)	3:16.05 (49.07)	3:19.80
			10 Verulam			
8	Jessica Karp	43.99	1:36.25 (52.26)	2:29.46 (53.21)	3:19.80 (50.34)	3:25.54
			10 Barnet Cophall			
9	Hannah Kendall-Troughton	42.86	1:34.56 (51.70)	2:30.72 (56.16)	3:25.54 (54.82)	3:26.89
			10 Barnet Cophall			
10	Katie Taylor	44.11	1:38.48 (54.37)	2:34.07 (55.59)	3:26.89 (52.82)	3:29.73
			10 Barnet Cophall			
11	Yee-Yewt Smart	45.10	1:39.41 (54.31)	2:36.60 (57.19)	3:29.73 (53.13)	3:32.67
			10 Barnet Cophall			
12	Yasmin Sweeney	44.85	1:41.99 (57.14)	2:39.51 (57.52)	3:32.67 (53.16)	3:33.23
			10 Barnet Cophall			
13	Annie Johnson	46.53	1:41.37 (54.84)	2:39.75 (58.38)	3:33.23 (53.48)	3:33.97
			10 Barnet Cophall			
14	Rhiannon McColl	46.59	1:41.82 (55.23)	2:39.35 (57.53)	3:33.97 (54.62)	3:38.19
			10 Barnet Cophall			
15	Saniya Bandey	47.40	1:42.24 (54.84)	2:41.29 (59.05)	3:38.19 (56.90)	3:59.60
			10 Barnet Cophall			
		48.61	1:51.92 (1:03.31)	2:57.52 (1:05.60)	3:59.60 (1:02.08)	

Event 4 Girls 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	Hayley Mellon	11	Hounslow Hurricanes	2:31.13	3
2	Yat-Wing Smart	11	Barnet Cophall	2:39.94	2
3	Katherine Melotte	11	Teddington	2:45.12	1
4	Alex Panayides	11	Teddington	2:49.72	
5	Sarah Pickin	11	Amersham	2:52.90	
6	Charlotte Holmes	11	Harrow & Wealdstone	2:53.69	
7	Chloe Hughes	11	Borough of Southend	3:07.48	
8	Ria Sanders	11	Verulam	3:17.13	
9	Laura Medhurst	11	Borough of Southend	3:21.07	
10	Aimee Joyce	11	Hounslow Hurricanes	3:22.66	
11	Vanisha Patel	11	Harrow & Wealdstone	3:42.58	
---	Georgina Luke	11	Harrow & Wealdstone	DQ	
		42.12	1:30.52 (48.40)	2:23.28 (52.76)	DQ (51.94)

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 4 Girls 12 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team		Finals Time	Points
1	Lauren Chapple	12	Barnet Cophall		2:16.53	3
	31.57	1:06.11 (34.54)	1:41.65 (35.54)	2:16.53 (34.88)		
2	Sarah Powell	12	Bletchley & District		2:22.56	2
	32.46	1:08.71 (36.25)	1:45.66 (36.95)	2:22.56 (36.90)		
3	Alice Pearson	12	Barnet Cophall		2:22.99	1
	33.84	1:10.55 (36.71)	1:47.41 (36.86)	2:22.99 (35.58)		
4	Kyra Jones	12	Barnet Cophall		2:23.66	
	33.25	1:09.63 (36.38)	1:46.81 (37.18)	2:23.66 (36.85)		
5	Polly Kemp-King	12	Hounslow Hurricanes		2:24.45	
	33.10	1:10.41 (37.31)	1:48.01 (37.60)	2:24.45 (36.44)		
6	Regan Massey	12	Hounslow Hurricanes		2:32.95	
	34.50	1:14.50 (40.00)	1:55.17 (40.67)	2:32.95 (37.78)		
7	Jessica Jackson-Virk	12	Barnet Cophall		2:37.94	
	36.82	1:18.03 (41.21)	1:59.91 (41.88)	2:37.94 (38.03)		
8	Alison Nicholls	12	Hertsmere Flyers		2:44.26	
	35.44	1:16.87 (41.43)	2:00.98 (44.11)	2:44.26 (43.28)		
9	Hannah Carey	12	Verulam		2:46.23	
	37.67	1:20.17 (42.50)	2:04.15 (43.98)	2:46.23 (42.08)		
10	Tabitha Mainstone	12	Barnet Cophall		3:00.99	
	40.15	1:27.83 (47.68)	2:15.99 (48.16)	3:00.99 (45.00)		
11	Samantha Horton	12	Borough of Southend		3:06.00	
	41.30	1:28.73 (47.43)	2:17.05 (48.32)	3:06.00 (48.95)		
12	Daisy Yeomans	12	Verulam		3:27.68	
	45.13	1:39.33 (54.20)	2:36.25 (56.92)	3:27.68 (51.43)		

Event 4 Girls 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points
1	Michelle Lewis	13	Barnet Cophall		2:13.44	3
	30.44	1:04.25 (33.81)	1:38.65 (34.40)	2:13.44 (34.79)		
2	Willow Malin	13	Teddington		2:20.66	2
	32.72	1:08.15 (35.43)	1:45.22 (37.07)	2:20.66 (35.44)		
3	Lottie Hudson	13	Barnet Cophall		2:20.87	1
	32.07	1:08.43 (36.36)	1:45.13 (36.70)	2:20.87 (35.74)		
4	Leanne Fernandes	13	Barnet Cophall		2:22.34	
	33.53	1:09.57 (36.04)	1:46.31 (36.74)	2:22.34 (36.03)		
5	Roxanne Bevan	13	Hounslow Hurricanes		2:24.63	
	33.66	1:10.86 (37.20)	1:48.11 (37.25)	2:24.63 (36.52)		
6	Elizabeth Comer	13	Amersham		2:26.10	
	33.88	1:11.05 (37.17)	1:49.03 (37.98)	2:26.10 (37.07)		
7	Yasmin Barnett	13	Teddington		2:30.14	
	33.74	1:12.16 (38.42)	1:51.50 (39.34)	2:30.14 (38.64)		
8	Katherine Browne	13	Borough of Southend		2:36.33	
	35.67	1:14.91 (39.24)	1:55.59 (40.68)	2:36.33 (40.74)		
9	Donna Lineman	13	Hounslow Hurricanes		2:39.52	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

10	Kiran Flynn	35.31	1:16.03 (40.72)	1:58.29 (42.26)	2:39.52 (41.23)	
				13 Bletchley & District		2:42.64
11	Claire Humphrey	38.40	1:20.46 (42.06)	2:02.49 (42.03)	2:42.64 (40.15)	
				13 Bletchley & District		2:51.27
12	Lucy King	38.00	1:20.95 (42.95)	2:06.30 (45.35)	2:51.27 (44.97)	
				13 Bletchley & District		2:59.39
		41.26	1:25.85 (44.59)	2:13.08 (47.23)	2:59.39 (46.31)	

Event 4 Girls 14 & Over 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points			
1	Ashley Harris	15	Barnet Cophall		2:08.76	3			
2	Aneeka Shah	17	Barnet Cophall	30.02	1:02.67 (32.65)	1:35.88 (33.21)	2:08.76 (32.88)	2:11.85	2
3	Zoe Colyer-Worsell	15	Barnet Cophall	30.44	1:03.74 (33.30)	1:37.62 (33.88)	2:11.85 (34.23)	2:14.71	1
4	Kate Ferrigno	15	Barnet Cophall	31.03	1:05.44 (34.41)	1:40.19 (34.75)	2:14.71 (34.52)	2:22.46	
5	Kathryn Mellon	14	Hounslow Hurricanes	32.46	1:08.09 (35.63)	1:45.01 (36.92)	2:22.46 (37.45)	2:24.42	
6	Fay Pearce	14	Amersham	32.42	1:08.74 (36.32)	1:46.65 (37.91)	2:24.42 (37.77)	2:25.24	
7	Charlotte Ashton	14	Hounslow Hurricanes	32.70	1:08.80 (36.10)	1:46.99 (38.19)	2:25.24 (38.25)	2:41.07	
8	Abby Patterson	14	Verulam	35.70	1:17.07 (41.37)	1:59.88 (42.81)	2:41.07 (41.19)	2:49.79	
9	Joanne Quainton	15	Bletchley & District	36.93	1:19.65 (42.72)	2:05.31 (45.66)	2:49.79 (44.48)	2:53.92	
---	Mayuto Goto	8	Barnet Cophall	39.52	1:23.97 (44.45)	2:10.03 (46.06)	2:53.92 (43.89)	X3:19.56	
---	Maho Takeda	7	Barnet Cophall	45.38	1:38.09 (52.71)	2:32.13 (54.04)	3:19.56 (47.43)	X4:10.72	
		58.24	2:05.41 (1:07.17)	3:11.07 (1:05.66)	4:10.72 (59.65)				

Event 5 Boys 9 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time	Points			
1	Amar Patel	9	Harrow & Wealdstone		4:07.01	3			
2	Curtis Coleman	9	Barnet Cophall	58.59	2:01.36 (1:02.77)	3:04.73 (1:03.37)	4:07.01 (1:02.28)	4:18.56	2
		58.80	2:05.76 (1:06.96)	3:13.16 (1:07.40)	4:18.56 (1:05.40)				

