

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet****Event 1 Girls 10 Year Olds 50 Metres Butterfly**

| Name | Age | Team | Finals Time |
|--------------------|-----|-----------------------|---------------------------|
| 1 Lucy Nisbet | 10 | Forward Hillingdon | 40.85 |
| 2 Lottie Hudson | 10 | Barnet Copthall | 42.11 |
| 3 Abigail Cameron | 10 | Potters Bar | 44.24 |
| 4 Katie Quinn | 10 | Potters Bar | 44.97 |
| 5 Suzanna Liu | 10 | Barnet Copthall | 45.55 |
| 6 Brittany Lloyd | 10 | Barnet Copthall | 45.89 |
| 7 Annie Wade | 10 | Ruislip and Northwood | 46.25 |
| 8 Hayley Medford | 10 | Potters Bar | 47.77 |
| 9 Olivia Lawrence | 10 | Ruislip and Northwood | 49.00 |
| 10 Danielle Moeser | 10 | Bishops Stortford | 1:02.70 |
| --- Jemma Lawrence | 10 | Barnet Copthall | DQ (1 hand touch at turn) |
| --- Emma Rosen | 10 | Barnet Copthall | DQ (standing) |

Event 1 Girls 11 Year Olds 50 Metres Butterfly

| Name | Age | Team | Finals Time |
|-----------------------|-----|-----------------------|--------------------------------|
| 1 Kate Gardner | 11 | Potters Bar | 34.75 |
| 2 Rachel Westendorp | 11 | Ruislip and Northwood | 37.14 |
| 3 Sophie O'Connor | 11 | Barnet Copthall | 38.11 |
| 4 Hannah Oakley-Reid | 11 | Stevenage | 38.51 |
| 5 Michelle Lewis | 11 | Barnet Copthall | 38.85 |
| 6 Laura Smith | 11 | Potters Bar | 39.68 |
| 7 Claire Stainton | 11 | Forward Hillingdon | 40.31 |
| 8 Alicia Cannon | 11 | Barnet Copthall | 43.06 |
| 9 Rachel Cunnane | 11 | Potters Bar | 43.80 |
| 10 Carys Page | 11 | Stevenage | 44.13 |
| 11 Olivia Cameron | 11 | Potters Bar | 44.29 |
| 12 Florentina Argenio | 11 | Barnet Copthall | 45.83 |
| 13 Holly Clark | 11 | City of St Albans | 51.08 |
| 14 Rosie Hopkins | 11 | Barnet Copthall | 1:00.15 |
| --- Nicola Shepherd | 11 | Stevenage | DQ (alternating legs at start) |

Event 1 Girls 12 Year Olds 50 Metres Butterfly

| Name | Age | Team | Finals Time |
|-----------------------|-----|-------------------|-------------|
| 1 Zoe Colyer-Worsell | 12 | Barnet Copthall | 34.06 |
| 2 Sophie Redwin | 12 | Potters Bar | 35.84 |
| 3 Jessica Davies | 12 | City of St Albans | 37.10 |
| 4 Jemma Roberts | 12 | City of St Albans | 37.38 |
| 5 Lydia Moore | 12 | Potters Bar | 37.68 |
| 6 Anna-Marie Linnell | 12 | Potters Bar | 38.88 |
| 7 Laura McManus | 12 | Barnet Copthall | 41.45 |
| 8 Annabel Moeser | 12 | Bishops Stortford | 41.61 |
| 9 Olivia Gibson | 12 | Barnet Copthall | 44.19 |
| 9 Jacqueline Southern | 12 | Bishops Stortford | 44.19 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet****Event 1 Girls 13 Year Olds 50 Metres Butterfly**

| Name | Age Team | Finals Time |
|---------------------|--------------------------|--------------------|
| 1 Shannon Grehan | 13 Forward Hillingdon | 34.59 |
| 2 Georgina Robinson | 13 Flitwick Dolphins | 34.89 |
| 3 Kirstie O'Connor | 13 Barnet Copthall | 35.56 |
| 4 Emily Zdybel | 13 Potters Bar | 37.41 |
| 5 Sophie Bailey | 13 City of St Albans | 37.63 |
| 6 Nicola Sharkey | 13 Potters Bar | 39.83 |
| 7 Emily Costello | 13 Stevenage | 40.72 |
| 8 Holly Grehan | 13 Forward Hillingdon | 42.80 |
| 9 Amy Bennion | 13 Forward Hillingdon | 42.96 |
| 10 Kate Jenner | 13 Ruislip and Northwood | 43.19 |

Event 2 Boys 10 Year Olds 50 Metres Butterfly

| Name | Age Team | Finals Time |
|---------------------|--------------------------|--------------------|
| 1 Charlie Boldison | 10 Barnet Copthall | 38.20 |
| 2 Tom Randall | 10 Ruislip and Northwood | 40.72 |
| 3 Ross Edwards | 10 Potters Bar | 41.17 |
| 4 James Creager | 10 Barnet Copthall | 41.53 |
| 5 Josh Eddon | 10 Barnet Copthall | 41.56 |
| 6 Luke Spain | 10 Ruislip and Northwood | 42.82 |
| 7 Alex Jessop | 10 Barnet Copthall | 44.02 |
| 8 Matthew Gandy | 10 Ruislip and Northwood | 45.44 |
| 9 Oliver Monaghan | 10 Forward Hillingdon | 46.60 |
| 10 Jack Diggins | 10 Ruislip and Northwood | 47.79 |
| 11 Mohammed Moussa | 10 Barnet Copthall | 50.22 |
| 12 Ashley Bickers | 10 Barnet Copthall | 57.47 |
| 12 Devansh Gor | 10 Barnet Copthall | 57.47 |
| 14 Callum Wilson | 10 Barnet Copthall | 1:01.24 |
| --- Oliver Harrison | 10 Barnet Copthall | DQ (false start) |

