

200s Meet - 15/02/03
Results - 200s Meet

Event 1 Girls 10 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Daisy Allen	10	Portsmouth Northsea	3:17.88
	44.99	1:35.88 (50.89) 2:27.05 (51.17) 3:17.88 (50.83)	
2 Lottie Hudson	10	Barnet Copthall	3:40.97
	46.25	1:44.82 (58.57) 2:45.84 (1:01.02) 3:40.97 (55.13)	
3 Leonie Ahimie	10	Barnet Copthall	4:03.93
	52.67	1:53.77 (1:01.10) 2:58.61 (1:04.84) 4:03.93 (1:05.32)	
4 Nami Urata	10	Barnet Copthall	4:17.25
	54.12	1:58.69 (1:04.57) 3:08.05 (1:09.36) 4:17.25 (1:09.20)	

Event 1 Girls 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Aimee Benfield	11	Portsmouth Northsea	2:55.58
	38.03	1:22.95 (44.92) 2:10.98 (48.03) 2:55.58 (44.60)	
2 Natalie Curtis	11	Portsmouth Northsea	3:02.58
	39.70	1:27.16 (47.46) 2:15.70 (48.54) 3:02.58 (46.88)	
3 Jodie Rackett	11	Portsmouth Northsea	3:13.87
	39.87	1:30.08 (50.21) 2:22.62 (52.54) 3:13.87 (51.25)	
4 Lucy Nisbet	11	Forward Hillingdon	3:14.41
	44.60	1:34.36 (49.76) 2:24.59 (50.23) 3:14.41 (49.82)	
5 Sophie Clarke	11	Portsmouth Northsea	3:16.51
	42.11	1:32.76 (50.65) 2:25.44 (52.68) 3:16.51 (51.07)	
6 Claire Stainton	11	Forward Hillingdon	3:25.35
	43.51	1:34.79 (51.28) 2:30.73 (55.94) 3:25.35 (54.62)	
7 Emily Rose	11	Portsmouth Northsea	3:40.84
	46.95	1:44.88 (57.93) 2:45.13 (1:00.25) 3:40.84 (55.71)	
8 Jessica Duffin	11	Portsmouth Northsea	3:59.71
	54.84	1:57.39 (1:02.55) 2:59.75 (1:02.36) 3:59.71 (59.96)	
--- Alice Goodridge	11	Ruislip Northwood	DQ
	48.67	1:54.35 (1:05.68) 3:03.27 (1:08.92) DQ (1:07.12)	

Event 1 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Cathryn Green	12	Portsmouth Northsea	2:57.72
	39.82	1:25.28 (45.46) 2:13.73 (48.45) 2:57.72 (43.99)	
2 Robyn Stanley	12	Portsmouth Northsea	2:59.91

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	39.89	1:25.19 (45.30)	2:13.48 (48.29)	2:59.91 (46.43)	
3	Kayleigh Garwood	12	Portsmouth Northsea		3:01.15
	40.10	1:28.28 (48.18)	2:16.94 (48.66)	3:01.15 (44.21)	
4	Sophie Redwin	12	Potters Bar		3:09.64
	41.63	1:29.15 (47.52)	2:19.14 (49.99)	3:09.64 (50.50)	
5	Tiffany Harfield	12	Portsmouth Northsea		3:18.52
	45.65	1:38.97 (53.32)	2:31.05 (52.08)	3:18.52 (47.47)	
6	Rebecca Crump	12	Ruislip Northwood		3:47.24
	45.52	1:44.16 (58.64)	2:45.44 (1:01.28)	3:47.24 (1:01.80)	

Event 1 Girls 13 Year Olds 200 SC Meter Butterfly

	Name	Age	Team		Finals Time
1	Frankie Murphy	13	Portsmouth Northsea		2:41.65
	36.11	1:16.46 (40.35)	1:59.61 (43.15)	2:41.65 (42.04)	
2	Natalie Ward	13	Barking		2:45.15
	34.88	1:16.03 (41.15)	1:59.58 (43.55)	2:45.15 (45.57)	
3	Claire Timms	13	Harrow and Wealdstone		2:57.20
	39.50	1:25.03 (45.53)	2:12.18 (47.15)	2:57.20 (45.02)	
4	Jordan Ray	13	Portsmouth Northsea		2:57.59
	39.33	1:24.40 (45.07)	2:12.33 (47.93)	2:57.59 (45.26)	
5	Nicola Winter	13	Barking		3:14.36
	42.66	1:32.12 (49.46)	2:25.70 (53.58)	3:14.36 (48.66)	
6	Elizabeth Pearce	13	Portsmouth Northsea		3:16.03
	41.39	1:31.38 (49.99)	2:24.41 (53.03)	3:16.03 (51.62)	
7	Alexandra Sculthorpe	13	Portsmouth Northsea		4:04.30
	52.81	1:56.46 (1:03.65)	3:01.46 (1:05.00)	4:04.30 (1:02.84)	
---	Victoria Pearce	13	Portsmouth Northsea		DQ
	38.43	1:24.82 (46.39)	2:12.17 (47.35)	DQ (47.75)	

Event 2 Boys 10 Year Olds 200 SC Meter Butterfly

	Name	Age	Team		Finals Time
1	Joshua Fowler	10	Portsmouth Northsea		3:11.47
	41.05	1:31.75 (50.70)	2:22.37 (50.62)	3:11.47 (49.10)	
2	Elliot Bilisland	10	Portsmouth Northsea		3:11.75
	40.97	1:31.40 (50.43)	2:22.36 (50.96)	3:11.75 (49.39)	
3	Tom Randall	10	Ruislip Northwood		3:21.47
	42.66	1:35.38 (52.72)	2:28.96 (53.58)	3:21.47 (52.51)	

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4	Jake Howe	10	Portsmouth Northsea	3:27.67
	44.97	1:39.84 (54.87)	2:35.84 (56.00)	3:27.67 (51.83)
5	Joseph Fisher	10	Portsmouth Northsea	3:30.14
	45.63	1:40.69 (55.06)	2:36.80 (56.11)	3:30.14 (53.34)
6	Russell Heath	10	Ruislip Northwood	3:37.47
	47.18	1:43.63 (56.45)	2:41.61 (57.98)	3:37.47 (55.86)
7	Mohammed Moussa	10	Barnet Copthall	3:39.46
	49.29	1:46.09 (56.80)	2:44.30 (58.21)	3:39.46 (55.16)
8	Jake Timberlake	10	Portsmouth Northsea	3:50.01
	46.40	1:44.75 (58.35)	2:48.41 (1:03.66)	3:50.01 (1:01.60)
9	Sam Vydulinska	10	Barnet Copthall	4:58.55
	1:05.11	2:24.27 (1:19.16)	3:45.55 (1:21.28)	4:58.55 (1:13.00)
10	Anup Desai	10	Barnet Copthall	5:22.09
	1:09.16	2:33.78 (1:24.62)	4:03.74 (1:29.96)	5:22.09 (1:18.35)
---	Ashley Bickers	10	Barnet Copthall	DQ
	58.60	2:10.44 (1:11.84)	3:23.77 (1:13.33)	DQ (1:24.35)
---	Daniel White	10	Portsmouth Northsea	DQ
	48.61	1:42.44 (53.83)	2:41.55 (59.11)	DQ (50.90)

Event 2 Boys 11 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Shigenori Goto	11	Barnet Copthall	2:56.86
	38.78	1:24.52 (45.74)	2:10.95 (46.43)	2:56.86 (45.91)
2	Simon Wright	11	Potters Bar	3:18.26
	42.22	1:34.87 (52.65)	2:28.73 (53.86)	3:18.26 (49.53)
3	Warren Berchie	11	Ruislip Northwood	3:21.64
	39.99	1:31.52 (51.53)	2:25.08 (53.56)	3:21.64 (56.56)
4	Alexander Bruce	11	Portsmouth Northsea	3:33.43
	45.96	1:38.86 (52.90)	2:39.05 (1:00.19)	3:33.43 (54.38)
5	James Creager	11	Barnet Copthall	3:35.59
	47.12	1:43.02 (55.90)	2:42.70 (59.68)	3:35.59 (52.89)
6	Karl Stechman	11	Portsmouth Northsea	3:44.64
	49.15	1:47.78 (58.63)	2:49.02 (1:01.24)	3:44.64 (55.62)
7	James Welsh	11	Barking	4:16.18
	50.69	1:56.06 (1:05.37)	3:07.55 (1:11.49)	4:16.18 (1:08.63)