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 5 Boys 10 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time	Points
1 Henry Yau	10	Barnet Cophall	3:49.60	3
	48.55	1:47.75 (59.20) 2:49.22 (1:01.47)	3:49.60 (1:00.38)	
2 Rory Atkins	10	Hounslow Hurricanes	3:51.09	2
	53.63	1:52.89 (59.26) 2:52.08 (59.19)	3:51.09 (59.01)	
3 Aron Barta	10	Barnet Cophall	3:56.26	1
	53.47	1:54.25 (1:00.78) 2:56.44 (1:02.19)	3:56.26 (59.82)	
4 Andrew Whitbread	10	Teddington	3:56.33	
	53.84	1:54.62 (1:00.78) 2:56.42 (1:01.80)	3:56.33 (59.91)	
5 Temitaiya Fambegbe	10	Harrow & Wealdstone	4:09.28	
	55.44	1:57.85 (1:02.41) 4:10.96 (2:13.11)	4:09.28 ()	
6 Hugo Cliff	10	Barnet Cophall	4:10.41	
	57.28	2:02.34 (1:05.06) 3:09.17 (1:06.83)	4:10.41 (1:01.24)	
7 Thomas Dwyer	10	Barnet Cophall	4:39.18	
	1:02.61	2:16.16 (1:13.55) 3:29.37 (1:13.21)	4:39.18 (1:09.81)	
8 James King	10	Barnet Cophall	4:53.06	
	1:08.70	2:23.95 (1:15.25) 3:39.11 (1:15.16)	4:53.06 (1:13.95)	

Event 5 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	Points
1 Edward Allchorne	11	Barnet Cophall	3:08.09	3
	43.27	1:32.61 (49.34) 2:20.56 (47.95)	3:08.09 (47.53)	
2 Sean Yip	11	Barnet Cophall	3:40.70	2
	50.15	1:47.29 (57.14) 2:46.56 (59.27)	3:40.70 (54.14)	
3 Miran Shah	11	Hertsmere Flyers	3:52.91	1
	53.05	1:53.96 (1:00.91) 2:55.82 (1:01.86)	3:52.91 (57.09)	
4 Shimon Kiwada	11	Barnet Cophall	3:56.18	
	56.03	1:55.96 (59.93) 2:58.33 (1:02.37)	3:56.18 (57.85)	
5 Thomas Abbott	11	Harrow & Wealdstone	4:09.42	
	57.57	2:02.40 (1:04.83) 3:07.02 (1:04.62)	4:09.42 (1:02.40)	
6 Leon Tricot	11	Barnet Cophall	4:20.61	
	55.67	2:04.56 (1:08.89) 3:12.25 (1:07.69)	4:20.61 (1:08.36)	
7 Mateo Calonje	11	Barnet Cophall	4:36.80	
	1:03.33	2:17.56 (1:14.23) 3:31.24 (1:13.68)	4:36.80 (1:05.56)	

Event 5 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	Points
1 Lee Evans	12	Barnet Cophall	3:04.16	3
	42.35	1:28.70 (46.35) 2:17.05 (48.35)	3:04.16 (47.11)	
2 Jack Donaghue	12	Verulam	3:22.99	2
	46.45	1:38.03 (51.58) 2:31.05 (53.02)	3:22.99 (51.94)	
3 Adam Carter	12	Borough of Southend	3:28.69	1
	48.46	1:42.24 (53.78) 2:35.27 (53.03)	3:28.69 (53.42)	
4 Christopher Cox	12	Hertsmere Flyers	3:35.41	
	49.63	1:44.07 (54.44) 2:40.27 (56.20)	3:35.41 (55.14)	
5 Devansh Gor	12	Barnet Cophall	3:40.35	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

6	William Atkins	50.05 1:46.58 (56.53)	2:44.36 (57.78)	3:40.35 (55.99)	3:42.67
			12 Hounslow Hurricanes		
7	Joseph Whitbread	51.91 1:50.66 (58.75)	2:47.29 (56.63)	3:42.67 (55.38)	3:42.91
			12 Teddington		
8	Andrew Wadsworth	51.42 1:47.94 (56.52)	2:45.94 (58.00)	3:42.91 (56.97)	3:44.30
			12 Bletchley & District		
9	Joel Sands	51.13 1:48.82 (57.69)	2:48.40 (59.58)	3:44.30 (55.90)	3:55.88
			12 Barnet Cophall		
10	Saagar Mayani	55.78 1:57.05 (1:01.27)	2:58.10 (1:01.05)	3:55.88 (57.78)	4:02.98
			12 Barnet Cophall		
11	Adam Blake	54.51 1:56.83 (1:02.32)	3:00.63 (1:03.80)	4:02.98 (1:02.35)	4:04.88
			12 Hounslow Hurricanes		
12	Christopher Williams	55.58 1:57.61 (1:02.03)	3:00.56 (1:02.95)	4:04.88 (1:04.32)	4:28.77
			12 Verulam		
		1:00.16	2:07.71 (1:07.55)	3:19.26 (1:11.55)	4:28.77 (1:09.51)

Event 5 Boys 13 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time	Points
1	Jamie Atkins	13	Hounslow Hurricanes	3:27.30	3
2	Kieran Campbell	13	Verulam	3:32.76	2
3	James Devey	13	Barnet Cophall	3:55.59	1
		54.25	1:55.82 (1:01.57)	2:56.74 (1:00.92)	3:55.59 (58.85)

Event 5 Boys 14 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time	Points
1	James Allchorne	16	Barnet Cophall	2:33.60	3
2	Sean O'Shea	16	Barnet Cophall	2:35.44	2
3	Martyn Bermingham	15	Barnet Cophall	2:43.15	1
4	Dennis Crowley	16	Hounslow Hurricanes	2:56.00	
5	Robert Hewett	16	Bletchley & District	2:57.42	
6	Ben Munkley	15	Hertsmere Flyers	2:59.89	
---	David Naughton	8	Barnet Cophall	XDQ	
		1:17.53	2:39.46 (1:21.93)	4:04.80 (1:25.34)	DQ (1:21.47)

Event 6 Girls 9 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time	Points
1	Daisy Malin	9	Teddington	3:19.97	3
2	Nicola Burlingham	9	Amersham	3:22.93	2
		46.67	1:40.32 (53.65)	2:33.04 (52.72)	3:22.93 (49.89)

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

3	Rachael Hughes	9	Borough of Southend	3:45.34	1
	53.39	1:51.00 (57.61)	2:49.15 (58.15)	3:45.34 (56.19)	
4	Hannah Broderick	9	Barnet Cophall	4:10.34	
	58.32	2:03.74 (1:05.42)	3:08.08 (1:04.34)	4:10.34 (1:02.26)	
5	Amy-Louise Wakeley	9	Barnet Cophall	4:37.54	
	1:08.52	2:20.09 (1:11.57)	3:29.60 (1:09.51)	4:37.54 (1:07.94)	

Event 6 Girls 10 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time	Points
1	Katherine Shaw	10	Amersham	2:59.87	3
	43.28	1:28.64 (45.36)	2:14.68 (46.04)	2:59.87 (45.19)	
2	Samantha McCabe	10	Harrow & Wealdstone	3:00.67	2
	41.73	1:27.62 (45.89)	2:14.72 (47.10)	3:00.67 (45.95)	
3	Phoebe Sellars	10	Harrow & Wealdstone	3:21.73	1
	47.15	1:39.18 (52.03)	2:30.80 (51.62)	3:21.73 (50.93)	
4	Risa Kobayashi	10	Barnet Cophall	3:21.97	
	46.82	1:38.88 (52.06)	2:30.91 (52.03)	3:21.97 (51.06)	
5	Grace Doolan	10	Harrow & Wealdstone	3:34.00	
	50.11	1:43.31 (53.20)	2:39.59 (56.28)	3:34.00 (54.41)	
6	Hannah Kendall-Troughton	10	Barnet Cophall	3:44.36	
	52.06	1:49.12 (57.06)	2:48.29 (59.17)	3:44.36 (56.07)	
7	Yee-Yewt Smart	10	Barnet Cophall	3:48.30	
	51.50	1:51.63 (1:00.13)	2:50.80 (59.17)	3:48.30 (57.50)	
8	Ruth Williams	10	Verulam	3:51.11	
	52.55	1:52.81 (1:00.26)	3:51.58 (1:58.77)	3:51.11 ()	
9	Yasmin Sweeney	10	Barnet Cophall	3:58.48	
	56.25	1:58.05 (1:01.80)	3:00.42 (1:02.37)	3:58.48 (58.06)	

Event 6 Girls 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time	Points
1	Alex Panayides	11	Teddington	2:56.49	3
	41.89	1:26.69 (44.80)	2:12.35 (45.66)	2:56.49 (44.14)	
2	Yat-Wing Smart	11	Barnet Cophall	2:56.69	2
	41.40	1:26.48 (45.08)	2:12.99 (46.51)	2:56.69 (43.70)	
3	Hayley Mellon	11	Hounslow Hurricanes	2:59.54	1
	42.56	1:28.38 (45.82)	2:14.65 (46.27)	2:59.54 (44.89)	
4	Charlotte Holmes	11	Harrow & Wealdstone	3:06.23	
	42.84	1:30.48 (47.64)	2:18.70 (48.22)	3:06.23 (47.53)	
5	Elizabeth Bickford-Sawkings	11	Teddington	3:10.28	
	44.94	1:33.02 (48.08)	2:22.25 (49.23)	3:10.28 (48.03)	
6	Chloe Hughes	11	Borough of Southend	3:30.16	
	48.28	1:45.64 (57.36)	2:41.74 (56.10)	3:30.16 (48.42)	
7	Aimee Joyce	11	Hounslow Hurricanes	3:37.72	
	53.39	1:47.37 (53.98)	2:43.54 (56.17)	3:37.72 (54.18)	
---	Laura Medhurst	11	Borough of Southend	DQ	
	48.09	1:42.03 (53.94)	2:37.87 (55.84)	DQ (52.90)	