Event 2 Boys 11 Year Olds 50 Metres Butterfly

| Name | Age Team | Finals Time |
|--------------------|--------------------------|--------------------|
| 1 Randal Cliff | 11 Barnet Copthall | 34.80 |
| 2 Kiran Dattani | 11 Barnet Copthall | 35.79 |
| 3 Warren Berchie | 11 Ruislip and Northwood | 37.28 |
| 4 Daniel Lee | 11 Barnet Copthall | 37.36 |
| 4 Stephen Robinson | 11 Flitwick Dolphins | 37.36 |
| 6 Shigenori Goto | 11 Barnet Copthall | 37.85 |
| 7 Chris Jackson | 11 Barnet Copthall | 41.44 |
| 8 James Guy | 11 Ruislip and Northwood | 41.75 |
| 9 Thomas Payne | 11 Hoddesdon | 42.05 |
| 10 Ashley Wighton | 11 Hoddesdon | 42.23 |
| 11 Michael Goodman | 11 Hoddesdon | 42.48 |
| 12 Max Jackson | 11 Barnet Copthall | 42.61 |

(continued)

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet****Event 2 Boys 11 Year Olds 50 Metres Butterfly (cont'd)**

| | Name | Age Team | Finals Time |
|-----|----------------|--------------------------|--|
| 13 | Dan Rood | 11 Hoddesdon | 43.08 |
| 14 | Ross Mardlin | 11 Stevenage | 43.85 |
| 15 | Nigel Youngs | 11 Ruislip and Northwood | 44.69 |
| 16 | Vikram Matthai | 11 Barnet Copthall | 45.02 |
| 17 | Joseph Biedul | 11 Ruislip and Northwood | 45.41 |
| 18 | Ed Brooks | 11 Barnet Copthall | 48.04 |
| 19 | Tom Brooks | 11 Barnet Copthall | 48.39 |
| 20 | James Burgess | 11 Barnet Copthall | 52.79 |
| --- | Daniel Bailey | 11 Ruislip and Northwood | DQ (incorrect kick [Brst] & 1 hand touch at turn) |

Event 2 Boys 12 Year Olds 50 Metres Butterfly

| | Name | Age Team | Finals Time |
|-----|----------------|--------------------------|--------------------|
| 1 | Kouji Urata | 12 Barnet Copthall | 31.43 |
| 2 | Jonathan Quinn | 12 Potters Bar | 32.06 |
| 3 | Matthew Levy | 12 Stevenage | 34.62 |
| 4 | Michael Biedul | 12 Ruislip and Northwood | 35.66 |
| 5 | Robbie Brady | 12 City of St Albans | 36.97 |
| 6 | Matthew Port | 12 Stevenage | 38.01 |
| 7 | Jack George | 12 Stevenage | 38.13 |
| 8 | Adam Shabatai | 12 Barnet Copthall | 40.46 |
| 9 | James Wells | 12 Barnet Copthall | 40.49 |
| 10 | Steven Cooney | 12 Barnet Copthall | 40.60 |
| 11 | Billy Riley | 12 Ruislip and Northwood | 41.23 |
| 12 | Robert Whelan | 12 Barnet Copthall | 43.49 |
| 13 | Egon Erdelyi | 12 Barnet Copthall | 44.21 |
| --- | Michael Healy | 12 Hoddesdon | DNS |

Event 2 Boys 13 Year Olds 50 Metres Butterfly

| | Name | Age Team | Finals Time |
|---|-------------------|--------------------------|--------------------|
| 1 | Martyn Bermingham | 13 Barnet Copthall | 29.22 |
| 2 | Sean O'Shea | 13 Barnet Copthall | 30.64 |
| 3 | James Allchorne | 13 Barnet Copthall | 30.89 |
| 4 | Adam Harding | 13 Ruislip and Northwood | 37.17 |
| 5 | Simon Hopkins | 13 Barnet Copthall | 37.33 |
| 6 | Robert Noble | 13 Bishops Stortford | 40.67 |

Event 3 Girls 10 Year Olds 50 Metres Backstroke

| | Name | Age Team | Finals Time |
|---|----------------|--------------------------|--------------------|
| 1 | Lucy Nisbet | 10 Forward Hillingdon | 41.56 |
| 2 | Lottie Hudson | 10 Barnet Copthall | 41.76 |
| 3 | Brittany Lloyd | 10 Barnet Copthall | 43.67 |
| 4 | Annie Wade | 10 Ruislip and Northwood | 46.66 |
| 5 | Suzanna Liu | 10 Barnet Copthall | 46.83 |

50s Sprint Meet - 18/01/03
Results - 50s SprintsMeet
 (continued)

Event 3 Girls 10 Year Olds 50 Metres Backstroke (cont'd)

| Name | Age | Team | Finals Time |
|-------------------------|-----|-----------------------|-------------|
| 6 Rosa Lewis | 10 | Barnet Copthall | 47.11 |
| 7 Olivia Lawrence | 10 | Ruislip and Northwood | 47.81 |
| 8 Hayley Medford | 10 | Potters Bar | 48.61 |
| 9 Katie Quinn | 10 | Potters Bar | 48.88 |
| 10 Jemma Lawrence | 10 | Barnet Copthall | 49.49 |
| 11 Danielle Moeser | 10 | Bishops Stortford | 53.33 |
| 12 Jessica Jackson-Virk | 10 | Barnet Copthall | 56.59 |