Event 2 Boys 12 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
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1	Kouji Urata	12	Barnet Copthall	2:25.35
	33.04	1:09.91 (36.87)	1:47.20 (37.29)	2:25.35 (38.15)
2	Jonathan Quinn	12	Potters Bar	2:41.12
	33.09	1:13.01 (39.92)	1:56.46 (43.45)	2:41.12 (44.66)
3	Michael Biedul	12	Ruislip Northwood	2:45.86
	36.63	1:16.83 (40.20)	2:01.50 (44.67)	2:45.86 (44.36)
4	Daniel Pointon	12	Portsmouth Northsea	2:57.27
	37.71	1:23.09 (45.38)	2:11.04 (47.95)	2:57.27 (46.23)
5	Steven Cooney	12	Barnet Copthall	3:11.96
	41.59	1:29.88 (48.29)	2:22.71 (52.83)	3:11.96 (49.25)
6	James Wells	12	Barnet Copthall	3:18.88
	43.12	1:34.99 (51.87)	2:31.16 (56.17)	3:18.88 (47.72)

Event 2 Boys 13 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	James Allchorne	13	Barnet Copthall	2:27.58
	33.20	1:09.69 (36.49)	1:49.23 (39.54)	2:27.58 (38.35)
2	Joseph Nelson	13	Portsmouth Northsea	3:01.41
	39.26	1:24.31 (45.05)	2:14.84 (50.53)	3:01.41 (46.57)
3	Robert Hewett	13	Flitwick Dolphins	3:04.21
	37.42	1:24.43 (47.01)	2:16.25 (51.82)	3:04.21 (47.96)
4	Daniel Heath	13	Ruislip Northwood	3:16.26
	40.39	1:29.56 (49.17)	2:22.67 (53.11)	3:16.26 (53.59)

Event 3 Girls 10 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Katie Smith	10	Ruislip Northwood	3:05.12
	42.36	1:30.07 (47.71)	2:18.56 (48.49)	3:05.12 (46.56)
2	Daisy Allen	10	Portsmouth Northsea	3:05.90
	44.97	1:32.58 (47.61)	2:20.56 (47.98)	3:05.90 (45.34)
3	Frankie Collen	10	Harrow and Wealdstone	3:07.01
	45.38	1:34.12 (48.74)	2:22.32 (48.20)	3:07.01 (44.69)
4	Lauren Turner	10	Ruislip Northwood	3:09.20
	46.01	1:36.04 (50.03)	2:23.99 (47.95)	3:09.20 (45.21)
5	Francesca Marr	10	Ruislip Northwood	3:10.76
	47.11	1:36.07 (48.96)	2:24.32 (48.25)	3:10.76 (46.44)
6	Amber Sullivan	10	Harrow and Wealdstone	3:14.80

200s Meet - 15/02/03**Results - 200s Meet**

	46.39	1:36.39 (50.00)	2:26.34 (49.95)	3:14.80 (48.46)	
7	Lottie Hudson		10 Barnet Copthall		3:16.32
	46.37	1:36.33 (49.96)	2:28.28 (51.95)	3:16.32 (48.04)	
8	Brittany Lloyd		10 Barnet Copthall		3:17.74
	47.22	1:38.69 (51.47)	2:30.20 (51.51)	3:17.74 (47.54)	
9	Jenny Kenwell		10 Potters Bar		3:17.96
	45.84	1:36.11 (50.27)	2:28.09 (51.98)	3:17.96 (49.87)	
10	Katie Quinn		10 Potters Bar		3:25.29
	46.81	1:39.89 (53.08)	2:33.64 (53.75)	3:25.29 (51.65)	
11	Rhianydd Jones		10 Flitwick Dolphins		3:30.48
	48.30	1:41.43 (53.13)	2:37.16 (55.73)	3:30.48 (53.32)	
12	Grace Moore		10 Potters Bar		3:33.89
	49.46	1:44.01 (54.55)	2:38.69 (54.68)	3:33.89 (55.20)	
---	Alexandra Kearns		10 Flitwick Dolphins		DQ
	52.03	1:53.17 (1:01.14)	2:58.64 (1:05.47)	DQ (59.91)	
---	Sarah Mustill		10 Ruislip Northwood		NS

Event 3 Girls 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Michelle Lewis	11	Barnet Copthall	2:37.51
	36.62	1:16.56 (39.94)	1:57.73 (41.17)	2:37.51 (39.78)
2	Aimee Benfield	11	Portsmouth Northsea	2:49.47
	39.59	1:22.41 (42.82)	2:06.53 (44.12)	2:49.47 (42.94)
3	Sophie Clarke	11	Portsmouth Northsea	2:53.24
	41.39	1:25.80 (44.41)	2:11.17 (45.37)	2:53.24 (42.07)
4	Sophie O'Connor	11	Barnet Copthall	2:57.39
	43.84	1:28.97 (45.13)	2:14.25 (45.28)	2:57.39 (43.14)
5	Jessica Baldwin	11	Harrow and Wealdstone	2:57.42
	42.06	1:28.42 (46.36)	2:14.39 (45.97)	2:57.42 (43.03)
6	Natalie Curtis	11	Portsmouth Northsea	2:57.61
	42.96	1:28.61 (45.65)	2:14.02 (45.41)	2:57.61 (43.59)
7	Daisy Davies	11	Harrow and Wealdstone	2:58.47
	41.33	1:27.18 (45.85)	2:14.37 (47.19)	2:58.47 (44.10)
8	Alicia Cannon	11	Barnet Copthall	2:59.79
	42.38	1:28.74 (46.36)	2:15.35 (46.61)	2:59.79 (44.44)

200s Meet - 15/02/03**Results - 200s Meet**

9	Jodie Rackett	11	Portsmouth Northsea	3:00.80
	41.80	1:28.39 (46.59)	2:16.77 (48.38)	3:00.80 (44.03)
10	Lucy Nisbet	11	Forward Hillingdon	3:03.99
	43.35	1:30.18 (46.83)	2:17.89 (47.71)	3:03.99 (46.10)
11	Claire Stainton	11	Forward Hillingdon	3:06.72
	44.18	1:31.91 (47.73)	2:20.43 (48.52)	3:06.72 (46.29)
12	Emily Rose	11	Portsmouth Northsea	3:10.69
	45.58	1:34.36 (48.78)	2:24.49 (50.13)	3:10.69 (46.20)
13	Charlotte Parkes	11	Harrow and Wealdstone	3:14.22
	46.55	1:35.66 (49.11)	2:25.55 (49.89)	3:14.22 (48.67)
14	Florentina Argenio	11	Barnet Copthall	3:14.86
	46.00	1:34.59 (48.59)	2:24.53 (49.94)	3:14.86 (50.33)
15	Zara Sellars	11	Harrow and Wealdstone	3:19.46
	45.14	1:37.23 (52.09)	2:29.73 (52.50)	3:19.46 (49.73)
16	Jessica Duffin	11	Portsmouth Northsea	3:32.37
	49.38	1:44.15 (54.77)	2:39.12 (54.97)	3:32.37 (53.25)
---	Natalie Cameron	11	Flitwick Dolphins	DQ
		1:51.95 ()	2:52.04 (1:00.09)	DQ (56.53)

Event 3 Girls 12 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Sofia Iranmanesh	12	Barnet Copthall	2:37.40
	36.56	1:16.66 (40.10)	1:57.71 (41.05)	2:37.40 (39.69)
2	Laura Fairhead	12	Potters Bar	2:43.14
	38.45	1:20.79 (42.34)	2:04.58 (43.79)	2:43.14 (38.56)
3	Robyn Stanley	12	Portsmouth Northsea	2:46.94
	40.64	1:23.05 (42.41)	2:06.23 (43.18)	2:46.94 (40.71)
4	Kayleigh Garwood	12	Portsmouth Northsea	2:48.37
	39.67	1:22.43 (42.76)	2:06.40 (43.97)	2:48.37 (41.97)
5	Sian Lucas	12	Harrow and Wealdstone	2:51.33
	40.23	1:23.88 (43.65)	2:08.36 (44.48)	2:51.33 (42.97)
6	Cathryn Green	12	Portsmouth Northsea	2:53.54
	40.52	1:25.02 (44.50)	2:10.92 (45.90)	2:53.54 (42.62)
7	Jenna Turner	12	Ruislip Northwood	2:54.12
	42.59	1:28.26 (45.67)	2:13.11 (44.85)	2:54.12 (41.01)