Event 6 Girls 12 Year Olds 200 SC Meter Backstroke

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

Name	Age	Team	Finals Time	Points
1 Lauren Chapple	12	Barnet Cophall	2:27.01	3
35.10	1:12.06 (36.96)	1:49.80 (37.74)	2:27.01 (37.21)	
2 Kyra Jones	12	Barnet Cophall	2:28.58	2
35.43	1:13.44 (38.01)	1:51.50 (38.06)	2:28.58 (37.08)	
3 Alice Pearson	12	Barnet Cophall	2:34.91	1
35.87	1:15.13 (39.26)	1:54.97 (39.84)	2:34.91 (39.94)	
4 Polly Kemp-King	12	Hounslow Hurricanes	2:45.18	
38.67	1:21.14 (42.47)	2:04.04 (42.90)	2:45.18 (41.14)	
5 Regan Massey	12	Hounslow Hurricanes	2:53.66	
40.79	1:26.71 (45.92)	2:11.34 (44.63)	2:53.66 (42.32)	
6 Alison Nicholls	12	Hertsmere Flyers	3:01.48	
43.53	3:01.48 (2:17.95)			
7 Jessica Jackson-Virk	12	Barnet Cophall	3:07.68	
44.96	1:33.17 (48.21)	2:21.06 (47.89)	3:07.68 (46.62)	
8 Samantha Horton	12	Borough of Southend	3:22.32	
47.19	1:38.63 (51.44)	2:31.63 (53.00)	3:22.32 (50.69)	
9 Tabitha Mainstone	12	Barnet Cophall	3:33.14	
50.09	1:44.76 (54.67)	2:39.67 (54.91)	3:33.14 (53.47)	

Event 6 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	Points
1 Michelle Lewis	13	Barnet Cophall	2:30.16	3
35.25	1:12.96 (37.71)	1:51.67 (38.71)	2:30.16 (38.49)	
2 Leanne Fernandes	13	Barnet Cophall	2:40.18	2
39.32	1:20.15 (40.83)	2:00.32 (40.17)	2:40.18 (39.86)	
3 Willow Malin	13	Teddington	2:44.08	1
39.04	1:20.70 (41.66)	2:03.46 (42.76)	2:44.08 (40.62)	
4 Lottie Hudson	13	Barnet Cophall	2:48.21	
39.50	1:22.25 (42.75)	2:05.65 (43.40)	2:48.21 (42.56)	
5 Roxanne Bevan	13	Hounslow Hurricanes	2:51.08	
39.95	1:23.88 (43.93)	2:07.73 (43.85)	2:51.08 (43.35)	
6 Katherine Browne	13	Borough of Southend	2:54.28	
41.32	1:25.19 (43.87)	2:09.92 (44.73)	2:54.28 (44.36)	
7 Lucy King	13	Bletchley & District	3:11.13	
45.00	1:33.66 (48.66)	2:23.39 (49.73)	3:11.13 (47.74)	

Event 6 Girls 14 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time	Points
1 Stephanie Hyams	15	Barnet Cophall	2:35.35	3
36.14	1:15.22 (39.08)	1:56.18 (40.96)	2:35.35 (39.17)	
2 Rebecca Miles	17	Hounslow Hurricanes	2:36.63	2
36.01	1:15.39 (39.38)	1:56.20 (40.81)	2:36.63 (40.43)	
3 Grace Rake	14	Hounslow Hurricanes	2:42.51	1
38.72	1:19.84 (41.12)	2:02.18 (42.34)	2:42.51 (40.33)	
4 Charlotte Ashton	14	Hounslow Hurricanes	3:08.96	
43.79	1:32.58 (48.79)	2:21.84 (49.26)	3:08.96 (47.12)	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

---	Mayuto Goto		8	Barnet Cophall		X3:34.36
	50.28	1:45.89 (55.61)		2:43.12 (57.23)		3:34.36 (51.24)
---	Haruka Takeuchi		8	Barnet Cophall		X3:45.44
	50.07	1:50.24 (1:00.17)		2:48.56 (58.32)		3:45.44 (56.88)
---	Eadaoin Vincent		7	Barnet Cophall		X4:07.37
	54.77	2:00.23 (1:05.46)		3:05.10 (1:04.87)		4:07.37 (1:02.27)

Event 7 Boys 10 Year Olds 200 SC Meter Butterfly

	Name		Age	Team		Finals Time	Points
1	George Holgate		10	Amersham		3:56.23	3
	46.30	1:48.48 (1:02.18)		2:53.53 (1:05.05)		3:56.23 (1:02.70)	
2	Andrew Whitbread		10	Teddington		4:17.11	2
	53.55	2:01.67 (1:08.12)		3:11.07 (1:09.40)		4:17.11 (1:06.04)	
3	Aron Barta		10	Barnet Cophall		4:20.47	1
	52.71	1:58.10 (1:05.39)		3:08.85 (1:10.75)		4:20.47 (1:11.62)	

Event 7 Boys 11 Year Olds 200 SC Meter Butterfly

	Name		Age	Team		Finals Time	Points
1	Jay Munkley		11	Hertsmere Flyers		3:39.87	3
	47.14	1:47.09 (59.95)		2:47.59 (1:00.50)		3:39.87 (52.28)	
2	Sean Yip		11	Barnet Cophall		4:28.93	2
	56.77	2:06.80 (1:10.03)		3:18.17 (1:11.37)		4:28.93 (1:10.76)	

Event 7 Boys 12 Year Olds 200 SC Meter Butterfly

	Name		Age	Team		Finals Time	Points
1	Josh Eddon		12	Barnet Cophall		3:06.71	3
	38.57	1:25.02 (46.45)		2:16.79 (51.77)		3:06.71 (49.92)	
2	Ashley Bickers		12	Barnet Cophall		3:18.59	2
	42.53	1:34.01 (51.48)		2:28.30 (54.29)		3:18.59 (50.29)	
3	Devansh Gor		12	Barnet Cophall		3:19.76	1
	43.98	1:35.41 (51.43)		2:28.95 (53.54)		3:19.76 (50.81)	
4	James Carter		12	Borough of Southend		3:25.84	
	45.76	1:38.97 (53.21)		2:34.53 (55.56)		3:25.84 (51.31)	

Event 7 Boys 13 Year Olds 200 SC Meter Butterfly

	Name		Age	Team		Finals Time	Points
1	Sam Munkley		13	Hertsmere Flyers		2:43.74	3
	34.09	1:15.83 (41.74)		2:00.31 (44.48)		2:43.74 (43.43)	
2	James Creager		13	Barnet Cophall		2:54.23	2
	36.92	1:23.55 (46.63)		2:10.21 (46.66)		2:54.23 (44.02)	

Event 7 Boys 14 & Over 200 SC Meter Butterfly

	Name		Age	Team		Finals Time	Points
1	Sean O'Shea		16	Barnet Cophall		2:14.88	3
	32.30	1:07.49 (35.19)		1:41.71 (34.22)		2:14.88 (33.17)	
2	Chris Eddon		16	Barnet Cophall		2:15.76	2
	30.03	1:03.98 (33.95)		1:39.56 (35.58)		2:15.76 (36.20)	
3	Kiran Dattani		14	Barnet Cophall		2:31.22	1

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

	33.43	1:12.19 (38.76)	1:51.84 (39.65)	2:31.22 (39.38)	
4 Peter Lee			17 Hounslow Hurricanes		2:39.74
	32.08	1:12.21 (40.13)	1:55.26 (43.05)	2:39.74 (44.48)	

Event 8 Girls 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Hannah Broderick	9	Barnet Cophall	8:00.90	3
	52.19	1:52.59 (1:00.40)	2:53.54 (1:00.95)	3:56.68 (1:03.14)
	4:57.51 (1:00.83)	6:00.11 (1:02.60)	7:01.64 (1:01.53)	8:00.90 (59.26)

Event 8 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Samantha McCabe	10	Harrow & Wealdstone	6:12.65	3
	41.17	1:28.21 (47.04)	2:16.74 (48.53)	3:03.98 (47.24)
	3:51.98 (48.00)	4:40.90 (48.92)	5:29.49 (48.59)	6:12.65 (43.16)
2 Phoebe Sellars	10	Harrow & Wealdstone	6:23.66	2
	42.23	1:30.77 (48.54)	2:19.57 (48.80)	3:08.99 (49.42)
	3:58.19 (49.20)	4:48.51 (50.32)	5:37.62 (49.11)	6:23.66 (46.04)