Event 3 Girls 11 Year Olds 50 Metres Backstroke

| Name | Age | Team | Finals Time |
|----------------------|-----|-----------------------|-------------|
| 1 Michelle Lewis | 11 | Barnet Copthall | 36.26 |
| 2 Hannah Oakley-Reid | 11 | Stevenage | 38.62 |
| 3 Rachel Westendorp | 11 | Ruislip and Northwood | 39.09 |
| 4 Laura Smith | 11 | Potters Bar | 39.81 |
| 5 Florentina Argenio | 11 | Barnet Copthall | 40.83 |
| 6 Sophie O'Connor | 11 | Barnet Copthall | 41.13 |
| 7 Claire Stainton | 11 | Forward Hillingdon | 41.76 |
| 8 Alicia Cannon | 11 | Barnet Copthall | 42.49 |
| 9 Carys Page | 11 | Stevenage | 43.15 |
| 10 Rachel Cunnane | 11 | Potters Bar | 45.37 |
| 11 Melanie Cotton | 11 | Ruislip and Northwood | 45.58 |
| 12 Holly Clark | 11 | City of St Albans | 48.46 |
| 13 Lucy Bowes | 11 | Ruislip and Northwood | 48.87 |
| 14 Emily Begner | 11 | Ruislip and Northwood | 50.20 |
| 15 Rosie Hopkins | 11 | Barnet Copthall | 50.46 |
| 16 Nicola Shepherd | 11 | Stevenage | 51.09 |
| 17 Krishna Govindia | 11 | Barnet Copthall | 53.59 |

Event 3 Girls 12 Year Olds 50 Metres Backstroke

| Name | Age | Team | Finals Time |
|------------------------|-----|-----------------------|-------------|
| 1 Laura Fairhead | 12 | Potters Bar | 35.67 |
| 2 Sofia Iranmanesh | 12 | Barnet Copthall | 36.09 |
| 3 Zoe Colyer-Worsell | 12 | Barnet Copthall | 36.91 |
| 4 Sophie Redwin | 12 | Potters Bar | 37.56 |
| 5 Laura McManus | 12 | Barnet Copthall | 38.91 |
| 6 Annabel Moeser | 12 | Bishops Stortford | 39.14 |
| 7 Lydia Moore | 12 | Potters Bar | 39.36 |
| 8 Jessica Davies | 12 | City of St Albans | 41.47 |
| 9 Anna-Marie Linnell | 12 | Potters Bar | 42.11 |
| 10 Jacqueline Southern | 12 | Bishops Stortford | 42.82 |
| 11 Olivia Gibson | 12 | Barnet Copthall | 43.78 |
| 12 Hannah Clark | 12 | Ruislip and Northwood | 46.94 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet****Event 3 Girls 13 Year Olds 50 Metres Backstroke**

| | Name | Age Team | Finals Time |
|----|----------------------|--------------------------|--------------------|
| 1 | Stephanie Hyams | 13 Barnet Copthall | 36.30 |
| 2 | Hannah Lewington | 13 Ruislip and Northwood | 36.72 |
| 3 | Kate Ferrigno | 13 Barnet Copthall | 37.00 |
| 4 | Shannon Grehan | 13 Forward Hillingdon | 37.85 |
| 5 | Sophie Bailey | 13 City of St Albans | 38.68 |
| 6 | Abigail Winterbourne | 13 Ruislip and Northwood | 38.75 |
| 7 | Georgina Robinson | 13 Flitwick Dolphins | 39.14 |
| 8 | Kate Jenner | 13 Ruislip and Northwood | 40.57 |
| 9 | Emily Costello | 13 Stevenage | 41.37 |
| 10 | Holly Grehan | 13 Forward Hillingdon | 41.63 |
| 11 | Nicola Sharkey | 13 Potters Bar | 41.73 |
| 12 | Emily Zdybel | 13 Potters Bar | 42.11 |
| 13 | Catherine Wade | 13 Ruislip and Northwood | 43.75 |

Event 4 Boys 10 Year Olds 50 Metres Backstroke

| | Name | Age Team | Finals Time |
|----|------------------|--------------------------|--------------------|
| 1 | Charlie Boldison | 10 Barnet Copthall | 39.79 |
| 2 | Tom Randall | 10 Ruislip and Northwood | 41.95 |
| 3 | Josh Eddon | 10 Barnet Copthall | 41.96 |
| 4 | Matthew Gandy | 10 Ruislip and Northwood | 42.58 |
| 5 | Alex Jessop | 10 Barnet Copthall | 43.76 |
| 6 | Mohammed Moussa | 10 Barnet Copthall | 44.01 |
| 7 | Oliver Monaghan | 10 Forward Hillingdon | 44.18 |
| 8 | Ryan Killick | 10 Potters Bar | 44.73 |
| 9 | James Creager | 10 Barnet Copthall | 44.86 |
| 10 | Ross Edwards | 10 Potters Bar | 45.09 |
| 11 | Jack Diggins | 10 Ruislip and Northwood | 46.43 |
| 12 | Callum Wilson | 10 Barnet Copthall | 48.09 |
| 13 | Matteo Yoon | 10 Barnet Copthall | 48.96 |
| 14 | Devansh Gor | 10 Barnet Copthall | 49.50 |
| 15 | Mark Zdybel | 10 Potters Bar | 49.99 |
| 16 | Ashley Bickers | 10 Barnet Copthall | 53.02 |
| 17 | Oliver Harrison | 10 Barnet Copthall | 54.49 |