200s Meet - 15/02/03**Results - 200s Meet**

8	Tiffany Harfield	12	Portsmouth Northsea	3:02.21
	44.55	1:30.93 (46.38)	2:18.32 (47.39)	3:02.21 (43.89)
9	Laura Kenwell	12	Potters Bar	3:07.30
	43.06	1:31.59 (48.53)	2:21.30 (49.71)	3:07.30 (46.00)
10	Lydia Moore	12	Potters Bar	3:10.57
	44.40	1:34.22 (49.82)	2:24.41 (50.19)	3:10.57 (46.16)
---	Hannah Clark	12	Ruislip Northwood	DQ
	49.21	1:42.27 (53.06)	2:35.44 (53.17)	DQ (54.54)
---	Sophie Redwin	12	Potters Bar	DQ
	41.65	1:26.35 (44.70)	2:11.59 (45.24)	DQ (42.63)

Event 3 Girls 13 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Victoria Pearce	13	Portsmouth Northsea	2:36.32
	2:36.32	2:36.32 ()	2:36.32 ()	2:36.32 ()
2	Frankie Murphy	13	Portsmouth Northsea	2:39.34
	38.15	1:18.50 (40.35)	1:59.56 (41.06)	2:39.34 (39.78)
3	Stephanie Hyams	13	Barnet Copthall	2:41.61
	38.15	1:19.51 (41.36)	2:01.42 (41.91)	2:41.61 (40.19)
4	Kate Ferrigno	13	Barnet Copthall	2:45.92
	38.39	1:20.36 (41.97)	2:03.45 (43.09)	2:45.92 (42.47)
5	Claire Timms	13	Harrow and Wealdstone	2:51.22
	39.65	1:23.12 (43.47)	2:07.82 (44.70)	2:51.22 (43.40)
6	Jordan Ray	13	Portsmouth Northsea	2:51.35
	40.73	1:23.97 (43.24)	2:08.82 (44.85)	2:51.35 (42.53)
7	Elizabeth Pearce	13	Portsmouth Northsea	2:51.60
	39.54	1:23.58 (44.04)	2:08.19 (44.61)	2:51.60 (43.41)
8	Laura Fielder	13	Forward Hillingdon	2:59.11
	42.04	1:27.36 (45.32)	2:14.19 (46.83)	2:59.11 (44.92)
9	Nicola Sharkey	13	Potters Bar	3:05.14
	44.95	1:32.92 (47.97)	2:21.84 (48.92)	3:05.14 (43.30)
10	Shirani Patel	13	Harrow and Wealdstone	3:20.84
	1:36.99	2:29.67 (52.68)	3:20.82 (51.15)	3:20.84 (0.02)
11	Alexandra Sculthorpe	13	Portsmouth Northsea	3:28.64
	50.70	1:44.77 (54.07)	2:39.50 (54.73)	3:28.64 (49.14)
12	Sarah Spalding	13	Harrow and Wealdstone	3:37.56
	45.82	1:40.72 (54.90)	2:39.49 (58.77)	3:37.56 (58.07)

200s Meet - 15/02/03
Results - 200s Meet

16	Andrew Ward	10	Barking				3:36.97
	50.21	1:47.37	(57.16)	2:43.83	(56.46)	3:36.97	(53.14)
17	Nicholas Baya	10	Barking				3:44.77
	51.48	1:49.94	(58.46)	2:48.33	(58.39)	3:44.77	(56.44)
---	Mohammed Moussa	10	Barnet Copthall				DQ
	49.09	1:39.80	(50.71)	2:33.10	(53.30)	DQ	(48.76)
---	Adam Baldwin	10	Harrow and Wealdstone				DQ
	45.28	1:34.91	(49.63)	2:22.65	(47.74)	DQ	(50.69)
---	Adam Theobald	10	Potters Bar				DQ
				2:36.98	()	DQ	(50.93)
---	Alex Bryan	10	Forward Hillingdon				DQ
	48.41	1:39.66	(51.25)	2:34.64	(54.98)	DQ	(52.26)

Event 4 Boys 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team				Finals Time
1	Daniel Lee	11	Barnet Copthall				2:50.41
	40.36	1:23.96	(43.60)	2:07.75	(43.79)	2:50.41	(42.66)
2	Stephen Robinson	11	Flitwick Dolphins				2:51.50
	40.81	1:25.59	(44.78)	2:10.96	(45.37)	2:51.50	(40.54)
3	Alex Carr	11	Harrow and Wealdstone				2:53.31
	40.79	1:25.69	(44.90)	2:11.19	(45.50)	2:53.31	(42.12)
4	James Feldman	11	Harrow and Wealdstone				3:04.62
	44.13	1:31.28	(47.15)	2:18.98	(47.70)	3:04.62	(45.64)
5	Chris Jackson	11	Barnet Copthall				3:05.36
	41.64	1:29.07	(47.43)	2:18.04	(48.97)	3:05.36	(47.32)
6	Alexander Bruce	11	Portsmouth Northsea				3:08.67
	44.77	1:33.53	(48.76)	2:23.02	(49.49)	3:08.67	(45.65)
7	Max Jackson	11	Barnet Copthall				3:14.43
	45.41	1:34.95	(49.54)	2:26.36	(51.41)	3:14.43	(48.07)
8	Ben Burfield	11	Harrow and Wealdstone				3:16.36
	48.72	1:39.87	(51.15)	2:30.00	(50.13)	3:16.36	(46.36)
9	Joseph Biedul	11	Ruislip Northwood				3:16.77
	45.72	1:36.48	(50.76)	2:27.55	(51.07)	3:16.77	(49.22)
10	Vikram Matthai	11	Barnet Copthall				3:21.91
	48.02	1:41.03	(53.01)	2:32.78	(51.75)	3:21.91	(49.13)
11	Karl Stechman	11	Portsmouth Northsea				3:25.55
	48.80	1:41.79	(52.99)	2:34.38	(52.59)	3:25.55	(51.17)

200s Meet - 15/02/03**Results - 200s Meet**

--- James Welsh 11 Barking DQ
 47.85 1:40.14 (52.29) 2:34.61 (54.47) DQ (50.36)

Event 4 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Jonathan Quinn	12	Potters Bar	2:25.71
34.56	1:11.69 (37.13)	1:49.30 (37.61)	2:25.71 (36.41)
2 Kiran Dattani	12	Barnet Copthall	2:39.94
37.75	1:18.45 (40.70)	2:00.43 (41.98)	2:39.94 (39.51)
3 Michael Biedul	12	Ruislip Northwood	2:44.30
38.37	1:19.87 (41.50)	2:02.80 (42.93)	2:44.30 (41.50)
4 Daniel Pointon	12	Portsmouth Northsea	2:48.61
40.69	1:23.67 (42.98)	2:06.70 (43.03)	2:48.61 (41.91)
5 Alex Marr	12	Ruislip Northwood	2:52.57
40.86	1:24.35 (43.49)	2:08.82 (44.47)	2:52.57 (43.75)
6 Ian Smart	12	Ruislip Northwood	2:56.63
39.64	1:24.02 (44.38)	2:10.36 (46.34)	2:56.63 (46.27)
7 Anthony Craft	12	Harrow and Wealdstone	3:04.82
43.83	1:31.61 (47.78)	2:19.17 (47.56)	3:04.82 (45.65)
8 Steven Cooney	12	Barnet Copthall	3:06.21
44.39	1:32.29 (47.90)	2:20.79 (48.50)	3:06.21 (45.42)
9 James Wells	12	Barnet Copthall	3:11.92
45.94	1:35.86 (49.92)	2:26.72 (50.86)	3:11.92 (45.20)
10 Steven Spalding	12	Harrow and Wealdstone	3:22.49
44.12	1:35.14 (51.02)	2:29.34 (54.20)	3:22.49 (53.15)