Event 8 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Katherine Melotte	11	Teddington	5:39.75	3
	37.83	1:21.31 (43.48)	2:05.07 (43.76)	2:47.72 (42.65)
	3:31.34 (43.62)	4:14.59 (43.25)	4:58.93 (44.34)	5:39.75 (40.82)
2 Alex Panayides	11	Teddington	5:41.15	2
	38.71	1:21.54 (42.83)	2:05.31 (43.77)	2:49.30 (43.99)
	3:33.63 (44.33)	4:18.39 (44.76)	5:01.68 (43.29)	5:41.15 (39.47)
3 Sarah Pickin	11	Amersham	5:51.18	1
	39.57	1:23.85 (44.28)	2:09.17 (45.32)	2:54.90 (45.73)
	3:38.79 (43.89)	4:23.33 (44.54)	5:08.57 (45.24)	5:51.18 (42.61)
4 Elizabeth Bickford-Sawkings	11	Teddington	6:01.01	
	39.57	1:23.96 (44.39)	2:10.35 (46.39)	2:56.60 (46.25)
	3:43.71 (47.11)	4:30.74 (47.03)	5:18.71 (47.97)	6:01.01 (42.30)
5 Molly Mansbridge	11	Harrow & Wealdstone	6:43.03	
	41.52	1:31.01 (49.49)	2:21.45 (50.44)	3:13.80 (52.35)
	4:07.29 (53.49)	5:01.87 (54.58)	5:55.21 (53.34)	6:43.03 (47.82)

Event 8 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Lauren Chapple	12	Barnet Cophall	4:41.70	3
	32.53	1:07.61 (35.08)	1:43.26 (35.65)	2:19.26 (36.00)
	2:54.85 (35.59)	3:30.65 (35.80)	4:06.92 (36.27)	4:41.70 (34.78)
2 Jessica Jackson-Virk	12	Barnet Cophall	5:24.04	2
	37.33	1:18.25 (40.92)	1:59.77 (41.52)	2:41.67 (41.90)
	3:23.32 (41.65)	4:04.08 (40.76)	4:45.26 (41.18)	5:24.04 (38.78)
3 Tabitha Mainstone	12	Barnet Cophall	6:22.95	1
	40.78	1:29.67 (48.89)	2:18.66 (48.99)	3:08.26 (49.60)
	3:57.72 (49.46)	4:48.59 (50.87)	5:37.49 (48.90)	6:22.95 (45.46)

Event 8 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	Points
1 Leanne Fernandes	13	Barnet Cophall	4:53.71	3
	33.31	1:09.18 (35.87)	1:46.38 (37.20)	2:23.67 (37.29)

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

2	Willow Malin	3:01.33 (37.66)	3:39.00 (37.67)	4:16.59 (37.59)	4:53.71 (37.12)	4:54.10	2
			13 Teddington				
3	Roxanne Bevan	33.65 3:02.91 (37.71)	1:10.72 (37.07) 3:40.38 (37.47)	1:47.95 (37.23) 4:18.25 (37.87)	2:25.20 (37.25) 4:54.10 (35.85)	4:57.02	1
			13 Hounslow Hurricanes				
4	Lottie Hudson	34.07 3:05.76 (38.22)	1:11.69 (37.62) 3:43.83 (38.07)	1:49.83 (38.14) 4:21.91 (38.08)	2:27.54 (37.71) 4:57.02 (35.11)	4:57.40	
			13 Barnet Cophall				
5	Katherine Browne	33.49 3:03.80 (38.16)	1:10.39 (36.90) 3:41.67 (37.87)	1:47.72 (37.33) 4:20.05 (38.38)	2:25.64 (37.92) 4:57.40 (37.35)	5:30.30	
			13 Borough of Southend				
6	Kiran Flynn	37.71 3:26.15 (41.07)	1:20.11 (42.40) 4:08.40 (42.25)	2:02.31 (42.20) 4:50.41 (42.01)	2:45.08 (42.77) 5:30.30 (39.89)	5:41.75	
			13 Bletchley & District				
7	Claire Humphrey	38.00 3:32.19 (43.64)	1:20.35 (42.35) 4:16.27 (44.08)	2:04.48 (44.13) 5:01.69 (45.42)	2:48.55 (44.07) 5:41.75 (40.06)	5:58.57	
			13 Bletchley & District				
8	Lucy King	39.41 3:42.09 (46.73)	1:22.92 (43.51) 4:29.22 (47.13)	2:08.73 (45.81) 5:16.24 (47.02)	2:55.36 (46.63) 5:58.57 (42.33)	6:00.45	
			13 Bletchley & District				
		42.34 3:48.00 (46.89)	1:27.96 (45.62) 4:32.61 (44.61)	2:14.81 (46.85) 5:17.71 (45.10)	3:01.11 (46.30) 6:00.45 (42.74)		

Event 8 Girls 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	Ashley Harris	15	Barnet Cophall	4:28.22	3
2	Charlotte Creager	16	Barnet Cophall	4:30.42	2
3	Aneeka Shah	17	Barnet Cophall	4:37.71	1
4	Stephanie Hyams	15	Barnet Cophall	4:42.16	
5	Kate Ferrigno	15	Barnet Cophall	4:57.81	
6	Fay Pearce	14	Amersham	4:59.49	
7	Kathryn Mellon	14	Hounslow Hurricanes	5:00.82	
8	Amy Thompson	15	Verulam	5:34.48	
9	Charlotte Ashton	14	Hounslow Hurricanes	5:47.93	
10	Abby Patterson	14	Verulam	5:49.86	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

	38.81	1:21.78 (42.97)	2:06.58 (44.80)	2:51.60 (45.02)	
	3:35.66 (44.06)	4:20.63 (44.97)	5:06.37 (45.74)	5:49.86 (43.49)	
11 Joanne Quainton		15 Bletchley & District		6:05.19	
	39.74	1:23.88 (44.14)	2:10.20 (46.32)	2:57.81 (47.61)	
	3:45.33 (47.52)	4:33.39 (48.06)	5:21.20 (47.81)	6:05.19 (43.99)	

Event 9 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 George Holgate	10	Amersham	7:15.03	3
	48.75	1:53.56 (1:04.81)	2:47.03 (53.47)	3:40.24 (53.21)
	4:43.23 (1:02.99)	5:45.12 (1:01.89)	6:30.90 (45.78)	7:15.03 (44.13)

Event 9 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Joel Sands	12	Barnet Cophall	6:35.61	3
	46.42	1:40.47 (54.05)	2:30.71 (50.24)	3:19.48 (48.77)
	4:16.69 (57.21)	5:13.36 (56.67)	5:56.90 (43.54)	6:35.61 (38.71)
2 Devansh Gor	12	Barnet Cophall	6:35.87	2
	41.54	1:32.96 (51.42)	2:24.15 (51.19)	3:14.87 (50.72)
	4:12.12 (57.25)	5:06.80 (54.68)	5:52.74 (45.94)	6:35.87 (43.13)
3 Joseph Whitbread	12	Teddington	7:23.82	1
	54.48	2:05.74 (1:11.26)	3:01.40 (55.66)	3:52.44 (51.04)
	4:53.22 (1:00.78)	5:54.98 (1:01.76)	6:39.50 (44.52)	7:23.82 (44.32)
4 Saagar Mayani	12	Barnet Cophall	7:24.10	
	48.47	1:49.85 (1:01.38)	2:45.59 (55.74)	3:40.96 (55.37)
	4:43.65 (1:02.69)	5:47.79 (1:04.14)	6:35.61 (47.82)	7:24.10 (48.49)

Event 9 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Kevin O'Shea	13	Barnet Cophall	5:30.91	3
	34.51	1:15.04 (40.53)	1:57.36 (42.32)	2:38.20 (40.84)
	3:26.01 (47.81)	4:15.89 (49.88)	4:53.50 (37.61)	5:30.91 (37.41)
--- James Devey	13	Barnet Cophall	DQ	
	46.34	1:45.54 (59.20)	2:34.35 (48.81)	3:25.84 (51.49)
	4:29.62 (1:03.78)	5:34.70 (1:05.08)	6:16.44 (41.74)	DQ (43.87)

Event 9 Boys 14 & Over 400 SC Meter IM

Name	Age	Team	Finals Time	Points
1 James Allchorne	16	Barnet Cophall	4:43.72	3
	31.34	1:06.31 (34.97)	1:41.82 (35.51)	2:19.28 (37.46)
	2:58.37 (39.09)	3:39.38 (41.01)	4:12.12 (32.74)	4:43.72 (31.60)
2 Chris Eddon	16	Barnet Cophall	4:50.02	2
	30.56	1:05.30 (34.74)	1:44.04 (38.74)	2:21.45 (37.41)
	3:03.83 (42.38)	3:47.12 (43.29)	4:19.45 (32.33)	4:50.02 (30.57)
3 Kiran Dattani	14	Barnet Cophall	5:14.48	1
	32.97	1:10.82 (37.85)	1:50.99 (40.17)	2:27.90 (36.91)
	3:14.50 (46.60)	4:02.29 (47.79)	4:39.72 (37.43)	5:14.48 (34.76)
4 Peter Lee	17	Hounslow Hurricanes	5:17.23	
	34.62	1:15.33 (40.71)	1:55.01 (39.68)	2:35.57 (40.56)
	3:21.37 (45.80)	4:07.84 (46.47)	4:42.87 (35.03)	5:17.23 (34.36)
5 Robert Hewett	16	Bletchley & District	5:31.79	
	33.85	1:15.91 (42.06)	1:57.36 (41.45)	2:39.08 (41.72)
	3:28.64 (49.56)	4:18.57 (49.93)	4:55.46 (36.89)	5:31.79 (36.33)

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 10 Girls 9 Year Olds 200 SC Meter IM**

