

Results Middle Distance Development Meet 2003 - 01/11/03**Event 1 Girls 9 Year Olds 400 SC Meter Freestyle**

| Name | Age | Team | Finals Time | | | |
|--------------------------|-------|------------------------|-------------------|-------------------|-------------------|-------------------|
| 1 Brooke H Killick | 9 | Potters Bar | 6:00.31 | | | |
| | 39.26 | 1:23.92 (44.66) | 2:10.09 (46.17) | 2:56.38 (46.29) | 3:43.43 (47.05) | 4:31.29 (47.86) |
| | | | 5:17.71 (46.42) | 6:00.31 (42.60) | | |
| 2 Charlotte E Henson | 9 | City of St Albans | 6:16.20 | | | |
| | 40.70 | 1:26.74 (46.04) | 2:14.61 (47.87) | 3:03.13 (48.52) | 3:52.42 (49.29) | 4:41.28 (48.86) |
| | | | 5:30.70 (49.42) | 6:16.20 (45.50) | | |
| 3 Hannah K Wakeman | 9 | Harrow & Wealdstone | 6:35.85 | | | |
| | 40.57 | 1:28.52 (47.95) | 2:18.29 (49.77) | 3:11.31 (53.02) | 4:04.06 (52.75) | 4:56.01 (51.95) |
| | | | 5:48.81 (52.80) | 6:35.85 (47.04) | | |
| 4 Louisa Weiniger | 9 | Barnet Copthall | 7:06.71 | | | |
| | 43.91 | 1:38.40 (54.49) | 2:33.18 (54.78) | 3:28.34 (55.16) | 4:23.87 (55.53) | 5:24.01 (1:00.14) |
| | | | 6:12.86 (48.85) | 7:06.71 (53.85) | | |
| 5 Stephanie McFarlane | 9 | Harrow & Wealdstone | 7:06.95 | | | |
| | 44.41 | 1:36.39 (51.98) | 2:32.26 (55.87) | 3:29.55 (57.29) | 4:26.07 (56.52) | 5:22.84 (56.77) |
| | | | 6:18.40 (55.56) | 7:06.95 (48.55) | | |
| 6 Rachel R Pooley | 9 | Seven Islands | 7:13.88 | | | |
| | 44.71 | 1:41.37 (56.66) | 2:38.61 (57.24) | 3:34.19 (55.58) | 4:29.06 (54.87) | 5:24.76 (55.70) |
| | | | 6:21.30 (56.54) | 7:13.88 (52.58) | | |
| 7 Juliet J Kuo | 9 | Barnet Copthall | 7:15.72 | | | |
| | 49.38 | 1:45.22 (55.84) | 2:40.59 (55.37) | 3:36.56 (55.97) | 4:32.26 (55.70) | 5:26.71 (54.45) |
| | | | 6:22.33 (55.62) | 7:15.72 (53.39) | | |
| 8 Georgia T Jackson-Virk | 9 | Barnet Copthall | 7:28.82 | | | |
| | 47.98 | 1:45.09 (57.11) | 2:42.32 (57.23) | 3:39.55 (57.23) | 4:38.48 (58.93) | 5:35.54 (57.06) |
| | | | 6:33.05 (57.51) | 7:28.82 (55.77) | | |
| 9 Alice E Mills | 9 | Berkhamsted Barracudas | 7:45.80 | | | |
| | 50.71 | 1:50.17 (59.46) | 2:49.04 (58.87) | 3:48.66 (59.62) | 4:51.61 (1:02.95) | 5:52.30 (1:00.69) |
| | | | 6:54.27 (1:01.97) | 7:45.80 (51.53) | | |
| 10 Alice Parramore | 9 | Barnet Copthall | 7:56.97 | | | |
| | 53.18 | 1:54.17 (1:00.99) | 2:55.42 (1:01.25) | 3:56.54 (1:01.12) | 4:57.83 (1:01.29) | 6:00.86 (1:03.03) |
| | | | 7:00.88 (1:00.02) | 7:56.97 (56.09) | | |
| 11 Emily Chan | 9 | Barnet Copthall | 8:04.07 | | | |
| | 53.45 | 1:55.75 (1:02.30) | 2:58.44 (1:02.69) | 4:00.30 (1:01.86) | 5:02.31 (1:02.01) | 6:05.60 (1:03.29) |
| | | | 7:06.53 (1:00.93) | 8:04.07 (57.54) | | |

Event 1 Girls 10 Year Olds 400 SC Meter Freestyle

| Name | Age | Team | Finals Time | | | |
|-------------------|-------|--------------------|-----------------|-----------------|-----------------|-----------------|
| 1 Lauren Chapple | 10 | Barnet Copthall | 5:11.21 | | | |
| | 35.01 | 1:14.44 (39.43) | 1:54.11 (39.67) | 2:34.66 (40.55) | 3:14.39 (39.73) | 3:54.96 (40.57) |
| | | | 4:34.69 (39.73) | 5:11.21 (36.52) | | |
| 2 Lauren C Turner | 10 | Hillingdon Borough | 5:33.08 | | | |
| | 38.60 | 1:22.11 (43.51) | 2:05.33 (43.22) | 2:48.38 (43.05) | 3:30.20 (41.82) | 4:12.77 (42.57) |
| | | | 4:55.74 (42.97) | 5:33.08 (37.34) | | |
| 3 Alice R Pearson | 10 | Barnet Copthall | 5:33.98 | | | |

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|-----|------------------------|-------------------|---------------------|-----------------|---------|
| | 38.13 | 1:21.66 (43.53) | 2:05.81 (44.15) | 2:48.59 (42.78) | |
| | 3:30.99 (42.40) | 4:12.91 (41.92) | 4:54.08 (41.17) | 5:33.98 (39.90) | |
| 4 | Brittany J Lloyd | 10 | Barnet Copthall | | 5:42.94 |
| | 39.60 | 1:23.41 (43.81) | 2:07.41 (44.00) | 2:51.41 (44.00) | |
| | 3:35.55 (44.14) | 4:19.23 (43.68) | 5:02.84 (43.61) | 5:42.94 (40.10) | |
| 5 | Hayley C Mellon | 10 | Hounslow Hurricanes | | 5:53.12 |
| | 38.96 | 1:22.68 (43.72) | 2:06.81 (44.13) | 2:51.97 (45.16) | |
| | 3:38.29 (46.32) | 4:24.00 (45.71) | 5:10.74 (46.74) | 5:53.12 (42.38) | |
| 6 | Georgia E Shaw | 10 | Killerwhales | | 5:56.26 |
| | 38.67 | 1:22.78 (44.11) | 2:07.33 (44.55) | 2:52.58 (45.25) | |
| | 3:39.73 (47.15) | 4:27.41 (47.68) | 5:13.10 (45.69) | 5:56.26 (43.16) | |
| 7 | Philippa K Hardy | 10 | Barnet Copthall | | 5:57.35 |
| | 39.04 | 1:22.52 (43.48) | 2:08.38 (45.86) | 2:55.17 (46.79) | |
| | 3:41.56 (46.39) | 4:29.31 (47.75) | 5:16.37 (47.06) | 5:57.35 (40.98) | |
| 8 | Yat Wing Smart | 10 | Barnet Copthall | | 6:28.61 |
| | 41.89 | 1:30.99 (49.10) | 2:21.58 (50.59) | 3:13.52 (51.94) | |
| | 4:04.31 (50.79) | 4:54.38 (50.07) | 5:44.68 (50.30) | 6:28.61 (43.93) | |
| 9 | Jessica Fiveash | 10 | Seven Islands | | 6:34.53 |
| | 43.58 | 1:32.79 (49.21) | 2:23.75 (50.96) | 3:15.35 (51.60) | |
| | 4:07.12 (51.77) | 4:58.49 (51.37) | 5:50.73 (52.24) | 6:34.53 (43.80) | |
| 10 | Jessica S Jackson-Virk | 10 | Barnet Copthall | | 7:09.31 |
| | 46.09 | 1:40.23 (54.14) | 2:36.13 (55.90) | 3:30.50 (54.37) | |
| | 4:26.85 (56.35) | 5:22.51 (55.66) | 6:16.41 (53.90) | 7:09.31 (52.90) | |
| 11 | Laura Moran | 10 | Harrow & Wealdstone | | 7:10.72 |
| | 47.12 | 1:41.89 (54.77) | 2:38.08 (56.19) | 3:34.67 (56.59) | |
| | 4:30.18 (55.51) | 5:26.86 (56.68) | 6:22.89 (56.03) | 7:10.72 (47.83) | |
| 12 | Nami Urata | 10 | Barnet Copthall | | 7:15.76 |
| | 44.31 | 1:38.30 (53.99) | 2:34.74 (56.44) | 3:32.02 (57.28) | |
| | 4:29.18 (57.16) | 5:26.85 (57.67) | 6:23.08 (56.23) | 7:15.76 (52.68) | |
| 13 | Laura Feldman | 10 | Harrow & Wealdstone | | 7:28.03 |
| | 45.23 | 1:39.76 (54.53) | 2:35.60 (55.84) | 3:33.43 (57.83) | |
| | 4:31.13 (57.70) | 5:31.45 (1:00.32) | 6:31.00 (59.55) | 7:28.03 (57.03) | |
| --- | Charlotte Holmes | 10 | Harrow & Wealdstone | | DQ |
| | 45.37 | 1:42.46 (57.09) | | 3:46.22 () | |
| | 4:46.05 (59.83) | 5:48.36 (1:02.31) | 6:49.44 (1:01.08) | DQ (57.16) | |