Event 4 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Martyn Bermingham	13	Barnet Copthall	2:18.72
32.00	1:06.71 (34.71)	1:42.75 (36.04)	2:18.72 (35.97)
2 Adam Warner	13	Barnet Copthall	2:46.07
38.96	1:21.30 (42.34)	2:04.40 (43.10)	2:46.07 (41.67)
3 Joseph Nelson	13	Portsmouth Northsea	2:47.86
39.96	1:22.47 (42.51)	2:06.46 (43.99)	2:47.86 (41.40)
4 Andrew Carr	13	Harrow and Wealdstone	2:50.54
40.09	1:23.42 (43.33)	2:07.65 (44.23)	2:50.54 (42.89)
5 Daniel Heath	13	Ruislip Northwood	3:04.33
43.89	1:31.34 (47.45)	2:19.56 (48.22)	3:04.33 (44.77)

200s Meet - 15/02/03
Results - 200s Meet

1	Laura Smith	11 Potters Bar	3:13.23
	44.94	1:34.95 (50.01) 2:25.27 (50.32) 3:13.23 (47.96)	
2	Aimee Benfield	11 Portsmouth Northsea	3:13.36
	45.51	1:35.89 (50.38) 2:24.81 (48.92) 3:13.36 (48.55)	
3	Rachel Westendorp	11 Ruislip Northwood	3:21.84
	43.69	1:36.60 (52.91) 2:29.33 (52.73) 3:21.84 (52.51)	
4	Lucy Nisbet	11 Forward Hillingdon	3:23.13
	45.81	1:38.68 (52.87) 2:32.53 (53.85) 3:23.13 (50.60)	
5	Emma Simmonds	11 Barking	3:24.01
	46.78	1:38.67 (51.89) 2:31.61 (52.94) 3:24.01 (52.40)	
6	Zara Sellars	11 Harrow and Wealdstone	3:27.13
	47.64	1:40.02 (52.38) 2:35.34 (55.32) 3:27.13 (51.79)	
7	Natalie Curtis	11 Portsmouth Northsea	3:30.79
	49.73	1:44.09 (54.36) 2:38.61 (54.52) 3:30.79 (52.18)	
8	Emily Rose	11 Portsmouth Northsea	3:31.01
	48.93	1:43.78 (54.85) 2:38.14 (54.36) 3:31.01 (52.87)	
9	Suzanna Liu	11 Barnet Copthall	3:32.18
	47.42	1:42.09 (54.67) 2:38.52 (56.43) 3:32.18 (53.66)	
10	Jodie Rackett	11 Portsmouth Northsea	3:35.89
	49.50	1:45.14 (55.64) 2:41.28 (56.14) 3:35.89 (54.61)	
11	Claire Stainton	11 Forward Hillingdon	3:36.82
	50.78	1:44.24 (53.46) 2:41.24 (57.00) 3:36.82 (55.58)	
12	Sophie Clarke	11 Portsmouth Northsea	3:37.62
	51.51	1:46.87 (55.36) 2:42.87 (56.00) 3:37.62 (54.75)	
13	Jessica Baldwin	11 Harrow and Wealdstone	3:41.89
	50.43	1:47.75 (57.32) 2:45.28 (57.53) 3:41.89 (56.61)	
14	Jessica Duffin	11 Portsmouth Northsea	3:53.12
	56.69	1:58.03 (1:01.34) 2:58.32 (1:00.29) 3:53.12 (54.80)	
15	Alice Goodridge	11 Ruislip Northwood	4:06.94
	54.92	1:58.10 (1:03.18) 3:01.84 (1:03.74) 4:06.94 (1:05.10)	
16	Natalie Cameron	11 Flitwick Dolphins	4:07.78
	57.15	2:00.55 (1:03.40) 3:05.56 (1:05.01) 4:07.78 (1:02.22)	
17	Jessica Curtis	11 Ruislip Northwood	4:14.67
	57.17	2:01.99 (1:04.82) 3:09.53 (1:07.54) 4:14.67 (1:05.14)	

Event 5 Girls 12 Year Olds 200 SC Meter Breaststroke

200s Meet - 15/02/03**Results - 200s Meet**

Name	Age	Team				Finals Time
1 Zoe Colyer-Worsell	12	Barnet Copthall				2:57.71
	40.10	1:25.22 (45.12)	2:11.68 (46.46)	2:57.71 (46.03)		
2 Laura McManus	12	Barnet Copthall				3:01.33
	41.33	1:27.69 (46.36)	2:15.01 (47.32)	3:01.33 (46.32)		
3 Kate Gardner	12	Potters Bar				3:10.88
	43.15	1:31.39 (48.24)	2:21.86 (50.47)	3:10.88 (49.02)		
4 Cathryn Green	12	Portsmouth Northsea				3:12.37
	44.52	1:34.22 (49.70)	2:25.17 (50.95)	3:12.37 (47.20)		
5 Kayleigh Garwood	12	Portsmouth Northsea				3:14.09
	44.14	1:33.97 (49.83)	2:25.01 (51.04)	3:14.09 (49.08)		
6 Robyn Stanley	12	Portsmouth Northsea				3:15.72
	45.93	1:35.84 (49.91)	2:25.97 (50.13)	3:15.72 (49.75)		
7 Laura Kenwell	12	Potters Bar				3:25.36
	48.48	1:41.10 (52.62)	2:34.34 (53.24)	3:25.36 (51.02)		
8 Tiffany Harfield	12	Portsmouth Northsea				3:28.44
	50.13	1:43.37 (53.24)	2:37.57 (54.20)	3:28.44 (50.87)		
9 Rachel Cunnane	12	Potters Bar				3:29.88
	46.39	1:40.17 (53.78)	2:35.46 (55.29)	3:29.88 (54.42)		
10 Charlotte Cramer	12	Ruislip Northwood				3:43.71
	50.03	1:46.69 (56.66)	2:46.27 (59.58)	3:43.71 (57.44)		
11 Katherine Devenish	12	Harrow and Wealdstone				3:44.69
	52.23	1:49.46 (57.23)	2:46.96 (57.50)	3:44.69 (57.73)		
12 Hannah Clark	12	Ruislip Northwood				3:56.02
	53.68	1:54.31 (1:00.63)	2:56.62 (1:02.31)	3:56.02 (59.40)		
--- Sarah Denman	12	Ruislip Northwood				DQ
	53.32	1:52.39 (59.07)	2:52.09 (59.70)	DQ (56.35)		
--- Carys Page	12	Stevenage				NS

Event 5 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team				Finals Time
1 Laura Fielder	13	Forward Hillingdon				3:08.01
	43.44	1:30.34 (46.90)	2:19.38 (49.04)	3:08.01 (48.63)		
2 Victoria Pearce	13	Portsmouth Northsea				3:08.78
	43.17	1:32.19 (49.02)	2:21.27 (49.08)	3:08.78 (47.51)		
3 Kirstie O'Connor	13	Barnet Copthall				3:10.02
	45.18	1:33.55 (48.37)	2:21.82 (48.27)	3:10.02 (48.20)		

200s Meet - 15/02/03**Results - 200s Meet**

4	Georgina Robinson	13 Flitwick Dolphins	3:10.45
	41.49	1:28.32 (46.83) 2:21.42 (53.10) 3:10.45 (49.03)	
5	Elizabeth Pearce	13 Portsmouth Northsea	3:16.93
	45.54	1:36.46 (50.92) 2:27.21 (50.75) 3:16.93 (49.72)	
6	Nicola Winter	13 Barking	3:18.11
	46.19	1:37.81 (51.62) 2:29.93 (52.12) 3:18.11 (48.18)	
7	Frankie Murphy	13 Portsmouth Northsea	3:18.35
	47.12	1:37.76 (50.64) 2:28.42 (50.66) 3:18.35 (49.93)	
8	Jordan Ray	13 Portsmouth Northsea	3:21.04
	45.63	1:37.94 (52.31) 2:29.53 (51.59) 3:21.04 (51.51)	
9	Nicola Sharkey	13 Potters Bar	3:28.16
	48.68	1:42.20 (53.52) 2:35.32 (53.12) 3:28.16 (52.84)	
10	Emily Zdybel	13 Potters Bar	3:28.83
	47.51	1:41.13 (53.62) 2:35.66 (54.53) 3:28.83 (53.17)	
11	Shirani Patel	13 Harrow and Wealdstone	3:30.21
	47.67	1:41.11 (53.44) 2:36.52 (55.41) 3:30.21 (53.69)	
12	Emily Costello	13 Stevenage	3:33.42
	47.91	1:41.64 (53.73) 2:37.71 (56.07) 3:33.42 (55.71)	
13	Abigail Winterbourne	13 Ruislip Northwood	3:33.69
	48.75	1:44.34 (55.59) 2:40.44 (56.10) 3:33.69 (53.25)	
14	Laura Mayes	13 Flitwick Dolphins	3:35.29
	48.96	1:44.10 (55.14) 2:40.41 (56.31) 3:35.29 (54.88)	
15	Alexandra Sculthorpe	13 Portsmouth Northsea	3:44.71
	54.73	1:51.71 (56.98) 2:49.06 (57.35) 3:44.71 (55.65)	
16	Bini Patel	13 Ruislip Northwood	3:46.18
	51.17	1:48.69 (57.52) 2:49.02 (1:00.33) 3:46.18 (57.16)	
17	Sarah Spalding	13 Harrow and Wealdstone	3:52.83
	50.37	1:49.99 (59.62) 2:53.04 (1:03.05) 3:52.83 (59.79)	