Event 4 Boys 11 Year Olds 50 Metres Backstroke

| | Name | Age Team | Finals Time |
|---|------------------|--------------------------|--------------------|
| 1 | Randal Cliff | 11 Barnet Copthall | 34.56 |
| 2 | Kiran Dattani | 11 Barnet Copthall | 36.32 |
| 3 | Stephen Robinson | 11 Flitwick Dolphins | 37.86 |
| 4 | Daniel Lee | 11 Barnet Copthall | 38.76 |
| 5 | Dan Rood | 11 Hoddesdon | 39.24 |
| 6 | Shigenori Goto | 11 Barnet Copthall | 40.46 |
| 7 | Daniel Davis | 11 Ruislip and Northwood | 41.25 |

(continued)

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet****Event 4 Boys 11 Year Olds 50 Metres Backstroke (cont'd)**

| Name | Age | Team | Finals Time |
|-------------------|------------|-----------------------|-----------------------|
| 8 Michael Goodman | 11 | Hoddesdon | 41.37 |
| 9 James Guy | 11 | Ruislip and Northwood | 41.64 |
| 10 Max Jackson | 11 | Barnet Copthall | 41.75 |
| 11 Nigel Youngs | 11 | Ruislip and Northwood | 42.47 |
| 12 Warren Berchie | 11 | Ruislip and Northwood | 42.82 |
| 13 Akshay Shah | 11 | Barnet Copthall | 43.01 |
| 14 Chris Jackson | 11 | Barnet Copthall | 43.21 |
| 15 Ashley Wighton | 11 | Hoddesdon | 43.35 |
| 16 Vikram Matthai | 11 | Barnet Copthall | 43.57 |
| 17 Ed Brooks | 11 | Barnet Copthall | 43.65 |
| 18 Thomas Payne | 11 | Hoddesdon | 43.78 |
| 19 Joseph Biedul | 11 | Ruislip and Northwood | 44.03 |
| 20 Tom Brooks | 11 | Barnet Copthall | 44.74 |
| 21 Ross Mardlin | 11 | Stevenage | 45.48 |
| 22 John Moran | 11 | Ruislip and Northwood | 46.14 |
| 23 James Burgess | 11 | Barnet Copthall | 53.15 |
| --- Daniel Bailey | 11 | Ruislip and Northwood | DQ (no touch at turn) |

Event 4 Boys 12 Year Olds 50 Metres Backstroke

| Name | Age | Team | Finals Time |
|-------------------|------------|-----------------------|--------------------|
| 1 Jonathan Quinn | 12 | Potters Bar | 33.30 |
| 2 Kouji Urata | 12 | Barnet Copthall | 33.53 |
| 3 Michael Biedul | 12 | Ruislip and Northwood | 36.33 |
| 4 Robbie Brady | 12 | City of St Albans | 36.75 |
| 5 Matthew Levy | 12 | Stevenage | 37.35 |
| 6 Tom Reynolds | 12 | Barnet Copthall | 37.49 |
| 7 Ian Smart | 12 | Ruislip and Northwood | 37.56 |
| 8 Adam Shabatai | 12 | Barnet Copthall | 39.29 |
| 9 Matthew Port | 12 | Stevenage | 39.52 |
| 10 Jake Killick | 12 | Potters Bar | 40.89 |
| 11 James Wells | 12 | Barnet Copthall | 43.06 |
| 12 Jack George | 12 | Stevenage | 43.19 |
| 13 Calum Diggins | 12 | Ruislip and Northwood | 43.26 |
| 14 Robert Whelan | 12 | Barnet Copthall | 43.56 |
| 15 Steven Cooney | 12 | Barnet Copthall | 44.21 |
| 16 Billy Riley | 12 | Ruislip and Northwood | 44.91 |
| 17 Egon Erdelyi | 12 | Barnet Copthall | 45.31 |
| --- Michael Healy | 12 | Hoddesdon | DNS |

Event 4 Boys 13 Year Olds 50 Metres Backstroke

| Name | Age | Team | Finals Time |
|---------------------|------------|-------------------|--------------------|
| 1 Martyn Bermingham | 13 | Barnet Copthall | 30.90 |
| 2 Sean O'Shea | 13 | Barnet Copthall | 32.13 |
| 3 James Allchorne | 13 | Barnet Copthall | 34.57 |
| 4 Jamie Irvine | 13 | City of St Albans | 36.65 |

50s Sprint Meet - 18/01/03
Results - 50s SprintsMeet
 (continued)

Event 4 Boys 13 Year Olds 50 Metres Backstroke (cont'd)

| Name | Age | Team | Finals Time |
|-------------------|-----|-----------------------|-------------|
| 5 Adam Harding | 13 | Ruislip and Northwood | 37.27 |
| 6 Richard Bennion | 13 | Forward Hillingdon | 39.09 |
| 7 Robert Noble | 13 | Bishops Stortford | 43.41 |

Event 5 Girls 10 Year Olds 50 Metres Breaststroke

| Name | Age | Team | Finals Time |
|-------------------------|-----|-----------------------|-------------|
| 1 Lucy Nisbet | 10 | Forward Hillingdon | 43.97 |
| 2 Suzanna Liu | 10 | Barnet Copthall | 46.12 |
| 3 Brittany Lloyd | 10 | Barnet Copthall | 49.65 |
| 4 Lottie Hudson | 10 | Barnet Copthall | 49.66 |
| 5 Annie Wade | 10 | Ruislip and Northwood | 50.22 |
| 6 Emma Rosen | 10 | Barnet Copthall | 52.08 |
| 7 Rosa Lewis | 10 | Barnet Copthall | 52.37 |
| 7 Katie Quinn | 10 | Potters Bar | 52.37 |
| 9 Danielle Moeser | 10 | Bishops Stortford | 52.92 |
| 10 Jemma Lawrence | 10 | Barnet Copthall | 53.42 |
| 11 Olivia Lawrence | 10 | Ruislip and Northwood | 53.68 |
| 12 Jessica Jackson-Virk | 10 | Barnet Copthall | 1:02.52 |