Event 1 Girls 11 Year Olds 400 SC Meter Freestyle

| | Name | Age | Team | | Finals Time |
|---|-----------------|-----------------|--------------------|-----------------|-------------|
| 1 | Lottie Y Hudson | 11 | Barnet Copthall | | 5:22.27 |
| | 35.92 | 1:16.49 (40.57) | 1:57.36 (40.87) | 2:39.17 (41.81) | |
| | 3:20.57 (41.40) | 4:02.03 (41.46) | 4:43.64 (41.61) | 5:22.27 (38.63) | |
| 2 | Lucy Nisbet | 11 | Hillingdon Borough | | 5:24.11 |
| | 35.44 | 1:16.33 (40.89) | 1:58.12 (41.79) | 2:40.73 (42.61) | |
| | 3:22.71 (41.98) | 4:05.78 (43.07) | 4:47.64 (41.86) | 5:24.11 (36.47) | |
| 3 | Suzanna Liu | 11 | Barnet Copthall | | 5:43.17 |
| | 37.67 | 1:19.68 (42.01) | 2:03.68 (44.00) | 2:48.01 (44.33) | |

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| | | | | | |
|----------------------|-------------------|-------------------|---------------------------|-------------------|---------|
| | 3:32.73 (44.72) | 4:17.09 (44.36) | 5:02.07 (44.98) | 5:43.17 (41.10) | |
| 4 Holly L Franklin | | | 11 Berkhamsted Barracudas | | 5:46.72 |
| | 38.36 | 1:21.32 (42.96) | 2:05.25 (43.93) | 2:49.34 (44.09) | |
| | 3:33.64 (44.30) | 4:18.39 (44.75) | 5:03.96 (45.57) | 5:46.72 (42.76) | |
| 5 Kalei L Andrews | | | 11 Killerwhales | | 6:07.07 |
| | 39.81 | 1:25.65 (45.84) | 2:12.37 (46.72) | 3:00.35 (47.98) | |
| | 3:48.73 (48.38) | 4:35.82 (47.09) | 5:23.29 (47.47) | 6:07.07 (43.78) | |
| 6 Emma L Tootill | | | 11 Hertsmere Flyers | | 6:08.47 |
| | 40.93 | 1:25.03 (44.10) | 2:11.33 (46.30) | 2:58.66 (47.33) | |
| | 3:46.79 (48.13) | 4:35.22 (48.43) | 5:24.66 (49.44) | 6:08.47 (43.81) | |
| 7 Rosie Hopkins | | | 11 Barnet Copthall | | 6:12.29 |
| | 40.38 | 1:28.18 (47.80) | 2:17.12 (48.94) | 3:05.23 (48.11) | |
| | 3:52.36 (47.13) | 4:40.37 (48.01) | 5:28.51 (48.14) | 6:12.29 (43.78) | |
| 8 Katinka J Merchan | | | 11 Killerwhales | | 6:26.72 |
| | 39.76 | 1:26.27 (46.51) | 2:16.03 (49.76) | 3:06.34 (50.31) | |
| | 3:55.74 (49.40) | 4:46.50 (50.76) | 5:36.81 (50.31) | 6:26.72 (49.91) | |
| 9 India L Trusselle | | | 11 Berkhamsted Barracudas | | 6:34.96 |
| | 41.71 | 1:30.24 (48.53) | 2:21.32 (51.08) | 3:12.34 (51.02) | |
| | 4:04.85 (52.51) | 4:57.90 (53.05) | 5:47.74 (49.84) | 6:34.96 (47.22) | |
| 10 Charlotte Roberts | | | 11 Barnet Copthall | | 6:51.67 |
| | 39.78 | 1:28.99 (49.21) | 2:23.20 (54.21) | 3:17.01 (53.81) | |
| | 4:10.85 (53.84) | 5:06.42 (55.57) | 5:57.30 (50.88) | 6:51.67 (54.37) | |
| 11 Hannah M Bonney | | | 11 Berkhamsted Barracudas | | 7:55.90 |
| | 48.27 | 1:46.89 (58.62) | 2:48.43 (1:01.54) | 3:49.36 (1:00.93) | |
| | 4:53.06 (1:03.70) | 5:56.37 (1:03.31) | 6:57.99 (1:01.62) | 7:55.90 (57.91) | |

Event 1 Girls 12 Year Olds 400 SC Meter Freestyle

| Name | Age | Team | Finals Time | |
|--|-----|---------------------|-----------------|-----------------|
| 1 Michelle E Lewis | 12 | Barnet Copthall | | 5:00.17 |
| | | | 31.89 | 1:07.82 (35.93) |
| | | | 1:45.77 (37.95) | 2:24.50 (38.73) |
| | | | 3:03.59 (39.09) | 3:43.32 (39.73) |
| | | | 4:22.62 (39.30) | 5:00.17 (37.55) |
| 2 Sophie S O'Connor | 12 | Barnet Copthall | | 5:04.35 |
| | | | 34.40 | 1:12.37 (37.97) |
| | | | 1:50.82 (38.45) | 2:29.00 (38.18) |
| | | | 3:08.13 (39.13) | 3:47.28 (39.15) |
| | | | 4:26.58 (39.30) | 5:04.35 (37.77) |
| 3 Claire L Stainton | 12 | Hillingdon Borough | | 5:21.88 |
| | | | 36.79 | 1:17.15 (40.36) |
| | | | 1:58.11 (40.96) | 2:39.09 (40.98) |
| | | | 3:20.06 (40.97) | 4:01.20 (41.14) |
| | | | 4:42.67 (41.47) | 5:21.88 (39.21) |
| 4 Kathryn T Mellon | 12 | Hounslow Hurricanes | | 5:23.37 |
| | | | 36.38 | 1:16.80 (40.42) |
| | | | 1:58.87 (42.07) | 2:40.78 (41.91) |
| | | | 3:22.74 (41.96) | 4:03.65 (40.91) |
| | | | 4:44.68 (41.03) | 5:23.37 (38.69) |
| (Event 1 Girls 12 Year Olds 400 SC Meter Freestyle) | | | | |
| 5 Rachel Cunnane | 12 | Potters Bar | | 5:23.98 |
| | | | 35.74 | 1:15.95 (40.21) |
| | | | 1:57.05 (41.10) | 2:38.60 (41.55) |
| | | | 3:20.57 (41.97) | 4:02.98 (42.41) |
| | | | 4:45.77 (42.79) | 5:23.98 (38.21) |
| 6 Alicia Cannon | 12 | Barnet Copthall | | 5:33.98 |
| | | | 37.19 | 1:19.39 (42.20) |
| | | | 2:01.14 (41.75) | 2:45.28 (44.14) |
| | | | 3:28.14 (42.86) | 4:11.85 (43.71) |
| | | | 4:54.99 (43.14) | 5:33.98 (38.99) |

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|----|----------------------|-----------------|------------------------|-----------------|---------|
| 7 | Nattallie Timchishin | 12 | Seven Islands | | 5:45.86 |
| | 36.76 | 1:18.67 (41.91) | 2:02.51 (43.84) | 2:47.30 (44.79) | |
| | 3:32.30 (45.00) | 4:17.83 (45.53) | 5:03.75 (45.92) | 5:45.86 (42.11) | |
| 8 | Leanne R Fernandes | 12 | Hertsmere Flyers | | 5:48.22 |
| | 40.22 | 1:23.75 (43.53) | 2:08.71 (44.96) | 2:53.10 (44.39) | |
| | 3:37.66 (44.56) | 4:21.91 (44.25) | 5:06.75 (44.84) | 5:48.22 (41.47) | |
| 9 | Deanne C Williams | 12 | Seven Islands | | 5:50.42 |
| | 38.63 | 1:22.17 (43.54) | 2:06.59 (44.42) | 2:51.75 (45.16) | |
| | 3:37.99 (46.24) | 4:24.23 (46.24) | 5:11.65 (47.42) | 5:50.42 (38.77) | |
| 10 | Georgina E Hardy | 12 | Barnet Copthall | | 6:03.22 |
| | 39.81 | 1:23.88 (44.07) | 2:10.61 (46.73) | 2:57.08 (46.47) | |
| | 3:44.06 (46.98) | 4:31.46 (47.40) | 5:19.15 (47.69) | 6:03.22 (44.07) | |
| 11 | Hannah L Andrews | 12 | Berkhamsted Barracudas | | 6:14.54 |
| | 40.94 | 1:27.74 (46.80) | 2:15.79 (48.05) | 3:05.15 (49.36) | |
| | 3:52.80 (47.65) | 4:41.50 (48.70) | 5:31.00 (49.50) | 6:14.54 (43.54) | |
| 12 | Rebecca K Smith | 12 | Hertsmere Flyers | | 6:55.98 |
| | 45.78 | 1:36.87 (51.09) | 2:29.64 (52.77) | 3:22.38 (52.74) | |
| | 4:16.01 (53.63) | 5:09.90 (53.89) | 6:04.46 (54.56) | 6:55.98 (51.52) | |