Event 6 Boys 10 Year Olds 200 SC Meter Breaststroke

	Name	Age Team	Finals Time
1	Joshua Fowler	10 Portsmouth Northsea	3:28.26
	48.00	1:41.81 (53.81) 2:35.65 (53.84) 3:28.26 (52.61)	
2	Adam Hewett	10 Flitwick Dolphins	3:30.88
	47.75	1:42.13 (54.38) 2:37.26 (55.13) 3:30.88 (53.62)	
3	Daniel White	10 Portsmouth Northsea	3:31.61
	50.05	1:45.16 (55.11) 2:39.46 (54.30) 3:31.61 (52.15)	

200s Meet - 15/02/03
Results - 200s Meet

4	Joseph Fisher	10	Portsmouth Northsea	3:31.67
	50.62	1:46.89 (56.27)	2:40.60 (53.71)	3:31.67 (51.07)
5	Elliot Bilsland	10	Portsmouth Northsea	3:42.32
	52.24	1:49.19 (56.95)	2:47.32 (58.13)	3:42.32 (55.00)
6	Matthew Donlevey	10	Harrow and Wealdstone	3:45.32
	49.58	1:49.40 (59.82)	2:49.04 (59.64)	3:45.32 (56.28)
7	Devansh Gor	10	Barnet Copthall	3:46.29
	51.83	1:50.06 (58.23)	2:48.51 (58.45)	3:46.29 (57.78)
8	Jake Timberlake	10	Portsmouth Northsea	3:48.01
	53.10	1:51.27 (58.17)	2:51.62 (1:00.35)	3:48.01 (56.39)
9	Oliver Monaghan	10	Forward Hillingdon	3:49.13
	52.98	1:52.84 (59.86)	2:52.57 (59.73)	3:49.13 (56.56)
10	Mohammed Moussa	10	Barnet Copthall	3:54.93
	57.94	1:57.56 (59.62)	2:58.32 (1:00.76)	3:54.93 (56.61)
11	Jake Howe	10	Portsmouth Northsea	3:54.97
	56.23	1:57.23 (1:01.00)	2:56.78 (59.55)	3:54.97 (58.19)
12	Mark Zdybel	10	Potters Bar	3:56.11
	52.42	1:53.99 (1:01.57)	2:56.11 (1:02.12)	3:56.11 (1:00.00)
13	Josh Eddon	10	Barnet Copthall	3:57.81
	56.22	1:57.57 (1:01.35)	2:59.10 (1:01.53)	3:57.81 (58.71)
14	Alex Bryan	10	Forward Hillingdon	4:01.03
	57.60	1:59.53 (1:01.93)	3:00.92 (1:01.39)	4:01.03 (1:00.11)
15	Andrew Ward	10	Barking	4:04.56
	55.06	1:57.68 (1:02.62)	3:01.09 (1:03.41)	4:04.56 (1:03.47)
16	Nicholas Baya	10	Barking	4:15.77
	58.67	2:04.81 (1:06.14)	3:10.71 (1:05.90)	4:15.77 (1:05.06)
17	Adam Baldwin	10	Harrow and Wealdstone	4:18.27
	59.16	2:06.63 (1:07.47)	3:13.56 (1:06.93)	4:18.27 (1:04.71)
18	Dominic Moxon	10	Flitwick Dolphins	4:20.87
	57.48	2:04.92 (1:07.44)	3:14.72 (1:09.80)	4:20.87 (1:06.15)
---	Aidan Cramer	10	Ruislip Northwood	DQ
	57.41	2:05.49 (1:08.08)	3:15.71 (1:10.22)	DQ (1:05.95)

Event 6 Boys 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Stephen Robinson	11	Flitwick Dolphins	3:18.50

200s Meet - 15/02/03**Results - 200s Meet**

	45.34	1:37.17 (51.83)	2:28.94 (51.77)	3:18.50 (49.56)	
2 Alex Carr			11 Harrow and Wealdstone		3:19.60
	45.81	1:37.84 (52.03)	2:30.29 (52.45)	3:19.60 (49.31)	
3 Grant Chandler			11 Barking		3:21.31
	45.60	1:37.28 (51.68)	2:29.72 (52.44)	3:21.31 (51.59)	
4 Jack Diggins			11 Ruislip Northwood		3:30.88
	48.02	1:42.94 (54.92)	2:37.78 (54.84)	3:30.88 (53.10)	
5 James Creager			11 Barnet Copthall		3:38.58
	50.82	1:48.83 (58.01)	2:47.13 (58.30)	3:38.58 (51.45)	
6 Oliver Marmon			11 Flitwick Dolphins		3:42.19
	47.96	1:45.45 (57.49)	2:46.93 (1:01.48)	3:42.19 (55.26)	
7 Alexander Bruce			11 Portsmouth Northsea		3:44.43
	53.71	1:51.15 (57.44)	2:48.51 (57.36)	3:44.43 (55.92)	
8 Ben Burfield			11 Harrow and Wealdstone		3:46.79
	54.23	1:53.62 (59.39)	2:51.91 (58.29)	3:46.79 (54.88)	
9 Karl Stechman			11 Portsmouth Northsea		3:47.30
	52.58	1:51.99 (59.41)	2:50.94 (58.95)	3:47.30 (56.36)	
10 Simon Wright			11 Potters Bar		3:49.42
	54.40	1:53.18 (58.78)	2:51.46 (58.28)	3:49.42 (57.96)	
--- James Welsh			11 Barking		DQ
	54.30	1:52.89 (58.59)	2:51.23 (58.34)	DQ (56.81)	
--- Vikram Matthai			11 Barnet Copthall		DQ
	46.56	1:38.32 (51.76)	2:32.59 (54.27)	DQ (52.05)	

Event 6 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team				Finals Time
1 Jonathan Quinn	12	Potters Bar				2:43.63
	37.48	1:19.02 (41.54)	2:01.41 (42.39)	2:43.63 (42.22)		
2 Daniel Pointon	12	Portsmouth Northsea				3:01.12
	42.18	1:28.21 (46.03)	2:15.30 (47.09)	3:01.12 (45.82)		
3 Craig Hurlock	12	Barking				3:11.83
	44.11	1:32.90 (48.79)	2:23.81 (50.91)	3:11.83 (48.02)		
4 Michael Rooke	12	Barking				3:14.50
	44.38	1:35.44 (51.06)	2:26.16 (50.72)	3:14.50 (48.34)		
5 Alex Marr	12	Ruislip Northwood				3:17.38
	44.00	1:33.48 (49.48)	2:25.93 (52.45)	3:17.38 (51.45)		
6 Anton Nyman	12	Harrow and Wealdstone				3:23.87

200s Meet - 15/02/03**Results - 200s Meet**

45.05 1:37.55 (52.50) 2:31.58 (54.03) 3:23.87 (52.29)

7 Anthony Craft 12 Harrow and Wealdstone 3:35.71

51.27 1:45.84 (54.57) 2:40.89 (55.05) 3:35.71 (54.82)