Name	Age	Team	Finals Time	Points
1 Daisy Malin	9	Teddington	3:24.01	3
	47.48	1:36.77 (49.29) 2:37.88 (1:01.11)	3:24.01 (46.13)	
2 Carolyn Cohen	9	Harrow & Wealdstone	3:53.41	2
	53.10	1:50.18 (57.08) 3:00.02 (1:09.84)	3:53.41 (53.39)	
3 Hannah Broderick	9	Barnet Cophall	4:32.14	1
	1:09.11	2:15.95 (1:06.84) 3:31.40 (1:15.45)	4:32.14 (1:00.74)	
--- Nicola Burlingham	9	Amersham	DQ	
	55.03	1:46.21 (51.18) 2:52.84 (1:06.63)	DQ (48.23)	
--- Angelina Filippone	9	Barnet Cophall	DQ	
	1:02.83	1:59.30 (56.47) 3:06.71 (1:07.41)	DQ (56.53)	
--- Amy-Louise Wakeley	9	Barnet Cophall	DQ	
	1:26.06	2:38.41 (1:12.35) 4:02.43 (1:24.02)	DQ (1:05.50)	

Event 10 Girls 10 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Katherine Shaw	10	Amersham	3:01.08	3
	41.89	1:28.34 (46.45) 2:21.42 (53.08)	3:01.08 (39.66)	
2 Sophie Elphick	10	Amersham	3:03.80	2
	45.44	1:30.67 (45.23) 2:23.40 (52.73)	3:03.80 (40.40)	
3 Suzu Sato	10	Barnet Cophall	3:23.86	1
	50.85	1:42.10 (51.25) 2:39.84 (57.74)	3:23.86 (44.02)	
4 Risa Kobayashi	10	Barnet Cophall	3:41.25	
	55.79	1:47.96 (52.17) 2:51.75 (1:03.79)	3:41.25 (49.50)	
5 Camilla Cameraea	10	Verulam	3:46.15	
	51.30	1:47.76 (56.46) 2:56.59 (1:08.83)	3:46.15 (49.56)	
6 Annie Johnson	10	Barnet Cophall	3:55.01	
	57.65	1:53.92 (56.27) 2:59.16 (1:05.24)	3:55.01 (55.85)	
7 Hannah Kendall-Troughton	10	Barnet Cophall	3:55.23	
	53.72	1:51.66 (57.94) 3:01.61 (1:09.95)	3:55.23 (53.62)	
8 Yee-Yewt Smart	10	Barnet Cophall	4:00.83	
	1:00.13	1:58.32 (58.19) 3:06.03 (1:07.71)	4:00.83 (54.80)	
9 Saniya Bandey	10	Barnet Cophall	4:14.98	
	1:08.53	2:13.92 (1:05.39) 3:17.23 (1:03.31)	4:14.98 (57.75)	
--- Jessica Karp	10	Barnet Cophall	DQ	
	52.32	1:51.03 (58.71) 2:58.87 (1:07.84)	DQ (50.95)	
--- Rhiannon McColl	10	Barnet Cophall	DQ	
	1:01.54	2:06.26 (1:04.72) 3:14.40 (1:08.14)	DQ (1:00.34)	
--- Yasmin Sweeney	10	Barnet Cophall	DQ	
	1:03.43	2:04.06 (1:00.63) 3:10.79 (1:06.73)	DQ (51.65)	
--- Katie Taylor	10	Barnet Cophall	DQ	
	57.06	1:55.65 (58.59) 3:06.31 (1:10.66)	DQ (54.93)	

Event 10 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Alex Panayides	11	Teddington	3:05.17	3

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

2	Yat-Wing Smart	45.05	1:29.28 (44.23)	2:24.38 (55.10)	3:05.17 (40.79)	3:07.15	2
			11 Barnet Cophall				
3	Elizabeth Bickford-Sawkings	45.25	1:29.05 (43.80)	2:26.05 (57.00)	3:07.15 (41.10)	3:12.83	1
			11 Teddington				
4	Aimee Joyce	43.98	1:33.17 (49.19)	2:29.50 (56.33)	3:12.83 (43.33)	3:38.14	
			11 Hounslow Hurricanes				
		50.72	1:44.78 (54.06)	2:49.51 (1:04.73)	3:38.14 (48.63)		

Event 10 Girls 12 Year Olds 200 SC Meter IM

	Name	Age	Team			Finals Time	Points		
1	Lauren Chapple	12	Barnet Cophall			2:29.02	3		
2	Alice Pearson	12	Barnet Cophall	33.80	1:10.13 (36.33)	1:53.99 (43.86)	2:29.02 (35.03)	2:38.43	2
3	Polly Kemp-King	12	Hounslow Hurricanes	39.25	1:19.24 (39.99)	2:03.00 (43.76)	2:38.43 (35.43)	2:42.50	1
4	Kyra Jones	12	Barnet Cophall	35.92	1:16.86 (40.94)	2:06.01 (49.15)	2:42.50 (36.49)	2:42.63	
5	Sarah Powell	12	Bletchley & District	38.02	1:15.11 (37.09)	2:06.30 (51.19)	2:42.63 (36.33)	2:46.37	
6	Regan Massey	12	Hounslow Hurricanes	39.01	1:19.30 (40.29)	2:08.24 (48.94)	2:46.37 (38.13)	2:51.97	
7	Georgina Tasker	12	Amersham	38.37	1:23.73 (45.36)	2:11.55 (47.82)	2:51.97 (40.42)	3:03.39	
8	Jessica Jackson-Virk	12	Barnet Cophall	41.98	1:30.84 (48.86)	2:23.43 (52.59)	3:03.39 (39.96)	3:04.65	
9	Ella Harding	12	Teddington	43.57	1:32.58 (49.01)	2:25.31 (52.73)	3:04.65 (39.34)	3:08.29	
10	Abbie Smith	12	Verulam	40.25	1:26.72 (46.47)	2:22.31 (55.59)	3:08.29 (45.98)	3:12.68	
11	Tabitha Mainstone	12	Barnet Cophall	43.36	1:29.53 (46.17)	2:32.43 (1:02.90)	3:12.68 (40.25)	3:33.32	
		51.23	1:44.51 (53.28)	2:47.32 (1:02.81)	3:33.32 (46.00)				

Event 10 Girls 13 Year Olds 200 SC Meter IM

	Name	Age	Team			Finals Time	Points		
1	Michelle Lewis	13	Barnet Cophall			2:32.78	3		
2	Willow Malin	13	Teddington	33.04	1:09.22 (36.18)	1:58.37 (49.15)	2:32.78 (34.41)	2:43.25	2
3	Leanne Fernandes	13	Barnet Cophall	38.31	1:20.41 (42.10)	2:07.36 (46.95)	2:43.25 (35.89)	2:44.18	1
4	Lottie Hudson	13	Barnet Cophall	40.52	1:21.70 (41.18)	2:09.58 (47.88)	2:44.18 (34.60)	2:49.26	
5	Alice Barraclough	13	Amersham	38.05	1:21.21 (43.16)	2:12.64 (51.43)	2:49.26 (36.62)	2:57.42	
6	Donna Lineman	13	Hounslow Hurricanes	39.02	1:24.34 (45.32)	2:18.14 (53.80)	2:57.42 (39.28)	3:05.00	
		42.56	1:28.49 (45.93)	2:24.89 (56.40)	3:05.00 (40.11)				

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 10 Girls 14 & Over 200 SC Meter IM**

	Name	Age	Team	Finals Time	Points
1	Ashley Harris	15	Barnet Cophall	2:32.02	3
	32.90	1:12.80 (39.90)	1:59.39 (46.59)	2:32.02 (32.63)	
2	Charlotte Creager	16	Barnet Cophall	2:33.73	2
	34.50	1:14.32 (39.82)	2:00.80 (46.48)	2:33.73 (32.93)	
3	Zoe Colyer-Worsell	15	Barnet Cophall	2:34.11	1
	33.68	1:15.87 (42.19)	1:59.31 (43.44)	2:34.11 (34.80)	
4	Stephanie Hyams	15	Barnet Cophall	2:37.99	
	37.03	1:16.96 (39.93)	2:04.12 (47.16)	2:37.99 (33.87)	
5	Fay Pearce	14	Amersham	2:45.53	
	36.81	1:18.62 (41.81)	2:08.87 (50.25)	2:45.53 (36.66)	
6	Grace Rake	14	Hounslow Hurricanes	2:45.84	
	37.72	1:19.27 (41.55)	2:08.92 (49.65)	2:45.84 (36.92)	
---	Mayuto Goto	8	Barnet Cophall	X3:40.40	
	48.95	1:45.85 (56.90)	2:48.83 (1:02.98)	3:40.40 (51.57)	
---	Haruka Takeuchi	8	Barnet Cophall	X3:58.58	
	55.35	1:54.64 (59.29)	3:03.69 (1:09.05)	3:58.58 (54.89)	
---	Eadaoin Vincent	7	Barnet Cophall	X4:26.70	
	1:03.56	2:07.00 (1:03.44)	3:19.03 (1:12.03)	4:26.70 (1:07.67)	
---	Maho Takeda	7	Barnet Cophall	XDQ	
	1:10.97	2:16.07 (1:05.10)	3:28.08 (1:12.01)	DQ (58.04)	

Event 11 Boys 9 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	Kyle Mellon	9	Hounslow Hurricanes	3:39.72	3
	45.17	1:44.04 (58.87)	2:42.97 (58.93)	3:39.72 (56.75)	
2	Jack Stevens	9	Barnet Cophall	3:52.89	2
	51.91	1:51.17 (59.26)	2:51.29 (1:00.12)	3:52.89 (1:01.60)	
3	Joe Jackson	9	Barnet Cophall	3:56.70	1
	53.49	1:54.75 (1:01.26)	2:55.46 (1:00.71)	3:56.70 (1:01.24)	
4	Maneek Tanda	9	Harrow & Wealdstone	4:02.91	
	50.11	1:53.00 (1:02.89)	2:57.30 (1:04.30)	4:02.91 (1:05.61)	