Event 1 Girls 13 Year Olds 400 SC Meter Freestyle

| | Name | Age | Team | | Finals Time |
|---|---------------------|-----------------|------------------------|-----------------|-------------|
| 1 | Zoe Colyer-Worsell | 13 | Barnet Copthall | | 4:48.26 |
| | 31.98 | 1:07.86 (35.88) | 1:44.39 (36.53) | 2:21.48 (37.09) | |
| | 2:58.22 (36.74) | 3:34.81 (36.59) | 4:12.24 (37.43) | 4:48.26 (36.02) | |
| 2 | Kate S Ferrigno | 13 | Barnet Copthall | | 4:53.02 |
| | 32.00 | 1:07.40 (35.40) | 1:43.98 (36.58) | 2:21.13 (37.15) | |
| | 2:58.79 (37.66) | 3:37.21 (38.42) | 4:15.91 (38.70) | 4:53.02 (37.11) | |
| 3 | Sofia Iranmanesh | 13 | Barnet Copthall | | 4:56.46 |
| | 32.59 | 1:09.35 (36.76) | 1:47.80 (38.45) | 2:26.65 (38.85) | |
| | 3:04.92 (38.27) | 3:43.28 (38.36) | 4:22.05 (38.77) | 4:56.46 (34.41) | |
| 4 | Rebecca E Radley | 13 | Berkhamsted Barracudas | | 5:13.11 |
| | 35.29 | 1:14.41 (39.12) | 1:53.97 (39.56) | 2:33.95 (39.98) | |
| | 3:14.29 (40.34) | 3:54.59 (40.30) | 4:35.03 (40.44) | 5:13.11 (38.08) | |
| 5 | Helen C Andrews | 13 | Killerwhales | | 5:16.36 |
| | 35.35 | 1:14.69 (39.34) | 1:55.19 (40.50) | 2:35.39 (40.20) | |
| | 3:16.56 (41.17) | 3:57.25 (40.69) | 4:37.69 (40.44) | 5:16.36 (38.67) | |
| 6 | Madalina Bohorodita | 13 | Barnet Copthall | | 5:19.96 |
| | 34.07 | 1:12.60 (38.53) | 1:52.47 (39.87) | 2:31.87 (39.40) | |
| | 3:13.90 (42.03) | 3:56.61 (42.71) | 4:39.78 (43.17) | 5:19.96 (40.18) | |
| 7 | Laura M McManus | 13 | Barnet Copthall | | 5:20.27 |
| | 34.41 | 1:13.85 (39.44) | 1:55.41 (41.56) | 2:36.42 (41.01) | |
| | 3:18.03 (41.61) | 3:59.81 (41.78) | 4:41.39 (41.58) | 5:20.27 (38.88) | |
| 8 | Susannah A Haynes | 13 | Killerwhales | | 5:23.07 |
| | 35.85 | 1:15.56 (39.71) | 1:56.81 (41.25) | 2:38.34 (41.53) | |
| | 3:21.21 (42.87) | 4:02.79 (41.58) | 4:45.78 (42.99) | 5:23.07 (37.29) | |

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|-----|-------------------|-----------------|-------------------|-----------------|----------|
| 9 | Alexandra McGowan | 13 | Barnet Copthall | | 5:26.33 |
| | 37.24 | 1:18.15 (40.91) | 1:59.65 (41.50) | 2:41.41 (41.76) | |
| | 3:23.49 (42.08) | 4:05.46 (41.97) | 4:47.34 (41.88) | 5:26.33 (38.99) | |
| 10 | Ellena C Wheatley | 13 | Killerwhales | | 6:11.58 |
| | 38.48 | 1:24.22 (45.74) | 2:11.79 (47.57) | 2:59.53 (47.74) | |
| | 3:48.52 (48.99) | 4:38.30 (49.78) | 5:26.17 (47.87) | 6:11.58 (45.41) | |
| 11 | Rachel L Peacock | 13 | City of St Albans | | 6:12.74 |
| | 38.47 | 1:22.77 (44.30) | 2:09.79 (47.02) | 2:59.64 (49.85) | |
| | 3:49.32 (49.68) | 4:39.28 (49.96) | 5:28.48 (49.20) | 6:12.74 (44.26) | |
| 12 | Alex L Frappell | 13 | Killerwhales | | 6:18.96 |
| | 40.45 | 1:26.86 (46.41) | 2:14.90 (48.04) | 3:03.32 (48.42) | |
| | 3:52.41 (49.09) | 4:42.65 (50.24) | 5:32.20 (49.55) | 6:18.96 (46.76) | |
| --- | Laura M Andrews | 13 | Killerwhales | | X4:56.34 |
| | 32.39 | 1:08.14 (35.75) | 1:45.07 (36.93) | 2:22.90 (37.83) | |
| | 3:01.47 (38.57) | 3:40.03 (38.56) | 4:19.44 (39.41) | 4:56.34 (36.90) | |
| --- | Billie E Madel | 13 | Killerwhales | | X5:22.86 |
| | 34.88 | 1:14.92 (40.04) | 1:56.71 (41.79) | 2:37.62 (40.91) | |
| | 3:19.61 (41.99) | 4:01.50 (41.89) | 4:43.06 (41.56) | 5:22.86 (39.80) | |

Event 2 Boys 9 Year Olds 400 SC Meter Freestyle

| | Name | Age | Team | | Finals Time |
|-----|-------------------|-----------------|---------------------|-----------------|-------------|
| 1 | Ricky Jones | 9 | Hertsmere Flyers | | 6:22.87 |
| | 42.20 | 1:32.07 (49.87) | 2:21.05 (48.98) | 3:10.85 (49.80) | |
| | 3:58.20 (47.35) | 4:45.83 (47.63) | 5:35.84 (50.01) | 6:22.87 (47.03) | |
| 2 | Jack J Thompson | 9 | Barnet Copthall | | 6:33.33 |
| | 41.46 | 1:29.70 (48.24) | 2:22.10 (52.40) | 3:14.54 (52.44) | |
| | 4:04.97 (50.43) | 4:56.40 (51.43) | 5:47.34 (50.94) | 6:33.33 (45.99) | |
| 3 | Lawrence Hall | 9 | City of St Albans | | 6:52.08 |
| | 42.30 | 1:33.50 (51.20) | 2:26.65 (53.15) | 3:20.47 (53.82) | |
| | 4:14.53 (54.06) | 5:08.92 (54.39) | 6:02.94 (54.02) | 6:52.08 (49.14) | |
| 4 | Joshua Davies | 9 | Harrow & Wealdstone | | 7:04.19 |
| | 46.02 | 1:39.03 (53.01) | 2:34.21 (55.18) | 3:29.13 (54.92) | |
| | 4:23.01 (53.88) | 5:17.99 (54.98) | 6:13.35 (55.36) | 7:04.19 (50.84) | |
| 5 | Ron Goodisman | 9 | Barnet Copthall | | 7:10.65 |
| | 45.62 | 1:39.92 (54.30) | 2:35.98 (56.06) | 3:31.89 (55.91) | |
| | 4:27.58 (55.69) | 5:22.84 (55.26) | 6:20.42 (57.58) | 7:10.65 (50.23) | |
| 6 | Jack B Cordery | 9 | Harrow & Wealdstone | | 7:13.46 |
| | 44.80 | 1:39.77 (54.97) | 2:35.96 (56.19) | 3:31.55 (55.59) | |
| | 4:27.40 (55.85) | 5:23.09 (55.69) | 6:21.47 (58.38) | 7:13.46 (51.99) | |
| 7 | Luke Target | 9 | Harrow & Wealdstone | | 7:34.13 |
| | 48.13 | 1:44.57 (56.44) | 2:43.96 (59.39) | 3:41.77 (57.81) | |
| | 4:42.30 (1:00.53) | 5:41.26 (58.96) | 6:39.01 (57.75) | 7:34.13 (55.12) | |
| --- | Daniel J Peacock | 9 | City of St Albans | | DQ |
| | 42.86 | 1:36.74 (53.88) | | 3:26.92 () | |
| | 4:21.69 (54.77) | 5:14.37 (52.68) | 6:08.37 (54.00) | DQ (52.35) | |
| --- | Shaun P Lee | 9 | Barnet Copthall | | DQ |

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46.15 1:46.24 (1:00.09) 2:42.73 (56.49) 3:41.94 (59.21)
 4:42.60 (1:00.66) 5:41.84 (59.24) 6:39.64 (57.80) DQ (57.13)