8 Steven Spalding 12 Harrow and Wealdstone 4:12.82

54.12 1:57.96 (1:03.84) 3:04.77 (1:06.81) 4:12.82 (1:08.05)

Event 6 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 James Allchorne	13	Barnet Copthall	2:38.61
2 Andrew Carr	13	Harrow and Wealdstone	3:00.71
3 Joseph Nelson	13	Portsmouth Northsea	3:02.24
4 Robert Hewett	13	Flitwick Dolphins	3:18.61
5 Oliver Gunnel-Parker	13	Harrow and Wealdstone	3:26.33

36.24 1:16.24 (40.00) 1:57.90 (41.66) 2:38.61 (40.71)

41.06 1:28.56 (47.50) 2:15.25 (46.69) 3:00.71 (45.46)

41.27 1:28.77 (47.50) 2:16.70 (47.93) 3:02.24 (45.54)

43.74 1:33.79 (50.05) 2:26.16 (52.37) 3:18.61 (52.45)

46.34 1:39.14 (52.80) 2:33.92 (54.78) 3:26.33 (52.41)

Event 7 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Katie Smith	10	Ruislip Northwood	2:40.27
2 Daisy Allen	10	Portsmouth Northsea	2:46.35
3 Frankie Collen	10	Harrow and Wealdstone	2:48.89
4 Jenny Kenwell	10	Potters Bar	2:49.38
5 Lottie Hudson	10	Barnet Copthall	2:50.60
6 Tina Enright	10	Barking	2:53.38
7 Lauren Turner	10	Ruislip Northwood	2:58.93
8 Grace Moore	10	Potters Bar	3:02.02

36.38 1:18.28 (41.90) 2:01.28 (43.00) 2:40.27 (38.99)

39.19 1:21.96 (42.77) 2:05.34 (43.38) 2:46.35 (41.01)

39.55 1:24.09 (44.54) 2:08.87 (44.78) 2:48.89 (40.02)

38.39 1:21.63 (43.24) 2:06.08 (44.45) 2:49.38 (43.30)

40.66 1:23.14 (42.48) 2:07.97 (44.83) 2:50.60 (42.63)

38.82 1:24.54 (45.72) 2:11.01 (46.47) 2:53.38 (42.37)

40.80 1:26.98 (46.18) 2:15.21 (48.23) 2:58.93 (43.72)

40.67 1:27.07 (46.40) 2:16.48 (49.41) 3:02.02 (45.54)

200s Meet - 15/02/03**Results - 200s Meet**

9	Amber Sullivan	10 Harrow and Wealdstone	3:02.59
	41.57	1:28.79 (47.22) 2:16.48 (47.69) 3:02.59 (46.11)	
10	Brittany Lloyd	10 Barnet Cophall	3:04.00
	43.13	1:30.91 (47.78) 2:18.24 (47.33) 3:04.00 (45.76)	
11	Rhianydd Jones	10 Flitwick Dolphins	3:05.37
	40.42	1:27.32 (46.90) 2:18.76 (51.44) 3:05.37 (46.61)	
12	Katie Quinn	10 Potters Bar	3:12.93
	41.45	1:31.17 (49.72) 2:21.93 (50.76) 3:12.93 (51.00)	
13	Kirsten Beamish	10 Flitwick Dolphins	3:14.97
	41.51	1:31.17 (49.66) 2:23.49 (52.32) 3:14.97 (51.48)	
14	Sophie Crump	10 Ruislip Northwood	3:22.88
	45.73	1:38.10 (52.37) 2:31.78 (53.68) 3:22.88 (51.10)	
15	Philippa Haggitt	10 Ruislip Northwood	3:39.19
	46.39	1:44.81 (58.42) 2:43.59 (58.78) 3:39.19 (55.60)	
16	Sarah Mustill	10 Ruislip Northwood	3:40.14
	47.63	1:44.00 (56.37) 2:43.09 (59.09) 3:40.14 (57.05)	
---	Francesca Marr	10 Ruislip Northwood	NS

Event 7 Girls 11 Year Olds 200 SC Meter Freestyle

	Name	Age Team	Finals Time
1	Michelle Lewis	11 Barnet Cophall	2:26.14
	33.77	1:10.78 (37.01) 1:48.89 (38.11) 2:26.14 (37.25)	
2	Sophie O'Connor	11 Barnet Cophall	2:29.97
	35.76	1:13.88 (38.12) 1:52.44 (38.56) 2:29.97 (37.53)	
3	Aimee Benfield	11 Portsmouth Northsea	2:33.87
	35.60	1:15.12 (39.52) 1:55.65 (40.53) 2:33.87 (38.22)	
4	Laura Smith	11 Potters Bar	2:36.22
	36.22	1:16.50 (40.28) 1:57.38 (40.88) 2:36.22 (38.84)	
5	Charlotte Parkes	11 Harrow and Wealdstone	2:39.17
	36.88	1:17.68 (40.80) 1:58.76 (41.08) 2:39.17 (40.41)	
6	Jessica Baldwin	11 Harrow and Wealdstone	2:40.48
	37.33	1:19.55 (42.22) 2:01.21 (41.66) 2:40.48 (39.27)	
7	Daisy Davies	11 Harrow and Wealdstone	2:40.68
	37.02	1:18.80 (41.78) 2:00.49 (41.69) 2:40.68 (40.19)	
8	Sophie Clarke	11 Portsmouth Northsea	2:43.07
	38.88	1:19.80 (40.92) 2:02.54 (42.74) 2:43.07 (40.53)	

200s Meet - 15/02/03**Results - 200s Meet**

9	Natalie Curtis	11	Portsmouth Northsea	2:44.03
	38.87	1:21.44 (42.57)	2:03.39 (41.95)	2:44.03 (40.64)
10	Jodie Rackett	11	Portsmouth Northsea	2:49.26
	38.73	1:23.15 (44.42)	2:08.65 (45.50)	2:49.26 (40.61)
11	Alicia Cannon	11	Barnet Copthall	2:49.34
	39.42	1:24.47 (45.05)	2:08.23 (43.76)	2:49.34 (41.11)
12	Lucy Nisbet	11	Forward Hillingdon	2:51.86
	39.05	1:23.95 (44.90)	2:08.88 (44.93)	2:51.86 (42.98)
13	Emily Rose	11	Portsmouth Northsea	2:55.26
	39.72	1:24.77 (45.05)	2:10.93 (46.16)	2:55.26 (44.33)
14	Emma Simmonds	11	Barking	3:07.86
	38.49	1:27.34 (48.85)	2:18.94 (51.60)	3:07.86 (48.92)
15	Zara Sellars	11	Harrow and Wealdstone	3:15.76
	43.98	1:34.97 (50.99)	2:27.81 (52.84)	3:15.76 (47.95)
16	Jessica Duffin	11	Portsmouth Northsea	3:16.38
	45.27	1:37.14 (51.87)	2:28.09 (50.95)	3:16.38 (48.29)
17	Alice Goodridge	11	Ruislip Northwood	3:20.39
	42.93	1:34.71 (51.78)	2:28.08 (53.37)	3:20.39 (52.31)
18	Dhaara Tailor	11	Harrow and Wealdstone	3:33.25
	44.10	1:39.93 (55.83)	2:37.83 (57.90)	3:33.25 (55.42)
19	Natalie Cameron	11	Flitwick Dolphins	3:34.53
	48.10	1:44.48 (56.38)	2:41.79 (57.31)	3:34.53 (52.74)
---	Rachel Westendorp	11	Ruislip Northwood	NS
---	Claire Stainton	11	Forward Hillingdon	NS

Event 7 Girls 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Zoe Colyer-Worsell	12	Barnet Copthall	2:22.94
	32.39	1:08.57 (36.18)	1:46.33 (37.76)	2:22.94 (36.61)
2	Laura Fairhead	12	Potters Bar	2:24.73
	33.97	1:11.66 (37.69)	1:49.47 (37.81)	2:24.73 (35.26)
3	Sofia Iranmanesh	12	Barnet Copthall	2:28.94
	34.62	1:13.26 (38.64)	1:52.08 (38.82)	2:28.94 (36.86)
4	Laura McManus	12	Barnet Copthall	2:29.76
	34.49	1:12.45 (37.96)	1:51.50 (39.05)	2:29.76 (38.26)
5	Kayleigh Garwood	12	Portsmouth Northsea	2:33.18
	35.11	1:13.33 (38.22)	1:54.10 (40.77)	2:33.18 (39.08)