Event 11 Boys 10 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time	Points
1	George Holgate	10	Amersham	2:59.46	3
	40.17	1:26.75 (46.58)	2:13.81 (47.06)	2:59.46 (45.65)	
2	David Somper	10	Harrow & Wealdstone	3:01.02	2
	39.59	1:26.52 (46.93)	2:14.78 (48.26)	3:01.02 (46.24)	
3	Aron Barta	10	Barnet Cophall	3:06.11	1
	42.24	1:30.13 (47.89)	2:20.40 (50.27)	3:06.11 (45.71)	
4	Rory Atkins	10	Hounslow Hurricanes	3:06.95	
	42.35	1:30.78 (48.43)	2:19.91 (49.13)	3:06.95 (47.04)	
5	Oliver Barker	10	Verulam	3:08.12	
	38.62	1:25.44 (46.82)	2:16.73 (51.29)	3:08.12 (51.39)	
6	Rory McMonagle	10	Harrow & Wealdstone	3:09.97	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

7	Jack Carr	41.52	1:31.39 (49.87)	2:23.20 (51.81)	3:09.97 (46.77)	
			10 Harrow & Wealdstone			3:17.67
8	Hugo Cliff	43.46	1:34.82 (51.36)	2:27.06 (52.24)	3:17.67 (50.61)	
			10 Barnet Cophall			3:19.69
9	Henry Yau	43.93	1:35.99 (52.06)	2:28.77 (52.78)	3:19.69 (50.92)	
			10 Barnet Cophall			3:36.03
10	Temitaiya Fambegbe	44.76	1:39.91 (55.15)	2:38.24 (58.33)	3:36.03 (57.79)	
			10 Harrow & Wealdstone			3:49.60
		47.06	1:47.77 (1:00.71)	2:51.33 (1:03.56)	3:49.60 (58.27)	

Event 11 Boys 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points
1	Jay Munkley	11	Hertsmere Flyers		2:42.72	3
		37.91	1:21.18 (43.27)	2:04.20 (43.02)	2:42.72 (38.52)	
2	Pavan Roprai	11	Hounslow Hurricanes		2:52.94	2
		39.35	1:24.47 (45.12)	2:10.02 (45.55)	2:52.94 (42.92)	
3	Anoop Tanda	11	Harrow & Wealdstone		3:00.95	1
		39.09	1:27.02 (47.93)	2:15.46 (48.44)	3:00.95 (45.49)	
4	Lewis Childs	11	Verulam		3:07.08	
		38.74	1:27.19 (48.45)	2:18.26 (51.07)	3:07.08 (48.82)	
5	Miran Shah	11	Hertsmere Flyers		3:09.09	
		42.20	1:33.38 (51.18)	2:24.68 (51.30)	3:09.09 (44.41)	
6	Sean Yip	11	Barnet Cophall		3:15.03	
		42.63	1:34.49 (51.86)	2:28.49 (54.00)	3:15.03 (46.54)	
7	Mateo Calonje	11	Barnet Cophall		4:16.85	
		51.98	2:01.84 (1:09.86)	3:10.48 (1:08.64)	4:16.85 (1:06.37)	

Event 11 Boys 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points
1	Charlie Boldison	12	Barnet Cophall		2:15.64	3
		31.61	1:07.25 (35.64)	1:43.27 (36.02)	2:15.64 (32.37)	
2	Adam Carter	12	Borough of Southend		2:23.18	2
		33.79	1:10.41 (36.62)	1:47.52 (37.11)	2:23.18 (35.66)	
3	Alex Jessop	12	Barnet Cophall		2:23.31	1
		33.52	1:10.72 (37.20)	1:48.35 (37.63)	2:23.31 (34.96)	
4	Josh Eddon	12	Barnet Cophall		2:24.30	
		33.95	1:11.18 (37.23)	1:48.94 (37.76)	2:24.30 (35.36)	
5	Lee Evans	12	Barnet Cophall		2:25.01	
		32.16	1:08.77 (36.61)	1:47.30 (38.53)	2:25.01 (37.71)	
6	Matthew Donlevey	12	Harrow & Wealdstone		2:31.74	
		34.59	1:14.14 (39.55)	1:53.77 (39.63)	2:31.74 (37.97)	
7	William Atkins	12	Hounslow Hurricanes		2:33.78	
		34.33	1:13.49 (39.16)	1:54.54 (41.05)	2:33.78 (39.24)	
8	James Carter	12	Borough of Southend		2:35.11	
		37.08	1:16.97 (39.89)	1:56.90 (39.93)	2:35.11 (38.21)	
9	Daniel Andrawos	12	Harrow & Wealdstone		2:40.28	
		35.13	1:16.01 (40.88)	1:59.07 (43.06)	2:40.28 (41.21)	
10	Ashley Bickers	12	Barnet Cophall		2:47.25	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

11	Devansh Gor	37.63	1:20.64 (43.01)	2:05.16 (44.52)	2:47.25 (42.09)	2:53.56
				12 Barnet Cophall		
12	Thomas Miles	39.23	1:24.50 (45.27)	2:10.17 (45.67)	2:53.56 (43.39)	2:55.00
				12 Hounslow Hurricanes		
13	Saagar Mayani	38.42	1:24.99 (46.57)	2:11.59 (46.60)	2:55.00 (43.41)	2:59.51
				12 Barnet Cophall		
		39.69	1:27.12 (47.43)	2:14.52 (47.40)	2:59.51 (44.99)	

Event 11 Boys 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points			
1	Kevin O'Shea	13	Barnet Cophall		2:14.59	3			
2	Sam Munkley	13	Hertsmere Flyers	31.37	1:05.41 (34.04)	1:40.52 (35.11)	2:14.59 (34.07)	2:16.65	2
3	Robert Van Tromp	13	Verulam	31.49	1:06.37 (34.88)	1:42.18 (35.81)	2:16.65 (34.47)	2:28.02	1
4	Jake Sanders	13	Verulam	33.68	1:11.42 (37.74)	1:49.97 (38.55)	2:28.02 (38.05)	2:32.48	
5	Stuart Webb	13	Verulam	34.00	1:12.67 (38.67)	1:53.74 (41.07)	2:32.48 (38.74)	2:33.12	
6	James Devey	13	Barnet Cophall	34.92	1:14.52 (39.60)	1:55.63 (41.11)	2:33.12 (37.49)	2:52.65	
7	Kieran Campbell	13	Verulam	39.23	1:24.29 (45.06)	2:11.64 (47.35)	2:52.65 (41.01)	2:58.83	
				37.45	1:22.12 (44.67)	2:10.39 (48.27)	2:58.83 (48.44)		

Event 11 Boys 14 & Over 200 SC Meter Freestyle

	Name	Age	Team		Finals Time	Points			
1	Chris Timms	17	Barnet Cophall		1:57.15	3			
2	Sean O'Shea	16	Barnet Cophall	26.80	56.83 (30.03)	1:27.01 (30.18)	1:57.15 (30.14)	1:58.32	2
3	Chris Eddon	16	Barnet Cophall	27.70	58.12 (30.42)	1:28.50 (30.38)	1:58.32 (29.82)	1:58.44	1
4	Jamil Mirza	19	Barnet Cophall	27.65	57.68 (30.03)	1:28.30 (30.62)	1:58.44 (30.14)	1:58.64	
5	Abeeku Philip-Forde	17	Barnet Cophall	27.28	57.73 (30.45)	1:28.05 (30.32)	1:58.64 (30.59)	2:00.83	
6	Martyn Bermingham	15	Barnet Cophall	26.76	57.12 (30.36)	1:28.73 (31.61)	2:00.83 (32.10)	2:04.74	
7	Tom Reynolds	14	Barnet Cophall	26.86	57.03 (30.17)	1:30.05 (33.02)	2:04.74 (34.69)	2:07.14	
8	Ben Woska	16	Barnet Cophall	28.96	1:01.74 (32.78)	1:34.69 (32.95)	2:07.14 (32.45)	2:07.35	
9	Dennis Crowley	16	Hounslow Hurricanes	29.60	1:02.10 (32.50)	1:34.92 (32.82)	2:07.35 (32.43)	2:13.07	
10	Peter Lee	17	Hounslow Hurricanes	29.96	1:03.95 (33.99)	1:39.49 (35.54)	2:13.07 (33.58)	2:14.83	
				29.78	1:04.21 (34.43)	1:39.85 (35.64)	2:14.83 (34.98)		

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

11	Danny Papworth	14	Hounslow Hurricanes	2:21.66
	31.95	1:07.87 (35.92)	1:45.14 (37.27)	2:21.66 (36.52)
12	Leigh Wright	17	Bletchley & District	2:23.00
	32.69	1:09.50 (36.81)	1:47.73 (38.23)	2:23.00 (35.27)
13	Ben Munkley	15	Hertsmere Flyers	2:24.59
	32.50	1:08.87 (36.37)	1:47.45 (38.58)	2:24.59 (37.14)
14	Anthony Craft	14	Harrow & Wealdstone	2:33.03
	34.05	1:12.85 (38.80)	1:53.82 (40.97)	2:33.03 (39.21)
15	Martin Bithell	14	Verulam	2:41.46
	38.25	1:20.62 (42.37)	2:04.17 (43.55)	2:41.46 (37.29)
---	David Naughton	8	Barnet Cophall	XDQ
	54.01	2:04.45 (1:10.44)	3:15.78 (1:11.33)	DQ (1:03.97)