Event 2 Boys 10 Year Olds 400 SC Meter Freestyle

| Name | Age | Team | Finals Time | | | |
|-----------------------------|-------------------|------------------------|-------------------|--|--|--|
| 1 Nicholas A Lowe | 10 | Barnet Copthall | 5:04.32 | | | |
| 33.58 | 1:11.82 (38.24) | 1:50.73 (38.91) | 2:29.60 (38.87) | | | |
| 3:08.45 (38.85) | 3:47.22 (38.77) | 4:26.27 (39.05) | 5:04.32 (38.05) | | | |
| 2 Alex R Jessop | 10 | Barnet Copthall | 5:21.88 | | | |
| 36.22 | 1:17.78 (41.56) | 2:00.14 (42.36) | 2:41.58 (41.44) | | | |
| 3:22.78 (41.20) | 4:05.12 (42.34) | 4:46.18 (41.06) | 5:21.88 (35.70) | | | |
| 3 Ryan Searles | 10 | Barnet Copthall | 5:51.11 | | | |
| 38.66 | 1:22.62 (43.96) | 2:09.31 (46.69) | 2:54.94 (45.63) | | | |
| 3:41.00 (46.06) | 4:26.23 (45.23) | 5:10.74 (44.51) | 5:51.11 (40.37) | | | |
| 4 Kim Lam Liu | 10 | Barnet Copthall | 5:52.43 | | | |
| 37.84 | 1:21.92 (44.08) | 2:07.64 (45.72) | 2:52.83 (45.19) | | | |
| 3:38.69 (45.86) | 4:24.81 (46.12) | 5:09.81 (45.00) | 5:52.43 (42.62) | | | |
| 5 Lewis Clifford Stephenson | 10 | Killerwhales | 5:55.56 | | | |
| 39.87 | 1:24.59 (44.72) | 2:10.93 (46.34) | 2:57.03 (46.10) | | | |
| 3:44.26 (47.23) | 4:29.66 (45.40) | 5:14.77 (45.11) | 5:55.56 (40.79) | | | |
| 6 James Thomas | 10 | Barnet Copthall | 6:37.98 | | | |
| 42.13 | 1:32.77 (50.64) | 2:24.65 (51.88) | 3:17.31 (52.66) | | | |
| 4:09.39 (52.08) | 5:01.86 (52.47) | 5:52.28 (50.42) | 6:37.98 (45.70) | | | |
| 7 Ghasem Fathi | 10 | Barnet Copthall | 6:39.72 | | | |
| 40.59 | 1:29.60 (49.01) | 2:21.53 (51.93) | 3:12.63 (51.10) | | | |
| 4:05.53 (52.90) | 4:57.27 (51.74) | 5:50.00 (52.73) | 6:39.72 (49.72) | | | |
| 8 Philip Cohen | 10 | Harrow & Wealdstone | 6:45.02 | | | |
| 44.11 | 1:34.88 (50.77) | 2:27.66 (52.78) | 3:20.64 (52.98) | | | |
| 4:13.82 (53.18) | 5:05.96 (52.14) | 5:58.34 (52.38) | 6:45.02 (46.68) | | | |
| 9 Devansh Gor | 10 | Barnet Copthall | 6:50.23 | | | |
| 43.67 | 1:35.01 (51.34) | 2:27.29 (52.28) | 3:19.92 (52.63) | | | |
| 4:13.54 (53.62) | 5:06.78 (53.24) | 5:59.53 (52.75) | 6:50.23 (50.70) | | | |
| 10 Timothy J Welsh | 10 | Berkhamsted Barracudas | 7:12.66 | | | |
| 46.31 | 1:41.11 (54.80) | 2:36.34 (55.23) | 3:31.99 (55.65) | | | |
| 4:30.14 (58.15) | | 6:22.81 () | 7:12.66 (49.85) | | | |
| 11 Sam P Digby Baker | 10 | Seven Islands | 7:14.25 | | | |
| 44.49 | 1:37.89 (53.40) | 2:32.79 (54.90) | 3:30.34 (57.55) | | | |
| 4:27.72 (57.38) | 5:24.15 (56.43) | 6:20.95 (56.80) | 7:14.25 (53.30) | | | |
| 12 Ishwar Mahesh | 10 | Harrow & Wealdstone | 7:36.92 | | | |
| 47.43 | 1:45.05 (57.62) | 2:43.94 (58.89) | 3:42.80 (58.86) | | | |
| 4:43.07 (1:00.27) | 5:43.91 (1:00.84) | 6:43.58 (59.67) | 7:36.92 (53.34) | | | |
| 13 Robert McGaffin | 10 | Harrow & Wealdstone | 7:59.40 | | | |
| 48.09 | 1:47.31 (59.22) | 2:49.13 (1:01.82) | 3:53.57 (1:04.44) | | | |
| 4:54.48 (1:00.91) | 5:58.94 (1:04.46) | 6:59.38 (1:00.44) | 7:59.40 (1:00.02) | | | |
| 14 Michael S Pain | 10 | Berkhamsted Barracudas | 8:17.84 | | | |
| 52.16 | 1:54.58 (1:02.42) | 3:01.19 (1:06.61) | 4:06.88 (1:05.69) | | | |

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5:10.11 (1:03.23) 6:14.16 (1:04.05) 7:18.24 (1:04.08) 8:17.84 (59.60)

15 Jack R Relph 10 Berkhamsted Barracudas 8:33.36
 54.19 1:57.28 (1:03.09) 3:04.83 (1:07.55) 4:13.52 (1:08.69)
 5:21.52 (1:08.00) 6:29.33 (1:07.81) 7:32.65 (1:03.32) 8:33.36 (1:00.71)

Event 2 Boys 11 Year Olds 400 SC Meter Freestyle

| Name | Age | Team | Finals Time |
|------------------------|-----------------|---------------------|-----------------|
| 1 Kevin O'Shea | 11 | Barnet Copthall | 4:59.12 |
| 34.50 | 1:12.01 (37.51) | 1:50.52 (38.51) | 2:28.78 (38.26) |
| 3:06.50 (37.72) | 3:44.55 (38.05) | 4:23.10 (38.55) | 4:59.12 (36.02) |
| 2 Charlie T Boldison | 11 | Barnet Copthall | 5:16.16 |
| 34.90 | 1:14.91 (40.01) | 1:55.82 (40.91) | 2:36.55 (40.73) |
| 3:17.46 (40.91) | 3:58.70 (41.24) | 4:39.04 (40.34) | 5:16.16 (37.12) |
| 3 Matthew J Henson | 11 | City of St Albans | 5:36.15 |
| 36.46 | 1:17.63 (41.17) | 2:00.90 (43.27) | 2:44.43 (43.53) |
| 3:27.71 (43.28) | 4:11.79 (44.08) | 4:56.00 (44.21) | 5:36.15 (40.15) |
| 4 Ryan O Killick | 11 | Potters Bar | 5:38.52 |
| 36.21 | 1:17.78 (41.57) | 2:01.36 (43.58) | 2:44.57 (43.21) |
| 3:28.65 (44.08) | 4:12.58 (43.93) | 4:56.53 (43.95) | 5:38.52 (41.99) |
| 5 Josh R Eddon | 11 | Barnet Copthall | 5:40.92 |
| 36.58 | 1:18.62 (42.04) | 2:02.24 (43.62) | 2:46.95 (44.71) |
| 3:31.24 (44.29) | 4:15.16 (43.92) | 5:00.31 (45.15) | 5:40.92 (40.61) |
| 6 Adam N Kuo | 11 | Barnet Copthall | 5:58.94 |
| 37.07 | 1:22.85 (45.78) | 2:08.81 (45.96) | 2:55.47 (46.66) |
| 3:41.78 (46.31) | 4:28.14 (46.36) | 5:15.89 (47.75) | 5:58.94 (43.05) |
| 7 James Sutherland | 11 | Stevenage | 6:00.20 |
| 35.49 | 1:20.10 (44.61) | 2:07.25 (47.15) | 2:54.40 (47.15) |
| 3:42.85 (48.45) | 4:30.49 (47.64) | 5:19.99 (49.50) | 6:00.20 (40.21) |
| 8 Daniel Andrawos | 11 | Harrow & Wealdstone | 6:35.98 |
| 41.24 | 1:30.18 (48.94) | 2:22.17 (51.99) | 3:13.12 (50.95) |
| 4:05.14 (52.02) | 4:57.28 (52.14) | 5:46.61 (49.33) | 6:35.98 (49.37) |
| 9 Ashley Bickers | 11 | Barnet Copthall | 6:45.18 |
| 41.94 | 1:32.11 (50.17) | 2:24.64 (52.53) | 3:17.32 (52.68) |
| 4:10.88 (53.56) | 5:03.58 (52.70) | 5:55.87 (52.29) | 6:45.18 (49.31) |
| 10 Matteo H Yoon | 11 | Barnet Copthall | 6:51.23 |
| 43.43 | 1:35.56 (52.13) | 2:29.23 (53.67) | 3:23.03 (53.80) |
| 4:16.22 (53.19) | 5:10.95 (54.73) | 6:04.37 (53.42) | 6:51.23 (46.86) |
| 11 Takashi Kikuchi | 11 | Barnet Copthall | 7:11.78 |
| 44.54 | 1:38.03 (53.49) | 2:32.66 (54.63) | 3:30.36 (57.70) |
| 4:27.45 (57.09) | 5:23.64 (56.19) | 6:19.52 (55.88) | 7:11.78 (52.26) |
| 12 Alastair MacFarlane | 11 | Barnet Copthall | 7:18.08 |
| 48.45 | 1:44.35 (55.90) | 2:41.80 (57.45) | 3:39.53 (57.73) |
| 4:35.06 (55.53) | 5:31.37 (56.31) | 6:27.53 (56.16) | 7:18.08 (50.55) |

Event 2 Boys 12 Year Olds 400 SC Meter Freestyle

| Name | Age | Team | Finals Time |
|------|-----|------|-------------|
|------|-----|------|-------------|