200s Meet - 15/02/03
Results - 200s Meet

6	Cathryn Green	12	Portsmouth Northsea	2:33.62
	33.86	1:13.15 (39.29)	1:54.40 (41.25)	2:33.62 (39.22)
7	Laura Kenwell	12	Potters Bar	2:38.69
	36.69	1:17.85 (41.16)	1:59.80 (41.95)	2:38.69 (38.89)
8	Robyn Stanley	12	Portsmouth Northsea	2:38.83
	37.41	1:17.96 (40.55)	1:59.69 (41.73)	2:38.83 (39.14)
9	Sophie Redwin	12	Potters Bar	2:39.55
	35.73	1:17.51 (41.78)	2:00.02 (42.51)	2:39.55 (39.53)
10	Sian Lucas	12	Harrow and Wealdstone	2:40.81
	35.02	1:15.09 (40.07)	1:58.59 (43.50)	2:40.81 (42.22)
11	Rachel Cunnane	12	Potters Bar	2:41.77
	36.55	1:17.50 (40.95)	2:00.04 (42.54)	2:41.77 (41.73)
12	Tiffany Harfield	12	Portsmouth Northsea	2:46.56
	40.28	1:23.30 (43.02)	2:05.95 (42.65)	2:46.56 (40.61)
13	Rebecca Crump	12	Ruislip Northwood	2:53.60
	38.94	1:24.94 (46.00)	2:10.60 (45.66)	2:53.60 (43.00)
14	Lydia Moore	12	Potters Bar	2:53.97
	39.04	1:23.93 (44.89)	2:10.53 (46.60)	2:53.97 (43.44)
15	Katherine Devenish	12	Harrow and Wealdstone	2:57.20
	39.80	1:24.96 (45.16)	2:11.35 (46.39)	2:57.20 (45.85)
16	Sarah Denman	12	Ruislip Northwood	2:58.75
	40.47	1:26.26 (45.79)	2:15.48 (49.22)	2:58.75 (43.27)
17	Charlotte Cramer	12	Ruislip Northwood	3:03.76
	40.04	1:25.18 (45.14)	2:14.93 (49.75)	3:03.76 (48.83)
18	Hannah Clark	12	Ruislip Northwood	3:08.97
	41.73	1:30.78 (49.05)	2:21.05 (50.27)	3:08.97 (47.92)
---	Jenna Turner	12	Ruislip Northwood	NS

Event 7 Girls 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Kate Ferrigno	13	Barnet Copthall	2:20.77
	31.41	1:06.92 (35.51)	1:44.37 (37.45)	2:20.77 (36.40)
2	Natalie Ward	13	Barking	2:21.40
	31.53	1:07.42 (35.89)	1:44.77 (37.35)	2:21.40 (36.63)
3	Kirstie O'Connor	13	Barnet Copthall	2:25.56
	34.30	1:11.94 (37.64)	1:49.36 (37.42)	2:25.56 (36.20)

200s Meet - 15/02/03
Results - 200s Meet

4	Victoria Pearce	13	Portsmouth Northsea	2:26.03
	33.73	1:10.63 (36.90)	1:49.30 (38.67)	2:26.03 (36.73)
5	Claire Timms	13	Harrow and Wealdstone	2:27.46
	34.65	1:13.01 (38.36)	1:50.76 (37.75)	2:27.46 (36.70)
6	Laura Fielder	13	Forward Hillingdon	2:28.35
	34.70	1:12.41 (37.71)	1:51.02 (38.61)	2:28.35 (37.33)
7	Frankie Murphy	13	Portsmouth Northsea	2:28.77
	33.83	1:12.23 (38.40)	1:51.20 (38.97)	2:28.77 (37.57)
8	Stephanie Hyams	13	Barnet Copthall	2:28.94
	35.26	1:13.10 (37.84)	1:51.69 (38.59)	2:28.94 (37.25)
9	Elizabeth Pearce	13	Portsmouth Northsea	2:31.48
	34.57	1:13.12 (38.55)	1:52.82 (39.70)	2:31.48 (38.66)
10	Jordan Ray	13	Portsmouth Northsea	2:33.24
	35.82	1:14.45 (38.63)	1:54.49 (40.04)	2:33.24 (38.75)
11	Nicola Winter	13	Barking	2:42.45
	37.10	1:19.19 (42.09)	2:02.82 (43.63)	2:42.45 (39.63)
12	Emily Costello	13	Stevenage	2:42.92
	38.54	1:19.91 (41.37)	2:02.22 (42.31)	2:42.92 (40.70)
13	Abigail Winterbourne	13	Ruislip Northwood	2:49.04
	38.45	1:22.50 (44.05)	2:08.10 (45.60)	2:49.04 (40.94)
14	Nicola Sharkey	13	Potters Bar	2:54.38
	40.50	1:25.47 (44.97)	2:11.60 (46.13)	2:54.38 (42.78)
15	Bini Patel	13	Ruislip Northwood	2:55.84
	37.45	1:21.67 (44.22)	2:09.18 (47.51)	2:55.84 (46.66)
16	Shirani Patel	13	Harrow and Wealdstone	3:03.10
	41.38	1:27.40 (46.02)	2:15.87 (48.47)	3:03.10 (47.23)
17	Alexandra Sculthorpe	13	Portsmouth Northsea	3:06.69
	43.18	1:31.13 (47.95)	2:20.63 (49.50)	3:06.69 (46.06)
18	Laura Mayes	13	Flitwick Dolphins	3:12.18
	42.10	1:32.52 (50.42)	2:23.68 (51.16)	3:12.18 (48.50)
19	Sarah Spalding	13	Harrow and Wealdstone	3:23.32
	42.62	1:34.82 (52.20)	2:30.12 (55.30)	3:23.32 (53.20)

Event 8 Boys 10 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Kevin O'Shea	10	Barnet Copthall	2:31.07

200s Meet - 15/02/03**Results - 200s Meet**

	34.89	1:13.68 (38.79)	1:53.34 (39.66)	2:31.07 (37.73)	
2 Daniel White			10 Portsmouth Northsea		2:40.18
	37.09	1:18.51 (41.42)	2:01.44 (42.93)	2:40.18 (38.74)	
3 Matthew Gandy			10 Ruislip Northwood		2:42.95
	38.20	1:20.34 (42.14)	2:02.58 (42.24)	2:42.95 (40.37)	
4 Tom Randall			10 Ruislip Northwood		2:43.35
	37.80	1:20.77 (42.97)	2:04.80 (44.03)	2:43.35 (38.55)	
5 Jake Howe			10 Portsmouth Northsea		2:44.09
	39.09	1:21.81 (42.72)	2:05.40 (43.59)	2:44.09 (38.69)	
6 Joshua Fowler			10 Portsmouth Northsea		2:45.18
	37.72	1:20.58 (42.86)	2:04.59 (44.01)	2:45.18 (40.59)	
7 Charlie Boldison			10 Barnet Copthall		2:47.04
	38.44	1:21.57 (43.13)	2:06.37 (44.80)	2:47.04 (40.67)	
8 Elliot Bilisland			10 Portsmouth Northsea		2:47.60
	39.60	1:23.92 (44.32)	2:06.12 (42.20)	2:47.60 (41.48)	
9 Harry Hopwood			10 Potters Bar		2:50.07
	38.62	1:15.13 (36.51)	2:06.61 (51.48)	2:50.07 (43.46)	
10 Adam Hewett			10 Flitwick Dolphins		2:51.58
	39.11	1:23.14 (44.03)	2:08.08 (44.94)	2:51.58 (43.50)	
11 Alex Jessop			10 Barnet Copthall		2:52.07
	39.75	1:24.85 (45.10)	2:09.27 (44.42)	2:52.07 (42.80)	
12 Ross Edwards			10 Potters Bar		2:55.24
	39.35	1:25.13 (45.78)	2:13.38 (48.25)	2:55.24 (41.86)	
13 Mohammed Moussa			10 Barnet Copthall		2:57.58
	40.00	1:25.16 (45.16)	2:12.67 (47.51)	2:57.58 (44.91)	
14 Joseph Fisher			10 Portsmouth Northsea		2:57.70
	40.82	1:27.89 (47.07)	2:16.15 (48.26)	2:57.70 (41.55)	
15 Oliver Monaghan			10 Forward Hillingdon		2:58.28
	40.03	1:26.86 (46.83)	2:14.25 (47.39)	2:58.28 (44.03)	
16 Adam Theobald			10 Potters Bar		2:58.62
	40.33	1:27.20 (46.87)	2:15.75 (48.55)	2:58.62 (42.87)	
17 Russell Heath			10 Ruislip Northwood		3:03.48
	41.06	1:29.73 (48.67)	2:18.27 (48.54)	3:03.48 (45.21)	
18 Jake Timberlake			10 Portsmouth Northsea		3:05.43
	40.28	1:28.72 (48.44)	2:18.55 (49.83)	3:05.43 (46.88)	