Event 12 Girls 9 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	Points
1 Daisy Malin	9	Teddington	3:59.53	3
	54.90	1:56.85 (1:01.95)	2:58.91 (1:02.06)	3:59.53 (1:00.62)
2 Nicola Burlingham	9	Amersham	4:16.11	2
	1:01.70	2:07.47 (1:05.77)	3:12.31 (1:04.84)	4:16.11 (1:03.80)
3 Nina Harding	9	Teddington	4:24.15	1
	54.55	1:58.34 (1:03.79)	3:10.44 (1:12.10)	4:24.15 (1:13.71)
4 Talisa Mistry	9	Harrow & Wealdstone	4:26.32	
	1:01.13	2:10.00 (1:08.87)	3:19.63 (1:09.63)	4:26.32 (1:06.69)
5 Angelina Filippone	9	Barnet Cophall	4:38.81	
	1:08.71	2:19.22 (1:10.51)	3:29.08 (1:09.86)	4:38.81 (1:09.73)
6 Hannah Broderick	9	Barnet Cophall	4:55.30	
	1:07.91	2:24.27 (1:16.36)	3:41.40 (1:17.13)	4:55.30 (1:13.90)

Event 12 Girls 10 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	Points
1 Sophie Elphick	10	Amersham	3:23.12	3
	47.71	1:39.73 (52.02)	2:32.39 (52.66)	3:23.12 (50.73)
2 Suzu Sato	10	Barnet Cophall	3:39.51	2
	53.11	1:49.69 (56.58)	2:45.94 (56.25)	3:39.51 (53.57)
3 Isobel Thompson	10	Verulam	3:57.32	1
	54.89	1:56.47 (1:01.58)	2:59.58 (1:03.11)	3:57.32 (57.74)
4 Risa Kobayashi	10	Barnet Cophall	4:06.40	
	56.36	1:59.07 (1:02.71)	3:05.62 (1:06.55)	4:06.40 (1:00.78)
5 Saniya Bandey	10	Barnet Cophall	4:08.78	
	55.77	2:00.03 (1:04.26)	3:04.88 (1:04.85)	4:08.78 (1:03.90)
6 Nisha Hunjan	10	Harrow & Wealdstone	4:09.43	
	55.51	1:59.36 (1:03.85)	3:05.26 (1:05.90)	4:09.43 (1:04.17)
7 Annie Johnson	10	Barnet Cophall	4:10.71	
	56.67	2:00.62 (1:03.95)	3:06.74 (1:06.12)	4:10.71 (1:03.97)
8 Rhiannon McColl	10	Barnet Cophall	4:23.12	
	1:00.93	2:08.99 (1:08.06)	3:17.80 (1:08.81)	4:23.12 (1:05.32)
9 Jessica Karp	10	Barnet Cophall	4:28.56	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

10	Katie Taylor	1:02.31	2:08.95 (1:06.64)	4:32.11 (2:23.16)	4:28.56 ()	4:55.89
				10 Barnet Cophall		
		1:05.71	2:22.06 (1:16.35)	3:40.80 (1:18.74)	4:55.89 (1:15.09)	

Event 12 Girls 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time	Points
1	Sarah Pickin	11	Amersham		3:25.40	3
		49.16	1:41.88 (52.72)	2:34.79 (52.91)	3:25.40 (50.61)	
2	Katherine Melotte	11	Teddington		3:27.57	2
		45.58	1:40.24 (54.66)	2:35.42 (55.18)	3:27.57 (52.15)	
3	Laura Medhurst	11	Borough of Southend		4:01.76	1
		55.52	1:58.24 (1:02.72)	2:59.82 (1:01.58)	4:01.76 (1:01.94)	
4	Ria Sanders	11	Verulam		4:16.52	
		54.64	2:00.13 (1:05.49)	3:08.88 (1:08.75)	4:16.52 (1:07.64)	
---	Georgina Luke	11	Harrow & Wealdstone		DQ	
		54.72	1:55.01 (1:00.29)	2:56.73 (1:01.72)	DQ (58.87)	

Event 12 Girls 12 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time	Points
1	Lauren Chapple	12	Barnet Cophall		2:53.44	3
		39.65	1:24.23 (44.58)	2:08.60 (44.37)	2:53.44 (44.84)	
2	Sarah Powell	12	Bletchley & District		3:05.28	2
		40.93	1:28.06 (47.13)	2:17.99 (49.93)	3:05.28 (47.29)	
3	Alice Pearson	12	Barnet Cophall		3:06.70	1
		43.38	1:31.72 (48.34)	2:19.57 (47.85)	3:06.70 (47.13)	
4	Regan Massey	12	Hounslow Hurricanes		3:08.27	
		42.45	1:30.91 (48.46)	2:21.03 (50.12)	3:08.27 (47.24)	
5	Polly Kemp-King	12	Hounslow Hurricanes		3:10.69	
		44.02	1:33.02 (49.00)	2:22.59 (49.57)	3:10.69 (48.10)	
6	Ella Harding	12	Teddington		3:21.77	
		47.08	1:38.19 (51.11)	2:29.79 (51.60)	3:21.77 (51.98)	
7	Hannah Carey	12	Verulam		3:25.54	
		47.94	1:40.30 (52.36)	2:33.69 (53.39)	3:25.54 (51.85)	
8	Jessica Jackson-Virk	12	Barnet Cophall		3:27.79	
		48.82	1:42.40 (53.58)	2:35.87 (53.47)	3:27.79 (51.92)	
9	Georgina Tasker	12	Amersham		3:27.92	
		47.59	1:41.56 (53.97)	2:34.59 (53.03)	3:27.92 (53.33)	
10	Louise Lowe	12	Verulam		3:28.02	
		48.84	1:40.53 (51.69)	2:35.74 (55.21)	3:28.02 (52.28)	
11	Samantha Horton	12	Borough of Southend		4:05.74	
		56.51	1:58.00 (1:01.49)	3:04.18 (1:06.18)	4:05.74 (1:01.56)	
12	Tabitha Mainstone	12	Barnet Cophall		4:12.47	
		57.24	2:01.58 (1:04.34)	3:06.51 (1:04.93)	4:12.47 (1:05.96)	

Event 12 Girls 13 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team		Finals Time	Points
1	Willow Malin	13	Teddington		3:00.05	3
		41.39	1:27.41 (46.02)	2:14.02 (46.61)	3:00.05 (46.03)	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

2	Leanne Fernandes	13	Barnet Cophall	3:07.89	2
	44.49	1:32.18 (47.69)	2:19.55 (47.37)	3:07.89 (48.34)	
3	Alice Barraclough	13	Amersham	3:19.18	1
	45.06	1:37.36 (52.30)	2:31.61 (54.25)	3:19.18 (47.57)	
4	Donna Lineman	13	Hounslow Hurricanes	3:38.17	
	49.72	1:45.34 (55.62)	2:42.08 (56.74)	3:38.17 (56.09)	

Event 12 Girls 14 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time	Points
1	Zoe Colyer-Worsell	15	Barnet Cophall	2:55.70	3
	39.30	1:23.95 (44.65)	2:10.39 (46.44)	2:55.70 (45.31)	
2	Rebecca Miles	17	Hounslow Hurricanes	2:59.12	2
	41.48	1:27.84 (46.36)	2:13.70 (45.86)	2:59.12 (45.42)	
3	Kathryn Mellon	14	Hounslow Hurricanes	3:09.69	1
	42.99	1:31.86 (48.87)	2:21.69 (49.83)	3:09.69 (48.00)	
4	Claire Pearce	18	Hounslow Hurricanes	3:11.34	
	44.43	1:34.12 (49.69)	2:23.42 (49.30)	3:11.34 (47.92)	
5	Grace Rake	14	Hounslow Hurricanes	3:11.61	
	45.66	1:33.94 (48.28)	2:23.06 (49.12)	3:11.61 (48.55)	
6	Fay Pearce	14	Amersham	3:11.86	
	43.82	1:32.31 (48.49)	2:22.01 (49.70)	3:11.86 (49.85)	
7	Amy Thompson	15	Verulam	3:16.93	
	44.42	1:35.32 (50.90)	2:27.16 (51.84)	3:16.93 (49.77)	
8	Charlotte Ashton	14	Hounslow Hurricanes	3:28.35	
	47.83	1:41.69 (53.86)	2:35.49 (53.80)	3:28.35 (52.86)	
9	Joanne Quainton	15	Bletchley & District	3:41.71	
	50.41	1:46.47 (56.06)	2:44.79 (58.32)	3:41.71 (56.92)	
---	Mayuto Goto	8	Barnet Cophall	X4:07.90	
	58.00	2:00.68 (1:02.68)	3:07.43 (1:06.75)	4:07.90 (1:00.47)	
---	Maho Takeda	7	Barnet Cophall	X4:43.53	
	1:06.41	2:20.89 (1:14.48)	3:34.02 (1:13.13)	4:43.53 (1:09.51)	
---	Haruka Takeuchi	8	Barnet Cophall	X4:44.51	
	1:03.89	2:18.75 (1:14.86)	3:33.13 (1:14.38)	4:44.51 (1:11.38)	
---	Eadaoin Vincent	7	Barnet Cophall	X4:47.35	
	1:07.27	2:20.95 (1:13.68)	3:33.69 (1:12.74)	4:47.35 (1:13.66)	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 13 Boys 9 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time	Points
1 Kyle Mellon	9	Hounslow Hurricanes	3:48.92	3
	52.36	1:51.38 (59.02) 2:51.56 (1:00.18)	3:48.92 (57.36)	
2 Curtis Coleman	9	Barnet Cophall	3:52.02	2
	53.31	1:54.26 (1:00.95) 2:54.97 (1:00.71)	3:52.02 (57.05)	
3 Jack Stevens	9	Barnet Cophall	4:15.02	1
	1:01.80	2:08.41 (1:06.61) 3:14.34 (1:05.93)	4:15.02 (1:00.68)	