Results Middle Distance Development Meet 2003 - 01/11/03

| | | | |
|----|----------------------|---|---------|
| 1 | Kiran V Dattani | 12 Barnet Copthall | 4:54.51 |
| | 34.13 | 1:11.71 (37.58) 1:49.32 (37.61) 2:27.13 (37.81) | |
| | 3:04.59 (37.46) | 3:42.63 (38.04) 4:19.65 (37.02) 4:54.51 (34.86) | |
| 2 | Shigenori Goto | 12 Barnet Copthall | 5:03.68 |
| | 34.39 | 1:11.96 (37.57) 1:50.17 (38.21) 2:28.94 (38.77) | |
| | 3:07.43 (38.49) | 3:46.60 (39.17) 4:26.07 (39.47) 5:03.68 (37.61) | |
| 3 | Daniel C Bleach | 12 Killerwhales | 5:09.04 |
| | 33.94 | 1:11.79 (37.85) 1:49.65 (37.86) 2:29.32 (39.67) | |
| | 3:09.10 (39.78) | 3:49.52 (40.42) 4:30.37 (40.85) 5:09.04 (38.67) | |
| 4 | Daniel J Lee | 12 Barnet Copthall | 5:17.35 |
| | 34.52 | 1:15.12 (40.60) 1:55.82 (40.70) 2:36.55 (40.73) | |
| | 3:17.50 (40.95) | 3:58.63 (41.13) 4:38.62 (39.99) 5:17.35 (38.73) | |
| 5 | James H Hamilton | 12 Berkhamsted Barracudas | 5:31.60 |
| | 36.70 | 1:18.07 (41.37) 2:00.28 (42.21) 2:43.15 (42.87) | |
| | 3:25.64 (42.49) | 4:08.82 (43.18) 4:51.35 (42.53) 5:31.60 (40.25) | |
| 6 | Akshay M Shah | 12 Barnet Copthall | 5:31.67 |
| | 32.95 | 1:11.86 (38.91) 1:54.56 (42.70) 2:37.35 (42.79) | |
| | 3:20.71 (43.36) | 4:05.19 (44.48) 4:49.39 (44.20) 5:31.67 (42.28) | |
| 7 | Tony Keast | 12 Stevenage | 5:38.74 |
| | 37.78 | 1:20.67 (42.89) 2:04.94 (44.27) 2:49.12 (44.18) | |
| | 3:34.34 (45.22) | 4:18.85 (44.51) 5:01.61 (42.76) 5:38.74 (37.13) | |
| 8 | Anthony P Craft | 12 Harrow & Wealdstone | 5:40.04 |
| | 36.84 | 1:19.81 (42.97) 2:03.01 (43.20) 2:47.52 (44.51) | |
| | 3:30.91 (43.39) | 4:15.78 (44.87) 5:00.20 (44.42) 5:40.04 (39.84) | |
| 9 | Joseph R Thomas | 12 Berkhamsted Barracudas | 5:50.73 |
| | 37.14 | 1:19.62 (42.48) 2:03.72 (44.10) 2:49.64 (45.92) | |
| | 3:35.40 (45.76) | 4:21.90 (46.50) 5:08.93 (47.03) 5:50.73 (41.80) | |
| 10 | Dwight L Williams | 12 Seven Islands | 5:51.54 |
| | 37.17 | 1:19.86 (42.69) 2:05.03 (45.17) 2:51.17 (46.14) | |
| | 3:37.24 (46.07) | 4:23.36 (46.12) 5:09.12 (45.76) 5:51.54 (42.42) | |
| 11 | Jacob D Sames | 12 Killerwhales | 6:01.02 |
| | 36.90 | 1:20.90 (44.00) 2:54.59 (1:33.69) | |
| | | 4:29.77 () 5:18.67 (48.90) 6:01.02 (42.35) | |
| 12 | James Guy | 12 Harrow & Wealdstone | 6:01.75 |
| | 38.76 | 1:22.79 (44.03) 2:09.59 (46.80) 2:56.03 (46.44) | |
| | 3:44.55 (48.52) | 4:31.77 (47.22) 5:18.35 (46.58) 6:01.75 (43.40) | |
| 13 | Andrew P Dawkins | 12 Killerwhales | 6:15.47 |
| | 40.73 | 1:27.43 (46.70) 2:15.28 (47.85) 3:03.40 (48.12) | |
| | 3:50.64 (47.24) | 4:39.59 (48.95) 5:26.31 (46.72) 6:15.47 (49.16) | |
| 14 | Ben Burfield | 12 Harrow & Wealdstone | 6:18.05 |
| | 40.03 | 1:27.15 (47.12) 2:17.19 (50.04) 3:05.40 (48.21) | |
| | 3:55.81 (50.41) | 4:44.82 (49.01) 5:28.53 (43.71) 6:18.05 (49.52) | |
| 15 | Stephen Isaac Wilson | 12 Seven Islands | 6:23.95 |
| | 38.41 | 1:23.01 (44.60) 2:10.84 (47.83) 3:01.76 (50.92) | |
| | 3:54.05 (52.29) | 4:45.61 (51.56) 5:35.05 (49.44) 6:23.95 (48.90) | |

Results Middle Distance Development Meet 2003 - 01/11/03**Event 2 Boys 13 Year Olds 400 SC Meter Freestyle**

| Name | Age | Team | Finals Time | | |
|-------------------------|-----------------|---------------------|-------------------|-----------------|--|
| 1 Tom M Reynolds | 13 | Barnet Copthall | 4:51.89 | | |
| | 33.55 | 1:10.90 (37.35) | 1:47.56 (36.66) | 2:24.77 (37.21) | |
| | 3:02.01 (37.24) | 3:39.57 (37.56) | 4:16.67 (37.10) | 4:51.89 (35.22) | |
| 2 Adam H Warner | 13 | Barnet Copthall | 5:00.18 | | |
| | 33.93 | 1:11.59 (37.66) | 1:49.80 (38.21) | 2:28.30 (38.50) | |
| | 3:06.92 (38.62) | 3:45.55 (38.63) | 4:24.22 (38.67) | 5:00.18 (35.96) | |
| 3 Steven J Cooney | 13 | Barnet Copthall | 5:15.56 | | |
| | 34.93 | 1:14.81 (39.88) | 1:56.04 (41.23) | 2:37.14 (41.10) | |
| | 3:17.91 (40.77) | 3:58.11 (40.20) | 4:37.59 (39.48) | 5:15.56 (37.97) | |
| 4 Jake P Killick | 13 | Potters Bar | 5:40.19 | | |
| | 37.57 | 1:20.10 (42.53) | 2:03.94 (43.84) | 2:47.04 (43.10) | |
| | 3:32.12 (45.08) | 4:16.46 (44.34) | 5:00.33 (43.87) | 5:40.19 (39.86) | |
| 5 Toby A Davis | 13 | Killerwhales | 5:50.78 | | |
| | 36.82 | 1:19.91 (43.09) | 2:05.68 (45.77) | 2:51.64 (45.96) | |
| | 3:38.22 (46.58) | 4:25.59 (47.37) | 5:13.21 (47.62) | 5:50.78 (37.57) | |
| 6 Sam Davies | 13 | Harrow & Wealdstone | 5:55.08 | | |
| | 38.36 | 1:22.65 (44.29) | 2:54.94 (1:32.29) | | |
| | 3:40.75 () | 4:27.52 (46.77) | 5:12.44 (44.92) | 5:55.08 (42.64) | |
| 7 Paul L Turnstill | 13 | Killerwhales | 6:15.70 | | |
| | 37.46 | 1:21.37 (43.91) | 2:06.59 (45.22) | 2:56.11 (49.52) | |
| | 3:46.52 (50.41) | 4:36.85 (50.33) | 5:29.77 (52.92) | 6:15.70 (45.93) | |
| 8 Craig Garwood Belvett | 13 | Seven Islands | 6:33.07 | | |
| | 41.53 | 1:28.12 (46.59) | 2:17.44 (49.32) | 3:07.94 (50.50) | |
| | 3:59.77 (51.83) | 4:51.48 (51.71) | 5:43.30 (51.82) | 6:33.07 (49.77) | |
| --- Joe Worboyes | 13 | Killerwhales | X5:09.51 | | |
| | 33.68 | 1:11.43 (37.75) | 1:50.67 (39.24) | 2:29.74 (39.07) | |
| | 3:09.17 (39.43) | 3:49.63 (40.46) | 4:30.24 (40.61) | 5:09.51 (39.27) | |
| --- Gavin D Johnstone | 13 | Killerwhales | X5:21.04 | | |
| | 35.17 | 1:14.95 (39.78) | 1:56.17 (41.22) | 2:36.67 (40.50) | |
| | 3:18.54 (41.87) | 4:00.71 (42.17) | 4:40.17 (39.46) | 5:21.04 (40.87) | |