Event 5 Girls 11 Year Olds 50 Metres Breaststroke

| Name | Age | Team | Finals Time |
|----------------------|-----|-----------------------|---------------------------|
| 1 Kate Gardner | 11 | Potters Bar | 42.42 |
| 2 Laura Smith | 11 | Potters Bar | 43.08 |
| 3 Michelle Lewis | 11 | Barnet Copthall | 46.28 |
| 4 Rachel Cunnane | 11 | Potters Bar | 46.66 |
| 5 Hannah Oakley-Reid | 11 | Stevenage | 47.60 |
| 6 Carys Page | 11 | Stevenage | 48.73 |
| 7 Claire Stainton | 11 | Forward Hillingdon | 49.59 |
| 8 Olivia Cameron | 11 | Potters Bar | 50.86 |
| 9 Florentina Argenio | 11 | Barnet Copthall | 51.12 |
| 10 Alicia Cannon | 11 | Barnet Copthall | 51.26 |
| 11 Holly Clark | 11 | City of St Albans | 52.43 |
| 12 Melanie Cotton | 11 | Ruislip and Northwood | 52.74 |
| 13 Emily Begner | 11 | Ruislip and Northwood | 53.67 |
| 14 Krishna Govindia | 11 | Barnet Copthall | 55.51 |
| 15 Nicola Shepherd | 11 | Stevenage | 1:01.64 |
| --- Lucy Bowes | 11 | Ruislip and Northwood | DQ (1 hand touch at turn) |

Event 5 Girls 12 Year Olds 50 Metres Breaststroke

| Name | Age | Team | Finals Time |
|----------------------|-----|-------------------|-------------|
| 1 Zoe Colyer-Worsell | 12 | Barnet Copthall | 39.06 |
| 2 Laura McManus | 12 | Barnet Copthall | 40.89 |
| 3 Annabel Moeser | 12 | Bishops Stortford | 42.35 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | | | |
|---|---------------|----|--------------------|-------|
| 4 | Laura Fielder | 12 | Forward Hillingdon | 42.80 |
|---|---------------|----|--------------------|-------|

(continued)

Event 5 Girls 12 Year Olds 50 Metres Breaststroke (cont'd)

| | Name | Age | Team | Finals Time |
|----|---------------------|------------|-----------------------|--------------------|
| 5 | Jemma Roberts | 12 | City of St Albans | 43.71 |
| 6 | Jessica Davies | 12 | City of St Albans | 44.27 |
| 7 | Laura Fairhead | 12 | Potters Bar | 44.76 |
| 8 | Jacqueline Southern | 12 | Bishops Stortford | 47.44 |
| 9 | Lydia Moore | 12 | Potters Bar | 47.50 |
| 10 | Sophie Redwin | 12 | Potters Bar | 47.70 |
| 11 | Olivia Gibson | 12 | Barnet Copthall | 48.99 |
| 12 | Anna-Marie Linnell | 12 | Potters Bar | 50.71 |
| 13 | Hannah Clark | 12 | Ruislip and Northwood | 51.51 |

Event 5 Girls 13 Year Olds 50 Metres Breaststroke

| | Name | Age | Team | Finals Time |
|----|----------------------|------------|-----------------------|--------------------|
| 1 | Georgina Robinson | 13 | Flitwick Dolphins | 39.42 |
| 2 | Kirstie O'Connor | 13 | Barnet Copthall | 41.74 |
| 3 | Shannon Grehan | 13 | Forward Hillingdon | 41.96 |
| 4 | Sophie Bailey | 13 | City of St Albans | 43.10 |
| 5 | Abigail Winterbourne | 13 | Ruislip and Northwood | 44.45 |
| 6 | Emily Zdybel | 13 | Potters Bar | 45.09 |
| 7 | Emily Costello | 13 | Stevenage | 45.97 |
| 8 | Holly Grehan | 13 | Forward Hillingdon | 46.86 |
| 9 | Kate Jenner | 13 | Ruislip and Northwood | 46.91 |
| 10 | Nicola Sharkey | 13 | Potters Bar | 47.14 |
| 11 | Joanne Brookman | 13 | Stevenage | 48.53 |
| 12 | Catherine Wade | 13 | Ruislip and Northwood | 50.41 |
| 13 | Amy Bennion | 13 | Forward Hillingdon | 50.61 |

Event 6 Boys 10 Year Olds 50 Metres Breaststroke

| | Name | Age | Team | Finals Time |
|----|------------------|------------|-----------------------|--------------------|
| 1 | Jack Diggins | 10 | Ruislip and Northwood | 47.71 |
| 2 | James Creager | 10 | Barnet Copthall | 48.28 |
| 3 | Oliver Monaghan | 10 | Forward Hillingdon | 48.89 |
| 4 | Charlie Boldison | 10 | Barnet Copthall | 49.52 |
| 5 | Mark Zdybel | 10 | Potters Bar | 49.68 |
| 6 | Tom Randall | 10 | Ruislip and Northwood | 50.10 |
| 7 | James Needham | 10 | Ruislip and Northwood | 50.63 |
| 8 | Joshua Swallow | 10 | Ruislip and Northwood | 52.22 |
| 9 | Matthew Gandy | 10 | Ruislip and Northwood | 53.07 |
| 10 | Josh Eddon | 10 | Barnet Copthall | 53.64 |
| 11 | Devansh Gor | 10 | Barnet Copthall | 53.91 |
| 12 | Alex Jessop | 10 | Barnet Copthall | 54.44 |
| 13 | Luke Spain | 10 | Ruislip and Northwood | 54.59 |
| 14 | Ross Edwards | 10 | Potters Bar | 56.55 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | | | |
|----|-----------------|----|-----------------|---------|
| 15 | Mohammed Moussa | 10 | Barnet Copthall | 57.54 |
| 16 | Matteo Yoon | 10 | Barnet Copthall | 1:00.36 |
| 17 | Callum Wilson | 10 | Barnet Copthall | 1:02.46 |
| 18 | Oliver Harrison | 10 | Barnet Copthall | 1:04.01 |