200s Meet - 15/02/03**Results - 200s Meet**

19	Matthew Donlevey	10 Harrow and Wealdstone	3:09.36
	41.02	1:30.60 (49.58) 2:21.67 (51.07) 3:09.36 (47.69)	
20	Adam Baldwin	10 Harrow and Wealdstone	3:15.17
	45.66	1:37.03 (51.37) 2:28.23 (51.20) 3:15.17 (46.94)	
21	Daniel Allister	10 Harrow and Wealdstone	3:23.62
	46.73	1:40.17 (53.44) 2:34.44 (54.27) 3:23.62 (49.18)	
22	Alex Pittson	10 Potters Bar	3:25.68
	40.94	1:34.76 (53.82) 2:32.24 (57.48) 3:25.68 (53.44)	
23	Nicholas Baya	10 Barking	3:26.11
	43.89	1:38.14 (54.25) 2:33.84 (55.70) 3:26.11 (52.27)	
24	Andrew Ward	10 Barking	3:32.01
	45.61	1:42.26 (56.65) 2:38.46 (56.20) 3:32.01 (53.55)	
---	Alex Bryan	10 Forward Hillingdon	NS
---	Dominic Moxon	10 Flitwick Dolphins	NS

Event 8 Boys 11 Year Olds 200 SC Meter Freestyle

	Name	Age Team	Finals Time
1	Shigenori Goto	11 Barnet Copthall	2:31.47
	35.23	1:13.51 (38.28) 1:52.99 (39.48) 2:31.47 (38.48)	
2	Grant Chandler	11 Barking	2:31.95
	33.36	1:12.95 (39.59) 1:54.33 (41.38) 2:31.95 (37.62)	
3	Alex Carr	11 Harrow and Wealdstone	2:36.24
	36.34	1:16.52 (40.18) 1:57.63 (41.11) 2:36.24 (38.61)	
4	Daniel Lee	11 Barnet Copthall	2:38.31
	36.10	1:17.03 (40.93) 1:58.71 (41.68) 2:38.31 (39.60)	
5	Stephen Robinson	11 Flitwick Dolphins	2:41.28
	38.11	1:20.66 (42.55) 2:03.09 (42.43) 2:41.28 (38.19)	
6	Warren Berchie	11 Ruislip Northwood	2:42.20
	36.18	1:18.45 (42.27) 2:01.65 (43.20) 2:42.20 (40.55)	
7	James Feldman	11 Harrow and Wealdstone	2:46.26
	38.71	1:22.07 (43.36) 2:06.20 (44.13) 2:46.26 (40.06)	
8	Simon Wright	11 Potters Bar	2:49.25
	37.74	1:21.19 (43.45) 2:06.39 (45.20) 2:49.25 (42.86)	
9	Chris Jackson	11 Barnet Copthall	2:52.56
	37.11	1:21.39 (44.28) 2:07.88 (46.49) 2:52.56 (44.68)	
10	Alexander Bruce	11 Portsmouth Northsea	2:54.84

200s Meet - 15/02/03**Results - 200s Meet**

	38.87	1:26.95 (48.08)	2:11.45 (44.50)	2:54.84 (43.39)	
11 Jack Diggins			11 Ruislip Northwood		2:56.38
	40.43	1:26.17 (45.74)	2:13.47 (47.30)	2:56.38 (42.91)	
12 Vikram Matthai			11 Barnet Copthall		2:58.50
	38.67	1:26.49 (47.82)	2:13.81 (47.32)	2:58.50 (44.69)	
13 James Creager			11 Barnet Copthall		3:01.14
	40.41	1:27.86 (47.45)	2:15.95 (48.09)	3:01.14 (45.19)	
14 Joseph Biedul			11 Ruislip Northwood		3:04.88
	41.71	1:29.28 (47.57)	2:19.41 (50.13)	3:04.88 (45.47)	
15 Ben Burfield			11 Harrow and Wealdstone		3:05.77
	42.37	1:33.43 (51.06)	2:23.12 (49.69)	3:05.77 (42.65)	
16 Karl Stechman			11 Portsmouth Northsea		3:07.70
	40.63	1:30.23 (49.60)	2:20.43 (50.20)	3:07.70 (47.27)	
17 James Welsh			11 Barking		3:19.45
	43.68	1:35.41 (51.73)	2:28.84 (53.43)	3:19.45 (50.61)	
--- Max Jackson			11 Barnet Copthall		NS

Event 8 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Kouji Urata	12	Barnet Copthall	2:08.81
	29.69	1:01.99 (32.30)	1:35.75 (33.76)
2 Jonathan Quinn	12	Potters Bar	2:09.72
	30.08	1:03.36 (33.28)	1:37.32 (33.96)
3 Alex Marr	12	Ruislip Northwood	2:28.25
	33.34	1:11.26 (37.92)	1:50.05 (38.79)
4 Daniel Pointon	12	Portsmouth Northsea	2:28.50
	33.65	1:11.59 (37.94)	1:50.61 (39.02)
5 Craig Hurlock	12	Barking	2:40.37
	35.54	1:15.91 (40.37)	1:58.57 (42.66)
6 James Wells	12	Barnet Copthall	2:43.99
	37.39	1:19.91 (42.52)	2:03.40 (43.49)
7 Steven Cooney	12	Barnet Copthall	2:44.05
	37.09	1:20.45 (43.36)	2:04.04 (43.59)
8 Anthony Craft	12	Harrow and Wealdstone	2:48.25
	38.76	1:22.67 (43.91)	2:06.61 (43.94)
9 Michael Rooke	12	Barking	2:50.26

200s Meet - 15/02/03**Results - 200s Meet**

10	Anton Nyman	37.88	1:22.60 (44.72)	2:07.62 (45.02)	2:50.26 (42.64)	2:52.63
				12 Harrow and Wealdstone		
11	Steven Spalding	36.06	1:21.37 (45.31)	2:08.40 (47.03)	2:52.63 (44.23)	3:15.59
				12 Harrow and Wealdstone		
		39.28	1:28.03 (48.75)	2:23.22 (55.19)	3:15.59 (52.37)	
---	Michael Biedul			12 Ruislip Northwood		NS
---	Ian Smart			12 Ruislip Northwood		NS

Event 8 Boys 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team				Finals Time
1	Martyn Bermingham	13	Barnet Copthall				2:03.69
				28.37	59.13 (30.76)	1:31.29 (32.16)	2:03.69 (32.40)
2	James Allchorne	13	Barnet Copthall				2:09.60
				29.83	1:02.77 (32.94)	1:36.79 (34.02)	2:09.60 (32.81)
3	Joseph Nelson	13	Portsmouth Northsea				2:30.47
				34.93	1:14.27 (39.34)	1:54.02 (39.75)	2:30.47 (36.45)
4	Andrew Carr	13	Harrow and Wealdstone				2:32.41
				34.86	1:14.62 (39.76)	1:54.80 (40.18)	2:32.41 (37.61)
5	Adam Warner	13	Barnet Copthall				2:37.09
				35.78	1:16.23 (40.45)	1:57.79 (41.56)	2:37.09 (39.30)
6	Daniel Heath	13	Ruislip Northwood				2:42.25
				37.30	1:19.99 (42.69)	2:02.69 (42.70)	2:42.25 (39.56)
7	Oliver Gunnel-Parker	13	Harrow and Wealdstone				2:52.89
				36.23	1:20.11 (43.88)	2:07.59 (47.48)	2:52.89 (45.30)
---	Robert Hewett	13	Flitwick Dolphins				NS