Event 3 Girls 9 Year Olds 200 SC Meter IM

| Name | Age | Team | Finals Time | | |
|--------------------------|---------|---------------------|-------------------|-----------------|--|
| 1 Hannah K Wakeman | 9 | Harrow & Wealdstone | 3:37.82 | | |
| | 49.62 | 1:43.48 (53.86) | 2:52.70 (1:09.22) | 3:37.82 (45.12) | |
| 2 Louisa Weiniger | 9 | Barnet Copthall | 3:44.47 | | |
| | 51.61 | 1:49.78 (58.17) | 2:52.69 (1:02.91) | 3:44.47 (51.78) | |
| 3 Stephanie McFarlane | 9 | Harrow & Wealdstone | 3:45.63 | | |
| | 56.75 | 1:53.83 (57.08) | 2:56.85 (1:03.02) | 3:45.63 (48.78) | |
| 4 Rachel R Pooley | 9 | Seven Islands | 3:51.74 | | |
| | 57.90 | 1:58.25 (1:00.35) | 3:01.00 (1:02.75) | 3:51.74 (50.74) | |
| 5 Georgia T Jackson-Virk | 9 | Barnet Copthall | 3:52.60 | | |
| | 56.24 | 1:55.15 (58.91) | 2:58.23 (1:03.08) | 3:52.60 (54.37) | |
| 6 Juliet J Kuo | 9 | Barnet Copthall | 3:54.01 | | |
| | 59.20 | 1:54.71 (55.51) | 3:02.71 (1:08.00) | 3:54.01 (51.30) | |
| 7 Alice Parramore | 9 | Barnet Copthall | 4:06.70 | | |
| | 1:03.14 | 2:04.99 (1:01.85) | 3:13.72 (1:08.73) | 4:06.70 (52.98) | |

Results Middle Distance Development Meet 2003 - 01/11/03

| | | | | | | |
|-----|------------------|-----------------|------------------------|--|------------|----|
| --- | Emily Chan | 9 | Barnet Copthall | | | DQ |
| | | 1:58.94 () | 3:07.50 (1:08.56) | | DQ (56.39) | |
| --- | Brooke H Killick | 9 | Potters Bar | | | DQ |
| | 47.32 | 1:42.72 (55.40) | 2:40.53 (57.81) | | DQ (42.87) | |
| --- | Alice E Mills | 9 | Berkhamsted Barracudas | | | DQ |
| | 1:00.09 | 1:57.11 (57.02) | 3:10.84 (1:13.73) | | DQ (52.13) | |
| --- | Sophie Lawrence | 9 | Barnet Copthall | | | DQ |
| | 53.03 | 1:46.54 (53.51) | 2:43.58 (57.04) | | DQ (46.91) | |

Event 3 Girls 10 Year Olds 200 SC Meter IM

| | Name | Age | Team | | | Finals Time |
|-----|------------------------|-----------------|---------------------|--|-----------------|-------------|
| 1 | Lauren Chapple | 10 | Barnet Copthall | | | 2:48.21 |
| | 37.97 | 1:19.53 (41.56) | 2:08.82 (49.29) | | 2:48.21 (39.39) | |
| 2 | Alice R Pearson | 10 | Barnet Copthall | | | 2:53.69 |
| | 37.81 | 1:19.10 (41.29) | 2:11.58 (52.48) | | 2:53.69 (42.11) | |
| 3 | Brittany J Lloyd | 10 | Barnet Copthall | | | 3:09.11 |
| | 44.69 | 1:33.99 (49.30) | 2:27.56 (53.57) | | 3:09.11 (41.55) | |
| 4 | Georgia E Shaw | 10 | Killerwhales | | | 3:09.12 |
| | 43.54 | 1:30.56 (47.02) | 2:26.40 (55.84) | | 3:09.12 (42.72) | |
| 5 | Lauren C Turner | 10 | Hillingdon Borough | | | 3:09.99 |
| | 45.66 | 1:33.71 (48.05) | 2:28.12 (54.41) | | 3:09.99 (41.87) | |
| 6 | Philippa K Hardy | 10 | Barnet Copthall | | | 3:10.35 |
| | 47.72 | 1:35.62 (47.90) | 2:30.15 (54.53) | | 3:10.35 (40.20) | |
| 7 | Hayley C Mellon | 10 | Hounslow Hurricanes | | | 3:12.03 |
| | 42.68 | 1:32.08 (49.40) | 2:31.23 (59.15) | | 3:12.03 (40.80) | |
| 8 | Jessica Fiveash | 10 | Seven Islands | | | 3:24.81 |
| | 48.39 | 1:39.07 (50.68) | 2:38.87 (59.80) | | 3:24.81 (45.94) | |
| 9 | Yat Wing Smart | 10 | Barnet Copthall | | | 3:27.55 |
| | 51.45 | 1:40.88 (49.43) | 2:42.12 (1:01.24) | | 3:27.55 (45.43) | |
| 10 | Nami Urata | 10 | Barnet Copthall | | | 3:41.00 |
| | 48.81 | 1:43.81 (55.00) | 2:51.13 (1:07.32) | | 3:41.00 (49.87) | |
| 11 | Jessica S Jackson-Virk | 10 | Barnet Copthall | | | 3:41.67 |
| | 51.01 | 1:50.42 (59.41) | 2:50.95 (1:00.53) | | 3:41.67 (50.72) | |
| --- | Laura Feldman | 10 | Harrow & Wealdstone | | | DQ |
| | 56.53 | 1:50.22 (53.69) | 2:57.68 (1:07.46) | | DQ (52.14) | |
| --- | Laura Moran | 10 | Harrow & Wealdstone | | | DQ |
| | 53.55 | 1:51.74 (58.19) | 3:00.42 (1:08.68) | | DQ (49.75) | |
| --- | Charlotte Holmes | 10 | Harrow & Wealdstone | | | DQ |
| | 56.36 | 1:52.25 (55.89) | 3:01.52 (1:09.27) | | DQ (54.58) | |

Event 3 Girls 11 Year Olds 200 SC Meter IM

| | Name | Age | Team | | | Finals Time |
|---|-------------------|-----------------|------------------------|--|-----------------|-------------|
| 1 | Lottie Y Hudson | 11 | Barnet Copthall | | | 3:00.51 |
| | 40.60 | 1:26.92 (46.32) | 2:22.17 (55.25) | | 3:00.51 (38.34) | |
| 2 | Holly L Franklin | 11 | Berkhamsted Barracudas | | | 3:04.08 |
| | 40.59 | 1:26.78 (46.19) | 2:24.51 (57.73) | | 3:04.08 (39.57) | |
| 3 | Kalei L Andrews | 11 | Killerwhales | | | 3:08.98 |
| | 41.50 | 1:27.47 (45.97) | 2:25.29 (57.82) | | 3:08.98 (43.69) | |
| 4 | Suzanna Liu | 11 | Barnet Copthall | | | 3:09.22 |
| | 44.21 | 1:35.37 (51.16) | 2:25.65 (50.28) | | 3:09.22 (43.57) | |
| 5 | Emma L Tootill | 11 | Hertsmere Flyers | | | 3:11.19 |
| | 47.23 | 1:35.26 (48.03) | 2:28.91 (53.65) | | 3:11.19 (42.28) | |
| 6 | Katinka J Merchan | 11 | Killerwhales | | | 3:23.89 |
| | 47.18 | 1:35.84 (48.66) | 2:36.15 (1:00.31) | | 3:23.89 (47.74) | |
| 7 | Charlotte Roberts | 11 | Barnet Copthall | | | 3:26.12 |
| | 45.21 | 1:37.99 (52.78) | 2:38.24 (1:00.25) | | 3:26.12 (47.88) | |
| 8 | Jemma Lawrence | 11 | Barnet Copthall | | | 3:34.52 |
| | 53.71 | 1:46.05 (52.34) | 2:45.70 (59.65) | | 3:34.52 (48.82) | |

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|-----|-------------------|-------------------|------------------------|-------------------|
| 9 | Hannah M Bonney | 11 | Berkhamsted Barracudas | 4:15.31 |
| | 58.26 | 1:58.67 (1:00.41) | 3:14.40 (1:15.73) | 4:15.31 (1:00.91) |
| --- | Rosie Hopkins | 11 | Barnet Copthall | DQ |
| | 47.63 | 1:41.67 (54.04) | 2:46.82 (1:05.15) | DQ (46.89) |
| --- | India L Trusselle | 11 | Berkhamsted Barracudas | DQ |
| | 45.70 | 1:35.59 (49.89) | 2:41.09 (1:05.50) | DQ (46.15) |
| --- | Lucy Nisbet | 11 | Hillingdon Borough | DQ |
| | 39.55 | 1:23.85 (44.30) | 2:11.58 (47.73) | DQ (39.39) |
| --- | Vidushi Gor | 11 | Barnet Copthall | DQ |
| | 50.60 | 1:41.32 (50.72) | 2:42.64 (1:01.32) | DQ (47.53) |