Event 6 Boys 11 Year Olds 50 Metres Breaststroke

| | Name | Age | Team | Finals Time |
|-----|------------------|------------|-----------------------|--------------------|
| 1 | Randal Cliff | 11 | Barnet Copthall | 39.94 |
| 2 | Stephen Robinson | 11 | Flitwick Dolphins | 41.59 |
| 3 | Shigenori Goto | 11 | Barnet Copthall | 42.24 |
| 4 | Vikram Matthai | 11 | Barnet Copthall | 43.54 |
| 5 | Kiran Dattani | 11 | Barnet Copthall | 44.80 |
| 6 | Warren Berchie | 11 | Ruislip and Northwood | 45.53 |
| 7 | Daniel Lee | 11 | Barnet Copthall | 45.67 |
| 8 | John Moran | 11 | Ruislip and Northwood | 47.65 |
| 9 | Ed Brooks | 11 | Barnet Copthall | 47.90 |
| 10 | Thomas Payne | 11 | Hoddesdon | 48.58 |
| 11 | James Guy | 11 | Ruislip and Northwood | 48.59 |
| 12 | Ashley Wighton | 11 | Hoddesdon | 48.90 |
| 13 | Nigel Youngs | 11 | Ruislip and Northwood | 48.94 |
| 14 | Dan Rood | 11 | Hoddesdon | 49.08 |
| 15 | Max Jackson | 11 | Barnet Copthall | 49.24 |
| 16 | Chris Jackson | 11 | Barnet Copthall | 50.05 |
| 17 | Akshay Shah | 11 | Barnet Copthall | 50.43 |
| 18 | Ross Mardlin | 11 | Stevenage | 50.82 |
| 19 | Michael Goodman | 11 | Hoddesdon | 51.15 |
| 20 | Tom Brooks | 11 | Barnet Copthall | 53.97 |
| 21 | Daniel Davis | 11 | Ruislip and Northwood | 54.04 |
| 22 | Robert Harding | 11 | Ruislip and Northwood | 54.57 |
| 23 | Daniel Sharkey | 11 | Potters Bar | 59.28 |
| 24 | Daniel Bailey | 11 | Ruislip and Northwood | 1:09.04 |
| --- | Joseph Biedul | 11 | Ruislip and Northwood | DNS |

Event 6 Boys 12 Year Olds 50 Metres Breaststroke

| | Name | Age | Team | Finals Time |
|----|----------------|------------|-----------------------|--------------------|
| 1 | Jonathan Quinn | 12 | Potters Bar | 36.54 |
| 2 | Kouji Urata | 12 | Barnet Copthall | 38.35 |
| 3 | Michael Healy | 12 | Hoddesdon | 40.75 |
| 4 | Jack George | 12 | Stevenage | 41.64 |
| 5 | Matthew Port | 12 | Stevenage | 42.78 |
| 6 | Matthew Levy | 12 | Stevenage | 44.28 |
| 7 | Michael Biedul | 12 | Ruislip and Northwood | 45.59 |
| 8 | Tom Reynolds | 12 | Barnet Copthall | 46.60 |
| 9 | Robbie Brady | 12 | City of St Albans | 47.45 |
| 10 | Billy Riley | 12 | Ruislip and Northwood | 50.63 |
| 11 | Calum Diggins | 12 | Ruislip and Northwood | 52.54 |
| 12 | James Wells | 12 | Barnet Copthall | 53.43 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | |
|------------------|--------------------|-------|
| 13 Robert Whelan | 12 Barnet Copthall | 53.45 |
| 14 Egon Erdelyi | 12 Barnet Copthall | 54.03 |
| 15 Steven Cooney | 12 Barnet Copthall | 56.88 |

Event 6 Boys 13 Year Olds 50 Metres Breaststroke

| Name | Age Team | Finals Time |
|---------------------|--------------------------|-------------|
| 1 Martyn Bermingham | 13 Barnet Copthall | 32.80 |
| 2 James Allchorne | 13 Barnet Copthall | 35.31 |
| 3 Jamie Irvine | 13 City of St Albans | 40.45 |
| 4 Robert Noble | 13 Bishops Stortford | 41.97 |
| 5 Adam Harding | 13 Ruislip and Northwood | 42.53 |
| 6 Stuart Harper | 13 Ruislip and Northwood | 45.01 |

Event 7 Girls 10 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|-------------------------|--------------------------|-------------|
| 1 Lucy Nisbet | 10 Forward Hillingdon | 35.78 |
| 2 Lottie Hudson | 10 Barnet Copthall | 36.43 |
| 3 Brittany Lloyd | 10 Barnet Copthall | 39.26 |
| 4 Suzanna Liu | 10 Barnet Copthall | 39.40 |
| 5 Hayley Medford | 10 Potters Bar | 39.44 |
| 6 Annie Wade | 10 Ruislip and Northwood | 39.92 |
| 7 Katie Quinn | 10 Potters Bar | 40.73 |
| 8 Rosa Lewis | 10 Barnet Copthall | 40.84 |
| 9 Abigail Cameron | 10 Potters Bar | 41.19 |
| 10 Olivia Lawrence | 10 Ruislip and Northwood | 41.93 |
| 11 Emma Rosen | 10 Barnet Copthall | 42.04 |
| 12 Jemma Lawrence | 10 Barnet Copthall | 43.23 |
| 13 Danielle Moeser | 10 Bishops Stortford | 45.52 |
| 14 Jessica Jackson-Virk | 10 Barnet Copthall | 53.67 |