Event 13 Boys 10 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	Points
1 Michael Fernandes	10	Barnet Cophall	3:06.37	3
	44.46	1:33.20 (48.74) 2:21.26 (48.06)	3:06.37 (45.11)	
2 Aron Barta	10	Barnet Cophall	3:32.66	2
	48.65	1:42.85 (54.20) 2:35.51 (52.66)	3:32.66 (57.15)	
3 Thomas Dwyer	10	Barnet Cophall	3:51.18	1
	56.07	1:56.00 (59.93) 2:55.86 (59.86)	3:51.18 (55.32)	
--- Hugo Cliff	10	Barnet Cophall	4:07.41 ()	DQ
	4:07.59	4:50.45 (42.86) 4:50.45 ()	4:07.41 ()	
	50.46	1:46.29 (55.83) 2:42.40 (56.11)	DQ (53.65)	

Event 13 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	Points
1 Pavan Rooprai	11	Hounslow Hurricanes	3:14.97	3
	46.57	1:37.12 (50.55) 2:27.79 (50.67)	3:14.97 (47.18)	
2 Lewis Childs	11	Verulam	3:33.25	2
	46.92	1:42.37 (55.45) 2:39.28 (56.91)	3:33.25 (53.97)	
3 Thomas Abbott	11	Harrow & Wealdstone	3:39.66	1
	51.33	1:47.60 (56.27) 2:46.67 (59.07)	3:39.66 (52.99)	

Event 13 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	Points
1 Charlie Boldison	12	Barnet Cophall	2:29.41	3
	36.01	1:14.48 (38.47) 1:53.32 (38.84)	2:29.41 (36.09)	
2 Josh Eddon	12	Barnet Cophall	2:41.61	2
	37.73	1:19.08 (41.35) 2:01.14 (42.06)	2:41.61 (40.47)	
3 Alex Jessop	12	Barnet Cophall	2:43.45	1
	39.51	1:21.15 (41.64) 2:03.38 (42.23)	2:43.45 (40.07)	
4 Lee Evans	12	Barnet Cophall	2:51.98	
	40.48	1:24.83 (44.35) 2:09.41 (44.58)	2:51.98 (42.57)	
5 Daniel Andrawos	12	Harrow & Wealdstone	2:54.92	
	40.31	1:25.74 (45.43) 2:12.41 (46.67)	2:54.92 (42.51)	
6 Christopher Cox	12	Hertsmere Flyers	2:57.56	
	42.00	1:27.64 (45.64) 2:13.38 (45.74)	2:57.56 (44.18)	
7 James Carter	12	Borough of Southend	2:59.21	
	43.42	1:28.70 (45.28) 2:14.63 (45.93)	2:59.21 (44.58)	
8 Devansh Gor	12	Barnet Cophall	3:05.07	

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005

9	Matthew Donlevey	42.30	1:30.53 (48.23)	2:18.48 (47.95)	3:05.07 (46.59)	3:07.94
			12 Harrow & Wealdstone			
10	Ashley Bickers	43.16	1:32.13 (48.97)	2:20.98 (48.85)	3:07.94 (46.96)	3:08.58
			12 Barnet Cophall			
11	Joel Sands	43.87	1:31.60 (47.73)	2:21.18 (49.58)	3:08.58 (47.40)	3:13.93
			12 Barnet Cophall			
12	Thomas Miles	46.36	1:36.24 (49.88)	2:26.15 (49.91)	3:13.93 (47.78)	3:20.05
			12 Hounslow Hurricanes			
		47.46	1:38.93 (51.47)	2:29.07 (50.14)	3:20.05 (50.98)	

Event 13 Boys 13 Year Olds 200 SC Meter Backstroke

	Name	Age	Team		Finals Time	Points			
1	Jake Sanders	13	Verulam		2:51.08	3			
2	James Devey	13	Barnet Cophall	39.88	1:24.20 (44.32)	2:09.45 (45.25)	2:51.08 (41.63)	3:13.93	2
				44.23	1:36.07 (51.84)	2:27.67 (51.60)	3:13.93 (46.26)		

Event 13 Boys 14 & Over 200 SC Meter Backstroke

	Name	Age	Team		Finals Time	Points			
1	Jamil Mirza	19	Barnet Cophall		2:09.37	3			
2	Martyn Bermingham	15	Barnet Cophall	30.02	1:02.66 (32.64)	1:35.53 (32.87)	2:09.37 (33.84)	2:16.25	2
3	James Allchorne	16	Barnet Cophall	31.20	1:05.12 (33.92)	1:40.70 (35.58)	2:16.25 (35.55)	2:17.14	1
4	Ben Woska	16	Barnet Cophall	32.83	1:07.63 (34.80)	1:42.92 (35.29)	2:17.14 (34.22)	2:20.16	
5	Kiran Dattani	14	Barnet Cophall	32.03	1:07.23 (35.20)	1:44.17 (36.94)	2:20.16 (35.99)	2:20.37	
6	Tom Reynolds	14	Barnet Cophall	33.19	1:09.03 (35.84)	1:45.10 (36.07)	2:20.37 (35.27)	2:20.78	
7	Sean O'Shea	16	Barnet Cophall	32.98	1:08.70 (35.72)	1:45.51 (36.81)	2:20.78 (35.27)	2:22.60	
8	Dennis Crowley	16	Hounslow Hurricanes	32.50	1:09.16 (36.66)	1:45.86 (36.70)	2:22.60 (36.74)	2:29.61	
9	Peter Lee	17	Hounslow Hurricanes	35.05	1:13.25 (38.20)	1:52.49 (39.24)	2:29.61 (37.12)	2:31.72	
10	Danny Papworth	14	Hounslow Hurricanes	34.82	1:12.83 (38.01)	1:52.46 (39.63)	2:31.72 (39.26)	2:40.23	
11	Martin Bithell	14	Verulam	38.09	1:19.13 (41.04)	2:00.94 (41.81)	2:40.23 (39.29)	3:05.29	
				43.06	1:31.41 (48.35)	2:20.26 (48.85)	3:05.29 (45.03)		

Event 14 Girls 9 Year Olds 200 SC Meter Butterfly

	Name	Age	Team		Finals Time	Points			
1	Emma Craft	9	Harrow & Wealdstone		3:38.69	3			
2	Daisy Malin	9	Teddington	50.00	1:48.07 (58.07)	2:44.97 (56.90)	3:38.69 (53.72)	3:53.51	2
				48.28	1:51.23 (1:02.95)	2:53.46 (1:02.23)	3:53.51 (1:00.05)		

Barnet Cophall Swimming Club Kate Lack Trophy Meet – 8th May 2005**Event 14 Girls 10 Year Olds 200 SC Meter Butterfly**

Name	Age	Team	Finals Time	Points
1 Katherine Shaw	10	Amersham	3:19.75	3
	42.89	1:31.78 (48.89)	2:25.43 (53.65)	3:19.75 (54.32)

Event 14 Girls 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	Points
1 Hayley Mellon	11	Hounslow Hurricanes	3:09.22	3
	39.62	1:26.89 (47.27)	2:17.54 (50.65)	3:09.22 (51.68)
2 Elizabeth Bickford-Sawkings	11	Teddington	3:22.67	2
	46.32	1:39.23 (52.91)	2:33.30 (54.07)	3:22.67 (49.37)

Event 14 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	Points
1 Lauren Chapple	12	Barnet Cophall	2:26.53	3
	33.93	1:10.58 (36.65)	1:49.58 (39.00)	2:26.53 (36.95)
2 Georgina Tasker	12	Amersham	3:25.83	2
	44.46	1:39.53 (55.07)	2:33.41 (53.88)	3:25.83 (52.42)
3 Ella Harding	12	Teddington	3:47.80	1
	46.67	1:44.78 (58.11)	2:45.34 (1:00.56)	3:47.80 (1:02.46)

Event 14 Girls 13 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	Points
1 Roxanne Bevan	13	Hounslow Hurricanes	2:42.88	3
	36.45	1:18.18 (41.73)	2:00.96 (42.78)	2:42.88 (41.92)
2 Lottie Hudson	13	Barnet Cophall	2:45.29	2
	38.24	1:20.40 (42.16)	2:02.73 (42.33)	2:45.29 (42.56)

Event 14 Girls 14 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	Points
1 Charlotte Creager	16	Barnet Cophall	2:28.24	3
	34.77	1:12.36 (37.59)	1:51.50 (39.14)	2:28.24 (36.74)
2 Aneeka Shah	17	Barnet Cophall	2:28.25	2
	33.14	1:11.34 (38.20)	1:50.58 (39.24)A	2:28.25 (37.67)
3 Kathryn Mellon	14	Hounslow Hurricanes	2:53.04	1
	37.24	1:19.73 (42.49)	2:06.31 (46.58)	2:53.04 (46.73)