Event 3 Girls 12 Year Olds 200 SC Meter IM

| | Name | Age | Team | Finals Time |
|----|----------------------|-------------------|------------------------|-----------------|
| 1 | Michelle E Lewis | 12 | Barnet Copthall | 2:40.99 |
| | 35.32 | 1:15.25 (39.93) | 2:05.65 (50.40) | 2:40.99 (35.34) |
| 2 | Sophie S O'Connor | 12 | Barnet Copthall | 2:54.33 |
| | 37.35 | 1:23.89 (46.54) | 2:17.26 (53.37) | 2:54.33 (37.07) |
| 3 | Claire L Stainton | 12 | Hillingdon Borough | 2:56.39 |
| | 40.49 | 1:26.21 (45.72) | 2:18.41 (52.20) | 2:56.39 (37.98) |
| 4 | Alicia Cannon | 12 | Barnet Copthall | 2:57.35 |
| | 37.82 | 1:23.46 (45.64) | 2:17.83 (54.37) | 2:57.35 (39.52) |
| 5 | Kathryn T Mellon | 12 | Hounslow Hurricanes | 3:00.04 |
| | 38.07 | 1:25.71 (47.64) | 2:20.05 (54.34) | 3:00.04 (39.99) |
| 6 | Rachel Cunnane | 12 | Potters Bar | 3:00.52 |
| | 42.97 | 1:30.65 (47.68) | 2:21.73 (51.08) | 3:00.52 (38.79) |
| 7 | Nattallie Timchishin | 12 | Seven Islands | 3:07.81 |
| | 45.60 | 1:31.48 (45.88) | 2:25.77 (54.29) | 3:07.81 (42.04) |
| 8 | Deanne C Williams | 12 | Seven Islands | 3:09.88 |
| | 41.95 | 1:33.25 (51.30) | 2:30.74 (57.49) | 3:09.88 (39.14) |
| 9 | Leanne R Fernandes | 12 | Hertsmere Flyers | 3:10.40 |
| | 49.02 | 1:35.72 (46.70) | 2:28.70 (52.98) | 3:10.40 (41.70) |
| 10 | Georgina E Hardy | 12 | Barnet Copthall | 3:20.22 |
| | 48.31 | 1:37.12 (48.81) | 2:36.44 (59.32) | 3:20.22 (43.78) |
| 11 | Hannah L Andrews | 12 | Berkhamsted Barracudas | 3:29.96 |
| | 49.22 | 1:41.04 (51.82) | 2:44.59 (1:03.55) | 3:29.96 (45.37) |
| 12 | Dhaara Tailor | 12 | Harrow & Wealdstone | 3:36.69 |
| | 49.16 | 1:44.81 (55.65) | 2:49.48 (1:04.67) | 3:36.69 (47.21) |
| 13 | Rebecca K Smith | 12 | Hertsmere Flyers | 3:44.93 |
| | 55.52 | 1:56.01 (1:00.49) | 2:56.08 (1:00.07) | 3:44.93 (48.85) |

Event 4 Boys 9 Year Olds 200 SC Meter IM

| | Name | Age | Team | Finals Time |
|---|--------------------|-------------------|---------------------|-----------------|
| 1 | Edward T Allchorne | 9 | Potters Bar | 3:14.52 |
| | 40.76 | 1:29.46 (48.70) | 2:30.65 (1:01.19) | 3:14.52 (43.87) |
| 2 | Jake H Robinson | 9 | Stevenage | 3:26.61 |
| | | 1:40.55 () | 2:39.29 (58.74) | 3:26.61 (47.32) |
| 3 | Ricky Jones | 9 | Hertsmere Flyers | 3:26.99 |
| | 53.35 | 1:44.59 (51.24) | 2:44.33 (59.74) | 3:26.99 (42.66) |
| 4 | Jack J Thompson | 9 | Barnet Copthall | 3:31.40 |
| | 53.56 | 1:44.41 (50.85) | 2:45.91 (1:01.50) | 3:31.40 (45.49) |
| 5 | Joshua Davies | 9 | Harrow & Wealdstone | 3:48.16 |
| | 55.74 | 1:51.72 (55.98) | 2:59.15 (1:07.43) | 3:48.16 (49.01) |
| 6 | Ron Goodisman | 9 | Barnet Copthall | 3:54.86 |
| | 58.58 | 1:55.36 (56.78) | 3:01.11 (1:05.75) | 3:54.86 (53.75) |
| 7 | Luke Target | 9 | Harrow & Wealdstone | 4:01.24 |
| | 51.05 | 1:52.42 (1:01.37) | 3:08.05 (1:15.63) | 4:01.24 (53.19) |
| 8 | Shaun P Lee | 9 | Barnet Copthall | 4:03.68 |
| | 55.07 | 1:57.97 (1:02.90) | 3:15.37 (1:17.40) | 4:03.68 (48.31) |

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|-----|----------------|-------------------|---------------------|-----------------|
| 9 | James Walker | 9 | Barnet Copthall | 4:08.57 |
| | 1:08.90 | 2:12.50 (1:03.60) | 3:12.56 (1:00.06) | 4:08.57 (56.01) |
| --- | Jack B Cordery | 9 | Harrow & Wealdstone | DQ |
| | 57.56 | 1:53.43 (55.87) | 3:00.11 (1:06.68) | DQ (50.93) |

Event 4 Boys 10 Year Olds 200 SC Meter IM

| | Name | Age | Team | Finals Time |
|-----|---------------------------|-------------------|------------------------|-----------------|
| 1 | Nicholas A Lowe | 10 | Barnet Copthall | 2:50.80 |
| | 37.11 | 1:21.45 (44.34) | 2:14.39 (52.94) | 2:50.80 (36.41) |
| 2 | Alex R Jessop | 10 | Barnet Copthall | 3:07.55 |
| | 43.78 | 1:31.70 (47.92) | 2:28.17 (56.47) | 3:07.55 (39.38) |
| 3 | Lewis Clifford Stephenson | 10 | Killerwhales | 3:17.04 |
| | 47.12 | 1:39.45 (52.33) | 2:35.16 (55.71) | 3:17.04 (41.88) |
| 4 | Ghasem Fathi | 10 | Barnet Copthall | 3:27.44 |
| | 48.62 | 1:42.20 (53.58) | 2:41.04 (58.84) | 3:27.44 (46.40) |
| 5 | Philip Cohen | 10 | Harrow & Wealdstone | 3:28.78 |
| | 46.54 | 1:40.75 (54.21) | 2:40.34 (59.59) | 3:28.78 (48.44) |
| 6 | Ryan Searles | 10 | Barnet Copthall | 3:30.45 |
| | 52.14 | 1:42.63 (50.49) | 2:45.28 (1:02.65) | 3:30.45 (45.17) |
| 7 | Devansh Gor | 10 | Barnet Copthall | 3:36.50 |
| | 52.06 | 1:46.56 (54.50) | 2:45.75 (59.19) | 3:36.50 (50.75) |
| 8 | Ratan Gor | 10 | Barnet Copthall | 3:40.41 |
| | 1:00.04 | 1:51.46 (51.42) | 2:51.09 (59.63) | 3:40.41 (49.32) |
| 9 | Timothy J Welsh | 10 | Berkhamsted Barracudas | 3:44.21 |
| | | | 2:57.83 () | 3:44.21 (46.38) |
| 10 | Ishwar Mahesh | 10 | Harrow & Wealdstone | 3:59.91 |
| | 1:01.45 | 2:03.03 (1:01.58) | 3:06.27 (1:03.24) | 3:59.91 (53.64) |
| --- | Sam P Digby Baker | 10 | Seven Islands | DQ |
| | 49.57 | 1:45.43 (55.86) | 2:56.82 (1:11.39) | DQ (56.40) |
| --- | Michael S Pain | 10 | Berkhamsted Barracudas | DQ |
| | | 2:12.01 () | 3:21.50 (1:09.49) | DQ (58.75) |
| --- | Kim Lam Liu | 10 | Barnet Copthall | DQ |
| | 43.00 | 1:33.76 (50.76) | 2:26.10 (52.34) | DQ (43.67) |
| --- | James Thomas | 10 | Barnet Copthall | DQ |
| | 50.35 | 1:42.45 (52.10) | 2:45.49 (1:03.04) | DQ (46.82) |
| --- | Jack R Relph | 10 | Berkhamsted Barracudas | DQ |
| | 1:11.26 | 2:21.26 (1:10.00) | 3:33.93 (1:12.67) | DQ (1:07.47) |

Event 4 Boys 11 Year Olds 200 SC Meter IM

| | Name | Age | Team | Finals Time |
|---|--------------------|-----------------|---------------------|-----------------|
| 1 | Kevin O'Shea | 11 | Barnet Copthall | 2:46.93 |
| | 39.82 | 1:22.43 (42.61) | 2:11.57 (49.14) | 2:46.93 (35.36) |
| 2 | Charlie T Boldison | 11 | Barnet Copthall | 2:52.63 |
| | 39.75 | 1:23.81 (44.06) | 2:16.09 (52.28) | 2:52.63 (36.54) |
| 3 | Josh R Eddon | 11 | Barnet Copthall | 3:00.10 |
| | 38.43 | 1:24.55 (46.12) | 2:20.80 (56.25) | 3:00.10 (39.30) |
| 4 | James Sutherland | 11 | Stevenage | 3:09.20 |
| | 41.13 | 1:31.19 (50.06) | 2:30.88 (59.69) | 3:09.20 (38.32) |
| 5 | Matthew J Donlevy | 11 | Harrow & Wealdstone | 3:15.39 |
| | 46.01 | 1:35.13 (49.12) | 2:32.51 (57.38) | 3:15.39 (42.88) |
| 6 | Adam N Kuo | 11 | Barnet Copthall | 3:18.86 |
| | 48.57 | 1:38.69 (50.12) | 2:33.85 (55.16) | 3:18.86 (45.01) |
| 7 | Ryan O Killick | 11 | Potters Bar | 3:18.90 |
| | 48.84 | 1:37.54 (48.70) | 2:38.41 (1:00.87) | 3:18.90 (40.49) |
| 8 | Daniel Andrawos | 11 | Harrow & Wealdstone | 3:30.91 |
| | 48.91 | 1:42.12 (53.21) | 2:46.15 (1:04.03) | 3:30.91 (44.76) |
| 9 | Matteo H Yoon | 11 | Barnet Copthall | 3:34.15 |