Event 7 Girls 11 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|----------------------|--------------------------|-------------|
| 1 Rachel Westendorp | 11 Ruislip and Northwood | 32.04 |
| 2 Kate Gardner | 11 Potters Bar | 32.13 |
| 3 Michelle Lewis | 11 Barnet Copthall | 32.99 |
| 4 Sophie O'Connor | 11 Barnet Copthall | 33.88 |
| 5 Hannah Oakley-Reid | 11 Stevenage | 34.29 |
| 6 Laura Smith | 11 Potters Bar | 34.67 |
| 7 Rachel Cunnane | 11 Potters Bar | 36.43 |
| 8 Claire Stainton | 11 Forward Hillingdon | 36.65 |
| 9 Florentina Argenio | 11 Barnet Copthall | 36.92 |
| 10 Carys Page | 11 Stevenage | 37.20 |
| 11 Olivia Cameron | 11 Potters Bar | 37.62 |
| 12 Melanie Cotton | 11 Ruislip and Northwood | 38.19 |
| 13 Alicia Cannon | 11 Barnet Copthall | 38.22 |
| 14 Holly Clark | 11 City of St Albans | 42.05 |
| 15 Lucy Bowes | 11 Ruislip and Northwood | 43.08 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | |
|---------------------|--------------------------|-------|
| 16 Nicola Shepherd | 11 Stevenage | 43.35 |
| 17 Rosie Hopkins | 11 Barnet Copthall | 43.48 |
| 18 Emily Begner | 11 Ruislip and Northwood | 45.31 |
| 19 Krishna Govindia | 11 Barnet Copthall | 47.32 |

Event 7 Girls 12 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|------------------------|--------------------------|-------------|
| 1 Zoe Colyer-Worsell | 12 Barnet Copthall | 30.79 |
| 2 Laura Fairhead | 12 Potters Bar | 31.20 |
| 3 Sofia Iranmanesh | 12 Barnet Copthall | 32.28 |
| 4 Jessica Davies | 12 City of St Albans | 32.90 |
| 5 Sophie Redwin | 12 Potters Bar | 32.91 |
| 6 Jemma Roberts | 12 City of St Albans | 34.04 |
| 7 Laura Fielder | 12 Forward Hillingdon | 34.42 |
| 8 Anna-Marie Linnell | 12 Potters Bar | 34.60 |
| 9 Lydia Moore | 12 Potters Bar | 35.08 |
| 10 Laura McManus | 12 Barnet Copthall | 35.18 |
| 11 Annabel Moeser | 12 Bishops Stortford | 35.23 |
| 12 Olivia Gibson | 12 Barnet Copthall | 35.68 |
| 13 Jacqueline Southern | 12 Bishops Stortford | 35.98 |
| 14 Hannah Clark | 12 Ruislip and Northwood | 39.71 |

Event 7 Girls 13 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|-------------------------|--------------------------|------------------|
| 1 Kate Ferrigno | 13 Barnet Copthall | 30.05 |
| 2 Georgina Robinson | 13 Flitwick Dolphins | 31.07 |
| 3 Kirstie O'Connor | 13 Barnet Copthall | 31.46 |
| 4 Stephanie Hyams | 13 Barnet Copthall | 31.82 |
| 4 Hannah Lewington | 13 Ruislip and Northwood | 31.82 |
| 6 Sophie Bailey | 13 City of St Albans | 32.95 |
| 7 Shannon Grehan | 13 Forward Hillingdon | 33.33 |
| 8 Emily Costello | 13 Stevenage | 33.90 |
| 8 Emily Zdybel | 13 Potters Bar | 33.90 |
| 10 Kate Jenner | 13 Ruislip and Northwood | 34.08 |
| 11 Abigail Winterbourne | 13 Ruislip and Northwood | 34.47 |
| 12 Nicola Sharkey | 13 Potters Bar | 35.74 |
| 13 Holly Grehan | 13 Forward Hillingdon | 35.95 |
| 14 Joanne Brookman | 13 Stevenage | 38.09 |
| 15 Amy Bennion | 13 Forward Hillingdon | 38.36 |
| --- Catherine Wade | 13 Ruislip and Northwood | DQ (false start) |

Event 8 Boys 10 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|--------------------|--------------------------|-------------|
| 1 Tom Randall | 10 Ruislip and Northwood | 34.37 |
| 2 Charlie Boldison | 10 Barnet Copthall | 34.62 |
| 3 Oliver Monaghan | 10 Forward Hillingdon | 36.24 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | | |
|---|---------------|--------------------------|-------|
| 4 | Matthew Gandy | 10 Ruislip and Northwood | 36.25 |
| 5 | Jack Diggins | 10 Ruislip and Northwood | 37.00 |
| 6 | Ryan Killick | 10 Potters Bar | 37.15 |
| 7 | Ross Edwards | 10 Potters Bar | 37.34 |
| 8 | James Creager | 10 Barnet Copthall | 37.41 |

(continued)

Event 8 Boys 10 Year Olds 50 Metres Freestyle (cont'd)

| | Name | Age Team | Finals Time |
|----|-----------------|--------------------------|--------------------|
| 9 | Alex Jessop | 10 Barnet Copthall | 37.86 |
| 10 | Mohammed Moussa | 10 Barnet Copthall | 38.83 |
| 11 | Luke Spain | 10 Ruislip and Northwood | 39.07 |
| 12 | James Needham | 10 Ruislip and Northwood | 39.09 |
| 13 | Joshua Swallow | 10 Ruislip and Northwood | 39.74 |
| 14 | Josh Eddon | 10 Barnet Copthall | 39.92 |
| 15 | Mark Zdybel | 10 Potters Bar | 41.35 |
| 16 | Matteo Yoon | 10 Barnet Copthall | 43.72 |
| 17 | Devansh Gor | 10 Barnet Copthall | 44.68 |
| 18 | Callum Wilson | 10 Barnet Copthall | 45.50 |
| 19 | Ashley Bickers | 10 Barnet Copthall | 46.91 |
| 20 | Oliver Harrison | 10 Barnet Copthall | 50.46 |

Event 8 Boys 11 Year Olds 50 Metres Freestyle

| | Name | Age Team | Finals Time |
|----|------------------|--------------------------|--------------------|
| 1 | Randal Cliff | 11 Barnet Copthall | 31.32 |
| 2 | Stephen Robinson | 11 Flitwick Dolphins | 32.22 |
| 3 | Warren Berchie | 11 Ruislip and Northwood | 33.21 |
| 4 | Michael Goodman | 11 Hoddesdon | 33.32 |
| 5 | Shigenori Goto | 11 Barnet Copthall | 33.34 |
| 6 | Dan Rood | 11 Hoddesdon | 33.49 |
| 7 | Daniel Lee | 11 Barnet Copthall | 33.72 |
| 8 | Ashley Wighton | 11 Hoddesdon | 35.28 |
| 9 | Chris Jackson | 11 Barnet Copthall | 36.00 |
| 10 | Max Jackson | 11 Barnet Copthall | 36.12 |
| 11 | James Guy | 11 Ruislip and Northwood | 36.22 |
| 12 | Nigel Youngs | 11 Ruislip and Northwood | 36.70 |
| 13 | Daniel Davis | 11 Ruislip and Northwood | 36.84 |
| 14 | Ed Brooks | 11 Barnet Copthall | 37.01 |
| 15 | Vikram Matthai | 11 Barnet Copthall | 37.41 |
| 16 | Ross Mardlin | 11 Stevenage | 37.62 |
| 17 | Thomas Payne | 11 Hoddesdon | 37.88 |
| 18 | John Moran | 11 Ruislip and Northwood | 37.93 |
| 19 | Tom Brooks | 11 Barnet Copthall | 38.73 |
| 20 | Joseph Biedul | 11 Ruislip and Northwood | 40.75 |
| 21 | James Burgess | 11 Barnet Copthall | 43.81 |
| 22 | Robert Harding | 11 Ruislip and Northwood | 44.52 |
| 23 | Daniel Sharkey | 11 Potters Bar | 44.90 |

50s Sprint Meet - 18/01/03**Results - 50s SprintsMeet**

| | | |
|-------------------|--------------------------|----------------------|
| 24 Daniel Bailey | 11 Ruislip and Northwood | 47.90 |
| --- Akshay Shah | 11 Barnet Copthall | DQ (moving at start) |
| --- Kiran Dattani | 11 Barnet Copthall | DQ (false start) |

Event 8 Boys 12 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|------------------|--------------------------|-------------|
| 1 Jonathan Quinn | 12 Potters Bar | 28.45 |
| 2 Kouji Urata | 12 Barnet Copthall | 28.99 |
| 3 Matthew Port | 12 Stevenage | 31.04 |
| 4 Ian Smart | 12 Ruislip and Northwood | 31.22 |
| 5 Michael Biedul | 12 Ruislip and Northwood | 32.42 |
| 6 Matthew Levy | 12 Stevenage | 32.59 |
| 7 Robbie Brady | 12 City of St Albans | 32.62 |
| 8 Tom Reynolds | 12 Barnet Copthall | 32.93 |
| 9 Michael Healy | 12 Hoddesdon | 33.56 |
| 10 Adam Shabatai | 12 Barnet Copthall | 34.40 |
| 11 Jack George | 12 Stevenage | 34.99 |
| 12 Jake Killick | 12 Potters Bar | 35.44 |
| 13 Steven Cooney | 12 Barnet Copthall | 35.84 |
| 14 Robert Whelan | 12 Barnet Copthall | 36.13 |
| 15 James Wells | 12 Barnet Copthall | 37.48 |
| 16 Egon Erdelyi | 12 Barnet Copthall | 37.85 |
| 17 Billy Riley | 12 Ruislip and Northwood | 38.37 |
| 18 Calum Diggins | 12 Ruislip and Northwood | 38.46 |

Event 8 Boys 13 Year Olds 50 Metres Freestyle

| Name | Age Team | Finals Time |
|---------------------|--------------------------|-------------|
| 1 Martyn Bermingham | 13 Barnet Copthall | 26.31 |
| 2 Sean O'Shea | 13 Barnet Copthall | 27.29 |
| 3 James Allchorne | 13 Barnet Copthall | 28.91 |
| 4 Jamie Irvine | 13 City of St Albans | 30.87 |
| 5 Simon Hopkins | 13 Barnet Copthall | 31.38 |
| 6 Adam Harding | 13 Ruislip and Northwood | 33.26 |
| 7 Robert Noble | 13 Bishops Stortford | 35.16 |
| 8 Richard Bennion | 13 Forward Hillingdon | 35.17 |
| 9 Stuart Harper | 13 Ruislip and Northwood | 36.41 |