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|------------------------|---------|-------------------|--------------------|-----------------|---------|
| | 49.36 | 1:42.76 (53.40) | 2:48.38 (1:05.62) | 3:34.15 (45.77) | |
| 10 Ashley Bickers | | | 11 Barnet Copthall | | 3:37.51 |
| | 50.31 | 1:43.79 (53.48) | 2:50.06 (1:06.27) | 3:37.51 (47.45) | |
| 11 Alastair MacFarlane | | | 11 Barnet Copthall | | 4:02.47 |
| | 1:00.84 | 2:04.54 (1:03.70) | 3:11.19 (1:06.65) | 4:02.47 (51.28) | |
| --- Takashi Kikuchi | | | 11 Barnet Copthall | | DQ |
| | 55.32 | 1:49.40 (54.08) | 2:52.50 (1:03.10) | DQ (50.17) | |

Event 4 Boys 12 Year Olds 200 SC Meter IM

| Name | Age | Team | Finals Time | | |
|---------------------------|-------|------------------------|-------------------|-----------------|----------|
| 1 Kiran V Dattani | 12 | Barnet Copthall | | | 2:41.88 |
| | 35.51 | 1:16.48 (40.97) | 2:04.97 (48.49) | 2:41.88 (36.91) | |
| 2 Shigenori Goto | 12 | Barnet Copthall | | | 2:46.31 |
| | 38.45 | 1:22.71 (44.26) | 2:10.65 (47.94) | 2:46.31 (35.66) | |
| 3 Daniel J Lee | 12 | Barnet Copthall | | | 2:51.98 |
| | 37.92 | 1:21.19 (43.27) | 2:12.33 (51.14) | 2:51.98 (39.65) | |
| 4 Daniel C Bleach | 12 | Killerwhales | | | 2:52.17 |
| | 36.76 | 1:21.08 (44.32) | 2:15.57 (54.49) | 2:52.17 (36.60) | |
| 5 Akshay M Shah | 12 | Barnet Copthall | | | 2:59.41 |
| | 38.59 | 1:22.63 (44.04) | 2:20.70 (58.07) | 2:59.41 (38.71) | |
| 6 Stephen Isaac Wilson | 12 | Seven Islands | | | 2:59.49 |
| | 40.05 | 1:29.21 (49.16) | 2:17.64 (48.43) | 2:59.49 (41.85) | |
| 7 Anthony P Craft | 12 | Harrow & Wealdstone | | | 3:02.51 |
| | 42.21 | 1:29.14 (46.93) | 2:22.55 (53.41) | 3:02.51 (39.96) | |
| 8 Jacob D Sames | 12 | Killerwhales | | | 3:07.28 |
| | 35.67 | 1:23.56 (47.89) | 2:23.72 (1:00.16) | 3:07.28 (43.56) | |
| 9 Joseph R Thomas | 12 | Berkhamsted Barracudas | | | 3:07.65 |
| | 41.64 | 1:30.17 (48.53) | 2:27.30 (57.13) | 3:07.65 (40.35) | |
| 10 James H Hamilton | 12 | Berkhamsted Barracudas | | | 3:07.99 |
| | 43.18 | 1:32.90 (49.72) | 2:27.11 (54.21) | 3:07.99 (40.88) | |
| 11 James Guy | 12 | Harrow & Wealdstone | | | 3:08.31 |
| | 42.53 | 1:31.86 (49.33) | 2:26.29 (54.43) | 3:08.31 (42.02) | |
| 12 Tony Keast | 12 | Stevenage | | | 3:15.48 |
| | 47.90 | 1:41.54 (53.64) | 2:37.90 (56.36) | 3:15.48 (37.58) | |
| 13 Ben Burfield | 12 | Harrow & Wealdstone | | | 3:21.59 |
| | 50.86 | 1:41.44 (50.58) | 2:39.37 (57.93) | 3:21.59 (42.22) | |
| --- Craig Garwood Belvett | 12 | Seven Islands | | | X3:32.23 |
| | 51.89 | 1:48.71 (56.82) | 2:48.11 (59.40) | 3:32.23 (44.12) | |
| --- Dwight L Williams | 12 | Seven Islands | | | DQ |
| | 44.74 | 1:32.27 (47.53) | 2:25.64 (53.37) | DQ (45.08) | |

Event 5 Girls 13 Year Olds 400 SC Meter IM

| Name | Age | Team | Finals Time | | |
|-----------------------|-----------------|------------------------|-----------------|-----------------|---------|
| 1 Zoe Colyer-Worsell | 13 | Barnet Copthall | | | 5:35.68 |
| | 35.75 | 1:18.05 (42.30) | 2:02.30 (44.25) | 2:46.60 (44.30) | |
| | 3:33.49 (46.89) | 4:20.36 (46.87) | 4:58.98 (38.62) | 5:35.68 (36.70) | |
| 2 Madalina Bohorodita | 13 | Barnet Copthall | | | 5:58.78 |
| | 37.95 | 1:25.89 (47.94) | 2:11.65 (45.76) | 2:55.10 (43.45) | |
| | 3:46.61 (51.51) | 4:39.40 (52.79) | 5:19.99 (40.59) | 5:58.78 (38.79) | |
| 3 Helen C Andrews | 13 | Killerwhales | | | 6:00.40 |
| | 39.53 | 1:28.63 (49.10) | 2:14.52 (45.89) | 3:00.64 (46.12) | |
| | 3:52.03 (51.39) | 4:42.72 (50.69) | 5:22.35 (39.63) | 6:00.40 (38.05) | |
| 4 Rebecca E Radley | 13 | Berkhamsted Barracudas | | | 6:00.65 |
| | 38.66 | 1:22.68 (44.02) | 2:09.02 (46.34) | 2:56.07 (47.05) | |
| | 3:49.35 (53.28) | 4:41.47 (52.12) | 5:21.84 (40.37) | 6:00.65 (38.81) | |

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|-----|-------------------|-----------------|-----------------|-----------------|--|--|--|----------|
| 5 | Susannah A Haynes | 13 | Killerwhales | | | | | 6:31.49 |
| | 42.78 | 1:34.74 (51.96) | 2:23.72 (48.98) | 3:12.05 (48.33) | | | | |
| | 4:07.51 (55.46) | 5:05.75 (58.24) | 5:49.41 (43.66) | 6:31.49 (42.08) | | | | |
| --- | Laura M Andrews | 13 | Killerwhales | | | | | X5:53.36 |
| | 36.80 | 1:19.36 (42.56) | 2:06.30 (46.94) | 2:52.79 (46.49) | | | | |
| | 3:42.77 (49.98) | 4:34.55 (51.78) | 5:14.84 (40.29) | 5:53.36 (38.52) | | | | |
| --- | Billie E Madel | 13 | Killerwhales | | | | | X6:19.79 |
| | 39.83 | 1:27.62 (47.79) | 2:16.21 (48.59) | 3:05.30 (49.09) | | | | |
| | 3:57.48 (52.18) | 4:50.56 (53.08) | 5:35.15 (44.59) | 6:19.79 (44.64) | | | | |

Event 6 Boys 13 Year Olds 400 SC Meter IM

| | Name | Age | Team | | | | | Finals Time |
|-----|-------------------|-------------------|-----------------|-----------------|--|--|--|-------------|
| 1 | Toby A Davis | 13 | Killerwhales | | | | | 6:52.25 |
| | 46.42 | 1:45.36 (58.94) | 2:37.72 (52.36) | 3:26.89 (49.17) | | | | |
| | 4:24.18 (57.29) | 5:22.31 (58.13) | 6:08.96 (46.65) | 6:52.25 (43.29) | | | | |
| 2 | Paul L Turnstill | 13 | Killerwhales | | | | | 7:09.95 |
| | 45.67 | 1:48.14 (1:02.47) | 2:47.55 (59.41) | 3:42.17 (54.62) | | | | |
| | 4:37.45 (55.28) | 5:35.42 (57.97) | 6:26.36 (50.94) | 7:09.95 (43.59) | | | | |
| --- | Joe Worboyes | 13 | Killerwhales | | | | | X6:06.32 |
| | 36.32 | 1:18.34 (42.02) | 2:03.79 (45.45) | 2:48.59 (44.80) | | | | |
| | 3:46.88 (58.29) | 4:45.50 (58.62) | 5:26.83 (41.33) | 6:06.32 (39.49) | | | | |
| --- | Gavin D Johnstone | 13 | Killerwhales | | | | | X6:36.96 |
| | 43.61 | 1:40.69 (57.08) | 2:32.40 (51.71) | 3:23.58 (51.18) | | | | |
| | 4:14.13 (50.55) | 5:08.59 (54.46) | 5:52.45 (43.86) | 6:36.96 (44.51) | | | | |